Star Presidian

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PRESIDIO MAIN POST LIBRARY

BLDG 386

PRESIDIO OF SAN FRANCISCO, CA 94129

That freedom is ringing

In the last Presidential election blacks throughout the country turned out in record numbers to vote. This was a partial fulfillment of the dream expressed by Dr. Martin Luther King, Jr., back in the 1963 March on Washington where he said, "When we let freedom ring, when we let it ring from every village and hamlet, from every State and every city, we will be able to speed up that day when all of God's children, black men and white men, Jews and Gentiles, Protestants and Catholics, will be able to join hands and sing in the words of that old Negro spiritual: Free at last! Free at last! Thank God Almighty, we are free at last."

The importance of exercising the right to vote in fulfilling Dr. King's dream of freedom was expressed by the Reverend Walter E. Fauntroy, Washington Director of the Southern Christian Leadership Conference, in his 1968 plea after the assassination of Reverend King: "The clock must not be turned back as a result of his death. They have killed the dreamer, but what shall become of his dream: the answer to that question may well rest with your vote. So as a living tribute to the sainted memory of Dr. Martin Luther King, Jr., register and vote . . . for one America, for the fulfillment of his dream."

As the eulogies pointed out eight years ago, Martin Luther King, Jr. was born on Jan. 15, 1929, in Atlanta, Ga. Educated as a minister, he held both Ph.D. and D.D. degrees, as well as noted prizes for scholarship.

While pastor of the Dexter Avenue Baptist Church in Montgomery, Ala., Dr. King assumed leadership of the Montgomery bus boycott which ended segregation on city buses. The use of nonviolence by the Montgomery Improvement Association proved successful as a technique in combating discrimination, and it put the name of its advocate, Martin Luther King, Jr. in the headlines. From that time on, he became the symbol of the civil rights movement in the United States; in 1963 he was named the "Man of the Year" by "Time" magazine.

With a group of Atlanta ministers, he organized the Southern Christian Leadership Conference to stage massive demonstrations and carry the civil rights struggle for equality into other areas of the Nation. Birmingham, Ala., became the first target for Dr. King. Jailed as



the leader of the non-violent demonstration he wrote his famous "Letter from a Birmingham Jail."

It was the March on Washington in 1963, culminating in Dr. King's famous speech, "I Have a Dream," that gave impetus to passage of the Civil Rights Act in 1964. To implement the gains expressed in the act, Dr. King organized the voter registration drives in Alabama. In 1966 he directed his activities at the slums of Chicago. He was planning on poor people's march on Washington, when on April 4, 1968, he was shot by an assassin in Memphis, Tenn.

At the private services held for Dr. King at the Ebenezer Baptist Church where he had so often preached, a tape of one of his own sermons was played. In the sermon he said, "If any of you are around when I have to meet my day, I don't want a long funeral. And if you get somebody to deliver the eulogy, tell him not to talk too long Tell them not to mention that I have a Nobel Peace Prize. That isn't important. Tell them not to mention that I have three or four hundred other awards. That's not important. Tell them not to mention where I went to school I'd like somebody to mention that day, that Martin Luther King, Jr., tried to give his life serving others. I'd like for somebody to say that day that Martin Luther King, Jr., tried to love somebody "

As the Nation honors Dr. Martin Luther King, Jr., on Jan. 15, 1977 — the 48th anniversary of his birth — we are reminded that the good a man does lives after him. The seeds of justice planted during his lifetime have borne fruits of greater equality and freedom for all Americans.

The Presidio will pause Friday, January 14, to commemorate the birthday of Martin Luther King, Jr., with a film, guest speaker and other events planned for the day. The film, "Legacy of A Dream," will be shown at the Post Theater at 1 p.m., followed by a memorial march to the Post Chapel for services to begin at approximately 1:45 p.m. The Reverend Amos Brown, Pastor of the Third Baptist Church in San Francisco, will be the guest speaker. Free refreshments will be served in the Service Club following the services.

All military and civilian personnel desiring to participate will be excused from their duty sections. Civilian personnel will be on training status.

Members of tenant organizations are cordially invited to participate in these services to pay appropriate homage to the memory of this great American.

Think thin . . . bend and stretch

There are certain things which one can count on in the near future. Army uniforms will remain green in color, the sun will rise in the East and overweight personnel in both the active Army and Reserve components will find themselves the object of increased attention!

A revised Army Regulation, 600-9, "The Army Physical Fitness and Weight Control Program," calls for tougher guidelines and vigorous support of weight criteria. Also included in the regulation are guidelines which incorporate an effective physical training program for all personnel, regardless of age or duty assignment.

Included in this sweeping change is the additional requirement that everyone under 40 years of age will take and pass a PT test with at least a score of 300. This includes troops in schools lasting eight weeks or longer. Personnel over 40 don't get off much easier, either. They are expected to meet the weight requirements and engage in some form of physical fitness program.

Medical officers will be actively engaged in monitoring the weight of all personnel. The Department of the Army is making it quite clear that commanders at all levels will involve themselves in this weight control program. Troops who do not meet the new regs' standards will be identified, reoriented and placed on a weight reduction program.

A soldier will be afforded every opportunity to bring his or her weight into line with accepted levels. If, however, an individual does now show progress towards weight reduction, severe action might be taken. The revised regulation does make provisions for placing bars to reenlistment or discharging an individual from the service.

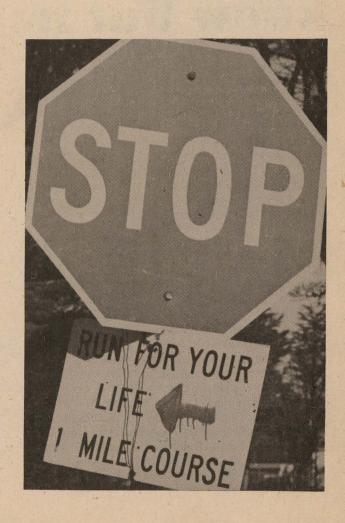
"Weight can only be lost if the amount of calories taken in is less than those burned off. You either have to lower your caloric intake, or burn off more with exercising," stated Captain Dawn Carlson, Chief of Clinical Dietics at LAMC. "In the clinic we use a weight loss diet until the weight loss goal is reached. Then the person goes on a weight maintenance diet. More calories can be taken in on the weight maintenance diet, but it has the same principle of eliminating calories.

"We have a class on weight reduction every Wednesday at 10 a.m. The patients are able to come in for individual followups to have their weight taken and to access how well they're doing with weight loss," added Capt. Carlson.

"Daily exercise that you enjoy, a well-balanced, nutrious diet at the calorie level that's right for you, should be enough to keep you in good condition. How well you do is a matter of individual motivation. That's primarily all it takes, a matter of motivation, to lose weight," concluded Capt. Carlson.

Diet and exercise go together, so if you have a weight problem, consider developing an exercise program for yourself as well as watching what you eat. But as with a diet, exercise can do more harm than good if you try to go too far too fast.

continued on page 3



News motes

In addition to dances and trips going on regularly for

In January the pingpong champs will compete on the

Bay Area service men and women, the San Francisco

USO Club conducts tournaments for indoor sports en-

9th at 3 p.m.; the pool sharks on the 23rd at 2 p.m.; and chess afficionados on the 29th at 2 p.m. in the USO

Club rooms at 1019 Market St. Call 621-0630 to sign

USO happenings

Dancercise class

A class in Jazz Dancercise — exercise thru dance, rhythmically set to music - will again be offered thru the Central YMCA beginning Sunday, January 16. This eight week course will be held from 1-2:30 p.m. on Sunday afternoons, taught by Jamie Graham, a former member of the Alvin Ailey Dance Company of New York City. Class will be held at the Central YMCA, 220 Golden Gate Ave., San Francisco. The cost will be \$20. For more information call 885-0460



Learning to draw

Anyone can draw. Learning to draw emphasizes skills and techniques of basic drawing and design, as well as familiarity with tools and materials. You will learn about perspectives, line, mass, composition, seeing, shading, shadows, and more. Sam Allen, a free lance graphic artist, teaches this individually oriented class at his studio

For more information call the Central YMCA at 885-0460.

Things to do

If you think there's nothing to do on-post, consider the activities offered by Recreation Services:

Arts and Crafts (auto, photography, woodworking, fine arts, etc.); Music and Theater; Dependent Youth Activities; Libraries; Outdoor Recreation; Sports (gyms, intramural games, etc.); and Recreation Centers (games, socials, tournaments, etc.).

Your recreation services officer can give you more details about local activities.

USO zoo excursion

Bay Area servicement and women and their dependents are invited to sign up at San Francisco USO for an excursion to the Zoo on Sunday, January 16. The popular trip will start at noon from the Center at 1019 Market Street. For more information, call 621-0630.

Creative writing class

The Central YMCA, 220 Golden Gate Ave., is offering a 5-week course in Creative Writing beginning Monday, January 17, from 7-10 p.m. Poetry, fiction, journals, and song will be covered. The instructor, David Fisher, has taught this course at Yale and through other organizations in San Francisco, in addition to having some of his and his students' works published. For further information, call the Central Y at 885-0460.

YMCA ski trip

The Central YMCA is planning a Young Adult (18 plus years) ski trip for the January 14-16 weekend at Lake Tahoe. Food, transportation, and lodging (private cabin) are included in the cost. If there isn't enough snow to ski on, the other activities of South Shore Tahoe can be enjoyed. For more information call the Central YMCA at 885-0460.

Swim screen

A swim screen and scuba orientation for a Basic Scuba Class will be held Tuesday, Feb. 1, at 6 p.m. The screen will take place in the Presidio Swimming Pool, Bldg. 69, and is sponsored by Outdoor Recreation. Please bring your suit and a towel. For more information call 4324.

What civilians should know but never read

Tired of the same old scenery? Need a change of environment? Do you have a friend who is looking for a job? The PSF Local Merit Promotion Plan, Open Job Opportunity Bulletins could be the answer.

The PSF local Merit Promotion Plan, Open Job Opportunity Bulletins are published to advertise position vacancies for which there is a continuous or recurring need. Each time a position vacancy previously listed in an Open Bulletin occurs, no further advertisement is issued unless the position has unique requirements not included in the original announcement.

Employees must submit, in duplicate, an Application for Position Vacancy, PSF Form 404, for each position advertised in an Open Bulletin for which they desire consideration during the life of the Bulletin. To be considered when a specific vacancy does occur, employees must have their application on file under the Open Bulletin for that position before the time rating and ranking procedures begin.

Positions and grade levels currently covered under open bulletins: The complete list of positions currently advertised in Open Bulletins is long. Open Bulletins which are currently active are numbers 15-76, 17-76, 28-76, 31-76, 35-76, 41-76, 52-76 and 58-76. These cover such positions as Clerk-Stenographers, GS-3 and 4; Clerk-Typist, GS-3 and 4; Military Personnel Clerk (Typing), GS-3 and 4; Personnel Clerk (Typing), GS-3 and 4; Procurement Clerk, GS-3 and 4; Supply

Clerk (Typing), GS-3 and 4, Voucher Examiner, GS-3 and 4; Military Pay Clerk, GS-3 and 4, Painter, WG-7 and 9; Electrician, WG-10; Powered Systems Support Mechanic, WG-8 and 10; Laborer, WG-2 and 3, Maintenance Mechanic, WG-7 and 9, and many, many more positions. Employees should review the Open Bulletins for positions which might interest them and file application for the desired positions under the appropriate announcement number. Consideration will then be automatically accorded for those position vacancies as they occur in organizations receiving civilian personnel support from Civilian Personnel. Applicants having limitations on positions for which they are available, that is, only at PSF or not at Fort Baker or Oakland Army Base, or only in certain organizations, must so specify on their applications. Open bulletins should be available at the work site. If not, they may be reviewed at the Civilian Personnel Office, Bldg. 37.

Procedures in using open bulletin applications in filling positions: Open Bulletins are issued to establish promotion registers and eliminate the necessity of having to advertise recurring vacancies, they do not necessarily present vacancies for which recruitment action is in progress at the time the Bulletin is issued. However, once a Bulletin has been open for at least seven calendar days, competitive referral for any vacancy listed which occurs during the life of the Bulletin will be made from among candidates who have applied for consideration under the Bulletin.

Letterman Women's club

The Letterman Women's Club cordially invites the Presidio Women's Club to attend their monthly luncheon on Thursday, January 13 at the Presidio Officer's Club. The sherry hour is at 11 a.m. Lunch will be served at 11:45 a.m.

If you're a shopper, and what woman isn't, this program will interest you. The guest speaker will be Ms. Sally Socolich, author of the book, "Bargain Hunting In The Bay Area." She has been a guest on Channel 7's A.M. San Francisco. You will have a chance to meet her and ask her questions at the January luncheon.

In addition to the luncheon, there will be a sign-up for the spring activities offered by both clubs.

The Executive Board of the Presidio Women's Club will be the hostesses for the luncheon.

The Letterman Women's Club members should call their reservations in to Beverly Carpenter 561-2614 or Talitha Putnam 561-2468 in San Francisco and Beverly Chojnacki 453-6737 in Marin by noon Tuesday, January 11.

The Presidio Women's Club members should call their reservations into Nancy Fruin, 561-2613, or Martha Moore, 561-2855, in San Francisco and Dee Robinson, 461-4732, in Marin.

Pre-retirement counseling

A Preretirement Counseling Program will be available to all military personnel planning to retire during the period January 31 through July 31, 1977. Representatives of the Veterans Administration; Civil Service Commission; California Employment Development Department; Social Security Administration; USA Transfer Point; Army Education Center; Staff Judge Advocate; Household Goods Branch, Transportation Division; and Presidio Retirement Services Office will provide individual and small group counseling at the Recreation Center, Bldg. 135, 8:30 a.m. to 12 p.m., Thursday, January 20. Wives are invited to attend.

Movies

PRESIDIO THEATER Friday, January 7, The Duchess and the Dirtwater Fox (PG), 7

Saturday, January 8, Special Matinee — Against A Crooked Sky (G), 2 p.m.

Saturday, January 8, Against A Crooked Sky (G), 7 p.m. Sunday, January 9, From Noon Till Three (PG), 7 p.m.

Tuesday, January 11, Adios Amigo (PG), 7 p.m. Wednesday, January 12, The Bawdy Adventures of Tom Jones (R), 7 p.m.

Thursday, January 13, The Bawdy Adventures of Tom Jones (R), 7 p.m.

SCHWARTZ/LETTERMAN Friday, January 7, Survive (R), 7

Monday, January 10, The Duchess and the Dirtwater Fox (PG), 7 p.m.

Tuesday, January 11, Against A Crooked Sky (G), 7 p.m. Wednesday, January 12, From Noon Till Three (PG), 7 p.m. Thursday, January 13, Adios Monday, January 10, From Amigo (PG), 7 p.m. Noon Till Three (PG), 7 p.m.



Star Presidian

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Colonel Warren J. Lodge, Commander Major Michael J. Williams, Public Affairs Officer SFC Roland M. Taylor, Editor SP4 Rebecca S. Hall, Reporter

Think thin . . .

continued from page 1

Exercise shouldn't hurt. Push yourself only to the point of comfortable fatigue. The key is in consistent exercise over a long period. And don't skip the warmup. Impatience will only lead to torn muscles, strained ligaments, or possibly even heart problems. Almost one adult in seven has some type of heart abnormality during exercise, and many don't know it. Anyone planning a program of vigorous physical activity should get a medical checkup first.

Don't believe the old wives' tale that says—work off a cold. Never exercise while suffering from an acute infection.

While attempting an especially strenuous exercise, there is a tendency to hold your breath. However, it should be avoided. The strain increases the pressure in your chest, interfering with the return of blood to the heart. A normal person could faint, while someone with unsuspected heart defects could have an attack.

One test of whether or not you're exercising too hard is how long it takes your breathing and pulse to return to normal. If it takes any longer than 10 minutes you're working too hard.

Avoid rapid muscle action, or ballistic movements before warmup. When touching your toes, reach slowly just until you reach the point of pain. When bobbing down, your momentum can carry you past the point of pain so that you're more likely to strain the muscle.

Your exercise program will depend on what part of the body needs emphasis. Calisthenics, bowling, golf, weight lifting, etc., will improve flexibility, coordination, and muscle tone. But to strengthen your heart and lungs, a more active sport such as swimming, jogging,

WEIGHT TABLES FOR ARMY PERSONNEL (regardless of age)

To give you an idea of whether or not your extra flab could cost you your job, here is a table of where you should stand for your height and age. The Department of the Army (DA) developed this weight table, which leaves a fair amount of leeway between the minimum and maximum number of pounds allotted for each member of the Army.

MEN		WOMEN
Weight	Height -	Weight
166 - 250	- 6' 8" -	
159 - 244	- 6' 7" - =	
153 - 238	- 6' 6" - =	
151 - 232	- 6' 5" - =	
147 - 226	- 6' 4" - =	
143 - 220	- 6' 3" - =	
139 - 214	- 6' 2" -	
135 - 208	- 6' 1" -	
131 - 203	- 6' - =	125 - 175
127 - 197	- 5' 11"-	122 - 170
123 - 192	- 5' 10"-	118 - 165
119 - 186	- 5' 9" - =	115 - 160
115 - 181	- 5' 8" - =	112 - 156
111 - 176	- 5' 7" -	109 - 151
107 - 170	- 5' 6" - =	106 - 147
106 - 165	- 5' 5" -	104 - 142
105 - 160	5' 4" - =	102 - 138
104 - 155	- 5' 3" - =	100 - 134
103 - 150	- 5' 2" -	98 - 130
102 - 146	5' 1" - =	96 - 125
100 - 141	- 5' - =	94 - 121
	- 4' 11"-	92 - 117
	- 4' 10"-	90 - 113
(withou	ut shoes or clothi	ing)

bicycling, basketball, etc., is necessary. Naturally, a combination of exercises is best, to keep the whole body in shape.

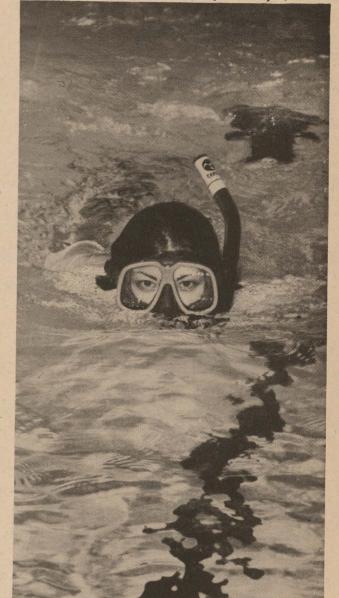
If you need extra motivation, try out for the Presidential Sports Award. This award is given for participation in any of 39 group and individual sports, including swimming, jogging, cycling, archery, back packing, basketball, canoe/kayaking, climbing, fencing, handball, and judo and karate. The basic qualification is 50 hours of participation, spread over 50 activity sessions, within a period of four months.

Whatever your exercise program, mae it one you'll stick with consistently. Sporadic strenuois exercise will only result in sore muscles, and dos nothing to strengthen your heart and lungs.

"Weight can only be lost be lowering the daily caloric intake," stated Ms. Beverly Carpenter, Exercise Class instructor at the Post Gym. "One suggestion: write down the number of calories in every morsel of food that you consume during the day. You may be surprised when you total the numbers. A weight loss of one or two pounds per week is ideal. Do not crash diet.

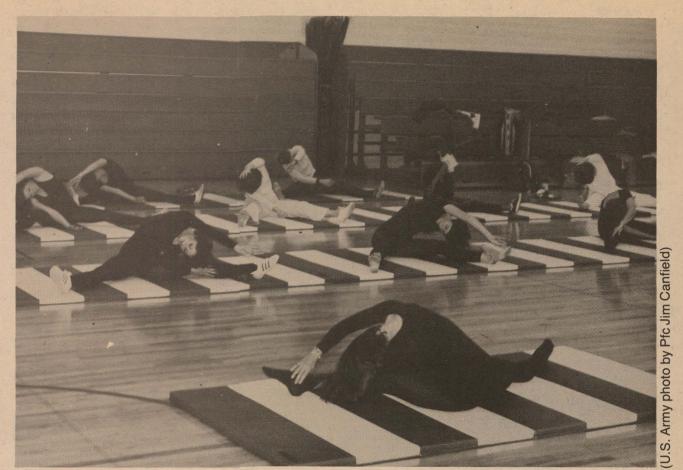
"Exercise will re-proportion your body," added Ms. Carpenter. "In the morning, before exercising, measure yourself and record the measurements. After three or four weeks of faithful exercise, repeat You should notice a change.

"Our goals in the exercise class are to inspire and encourage one another to make exercise a way of life, to be proud of our accomplishments and to maintain a total fitness which includes a well-proportioned figure, good posture, and a healthy attitude toward life," concluded Ms. Carpenter.



Sue Nathan, a member of the Presidio's dive club, keeps herself in shape by a daily swim during her lunch hour.

The Post Gym is equipped with tumble mats, racket ball and squash courts, an exercise weight room with weights, balance beams, parallel bars and an exercise bike. The gym also has a locker room, showers and a sauna for both men and women. There is no fee for the use of these facilities and you can come and go as you please.



Out of shape muscles are toned and shaped during Beverly Carpenter's tri-weekly exercise class.

Crime Prevention update

Crimes o	of Nov. 76			Crimes for Dec. 76		
Due t	of Property to Neglect	15	981.35	Larceny of Property Due to Neglect	10	1,236.95
Housebre Vandalish		18 7	2,777.50	Larceny of Property Housebreaking	13 0	2,010.00
Shoplifting		6	30.00 50.00	Vandalism Shoplifting	3 15	91.38
	Total		8,784.00		Total	3,338.33

The secret eye

A gathering of people and events under the watchful SP typewriter

By Eve S. Dropper

The holiday season is 'officially' over . . . but the party mood is lingering for an awful lot of us. It's kind of hard getting back into the 'swing' of things at work after the holiday schedules and getting to sleep late a few days. But, as the old saying goes, all good things must come to an end. So, it's back to getting up before the sun . . .

And how 'bout all this rain . . . I think I'd rather have the fog. At least you can walk through it without getting thoroughly soaked. But, there's even good things about the rain . . . maybe now water won't be rationed. I suppose the farmers are pretty happy about it, too. Selfish, perhaps, but I still prefer the clear, warm days to all this wet nonsense.

How was your New Year's? Mine was nice, quiet, and inexpensive. Went to a friend's and played cards. But, what better to start a New Year than with good friends?

Christmas decorations are coming down 'Course there are still a few diehards around keeping the spirit as long as possible. Since the decorations go up in November, don't you think the first of the new year is a logical time to take things down?

The Chaplain's have a new assistant. Pvt. Charles Wyatt (but I hear he prefers to be called Dean. Dean? Maybe that's his middle name.) just came in from Chaplain's Assistant school at Ft. Wadsworth, New York. Ah, New York. What a nice place to have AIT. I think. Don't really know since I've never been there. But, it sounds good . . .

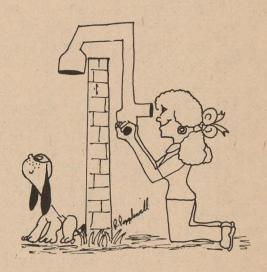
Chaplain Timothy Tatum and Chaplain Roger Schalm are TDY to Ft. Leavenworth, Kansas for a Command and General Staff school. New York sounds an awful lot nicer for a school than Kansas...

The 16th BPO is losing an awful lot of people lately and not getting in any replacements . . . wonder why that is? Anyway, SP5 Michele Haney is ETSing; SP4 Harvey Masters is off to Germany; PFC Derrick Neal is ETSing; Sgt. Arturo Aguilar, who's been with the BPO for five years now, came down on orders for Germany, too. Must be really hard to leave a place after you've been there for five years. Think of all the changes he's seen . . . SP5 Roger Leighton and SP5 Michael Bowers both were promoted from SP4. Congrats guys . . . wish it was me . . . The only new person at the BPO is SP4 Phillip Byington who's been assigned to the BPO from Korea. Welcome to the Presidio.

Problems with the heating systems seem to plague the Ft. Scott buildings. Two of the 864th's buildings don't have heat. Seems funny, doesn't it, that the engineers buildings are on the whack . . . Pvt. Kenneth Esposito, Pvt. Michael Hough and Pvt. Joseph Kuhn joined the engineers from Ft. Leonard Wood, AIT. PFC John Clarkson came from Ft. Belvoir. SP4 Gregory Parsons joined us from Taiwan. Leaving the engineers are Sgt. John Catablan, SP5 Joseph Fields and Sgt. Frank Burgess, who are all going to Germany. On with the mass exodus . . . Sgt. Michael Gluff is off for Recruiting duty in Indianapolis. Enjoy the big country town. It's different ... I'd never heard a retirement ceremony referred to as the Royal Golden Handshake, but that's what it was referred to in reference to the retirement of SFC Juaquin Barela. And I do hope your retirement is all you've been looking forward to. Last, but not least (DON'T YOU LOVE WORN OUT CLICHES???), the engineers are fixing up their dayroom. About time, huh?

The 170th is pulling white hat duty this month. But, they've gotten in a lot of new personnel to help out. SP4 Parker Pillsbury is new to the Presidio as well as PFC Thomas Enrico, Pvt. Joseph Soto, Pvt. Nicholas Cannon, Pvt. Steve Stinnett, Pvt. Edward Lasky and Pvt. Michael Hooven. All those people the BPO isn't getting, the MP's must be . . .

The first baby born at LAMC in 1977 was born January 1 (Of course!) at 10:41 p.m. Weighing in at 6 lbs 11 oz. is Jerod Eli Hojem, son of Eldon and Patti Hojem. Eldon works at LAMC and Patti was a civilian working in the OB Gyn clinic until she had the baby. Now, she's just going to be a new mother. Congrats to you both. (Or should it be to all three of you???)



The first week of 1977 is over. Hope the next 51 are as mellow as the first. Take 'n take 'n keep on whatevering. I will.

S.P.O.R.T.S

Trout plants

If water, weather, and road conditions are favorable, the following waters will be stocked with catchable trout this week by the Department of Fish and Game:

Alameda — Arroyo del Valle Reservoir, Lake Chabot; Contra Costa County — Lafayette Reservoir; Marin County — Bon Tempe Reservoir, Lagunitas Reservoir; Napa County — Hennessey Reservoir; Santa Clara County — Campbell Perc. Pond, Cottonwood Lake; Santa Cruz County — Pinto Lake; Solano County — Lake Chabot.

Basketball results

Jan. 4, 1977

AFPD - 67 — 402nd MP — 48

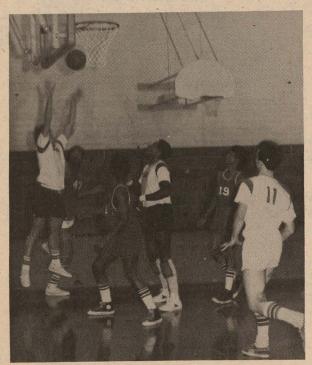
Campbell and Heise lead the police team to an easy win. The game was close only for the first half as AFPD built up a nineteen point lead.

USAG - 91 — LAMC No 2 - 36 remained undefeated as they coasted

USAG remained undefeated as they coasted to an overwhelming victory. All USAG players scored and Gagnon scored a season high of 41 points.

LAIR - 54 — 170th MP - 42

A balanced LAIR squad played a solid game against the MP's.



USAG tromps LAMC, 91-36.

Handball standings

Team Name	Won	Lost
Olympic Club	66	22
Golden Gate Park	49	17
San Mateo Elks No. 1	46	20
San Jose YMCA	67	22
San Mateo Elks No. 2	39	49
Jewish Community		
Center	30	36
South End		
Rowing Club	34	76
Quail Court	20	46
Presidio	24	64

NOTE— Some of the above standings are incomplete because results of your matches are not being mailed in. Team Captains: be sure your results are mailed in every week to Al Masyk.

Notes from the kegboard

Ft. Scott League

LOST	SFFO	WON
LUSI		CID
33	11	
Spt. Elm. No 2	29	15
LAMC No 3	29	11
170th MP Co	281/2	151/2
USASA	26	18
16th BPO	24	20
6th Reg. CID	201/2	191/2
402d MP Co	16	28
525th MI Gp	5	39

Presidio League

	WON	LOST
170th MP Co	41	7
864th Engrs.	351/2	121/2
Spt. Elm. No 1	33	15
LAIR	32	16
51st Engrs.	27	21
USACC	23	25
LAMC No 1	11	37
USAG No 1	51/2	421/2

Golden Gate League

	WON	LOST
AMC No 2	38	10
JSAG No 2	36	12
25th MI Gp	32	16
JSAG No 3	28	20
FPD	24	24
6th BPO	19	29

City officials laud

firefigh ters



Chief Chur, PSF Fire Department, accepts commendation from post commander, Colonel Lodge.

A letter of appreciation from the San Francisco Board of Supervisors and the Chief of the San Francisco Fire Department was presented to the men of the Presidio Fire Department for their daring rescue operations on the night of November 7th, off Fort Point.

Receiving a call from the Coast Guard, the Presidio firemen assisted in searching the shoreline on both sides of the bridge for the missing 60-foot luxury fishing boat and its 38 passengers. In low tide and a high surf, about 60-feet off shore, the ARGO was found by the PSF unit, hung fast on the rocks and shrouded in dense for

Discovering a rescue from the sea was not possible, the Coast Guard requested the firemen to attempt a landward rescue. A line was fired out to the stricken vessel and Fireman Eric Lawsen-Ravn pulled himself hand-over-hand through forceful winds and high waters out to the boat. This enabled him to set up a safety seat and evacuate some of the passengers from the ARGO. Rescue operations had to be halted, due to the incoming tide and dangerous waves. The remaining passengers and crew members were eventually rescued by a Coast Guard cutter.

The supervisors praised the firemen for their, "... outstanding display of dedicated service ... superb professional operation ... resulting in no personal casualties."

U.S. Government Printing Office, 1975 Jacket 789-036, Print Order No. 12

Star Presidian

An ounce of prevention...

by Rebecca Hall

Someone breaking into your home, be it quarters, barracks, or whatever, and ripping you off, feels like such a personal affront. But you're not alone. The men comprising the Crime Prevention team are working to find new and better ways to discourage such inconsiderateness.

Operation Identification

Operation Identification is one way. In this program two members of the Crime Prevention team call on newly arrived personnel in quarters, taking their inscriber with them. The inscriber is used to code the person's driver's license number on his/her valuables.

"We use the driver's license number instead of the social security number because of certain conditions in the privacy act," stated Sergeant Larry Darkow, crime prevention team member. "If something is stolen and it's been marked through Operation Identification, when the police recover the stolen item they can run the number through NCIC (National Crime Information Center) and automatically find out who it belongs to. This way the property can be returned to the rightful owner."

The choice of marking or not marking is up to you. Small items, like watches, jewelry, and furs, which can't be marked are photographed. The photos, and serial numbers, as well as the driver's license number, are recorded in a ledger which is given to the person. If something does get stolen, the necessary numbers are right on hand.

"If you don't want to mark your items right then, we'll leave the inscriber with you overnight, or for a maximum of two days. During this time you can mark what you like, and record the serial numbers yourself," added Sgt. Darkow.

Home alert program

Another way to guard against rip-offs is with the home alert program. This program involves every concerned citizen in a neighborhood.

"What we're trying to do is get enough citizens interested so we can set up a real home alert program. This would involve monthly meetings of all the concerned citizens in your neighborhood," stated Sgt. Darkow. "At the meetings we would try to set up ways you can stop burglaries; such as one neighbor watching out for another neighbor when he's on leave, or just away for awhile. Doing little things like taking in the mail, newspapers, and checking on the house periodically."

There are ways you can be a good neighbor. If you

notice any suspicious activitiy in the neighborhood, or suspicious characters, call the MPs. DO NOT try to find out who the person is, suggested Sgt. Darkow. "A lot of people have done this and it's resulted in injury. What we ask is that the person get a description of the suspicious characters, how many people there are, what kind of car they were in and, if at all possible, the license number," added Sgt. Darkow.

"When you report a suspicious character, it would also help if you could tell the MPs what they were doing in the neighborhood. Were they going up to houses? Soliciting? Or were they just continually driving around the neighborhood?" stated Sgt. Darkow. "See, the MPs have a respond time of two to five minutes, so the safest thing to do is call the MPs."

One story the Crime Prevention team relate to the newly arrived personnel is about a woman who did call the MPs because she saw a man walk out of a house with a TV. Once the MPs checked the man out, they found he was wanted on four other warrants, one with the FBI. The man was apprehended and it was all because a concerned neighbor called in her suspicions.

"This is the kind of attitude we're trying to build in the family housing areas now," stated Sgt. Darkow. "Getting the neighborhood community together and getting them all concerned with the same thing. Crime prevention."

Rape prevention

Although there has been only one alleged rape on the Presidio, this is still an area of concern. There is not an actual rape prevention program on post yet, but the Crime Prevention team is in the process of developing one.

"Rapes are up 35 percent in San Francisco," commented Sgt. Darkow. "What we feel and what the San Francisco Police Department feels is that there aren't that many more rapes being committed, but that many more victims reporting the crime."

Some words of caution in developing your own rape prevention program are, if you have to go out at night, go with a friend. Or, call and make sure the people you're going to see know you're coming and about what time to expect you. If you haven't arrived at the expected time, have them call to see if you were delayed in leaving or were delayed on the way. At least if you're coming and you don't arrive someone can start looking for you. Your best bet still lies in going with a friend. If you're driving, make sure your doors are locked, and again, if you notice any suspicious looking people, report them to the MPs.





Education

Educating people to a problem is another way of starting a solution to the problem. Classes are given quarterly to almost every unit on post. These classes cover barracks larcencies, bicycle thefts, ID and credit card thefts, cashing bad checks, pickpockets, and shoplifting.

Most barracks larcenies are due to neglect, according to the Crime Prevention team. People forget to lock their lockers, windows or doors.

Bicycle thefts on post are another problem. Last year there were 19 bicycles stolen. If you register your bicycle at the same time and place you register your car on post, your bicycle will be registered with the state of California. You get a California state sticker and the number is registered in Sacramento. If your bike is stolen, the police find it, they can run the number through registration in Sacramento and find out who the bicycle belongs to.

"This is the only post I know of that has this type of system. Most places, the bicycle is just registered with the post," stated Sgt. Darkow. "We also suggest you mark your bike with the inscriber, too. (Operation Identification.)"

'If your valuables aren't marked through Operation Identification, the chances of getting it back are almost none. If you find your merchandise in another person's room or home, and it wasn't marked, there would be almost no way to prove the merchandise was yours. Sixty-five percent of all stolen property marked through Operation Identification is returned. Of that 65 percent, 50 percent are able to get convictions.

Last year the government lost over \$200,000 on a national level in reimbursements on CB radios and 8-track tape players alone. Because of this exorbitant figure, DA has come up with a new regulation governing reimbursement on these two items. Now, if your 8-track or CB is in your car, where it can be seen, the government will not reimburse you. They do suggest, however, that you lock your goods in the trunk or take them with you. For reimbursements on other losses, condi-

tions vary, taking the circumstances into consideration. "We believe crime prevention starts with the individual at home, and is taken with him/her to the office," stated Sgt. Darkow. "We suggest you take that extra five minutes to make sure everything is secure. It's better to take five minutes to be sure than it is to spend an hour filling out stolen property forms."

If anyone would like assistance in marking their property or doing a property inventory, please call Crime Prevention at 5011/4357. Sgt. Darkow or SSgt. Field will be happy to help you.

notes News

Bachelor of the Year

The annual Bachelor of the Year Award Dance will be held Friday night, at 7:30 p.m., January 21 at the San Francisco USO, 1019 Market Street.

Junior Volunteers at the Center will vote to nominate their choice of the most popular serviceman to have attended the various USO functions during 1976, and the winner will be chosen at the dance from the top five.

USO's Friday night disco dances are a regular feature, and all members of the Armed Forces are welcome to attend. Phone 621-0630 for more details about Bachelor of the Year Award Dance or other dances.

Band concert

The Sixth Army Band will perform in concert January 19 at 7 p.m. at the Post Playhouse. Selections to be played include the "Fidelio Overture," "Scheherazade," and the "1812 Overture." The public is invited; admission is free. (NOTE: The 7 p.m. time is a change from the usual 7:30 p.m.)

Speed reading class

The Central YMCA, 220 Golden Gate Ave., is offer-# ing an 8-week course in Speed Reading beginning Thursday, January 20, from 6-8:30 p.m. Learn to increase your reading speed and comprehension in this class taught by the Reading Optimation Foundation. For more information call the Central Y at 885-0460.



Aliens addresses

Federal law requires that all aliens residing in the United States, except a few diplomats, must report their addresses to the Immigration and Naturalization Service every January. Each alien needs to be made aware of this requirement. Failure to report can result in serious penalties. Address Report forms may be obtained at any Post Office or Immigration and Naturalization Service office.

Since the Immigration and Nationality Act provides serious penalties for willful failure to submit the report, all aliens in the Armed Forces of the United States should file one as soon as possible and are urged to remind relatives who aren't citizens but are residents of this country of the need to file the report.

Poetry workshop

The Central YMCA, 220 Golden Gate Ave., will be offering a 5-week Poetry Workshop on Tuesdays beginning January 25 from 7-9 p.m. Emphasis will be on individual development (beginner - advanced) in an informal setting. Assignments will be given in addition to the use of tape recorders. The instructor has an M.A. in creative writing and is a U.C. Extension teacher. For more information call the Central Y at 885-0460.

Electricity class

The Central YMCA, 220 Golden Gate Ave., is offering a 4-week course in Electricity for the Non-Expert beginning Wednesday, January 19, from 7-9 p.m. Learn about basic terminology, how to determine what is needed, how to make safe, simple electrical repairs, and more. The instructor is a working electrician, lighting designer, and home maintenance workshop instructor. For more information call the Central Y at 885-0460.

Youth Activities contest

In an effort to stimulate interest of Dependent Youths (active duty and retired military dependents) to state their ideas and preferences in accelerating the Youth Program, a contest was held and prizes awarded to those submitting the best suggestions. A panel of judges consisting of Lt B. McClure, Mr.W.Couch, Ms. I. Clark, and Mr. P. Shallish, selected the following winners and runners-up in the various categories:

6-9 yrs. Winner: Kris Marquis; Runner-Up: Lorna J. Leslie

10-13 yrs. winner: Crissy Marquis; Runner-up: Lori

14-18 yrs. winner: William Marquis; (only 1 entry) Each youth was presented a \$25.00 U.S. Government Savings Bond.

I.D. card check

During the months of January and February, ALL identification cards used by people entering any of the post facilities will be checked. This includes all military personnel in uniform whose identification in some activities is not normally checked. This is being done to insure that all users of military facilities have valid, current Identification Cards.

Your cooperation and understanding are expected and appreciated, according to Colonel Warren J. Lodge, in this effort to insure that only authorized patrons enter the post facilities, the Exchange, Commissary and other nonappropriated fund activities, and to keep Identification Cards up-to-date.

German class

A German Language and Culture Course will be conducted January 18 - March 10 at the Fort Scott Education Center. The class is held primarily for military and civilian personnel and their adult dependents who are on orders or alerted for duty in Germany. Students will learn practical German to be able to ask directions, order a meal, go shopping, exchange dollars, buy a train ticket, get a hotel room, make a phone call and more. Duty in Germany can be more enjoyable and the culture shock much less if some of the language and culture is learned before arrival in Germany. Class will be held Tuesday and Thursday, 3:30-5:30. There is no fee. For further information or to enroll, call the Fort Scott Education Center, ext 4419/3189.

Indian leather class

The Central YMCA will be offering a 5-week course in Indian Leather Crafting beginning Monday, January 24, from 7-9 p.m. Learn how to create and hand-make your own leather projects, items such as purses, belt pouches, and moccasins. Buckskin, Elk, and Buffalo will be used. All tools provided, no experience necessary. Cost of leather used will be extra. For more information call the Central Y at 885-0460.



Weight control program

The Central YMCA, 220 Golden Gate Ave., will begin a new series of its successful weight control program, "The Y's Way to Slim Living," on Thursday, January 27, from 6:30-7:30 p.m. The beginning course is for 10 weeks and the average weight loss during this period is between 10 and 20 pounds. The program is a threephase one, dealing with nutritional information, group support, motivation, and body movement, with emphasis on personal attention from the instructor. For more information and registration call the Central Y at 885-0460.

Rec Center happenings

The Recreation Center is planning another big dance on January 29. The dance begins at 9 p.m. and features "Sass" playing all the top tunes. Admission will be \$1.00 per person.

Also on Saturday, January 29, the Rec Center is sponsoring a trip to Reno. The bus leaves the Rec Center at 8 a.m. on Saturday and returns on Sunday. This tour is limited to 36 persons and will cost \$22.50 per person, with a \$10.00 cash returned upon arrival in Reno. Call ITT, ext. 5480 for more information.

Don't forget that there are many activities, both directed and non-directed, at the Recreation Center. Check in once in a while to be sure you don't miss anything. Watch for the 'flyers' sent out by the Rec Center because they are the means of telling you what is going on.

The staff at the Presidio Recreation Center wants to remind you that they are featuring Chess and Belly Dancing lessons on Mondays at 7:30 p.m. Also, on Thursdays at 7:30 p.m. they've got a real professional pool player, Hank Nole, to teach pool. Don't forget the Disco Dance at 9 p.m. on Wednesdays.

If you have ever wanted to bake your own cake, you can do it at the Rec. Center at 7 p.m. on Friday the 14th. Later this month, there is going to be a fishing trip on the 22nd for a day of bottom fishing way out on the Pacific Ocean. Call the Recreation Center, ext. 2000/5480 after 2 p.m. for more information.

On Saturday, the 29th, they're going to have another popular band, "Self Expression," for a big dance. Admission will be \$1.00 per person.

Ballroom dancing

A Ballaroom Dancing class for those who want to learn or improve on their Waltz, Foxtrot, and Cha Cha will be offered through the Central YMCA beginning Thursday, January 27, from 7:30-9:30 p.m. This 8-week course will be held at the YMCA Hotel, 351 Turk St. There will be no charge for women. For further information call the Central Y at 885-0460.

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Movies

PRESIDIO THEATER

Friday, January 14, Obsession (PG), 7 p.m.

Saturday, January 15, Obsession (PG), 7 p.m.

Saturday, January 15, Special Matinee: Zebra in the Kitchen

(G), 2 p.m. Sunday, January 16, The Next

Man (R), 7 p.m.

Monday, January 17, The Next

Tuesday, January 18, High Vel-

ocity (PG), 7 p.m.

Wednesday, January 19, Taxi

Driver (R), 7 p.m. **Thursday**, January 20, Taxi

Driver (R), 7 p.m.

SCHWARTZ/LETTERMAN Friday, January 14, Tommy (PG), 7 p.m.

Monday, January 17, The Bawdy Adventures of Tom

Jones (R), 7 p.m. Tuesday, January 18, Obses-

sion (PG), 7 p.m. Wednesday, January 19, The

Next Man (R), 7 p.m. Thursday, January 20, High



Star Presidian

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Colonel Warren J. Lodge, Commander Major Michael J. Williams, Public Affairs Officer SFC Roland M. Taylor, Editor SP4 Rebecca S. Hall, Reporter

Energy usage:

Are you servant or master?

By John Grabowski

Energy conservation. Two little words. Did you ever know two words to put you to sleep so quickly?

Really, they are—as a topic—likely two of the most exploited, overused terms in the recent use of this and almost every other language. They have been rammed down our throats for the past few years by everyone in a position of authority from the President to yours truly.

So why are we doing it again? Because the problem

won't go away.

The problem's still with us, in part, because we're all experts on energy. We will all keep on being experts as long as it's so easy to switch on and off. It's ours to command, a silent slave to power our stereos, tape recorders, appliances, electric toothbrushes, hair dryers, air conditioners, televisions—you name it.

And, as long as we can reasonably expect that that power is just waiting our touch, we're not going to worry much at all. How surprised we'll be one day, when the switch is dead. It could happen. In fact, it has happened, although only in some sections in the country, and only for relatively short periods.

Energy used to be cheap. You don't have to be retirement-eligible to remember when you could get good gas for under a quarter, even half that in a price war. You don't have to be gray, either, to remember when monthly electric bills rarely hit ten bucks.

Energy was so cheap, and so plentiful, that it spawned a whole family of industries designed to create convenience items which made our lives more pleasant. They gave Americans the highest standard of living in the world, and made us the envy of practically

That's part of the problem: now other people want some of this "good life" too. There isn't enough to go

around, if you acknowledge that the United States, which has only a small part of the world's total population, consumes more than half the world's output of

A solution would be to dramatically increase the output of energy, which would be a likely solution if we had inexhaustible resources, which we don't. What Nature took billions of years to produce, we will consume in a few generations.



A second aspect of the shortage is the increased cost which invariably results from increasing demand and diminishing supply. Anyone who has seen an electrical bill lately knows how costs there are soaring. (The day we got that bill, and the day I paid it, are the two most energy-conscious days we've seen in the house all

Energy costs like this hit where it hurts, in our pocketbooks. They force us to make decisions and set priorities. The cost of regularly leaving on the TV in an unoccupied room, or light on in the bathroom, could finance dinner out some evening. We'd rather have the

The cost, too, is likely behind the post's recent emphasis on conservation. Almost everywhere, lights are being turned off in unoccupied buildings, and thermostats are being turned down. We cannot afford to do otherwise. When quarters residents start paying utilities, if that measure is adopted, consumption will drop even more.

Energy is expensive.

Some groups have advocated a return to primitive life styles, to a society of woodchoppers and candlemakers. That is too far-fetched for most Americans. Ours is an industrial society. Our jobs depend on energy, and so does the standard of life we expect.

What is needed isn't so much a wild cutback in the way we live, but some responsible moderation where energy is concerned. We need to take another look at our priorities. There is something immoral in demanding energy for some of our electrical conveniences, when others freeze to death because they have no fuel.

If we are so dependent on those conveniences that we cannot cut back, then we have made ourselves the servant of energy and its technology.

Reprinted from the Ft. Hood SENTINEL.

Ideas on energy conservation are solicited and should be directed to the Commander, Presidio of San Francisco, ATTN: AFZM-DI, Presidio of San Francisco, CA 94129.

Messages to and from MARS

Getting messages to friends or relatives serving with the military overseas can, at times, be a real problem. Especially if there's any sort of deadline on the information. The Presidio MARS Station can probably help if you're ever confronted with this problem.

The local station, headed by Staff Sergeant Derrill Coffman, Non-Commissioned Officer in charge, is currently handling more than 2,000 messages monthly and many more during the holiday seasons.

Operating within the state-side net under the command station WAR located in the Pentagon, the Presidio station is one of four major command stations located across the United States. The other three are at Fort McPherson, Ga, servicing the southeast; Fort Meade, Md, the east; Fort Sam Houston, Tx, the central portion of the country and the Presidio covering the western section.

According to Sgt. Coffman, relaying messages from both Europe and the Far East to various destinations in the United States makes up the majority of the station's traffic pad. The Presidio serves as the "gateway" station for all calls inbound from the Far East and also receives message traffic from WAR originating in

As the major command station servicing the western area, Sgt. Coffman calls on affiliated stations in Alaska, northen, central and southern California, Oregon, Washington, Idaho, Montana, North and South Dakota, Wyomng, Colorado, Utah. Nevada and Arizona.

He is Currently operating the net twice daily, Monday through Friday—at noon and again at 8 p.m., receiving

incoming message traffic from around the world.

Unlike the MARS stations operating in overseas areas, the Presidio station originates very little voice calls—telephone patches. Regulations provide only for emergency type Red Cross or Chaplain calls by telephone patch in the United States. However, the station does send out messages known as MARS Grams on a world-wide basis.

Coffman added that he, along with his staff of three other military and one civilian operator, will accept requests for personal messages service to any military address overseas by calling 561-5121, 561-3486 or 561-3013 during operating hours. The station is open Mondays from 7:30 a.m. until 10:35 p.m. and Tuesday through Friday from 7:30 a.m. until 5:30 p.m.



Raymond Mosley, radio-teletype operator at the Presidio's MARS station, checks incoming traffic on teletype machine.



SSG Lerrill Coffman, NCOIC of the Presidio's MARS station, monitors a land-line check being made by SP5 Kelli Powell, a communications specialist.

The secret eye

A gathering of people and events under the watchful SP typewriter

By Eve S. Dropper

What a week this one's been!!! For me anyway. You know how there are some days when you should've stayed in bed? Well, if I could've stayed in bed for this entire week I really believe I'd be better off. But, those are my problems . . .

Remember seeing photos and stories in the paper a few months ago by SSgt. C.D. Steen? Well, C.D. is back!!! He's now a welcome member of the newspaper staff once again. Maybe what 'they' say is true. In the military you always run into someone you know. If you stay in long enough.

Another tidbit of news from the PAO section. One of our assigned tour guides got promoted to PFC. Congrats on the promo, Craig Barrett. You done good.

Speaking of promotions... Richard Calicot, 170th MP, made E-5; Helena Nichols and Philip Walter, 170th MP, made SP4. Congrats are in order for the three of you, too. So, congrats...

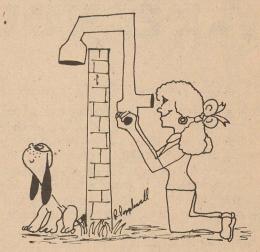
Leaving the 170th are SP5 Donald Tuers, PCSing to Germany and PFC Kathi Doman is ETSing today. Hope you both enjoy your new endeavors. Whatever they may be.

I picked up a couple of interesting pieces of information this week. Like, did you know if you are in an active duty status you can request your prescriptions be filled while you wait??? It's true. Think of all those times (I know I have) you waited 20 or 30 minutes for them to finally get around to your number. I always thought that was such a hassle. And of course, there's plenty I could be doing in my office instead of sitting in the hospital lobby. Check it out.

Tidbit number two: it seems the cleaners are open daily, contrary to popular belief, from 7:30 a.m. till 6 p.m. weekdays and 8:30 a.m. till 6 p.m. Saturdays. But, it is closed on Sunday. So, no excuses for dirty uniforms.

The 16th BPO won their basketball game Tuesday night against Readiness Region IX. Good work guys. And SP4 Steven Pittman completed high school through the Education Center. That's really tremendous, Steve. I think it's great that you made it. And I hope your proud, because it is an accomplishment. SP4 Danny Powell completes Supply Management School today. Congrats to you on that Danny. That's an accomplishment, too. SP4 Linda Yonan received a trophy for participating in the Presidio Women's Basketball team. They won the biggie and I think the girls deserve a great hand. A small step for women. A giant step for womanhood. (Sounds familiar, doesn't it???)

The 864th lost Capt. Norman Hyndman, who's gone to Ft. Belvoir. Pvt. William Kleier joined the engineers from AIT at Ft. Leonard Wood. And SP5 John Szot claims he's getting short. Seventy-some-odd days left. Seems the 'short syndrome' starts striking earlier and earlier and earlier . . .



Another week's over. Thank goodness for small favors. This week couldn't end soon enough for me. Let's hope next week is better. If not, well . . . Keep a stiff upper lip, take 'n take 'n keep on whatevering. I'm trying.

S-P-O-R-T-S

Youth basketball standings

League standings for the Minor and Major Leagues of the Youth Basketball Program for the period ending January 11, 1977:

Minors	W	L
Warriors	7	0
Trojans	3	4
Bullets	2	4
Dynamites	1	5
Majors Purple Machine Royals Team No. 4 Blue Royals	w 7 4 2 1	10356

Yoga/cross-country ski trip

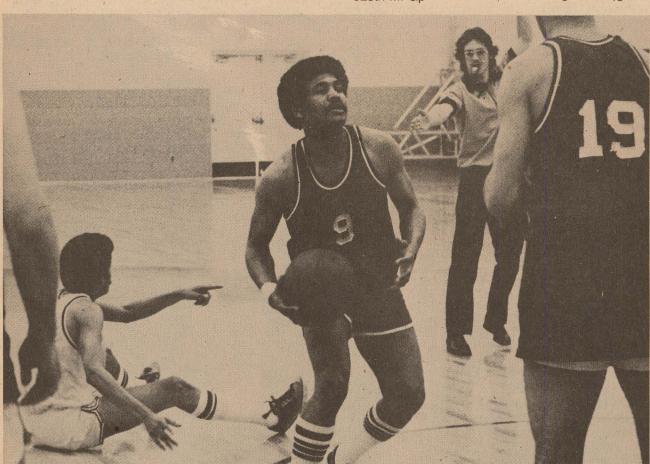
The Central YMCA is offering a Yoga/Cross-Country skiing weekend at Lake Tahoe from January 21-23. Learn the basics of yoga exercises, relaxation, massage, and cross-country skiing. Food, transportation, lodging (private cabin), and instruction are included in the cost — \$41. Maximum 12 people. For more information call the Central Y at 885-0460.

Notes from the kegboard

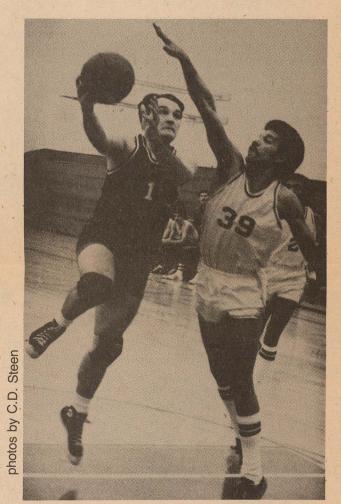
Golden Gate League	WON	LOST
LAMC No 2	39	13
USAG No 2	37	15
525th MI Gp	35	17
USAG No 3	31	21
AFPD	28	24
		1

Presidio league	WON	LOST
170th MP Co	421/2	91/2
864th Engrs.	371/2	141/2
Spt. Elm. No 1	35	17
LAIR	341/2	171/2
51st Engrs.	28	24
USACC	26	26
LAMC No 1	15	37
USAG No 1	51/2	461/2
Ft. Scott League	WON	LOST

USAG No 1	51/2	461/2
Ft. Scott League	WON	LOST
LAMC No 3 SFFO CID Spt. Elm. No 2 USASA 170th MP Co 6th Reg. CID 16th BPO 402d MP Co 525th MI Gp	33 33 33 30 28½ 24½ 24 16 5	11 11 11 18 19½ 19½ 24 32 43



The hazards of basketball befall the best players. Team member for the 16th BPO (seated) talks with the referee while No. 9, James Carles, RRIX, heads for the basket.



Masterful blocking by No. 39, Jimmy Smith, 16th BPO, against No. 1, Rex Toney, Readiness Region IX, helped bring the team to its 4th victory.

Basketball standings

Presidio			Ft. Scott		
League	W	L	League	W	L
USAG	8	0	666th Rad Sqdn	7	1
LAIR	6		6th Army	5	2
LAMC #1	5	3	16th BPO	4	2
AFPD	4	4	504th MP	3	3
402nd MP	3	5	WRRC	2	5
170th MP	3	6	864th Engr	0	8
LAMC #2	0	9			
Deculte					

LAMC #2	0 9	oo tar Eng	
Results January 5, 1977		January 6, 1977	
6th Army	54	USAG	55
WRRC	47	LAMC #1	50
16th BPO	57	LAIR	56
864th Engr	53	AFPD	55
666th Rad Sqdn	63	170th MP	53
504th MP	62	LAMC #2	45

January 7, 1977 6th Army 43 666th Rad Sqdn 31

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Friday, January 21, 1977

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PRESIDIO OF SAN FRANCISCO, CA 94129

Child abuse:

Are we still in the Dark Ages?

by Rebecca Hall

A six-month old baby is brought into the hospital with burns. His mother put him into a vat of boiling water because he kept wetting his diapers.

A three-year-old child is brought in with a head injury. He was swung around in the air, then bashed into the wall. This child suffered permanent brain damage.

A six-year-old girl is brought in. She has been sexually abused weekly by her father.

Child abuse. A growing concern among doctors and laymen alike. The problem of child abuse permeates every socioeconomic, educational and religious strata in our society, and until very recently was barely rec-

Even today only a fraction of child abuse incidents are reported, according to Captain Glen Lambert, Social Work Officer. Approximately 700,000 cases are reported annually, but the suspected rate is one to three million cases. With the change in people's 'it's a pity' attitude, more cases are reported earlier than had been in the past.

What is child abuse?

Many parents, unknowingly or unconsciously, engage in one or more forms of child abuse. Child abuse may be defined as "the physical or mental injury, sexual abuse, negligent treatment, or maltreatment of a child under the age of 18 by a person who is responsible for the child's welfare, under circumstances which indicate the health or welfare is harmed or threatened thereby."

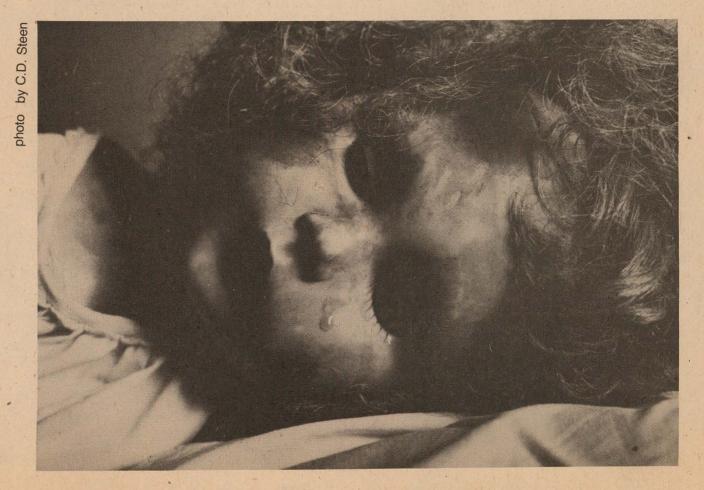
Three major criteria

"There are three major criteria for child abuse to take place. The first is the potential to abuse. How was the parent treated as a child? Was he/she abused? Most importantly, did they receive the love and nurturing they needed as a child? If they were abused as children, they probably had harsh demands and expectations placed on them and they were punished very rigidly if they didn't meet these standards. So, as

they grew up they developed a very low self-esteem. They can't trust other people. When they were children, the people they trusted beat or abused them, so they really find it very difficult to trust. It's hard for them to reach out for help," stated Capt. Lambert.

"What we try to do is reach the potential abusers before they abuse the first time. The whole movement in child abuse right now is prevention," added Capt. Lambert.

"We have a multidisciplainary team here, called the Child Protective Case Management Team. We have a chaplain, pediatrician, social worker, child psychiatrist, nurse clinician, Army health nurse, a representative from the MPs, and a social worker from ACS sit on the team. We meet once a week or in an emergency



case," stated Capt. Lambert. "Right now we average one child abuse case referral a week.

"Let's say a child is abused and brought to emergency. The pediatrician will check the child medically. A social worker will check the family's history to try to come up with the cause. We usually place the child in the hospital until we come up with a workable therapy program.

"Our first objective is to protect the child. Our second objective is to treat the family.

Potential abusers perceive children differently. They think the child should walk at six months and be toilet trained at a very early age. They have very inappropriate standards for children.

The next criteria for abuse is the child. The abused child is often a special child, retarded, illigitimate, precocious, or hyper-active. It's usually only one child in a family who's abused. This is the child the parent perceives differently.

The third criteria is a crisis. This could range anywhere from a broken iron to a check that bounced. There are two components that make up a crisis. First, the actual crisis, but secondly is the crisis of selfesteem. Something has happened to make the parent feel worthless, so they turn to the child, much as their parents had done, for support. When the child doesn't give that support, he is punished.

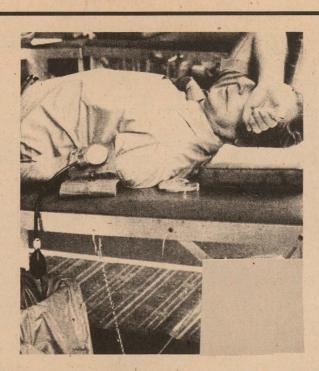
Treatment oriented

"The program here is a very treatment oriented program," stated Capt. Lambert. "Child abuse is one of the most treatable problems, depending on how early it's caught. The first time, child abuse is usually very minor. But, it progresses. Whatever area the crisis is in, we try to get counseling for them.

"In my experience, and I've been involved with this for 4½ years, I've dealt with over 200 child abuse cases. When we determined a child could be returned, there were only about three cases where there was a repeated incident. There are only eight or nine cases where I've recommended removal of the child. So, we've been really successful in treating and managing the cases," stated Capt. Lambert. "As long as you cooperate, we leave you alone. We don't bring the military down on you, or the law down on your head. We're really here to help and we're very successful at it."

If you're confronted with a crisis with your child, please contact LTC Larrie Wanburg or Capt. Glen Lambert at 561-4581. Your problems are confidential and will be handled with discretion. If you don't want to get in touch with a military organization, contact the Talk Line, 826-0800, in San Francisco. Sometimes it helps just to have someone who will listen.

Blood credit running out



Blood is a vital part of retaining life. By giving blood, you could be the contributing factor in the life or death struggle that goes on during a surgery.

The mobile unit from the Irwin Memorial Blood Bank will register and accept blood from volunteer donors on the Presidio, Tuesday, January 25, from 8 a.m. to 2 p.m., in the Recreation Center, Bldg. 135.

Everyone on the Presidio, civilian and military, are encouraged to register and donate. The donations are credited to the Letterman Army Medical Center, unless otherwise specified.

Letterman is currently 6,700 units of blood in debt to the Irwin Memorial Blood Bank. If this debt cannot be reduced substantially, the Blood Bank could require case payment at the rate of \$50 per unit.

The last blood drive conducted by the Presidio netter only 77 units. There are thousands of people working on post, plus a number of dependents who can participate in the program. The previous total of 77 represents a very poor showing, and a tragically low percentage of eligible donors.

So, on Tuesday, January 25, give the gift of life.

notes News

Silkscreen class

A silkscreen (printing on fabric) class will begin February 3, meeting every Thursday evening, 6:30 - 9:30 p.m., for six weeks. Ms. Boots George of Lone Mountain College and the San Francisco School of Fabric Art will be the instructor. This class is designed for the beginner and will cover block printing and emulsion silkscreen techniques utilizing various pigments and fabrics. The fee is \$7.50 per person, payable at the first session. Active duty military will be given priority. However, in case of space available, retired military and dependents are urged to sign-up also. For class registration, stop by the Crafts Shop, or call 4497.

Interservice photography contest

The Post Crafts Shop, Bldg. 122, is presently receiving entries for the Presidio level judging of the upcoming Interservice Photography Contest. All active duty military personnel are urged to enter. The contest closes April 8, and will be judged locally on April 9. Winners will receive cash awards and entries will be forwarded to FORSCOM, DA, and Interservice level judging. Competition will be held for black and white, color prints and color transparencies. Stop by the Crafts Shop or call 3445 for additional information.



Beginning photography

A beginning photography class will begin February 3, and will meet every Thursday, 6:30 - 9:30 p.m., for four weeks. The class is open to all active duty military, retired military and dependents. However, active duty military will be given priority. The class consists of basic techniques of film development, printing, camera and photography equipment usage and basic composition and design. For class reservation stop by the Crafts Shop, Bldg. 122, or call 4497. A \$5.00 fee will be charged and is payable at the first session. All you need bring is a camera (except instamatic) and one roll of black and white film.

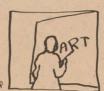
Ramblin

Woodworking class

A woodworking class for beginners will start February 4 and meet every Friday, 7 - 9:30 p.m., for four weeks. The class is open to all active duty military, retired military and dependents. However, active duty military will be given priority. For class reservation, stop by the Crafts Shop, Bldg. 122, or call 4497. This is a great opportunity for beginners to become familiar with basic woodworking techniques and machinery and is a prerequisite to intermediate woodworking and cabinet making classes.







Lapidary class

A beginners and intermediate lapidary class will begin February 1, every Tuesday evening, 6:30 - 9:30, for eight weeks. Mr. Hal Warriner, Indian Valley Junior College, will instruct in the cutting and polishing of semi-precious and precious stones. A fee of \$10.00 will be charged and is payable at the first session. Active duty military will be given priority. However, in case of space available, retired military and dependents are urged to sign-up also. For class registration, stop by the Crafts Shop, Bldg. 122, or call 4497.

A stained glass class for beginners will begin February 4, and meet every Friday evening from 6:30 until 9 p.m., for six weeks. A fee of \$7.50 will be charged for the class and is payable at the first session. Active duty military will be given priority. However, in case of space available, retired military and dependents are urged to sign-up also. For class registration, stop by the Crafts Shop, Bldg. 122, or call 4497.

Enlisted Wives Club

The Presidio Enlisted Wives Club held its installation of new officers Thursday, January 13, at the Log Cabin. Mrs. Lodge conducted the installation of new officers who are: Jo Leach, president; Marilyn Mann, first vice-president; Pat Williams, second vice president; Rosalee Seaton, secretary; and Trudy Brown, treasurer. All enlisted wives are cordially invited to attend the club meetings. For more information, contact Marilyn Mann at 387-6716 or Pat Williams at 561-2305.

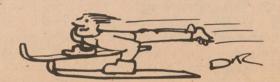
Rec Center happenings

Make your plans now to be at the Presidio Recreation Center on the 29th of January, because on that date they're going to have one of the hottest dance bands in the Bay Area. The name? It's "Sass"! You'll never have a chance to see them any cheaper. At \$1.00 per person admission and the reasonable prices charged at the bar, it's an absolute steal. The dance begins at 9 p.m. and goes 'till 1 a.m. Dance and listen to the top popular music for a wonderful

Speaking of "steals," how would you like to take a two day trip to Reno, going there on a Saturday morning and returning on Sunday night? You pay \$22.50 per person for the trip and double room and when you get off the bus at Reno you get a \$10.00 refund. If the idea turns you on, better drop by the Presidio Recreation Center and get on the list and soon, because the group going is restricted to 36 persons. For more information on either the dance or the trip, call ext 2000/5420 about the dance and ext 5480 for the Reno trip.

Briefhand class

A new Briefhand class will begin instruction at the Central YMCA, 220 Golden Gate Ave., on Tuesday, January 25, from 6-9:30 p.m. This all-alphabet shorthand class will be 10 weeks long and aim to reach 80-100 WPM by the course end. For further details call the Central Y at 885-0460.



Heavenly Valley ski trip

The Central YMCA, 220 Golden Gate Ave., is planning its third ski trip of the year, this one to Heavenly Valley on January 28-30. This low-cost trip provides food, transportation, and accommodations, plus discounts on ski equipment rentals in San Francisco. Try the easy atmosphere of the YMCA smallgroup ski trips. For more information call the Central Y at 885-0460.

Movies

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PRESIDIO THEATER Friday, January 21, Watch Out, We're Mad, (G), 7 p.m.

Saturday, January 22, Special Matinee: Captain Nemo and the Underwater City (G), 2 p.m. Saturday, January 22, Watch Out, We're Mad (G), 7 p.m. Sunday, January 23, Car Wash

(PG), 7 p.m. Monday, January 24, Car Wash (PG), 7 p.m. Tuesday, January 25, Lipstick

(R), 7 p.m. Wednesday, January 26, Hurry Up, Or I'll Be 30 (PG), 7 p.m. Thursday, January 27, Breaking Point (R), 7 p.m.

SCHWARTZ/LETTERMAN Friday, January 21, Hustle (R),

Monday, January 24, Taxi Driver (R), 7 p.m. Tuesday, January 25, Watch Out, We're Mad (G), 7 p.m. Wednesday, January 26, Car Wash (PG), 7 p.m.

Thursday, January 27, Lipstick (R), 7 p.m.



Is the ecology/energy conservation push working?

SFC Carol Chand:

aid Poplavell

"Americans are spoiled. We take everything for granted. We seem to react only in emergency—we're crisis oriented. When a crisis strikes, such as the fuel pinch a few years ago, we were quick to react and began conserving. But when the crisis ceases . . Other countries, such as ones in the Far East and Europe, know what it is to go without and live by it. We could take a hint.



SP4 Dennis Johnson:

"People still don't care about ecology from what I've observed. Some still make nature and the environment their personal trash receptacle and throw trash everywhere but in a trash can. Take a look around the city streets of San Francisco



SP5 Kenneth Bach:

'Government action con-

stantly pressures indus-

tries to prevent pollution of

different types, but the

general public seems to

continue its laissez faire at-

SP4 Delores Marzan: "I've lived in the United States only a year so I can't give a personal view. But my native country, the Philippines, is trying to be energy minded. The government is asking families to use only one car to conserve gasoline. Industries are asked to use manual labor as much as possible, rather than automation. This helps to further fuel saving and allows for more

Star Presidian

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Colonel Warren J. Lodge, Commander Major Michael J. Williams, Public Affairs Officer SFC Roland M. Taylor, Editor SP4 Rebecca S. Hall, Reporter



All-Army hoopster





Let it happen

"Focus on Feelings!" Place "How You Feel" under a microscope—understand and get in touch with those feelings—express those feelings.

That's what we'll be doing at a retreat for singles of the Presidio. Group experiences and exercises will be used to: a. Assist each person to look at him/herself. b. Look at how he/she is relating to other individuals. c. Look at how he/she is relating to the group.

The resource leaders for the weekend event are CH (CPT) Roland Q. Humphrey and Rev. Bob Gilbert.

The "Singles Retreat" is being sponsored by the Post Chapel on 28, 29 and January 30. The Friday evening through Sunday morning retreat will be held at the "Valley of the Moon" Retreat Center, Glen Ellen, California.

Lodging and meals are included in the cost of \$10,00 per person. Participants should bring their

linens/sleeping bag and toiletry items. To make reservations, call the Post Chapel, 561-4711 or 561-4719. Transportation will be provided. We will depart at 7 p.m. from the parking lot in front of the USAG Dining facility, Bldg. 101

Annual prayer breakfast

The Annual Presidio Prayer Breakfast will be held on Thursday, January 27, at the Officer's Club, in the Main Ballroom at 7:30 a.m. The program will consist of a guest speaker, Ray Stedman, and a featured soloist,

Mr. Stedman is currently the Pastor of Peninsula Bible Church, Palo Alto, Ca. At his church he emphasizes a strong laymen's training program, and is now developing an intern and pastors' training program called Discovery Center. Mr. Stedman is married to Elaine L. Smith Stedman and is the father of four

The featured soloist, John Fischer, is not just a composer, singer and recording artist, he is a communicator with a message. His message is the word of God as it comes alive in his own life and finds expression through his own music. Mr. Fischer has recorded five albums of religious music, much of which is original pieces, and he is presently working on a new musical on the Old Testament book of Ruth. He has also spent a considerable amount of time training other composer-singers like himself who desire to have a deeper Biblical content in their ministry.

Tickets are now on sale and cost \$2.00. For more information, or to buy tickets, contact your unit rep-

by C.D. Steen

At six foot, eight inches, one might think that SP4 Daniel Jackson, a member of the Presidio Photographic Facility, should be playing center on a pro basketball team instead of toting a camera. As a matter of fact, he once did. He romped courts around the U.S. with the Seattle Super Sonics, playing exhibition games!

Getting into the ball-bouncing habit came naturally enough for the Greenville Park, La., native. At the age of 15, and a freshman in high school, he was only an inch or so shorter than he is now. Daniel appeared like a walking Redwood compared to most of his school peers and was quickly noticed by a teacher-coach for the schools' basketball team.

'It was my height alone that attracted the teacher, because I didn't play basketball," grinned the slim Army Specialist. "In fact, I didn't know anything about

It didn't take long for the young Daniel Jackson to realize he could play the game and play it well. By the time he was a senior, he played center on the Greenville Park Hornets team and helped the high school hoopsters to the state championship. He bucketed 24 of the 60 points the Hornets tallied against challenging Booker T. Washington High School, whom they beat by one point for the title.

His prowess in the sport became nationally known in college circles and by the time Daniel graduated he was offered over 40 scholarships. He chose Gramblin College, a school not far from his hometown.

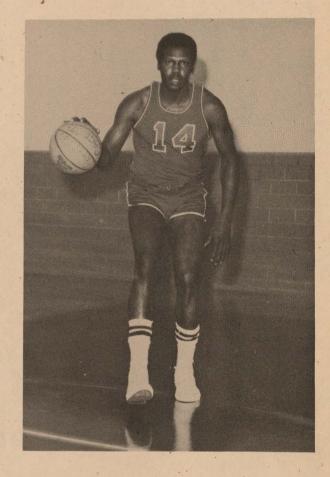
He continued to play during the summer after high school graduation on Southern Louisiana's all star team. Recognized for his hoop talents, during the summer competitions, Daniel didn't bench-warm during his freshman year in college, as many newbys usually, do. He was put in as a center and forward playing first string. But his time at Gramblin lasted only the year. He decided to attend Xavier College in New Orleans.

"I wanted a change," said Jackson. "Going to Xavier would give me a better shot at being recognized by pro scouts."

Daniel played the same two positions at Xavier as he did at Gramblin and continued to improve through his sophomore and junior years. At the completion of his junior year he was selected for the United States All-Star team, which dazzled the Chinese in Peking during the 1973 eight-game meet they had there against that country's best. Daniel, with his 20 points a game average, helped sweep the series.

When the U.S. All-Star team broke up at the conclusion of the tour, Daniel decided not to continue college, but shoot for a chance in the pros. He tried out for a spot on the Virginia Squires, an ABA team. Though he did well at 'rookie camp', only one person was selected — Swen Nada, who signed with the Squires. The rest, including Jackson, were cut.

'I felt pretty low after being cut, especially when I thought I never played better," said Jackson. "But I didn't count myself out of getting on a pro team roster. I contacted Bob Hopkins whom I befriended when he was the assistant coach for the U.S. All-Star team. (Hopkins is an assistant coach with the Super Sonics, and is the cousin of the team's head coach, Bill Russell.) He offered me a spot on the Super Sonics team to play in exhibition games. I think I broke all suitcase packing records!"



Jackson romped basketball courts around the country with the Super Sonics during the 1973 pre-season exhibition games. His hopes were high that he would remain with the team, but when the regular season was ready to begin, he was cut. The team could only keep 12 of 13 hopefuls that tried for a permanent spot. He was number 13.

"When I lost the second chance at the pros, I decided to hell with it," said Jackson somberly, remembering the sad announcement three years ago. "A few months later I decided to join the Army for two years. I was told by a recruiter I could try out for the All-Army Basketball team.'

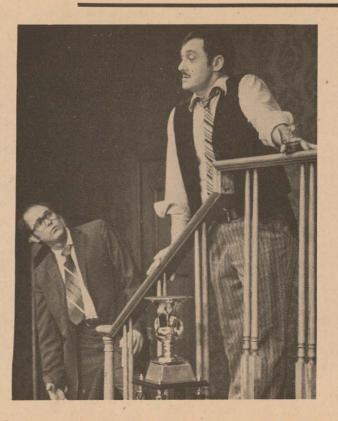
At the completion of basic training and advanced training in communication, he was assigned to Germany. He wasted no time after arrival in putting in the paper work for the Army basketball team. His talents were quickly noted. A few months later he was welcomed to the team.

Nearly two years have passed since he joined the service. He has played with the Army basketball team a year and has participated in tournaments such as the Twenty-Nine Palms Interservice meets and the CISM Armed Forces event in Greece.

Daniel Jackson was assigned to the Presidio in September, and is on-the-job training as a still photographer specialist. He hasn't trained with the All-Army team since then, but the 1977 tryouts are beginning at the post gymnasium.

The yearn to rejoin the team has overcome an earlier decision to leave the service. He has only a month left on this enlistment, but said he will reup.

"I didn't make the pro teams," summed up Jackson, "but the All-Army is everything I wanted to do on the courts. I'm going to be on this team as long as they want me.



That championship season

Bill Clyde (left) and Major Robert Brock are pictured in a scene from the Presidio Players production of "THAT CHAMPIONSHIP SEASON," now playing at the Presidio Playhouse. Remaining performances will be given on January 21, 22, 23 and 28, 29 and 30 at 8 p.m. on Fridays and Saturdays and at 7 p.m. on Sundays. This Pulitzer Prize-Winning play by Jason Miller is a powerful and penetrating study of four former teammates who meet for a reunion with their high school coach. It is recommended for mature audiences. The language and subject matter are adult. Tickets are \$2.00 and the Box Office at the Playhouse is open from 1-5 p.m., except Sundays, and 30 minutes before the performances.

The secret eye

A gathering of people and events under the watchful SP typewriter

By Eve S. Dropper

All right! This week has been a definite improvement over last week. In fact, this week I'd even go so far as to say I'm a terribly happy person. Isn't it nice when you get to work on something that really interests you? And the weather is nice, even though a bit cold? And you're in love? And loved? Yeh, that's what makes life beautiful. Those little things are the most important part of existing . . . in MY opinion.

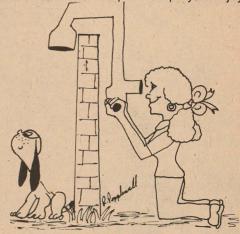
Sure, it's cold getting up in the a.m., but think of the poor guys over at D. Co., 864th Engineers. Their heat, in Bldg. 1208, has been out since January 3, 1977. Now, it's been pretty doggone cold here lately. Somebody really ought to get on the stick and turn in a work order or something. And it oughta be done before everybody goes in for sick call with pneumonia. . this is one time I can definitely say I'm GLAD I don't work there . . . PFC Joe Landblad got out of the cold, he ETSed. But, SFC Lewis Terry, from Korea, and Pvt. Vester Thomas, from Ft. Belvoir, just got into it!!! Hope you guys like it!!!

The BPO lost SP5 Michelle Haney. She's ETSed ... but they got in SP4 Michael Vandervlodt, from Korea. Hear they beat the 504th MPs Tuesday in a basketball game. Also heard they had some support from Col. Baker and the Post Sergeant Major. Can't beat that for dedication. It's really good when the 'higher ups' take an active interest in their troops. Makes a soldier feel it's almost worth it . . . Glad ya'll made the effort.

Western Region Recruiting says they're making a 'futile' attempt to come back (basketball wise) after five losses. Now, they did win three in a row, so they can't have all the glory all the time, but three out of eight . . . cut 'em some slack!

The 402nd has gained some new personnel. Pvt. David Doty and Pvt. Allen Rombro came from AIT at Ft. McClellan. Sgt. Steven Ryan and PFC Glen Miller joined us from Korea and SP4 Adolph Symitczek came over from the 163rd. Leaving the 402nd are SP4 Joseph Poluhovich, ETSing; SP4 Ervin Ford, to LAMC, SP4 John Rodriguez to Germany, SSgt. Clifton Cooley, to District Recruiting Command, Albany, N.Y. SSgt. Daniel Safholm joined the District Recruiting Command in Peoria, Ill. SP4 Joseph Knoll and Lt. Gary Chick both joined HHD 504th MPs. Enjoy, peoples.

The 170th MPs lost SP4 Robert Camacho. Well, to be perfectly honest, they didn't LOSE him. He knows exactly where he is. And he's ETSed . . . With Camacho goes SP4 Raymond McElroy. Back to the civilian world where sodas are 35 cents a can and cigarettes are 65 cents a pack. Hope you enjoy . . .



Another week, At least this one's been great. Hope it has for you, too. So, as always, take 'n take 'n keep on whatevering. I am.

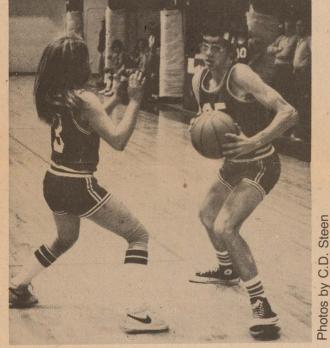
W

17

35

S-P-O-R-T-S

Boy! Can that girl play ball



Neal Bartlett finds himself under a lot of defensive pressure from Carol's quick movements.

Carol Burdick plays basketball with the Purple Machine, one of four basketball teams in the DYA major league. But she's no prima dona when it comes to court action. Playing guard, opponents have found.

number three as one tough gal to get around and many times the basketball they were dribbling towards the net was suddenly going the other way under the

Youth Basketball standings

League standings for the Minor and Major Leagues of the Youth Basketball Program for the period ending January 17, 1977:

January 17, 197	141	
MINORS	W	L
Warriors	7	1
Trojans	4	5
Dynamites	4.	5
Bullets	2	6
MAJORS	W	L
MAJORS Purple Machine	W 9	0
		L 0 5
Purple Machine Royals Blue Royals	9	L 0 5 6
Purple Machine Royals	9 4	

All-Army basketball

The All-Army basketball trials are currently under way at the Post Gym No. 63. The Army team is the defending Interservice champion. Their first game is Sunday, January 23, at 10:30 a.m. at the Post Gym No. 63. At 1:30 a.m. the Post Female Basketball team has a game also. U.C. Medical Center will bring a men's & women's team to oppose the above teams.



Long hair flies during fast-action play.

hand of the blonde-haired 13-year-old. Begin a starter for the first place Purple Machine (they're nine and 10) was no fluke. She proved her prowess with a basketball in the minor league last year and walked away with the Most Valuable Player award. As this photographer watched Carol help beat the Royals, 40-33 Monday night, it looks like she might do it again.

Intramural Basketball standings

(As of Jan. 18, 1977)

PRESIDIO LEAGUE	W	L
USAG	11	1
LAIR	8	4
LAMC No 1	7	4
AFPD	6	5
402nd MP Co.	4	7
170th MP Co.	3	7
LAMC No 2	0	11
FT. SCOTT LEAGUE	W	L
6th ARMY	7	2
16th BPO	6	2
666th Radar Sqdn.	7	3
WRRC	4	5
504th MP Bn	3	5
864th Engr.	0	10

PLAYOFFS

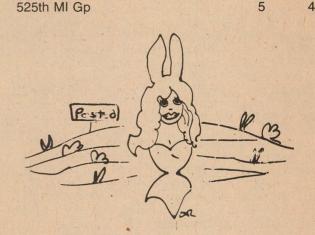
Top two eligible teams from each league will engage in a double elimination tournament starting January 24, 1977 at the Post Gym No. 63.

Notes from the kegboard

Presidio league

TEAM

170th MP Co 864th Engrs. Spt. Elm. No 1 LAIR USACC 51st Engrs.	45½ 38½ 38 35½ 30 30	10½ 17½ 18 20½ 26 26
LAMC No 1	17	39
USAG No 1	51/2	501/2
Golden Gate league		
TEAM LAMC No 2 USAG No 2 525th MI Gp USAG No 3 AFPD 16 BPO Ft.Scott league	W 43 41 36 34 28 19	L 13 15 20 22 28 37
TEAM	w	L
Spt. Elm No 2	36	16
LAMC No 3	33	11
SFFO CID	33	11
170th MP Co	321/2	191/2
ISASA	30	18
6th Reg. CID	281/2	191/2
16th BPO	24	28



Bunny hunt

492nd MP Co

A two-day rabbit hunt will be permitted on the Grizzly Island Wildlife Area, ten miles southeast of Fairfield, Saturday and Sunday, January 29 and 30.

No reservations or fees are required for the hunt, which will be conducted on a first-come, first-served basis. All hunters must be issued a permit at the checking station before hunting on the area. No more than 225 hunters will be permitted on the area at one time.

Each hunter under 16 years of age must be accompanied by an adult 18 years of age or older. No adult may sign for more than two junior hunters.

The bag limit for cottontail rabbits is five per day, five in possession; there is no bag limit on jack rabbits.

All hunters must have a valid California 1976-77 hunting license.

Sports Bulletin

Participants are still needed for the post wrestling and boxing program scheduled to get underway Feb. 1. Interested persons should call Charlie Tubbs at 2070 now.

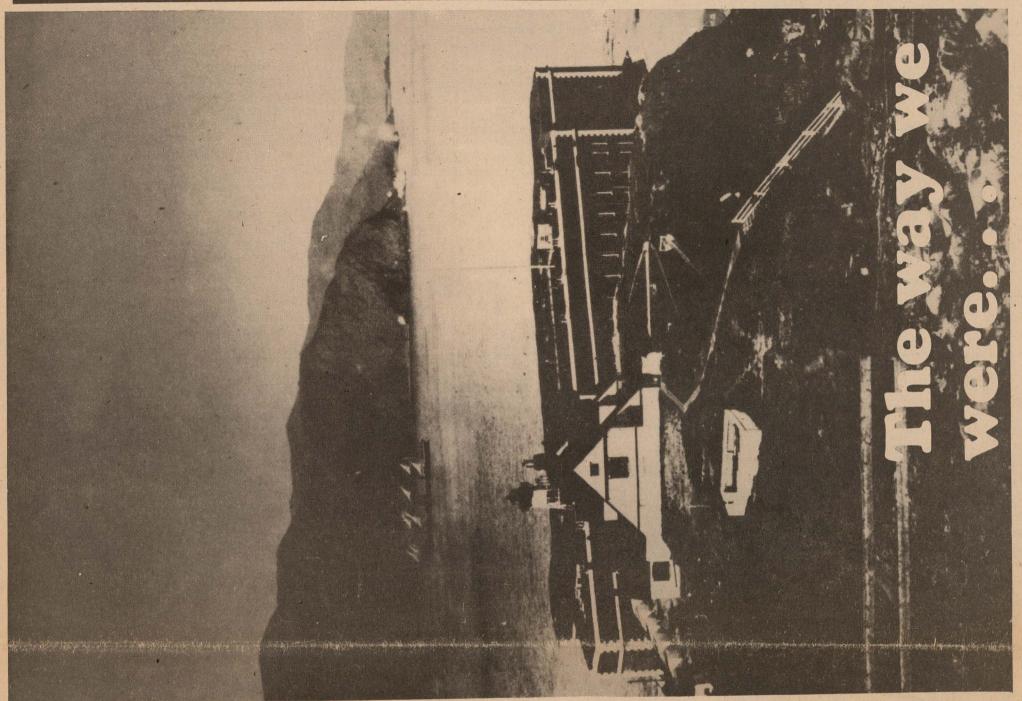
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Star Presidian

Volume 20, No. 4

Presidio of San Francisco

Friday, January 28, 1977





News motes

Presidio Women's club

The Presidio Women's Club luncheon will be held on February 3, 1977, at the Presidio Officer's Club. The program will feature an interesting and enlightening discussion by Dr. Alfred Franger, Obstetrician and Gynecologist, and Mrs. Linda Crouse, Clinical Social Worker, both of LAMC, on the subject "Human Sexuality-Old Myths and New Ideas." The Social Hour will begin at 11 a.m. with lunch being served at 11:45 a.m. Hostesses for the luncheon will be the ladies from Readiness Region IX and 6th Region USACIDC. Reservations should be made by Monday, January 31. Please call Nancy Fruin at 561-2613 or Martha Moore at 561-2855 or in Marin, Dee Robinson at 461-4732.

Letterman's Women's club

One of the most distinguishing characteristics of San Francisco and one that does much to create this city's charm is its architecture. In fact, touring the streets of San Francisco just to admire the beautiful homes soon becomes a favorite pastime of many. This is the subject of the February luncheon.

Architectural historian Sally Woodbridge is the February speaker. She has been co-author of two guide books, one being "Guide to the Architecture of San Francisco and Northern California." Even more recently she was editor and co-author of a beautiful book, "Bay Area Houses." This book was the basis of a show that will run at the de Young Museum through January 30.

On February 10, Sally will guide atour to some of the more interesting buildings of San Francisco. Come and join us this month. The sherry hour begins at 11 a.m. and lunch will be served at 11:45 a.m. at the Presidio Officers Club.

Reservations should be made by noon Tuesday, February 8. (Marin, Beverly Chojnacki, 453-6737; San Francisco, Beverly Carpenter, 561-2614 or Talitha Putnam, 561-2468.)

Women Marines luncheon

Women Marines are invited to attend their 34th Anniversary Luncheon at the Marine's Memorial Club in San Francisco on Saturday, February 12, commencing

Reservations may be made by contacting Frances M. Keppel, 1341 Daisy Lane, Livermore, CA 94550. Women Marines Association members welcome women guests to the annual celebration sponsored by the San Francisco chapter.



Job counseling

Robert Paterson, San Francisco union official, will be available for free job counseling at San Francisco USO, four evenings a week, 4 - 7 p.m., for the next two

Assisting on a volunteer basis, he will be compiling a booklet with all types of job information, from applying for a union, office or Civil Service job to what to wear and say at a job interview. His information will be especially geared to those who will be getting out of the service shortly and entering the civilian job market. He will also have information on part-time jobs in the community. For further information and an appointment with Mr. Paterson, call San Francisco USO, 621-0630. San Francisco USO Center is located at 1019 Market Street, between Sixth and Seventh Streets.

The secret eye

A gathering of people and events under the watchful SP typewriter

By Eve S. Dropper

The sunrises this week have been absolutely heavenly!!! Getting up, pulling the drapes open, at 6:30 a.m., then sipping tea while the sky turns gorgeous shades of pink, red, blue and orange. It even made it worthwhile getting up so early!!!

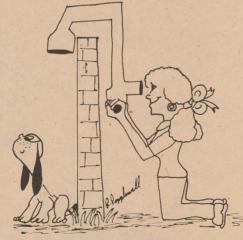
Seems the blood drive this time had a much better participation than the last one. If you read the article last week on the blood drive, you'll remember that the last turn-out was only 77. This time there were 160 people registered and 144 units of blood accepted. Pretty good, people!!! It's nice to learn you care.

The Band had a woodwind quintet and the Hell Cats playing for the Prayer Breakfast yesterday. It sort of struck me as odd that the 'Hell Cats' would play at a prayer breakfast . . . CW3 Robert Farber, CO of the Band, returned. He was presented the Legion of Merit by LTG Edward Flanagan, Sixth Army Commander. Congrats, Mr. Farber!!! Hope you enjoy civilian life. Going to keep working with music??? I'm sure you will. Seems like it sort of gets in your bones . . . The new CO will take over the beginning of February, so I'll let you know who she/he is later.

My apologies!!! D. Co. 864th Engineers has heat now. The reason they didn't have it before was because new boilers were being installed. I made the unpardonable error of listening to the complaints without asking why there was no heat. Believe me, I found out the why in a hurry! My apologies again, people. SP4 Douglas Gooding joined the engineers from Patterson AFB, in Ohio. I don't think I'd really like being Army on an Air Force installation. I just like it here too much I guess. Pvt. Jorge Acevedo left the 864th for Ft. Stewart going with Acevedo is PFC Jeffrey Klingenstein. At least you'll already know somebody. Hope you guys are friends . . . And SSgt. Melvin Perrerra is off to Germany. Enjoy

The 16th BPO beat out 6th Army Tuesday in their basketball game. But . . . they lost to USAG the night before! Can't win 'em all, guys! But, keep trying. SP5 Arnold Jones is off to NCO Academy. Good news for promotion... SSgt. Arturo Aguilar has reenlisted for six years. That's sounds like such a terribly long time!!! The BPO will be visited by the new Sergeant Major Heath. He'll be receiving an in-briefing about what all the BPO does. Should be an interesting briefing . . . Lt. Col. Baker is considered outstanding among his troops. Seems he shows for all their basketball games, on his own time. I hear tell it's really helping to keep his troops morale up. In fact, the term applied to him was "he's one heck of a CO." Sir, to spend your time helping keep your troops morale up deserves several brownie points.

The 402nd got in some new people, too. Pvt. William Silcock came from AIT at Ft. McClellan and SP4 Frederick Reed just returned from Korea. This is his second tour with the 402nd. Nice you have you fellows aboard. SP4 Dawn Johnston's been transferred to Ft. Ord and the First Sergeant Davie Heath has gone to headquarters command here. The new 1st Sergeant is SFC Daniel McGinley. Hope you all enjoy your new duties and stations. Honest.



Time for another week to draw to a close. But, the last part is always the best. Friday and Saturday and Sunday. Course, some people say Sunday starts-the new week, but I still think of Monday as being the beginning. That way, Sunday's are still really nice!!! Take 'n take 'n keep on whatevering. I will.

ROTC scholarships

Between January 15 and April 15, Army ROTC will accept applications for two-year college scholarships. The scholarships will pay full tuition costs, books and educational fees, \$100 a month for up to 20 months, and will pay for the Advanced Camp, normally attended between the junior and senior years of college. The value of the average award is about \$5,800.

You may use the scholarship at any of the more than 250 four-year institutions currently hosting Army ROTC. Or, you may attend one of the non-host colleges which have a cross-enrollment agreement with Army ROTC at a nearby host school.

Competition in this program is limited to enlisted men and women on active duty in the U.S. Army.

Applicants must qualify in the following areas: you must have served at least one year on active duty; be under 25 years of age on June 30 of the year you are eligible for commissioning; have received credit for at least two but not more than two and one-half years of college; have been accepted by a college for next fall's enrollment; possess a GT score of 115 or higher and

When you are awarded a scholarship, you will be given an early discharge so you can arrive on campus in sufficient time to enroll for the fall semester.

You will be required to enlist in the U.S. Army Reserve prior to enrollment in the Army ROTC Advanced

For more information concerning the ROTC scholarships, contact Major Joseph D'Angelo at 561-6284, or 666-6405.



Movies

PRESIDIO THEATER Friday, January 28, Breaking Point (R), 7

Saturday, January 29. Special Matinee: Jack Breaking Point (R), 7 and the Beanstalk (G), 2

Saturday, January 29, Part Two Sounder (G), 7

Sunday, January 30, Burnt Offerings (PG), 7 7 p.m.

Burnt Offerings (PG), 7 p.m.

Tuesday, February 1, Vigilante Force (PG), 7 Wednesday, February

2, Dirty Hands (R), 7 p.m. Thursday, February 3,

Sky Riders (PG), 7 p.m.

Part Two Sounder (G), 7

(PG), 7 p.m.

Wednesday, February 2, Burnt Offerings (PG), Thursday, February 3,

SCHWARTZ/LETTERMAN

Friday, January 28, Hurry Up, or I'll Be 30

Monday, January 31,

Tuesday, February 1,

Monday, January 31, Vigilante Force (PG), 7



Star Presidian

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Colonel Warren J. Lodge, Commander Major Michael J. Williams, Public Affairs Officer SFC Roland M. Taylor, Editor SP4 Rebecca S. Hall, Reporter

Cannon finds way home

Nearly 25 years ago, when John H. Laster came to work at the Presidio of San Francisco, one of his first jobs with the maintenance division was to assist with the removal of the huge 6-inch guns such as those mounted at Battery Chamberlain along Baker Beach on the Presidio's Western boundary.

One of his main projects at the moment involves the restoration of one of those same type guns which will again be mounted at Battery Chamberlain.

While the guns being removed 25 years ago had served their nation by protecting the Golden Gate and San Francisco Bay, the historical piece being returned to Battery Chamberlain will be under the guardianship of the National Park Service and give visitors to Baker Beach another look into the past.

Laster, an Oakland resident, considers today's workload at the Presidio Maintenance Facility rather dull by comparison to the days of yesteryear when he had his hands full with tanks, 75-millimeter anti-aircraft guns and missiles. The opportunity to work on one of the pieces identical to the guns he had helped remove upon his arrival at the Presidio, proved a welcome change of pace. According to Laster, "the gun was in pretty bad shape when we received it."

The famous old six-incher had been obtained from the Smithsonian Institute in the Nation's capitol by the Golden Gate National Recreation Area (GGNRA) who, in turn, obtained the services of the Presidio Maintenance Division and John Laster in refurbishing the weapon so that it could be remounted and viewed by the public.

"When the gun arrived," says Laster, "it was covered with anywhere from one-half to an inch of rust." Sandblasting took care of the rust and a primer coat was added before the piece was transported to its new home at Baker Beach. When the installation at Battery Chamberlain is completed, a final coat of paint will be added to restore the gun to its original color.

Laster added that the entire assembly weighs approximately 140,000 pounds, including the 20,000 pound barrel and the 30,000 pounds of balast weight used to raise the piece.

Laster's federal service began during World War II when he entered the Army. Following training, he served as training cadre in the United States before duty in the Pacific Theater where his tour of duty took him to Honolulu, Guam, the Marshall Islands, and Okinawa.

Following his discharge, he re-entered federal ser-



Pieces of the six inch disappearing gun lie in the emplacement at Battery Chamberlain awaiting final assembly.

vice as a civilian employee, serving as a mechanic on both wheeled and tracked vehicles.

Other historic pieces at the Presidio have also undergone the Laster touch before being mounted. The cannon located near the Post Flag Pole along with the tank alongside the parade field are two of the most noticeable items on display at the Presidio which he has played a major part in preparing.

He looks back upon the changing face of the military and the machines of war. "During the 50's, most of our work was on the tanks used by the reservists around here. Then in the 60's the missiles came."

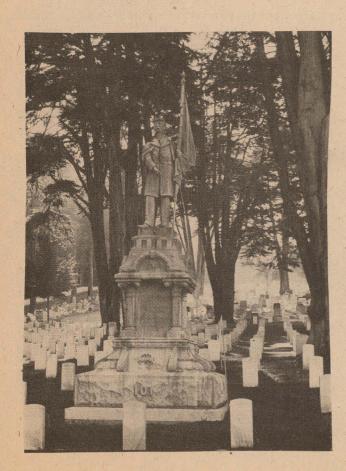
According to Laster, "the GI's weren't allowed to move the missile vans when they arrived." The vans contained the radar and tracking systems along with

the firing systems for the missiles themselves. "One other fellow and myself positioned all of them on the hills around here. After the soldiers were trained on the equipment, then the vans were moved.."

The old "skycraper" 75-millimeter anti-aircraft guns formerly located at Castle and Travis Air Force Bases received all of their major repair work from Laster and the crew at the Presidio Maintenance Shop. "Some of the guns would be brought in here if it was really a big job. If we could fix them on the site, then we went out there and did it," he added.

Now with a total of 28-years service, including his active duty military time, Laster was asked if he was thinking about retirement yet. "Just thinking about it—that's all," he concluded with a grin.

A quiet walk - silent thoughts



Sunshine drips through the low hanging branches, speckling the bright green grass with shades of yellow. Birds keep their humming in tune, as the crickets help harmonize. There are no loud noises to break the spell. No hurrying. Only the peaceful quiet of the dead.

As I walk through the rows of tombstones, reading the names: Bell, Phillips, Madison and hundreds of others, I can't help but wonder: what were their lives? How did they die? Why are they here?

Some of these questions can be answered: of all the men interred in the San Francisco National Cemetery, 11 were Medal of Honor winners. Some from the Civil War, some from Indian Wars, and still others who fought in the Spanish-American War. The names date up to the Korean conflict.

There is one soldier interred here ... Sergeant William Wilson who was the recipient of two Medals of Honor during the Indian Wars.

An unusual name here is Two Bits, an Indian Scout for the Army.

Several monuments dot the hills. The Unknown Soldier's Monument is dedicated to all the unknown soldiers buried here. The American War Mothers' Monument was dedicated by the San Francisco Chapter in February, 1934. The G.A.R. Memorial was erected in 1892 and dedicated to the Civil War dead in May 1893. The Army-Navy Memorial was dedicated by the Pacific Coast Garrison on Memorial Day, 1897.

Pauline Cushman Fryer. Actress and Union spy. She was given the rank of Major for her contributions to the war effort, and now rests on the Preside

The cemetery here was established in 1884, and now consists of 28 acres of land. This was the first national cemetery on the Pacific coast and is the final resting place of people from the post cemetery and other forts in the west. The dates on these markers go back to the 1850's.

"The cemetery inters all military dependents, wives and children under age, and will also bury all handicapped dependents regardless of age," explained Robert L. Whitfield, director of the cemetery.

"The cemetery was officially closed for a number of years with a number of graves held in reserve for war casualties. These have been recently released for burial purposes since we are no longer involved in a conflict," added Mr. Whitfield.

"Until 1962 the cemetery policy was to permit the veteran, if he had a surviving mate, to reserve the adjoining grave. This policy was changed to the one-grave concept, where one is buried deep enough to bury the other one in the same grave later," explained Mr. Whitfield.

"The cemetery hours are from 8a.m. until 5p.m. officially. But I don't enforce the closing of the gates until dark for those who work to be able to visit the graves," Mr. Whitfield added.

The way we were..

Ever wonder what Bay area landscapes looked like thirty, forty, or a hundred years ago? Many of the Army forts (most now under the control of the Golden Gate National Recreational Area, GGNRA) looked quite different years ago than they do now.

Star Presidian photo-journalist C.D. Steen got together with Presidio Army Museum curators John Langillier and Eric Saul, and sorted through the museum's vast historical photographic library for pictures taken long ago from the Presidio and vicinity. With the decades-old pictures in hand, Steen went out and reshot the landscapes and items of interest as they appear now. You might find that the way we were, and the way we are now, looks quite a bit different.

The photo cutlines (below) contain brief historical information.

(Front page) Ft. Point, completed in 1861, as it appeared about 1900. The fortification, the only one of its type built of bricks on the West Coast, was used as a coastal defense for San Francisco from the time of its completion, then periodically until 1890. The engineers who built it, and the soldiers who manned it, probably never dreamed it would be one of the most visited landmarks in the United States today.



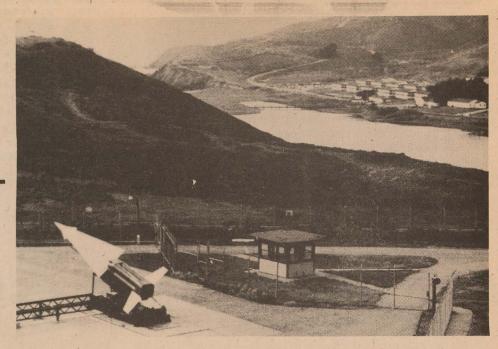
The vast parade ground at Ft. Barry is where 1910 soldiers marched around in the strict disciplined style of the day. The emptiness of foliage 67 years ago is now filled with trees and many of the houses easily seen in the



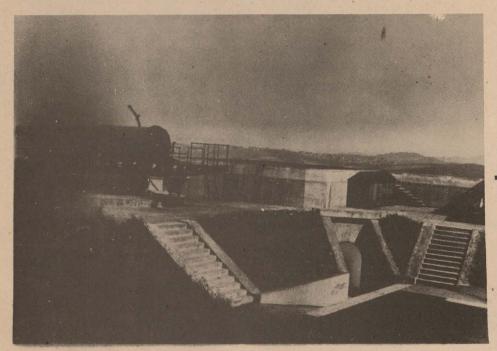
old photograph are now partially hidden. The field remains barren. Pocket change lost by the blue-uniformed men back then is sought by a weekender with a metal detector (illegally, we've been informed).



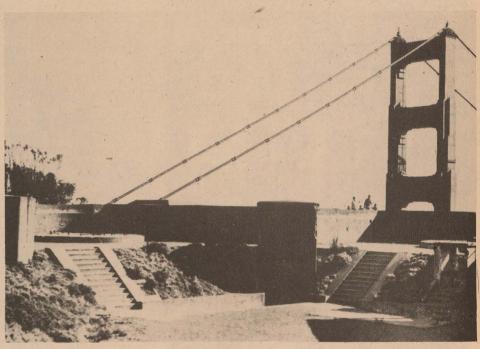
With Russian bomber threats running amuck in the '50's, Nike Missile sites were placed at Forts Barry and Cronkhite (the one shown is at Barry). With these missiles now obsolete, the site has been all but abandoned. A



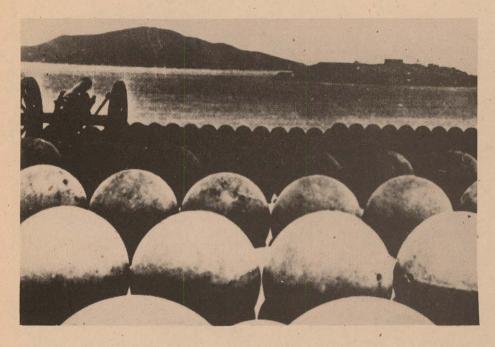
solitary missile rests on its launcher in sad refrain for hikers and roadsters to view today.

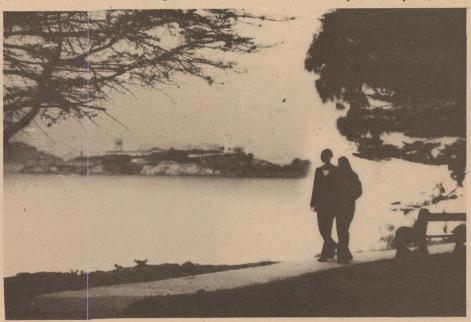


The main change between the turn-of-the-century photo and the one shot in 1977, is that the 12-inch barbette-mounted gun (there were three altogether) has been removed from the Golden Gate battery site Spencer,



(located at the Marin Headlands tip) and one Golden Gate Bridge added. Tourists weren't too common way back then either.





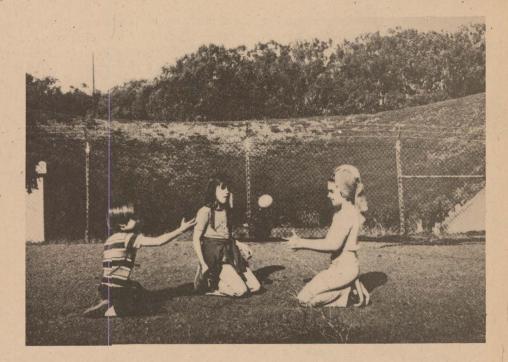
Once barren of everything except 400-pound cannon balls, and the cannons that shot them, Black point (Ft. Mason) is now a tree-enshrouded lane, adding a pleasant atmosphere for strollers. The views are of Alcatraz. The historic photo was taken in the 1860's.





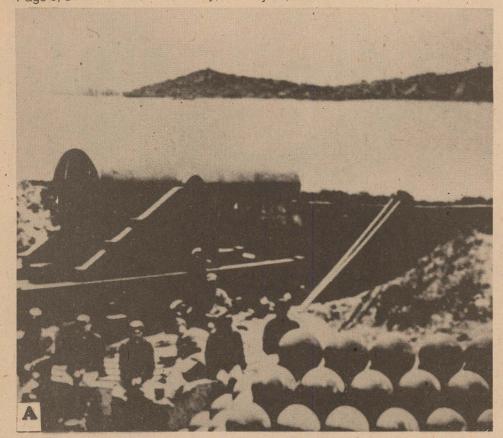
Many Presidio wooden buildings have felt the heavy blow of a crane's wrecking ball, but not the Fire Station. As depicted in this 1929 photo, it has weathered the passing of the years well. The only thing that hasn't changed at all, except for a few inches growth, is the weird-looking tree out front. In the old photo, the view was clear to the Bay. Not anymore! Now, trees, buildings, and other indications of progress are seen. The old firetruck was 'decommissioned' only a few years ago.





Nineteen thirties soldiers block their ears to shut out the thunderous boom of 12-inch mortars which were once located at Battery McKinnon-Stotsenberg on Ft. Scott. Today, the protecting half-circle mound is mostly what's left. Children now play in quiet serenity where ammo-carrying "mules" once brought in fresh shells. A housing area runs abreast of these sites now.

.. The way we are







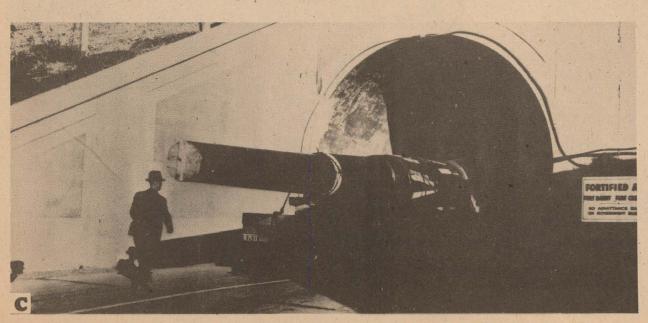


continued from page 5

A 15-inch Rodman cannon, and the artillery soldiers who fired it, guard the waterways from Ft. Alcatraz, many years before the spot of land in San Francisco Bay was known unaffectionately as "Devil's Island" by the inmates who served time there when it was a prison. The barren-appearing strip of land in the background, when this shot was taken are Nob and Telegraph Hills, San Francisco. Over a hundred years later, Scott Pace, a national park service ranger looks over the same spot. It's an understatement to say things have changed! The rubble is from demolished buildings, once used as dependents quarters during the island's prison days.

A giant 16-inch gun, mounted at Battery Townsley in the Marin Headlands (Ft. Cronkhite), fires a 2,240 pound shell at a target 34 miles away during a pre-World War II period practice mission. Half-hidden gun emplacements (such as this one), dotted the coastline of the Marin County hills during the late 1930's. Hill 129, which offers sight-seeing visitors a magnificent view of the Bay area, was once the scheduled spot for the placement of another 16-inch gun. Though the tunneled concrete-enforced gun position was made, the installation of the gun never came to pass. Today, park benches afront the huge cavern-like gun site so strollers may watch the sunset.

C A 12-inch artillery piece is moved to Battery Wallace through the tunnel which connects Forts Baker and Cronkhite to Ft. Barry, during the 1940's. when the gun was laboriously transported, traffic would back up. Now, a traffic light bogs drivers as Sunday afternoon visitors to the different park service-controlled Forts wait the six minutes for the light to change to green.





Aloha,

"Peter's

Place"

Whether you're planning a trip to Hawaii or Reno, Peter Shallish and the Information Tour and Travel branch of the Recreation Center should be your first

ITT, as it's more commonly known, provides services that range from discount cards for some 20 amusement centers in California, to assisting the traveller with his flight plans and hotel reservations at the Army's resort Hale Koa Hotel in Hawaii.

Discount cards are available for Disneyland, Knott's Berry Farm, Universal Studios, Busch Gardents, Magic Mountain and Lion Country Safari.

Also included are Marineland, the Queen Mary, Movieland Wax Museum, San Diego Zoo, Sea World, San Diego Harbor Tour, Great America and Marine World/Africa U.S.A.

Rounding out the amusement centers are Frontier Village/Winchester House, Beachcombers Club, Santa's Village, Red & White Cruise, Gold Coast Cruise, Ripley's Witchcraft Museum and San Francisco Experience as well as Jamestown Railroad.

And for the sports fan, "Peter's Place" has plenty to offer the serviceperson also. The current big drawing card is tickets to select Warrior Basketball games.

The Recreation Center has purchased tickets for a number of basketball games this season and they will all go to active duty personnel assigned to Presidio units only - not tenant units.

On the schedule is the Denvergame, Feb. 10; Mar. 3, Philadelphia; Mar. 17, Portland; Apr. 5, Los Angeles and Apr. 7, the New York Mets.

Tickets will also be made available for baseball

and football games next year.

According to Shallish, the drawing will be held ten days prior to each game and all entries must be in prior to that.

For the person who likes that cold, soft white stuff, Shallish says the Recreation Center is planning at least one ski trip this winter. He also has information on every ski area in the state.



Deep sea fishing trips are also on the drawing board as Shallish works in conjunction with outdoor recreation tranch and the recreation section at Treasure Island.

Several arlines, along with AMTRAK, offer substantial discounts as well as a number of package plans to the nilitary traveler and vacationer. A stop at ITT prior to aking your next trip may save you considerable money on your transportation arrange-

Special events held in the Bay Area often provide

discounts to servicemen and federal employees. A quick telephone call to ITT can provide you with the information as to whether the one you are planning to attend has made discounts available.

General information is also available on restaurants and hotel reservations and which may provide reduced rates to servicemen and federal employees.

Shallish adds that if there are 20-25 people planning to go anywhere at the same time, they should check with him first. He can probably arrange for a savings somewhere along the line.

Before that next trip, stop by "Peter's Place" first. Your billfold will be glad you did.

Museum ceremony

opens new exhibits

The Presidio Army Museum will open its second floor to the public with a special dedication ceremony scheduled for 11 a.m., Saturday, January 29.

The addition of the second floor displays serves to double the size of the Museum's public viewing areas and will, at long last, complete the 100-year-story of this historic installation by the Golden Gate.

Adding to the color of the occasion will be Company B, 8th U.S. Memorial Infantry from Sacramento lending an air of the late Nineteenth Century Military. In addition to performing at the 11 a.m. ceremony, the unit will also perform at 1 and 3 p.m. Throughout the day, they will be on hand in a re-creation of an 1880's Infantry Encampment on the Presidio Army Museum's front lawn.

It was 120 years ago that the Station Army Hospital opened its doors as a Medical Facility, thereby becoming the first permanent building completed by the United States Army at the Presidio. Over the next dozen decades, the stately structure underwent numerous architectural changes. No doubt the most dramatic of these remodelings took place during the past few months with the expansion of the Presidio Army Museum's new display galleries.

Numerous exhibits detailing the Bay Area's military past from World War I to the 1970's have been completed on the Museum's top floor. A fine First War poster collection, displays on the role of women in both World Wars, artifacts related to the "Homefront" in the 1940's, and a permanent memorial to General Joseph W. Stilwell are but a few of the topics treated in the expanded galleries.

The museum is open to the public, Tuesday through Sunday from 10 a.m. until 4 p.m. and admission is free. Groups desiring to tour the museum should make advance reservation by calling 561-4115.



A portion of the Presidio Army Museum's new 20th Century Galleries features the role of Women in the First World War. An extensive poster collection also figures prominantly in this area of the exhibits. (U.S.



A jubilant spectator lets her team know she's behind them 100 per cent. Her child appears not to be impressed. Many voicerous fans filled the bleachers in the post gymnasium, Tuesday night, as the 16th BPO basketball team tangled with the 6th Army cagers.

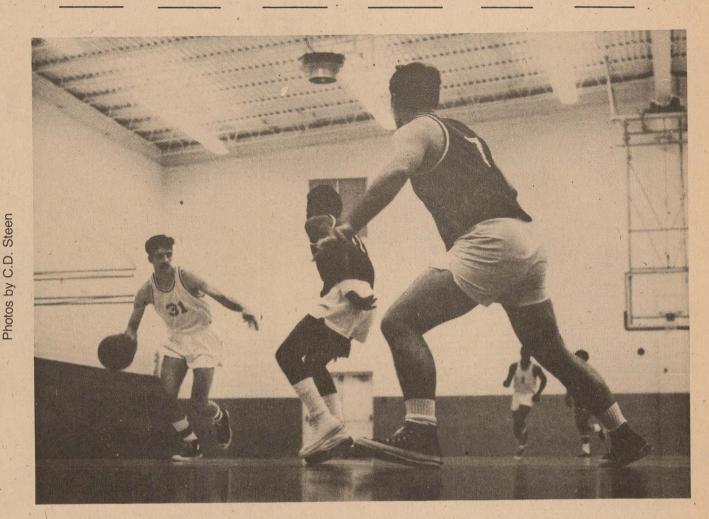
Youth basketball standings

League standings for the Minor and Major Leagues of the Youth Basketball Program for the period ending

January 24, 1977:		(
MINORS	W	L
Warriors	9	1
Trojans	5.	6
Dynamites	5	. 5
Bullets	2	9
MAJORS		
Purple Machine	10	1
Royals	5	6
Blue Royals	-5	6
Team No 4	2	9

Minor League games scheduled at the Post Gym 5 p.m., February 4 and 5 have been rescheduled and will be played at Letterman Gym, February 2 and 3, respectively, at the same time..

S-P-O-R-T-S



Stan Perry, of 16th BPO, heads for the basket as two 6th Army members rush to the defense. The Tuesday game saw a tight battle between the two top teams in the Ft. Scott league, until the second half. Then 16th BPO pulled away for a 67-53 win. The win tied 6th Army for the top. Each has a 7-3 record and both will have paired off with the two top Presidio League leaders, USAG (11-1) and LAMC #1 (8-4), in the playoffs.

Cross-country ski trip

The Central YMCA is going on a Cross-Country ski trip to Lake Tahoe over the february 4 - 6 weekend. This low-cost trip provides food, transportation, and accommodations, in addition to discounts on ski equipment rentals in S.F. Enjoy the quiet grandeur of the Tahoe/Meyers area by day and the excitement of the casinos by night with a small group led by the Y. For more information call the Central Y at 885-0460.

Rec Center happenings

The Recreation Center has a big weekend coming up which you should take advantage of—the trip to Reno is leaving the Recreation Center on Saturday morning at 8 a.m. The cost is \$22.50 per person for a double. On arrival in Reno, each person will be given a \$10.00 refund. The return departure will be on Sunday, January 30 at 3 p.m. The trip is open to all post personnel, military and civilian. Call the ITT office, Ext 5480 and inquire about this super bargain.

On Saturday, January 30, at 9 p.m., the Rec Center is presenting the outstanding rock group "Sass" for your listening and dancing pleasure. The group recently appeared at the Palace with the Brass Construction performance. Adjission is \$1.00.

Intramural Basketball standings

Presidio leagu USAG LAMC No 1 LAIR AFPC 402nd MP 170th MP LAMC No 2	e		W 11 8 8 6 5 3 0	L 1 4 5 7 8 12
Ft. Scott leagu	e		W 7	L 3
6th Army 666th Radar WRRC 504th MP 864th Engr.	/		7 7 7 5 4 0	3 3 5 6 10
Results Jan. 19:		lam 20.		
LAMC #1 LAMC #2		Jan. 20: LAMC #1 LAIR		64 51
402nd MP Co. 170th MP Co.	53 51	504th MP 6th Army		61 58
16th BPO 504th MP	66 45	WRRC 16th BPO		65 63
Intramural Playoffs				
Jan. 24: LAMC #1	62	Jan. 25 16th BPO		67
6th Army	46	6th Army		53
USAG 16th BPO	64 61			

All-Army basketball

Three Presidio of San Francisco soldiers and one former Laney College, Oakland, Ca., star make up nearly 25 per cent of this year's All-Army Basketball team, now opening workouts for the 1977 season.

From the Presidio are Daniel Jackson, 6'8", 202 pounds, who played briefly with the Seattle Super Sonics in 1974; Alfred Forney, 6'3", 170 pounds, player of the year with Compton College, Compton, Ca., in 1975; and Pierre Russell, 6'4", 195 pound former All-American from Kansas University.

Laney College's contribution to the All-Army squad this year is 6'6", 170 pounds Leanar Pierce who won All Conference Junior College honors in 1974 and is now stationed at Fort Sill, OK. Coached by Presidio Athletic Director, Hal Fischer, the Army team reigns as champion of the Inter-Service Competition—a tournament they have swept so many years that it is becoming almost automatic.

In last year's tournament, the team's closest game saw them rip the opposition by some 40 points.

The winning team at the Inter-Service level makes up

the nucleus of the American team competing in the SHAPE tournament held in SHAPE, Belgium among the various entries from NATO Alliance Countries.

The American team won it's tenth international title there last year, downing the host SHAPE Headquarters Team, 108-90 in the opener, and following that win up with victories over Turkey, 86-66, and France 109-84 before going on to hammer Italy, 82-69 in the finals to capture the championship.

Returning from last year's squad will be one of the "shorties" on the team, 6'1" Jyrona Ralston, NCAA Division All-American in 1973 and 1974 and 1st round draft pick of the Kentucky Colonels, who ripped the cords for 59 points against Belgium and 48 more against France in last year's SHAPE Tournament.

Another little man, standing just short of 6' even is Bob Sherwin who won ALL NIT (National Invitational Tournament) honors at Madison Square Garden in 1974 and still holds the West Point Military Academy scoring record. Sherwin will also be back with the team this year.

Intramural playoffs

Intramural playoff games will be staged Jan. 26, 27, 28, at the Post Gym. All games will begin at 6 p.m.

Basketball team trials

Tryouts for the Men's Post Basketball Team will commence on Saturday, January 29 at the Post Gym. This team will represent the Presidio of San Francisco at the FY 77 Western Region FORSCOM Basketball Championships at Ft. Carson, Colorado, March 7 - 11. Trials are open to all male active duty individuals assigned to Presidio of San Francisco. Practice will start at the Post Gym, Bldg. 63, at 2 p.m.

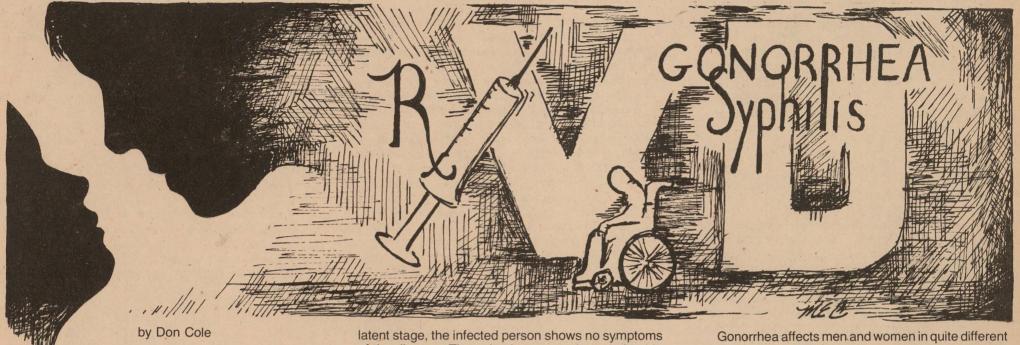
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Star Presidian

Volume 20, No. 5

Presidio of San Francisco

Friday, February 4, 1977



If you think it's going away, you're wrong. In fact, the rates are climbing to phenomenal proportions. Venereal Disease has reached epidemic stages in some states, but there are ways to prevent, detect, and cure the problem.

Venereal disease is the general name given to those diseases caused by organisms which are transmitted directly from person-to-person during sexual intercourse or intimate bodily contact involving the sex organs, mouth, and/or rectum. The two venereal diseases that are most damaging to mental and physical health are syphilis and gonorrhea.

Since 1962, reported cases of gonorrhea have increased annually by at least 10 percent. Since 1968, early syphilis cases have increased by at least 4.7 percent nationally. In 1976, there were over one million cases of gonorrhea and over 48,000 cases of syphilis reported nationwide.

During the first week of 1977, there have been 1,328 cases of gonorrhea and 71 cases of syphilis in California alone. Between June 1976 and November 1976 there were three cases of syphilis and 52 cases of gonorrhea recorded in the active duty military population at the Presidio. It must be emphasized that these statistics are reported cases. Many are not reported and even go undetected.

Proper education, personal hygiene, and common sense can stop the spread of venereal disease. For control of syphilis and gonorrhea, each individual should first make a concerted effort to avoid infection. This is best accomplished by limiting sexual contacts.

"The great imitator"

Syphilis is known as the "great imitator" because the symptoms appear to be related to many different diseases. In most cases, early symptoms are either absent or so slight that they may go unnoticed by the individual. Only a thorough physical examination and blood test will detect syphilis.

Following the initial entrance of the spirochete into the body, an incubation period of between two to six weeks elapses before the appearance of the first symptoms. An infected person may show no signs of the disease for as long as three months. The first visible sign of infection may be a single painless lesion where the spirochete has entered the body. Such a lesion is called a chancre. The fluid from the chancre contains spirochetes which are very contagious. Examination of this fluid containing spirochetes under a dark field microscope makes possible an immediate, certain diagnosis of infection.

Within several weeks the chancre will disappear even if the infected person does not get medical treatment. Disappearance of the chancre means that the disease has become insidious. Spirochetes are still circulating in the bloodstream. The disease is not cured

The secondary stage of syphilis usually begins two to six months after the appearance of the chancre. The skin and mucous membranes often show signs of the disease at this stage. Secondary lesions are also highly infectious. Other signs and symptoms may include: a) Skin rashes that cover all or part of the body; b) Lesions that appear where the skin is moist; c) Temporary baldness where the hair falls out in patches; d) General malaise, sore throat, fever and headache; e) Swelling of the lymph glands all over the body.

The early latent stage of syphilis may last only a few months or until the end of a person's life. During the

latent stage, the infected person shows no symptoms of the disease. The spirochetes may have lodged in any of the internal organs but its activity produces no noticeable symptoms for quite some time. Detection of the disease during this stage is by positive reaction on blood tests. There may be relapses with development of lesions similiar to those of the secondary state.

Following months or years of latency, the disease may become active and progressive again. This starts the last and most dangerous stage of syphilis. The late latent stage of syphilis is the final phase. In this phase, progression of the disease may cause a chronic inflammation of almost any organ of the body. The various possible results are all brought about by the destruction of tissue.

Possible detections

Evidence of infection is variable, but it is possible to distinguish three major categories of syphilitic disease. They are:

Central Nervous System Syphilis: CNS involvement causes blindness, crippling, or total disability, and/or syphilitic insanity.

Cardiovascular Syphilis: The heart and large blood vessels are involved. Syphilitic heart disease or rupture of a major artery may cause death.

Gamma Formation: These are growing tumors or ulcerations which destroy the tissue around them. A syphilitic gumma may develop in almost any area or organ of the body. Congenital syphilis occurs when the disease is transmitted from an infected mother to her unborn child. The disease is modified by the circumstances of the baby's development at the time of infection, the duration and stage of the mother's disease and the treatment she has received. The fetus cannot be infected at all before the fourth month because of the developmental process. Infection occurring at or about the fourth month of prenatal development is likely to cause death to the baby before delivery (a stillbirth). The baby is definitely diseased if bornalive

Infection occurring late in pregnancy may result in the delivery of an apparently healthy baby who in future months or years develops the signs of syphilis. The syphilic baby may grow and develop poorly. Later the child may be subject to the effects of the late stages of the disease as seen in the adult.

As with other forms of syphilis, the infections of unborn babies can be cured by examining and treating the mother before any damage has occurred. If the baby is born before the mother has been treated, then treatment of the baby will still cure the disease. Tissue already destroyed in the baby cannot be restored.

There is no known natural immunity to venereal disease. Nor are there any biological materials that will prevent infection. The individual who has had it once and has received treatment is not immune to subsequent infections. A person can be infected each time he or she exposes himself or herself to the disease.

The oldest disease

Gonorrhea is one of the oldest diseases known to man. There are written references to gonorrhea dating back about 3,000 years. It was known by Hippocrates in 460 B.C. Galen, a Greek physician, gave the disease its name in AD 200. Both Paracelsus, 1530, and John Hunter, 1767, an English surgeon, confused gonorrhea with syphilis. In 1831, Phillip Riecord clearly differentiated the diseases and corrected this classical scientific error. Finally, in 1879, the causative organism was identified by the German bacteriologist, Neisser.

Gonorrhea affects men and women in quite different ways because of the different anatomical structure. Rectal infection usually has no symptom. If infection persists, rectal discharge and pain sometimes develop. Symptoms in the male usually start two to six days after exposure with an infected person. The disease begins with a painful inflammation of the urethral canal. The inflammation causes a copious discharge from the penis. At the start of the infection, the discharge is thick and purulent, later it becomes thin and watery.

Gonorrhea usually goes undetected in females. Within a few days after exposure with an infected person, the disease may begin with a mild burning or smarting in the genital area. A discharge may or may not be present. After the occurrence of one or more menstrual periods, the infection ascends to the reproductive tract. The most frequent serious damage is sterility. Women often enter into a carrier state in which they are infectious, but are not apparently ill in any way.

A condition known as gonorrheal opthalmia neonatorum can occur in the newborn. It has probably made more people blind than any other disease, with the exception of trachoma. Passage through the birth canal of an infected mother exposes the baby's eyes to gonorrhea. Within a few days, severe inflammation and purulent discharge develop. When symptoms subside, the baby may be completely blind from scarring of the cornea. A few drops of silver nitrate or antibiotic ointment prevents blindness. This treatment is so effective that it is required by most states and countries

A single massive dose of penicillin will cure most cases of acute gonorrhea in men. Chronic cases may require repeated doses over a considerable period of time. Women are more difficult to treat and often require one week of treatment to cure.

The preferred treatment, penicillin, i

s ineffective in some cases. Some patients are sensitive to penicillin, also certain strains of gonococci have developed resistance to penicillin. In such cases another antibiotic must be used.

PPNG — what to do

One such strain of gonococcus, Penicillinase-Producing Neisseria Gonorrhea (PPNG), has developed the ability to destroy penicillin thus rendering such treatment ineffective. PPNG does this by producing a chemical enzyme which attacks and destroys penicillin. Symptoms of PPNG are the same as Neisseria Gonorrhoea. Diagnosis of PPNG is accomplished by culturing the organism and conducting penicillin sensitivity tests in the laboratory. Such cases, positive for PPNG, have been treated successfully with the antibiotic spectinomycin.

Anyone who thinks he/she might have symptoms of venereal disease or has been exposed to venereal disease should seek immediate professional help at an appropriate medical facility for diagnosis and treatment. Here at the Presidio this is accomplished at the Adult Internal Medicine Clinic, LAMC.

After initial diagnosis and treatment a patient is given a confidential contact interview. Information on sexual contacts is sought so that they may be treated thus reducing the spread of venereal disease. It must be stressed that this information is strictly confidential and voluntary disclosure of such information cannot be used as basis for punitive action within the military.

Anyone seeking further information or assistance concerning venereal disease may contact the Health and Environment Activity, LAMC at 561-4994 or 561-2003.

notes Vews

Wives club news

The Presidio of San Francisco Enlisted Wives Club. will hold its monthly business meeting Monday, February 7 at the PSF Recreation Center at 7:30 p.m. A social hour will follow and refreshments will be served.

Membership is open to all enlisted wives of all services. For further information please call Rosa Parham at 386-5057.

Photography exhibits

Lisa Kanemoto is displaying her photographs of San Francisco's Chinatown at the Arts & Crafts Shop, Bldg 122. Her prints have been in the San Francisco Neighborhood Bicentennial Exhibit at City Hall and the San Francisco Main Library. She has been published in The Young China, the Star Presidian and the Rheinzeitung, a German newspaper. Lisa has been learning photography from David Black at the Post Crafts Photography Lab here on the Presidio for less than two years, although one look at this exciting exhibit and you would assume she had pursued her

art for many years.

Another Presidian, John E. Hutton Jr., M.D., has new work on display at the Crafts Shop Gallery. His color, and black and white prints, are beautiful shots of San Francisco Bay, boats and the Pickle Family Circus. Mr. Hutton's work has been widely used for calenders and covers of Yachting Magazine. He won many prizes at the last Interservice Photography Contest with his series "Downwind" taking an Honorable Mention at the final level of competition amongst all branches of service.

Charlene Lebovitz is also exhibiting a fine selection of wheel and handbuilt pottery. A beginners pottery class will start March 5, 10 a.m. - 1 p.m. every Saturday for eight-week duration. Please register in advance by calling 4497.

Stop by the Post Crafts Shop and see these fine exhibits. It is located in Bldg 122, at the corner of Lincoln and Riley.



A San Francisco—Bay Area inter-faith service will be held in St. Ignatius Church, Fulton Street and Parker Avenue, Sunday afternoon, February 6, in observance of "Four Chaplains' Sunday."

Representatives of the Jewish, Catholic and Protestant faiths will participate in the service, which marks the 34th anniversary of the heroic four chaplains who gave up their life belts that others might live and went to their deaths when the troop transport S.S. Dorchester was torpedoed off the coast of Greenland.

The Service will start at 2 p.m., with a half hour concert by the Sixth Army Band, under the direction of Captain Gregory Hulse. The Service will include a formal procession of Colors from representatives throughout the Bay Area.

The religious service will start at 2:30 p.m., with the Rev. David H. Romeis, State Chaplain of The American Legion, and Pastor of St. Luke's Lutheran Church, Walnut Creek, as master of ceremonies.

Special musical selections will be presented by the Sacred Heart High School Senior Chorus of San Francisco under the direction of Brother Arnold.

Other clergy participating will be Rabbi L. Elliot Grafman, former Army Chaplain, World War II; Reverend Paul E. Duggan; Colonel Emil F. Kapusta, 6th Army Chaplain; and the Rev. Father Daniel Kelleher, S.J., Acting Prefect, St. Ignatius Church.

The four chaplains who went to their deaths, holding hands and joining in prayer after they had given their life belts to four soldiers who had no belts, were the Revs. George L. Fox and Clark V. Poling, Protestants, Rabbi Alexander B. Goode, and the Rev. John P. Washington.

The public is invited to attend this observance.

'Four Chaplains' Sunday" marks the start of Religious Emphasis Week observed by the Legion each

Tax assistance

As in the past years, an income tax assistance program has been established at the Presidio to aid military personnel, their dependents and retired military personnel in filing their Federal and State Income tax forms. As indicated below, each unit has a tax advisor assigned to aid personnel in fulfilling the tax filing requirements. Questions about filing procedures, required forms, and basic problems with completing the forms will be taken to the unit tax advisor before seeking help from the Post Judge Advocate's Office.

Any question that cannot be answered by the tax advisor will be referred to the Legal Assistance section. of the Post Judge Advocate's Office. A Legal Assistance Officer will assist in recommending whether a particular desired deduction is allowable, the tax status of an alien and his or her filing requirements, or any other question which may affect ones tax liability. An individual who takes a problem to the Legal Assistance Office must bring any documents relating to the subject, and as a minimum, have his tax forms filled in, in pencil. It speeds up the counselling process if a person writes down specific questions to ask the attorney.

All personnel should begin preparing their returns as soon as possible. Then, if any problems arise, there will be time available to correct them. Obviously, it will not be possible to answer all the tax questions of Presidio personnel on the afternoon of April 15 — so, plan ahead.

Presidio Women's club

On Wednesday, February 16, the Presidio Women's Club and the Letterman Women's Club will sponsor a tour of the Haas-Lilienthal House at 2007 Franklin Street, one of the few remaining Victorian homes in San Francisco. This stately Victorian was built in 1886, with all the characteristics that typify the grandest of the Queen Anne style houses of that era. The house, still in exceptional condition, is partially residential; and a part is used for offices; but the main rooms are open for an interesting visit into the elegant lifestyle of the late nineteenth century San Francisco.

The tour group will meet in the parking lot of the Ft. Mason Officer's Club at 12:30 p.m. and proceed by MUNI bus No 47 to the Haas-Lilienthal House for the 1 p.m. tour. The cost of the tour is \$2.00 (\$1.00 for students and senior citizens).

A cafeteria-style luncheon, costing from \$2.25 to \$5.00, will be served at the Ft. Mason Officer's Club at 11:30 a.m. for anyone interested in a meal with a lovely view prior to the tour. Make your reservations for the lunch and/or the tour by calling Sharon Meegan at 563-8965, Uta Egan at 567-9138 or Vivian Schmidt at 922-0442 by Thursday February 10.



Presidio screen happening

A casual visitor to the Presidio last week, might have gotten the impression that the Post was an extension of a Hollywood back-lot. With the number of lighting, prop, and camera trucks and generators and mobile dressing rooms in evidence, they might not have been

Source of the activity was a crew from Universal Studios filming sequences for the new Raymond Burr television series, "Kingston." In the show, Burr plays the editor-in-chief of a chain of newspaper and television stations. As in his last TV series, "Ironside," San Francisco will serve as the home base for the show.

Scenes filmed in and around the Post were done with the cooperation of the Presidio, Oakland Army Base, and the Golden Gate National Recreation Area. Locations included Battery Godfrey, adjacent to the Fort Scott area, Fort Point, the Fort Mason Officers' Club, and several other buildings on Fort Mason.

The two segments filmed here, "The Anonymous Hero" and "Forget Me, Forever," will be the first and third episodes in the series which is due to start on NBC in early March. In addition to Burr, other series regulars present for the shooting were Pam Hensley and Art Hindle.

Rec Center happenings

Don't forget the Buffet on Sunday, January 30 at 4 p.m. Frank Thornally will be giving Chess lessons, Monday, January 31, 7:30 p.m. where you'll possibly discover some new moves. Some of your Units still need points towards the Commanders Trophy. They can be gotten Tuesday, February 1 at 7:30 p.m., Game Room Tournaments.

On Wednesday, February 2 at 9 p.m., dance a while to the Disco sounds with Dr. Webb. Want a few pointers in Pool? Then let Hank Nole (Pool expert) show you how it's done, Tuesday, February 3 at 7:30 p.m.

Heard you enjoyed the Banana Splits; well come on, let's do it again, Friday, February 4 at 6 p.m. Tournament Time, Pool, Ping Pong, Card Games, Prizes too! Bring a partner, Saturday February 5 at 3 p.m. See you sometime this week.

For more information come by the Presidio Recreation Center, Bldg 135, or call 561-2000/5420, after 2



Dental Health week

Dental hygiene begins at an early age. With proper dental care one's teeth should last a lifetime. This being National Children's Dental Health Week, the American Dental Association, the Letterman dental clinic, and we at the Star Presidian, want to remind you kids to pay even more attention to those pearly whites in your mouth (and don't you parents neglect yours either).

Movies

PRESIDIO THEATER Friday, February 4, Cannon-ball (PG), 7 p.m. Saturday, February 5, Special Matinee: Flipper (G), 2

Saturday, February 5, Cannonball (PG), 7 p.m. Sunday, February 6, One Flew Over the Cuckoo's Nest (R), 7 p.m.

Monday, February 7, One Flew Over the Cuckoo's Nest (R), 7 p.m.

Tuesday, February 8, The Jaws of Death (PG), 7 p.m. Wednesday, February 9, The Sailor Who Fell From Grace With The Sea (R), 7 p.m. Thursday, February 10, The Return of a Man Called Horse (PG), 7 p.m.

SCHWARTZ/LETTERMAN Friday, February 4, Dirty Hands (R), 7 p.m.

Monday, February 7, Sky
Riders (PG), 7 p.m.

Tuesday, February 8, Cannonball (PG), 7 p.m. Wednesday, February 9, One Flew Over The Cuckoo's Nest (R), 7 p.m. Thursday, February 10, The

Jaws of Death (PG), 7 p.m.



Star Presidian

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Colonel Warren J. Lodge, Commander Major Carole M. Campbell, Public Affairs Officer SP4 Rebecca S. Hall, Editor SSgt. C.D. Steen, Feature/Photo Editor

Stack 'em up-move 'em out



The hundreds of pallets used as "dummy cargo" are now being repaired, restacked, and

rebanded by the six-man team at Rio Vista. (US Army Photo by C.D. Steen)



SFC Pedro Taoy gets in some striper action during his lunch break, as Sgt. Robert Rivera contributes a few helpful???? suggestions. (US Army Photo by C.D. Steen)



A re-palletized load is relocated by Sgt. Robert Rivera and now awaits one of the many reserve units that will utilize the facility for training. (US Army Photo by C.D. Steen)

Shutter bug shuffle

The deadline for submission of entries for the Interservice Photography Contest is April 8, 1977. All military personnel on active duty 90 days or more are eligible to compete. Entries must be original photographs taken during the two-year period beginning August 1, 1975.

Conducted every two years, the contest enables both amateur and experienced military photographers an opportunity to compete on a worldwide basis and to have their skills appraised by prominent judges in the photographic fields.

Awards for place winners and honorable mentions will accrue at each level in the competition.

Entries will be divided into three groups:

I — Monochrome Prints

II — Color Prints

III — Color Transparencies

Entries in the three groups may be submitted in the following categories: **Category A**—General. Pets, animals, still life studies, action, or close-ups.

Category B-People. Portraits or entire figures (alone or in a group) where the emphasis is the person or persons, rather than the environment or incidental activity. Category C—Scenic. Landscapes, seascapes, architectural and industrial scenes, or any scene that has a fundamental unit of design or mood of such magnitude that all else is subordinate to it. Category D—Experimental. Photographs produced through experimentation: by angle and exposure of camera, magnification, distortion, control of light source, or unusual printing and developing process. These entries may include: abstractions, patterns, and photograms. (The entry form for each entry in this category must be annotated with an explanation of the experiment and how it was done.)

Judging will be based on impact, freshness of approach, ability to communicate and technical skill.

Further details and entry forms may be obtained from the Photo Lab, Post Crafts Shop, Bldg 122, tel. 561-3445/4497.

Not everyone in the military can step out of the front door of his office and catch a striped bass for his lunch. But then again, it's not every soldier in the Army that considers working three out of every four weekends during the course of a year in addition to the normal five-day week that most of us work, to be a matter of routine.

For the handful of men from the Presidio of San Francisco staffing the Rio Vista Reserve Facility, weekend duty, piloting ships up and down the Sacramento River, and serving as their own maintenance force on the installation, comes under the heading of all in a day's work.

Under the jurisdiction of Colonel Warren J. Lodge, Presidio commander, the actual day-to-day operation of the Rio Vista facility falls upon the shoulders of Chief Warrant Officer (CW2) Paul Olson who, in addition to serving as the deputy installation commander, also wears the hats of U.S. Army Reserve Advisor and Marine License Examiner for the West Coast.

The facility itself contains 28 acres with an additional 250 acres permitted to Rio Vista by the Corps of Engineers for tactical training of the many reserve units that train there.

Rio Vista serves as the prime training area for northern West Coast Water Terminal Service Units as well as various Coast Guard units. The facility provides Army Reserves with facilities for training stevedores and port construction units. Along its docks rest nearly a dozen ships including the 338 foot, four-hatch USAV RESOLUTE.

Non-commissioned Officer in Charge (NCOIC) of the facility, MSgt. James Barnett, enjoys his assignment at Rio Vista; "It's good to be out here," he says. "I guess some of the people back at the Presidio probably think we don't do much up here, but we definitely stay busy."

Staying busy at the moment is somewhat of an understatement. Thousands of pallets, loaded with metal and wooden canisters, are scattered around the loading area. They serve as dummy cargo for the Army Reserve Units coming in to train in the loading and unloading of ships.

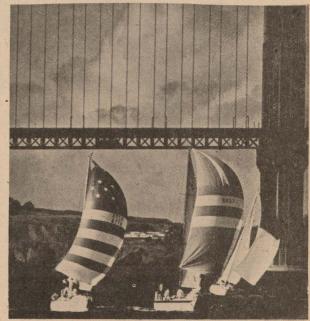
However, many of the pallets themselves are broken, and the metal bands that hold the various "loads" down are rusted and broken. A major project during the past few weeks — one that will continue for some time — involves breaking down all of these pallet loads, restacking and rebanding them. It all adds up to a lot of hard work for MSgt. Barnett and his crew of five other enlisted men.

Barnett is assisted in the operation of the facility by his chief administrative NCO, SFC Pedro Taoy; Senior Marine Engineer, SSgt. Melvin Pummill; Senior Harbor Craft Operator, Spec. 5 Roger Thacker; Harbor Craft Operator, Spec. 4 Robert Fruin and Supply Sergeant, Sgt. Robert Rivera, all assigned to Headquarters Company, US Army Garrison at the Presidio.

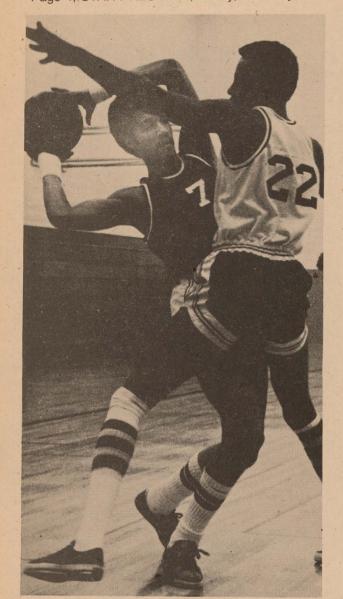
As the pallets are torn down and reloaded, much of the material cannot be reused and goes to the trash pile. This trash pile is rapidly growing into a mountain and the crew also is working on methods of disposing of it.

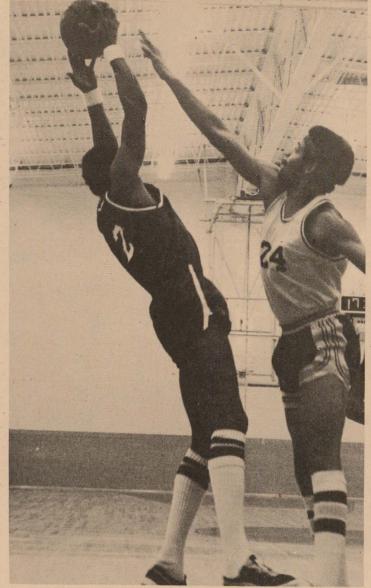
He will receive help from the 864th Engineers at the Presidio in the form of dump trucks to haul out all of the metal to be disposed of.

In addition to the daily maintenance and operation of the training facility, Barnett and his team also meet each of the numerous reserve units arriving for training, whether it be for a weekend or two weeks' summer camp. They are responsible for assigning buildings for use by the training units, coordinating equipment usage in the cargo areas and providing boat crews.



This photo by Colonel John E. Hutton, Jr. M. D., received honorable mention during the 16th Interservice Photography contest in 1975.









Photos by C.D. Steen





Intramural B-ball

It's LAMC in O.T., 60-55

When the buzzer sounded, ending regulation time of the intramural basketball championship game between LAMC No 1 and 16th BPO, last Friday night, a lot of yellow-shirted LAMC players converged upon each other for a quick hoopla of back-patting, hugging, and congratulatory hand-shaking. The rowdy behavior didn't signal a victory-not yet-but the team's last two minutes of action against BPO was impressive enough to overcome a eight-point deficit to tie, sending the game into overtime. With a new life, spurred by their come-from-behind defensive and offensive prowess, LAMC wasted no time and building a lead of their own. When the final buzzer sound ricocheted all over the post gym walls, LAMC No 1 had a five point lead and another intramural championship. Final score, LAMC 60, 16th BPO 55.

It looked as if the game would end in the normal span of time with a 16th BPO win, as the post men held on throughout most of the game with a few point lead and kept it that way until the final two minutes. But LAMC's hard-fought defensive and offensive activities stopped BPO from going any further. Spearheaded by Ray Thomas' 14 points, and Stephen Byron's 12, LAMC kept closing the gap. When regulation time ended, the score was tied, 52-52. When overtime began, the LAMC, offense kept scoring, and the defense shut up BPO. There was no double overtime for post office. It might as well have been a million.

Photo action: (clockwise) LAMC's Lonnie Hill (22) gives BPO's Jimmy Smith (7) a hard time as Smith tries to get a pass off to Barry McClure (2) ... McClure, in turn, is pressured by Larry Parker (24) as he tries for two points. Like going for a pass into the end zone, Stanky Perry of BPO reaches for the ball after a fast-break toss came from the other side of the court. LAMC's Stephen Byron is in hot pursuit. BPO's hot scorer, Barry McClure, appears confident at half-time as his team was up by five. His expression wasn't caught after his team's defeat. A sweat-glistened arm of referee Robert Murff, depicts the two refs in the championship did as much running as the players.

		SCO	RERS	
LAMC		-	16th BPO	
Thomas		14	Perry	22
Byron			McClure	15
Parker		8	Smith	12
Hill		8		2
Barber		6	Bowers	2
Harper			Ames	1
Bradley		4	Tyson	1
Britton				
Ford		2		
total		60	total	55
	7			

Playoff results, double elimination Jan. 26 LAMC No 1 over USAG, 68-62

Jan. 27 16th BPO tipped USAG, 74-72

Crime Prevention update

TOTAL FOUNDED MONITARY LOSS

11 \$351.50
18 \$3,697.41
1 \$672.00
6 \$5,380.45
9 Unknown
4 \$43.69

Youth basketball standings

League standings for the Minor and Major Leagues of the Youth Basketball Program for the period ending January 31, 1977.

period ending baridary 51, 1977.		
MINORS	W	L
Warriors	12	1
Trojans	. 5	8
Dynamites	6	6
Bullets	2	10
MAJORS	W	L
Purple Machine	10	3
Royals	7	6
Blue Royals	7	6
Team No 4	2	11

Star Presidian

Volume 20, No. 6

Presidio of San Francisco

Friday, February 11, 1977



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News

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Sculpture class

A Clay Sculpture Class will begin February 16 and meet every Wednesday night, from 6:30 to 9:30, for eight weeks. Mr. Charles Wright, San Francisco State teacher, will be instructing. The class fee is \$10.00.

Pottery class

A beginners and intermediate Pottery Class will begin March 5, and meet every Saturday morning, 10 a.m. to 1 p.m., for eight weeks. Ms. Diane Coventry, a professional designer and potter will be instructing. The class fee is \$10.00. For all classes, active duty military will be given priority. However, in case of space available, retired military and dependents are urged to sign-up also. For class registration, stop by the Crafts Shop, Bldg. 22, or call 4497.



Water Color painting

Beginning March 3, a Beginners Water Color Painting Class will meet every Thursday evening from 6:30 to 9:30, for eight weeks. Ms. Marta Thoman, MFA Degree from San Francisco State, presently teaching with UC Berkeley, will be instructing. The class fee is \$10.00. For all classes available at the Craft Shop, active duty military will be given priority. However, in case of space available, retired military and dependents are urged to sign-up also. For class registration stop by the Crafts Shop, Bldg. 122, or call 4497.

Teen Club Valentine dance

The Presidio Teen Club will hold a Valentine Dance, 8-12 p.m. February 11, at the Teen Club. Music will be furnished by that outstanding band, All In One Peace. Refreshments will be served. A fee of 1.00 for members and \$1.50 for non-members will be assessed those who attend. For a fun evening, all youths should plan to attend.

Life Drawing class

A beginners and intermediate Life Drawing Class will begin February 15, and meet every Tuesday evening, 6:30 to 9:30, for eight weeks. Mr. David Walters, MFA Degree from the Royal Academy Schools, London, presently teaching at the San Francisco Open University, will be instructing. The class fee is \$10.00.

NCOA membership drive

The Golden Gate Chapter of the Non-Commissioned Officers Association (NCOA) here on the Presidio is conducting a membership drive. All enlisted personnel in grades E-4 through E-9 are eligible to join. The NCOA provides a single strong voice in Washington, and works closely with a number of other military-oriented associations which are speaking for the men and women in the military services of the United States.

For further information on the NCOA and for applications for membership, see your first sergeant or the NCOIC of your work section. The Golden Gate Chapter has been inactive for some time, and needs the help of all enlisted members working or residing on the Presidio. If strength in unity is your bag, join the Golden Gate Non-Commissioned Officers Association!

The GAFFASM club

Are you expecting orders soon??? And, planning to make a household goods shipment???



If so you are cordially invited to join the GAFFASM Club!!! What's that??? In the past, unfortunately, its been rather exclusive, but now it's open to all military members. The name in the clear is "Get Acquainted Fast For A Satisfactory Move."

Here's a quick rundown on how and why it operates. The Personal Property Office, Naval Supply Center, Oakland, is here to serve you — to make your move as easy and pleasant as possible. To accomplish this, in today's world of fund shortages and personnel cutbacks, the cooperation of everyone involved is needed. There is a very important way you can help us give you the very best service possible on your move:

Please, contact your personal property shipping fice as soon as you receive your orders. They make have at least **ten** days notice prior to the pickup date you request. Remember it takes time to find you a carrier and process the large amount of documents required to move your personal effects. There are four offices in this area to assist you:

Naval Supply Center Oakland — Bldg. 222-2E Mare Island Naval Shipyard — Bldg. 739 Presidio of San Francisco — Bldg. 39, Room 12 Naval Air Station Moffett Field — Bldg. 126

Your help and membership is needed, so please join GAFFASM . . .



Are you satisfied with the Army?



Sgt. Pat Milstead: "I'm super satisfied. I can't say anything bad about the Army right now. The service bent over backwards in helping me with a personal crisis, and got me compassionately reassigned here from Korea. I love my job as an acting supply sergeant with the 402nd MP company."

PFC Diane Deets: "I'm happy as an MP. But the Army's push to get women into possible combat situations, frankly, upsets me. I have no desire to get involved in that regard."



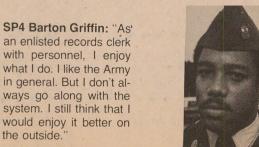


SP5 Marcus Blunt: "If a person can cope with the service's regulations, rules and the sometime inconveniences, he or she will be satisfied. I'm doing it."

SP4 Bob Reed: "No! I'm not really dissatisfied with the Army, but I always wanted to travel, and since joining the only place I've traveled to in my three years in downtown San Francisco. I got word I'll soon be on my way to Germany. Maybe my attitude will change."



PFC Jon Sivalia: "I guess, as in any job, I have my ups and downs in the Army. The hardest thing for me to get used to is Army commitments that, from time to time, mess up my personal life."



Movies

PRESIDIO THEATER
Friday, February 11, The
Return of a Man Called
Horse (GP), 7 p.m.
Saturday, February 12,
Special Matinee: Tom
Thumb (G), 2 p.m.
Saturday, February 12,
Family Plot (PG), 7 p.m.
Sunday, February 13,
Shout at the Devil (PG), 7

Monday, February 14, Cooly High (PG), 7 p.m.

Tuesday, February 15, Comrack (PG), 7 p.m.

Wednesday, February 16, Car Wash (PG), 7 p.m.

Thursday, February 17, The Front (PG), 7 p.m.

SCHWARTZ/LETTERMAN Friday, February 11, The Front (PG), 7 p.m. Monday, February 14, Return of a Man Called Horse, (PG), 7 p.m.

Tuesday, February 15, Family Plot (PG), 7 p.m. Wednesday, February 16, Shout at the Devil (PG), 7

p.m. **Thursday**, February 17,

Rollerball (R), 7 p.m.



Star Presidian

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Colonel Warren J. Lodge, Commander
Major Carole M. Campbell, Public Affairs Officer
SP4 Rebecca S. Hall, Editor
SSgt. C.D. Steen, Feature/Photo Editor



History's Black heroes

Name a famous Black who lived before the formation of the United States. Well, while you're thinking, here are three: Aesop, Hannibal and the Queen of Sheba

Aesop, teller of remarkable fables and parables, philosopher and traveler, whose stories are known oughout the world, was a black slave who, because of his exceptional wit and wisdom, was given his freedom. His name is a latinized form of the Greek word Esop, meaning Ethiopian. Certainly you've heard of Aesop's Fables.

In school, children of all races learn that it was Hannibal who led an army composed of 60,000 men, 10,000 horses and 37 giant trumpeting elephants across the unpassable Alps to engage and win an historic battle with the Romans. His well-planned battle strategy is studied today at numerous military academies. He is acclaimed one of the greatest military geniuses of all time. Only a few are aware that he was a North African Negro, proud of his black skin and untamed hair.

"I am Black . . . " reads the Song of Solomon. Inged, she was black and she was the "comely" wife the Law of Kings) of Solomon. Her life is revealed in the Bible, the Talmud, the Koran and in the legends of Syria, Armenia, Israel, Egypt and Ethiopia. Her name is Maqueda the beautiful, though she is popularly known as the Queen of Sheba. Who was the first man to reach the North Pole? Admiral Peary? No! Contrary to popular belief, he was second. Another man was already there, ready to shake his hand as he arrived.

On April 6, 1909, Matthew Henson, Black explorer, trail blazer and technical assistant to Rear Admiral Robert E. Peary, reached the "Top of the World" and planted the American Flag. He was the first man to reach that "pole", preceeding Admiral Peary by nearly an hour.

Following Henson's footprints, the exploration party reached the "pole." "I think we're here." Matthew Henson said as they shook hands. From where they stood, they could face in any direction and always be facing in one direction—South. Henson wrote of his life and that memorable experience in his book; "A Negro at the North Pole."

Did you know that Alexander Dumas, author of "The Three Musketeers" and the "Count of Monte Cristo", was in fact a black Frenchman? Or that Chicago was founded by Jean Baptiste Pointe De Sable, a negro. The Indians of Michigan used to joke that the "first whiteman who settled here was black."

Few know that the true discoverer of Arizona and New Mexico was a "Black Mexican", as the Indians called him. He was a Morrocan who explored the American Southwest in search of gold and silver. His name was Esteban de Dorantes, or Estevan.

Have you ever heard of "Banneker's Almanac" or the "Red Record"?

Would you recognize the works of famous black artists like Meta V. Fuller, Robert Duncanson, Juan de Pareja, Edmonia Lewis or Henry O. Tanner?

Or writers like Paul Laurence Dunbar, Robert S. Abbott and Alexander Sergeevich Pushkin; scientists or doctors like James Derham, Daniel Hale Williams, Lewis Latimer, Charles Drew or Percy Lewis; or freedom fighters like Ida Wells Barnett, James Forten Benjamin Singleton or Harriett Tubman?

Would you like to know how the famous contemporary black heroes think, believe or acted, people like Malcolm X, Eldridge Cleaver, Whitney Moore Young, Jr., Medgar Wiley Evers, William E. B. DuBois and Martin Luther King, Jr.?

You could go down to your local library and take advantage of their enormous stock of books on Black Heritage.

February 14 marks the beginning of Black History Week. The Black Heritage in America is greater than many Americans of other ethnic backgrounds are aware. Blacks have contributed significantly to the American way of life, but their contributions, until recently, went largely unrecognized in American history.

Know how it really was, so you can tell it like it really

is.

Schedule of events

The following events have been scheduled at the Presidio of San Francisco in observance of National Black History Week.

Monday, February 14: 11:00 a.m.—Art Displays at the Recreation Center

1. A 40-piece display by children from Niarobi, Kenya on how they perceive life and their environment sponsored by the African Research Commission.

2. The Charles Turner Collection featuring photographs of Blacks in California between 1860 and 1930 sponsored by the Fillmore-Fell Corporation.

3. Selected works of art from the Lowie Museum, University of California at Berkeley.

11 a.m.—Buffet lunch at the Recreation Center 12:30 p.m.—Speakers—Colonel John D. Hamilton, acting post commander, welcome to attendees.

Mr. Gerald Johnson, Black Businessmen's Association speaking on Black Economic Development.
Mrs. Kareth Reid, Director of Fillmore-Fell Corporation speaking on Black Art and Culture.

Mr. Leroy Cannon, Legal Advisor to the S.F. Board of Education, speaking on Black History and Future Directions.

Friday, February 18: 5:30 p.m.—Buffet Dinner at the Recreation Center

7 p.m.—Fashion Show by the combined Wives
Clubs at the Presidio at the Recreation Center

Clubs at the Presidio at the Recreation Center **8 p.m.**—Dance at the Recreation Center with music by Bill Allums.

Sunday, February 20: 11 a.m.—Chapel Service at the Post Chapel featuring the St. Johns Youth Chorus.

Schedule of events for San Francisco

"The Future of a Black Child in an Over-Populated World"

What: A speech by the speaker/panelist Dr. Raye Richardson, Associate Professor, Black Studies Department, San Francisco State University.

Where: The African American Historical and Cultural Society (A.A.H.C.S.), 680 McAllister Street.

When: February 12, 1977 — 10 a.m. Youth Program

What: An essay contest on Black History

Where: African American Historical and Cultural Society

When: February 12, 1977 — 1-5 p.m.

Black Leadership

What: A speech by Mr. Josh White, President, California Federation of Black Leadership Where: First Unitarian Church, San Francisco

When: February 13, 1977 — 10:30 a.m.

Children's Tour Exhibit Day

Where: African American Historical and Cultural Society

When: February 14, 1977 — 10 a.m.-2 p.m.

Senior Citizens

What: A program from the Sanderson History Club Where: African American Historical and Cultural Society

When: February 15, 1977 — 11 a.m.-1 p.m.

Children's Tour Exhibit Day
Where: African American Historical and Cultural

Society Society

When: February 16, 1977 — 10 a.m.-2 p.m.

Children's Tour Exhibit Day
Where: African American Historical and Cultural

Society

When: February 17, 1977 — 10 a.m.-2 p.m. Drama, Music, Dance

What: The Lotus Dance Group with guest artist/actress, Ms. Helen Martin; a vocal workshop with Mrs. Mary Cobb Duffey and a playlet, "Girl Talk Blues," written and directed by Bill Lawrie.

Where: African American Historical and Cultural Society

When: February 17, 1977 — 8-10 p.m.

Children's Tour Exhibit Day

Where: African American Historical and Cultural Society

When: February 18, 1977 — 10 a.m.-2 p.m.

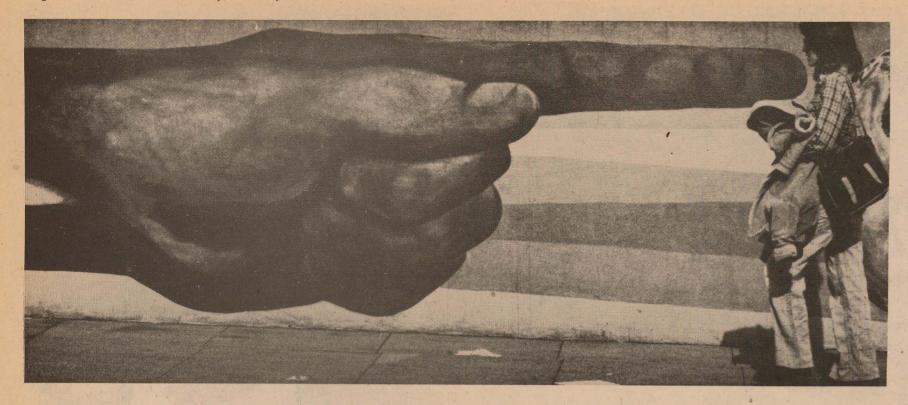
Film on Africa

What: "Last Grave of Dimbaza," concerns South

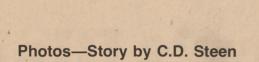
Where: African American Historical and Cultural Society

Society When: February 18, 1977, 8-10 p.m.

For additional information on any of these activities, contact Dave Johnson, Black History Week Co-Chairperson, 666-2689 or Pat Walker, Co-Chairperson, 567-6600, ext. 2306 (or 864-1010).





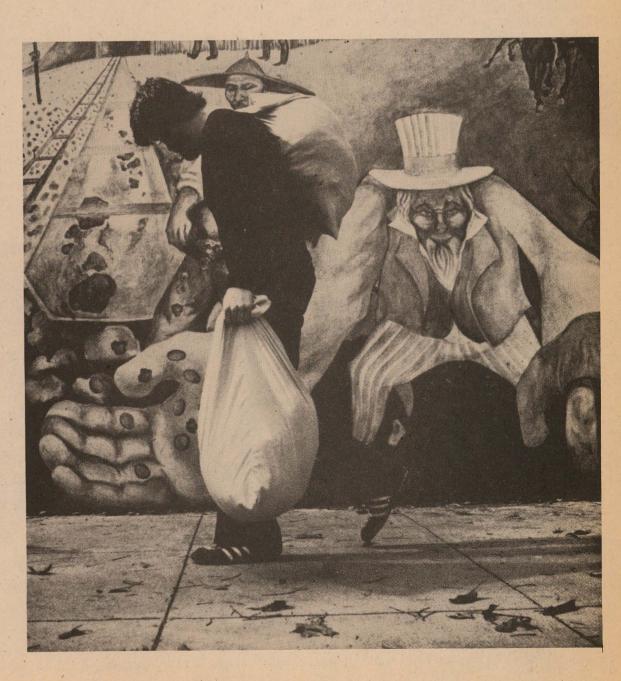


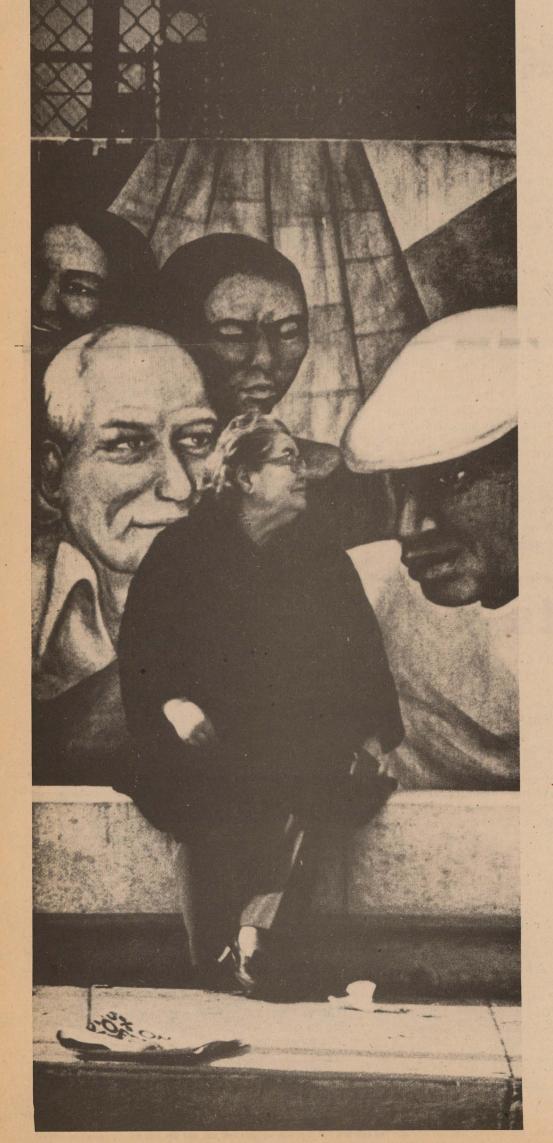




San Francisco is well known for its glamour, scenery, architectural wonders, side-walk vendors, and cable cars. It is also known for artists. Not just for the aspiring talent displaying their work in a Ghiradelli Square gallery, but those who draw, sketch, and paint their work on many of the city's walls and buildings. Most of the artistic themes depict social injustice, anti-war themes, ecology, and the accomplishments of minority groups. One local group of artists, calling themselves the Haight-Ashbury Muralists, depicted two centuries of people's struggles on a wall. The continuous mural covers a city block on Masonic Avenue. Another artist alerts and reminds motorists traveling south on Oak Street of the endangered whale. His painting is about 40 feet long and covers the side of a building. Artistic graffitti abounds in San Francisco. If you like art, take a ride around the streets and avenues and see some of the colorful work. It's better than lying around in the barracks.







Colonel Lodge reflects...

Colonel Warren J. Lodge assumed command of the Presidio on August 4, 1975. He will be relinquishing command to Colonel John D. Hamilton at a ceremony on Wednesday, February 16, when he departs for assignment to Germany. Here are some of Colonel Lodge's personal views taken during an interview with the Star Presidian.



"I think the most important thing we've done in 18 months is turning the training program around for the soldiers."

Q. Would you like to give an assessment of your 18 months at the Presidio?

A. I feel we've accomplished a great deal in a year and a half. A lot of the things we've accomplished are not visible, so when you start evaluating that sort of thing everyone's going to have different ideas about it. If you talk to certain wives on the installation, they have two interests. What kind of a commissary do you have and do they have the sort of string beans available that they want to buy? Does the PX have their size dresses in the color they want. That's the way some evaluate the installation. And, of course, do they get medical care? Everyone is interested in that.

You talk to individual soldiers and they don't really care about those particular things. They want to know what will be done to improve their living conditions. Are they being trained properly and what's available to them during their off duty hours. Every public you talk to has a different approach to what they expect on the installation.

I think the most important thing we've done in 18 months is turn the training program around for the soldiers. I think the soldiers are now receiving meaningful training. I'm talking about the STRAF units in particular. The STRAF units we have on the installation are as well trained as any in the U.S. Army and are ready to deploy any time they are called upon, which I think is the most important thing we've done. They weren't properly trained before, there's no question about that. We have done a pretty good job in that area.

I think we've done a good job cleaning up the installation and have gotten a lot of compliments from the people of the city, from the Mayor on down. I'm not just talking about the tearing down of old buildings, which was going to happen anyway but I'm talking about the simple caring and cleaning up. We have a problem that's going to be here forever and that's what happens on the weekend to the post. The 49-mile Drive is here. It is open to the public. It's going to be filthy every Monday morning so somebody's going to have to get out and clean it up. It you don't insist on it, it won't happen.

One of the really important things we have done here is improve the living conditions for many. I'm talking about, in particular, the Park Presidio area. The Park Presidio area, frankly, was falling apart 18 months ago. We have repainted the whole area and contracts have been awarded to put new roofs and new sliding aluminum windows on all those houses. We are progressing with the installation of dishwashers in that area. A great deal of money has been spent in that area, but the job will not be complete until all occupants put forth the required effort to police, mow, plant flowers and improve the ground cover.

The big problem in the family housing area that remains, and it is true for the whole installation, is that infrastructure of the installation has deteriorated very badly. Little has been accomplished over the years about the water system, the gas system, or electric distribution system, which are extremely antiquated. We're getting started on some of those things, but, it is going to be a period of years, literally, years, before it is all accomplished. Before this year is out we will have most of those project packages prepared. You have to prepare the projects, get them ready, have them approved and then get them into the annual work plan. It may be the next commander or the commander after him before the work is actually accomplished. But, you have to make a positive beginning somewhere, and I believe we have that on track.

Another area in which we have made progress is in security of government property and personal property. Last summer we were in trouble. We had about the worst record in the eight installations in FORSCOM for crimes against property. In the last three or four months we've gotten things fairly well under control. I really feel good about it. FORSCOM feels good about it, too. The Crime Prevention program is paying off, no question about it. It will be a total success only when all members of the community participate in the prevention program and secure government and private property.

Q. What changes do you see coming to the Presidio in the next five years?

A. We are scheduled for a new commissary in 1979. We are number two on the list for the continental United States for that year. In two or three years, the whole shopping area is going to have a complete change of face. Post Exchange No 3 will be torn down, the old refrigeration plant will be torn down, that is the location of the new commissary. There will be an addition built on the personal services area at the post exchange. A new post office building will go in the same area. So, it is going to be a beautiful shopping center one day. The planning has to start someplace for these things and I think we've made a great deal of progress.



"The toughest job for any commander of the Presidio is to try to create a spirit of military community."

Q. Are there any changes you envisioned for the Presidio in which you felt you were unsuccessful?

A. There is an area I think I have to talk about and I've been talking about it since I arrived and in my opinion I've been almost totally unsuccessful. The toughest job for any commander of the Presidio is to try to create a spirit of military community. We have such a diverse group of organizations, each with their separate and divorced mission. Letterman with its hospitalization and teaching missions; Sixth Army with the reserve mission; the 525th MI group, which is an active Army organization covering an area of the whole western part of the United States; Western Recruiting Command, covering the whole western part of the United States; the Criminal Investigation Command the same general area of responsibility. These missions don't really tie together so people go to work on a daily basis and do their own jobs without associating with the military or civilians of other organizations. Consequently, on their off duty hours they have the same basic associations. In trying to bring the people together as one community here, I feel very frustrated. I think it can be done, but it is going to take a lot of time and effort. I think the finest thing the military has to offer the average person who comes into service, is participation in the military community. I think it's something that has to be done and whoever is the commander has to work on it or he'll never get this thing pulled together where everybody's working toward one goal.

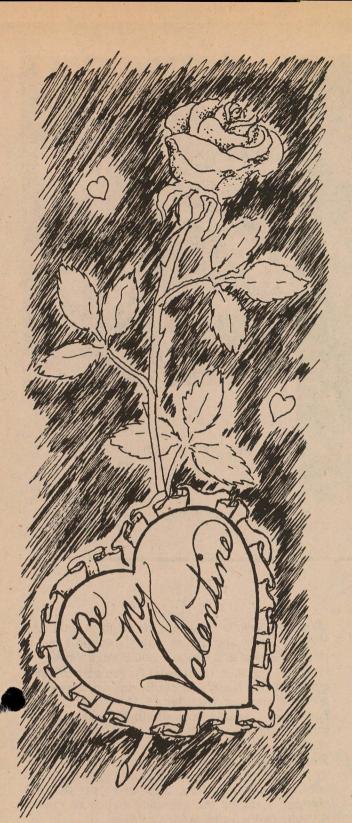


"lextend my sincere thanks to the members of this command for what I consider a job well done."

Q. Do you have any final thoughts you would like to express to Presidio personnel.

A. I don't have any sage or original thoughts. I think the Chief of Staff of the U.S. Army, General Rogers, said it all. Until you have commanders who give a damn about their soldiers you're going to have nothing. The commander and the non-commissioned officers have to care about their soldiers, not eight to five, but 24 hours a day. A commander must care about the soldiers, what they do in their offf duty time, and urge them to attend classes off duty to improve themselves. We have some of the best facilities in the world here. Being located in the middle of a big city makes the job tougher, but I firmly believe if the officers and senior NCOs care about their people at all and want to make soldiers out of them, it can be accomplished. The non-commissioned officers are the key people. I can sit here and dictate policy all day but it doesn't do a thing unless some NCO out there, who works with that person eight or ten hours a day, cares and wants to help him/her. If you're a commander or leader of people. I don't care what your grade is, you are on duty all day, every day. It is that simple. Somebody calls you at 10, 11 o'clock or midnight with a problem, you have a responsibility to respond to them, take care of them, to care and to give a damn.

Continued on page 7



The secret eye

A gathering of people and events under the watchful SP typewriter

By Eve S. Dropper

Hi-dy Hi and howdy friends, neighbors and fellow soldiers. How's life been treating you? Hope you're satisfied if not really happy. I'm happy. It almost makes me ashamed sometimes that I'm so happy when there's so very much unhappiness.

PFC James Canfield got promoted! To SP4. Feels good, doesn't it Jim? Congrats on that. (By the way, Canfield does some of our photo work!)

I got a phone call from a really sweet lady the other day. Seems her husband, SP4 Larry Taylor, Communications Center, USACC, has PCSed to Germany. Well, SP Taylor's little boy reads the paper and questioned his mom as to why no one mentioned his daddy leaving. That boy's on the ball! And, so's his mom. She took care of the situation quite well . . . I hope you enjoy your tour, and thanks for calling.

Congrats go to the 16th BPO's basketball team. They received first place in the Ft. Scott League and second place in the Presidio League. Nice work, guys. SFC Nashall Harris has reenlisted for three years along with SP4 Steven Pittman and SSgt. Arturo Aguillar. 'Cept SSgt. Aguilar reuped for six years. What a long, long time . . . James Smith, now SFC James Smith, got E-7!! Moving right on up there . . . While he was making changes, SFC Smith also moved to USAG. SP4 Dale Dupree has PCSed to Germany . . . Dupree, sounds like a really good Louisiana name. And last but not least, Pvt. Sheryl Cumming has finally made it to the BPO. She left Fort Benjamin Harrison headed this way and somehow or other was misrouted to Ft. Ord. Took the scenic route . . . Hope you like it here.

The 170th MPs got in Pvt. Gary Loo from Ft. McClellan. They've also had a lot of reenlistments or extensions. Like: SSgt. Joe Lane has reuped for another big six; SP4 John Williams and SP4 Linda V.R. Tolley have both signed over another three years and Sgt. Richard Vade-Bon-Couer has extended for four months. Keeping some good people around is

Cax facts and figures

As in the past years, an income tax assistance program has been established at the Presidio to aid military personnel, their dependents and retired military personnel in filing their Federal and State income tax forms. As indicated below, each unit has a tax advisor assigned to aid personnel in fulfilling the tax filing requirements. Questions about filing procedures, required forms, and basic problems with completing the forms will be taken to the unit tax advisor before seeking help from the Post Judge Advocate's Office.

Any question that cannot be answered by the tax advisor will be referred to the Legal Assistance section of the Post Judge Advocate's Office. A Legal Assistance Officer will assist in recommending whether a particular desired deduction is allowable, the tax status of an alien and his or her filing requirements, or any other question which may effect ones tax liability. An individual who takes a problem to the Legal Assistance Office must bring any documents relating to the subject, and as a minimum, have his tax forms filled in, in pencil. It speeds up the counselling process " a person writes down specific questions to ask the at-

The following is an example of the type of advice available from the tax advisors: QUESTION: Who may qualify to receive the California's Renters Credit?

ANSWER: Any resident of California may receive the thirty-seven dollar credit. The term "resident" does not include a military member stationed in California if that member claims residency or domicile in another state. However, if the spouse of the member is a resident of California, the spouse may claim the total renters credit, regardless of whether the spouse earned any income or was otherwise required to file a State tax

All personnel should begin preparing their returns as soon as possible. Then, if any problems arise, there will be time available to correct them. Obviously, it will not be possible to answer all the tax questions of Presidio personnel on the afternoon of April 15 — so, plan ahead

P5 Nora Rockwell

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.2814/2925

466-2051 .466-2921

The Unit Tax Advisors are:	
LAMC Med Co (Female)	SF
504th MP Bn	SF
Hq Co, USAG	2L
LAMC Med Co (Male)	LT
	IS
864th Eng Bn	LT
Short and continue to the contract of the	LT
Hq Co — Oakland Army Base	SS
Legal Offices — Oakland A.B.	CF
Legal Offices — Oakland A.B.	C

LAMC JAC

Sixth Army

Army Com

Post Staff

LAIR

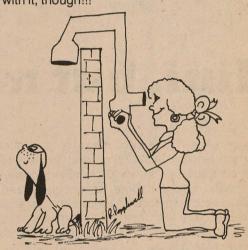
Co (iviale)	LI Hamsburg
	ISG Roberts .
Bn	LT Vanderlike
	LT Griffin
Oakland Army Base	SSG Long
es — Oakland A.B.	CPT Flanagar
3	CPT Boyle
JAG ,	CPT Noreen .
munity Services	Jo Leach
Judge Advocate	CPT Schon
	SP5 Lyles
	I T Allen

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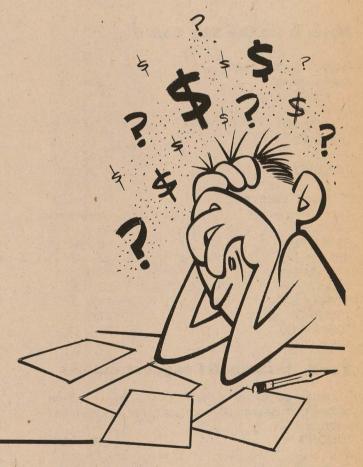
Western Region Recruiting is in the news again. Pvt. Dirk Pickett, out of AIT, Ft. Leonard Wood, has joined them. Also, Capt. Rebecca Enck came in from Aberdeen Proving Ground. Bet the weather here is one heck of a lot nicer than it was there. Hope you enjoy your tour.

White Hat duty is on the 402nd again. But, they've gotten in some newbys, too. Pvt. James White came in from Ft. McClellan along with Pvt. Norman Plowe. SP4 Allen Butler joined us from Germany. Leaving the 402nd are SP4 Ronnie Friday, ETSing; SP5 Reginald McGary, moved over to USAG, SP4 Mathew Huber has gone to Johnston Island (Where's that, you ask? So did I. Seems it's about 800 miles south of Hawaii and there's not an awful lot there.) SP4 Barbara Mitchell has ETSed. Seems she had a baby and has decided to devote herself to motherhood and apple pie full-time. Congrats on both, Barb.

I also got an interesting letter from SP4 K.U. Rios. Don't know where he works, but it seems SP Rios is questioning the he/she or just how the dickens do you address anyone anymore. ERA is fantastic, but he/she can get somewhat carried away, I agree. See, one of the ARs says "Whenever the word 'he' is used it is intended to include both the masculine and the feminine gender." Now, this is what I was taught in grammar school, too. But, times change. So, Rios, I hope it doesn't get you as boggled as it did me. Good luck with it, though!!!



Bringing another week to a close, this is Eve S. Dropper, signing off. But, before I go, one last word. I really enjoyed the letter from Rios, and the phone call from Mrs. Taylor. Ya'll keep in touch, ya hear? Take 'n take 'n keep on whatevering. I will, am and hope to continue for many years.



Col. Lodge reflects. . .

Continued from page 6

I think the NCO Corps on this installation is a lot stronger now than when I first arrived. I attribute a great deal of our success in this area to Command Sergeant Major Hodges. He is certainly one of the finest Command Sergeants Major in the Army. He talks with, works with and trains NCOs, if they don't know the job. We are making some real headway in this area.

General Rogers has said that we must have a "Total Army." First, we had the "One Army" concept. The One Army concept was marrying active Army with reserves. We are well on the road to accomplishing that. When General Rogers talks about the "Total Army," he means including the civilian employees with the active and reserve components. That's a tough one. It's

difficult in this kind of a community to get the civilian employees to know that they are part of the organization too. Yet, they are a very important part. It's more than just a Monday to Friday job. It's total commitment to goals and to achievement. I believe there is no such thing as an eight to five job if you're going to be really successful no matter where you work. You've got to think ahead about what your problems are and how you are going to solve them. There is no such thing as an 8-hour a day job in civilian life any more than there is in the military. I'll guarantee you the people in civilian life who are successful are not 8-hour a day people. Those are some of the things I've tried to emphasize with people here. Again, I believe, with some success. I think we're headed in the right direction.

How do you feel about your future assignment? Very good. I'm going to Heidelberg. I am going to be the Deputy Military Commander. I'll be responsible for the military community in Heidelberg, which probably includes about fifteen to twenty thousand people. I will also be Headquarters Commandant of U.S. Army Europe and Commander of USAREUR and 7th Army Special Troops. I look forward to the many challenges I will have, knowing there are many fine soldiers there to help me, and that in the future many of the fine people from the Presidio of San Francisco who have supported me for the past 18 months will be there also. I extend my sincere thanks to the members of this command for what I consider a job









Story and photos by C. D. Steen

Mini, but mighty

Won Lost

They're small, but they're mean on a basketball court. Peter Reyes, Mitch Golden, and Greg Payne, all guards on the Blue Royals DYA majors basketball team, assault, chase, badger, opponents so well, all are able to take command of a play situation as soon as someone other than their team members have the ball. Each one steals the ball so much, opposing teams want them jailed.

This photographer saw them in action against Team No. 4 Monday night, and it seems to me they like picking on the tall guys — more specifically Simmons that night. He had to fight them off.

Piled on top of each other, the three whooping hoopsters would only be a few inches taller than Gol-

den State Warrior's Rick Barry. But what they lack in size is more than made up in aggressiveness. Not only can they halt an offense but they can shoot. In the 74-14 whomping the Royals gave Team No. 4, the three dynamos scored 22 of the points. Golden did all the scoring in the first few minutes of play. When these three let their adversaries get a shot off, most likely it's one of them that gets the ball back to the other side of the court.

The Blue Royals' coaches, John Martin and Ray Beaugrand, say it will be the three 13-year-olds' defensive action that's going to carry them through the upcoming playoffs. "We have the height in Tim Dillon, Mike Wheeler, and Stacey Spain, and the storm in Reyes, Golden and Payne," said Beaugrand.

Pictorial action (L to R) Peter Reyes sets to make a pass, Team No. 4's Debra Bridges rushes in for a block attempt. Number 15 Mike Simmons, of Team No. 4, seemed constantly harrassed by the three Blue Royals guards. Mitch Golden (22) snatches the ball from the very perturbed-looking Simmons and goes for a basket . . . Getting heavily pressured by Greg Payne and Golden . . . and adding insult to injury, Simmons gets the ball slapped away by the plunging hands of Payne. Annette Butler readies for a retrieve.

Notes from the Keg Board

Golden Gate League

Team Standings

USAG #2	50	10
LAMC #2	47	21
525th MI Gp	46	22
USAG #3	39	29
AFPD	32	36
16th BPO	23	45
Ft. Scott League		
Team Standings	Won	Lost
LAMC #3	46 1	4
SFFO CID	45 1	5
Spt. Elm. #2	42 2	2
170th MP Co	371/2 2	21/2
USASA	33 2	7
6th Reg. CID	311/2 2	81/2
16th BPO	27 3	3
402d MP Co	23 4	1
525th MI Gp	6 5	4

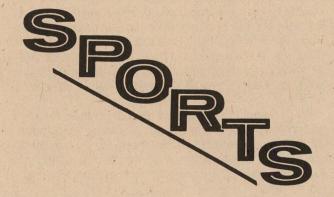
Youth Basketball League standings

League standings for the Minor and Major Leagues of the Youth Basketball Program for the period ending February 7:

February 7: MINORS Warriors Dynamites Trojans Bullets	W 12 8 7 2	L 2 7 8 12
MAJORS Purple Machine Blue Royals Royals Team No 4	W 11 9 8 2	L 4 6 7 13

Youth Basketball playoffs

Playoffs for the championship of the Youth Basketball Minor and Major Leagues will take place at the Post Gym, 5-7 p.m., February 15,16 and 17 (if necessary). Minor League games will get underway at 5 p.m. followed by Major League games. Parents of participating youths are encouraged to attend these games. All spectators are invited.



Officials clinic

If you are the type of person who is totally dedicated to the game of baseball, are deaf, don't mind spending as much money or more than you make in three months, the baseball officials are looking for you.

An all-day clinic has been scheduled for Saturday, February 26 beginning at 9 a.m., at the Recreation Center according to Frank Castro, chief-umpire. This clinic is mandatory.

The Officials Association is open to all military and civilian personnel at the Presidio, including teenagers, 14-years-old and up.

The all day session will include a discussion of the rules and practical work in the mechanics of calling the game (how to be in the right place at the right time.)

Officials are required to furnish their own equipment and uniforms during the season.

Youth Activities gymnastic classes

It is proposed that gymnastic classes for youths between the ages of six-15 years will be held in the near future at the Post Gym, 3:30-5 p.m. on Wednesdays. The class will consist of the first 10 interested personnel signing up. A fee of \$7.00 will be assessed each participant for a series of ten, 1½ hour classes. Mr. Oleg Kofman, a master gymnast from Russia, will be the instructor. All youths desirous in taking the series of gymnastic classes please call the Youth Activities Director, Ext 3637/5141.

FORSCOM Basketball

By Bob Darling

Tryouts for the Women's FORSCOM Basketball Team began January 10 with daily practices to continue through March 5. Teams on schedule to play include the College of Alameda, The Green Machine, and Alameda Naval Station. The support given by the varying units on post is commendable and encourages the team to perform at its best.

The inspiring and enthusiastic coaching of SFC Joseph Batiste has created a new spirit of playing as well as maintaining the reality of winning.

Coach Batiste is looking for talent, dedication and the ability to play basketball as a team member. Only nine of the fourteen in tryouts will be selected to represent the Presidio at Ft. Carson for the FORSCOM Tournament, March 7-11. Although the team has many newcomers this year, it still must defend the championship title of last year.



"No, you don't swallow it, you roll it twice a week at the base bowling alley."

DRESIDIO OF SANDERANGISCO, EL

Star Presidian

Volume 20, No. 7

Presidio of San Francisco

Friday, February 18, 1977



Save every drop

With the vast majority of the residents in the surrounding communities experiencing either strict water rationing or being asked to voluntarily cut back on water usage, it behooves each of us at the Presidio to do our part in the conservation of that precious wet stuff.

While a general utilities conservation program has been in effect at the Presidio since May of last year, an additional effort is now required in the face of the critical water shortage that exists in this area. Officially, the Presidio has initiated action to reduce water usage. According to Colonel John D. Hamilton, post commander, the Presidio will voluntarily match or exceed all reductions in water usage by the surrounding community.

A voluntary ten percent reduction has already been instituted and discussion has taken place between the commander and the acting manager of the San Francisco Water District.

The most critical area is in Marin County and quarters occupants at the Marin Forts reduced water usage by 38 percent last year against 1975 figures. The water conservation kits issued by the Marin Municipal Water District will be distributed to the occupants of those quarters in the near future resulting in additional water savings.

While the quarters located in the Marin Forts draw their water supply from the Marin Municipal Water district, the government does, in fact, purchase water from the North Marin Water District—a district that has not imposed such severe restrictions on its customers—and a gallon for gallon replacement is provided to Marin Municipal.

This reduction at the Marin Forts, therefore, has far exceeded any program being contemplated by North Marin Water District, the district the water actually comes from.

Colonel Hamilton further indicated that a command policy statement will be distributed to occupants of all government quarters on the Presidio as rapidly as it can be prepared. It will contain specific guidance on water usage on the installation as well as suggestions on additional ways to cut water consumption.

The command has further ordered a 50 percent reduction in the watering of the open green spaced at the Presidio. Future guidance will authorize irrigation only to the extent required to keep vegetation alive.

This program, along with a consciencious effort by those occupying government quarters, will prove more than adequate in meeting the goal of a ten percent reduction in water usage.

water 'Wal, ta(r)\n-s

often attrib [fr. OE wæter; Gk hydor]

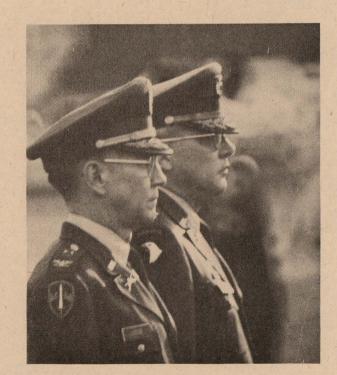
the liquid that is a major constituent

of all living matter and that when pure

consists of an oxide of hydrogen H.O,

odorless, tasteless ...

PSF Command Change



Colonel Warren J. Lodge (foreground) relenquished command of the Presidio to Colonel John D. Hamilton, Sr., at a change of command ceremony last Wednesday. Colonel Lodge has departed for an assignment in Germany.

Colonel John D. Hamilton, Sr., a native of Niles, Michigan, enlisted in the Army in October 1946 and served as an enlisted man until August 1949. He reentered the Army in April 1951 and was commissioned a Second Lieutenant of Armor upon completion of Officer Candidate School in 1952. He is a graduate of the University of Nebraska and Command and General Staff College.

Since July 1976, Colonel Hamilton has been the Deputy Commander of the Presidio of San Francisco. Colonel Hamilton and his wife, Kathryn, have three children.

News notes

Prenatal registration

Beginning March 1, 1977, Prenatal Registration classes will be held every Tuesday morning from 9 a.m. - 1 p.m. All patients are requested to report to the Ob-Gyn Clinic, Room 215 at 8:45 a.m.

Icebreaker to visit S. F.

The Coast Guard's newest icebreaker, Polar Sea, sailed under the Golden Gate Bridge yesterday and will spend the week-end moored at Pier 19 South here.

The Commanding Officer of the icebreaker, Captain R.P. Cueroni, has extended an invitation to all Bay area residents to tour the Polar Sea on Saturday and Sunday, February 19 and 20, from 1 to 4 p.m.

The 399-foot Polar Sea, one of the country's most powerful icebreakers, was placed in "commission special" at Seattle on January 31. The Polar Sea with her crew of 140 men will be spending the majority of February at sea for underway training.

In March, the icebreaker will enter Lockheed Shipyard in Seattle where its three propellers will be removed and sent to Allis Chalmers Corp., of York, Pa., to have the hub components strengthened for icebreaking. By fall the modified propellers should be ready. A shakedown cruise and full formal commissioning ceremonies will follow.

Civilian job market

Getting out within 90 days? Find out about the civilian job market from representatives of the National Alliance of Businessmen, Federal Job Information Center, PSF Civilian Personnel Department, California State Personnel Board, San Francisco Civil Service Commission, California Employment Development Department, Medical Experience Directed into Health Careers as well as Re-enlistment Army Reserve and ROTC opportunities.

You may need more education or training to get the job you want. Representatives from the Veterans Administration and the California Division of Apprenticeship Standards will tell you how to shake the money tree to do it.

Get the facts together before you get out. Attend the VESP on Wednesday, March 2, 1977, in the Recreation Center, Bldg 135, at 1:30 p.m.

Call 3692/4030 to reserve your place now.

Enlisted wives club

The Presidio of San Francisco Enlisted Men's Wives' Club will host a "Get Acquainted" Coffee on February 22 at 9:30 a.m. All wives of enlisted men, retired and active duty, are invited to attend. It will be held in the Prince Room at the Recreation Center. A guest speaker will be present.

Babysitting will be provided at the Post Nursery for those needing it.

For more information or if you need a ride to the coffee call Marilyn Mann, 387-6716 or Jo Leach, 561-3550.

Swimming classes

Swimming classes for children eight months to three years, and over three years to five years, will be held at the Embarcadero YMCA, 166 Embarcadero, San Francisco. For those infants eight months to three years, a parent must accompany them, and instruction will be given to the parent so that they can continue teaching the child. Children over three years to five years need not be accompanied. This program will begin on Monday, February 21, and run for four weeks. Each class will be twice a week on Monday and Wednesday, or Tuesday and Thursday. The program, including parent admission, is \$30. Sponsoring this program is the American Swim Institute and the American International Aquatic Club. For further information, contact the Youth Activities Director, telephone 561-3637/5141.

It's a good deal...

Are you an active duty soldier with knowledge of a particular subject area? If you are, you could probably benefit from credit by examination. In addition to earning promotion points for the tests you pass, you can earn college credit to substantially reduce the number of courses you need to complete an associate or baccalaureate degree. This could mean considerable savings to you in terms of the time and money it would cost for extra semesters of tuition and living expenses.

Both Army Education Centers on post have tests in a wide variety of subject areas which active duty personnel may take free of charge. The College Level Examination Program (CLEP) consists of five General Examinations in English Composition, Social Sciences and History, Natural Science, Humanities, and Math. The American Council on Education recommends six semester hours of credit for each part. CLEP Subject Examinations, which carry credit recommendations of 3-6 semester hours, are available in approximately 50 specific subjects, such as General Psychology, Fundamentals of Nursing, and Introductory Business Law.

Another series of tests is available from the Defense Activity for Non-Traditional Education Support. This DOD program offers 75 test options, including some vocational subjects such as Introduction to Law Enforcement, Carpentry, Electricity, Forestry, Electronics, Technical Writing, Radio or TV Servicing, Technical Drawing, and Refrigeration. Most of these exams carry credit recommendations of three semester hours.

All the examinations mentioned thus far are free to active duty personnel (dependents and other civilians may take CLEP tests at two local colleges at a cost of \$40 for 5 tests). Most exams take 2-3 weeks to order, are administered during the day at the Education Centers, and require 2-3 weeks for scoring. Some tests, such as the CLEP General Exams, are stocked at the Centers and do not have to be ordered. A new series of exams is expected soon: the Proficiency Examination Program (PEP), formerly available through the New York State Regents External Degree Program. The exams will require fees which average \$35 per test.

Not all schools accept credit by examination, and required scores vary among colleges. Education Center counselors have information about credit acceptable at specific schools. If you would like to find out more about credit by examination, visit the Ft. Scott Education Center, Bldg 1216, or the Letterman Education Center, Bldg 1007, or phone for an appointment, ext 2974/4445 or (LAMC) 4030/3693.

It took him six months to complete and about that long for us to report on it, but Sgt. Kenneth H. Abrams, Co. D, 864th Engineers, deserves a pat on the back for the construction work he did in front of 864th headquarters, Ft. Scott. Working on his own, using mostly his own time, he built a brick replica of the engineer emblem. It was something the sergeant wanted to do since se-

eing a similar piece of engineering artistry a couple of years ago at Ft. Ord. Probably using a piece of engineer insignia brass as a model, he created the construction perfectly—right down to the brick. His work has been noted before. He was the head mason in the construction of the main bus stop on post.

Movies

PRESIDIO THEATER
Friday, February 18,
Mahogany (PG), 7 p.m.
Saturday, February 19,
Special Matinee: Peter
Rabbit and Tales of Beatrix
Potter (G), 2 p.m.
SATURDAY, February 19,
Eat My Dust (PG), 6 p.m.
SATURDAY, February 19,
Sparkle (PG), 8 p.m.
Sunday, February 20, Carrie (R), 7 p.m.
Monday, February 21, Carrie (R), 7 p.m.

rie (R), 7 p.m. **Tuesday**, February 22, The Stranger and the Gunfighter (PG), 7 p.m. **Wednesday**, February 23, Kenny and Company (PG), 7 p.m.

Thursday, February 24, Scorchy (R), 7 p.m.

SCHWARTZ/LETTERMAN Friday, February 18, Street People (R), 7 p.m. Monday, February 21, The Front (PG), 7 p.m. Tuesday, February 22, Eat My Dust (PG), 7 p.m. Wednesday, February 23, Carrie (R), 7 p.m. Thursday, February 24, The Stranger and the Gunfighter (PG), 7 p.m.



Star Presidian

The Star Presidian is an authorized unofficial offset Army newspaper, with a circulation of 5,000, published weekly under the provisions of AR360-81 by the Public Affairs Office, Presidio of San Francisco, CA 94129. Views and opinions expressed herein do not necessarily represent those of the Department of the Army. Editorial offices are located in Building 37. Newsroom telephone: (415) 561-3908 or 2005. Colonel John D. Hamilton, Sr., Commander Major Carole M. Campbell, Public Affairs Officer SP4 Rebecca S. Hall, Editor

Ways to save

Even though California is running short of water, most Californians are pouring it down the drain. The more we use, the more we waste—so much so that one answer to the state's looming water crisis is elementary conservation. Even if we can't change the weather to get more, we can at least change our habits and stretch what we have.

Per capita consumption in Los Angeles and San Francisco is about doube what it was 50 years ago. People in the cities a en't drinking more water; they're just finding more ways to use and abuse the natural resource.

Heedless use is more than just a waste of water; it's a waste of another expensive resource: energy. It takes fifteen barrels of oil to carry 1 million gallons of water from the Sacramento Delta to Los Angeles. Right now, that water is flowing south at the rate of around 100 million gallons a day. Millions of dollars of electric power are consumed transporting water hundreds of miles to be used once and thrown away.

Without widespread conservation measures, the experts say, the California drought will eventually affect everyone. Don Nuedeck, the head of the state's drought control center in Sacramento, says, "Right now we are too spendthrift with water; if people don't start putting some in the bank, nature will foreclose on us."

Except in Marin County, radical conservation measures aren't necessary yet. What you should do:

1. Check for leaks. A dripping faucet can waste 50 gallons a day; A leaky commode even more. Put a little food coloring in your toilet tank. If it seeps down to the bowl you have a leak.

2. Cut down on toilet water. Put two weighted quart-sized plastic bottles in your tank. Presto, you are using half-a-gallon less per flush without affecting efficiency.

3. Cut down on toilet use. No radical suggestions here, though I have seen flushing instructions like Poo do, Pee don't. For now, just don't use your toilet as a wastebasket or ashtray.



4. Change your showerheads. Every minute in the shower means another five to fifteen gallons down the drain. By installing low-flow showerheads for \$7 you can cut it down to three gallons a minute. The shower feels the same. Buy one at your hardware store or order from the Southern California Gas Company, PO Box B, Alhambra, CA 91811.

5. Change your bathing habits. Showers are better than baths. Navy showers are best of all: You turn the water off while you lather up.

6. Use discretion at the basin. Only use what you need. With the tap running continuously you use up to 30 gallons just brushing your teeth and shaving. Using a brief rinse for your teeth and a full basin for your face, you can cut it down to 1½ gallons.

7. Wash dishes once a day. Run only full loads in your dishwasher. Each cycle takes about fifteen gallons.

8. Wash full loads of clothes. Your washer consumes 30 to 50 gallons. Make sure you have enough dirty clothes to justify using it.

9. Keep drinking water in the refrigerator. Chill a full pitcher to avoid running the tap for a cold drink.

10. Water your lawn sparingly. People who study such things say that 80 percent of our lawns are overwatered. Sprinkle just as long, but less often. Once a week should suffice.

11. Don't scalp your grass. If you cut it too short, the roots lose their shade and need more moisture. And leave cuttings on the lawn when you mow; they keep it from drying out.

12. Use a rake instead of a hose. Spraying leaves off your lawn and driveway is a no-no.

13. Put drought-resistant plants in your garden. You don't have to switch to plastic. There are many beautiful flowers, shrubs, and trees that require very little moisture.

14. Wash your car with a bucket. Turn off the hose while you're soaping.

15. Cover your swimming pool. Water evaporates quickly from an open pool.

—Anthony Cook Reprinted from New West Feb. 28, 1977



Demonstrating the recently installed IBM System 370/158 computer to members of the U. S. Army DARCOM Logistic Control Activity, Presidio, is Judy Lewis, supervisory computer operator. This computer is considered to be the latest in ADP technology and with its additional speed and advanced technology makes it possible to secure logistical information on a worldwide basis. Observing the computer in operation are left to right, Charles Clausen, Chief, Colonel George K. Kanemoto, MISO Commander, Robert McVicker and Gene Wegner, Branch Chiefs.

Country in the city

Although playing music has been a way of life with the Coon family for generations, the California Nashvilles with Country Al started out as a mere hobby.

"My dad had a band in the '40's. They didn't play outside of the family, though. Mostly for family reunions and parties," stated Country Al Conn, part-time musician and Assistant Fire Chief for the Presidio Fire Department. "Music's been in our family since I was big enough to stand up. In fact, the first time I played the piano I was four years old."

The California Nashvilles with Country Al have been together now for a year and a half. During that time, they've played their music as a hobby. But, that hobby is beginning to pay off.

"Yes, it's finally beginning to at least pay for itself. We're using the money we're making now to pay off all the new equipment we've bought!," laughed Country Al

"Richard Rockman's (the drummer) wife worked at the telephone company with my wife. That's how we met. Then we just started getting together to share our music," explained Country Al. "We got a few jobs, then with word-of-mouth advertising, we've gotten a lot more. In fact, that's how we get most of our jobs."

"We mostly play casuals, private parties. We are playing at the Log Cabin on the 25th, but I can't really branch out to clubs as long as I'm working with the fire department," explained Country Al.

"I go on a day-by-day basis. I'm not worried about recording or anything. If it happens, it happens. I play because I enjoy the music and performing for people," added Country AI.

NCO Club highlights

Every Tuesday in February is Game Nite at the NCO Club featuring your favorite card game, with the winner being awarded a prize.

On Wednesday nights the Go-Go dancer performs at 7 p.m. and a Pool Tournament is held each Thursday night.

On Friday nights, Dance Bands are featured; Friday 18th—The Clearwater, who play popular and rock music, and on Friday 25th—The California Nashville. These bands play from 9 p.m. to 1 a.m.

The kitchen is open on Friday and Saturday evenings for grill service specializing in steaks cooked to

Don't forget the Poor Richards Membership Night on February 24. A special buffet will be served from 6 to 8 p.m. and a Go-Go dancer will perform from 6 to 9 p.m.

A reminder that the club is open Tuesday through Friday, serving hot sandwiches from 11 a.m. to 1:30 p.m.

If you are looking for a place to hold your promotion party, wedding reception, or just a place to get together, drop by the club or call 561-4914 or 561-4934. The manager and his staff are there to serve your needs.



Clockwise from bottom left: Connie Hinkenlooper, electric piano, singer, Country Al's sister; Nora Stockham, bongoes, harmonica, singer, Country Al's sister; Louise Coon, base player, Country Al's wife; Country Al Coon, guitar and lead singer, and Richard Rockman, drummer and no relation to Country Al.

The secret eye

A gathering of people and events under the watchful SP typewriter

By Eve S. Dropper

And still no rain. Outside of the worry and problems that's causing, the weather is really nice...Love these sunny days. Too bad they're really not good for an awful lot.

The 16th BPO has been teaching classes. They were teaching the post mail orderlies and the mail clerks how to do their jobs more efficiently. Course, these were mandatory classes, but there were only about 10 people in each class. Guess that means next time they'll have about 200 people in each class... PFC Kimberly Jones of the BPO is in the hospital... had her appendix removed. All the peoples from the BPO wish you a speedy recovery, Kim. Me, too!!! Lt. Monte Mingus is the proud father of a nine pound 2 ounce boy!!! Born on Valentine's Day! Congrats to you and your wife, sir. And being welcomed to the BPO is Pvt. Sheila Johnson, coming from Ft. Ben.

Stanley Taylor gets a pat on the back for sure. Seems he found about \$150.00 in the locker room at the gym. He turned it in and the guy it belonged to did get it back. Now, isn't that all right??? Most people would've kept it, or something, but the original owner would've never seen it again. That was really nice, Stan, not too bright, but REALLY nice!!!

Well, when I welcomed C.D. Steen back, I spoke too soon. He's gone again. Back to Okinawa. Sorry, Steen. It was really nice having you back while it lasted. . .

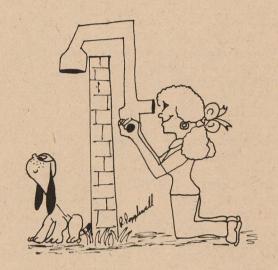
The 864th Engineers got in a whole crop of peoples!! From Ft. Leonard Wood came Pvt. Michael Miholics, Pvt. Patrick Feeney, Pvt. Thomas Collins, Pvt. Brian Grewe, Pvt. Joe Parra, Pvt. Gerald Dekarske, Pvt. Charles Coulson, Pvt. Wayne Bell, Pvt. Raymond Watson, Pvt. Douglous Cole, Pvt. Ricky Hudson, Pvt. Mike Mullins, Pvt. James Sorg, Pvt. Danny Robbins, and Pvt. David Teeter!!! Now, if that's not a whole crop of people, I don't know what is!!!

Leaving the 864th are Sgt. Michael Kloehn, going to Germany along with SP4 James Lomax and SP5 John Jenkins. PFC Scott McCrumb and PFC Royal Towns are off to Ft. Belvoir and PFC Ricky Labitoria is off to Ft. Stewart. Enjoy.

The 402nd got in SP4 Walter Smith from Germany and Sgt. Anthony May from Korea. SP4 Lee Johnsen has ETSed. But, the 402nd did give a bit of interesting news. Steve Hodulick's motorcycle had been ripped off and the SFPD recovered it and returned it. How lucky can you get!! Really happy for ya, Steve.

It's proven to be an interesting week. So far, anyway. News flash: The public affairs office has a new major. Major Carole Campbell just joined us from Korea. Major Campbell took over the responsibilities of Major Michael Williams, who left us for Germany. Notice, three-fourths of the old SP staff are now plodding through the snow is Deutschland. But, we welcome our new major, and fondly say farewell to our old.

Remember the Suggestion Campaign??? Well, Pvt. David Crosby, Small Arms Repair Maintenance Division, DIO, designed a modification for barrel removal fixture on the M-16 Rifle. This permits the weapon to be held securely in a vise while removing the barrel. Sounds pretty dry, doesn't it? Well, I imagine David doesn't think so. He raked in an award of \$30 for his suggestion. Not bad, for a little thought and paper work . . . So, if you have any HELPFUL suggestions, submit them. The next \$30 could be yours!!! (Sounds like an ad for a sweepstakes!)

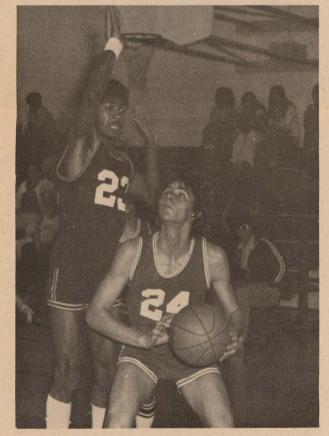


Well, it's that time once again, to take 'n take 'n keep on whatevering. I'm trying.

Won

Lost

SPRES



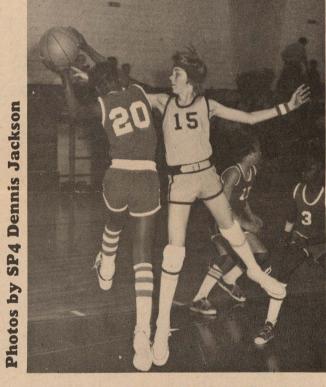
In a struggle for the first game of a three-game championship playoff Tuesday night, #23, Mike Williams, of the Blue Royals, blocks Barry Payne, #24, of the Purple Machine. The Blue Royals skated past the Purple Machine with a 51-47 win. Williams was high scorer for the Blue Royals with 33 points, while Payne was high scorer for his team with 30 points. The Blue Royals also took Wednesday night's game and now hold the championship for the Majors.

Final youth basketball standings

MINORS -WarriorsDynamites Trojans Bullets	W 13 8 7 2	L 2 7 8 13
MAJORS -Purple Machine -Blue Royals Royals Team No 4	W 11 9 8 2	L 4 6 7 13

-Denotes the winner-Denotes the runner-up

A two out of three series will be played between the winner and runner-up teams of each League to determine the champion.



Rick Staples, #15 of the Dynamites, is seen in action Tuesday night against #20, Raven Simpson, of the Warriors. The Warriors carried that game with a 39-27 victory. Staples was high scorer for the Dynamites with 25 points. The Warritrs went on to win Wednesday night's game for the Minor's championship.

Upcoming sports competition

Contact your unit A & R officer for entry in these upcoming sports competitions or visit Post Gym office 7:30 a.m. - 4 p.m.

- 4 p.m.	
Entries due	Starting date
Feb. 28	March 9
March 4	March 14
March 4	March 16
March 9	March 14
	Entries due Feb. 28 March 4 March 4

Basketball competition

Under the leadership of Coach Ray Thomas, tryouts for the Presidio basketball team have been going on at the Post Gym.

Ray will have to cut the squad to nine, prior to their departure to Ft. Carson, CO for the Western Region Forscom Tournament March 7 - 11, 1977.

The tuneup games scheduled for the remainder of February will offer fine spectator entertainment, as well as provide Coach Thomas the opportunity to select the finest to represent the Presidio of San Francisco at the Forscom Competition.

Feb 25-Bay Area Catering-7 p.m.
Feb 27-U.C. Med Center-1 p.m.

Notes from the keyboard

Presidio League

170th MP Co

864th Engrs Spt. Elm. 1 LAIR 51st Engrs. USACC LAMC 1	46½ 45 44½ 44 38 17	25½ 23 23½ 28 34 55
Golden Gate League LAMC 2 525th MI Gp USAG 2 USAG 3 AFPD 16th BPO	Won 50 50 50 43 32 24	22 22 22 29 40 48
Ft. Scott League LAMC 3 SFFO CID Spt. Elm. 2 170th MP Co USASA 6th Reg. CID 16th BPO 402d MP Co 525th MI Gp	Won 49 49 42 38½ 35 34½ 28 23 8	Lost 15 15 22 25½ 29 29½ 36 45 56

Charity challenge

At 6'6" and weighing 225, Garnett Ukkard will be the big man on the Military Police Basketball Team when they take on the Bay Area Newsmen in the first of what is hoped will be an annual charity game, Thursday, February 24, beginning at 8 p.m. in the Post Gym.

Ukkard has been picked for the ALL-FORSCOM team as center from the MP's entry in the Intramural league here. The team that will host the Newsmen will be a combined squad featuring the best from the 170th, 402nd and HHD 504th teams and will be coached by John Valieant who also plays guard.

A special half-time show will feature an exhibition between the distaff members of the White Hats and Cleary's Angles. The Cleary's Angles, coached and managed by Mike Cleary of KNBR, have played a number of exhibitions in the Bay Area including a half-time exhibition at a Golden State Warriors contest recently.

An admission donation of 75 cents for adults and 50 cents for children will be collected at the door with all proceeds going to the Bay Area United Way.

The three Military Police Company teams are perrenial contenders in the intramural leagues on the installation, while a number of the members of the Bay Area Newsmen's team are playing in the city league downtown.

Heading up the Bay Area Newsmen will be Wayne Walker, the well known sports announcer with KPIX Channel 5 sports.

A travelling trophy will be presented to the winning team who will hold it until next year's game.

U.S. Government Printing Office, 1977, 789-036, Print Order No. 18



Army Chief speaks out for soldiers

Army Chief of Staff Bernard W. Rogers firmly supported soldier compensation in recent testimony before Congress.

During his testimony, General Rogers cited the hardships, inconveniences, and difficulties peculiar to military careers, as overwhelming reasons for providing adequate compensation to soldiers and their families.

"One who serves his country's defense must not be forced to accept less for himself and his family than the quality of life enjoyed by his civilian peers," the general told Congress.

General Rogers indicated, during his testimony, that soldiers expect a certain level of compensation, particularly in the areas of health care, and adequate troop and family housing.

"The important thing is that it (compensation) must be visible and consistent," said General Rogers.

The Army Chief of Staff opposes unionization of the military.

"(The) nature of the profession entails a degree of loyalty and discipline unparalleled in the civilian sector. Success in combat—the ultimate test of

preparedness—demands immediate and total responsiveness to lawful orders," said General Rogers.

In addition to testimony on Active Army concerns, General Rogers tackled the problem of compensation for retired soldiers.

The general told lawmakers that retirees deserve the compensations they receive for committing themselves to a difficult way of life during their prime earning years.

The general cited the recent reduction in CHAM-PUS benefits as one of the actions adversely affecting the retired soldier.

He reminded Congressional members that such actions convey a clear message to junior soldiers who consider the treatment of retired soldiers when they debate whether or not to continue their military careers.

General Rogers' defense of military compensation came during testimony in connection with hearings on the "posture of the Army and budget estimates for fiscal year 1978."

FWP promotes progress

For women who work, the Government is a good place to start or to resume a career. And the Federal Women's Program is one of the reasons why.

Under the Federal Equal Employment Opportunity program, agency heads are responsible for finding out what can be done to advance the status of women and minorities in their particular agencies, for making specific plans for improvement and for seeing that those plans are put into effect.

Each Federal agency has a Federal Women's Program Coordinator or Chairwomen of an FWP committee. Within this framework, the FWP Coordinator or committee acts as the agency's contact point, source of information and advisor to the head of the agency on matters involving the employment of women.

Mrs. Wanda Greer has been named the Federal Women's Program Coordinator (FWPC) for the Presidio of San Francisco, CA. Although the Federal Women's Program is an integral part of the overall Equal Employment Opportunity Program, Mrs. Greer has been assigned the responsibilities of keeping the commander advised on the special concerns and problems relating to the employment of women, distinct from other aspects of the EEO Program. She will also serve as Deputy to Mr. Robert A. Joy, the Presidio Equal Employment Officer, and will work closely with him, members of the Civilian Personnel Office, the EEO Advisory Committee, key management and supervisory officials relative to the Federal Women's Program as well as the total equal employment opportunity program.

Mrs. Greer served as the part-time FWPC for the Presidio from 1972 to 1975. She actively participated in EEO/FWPC conferences and seminars sponsored by the Civil Service Commission, the Federally Employed Women and the Federal Executive Board's

Federal Women's Program Committee. In 1972, Mrs. Greer organized the Presidio Federal Women's Program Committee, and as chairperson successfully presented Women's Day at the Presidio. In 1973, in conjunction with the Human Relations Council, she made major contributions to the planning and implementation of a successful Women In Action Program.

Mrs. Greer is well known at the Presidio having been employed here for 25 years. Previous to her selection as FWPC, she was assigned as a Supervisory Inspection Management Specialist in the Office of the Inspector General, Hq, Sixth US Army. Her varied career includes several years in Army Intelligence as Chief, Adjudications Branch and Senior Adjudicator in the Office of the Deputy Chief of Staff, Intelligence. These experiences have equipped her to fairly and honestly evaluate personnel problems from the viewpoint of the employee and management.

Honors bestowed on Mrs. Greer include Outstanding and Superior Performance Awards while in Army intelligence and the Inspector General's Office. She also was the recipient of a Special Service Act Award and a Certificate of Achievement.

"Federal Women's Program progress depends to a great extent on managerial support and leadership," said Mrs. Greer. "The involvement and commitment of management officials is absolutely essential for the success of the program since they have the responsibility of leadership. Program success will depend considerably on the acceptance, understanding and positive direction given by managers, supervisors and staff personnel. One of my primary objectives as the FWPC will be to assure that employees, managers and supervisors (men and women) are fully informed concerning the Women's Program and why it is an essential part of the total EEO Program."



News notes

Blood donor recognized

In recognition of her ten gallons of blood donations to Irwin Memorial Blood Bank, Mrs. Martha Bennick, Presidio employee, was honored recently at a party at Shriners Hospital for Crippled Children in San Francisco. The children presented special tokens of achievement to Mrs. Bennick, including the Ten Gallong Donor Award of the American Association of Blood Banks. The children represented a few of the thousands of people who depend on life-sustaining gifts of blood, donated to Irwin Memorial by volunteers such as Mrs. Bennick.

An office draftsman for the Department of Army, Presidio, Mrs. Bennick has been donating blood since World War II. "There are so many people who don't give blood, although the need is great," said Mrs. Bennick. "I can't afford to give money to charity, so this is my way of giving to others." Mrs. Bennick credits most of her donations to Letterman Hospital to help replace blood used by its patients.

She is one of 28 persons to achieve the Ten Gallon Donor milestone (80 donations) at Irwin Memorial Blood Bank.

Yoga-cross-country ski trip

The Central YMCA is offering a Yoga/Cross-Country skiing trip at Lake Tahoe for March 4-6. Learn the basics of yoga exercises, relaxation, massage, and cross-country skiing. Food, transportation, lodging (private cabin), and instruction are included in the cost—\$41.00. The maximum to be accepted is 12 people. For more information call the Central Y at 885-0460.



Presidio Women's club

The Presidio Women's Club luncheon will be held on March 3, 1977 at the Presidio Officer's Club, beginning with the Social Hour at 11 a.m., lunch at 11:45 a.m. and followed by a "One Girl Fashion Show." Marlys Matheus, from the Stretch & Sew Center of South San Francisco, will present her unique show of knit fabric fashions which will demonstrate how an original wardrobe can be created inexpensively from the "Basic 8" techniques.

Hostesses for the luncheon will be the Ladies of the Headquarters 6th Army Staff Offices. Reservations should be made by Monday February 28, by calling: Nancy Fruin at 561-2613 or Tate Davis at 561-2036; or in Marin call Dee Robinson at 461-4732. Cancellations must be made by noon Wednesday, March 2, by calling Lynn Andrews at 561-3045.

Career counseling

Career choice is a lifelong process. The world of work is offering women more options than ever before. To help you make the most of your talents, the LAMC Education Center will offer an eight-week course which will help you discover, clarify, and develop your career and life goals. Topics covered will include: How to make decisions; how to gather relevant information and then evaluate it; how to expand your alternatives; how to build self-confidence; and how to develop a workable plan of action.

By the end of this program, you will have developed a career strategy which you should put into immediate action. This course is primarily for military personnel, but dependents will be accepted on a space available basis. Each class will be limited to eight people. The class will meet two hours per week at a time preferred by the participants. The only cost will be \$6.25 for the workbook, "How To Decide: A Guide for Women." Please call Mae Reeves at 561-3692/4030 to register.



Photography contest

The deadline for submission of entries for the interservice Photography Contest is April 8, 1977. All military personnel on active duty 90 days or more are eligible to compete. Entries must be original photographs taken during the two-year period beginning August 1, 1975.

Judging will be based on impact, freshness of approach, ability to communicate and technical skill.

Further details and entry forms may be obtained from the Photo Lab, Post Crafts Shop, Bldg. 122, tel. 561-3445/4497.

Pepperdine graduate

Captain O'Neill Quinlan of the Western Region Recruiting Command, Ft. Baker, recently received his Master of Arts degree in Human Resources Management from Pepperdine University, Los Angeles. In a graduation ceremony held on Treasure Island January 4, Dr. David Sumner presented CPT Quinlan with the degree. CPT Quinlan is the first Army graduate to complete the Pepperdine program, which he began in September 1975.

Personnel interested in exploring the Pepperdine program are invited to phone the Ft. Scott Education Center, ext 2974/4445.



Approximately ten \$500.00 Scholarship Awards will be made to dependents of career civilian employees in Northern California for the 1977-1978 school year.

Applicants must be high school seniors scheduled for graduation this year; and, in addition to being dependents of career civilian employees, may be dependents of a retired or deceased career civilian who was employed by a Federal agency in Northern California at the time of retirement or death; currently employed in a Federal Agency in Northern California under the President's Stay-in-school campaign; or have been employed during the summer of 1976 under the Summer Youth Opportunity Program.

For the purpose of applications under this program, Northern California includes Monterey, Kings, Tulare, Inyo and all areas in California north of these counties.

Awards will be based on the applicants' high school record and results of scholastic aptitude tests of the College Entrance Examination Board (CEEB), the in-

formation contained in the application form, letters of recommendation, and a 1200 word essay to be submitted by the applicant entitled, "What Equal Employment Opportunity Means to Me."

Application forms may be obtained from the Training Branch, Civilian Personnel Office, Building 37, Presidio of San Francisco, Ca., 94129, Tel: 561-4285, and must be mailed and postmarked no later than April 1, 1977 to Mr. Donald G. Parks, Personnel Officer, U.S. Geological Survey, 345 Middlefield Road, Menlo Park, Ca., 94025.

The applicant must include with his or her application, a copy or photostat of their high school transcript(s) as of December 1976, showing hours of credit for each course, grade, date of completion and results of their CEEB test; two letters of recommendation from teachers, counselors or principals and the



Pentathlon center

The United States Modern Pentathlon Training Center, Fort Sam Houston, TX, has an immediate requirement for stablemen (horse handlers) who have had extensive experience with hunters or jumpers as trainers or show riders.

Interested personnel must be Grade E5 or below, be available for permanent change of station, have a minimum of one year remaining in current enlistment or be eligible to reenlist.

Duties will consist of training and caring for horses; maintaining stables, track and riding facilities; assisting in the conduct of horse shows and jump events for modern pentathlon competitions; and building/repairing jumps.

Qualified Army personnel are encouraged to apply to the United States Modern Pentathlon Training Center, Fort Sam Houston, TX 78234, ATTN: Mr. John Russell, telephone (512) 221-4816 or Autovon 471-4816. Applicants must be able to document experience through pictures, news articles or recommendation by nationally known judges or horsemen.

An expression of thanks

My family and I would like to express our deep appreciation for your kindness and sympathy during our recent bereavement.

The generosity extended by Presidio personnel will always be remembered. Thank you.

Sergeant William Holloway

Movies

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PRESIDIO THEATER Friday, February 25, The Bad News Bears (PG), 7 p.m.

Saturday, February 26, Special Matinee: The Phantom Tollbooth (G), 2 p.m. Saturday, February 26, The Bad News Bears (PG), 7 p.m.

Sunday, February 27, The Enforcer (R), 7 p.m.

Monday, February 28, The Enforcer (R), 7 p.m.

Tuesday, March 1, The Enforcer (R), 7 p.m.

Wednesday, March 2, As-

Wednesday, March 2, Assault on Precinct 13 (R), 7 p.m.

Thursday, March 3, Norman, Is That You? (PG), 7 p.m.

SCHWARTZ/LETTERMAN Friday, February 25, Kenny and Company (PG), 7 p.m. Monday, February 28, Scorchy (R), 7 p.m. Tuesday, March 1, The Missouri Breaks (PG), 7 p.m.

Wednesday, March 2, The Enforcer (R), 7 p.m. Thursday, March 3, Death Race 2000 (R), 7 p.m.



Star Presidian

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Celebrate another New Year



It was four and a half centuries ago that China adopted a lunar calendar divided into 12-year cycles with each year dominated by an animal diety. Twelve animals comprise the symbolic cycles of the Chinese lunar calendarSerpent, Horse, Ram, Monkey, Rooster, Dog, Boar, Rat, Ox, Tiger, Hare and Dragon. Each is honored once in every 12-year cycle. The first cycle began in 2637 BC.

The serpent superseded the Dragon as the animal diety on February 18, 1977. Traditional at-home observances of New Year's day by the city's more than 80,000 Chinese-Americans, took place on the 18th, but the public celebrating commences February 26. Chinatown's welcome to the Year of the Serpent will continue for eight days, highlighted by the annual "Miss Chinatown USA" pageant on February 26, the "Miss Chinatown" coronation ceremony on March 3, and San Francisco's spectacular Chinese New Year parade on March 5.

The formal celebration of Chinese New Year began in the T'ang Dynasty, AD 618-907. By then the custom of reckoning time by the phases of the moon was centuries-old. The habit stuck. To this day tradition-minded Chinese spurn the West's Gregorian calendar, except for the exigencies of international commerce.

Except in certain San Francisco circles, the snake gets a better shake in the Far East than in the West where its image suffers from the Garden of Eden connection. Chinese traditionalists honor the serpent for its sagacity, supernatural powers and kinship to the beneficient dragon.

According to the prophets, wisdom and flexibility are the watchwords for the year ahead. The intellectual climate will be receptive to thinkers and philosophers and thus conducive to new concepts and significant discoveries.

But the snake moves in tortuous ways, and the Chinese are mindful of its bent for trickery.

The year winding to a close was under the benign protection of the all powerful dragon. Yet the world was visited by drought and earthquakes. Clearly, the almighty constrictor is in a position to put the squeeze on Mother Nature whenever it pleases.

On the brighter side, the scaly eminence is associated with prosperity. Among the secret powers attributed to the serpent are those of healing and renewing life. The graceful writher also partakes of "yin," the passive female essence, and is a symbol of feminine beauty and charm.

Oriental astrologists characterize individuals born in snake years (1893, 1905, 1917, 1929, 1941, 1953, and 1965) as cerebral, seductive, cultivated and self-demanding. Their charismatic personalities combine passion and compassion. They have a rare talent for finding and entwining the money tree and a steely reluctance to share the fruit. Vanity, extravagance and unfaithfulness must also be counted among their shortcomings. Though seemingly cool, they are often wound as taut as a spring. Their most successful amatory entanglements are with persons born under the sign of the ox or rooster.

San Francisco runs rings around other cities, even Asian ones, when it comes to Chinese New Year. Its February 26 - March 6 Serpent send-off will be no exception.

For a full guide to the exotic pleasures of the city's second new year season, write to the San Francisco Convention and Visitors Bureau, 1390 Market Street, San Francisco, CA 94012, or call 626-5500.

The tax man cometh

Perhaps the most difficult part of preparing a tax return is the initial decision to sit down and get it started. Once this effort has been accomplished the following guide should be of some assistance in making your filing easier.

TAX REFORM ACT OF 1976

The Tax Reform Act of 1976 has made considerable changes which might affect your tax picture. Some of these changes are:

- 1. Effective for 1977, alimony will be a deduction from gross income instead of an itemized deduction and for 1976, the child care deduction has been converted to a credit.
- 2. A new and much more usable "credit for the elderly" has replaced the retirement income credit and is effective in 1976.
- 3. For all practical purposes the home-office deduction is a thing of the past since an exclusive business use of the office has been added to the definition for 1976.
- 4. The use of vacation homes as tax shelters has been revamped and limited.
- 5. The sick pay exclusion for disability retirees will now only apply if the individual can perform no substantial gainful employment.
- 6. The new law will gradually change the holding period required for long term capital gain treatment from six months to nine months in 1977 and to one year in 1978 and later years.

However, there has been some liberalization when taking a capital loss. In 1977 the write-off against income has been increased to \$2000, and \$3000 in 1978 and beyond.

What do these changes mean to your pocket book? For tax year 1977, alimony that is being paid on a court ordered decree (not child support) will be excluded

from gross income. It is presently deductible as an itemized deduction. The advantage is that for 1977 and afterwards one can deduct alimony and still use the standard deduction. In many cases this will allow a reduction of taxable income by up to \$2000.

The child care deduction change, on the other hand, is effective for tax year 1976. Previously this was also an itemized deduction subject to complex restrictions. Now it has been made a tax credit. Thus, after using the standard deduction and determining your tax you can take as a credit against that tax 1/5 of the child care expenses up to \$2000 for one child and up to \$4000 for more than one. This produces potential credits of \$400 and \$800 respectively.

Some other good news for military personnel is that unreimbursed moving expenses will be easier to take. Both PCS and TDY moves should be covered since the rules concerning time and distance requirements of the new assignment are removed. Remember only the expenses over and above those finance reimburses you for are deductible.

The earned income credit has been expanded and continued through the end of 1977. The requirements are that one have earned income (that's a salary or payment for services) and provide a home for yourself and your dependent child (under 19 or a student) whether or not you take the dependent as a deduction. If your gross income less exclusions is less than \$8000 the credit will apply. The maximum credit is \$400 which scales down as the larger of earned income or adjusted gross income increases to \$8000. This can result in a payment back to you even if you owe no tax.

As a last note, reservists will be able to participate in IRA's (Individual Retirement Accounts) as long as they do not have more than 90 days AT in any qualifying year.

Page 4, STAR PRESIDIAN, Friday, February 25, 1977

The secret eye

A gathering of people and events under the watchful SP typewriter

By Eve S. Dropper

Finally, rain. And isn't it nice? The storm last Sunday night woke me about three a.m. Ever just sit and watch the elements take over? It's really an awesome sight. I love it!!! The only thing that could've made it better would've been if I were in a tin-roofed building. Pitter, patter. Sounds really comforting . . .

Stanley Taylor! Stan, last week when I wrote about your returning the money you found, I really had no intention of it being a slur of any kind. Some people do a lot of 'tongue-in-cheek' talking, and I guess I'm one of them. Honest, no offense intended. You really deserve a bunch of pats on the back for such honesty—a rare and beautiful sight! All forgiven?????

Well, now that Stan and I are straight, I can proceed with the weeks happenings.

I firmly believe in keeping things in the family. And, I guess, so do Richard and Pauline Zeppieri. Richard, SP4, is with the 864th Engineers while Pauline, SP5, is with HQ USAG. Seems they'll be re-uping together the first of March. For four years. Good luck, and stav happy.

Everybody from Garrison get out and take your PT test??? Aren't these fun? Anybody have sore muscles? What's that old saying, good training???

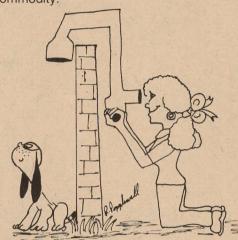
The guys at the 402nd are keeping busy. PFC Gary Griffith joined them from the 504th; Pvt. Jeffrey Frese, from Ft. McClellan; and Pvt. Robert Perani, from Ft. Mac. Leaving the 402nd were SSgt. Dennis Cottone, to U.S. Army Club Management School, and SP4 Larry Landreth to the U.S. Army Transfer Point, Oakland. SP4 Terry Rush hasn't been feeling too well lately, but we hope it's not TOO serious. Get well, soon. It's a drag being sick, isn't it? Sgt. Bobby Palhus had surgery on his knee. Hope you're doing better, too, sarge. And some field training has been planned for these guys. They get to go out to the field the beginning of March. The MPs really are kept busy . . .

The 170th MPs have been practicing for a parade today. They're also getting ready for the Battalion commander's inspection. Busy, busy, busy ... Pvt. James Herbert came in with Pvt. Randall Boyer from AIT at Ft. McClellan. How do you like the Presidio,

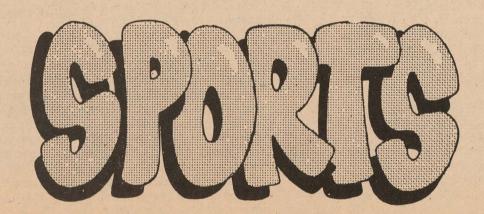
The 864th Engineers got their Day Room completely remodeled! They've been working on that for a while, though. They've got a new TV room, with paneling, a new ceiling and tile floors. They made it themselves, and they're justifiably proud of their work! Good going, guys. Leaving the engineers have been SSgt. Jeffery Corker, to Ft. Leonard Wood; Lt. Robert Van Der Like, to DPTSEC: SP5 Jerry Dean, to Ft. Riley, Kansas and SSgt. Rogers Young, to Ft. Knox, Kentucky. Hope you all enjoy your new duties . . . Sgt. Richard Han joined the engineers from Korea, and Pvt. Gary Runner came in from AIT, Ft. Leonard Wood. Also keeping the engineers busy this week is the pouring of cement on Lincoln Blvd. for the new sidewalk. Things are shaping up nicely, peoples. Keep it up.

Captain O'Neill Quinlan, WRR, was the first Army graduate to complete the Master of Arts degree in Human Resources Management from Pepperdine University. Capt. Quinlan started the program in September of 1975. Good work, sir. It's too bad more people aren't trying to further their educations. It's a hard world without one. Congrats, again.

Aren't three-day weekends nice? The only problem with them is you still have five days of work that you have to get accomplished in four!!! This must be somebody's way of making sure everybody stays on their toes, and they do it while making you feel you've had a short rest. I think that's what's known as tact. A rare commodity.



Another week hastens to a close. Yeh!!! Course, this weekend there's a newspaper workshop, so sleeping late is out of the question again . . . maybe next week. So, as always, take 'n take 'n keep on whatevering. I will.



Youth basketball awards

The Youth Basketball Presentation of Awards will take place Saturday, 11:45 a.m., February 26 at the Recreation Center, Bldg. 135. It is requested that all youths who participated in the Basketball Program and their parents attend this ceremony. Awards will be presented to the winner and runner-up teams of the Major and Minor Leagues, coaches, most valuable player and best sportsmanship in each league, and certificate of appreciation to each participant. Ample refreshments will be available. Visitors are invited to attend.

Female basketball

The post female basketball team has been practicing daily at the LAMC gym in preparation for the FORSCOM championship at Ft. Carson, Colo., March 7-11, 1977. Games have been played against U.C. Medical Center and the Green Machine. The Presidio team is the defending champions.

Baseball registration

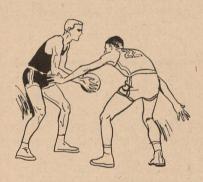
Registration for the Spring and Summer Youth Baseball Program will be held at Letterman Gym, 9 a.m. - 12 noon March 5. All youths between the ages seven through 17 should plan to be there. Leagues will be broken down as follows: CAL-PAL (14-17), MA-MINORS JORS (11-13),All dependents of active duty, retired, and DA Civilians are eligible to participate. A registration fee of \$2.50 per youth, or \$5.00 per family, will be payable upon registration. All youths in attendance should bring their tennis shoes and baseball gloves. For further information, contact CWO RIDLEY, Ext 3459, or Youth Activities Director, Ext 3637/5141.



Male basketball

The Post Male Basketball team has played five practice games so far, and has improved as time goes on. Opponents have been U.C. Medical Center, Berkeley Police Dept. and the Orange County All-Stars.

The next games are Friday, February 25 at 7 p.m., vs. Bay Area Catering Co. and Sunday, February 27 at



Notes from the kegboard

Presidio league	W	L
170th MP Co	511/2	161/2
Spt. Elm. No 1	48	24
51st Engrs.	47	29
864th Engrs	461/2	
LAIR	451/2	
USACC	38	
LAMC No 1	18	58
Golden Gate league	W	L
525th MI Gp	53	23
USAG No 2	53	23
LAMC No 2	50	26
USAG No 3	47	29
AFPD	33	43
16th BPO	25	51
Ft. Scott league	W	L
LAMC No 3	53	15
SFFO CID	49	15
Spt. Elm. No 2	44	24
170th MP Co	381/2	251/2
USASA	35	29
6th Reg. CID	341/2	291/2
16th BPO	30	38
402nd MP Co	23	45
525th MI Gp	8	60

Upcoming sports competition

Contact your unit A & R officer for entry in these upcoming sports competitions or visit Post Gym office 7:30 a.m. - 4 p.m.

	Entries due	Starting date
Volleyball	Feb. 28	March 9
Tennis	March 4	March 14
Golf	March 4	March 16
Handball	March 9	March 14

All-Army basketball

The All-Army Basketball team has departed for clinics in Nevada and California. They will play in the Interservice Championship March 6-12, 1977, at Ft. Benning, Ga., and are the defending champions.

Co-ed gymnastics

The Central YMCA will begin a new 5-week course in Co-Ed Gymnastics on Wednesday, March 2, from 7-9 p.m. at 220 Golden Gate Ave. The course will cover four women's events and six men's events, including trampoline, under the guidance of collegiate gymnast John Fong. Beginners through intermediates are welcome. For more information call Central YMCA at 885-0460



"It may be 'Policing the Area' to you, but it's 'Disturbing the Ecology' to me!"

Star Presidian

Volume 20, No. 9

Presidio of San Francisco

Friday, March 4, 1977

Marriage:

It comes in all colors

Even the most ordinary marriages are faced with their fair share of problems. But, what about the 'notso-ordinary' marriages?

Marriage between people of different social, ethnic, or racial backgrounds is becoming more and more common. In a world where people move faster, to more places, meet more types of people and are exposed to more experiences, how does the 'not-so-ordinary' couple make it?

Mike and Sue Bowers are fairly new on post. Mike, an Army Specialist 5, is assigned to the post locator as an administration clerk. Sue is a housewife and takes care of their young son, Jeremy. She is looking for work herself. They consider themselves a typical, happy family. Some people might look down at this family—just because he's black and she's white!

"It's not compatible skin color that makes happiness, ... it's how we feel about each other."

Interracial marriages, especially between blacks and whites, aren't unusual, but are still a curiosity to a lot of folks on both color lines. But, the Bowers don't see 'color' in their marriage at all.

"Our marriage is like anyone elses," said the 21-year-old soldier. "It's not compatible skin color that makes happiness, it's how we feel about each other."

"We work at our marriage and being happy," chimed Sue, 19. "Not because we're different, but because mutual trust, love and understanding are all a part of any marriage."

The Bowers have been married for over two years. They met in Belgium, where Mike was assigned to Supreme Headquarters Allied Powers, Europe (SHAPE), NATO Headquarters. Sue was an Air Force officer's dependent, also living in Belgium.



Bowers family at home.

Mike and Sue were introduced at the SHAPE bowling alley by a friend of Mike's.

"I didn't feel perfectly at ease when I met her. But, I was very much interested in her, and after we talked a bit, I knew I wanted to get to know her better," said Mike with a smile.

Sue said she felt the same.

"We remained friends for a few of the social gettogethers, but as our friendship grew, we started dating regularly," he said. "It was only a matter of time before we decided to tie the knot."

Telling the folks

Mike and Sue Bowers didn't find it as awkward as they had thought when it came to telling each other's parents.

"My dad wasn't exactly against our marrying. But he warned us of the social pressures we might face," said Sue, brushing her long brown hair from her face. "My family loved Mike and had no qualms about us. Their only concern was that we would be happy."

The telling of Mike's parents through a letter was easier still. There is another interracial marriage in the Bower family, so the surprise of Mike's popping the question to a white girl had been buffered. As did Sue's parents, Mike's mom and dad wanted only happiness for them both.

It was about a year from the time they met that they were married in a civil ceremony in the small town of Maisieres, Belgium. Mike's parents couldn't make the ceremony, though his mother did fly to Belgium earlier in the year to meet Sue. Mike did some traveling of his own for the wedding, for he had been assigned to Germany a couple of months before.

Settling in

They settled easily into married life, and when Jeremy came along they became devoted parents.

With six months completed here, the Bowers are enjoying themselves with their favorite past-time, sight-seeing. Sometimes their viewing of California is from the back of a horse. As a matter of fact, Sue and Mike would just as soon ride horses as drive a car. Sue is into drawing and painting, while sports-minded Mike tears up the nets playing basketball.

The Bowers said they haven't come across as many prejudiced circumstances as they had thought they might. Perhaps it's the sign of the times. Mike said he read in the European Stars and Stripes newspaper that there were 12,000 interracial marriages (between blacks and whites) in the United States. He read the article two years ago. Perhaps more and more people are beginning to see, not the color of skin, but the color of love.

Another of the "not - so - ordinary"

Marriages between blacks and whites aren't the only type of "not-so-ordinary" marriages, especially in the military. Marriages between GIs and people of the Far Eastern countries are also filled with their share of adjustments.

Robert and Yung Root have been at the Presidio for five years now. Bob, a captain in the Army, works as Personnel Officer at COMPACT. Yung works as a key punch operator downtown and they have a two-year old son, Robert, Jr.

"You've really got to want to marry the girl to go through all the hassle."

Robert and Yung met in Vietnam, where Yung worked as a key punch operator for Robert.

"Overseas, you really have a lot of red tape to go through to be allowed to marry," stated Bob. "You've really got to want to marry the girl to go through all the hassle. "I'd never really looked at our marriage as interracial. I'd always looked at it as just people, speaking two different languages," commented Bob.

Leaving your home country, traveling 6,000 miles to live in a country totally alien to you, could have some detrimental effects.



The Wedding Ring-A symbol of marriage vows.

"When I left Vietnam I had a choice as to where I wanted to be stationed. I choose the Presidio because of the Oriental population in San Francisco," explained Capt. Root. "The Oriental food is here and my wife's never really adjusted to American food. It's a very cosmopolitan environment. I don't know if it would've been the same in other parts of the country.

"Yung spoke English when I met her. In fact, she acted as my interpreter. But, she's still self-conscious about making herself understood even though she shouldn't be.

"...someone who had guts enough to get on the bus and see where the hell it went."

"I think other than my wife's self-consciousness, she doesn't have many major problems. It did help that we didn't live on post initially. She got out, learned her way around," said Bob Root, with a real feeling of admiration. "She had to be a fairly self-reliant person, someone who had guts enough to get on the bus and see where the hell it went."

"These kinds of things helped. She didn't stay on post and only meet officer's wives. She's met other Vietnamese and American women here on post who don't know where Macy's is downtown, they don't know where Stonestown is, either.

"My father's American, my mother's Puerto Rican. My mother's parents were American and Puerto Rican, too. I guess we're almost a third generation," Bob laughed.

vews notes

New travel guide

The 1977 Military Travel Guide, compiled and published by service wives, has been published and is now available for purchase. The 200-page book provides specific details on all major worldwide U.S. installations and covers 25 countries. Examples of information provided include key telephone numbers for each installation; complete billeting and recreational data; and 1,200 civilian hotels/motels that give 10-50 percent military discounts.

Guides are \$1.95 a copy and can be ordered from Military Travel Guide, P.O. Box 9654, Washington,

D.C. 20016.

Letterman Women's club

Just imagine cruising over the magical Golden Gate Bridge with a carful of congenial companions. Just imagine winding thru the hills of historic and naughty Sausalito. (Historic because it was an old Spanish landgrant ranch given to a British sailor by the name of Richardson who had the good sense to jump ship, court and marry the daughter of the Spanish Comandante of the Presidio. Later it was a whaling port. Naughty, because it was the hideout of Prohibition gangsters.) Just imagine driving up to the entrance of the lovely Alta Mira Hotel and turning your car over to the valet to park.

Then imagine the luncheon plate your pleasantly efficient waiter has just sat in front of you. The Crepes a la Cannelloni Milanese, large, hot and glazed with their own Sauce Mornay. The rice and the al dente vegetables. Ah, then imagine lingering over your gorgeous, green grasshopper cake and coffee while gazing down on the Bay and Sausalito spread before you. All of those little shops are waiting from the Heath stoneware factory to that tiny one you have always wanted to explore.

The date is set for Thursday, March 10. Car pool if desired, from the Post Theater parking lot at 11:00 a.m. The Sherry hour is 11:30 and lunch will be served

Reservations and checks should be sent to B. Carpenter, 1320 Kobbe Avenue, PSF 94129 by March 7. The cost is \$6.95 including tax and tip.



On March 8 at 8:30 a.m. the Presidio Enlisted Men's Wives' Club will hold a Bake Sale. The sale will take place on the first floor of Letterman Army Medical Center in vicinity of the Post Exchange. If you are in the area please support the PFS Enlisted Men's Wives Club by stopping by and helping them make their bake sale a big success.



Educational assistance

If you need financial aid to pay college fees for your son or daughter, there are several educational assistance programs available to help you. For specific information, contact the organizations of your choice.

1. Army Emergency Relief, Headquarters, Department of the Army, WASH DC 20314 (some details available in Chapter 10, AR 930-4, and DA PAM 930-1.)

2. AMVETS National Scholarship Program, 1710 Rhode Island Avenue, N.W., WASH DC 20036, provides scholarships to high school seniors whose fathers or mothers are deceased or totally disabled veterans of World War II, the Korean Conflict, or the Vietnam Era.

3. Henry A. Kissinger Scholarship Fund, ATTN: Mrs. Mary Drew, Assistant Program Director, Educational Testing Service, Princeton, NJ 08540 - provides scholarships to children of American Servicemen killed or missing-in-action in Indo-China after December 11, 1961

4. The Retired Officers Association, 1625 Eye Street, N.W. WASH DC 20006 - administers a student loan program for undergraduate study only (in conjunction with the United Student Aid Funds, Inc.)

Other scholarship/loan programs are described in DA PAM 352-2, Dependents' Education - Educational Scholarships, Loans, and Financial Aids.

Heavenly Valley ski trip

The Central YMCA, 220 Golden Gate Avenue, is planning a ski trip to Heavenly Valley on March 11 to 13. This low-cost trip provides food, transportation. and accommodations, plus discounts on ski equipment rentals in San Francisco. Try the easy atmosphere of the YMCA small-group ski trips. For more information call the Central Y at 885-0460.

Crime prevention update

OFFENSE FOR Feb 77 Larceny Under \$50.00 Larceny Over \$50.00 Auto Theft Housebreaking/Burglary Vand/Dest/Damage to Property Shoplifting

CB radios and eight track tape players have become one of the hottest items on the Criminal's Ten-Most-Wanted list. On a national level, it has been estimated that a CB radio or eight track tape player is stolen every eight seconds. Here on the Presidio, during the period between October 76 and December 76, 13 CB radios and five eight track tape players were stolen from parked, unattended vehicles. According to the Washington Staff Judge Advocate's Claim Office, reimbursements for CB radios stolen from privately owned vehicles while on a military installation, will only be made in cases where the CB radio was stored in the vehicle's trunk at the time of the theft. Only in a few cases will reimbursements be made where the CB radio was stored in a locked glove compartment in the vehicle's interior at the time of the theft. If the CB radio is stored in plain sight in the vehicle's interior at the

TOTAL FOUNDED	MONETARY LOSS
12	\$165.00
18	\$2,212.00
1	\$750.00
7	\$2,253.00
11	\$270.00
1	\$10.00

time of the theft, reimbursement will not be made, no matter if the vehicle was secure or not.

Of course reimbursements are made on a case by case basis, the point of the matter is don't leave your CBs or any property of value in your vehicle. Possibly, there will be times when storing of property in your vehicle is necessary. In those few instances, store the property in your vehicle's trunk out of sight. If your vehicle doesn't have a trunk, cover the property with a blanket or put the property under the vehicle's seats out of sight. Take the time to engrave your CB and eight track tape player with your vehicle operators permit number and the issuing state's abbreviation. Record the manufacturer's serial number found on your CBs and eight tracks, and maintain this record in a safe place. Don't be an easy target. Do think Crime Prevention.

Rec Center happenings

If you are looking for something exciting to do on the night of March 4, look no further. It's the big dance at the Presidio Recreation Center, featuring Sunsmoke. This is a big nine-piece band which specializes in the top popular music of the day. Everybody on the Post is invited, including all military, dependents and civilian employees over 19 years old. Guests over 19 are also welcome. Admission is \$1.00 and an ID will get you in.

Also featured at the Recreation Center is a movie on the 1968 Alaskan Earthquake. The movie will be at 7:30 p.m. on Tuesday, the 8th, in the Main Lounge.

For all you Disco fans, don't forget the big Wednesday night Disco Dance every Wednesday night at 9 p.m., featuring Dr. Webb. No admission, but ID is required. Ladies, the Recreation Center is having Belly Dance Lessons again on Monday nights at 7:30 p.m. For all you Chess fans, they have Chess Lessons also on Monday nights at 7:30 p.m. None of you "Willie Muscones" out there will be interested in this, but for the rest of you who want to improve your game, don't miss the regular Thursday night Pool Lessons at 7:30 p.m. given by the Recreation Center's Pool Pro, Hank

If you are a member of a group with a special interest, and you need a place to meet, check with the staff at the Recreation Center and they'll try to help you out. For more information about planned activities or activities you would like to plan, call the staff, ext. 2000 or 5420. The Presidio Recreation Center is Your center and you are encouraged to use it.

Secretary of the Army sworn in

Clifford L. Alexander, Jr. was sworn in as the new Secretary of the Army. He will have responsibility and authority for the conduct of all affairs of the Department of the Army.

He has served as Foreign Affairs Officer of the National Security Council under President Kennedy and later appointed by President Johnson as Deputy Special Assistant to the President, Associate Special Counsel and Deputy Special Counsel to the President. In addition, he served as special consultant to President Johnson on civil rights.

Secretary Alexander served in the New York National Guard and was called to active duty for six months. He was separated from the active Army at Fort Dix, N.J., in February 1959. He is a graduate of Howard University with an A.B. Degree in American Government and an LL.B. Degree from Yale Univer-

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Movies

PRESIDIO THEATER Friday, March 4, Norman, Is

That You? (PG), 7 p.m. Saturday, March 5, No Deposit, No Return (G), 7 p.m. Saturday, March 5, Special Matinee: No Deposit, No Return (G), 2 p.m.

Sunday, March 6, Marathon Man (R), 7 p.m. March Monday,

Marathon Man (R), 7 p.m. Tuesday, March 8, From Beyond the Grave (PG), 7 Wednesday, March 9, The

Trial of Billy Jack (PG), 7

Thursday, March 10, The Ritz (R), 7 p.m.

SCHWARTZ/LETTERMAN Friday, March 4, Assault on Precinct 13 (R), 7 p.m. **Monday**, March 7, Norman, Is That You? (PG), 7 p.m. Tuesday, March 8, Leadbelly (PG), 7 p.m. Wednesday, March 9, Marathon Man (R), 7 p.m. Thursday, March 10, From Beyond the Grave (PG), 7 p.m.



Star Presidian

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Team trains under water

The students called it an Adventure Training program. But the two weeks of scuba training was technically referred to as Special Qualification in Scuba diving.

This was a special training program for 10 members of the 170th MP SWAT team. The purpose of the training was to teach the SWAT team an additional skill so they would be better prepared to handle any emergency situation that might happen in the waters around the Presidio and other government owned properties in the Bay area.

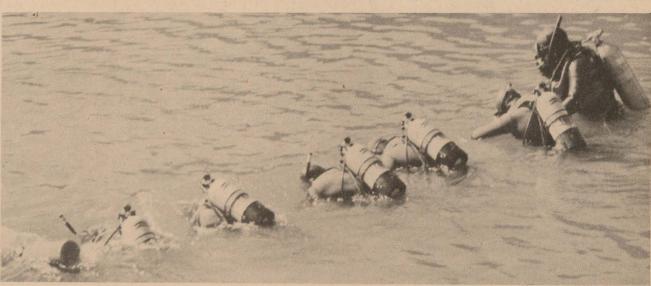
The program initially began with 44 hours of basic instruction. This included classes in physics, physiology, underwater environment, plant and sea life and the care, maintenance and use of all the skin diving equipment.

"These students should be able to react to emergency calls for rescue work," stated Captain Ron Orr, military diver and instructor for military diving. Capt. Orr is also a National Certified Underwater instructor and the only qualified instructor on the Presidio.

"They should be able to react to calls for assistance in crime prevention," continued Capt. Orr. "They should be able to do investigative work, search and recovery for objects thrown in the water in the Presidio area."

After completing the basic instructon, the SWAT team members were given an additional 20 hours of open water training. This involved the techniques of search, recovery and open water rescue.

In meeting these qualifications, the students dived into the harbor, Horseshoe cave, Ft. Eaker and they made a complete beach reconnaissane of the water



SWAT members on a search and reconnaissance along shore lines.

line of military property. The group also participated in a field exercise of open water training in the vicinity of Monterey and the coast line all the way to Ft. Ross.

"This group has really done well," commented Capt. Orr. "It's been the most spirited and highest teamwork type class that I've ever taught."

There are more programs planned to train the remaining SWAT team members of the other MP companies. A continuation program will also be implemented to keep the divers well qualified and upto-date.

The training was done in accordance with the National Association of Underwater Instructors and the students received certificates of military training for two separate courses: one for basic scuba qualification, the second for search, recovery and rescue. A third certificate will be presented at the next scuba club for the civilian aspect of it.



Team members push qualifying weights during underwater exercise.

Income tax time draweth nigh

PART II

Should you file a 1040 or a 1040A? (hat is the long form or the short one?) You CAN file the short form if all your income is listed on your W-2's and you have neither interest nor dividends in excess of \$400. You CAN NOT use the short form if you han to itemize deductions, if you plan to take a sick pay exclusion, unreimbursed moving expenses, or if a non-resident alien is involved either as the principa taxpayer or a spouse. In either case the tax comes out the same, so if you are in doubt take the extra time to fill out the longer form.

Should you item your deductions? The simple answer for most soldiers is no. There are exceptional circumstances that can make it advantageous. The question is one of determining whether your deduc-



tions for which you have records are greater than the assumed average that the IRS has precomputed. As a general rule, you should consider itemizing if you are single and the deductions are greater than \$1700; married filing jointly if in excess of \$2,100 and married filing separately if in excess of \$1050. The precise amount of the standard deduction available to you is found in the instructions.

Members of the military normally do not find itemizing to their advantage because they are provided government housing and have their medical needs covered. However, if the military member owns a home or is buying a home, that immediately changes. Other expenses that may change the general rule are large interest payments (including finance charges and points) on the purchase of personal items such as cars or boats. By the way, do not forget the extra sales taxes on these items. As mentioned in the early part of this article, alimony and child care costs (not to be confused with child support) are important deductions. Another large item which can make itemization beneficial is a casualty loss.

Once you start to itemize, take everything that you legally can. This includes a number of small items: subscriptions to professional magazines, the extra BART ½ percent sales tax, license fees which are really taxes, California automobile registration in excess of \$11.00, charitable contributions, expenses for production of income (office supplies, business travel, safe deposit box), and political contributions, to name a few.

If you decide not to itemize, a few deductions can be taken as exclusions. The largest of these is the previously mentioned moving expense deduction, which must be reported on Form 3903. In addition, some limited business expenses can be excluded. These include transportation charges not reimbursed by your employer and certain incidental expenses. Keep in mind, however, that expenses related to rental property or any other business endeavor can be deducted

from the profits of that enterprise and even produce a loss when brought forward to the 1040. These deductions are separate from Schedule A deductions and do not disqualify one for the standard deduction.

Divorce and child support payments cause special problems. If the divorce was in California or if you are a California resident, the community property law will create special considerations both in Federal and state filing for that taxable year. If you get a divorce during the current taxable year you should seek professional tax advice (which is also a deductible expense). In any case, remember that child support (not. alimony) is not deductible and it may or may not entitle you to take an exemption. You must meet the test of providing more than one-half the support of the child. Both parents may not claim the exemption for the same child. The best solution is to agree who will take the exemption or to split them at the time of the divorce. If it was not done, then a written agreement Form 2120, Multiple Support Declaration, filed with the returns will suffice.

Sales of real property are cause for concern. First, remember there are two general classifications: principal personal residence and property held for production of income. Gain or loss will be realized upon the sale of property held for production of income unless it is traded (sale and purchase does not qualify) for another parcel, and gain or loss will still be recognized

to the extent the properties are of unequal value. A principal personal residence can be sold and a new one purchased within either 18 months (4 years for military personnel) before or after the sale of the old one. In that case the basis (cost) will be carried for-

ward to the new home and no gain recognized on the sale of the old one. If you have rented the old home for more than a temporary period it is no longer the principal residence and does not qualify. You may be able to reestablish the house as a residence by returning to it on a permanent basis.

The secret eye

A gathering of people and events under the watchful SP typewriter

By Eve S. Dropper

Once again it's time for the weekly rundown on whats happening. If you look closely around you, you can see signs of summer. Time to get out the old cut-offs, swim suits, and (YEH) water skis. Can't wait!!!

Hey, now, this must be the week for promotions!!! From the 16th BPO, SP4 Michael Vandervloedt, SP4 Myrna Osuna and SP4 Linda Yonan are all Speedy Fives now. Congrats on that!!! Ask me if I'm green with envy??? SP5 Arnold Jones has returned to the BPO from NCO Academy. Great to be back, huh? Must be nice to have the academy over with. But, from what I hear, you can mix learning with a little fun. 'Course that depends on where the school is . . . Give three cheers for the BPO! They won the First place trophy for basketball in the Ft. Scott league. Good work, guys. But, then we know you had the potential . . . And the BPO is busy setting up postal services at Ft. Irwin.

A couple of newbies joined the 864th. SP4 John Thompson and SP4 Kevin Schiebel both came in from Korea. Welcome to the Presidio, peoples.

Did ya see last week's paper??? Telling about the Chinese New Year??? Well, OUR band will be participating in that gala event this Saturday. All right!!! Nice to keep the Presidio involved . . . And PFC Benjamin Baab was promoted to SP5. Working on Stripes for Skills. Also a nice pay jump, right Ben???

Congrats Sallee!!! SP6 Gary Sallee, JAG, has been promoted to SFC. Good going. Bet that's one that makes you pretty pleased, too.

Also from the 864th, Gary Brenden was promoted to SP5 and Stephen Cahill jumped up the ladder to SP4. And joining the engineers was Pvt. James Sorg. Congrats and welcome, to ya'll.

And I mean to tell you we've really got some outstanding civilians working on the post. Like Mr. Walter Prugh, who recently received his sixth (6) Sustained Superior Performance Cash Award. Mr. Prugh works as the Deputy Director of Industrial Operations. And listen, the certificate stated he "repeatedly demonstrated his outstanding ability in organizing and streamlining the various divisions and activities within the Directorate." Now, that's all right, sir. And isn't it nice when a job well done is recognized. May I add an extra pat on the back . . .

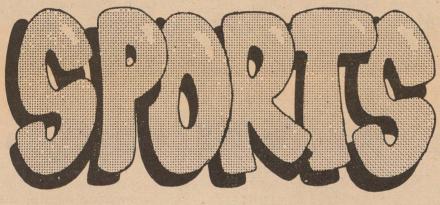
Another outstanding civilian is Mrs. Mary Hayes. Now, Mary received \$105.00 for her adopted suggestion which was estimated to save the Army \$1,069.00 PER YEAR. Now, that's a heck of a lot of money. For the Army and for Mrs. Hayes. So, people, don't forget the suggestion campaign. It can pay off!

Speaking of civilians, the Presidio now has a new Director of Civilian Personnel. Mr. Richard Miller arrived from the Defense Language Institute in Monterey, to assume his duties here. And Mr. Miller will head an organization that employs more than 3,500 people—making him one of the top employers in the San Francisco area. That's one humongous responsibility!!! And, I'd never really realized there were that many civilians here. Congrats on your new job, and good luck!

The 170th MPs are on White Hat duty this month. Have fun, guys. And from the 504th HHD, Gary Marino was promoted to SP4. Congrats, Gary.

See, didn't I tell you there were a lot of promotions this week??? The points must be dropping! Keep 'em going down!!! I'm sure there's several more of us (notice the editorial US), who could use the extra stripes!!!

Still speaking of promotions, Joseph Knoll of the 402nd MPs was promoted to Sgt.!!! Congrats, Joe! (This one is somewhat interesting to me, especially, cause Joe's been telling me for weeks he was going to make it!!! Glad to see the orders finally came in, Joe!) And Richard Delgado, cook for the 504th HHD dining facility, was promoted to SP5. Congrats to you too, Richard.



Showboat military golf classic

The Showboat Military Golf Classic will be held in Las Vegas, Nevada, April 18-22. Tournament is open to all military golfers, active duty, reserve and retired personnel. Entries are limited to the first 300 golfers and are taken on a first come — first served basis. Entry deadline is April 13. Further information may be obtained at the Post Gym, Bldg. 63, 7:30 a.m. - 4 p.m., Monday through Friday.



Military golf champions

Holding up under unrelenting pressure, Steve Ragan, Pt. Mugu Naval Air Station, successfully defended his title at the California State Military Golf Championships.

Only six strokes separated the top seven players in the prestigious two-day event that just concluded at the Rancho Del Rey Golf Club in Atwater.

Ragan's 73-73-146 just barely kept runner-up Jimmy Stinebaugh at bay. The Presidio of San Francisco Army golfer carded a 74-74-148.

"The course was in great shape, but played long, and the water and sand traps took their toll," reported Col. Gordon Krautkramer, Castle Air Force Base commander and coordinator of the statewide military tournament. He should know, he was also one of the competitors.

Baseball registration

All parents are reminded to inform their children that the Youth Spring and Summer Baseball Registration will take place March 5, 9 a.m. to 12 noon at the Letterman Gym. Dependents of active duty and retired military personnel and DA civilians are eligible to participate. A registration fee of \$2.50 per youth, not to exceed \$5.00 per family, is payable upon registering. Youths should bring gloves and wear tennis shoes. Those who do not possess these items should also attend. For further information, contact CWO Ridley, ext 3459, or Youth Activities Director, ext 5141/3637.

Youth Basketball

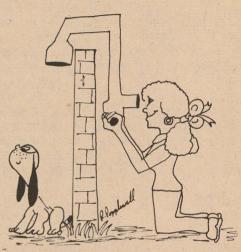
Marking the end of the Youth Basketball Season, a presentation of awards was held at the Recreation Center on February 26. It was encouraging to see the great number of youths, accompanied by their parents, who attended this ceremony. Winner trophies were presented to the Blue Royals (Major League) and Warriors (Minor League). Runner-Up trophies were presented to the Purple Machine (Majors) and Dynamites (Minors). Trophies were also presented to the Most Valuable Player and the player displaying best sportsmanship. Winners of these awards in the Major League were Barry Payne (Purple Machine), Most Valuable Player; and Frank Braehmer (Royals), Best Sportsmanship. Minor League winners were Ravin Simpson (Warriors), Most Valuable Player; and Freddy Reves (Trojans), Best Sportsmanship. All presentations were made by1Lt. Barry McClure, Deputy Recreation Services Officer.

Karate tournament

A Karate Tournament will be held tonight at the Post Gym, 7:30 p.m. Admission is free and the public is invited to attend.

There have been several people ETS from the 402nd. SP4 Carl Benefiel, SP4 George Guzman and SP4 Ronnie Fryday have all joined the pavement pounding ranks of the civilian world. Good luck, peoples. Joining the 402nd were SP4 Gary Kilby from Ft. Sill, Oklahoma; Pvt. Norman Plowe, from Ft. McClellan; PFC Gary Griffith from HHD 504th; SP4 James Pike and SP4 George Banks, both from Korea. Enjoy the Presidio. It's really a beautiful place, in case you haven't noticed that all ready!!!

Western Region Recruiting has a bit of news this week. SP4 Sheryl Appling was promoted to sergeant. Congrats, Sheryl. Capt. Robert Albertazzi is TDY to Ft. Ben Harrison for a five-week class in personnel management. I hope you enjoy the course and Indiana. It's really a nice place, regardless what else you may hear!!! Unfortunately, you'll probably leave before the Indianapolis 500, but it's nice there anyway. And SP5 Reggie Mason has been alerted for Germany. We'll be sorry to see you go, Reggie, but I do hope you enjoy Germany. Maybe by the time you get there some of the snow will have melted!!



How time flys when you're busy, busy busy. But, I keep hoping none of us will be too busy to remember a little water conservation. We've been the "land of plenty" for so long, it's really time to start paying attention to the deterioration of our resources! All it takes is a little thought . . . so, please, be thoughtful. And, take 'n take 'n keep on whatevering. I am.

Notes from the kegboard

Presidio league	W	L
170th MP Co	521/2	231/2
Spt. Elm No 1	52	24
LAIR	481/2	271/2
51st Engrs.	47	33
864th Engrs.	461/2	291/2
USACC	46	34
LAMC No 1	18	
Golden Gate league	W	L
525th MI Gp	56	24
USAG No 2	54	26
LAMC No 2	51	29
USAG No 3	48	32
AFPD	36	44
16th BPO	28	52
Ft. Scott league	W	L
LAMC No 3	53	
SFFO CID	49	15
Spt. Elm No 2	47	25
170th MP Co	401/2	271/2
USASA	37	31
6th Reg. CID		291/2
16th BPO	30	
402nd MP Co	25	47
525th MI Gp	12	60

Army basketball

A special basketball game between the Major league All-Stars vs. the Major league coaches will take place Saturday, March 5, at the Post Gym. Each coach selected three players from his team to play in this game. So, there will be twelve youths vs eight adult coaches.

This will be an exciting game matching experience and the speed and talent of the youths. The coaches will be lead by John Martin, Greg Lyles, and Bob Darling. Standouts for the youths should be Grady Renh, Frank Bruehner, Billy Robinson, Mike Wheller, Carol Burdick and Kenneth Duncan.

All are invited to watch this challenge match.

Sixteen teams are entered in two leagues for the intramural volleyball games and will commence play on March 9. Come out and support your units' team. Favorites this year are LAIR, 6th Army and 16th BPO. This sport combines technique, coordination and team play between players. Each rally is different and watching a good spike play is appreciated. Both men and women can play on the same team in one league. Learn what dink, set, bump and spike are!!!

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Star Presidian

Volume 20, No. 10

Presidio of San Francisco

Friday, March 11, 1977

Military benefits:

It's still a good deal



the Post-Vietnam Era Veterans' Education Assistance Act of 1977. The change had little effect on current soldiers except that the bill set a deadline of December 1989 for use of benefits. Soldiers entering the Army on or after Jan. 1, 1977, to receive educational benefits, must contribute up to a maximum of \$75 per month, with the VA matching two for one. For every dollar contributed by the soldier VA will contribute two.

The act also terminated the current Predischarge Education Program (PREP) which was funded by VA. DA plans to continue a high school completion program which is Army funded.

Retired pay

Congress ended the one percent retired pay "kicker" which was originally intended to help the retired service member keep up with the changes in the cost of living. The one percent was added to the rise in the Consumer Price Index (CPI) to offset the delay from the CPI rise and the actual retired pay rise. The kicker, in fact, raised the military retired pay increases above that of civilians.

The measure established the dates of March 1 and September 1 of each year as the date of pay increases rather than keying the raise to follow the CPI rise. The retired pay raise will still be adjusted by the CPI index but over a six-month period.

Corrective legislation was enacted that eliminated the potential for military members to face a loss of retired pay by virtue of continued active service. The Retired Pay Inversion measure assured service members they would receive the maximum amount to which they would be entitled.

PCS and moves

An increase in PCS funding by Congress will allow the Army to terminate some overseas tour extensions. The extensions were necessary to cut down on moving costs. There may be sufficient funds available to completely terminate the extensions in FY 77.

Legislation was passed making permanent the exemption for military to report moving expenses as reportable income. Had the legislation not been passed it would have placed a severe burden on soldiers making PCS moves in less than 39 weeks and for distances of less than 50 miles. Movement of dependents in conjunction with a short tour would have been taxable also.

The FY 76 Appropriations Act passed by Congress permits military personnel to move themselves and profit from their own labor if the cost is less than the government estimate of the move.

Other legislation

New tax reform legislation provides for the automatic withholding of state income taxes from a member's monthly pay. The tax withheld will go to the soldier's state of legal residence and not necessarily to the state in which the member is assigned. States must formally request the withholding and to date eight states have asked for such assistance in collecting taxes.

A new law was passed which provides protection in malpractice cases for medical personnel of the Army, including the Reserve and National Guard. The law covers military and civilian physicians, dentists, nurses and other medical support personnel.

Changes to the CHAMPUS program were made as a part of the Defense Appropriations Act. Now CHAMPUS funds may not be used to pay claims for non-emergency inpatient hospital care if care is available at a uniformed service hospital within a 40-mile radius of the patient's residence.

Legislation was also passed authorizing the Secretary of the Army to collect up to 25 cents more from each enlisted soldier and warrant officer to help pay the costs of running the U.S. Soldiers' and Airmens' Home. The legislation also authorized the Home Board of Governors, to collect from Home residents up to 25 percent of their retirement of annuity checks. Soldiers now contribute 25 cents per month.

A number of legislative proposals were not completed prior to adjournment. These were:

*Family Separation Allowance for the lower four enlisted grades;

*Special pay for new Veterinarians and optometrists coming in after July 1, 1976;

*The "Fair Market Rental" system for soldiers in government quarters. Occupants would pay what the house is worth and not just forfeit the quarters allowance:

*The Uniformed Services Retirement Modernization Act (RMA) to revamp the military retirement system:

*A bill to extend enlistment and selective reenlistment bonuses past the June 30, 1977 termination date;

*Several bills which would have permitted women in combat and combat units;

*A bill to authorize expanded flexible and compressed work schedules which go further than the "flexitime" schedules now in use by a number of Army activities:

*And a bill to standardize the Services rules for collection for bad checks.

It was a give and take situation for the military in the last session of Congress. Here's how it went.

Per diem allowance rose to a maximum of \$35 per day and higher in certain areas but enlisted members were limited to a maximum of 60 days leave they could sell back over an entire career.

The current GI education bill ended for future soldiers but it was replaced by a contributory education program in which the soldier pays for part. And for retirees, Congress ended the one percent kicker but also assured soldiers who remain on active duty that they will not lose retired pay.

Compensation and benefits

Many of the legislative measures dealt with the area of compensation and benefits. The increase in per diem rates came in two increments with Congress approving a ceiling of \$35. The first raise was a DoD mandated raise to \$33 per day last May and a further increase to \$35 in October. Certain high cost areas were designated with rates of \$40 to \$50 per day.

Enlisted members were put on the same level as officers as far as leave sell-back is concerned. Enlisted soldiers now can sell back a maximum of 60 days leave during their entire term of service. Also any leave accrued after Sept. 1, 1976 will be paid at the basic pay rate only and not for BAQ and subsistence.

Congress voted to continue the full funding of military commissaries. If they had not, costs would have risen requiring soldiers to pay more for commissary goods. Without the full funding measure, commissary patrons would have had to pay the full costs of shipment of goods and salaries for commissary workers thus reducing the savings of shopping at commissaries.

Educational benefits

During the final hours of the 94th Congress, legislation was passed that terminated the GI Bill for soldiers entering the Army after Dec. 31, 1976 and instituted

News notes

Rec Center happenings

Looking for something to do?

Join the folks at the Recreation Center this week. Come, challenge the staff, Friday, 8 p.m. — Pool, Ping Pong, Air Hockey, Cards, Dominoes. Saturday, at 3:30 p.m. it's Bid Whist games.

Attack, attack, attack, Hamburger Attack. ...come make your own hamburger (with all the trimmings), on Sunday at 6 p.m. Don't forget the Monday night classes at 7:30 of Chess and Belly Dancing. And it's not too late to get points towards the Commander's Trophy, Pool Tournament on Tuesday at 7 p.m.

Disco Dazz dance time again, with Dr. Webb, Wednesday from 9 to 12p.m. I.D. required. Happy St. Patrick's Day, Thursday, 7:30 p.m. Game Room activities and refreshments. On Friday at 8 p.m., it's Banana Split time again. Come and build your own.

Members needed, for fun and interesting things to be done at D.J. Club meeting on Sunday's at 6:30 p.m. For more information contact the Recreation

Center, Bldg. 135, 561-2000/5420.

Driver's licenses

All states do not grant or issue extended driver's licenses. Military personnel and their dependents are urged to check with their home of record or state Driver's License Division on their status.

Ceramics decoration class

Beginners Ceramics Decoration Class will begin March 22, 1977, every Tuesday evening, 7-9 p.m. for an eight-week duration. Ms. Connie Beaubois and Mr. Dean Steiner will be instructing. Class Fee: \$10.00 (fee includes all underglazes and glazes required for completion of eight projects.) Active duty military will be given priority. However, in case of space available, retired military and dependents are urged to sign-up also. For class registration, stop by the Crafts Shop, Bldg. 122, or call 4497.



Sweet 'N'Treat shop

"How sweet it is!" That's what exchange patrons are saying about the recently activated Sweet 'N' Treat concession at the Presidio of San Francisco. This pastry concession is operated by a black minority concessionaire, Mr. Abdul Raheem, nominated by the Office of Minority Business Enterprises. The Sweet 'N' Treat Shoppe is located in the same building as the Main Cafeteria. The interior decor for this concession consists of yellow and white canopy trim with matching door curtains, mirror tile wall, yellow formica shelving and other appropriate decorations. The interior upgrading was accomplished on a self-help basis. The baked products being offered include a variety of danish, pies, cakes, eclairs, creamed pastries, cookies, donuts, rolls, bread and decorated cakes for special occasions. A special line of minority pastries is also featured.

FORSCOM Rec Center seminar

Presidio Recreation Center will be the site for the FORSCOM Recreation Center Seminar to be held March 14, 15, 16. The Seminar is entitled "Mobilizing, Managing and Motivating Morale Resources and Services." The seminar is designed to improve the quality of life on military installations through enabling better utilization of human and recreational resources. Guest speakers include Dr. Eva Schindler-Rainman and Dr. Ronald Lippitt.

Beginning Russian class

The Fort Scott Education Center, in conjunction with Galileo Community College, will offer a new 12-week course in Russian for Beginners at the Education Center, Bldg. 1216, on Tuesday and Thursday evenings from 7 to 9:30 p.m. The first class will be held March 29.

The instructor, Bill Hartney, is a graduate of the Defense Language Institute. The texts will be provided and emphasis will be on conversation.

This course is open to military, dependent and civilian personnel.

For further information or to enroll, contact the Adult Education Department at 561-2974 or 4445.

Several services from USO

Chess instruction for beginners, intermediates, and advanced players is given every Saturday at 2 p.m. free of charge by Chess Master Sienkievich at San Francisco USO, 1019 Market Street. Free and discount tickets to movies are also available Saturdays and weekdays. Free job counseling is given Monday-Thursday, 5-7 p.m. by Bob Paterson, union official, and call for an appointment with him at 621-0630. Other services at the USO's Drop-In Center include Friday and Saturday night dances, ping pong, pool, pin games, a lounge area, books, magazines, TV, city and sight-seeing information, maps, and always a cup of coffee or tea. For further information regarding these and other services call 621-0630.

Aquarius Swim club

The Aquarius Swim Club, a Presidio Youth Activity, recently held its Semi-annual Awards Banquet at the Presidio Service Club. The highlight of the evening was the awarding of four 'AA' Trophies to swimmers who had achieved times in the upper 5 percent of the swimmers in the Pacific Association and 14 'A' Trophies for swimmers who had achieved times in the upper 40 percent of the swimmers in the association. In addition, medals were given to the first three places in each age group (boys and girls) for participation and swimming improvement over the past six months. Each active swimmer in the Club received some type of recognition for their hard work.

The team is coached by Don Perez, who has been with the team since its inception, and Morgan Kulla. Practices are held each week day afternoon from 4 to 6 p.m. at the Letterman Army Medical Center Swimming Pool and meets are generally held two weekends a month. Financial support for the club is provided by the Presidio Thrift Shop, the teams participation in the Recycle Center, Club dues, and occasional bake sales.

Any parent or children between the ages of 6 and 18 interested in knowing more about the Club and its activities are encouraged to visit a practice and speak with the coaches or one of the board members or by telephoning LTC Don Naylor at 561-3106 or 922-7303.

St. Patrick's celebrations

Two St. Patrick celebrations will be held at San Francisco USO in March.

An old-fashioned Irish Social will be given at 5:30 p.m. on Saturday, March 12, at San Francisco USO, 1019 Market Street. Featured at this pre-St. Patrick's Day celebration will be Irish refreshments, dances, games and storytellers with Leprechaun legends. Junior Volunteers will serve as hostesses. Everyone is encouraged to wear something green. All members of the Armed Forces are welcome.

On the day after St. Patrick's Day, Friday, March 18, a post St. Patrick's dance will be held at 8 p.m. at the USO with a live band performing. Refreshments will be served, everyone again is invited to wear something green. All military personnel are invited. For further information about these two St. Patrick affairs at San Francisco USO, call 621-0630.



Live bands at USO

A live band will perform for the post St. Patrick's dance at 8 p.m. on Friday, March 18. USO's regular disco dances will be held on the alternate Fridays in March. Refreshments will be served at each affair. All members of the Armed Forces are welcome to attend. For more details phone 621-0630.

Copper enameling workshop

A beginners Copper Enameling Workshop will be held on March 12, a Saturday, from 1 to 4:30 p.m. The class will be taught by Kewal Takhar; class fee is \$2.00 (all supplies furnished). Active duty military will be given priority. However, in case of space available, retired military and dependents are urged to sign up also. For registration, stop by the Crafts Shop, Bldg. 122 or call 4497.

Movies

PRESIDIO THEATER
Friday, March 11, The Ritz
(R), 7 p.m.

Saturday, March 12, Special Matinee: Clarance, The Cross-Eyed Lion (G), 2 p.m. Saturday, March 12, The Bongo Long Traveling All-Stars and Motor Kings (PG), 7 p.m.

7 p.m.
Sunday, March 13, Nickelodeon (PG), 7 p.m.
Monday, March 14, Nickelodeon (PG), 7 p.m.
Tuesday, March 15, Woodstock (R), 7 p.m.

Wednesday, March 16, A Matter of Time (PG), 7 p.m. Thursday, March 17, Dog Day Afternoon (R), 7 p.m. SCHWARTZ/LETTERMAN Friday, March 11, The Trial of Billy Jack (PG), 7 p.m. Monday, March 14, The Ritz (R), 7 p.m. Tuesday, March 15, The Bingo Long Traveling All-Stars and Motor Kings (PG),

Wednesday, March 16, Nickelodeon (PG), 7 p.m. Thursday, March 17, Woodstock (R), 7 p.m.



Star Presidian

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St. Patrick:

The reptile eradicator

By Ron Renouf

The man for whom we'll all be "wearin' a bit 'o the green" next Thursday is loved and remembered for

One of the best known was his ridding Ireland of snakes, when as the legend tells us, he drove the island's serpents into the sea. This is of course the reason why Ireland has no snakes to this very day.

Who was he really?

The son of Calpurnius, a deacon, Patrick was born in Roman Britain during the early fifth century. He lived on a farm with his family near the village of Banavem Taberniae, a place where scholars have agreed was situated near the mouth of the Severn in Wales.

This district was raided by pirates when Patrick was 16; he was captured with hundreds of others, carried off to Ireland and there sold as a slave.

The boy's head was closely shaven to mark his new status, and his clothes exchanged for the sheepskin tunic and sandals always worn by slaves. Henceforth his main occupation was herding droves of swine on the slopes of a mountain traditionally identified as Slemish in Antrim.

It was a searing experience for a boy raised in comfort and with an innate sense of superiority. But he held on tenaciously to the Christian training he had received. In his solitude on the mountain he learned to pray. Hitherto an average, careless boy, he soon acquired a precocious gravity.

Six years passed, during which his character was reformed by prayer and asceticism. He began to plan his escape. Twice he was instructed by a clear inner voice: once to console him that he was soon to return to his fatherland, and a second time telling him that his ship was ready. Carefully choosing the moment, he set off on foot for the southeast coast. When he had covered about 200 miles he came upon a ship ready to sail and succeeded in boarding it. After many adventures with the heathen crew, he got back to his parents in Britain. Some time later, he left them again in order to study for the priesthood in Gael. He rose to the rank of bishop and was entrusted with the mission to Ire-

A dream of Ireland

ceeded him there and had just died.

Ireland had always been in his thoughts because of a dream he had in which he saw an angel named Victor arriving with many letters, out of which he selected one for Patrick. It was inscribed with the words, "The voice of the Irish", and as he was unfolding it, he heard Irish voices Crying to him to come back to them. It was an experience that shook him profoundly because he recognized the voices.

At first his superiors were unwilling to give him charge of the mission to Ireland. They doubted his competence. Some of his colleagues even imputed unworthy motives to Patrick's persistence, saying that he was really out for the promotion for himself and not for the evangelization of Ireland.

While it is true that the conversion of Ireland is a golden page in Christian history, the ease of the transition from paganism to the faith has been somewhat exaggerated. If there was no organized persecution of the Church, there was much local hostility. The "Confession", incidently, revealls a man of great physical courage: "On occasion I used to give presents to the kings, besides the hire I gave to their sons who accompanied me; and nevertheless they seized me with my companions. And on one day they most eagerly desired to kill me, but my time had not yet come. And everything they found with us, they plundered, and me myself they bound with irons. And on the fourteenth day the Lord delivered me . . . Daily I expect either slaughter, or an unfair attack . .

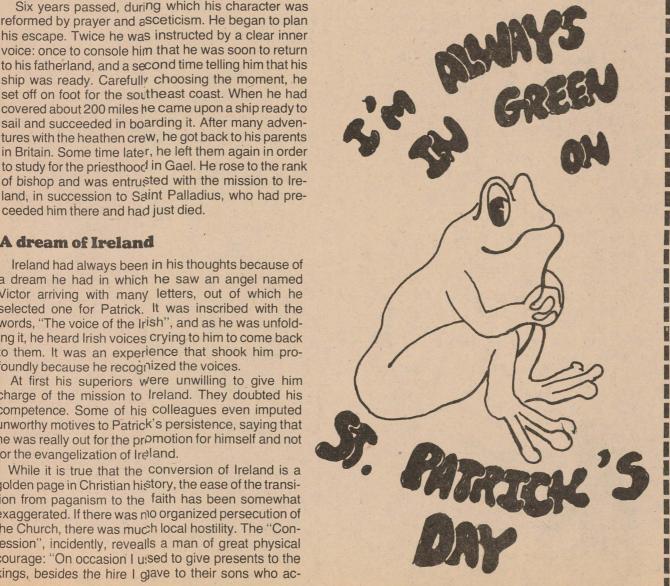
While the legendary stories may not be trustworthy in points of fact, they are wholly consistent in confirming the self-portrait in the "Confession": a man of Saint Paul-like qualities, who never again deviated from the asceticism learned in the first years of slavery, "undeterred by hunger or cold," a might toiler, completely selfless, accessible to the meanest of his converts.

He who had escaped from slavery to the Irish surrendered himself again to be their slave in a new sense. He admits that he used to long to revisit his kinfolk in Britain and, even more keenly, his old friends in Gael; but his solicitude for the Irish would not allow him to leave them for even a short time.

I fear to lose the labor which I began . . . Let it not happen to me from my God that I should ever part from his people which he purchased in the ends of the

The Irish people have responded with a depth of human affection undiminished by the passage of cen-

Next Thursday, March 17, they celebrate his feast all over the world with a fervor which makes his cult perhaps the most living one of all the Fifth Century



Smart thoughts

Scholarship awards

It is scholarship award time at the Presidio Women's Club. This year two scholarships will be awarded to 1977 graduating high school seniors by the Presidio Women's Club. One will be an academic scholarship of \$1,000 sent to the college of choice and the other will be an award of \$500 sent to the vocational school

To be eligible applicants must:

) be a dependent of an active duty military sponsor who is assigned or attached to the Presidio of San Francisco, or to any tenant organizations located on the Presidio or its subposts, or

2) be the dependent of a Presidio Women's Club member (membership effective before February 25, 1977) and

3) maintained at least a B average in high school.

Applications are available at the Main Post Library, in the Special Services Library on the first floor of Letterman Hospital, in the LAIR library and at the Fort

Completed applications and a copy of the applicant's high school transcript (which the student must request the school send directly to the Club's Post Office address) must be received by April 22, 1977. Mail applications to:

SCHOLARSHIP Presidio Women's Club P.O. Box 9063

Presidio of San Francisco, CA 94129

For further information, you may call 561-2944. The winner will be notified by April 29 and will be a guest at the Presidio Women's Club luncheon on May



News from the Ed Center

If you thought it was too late to start college courses this spring, the Army Education Center has good news for you. On-post classes from San Francisco State University will begin on March 28 and 29. Enrollment is not limited to military personnel. Adult dependents, retirees, and other civilians are welcome. The courses

Man and the Physical Environment, (GEOG 101) is an introductory geography course covering aspects of the earth such as weather and climate, soils, vegetation. This three unit course could apply toward natural science requirements at most colleges. It meets Tues. and Thurs., and tuition is \$99.

Fundamentals of Oral Communication, (SPCH 150) is an introductory speech class designed to improve your communication skills. The four units of credit can be applied toward humanities requirements at most schools. The course meets Tues. and Thurs., and tuition is \$132.

Abnormal Psychology, (PSY 452) is an upper division course carrying three units of credit. Students are normally expected to have junior standing and previous completion of 9 units in psychology. The course meets Mon. and Wed., and tuition is \$99.

Family Relations, (HEC 225) is a three unit course which deals with marriage and family membership. Previous completion of an introductory psychology class is recommended. Tuition is \$99 and meeting days will be announced soon.

All classes will be held in Bldg. 1216, from 6 to 9 p.m. They will end the week of May 19, except for Oral Communication, which will run until June 2. Tuition assistance is available to qualified active duty personnel if DA Form 2171 is completed and returned to the Education Center at least three days before the class begins. Those eligible for the G.I. Bill may use their VA benefits.

Registration is currently underway at the Ft. Scott Education Center, Bldg. 1216, ext. 2974 and the Letterman Education Center, Bldg. 1007, ext. 4030. Don't wait to take advantage of this on-post educational

The secret eye

A gathering of people and events under the watchful SP typewriter

By Eve S. Dropper

That little bit of rain we had this week really wasn't enough to get things good and wet, but I'm sure it helped. It sounded nice, anyway. But, everybody knows I like storms anyway.

Anybody head out into the streets for the Chinese New Year? I did. Ever get a group of eight friends together, gender a lot of excitement over an activity, then feel responsible if the gathering was a disaster???? Well, like I said, I went to the Chinese New Year's. And I feel very bad about it. I'd been to Mardi Gras, and Bastille Day in France, and the Chinese New Year's was compared to these other celebrations. I must brankly say, I thought it was a great disappointment. But, that's just my opinion. I'm still glad I went, just so I can say I did!!!

The 170th is still pulling white hat. Course, the other guys are out in the field, so, be thankful for small favors!!! And, we welcome SSgt. James Remington to the 170th from Germany.

You know, not to wear a subject to the ground, but at the parade (Chinese New Year), the 6th Army Band was to have marched. They say they were there, but I didn't see them. Course, I didn't see the 60-foot dragon either. . . Hope you looked and sounded good. I'm sure you did. The band's now getting ready for their monthly concert. That'll be Wednesday, at 7:30 p.m. So, ya'll come, ya hear?

The education center here has a unique advantage over the city colleges. See, the spring semester has already begun at the city colleges, so if you'd want to enroll now, you couldn't. You'd have to wait till summer, at the earliest, to attend classes. Why waste that time? There are classes starting the end of this month at the Ed Center. And they'll transfer to other colleges. It's a good way to earn credit during the 'late spring'. So, if you need more info, call the Ft. Scott or LAMC Ed Center. The peoples are there to help you.

Some days it's really hard finding all my peoples to talk to!!! What with one thing and another . . . Well, more news from the 'home-front'. Diane Griffin is leaving the Tour Guides. And the Army. But, Diane's only been counting her 'short' days for two years now!!! We'll miss ya, but I do hope you're happy.

From the 864th Pvt. Raymond Watson, Pvt. Dennis Cole, and PFC Jeff Laymance have all gone to HQ USAG. Sgt. Donnie Smith has ETSed. And, SP John Scott is on leave in Hawaii waiting for his ETS date. If that's not the way to be 'short' I don't know what is!!! Last week it was promotions, this week I've got short on the brain!



Notes from the kegboard

Won

Lost

Team Standings

Presidio league		
Spt. Elm No. 1	56	24
170th MP Co.	53½	26½
864th Engrs.	49½	0½
LAIR	48½	31½
51st Engrs.	48½	35½
USACC	46	34
LAMC No. 1	20½	59½
Golden Gate league		
525th MI Gp	57	27
USAG No. 2	57	27
LAMC No. 2	52	32
USAG No. 3	51	33
AFPD	37	47
16th BPO	31	53
Ft. Scott league		
LAMC No. 3	54	18
SFFO CID	53	23
Spt. Elm. No. 2	49	27
170th MP Co:	45½	30½
USASA	42	34
6th Reg. CID	34½	29½
16th BPO	33	43
402d MP Co.	25	47
525th MI Gp	12	60

Post Karate tournament

The Intramural Karate competition was held at the Post Gym on March 5. There were 25 entries who were competing for the top places in three divisions: white, colored, and black belts. The program also included demonstrations of the hands, feet and the combination of the two in the art of Taekwon-do. The results are as follows:

White Belt Division
First Place: Michael B. Moore, LAMC
Second Place: John Young, 504th MP Bn.
Third Place: Jesus Cruz, 51st Eng. Det.

Colored Belt Division
First Place: Ricky Ross, 504th MP Bn.
Second Place: Bruce Blindburg, 504th MP Bn.

Black Belt Division
First Place: Tony O'Dell, RG IX
Second Place: Yong Cha, 16th BPO

Umpires meeting

A rules, mechanics and field conduct clinic and assignment meeting will be held at 10 a.m., March 26, in the Recreation Center. The Pacific Officials Assoc., Baseball & Softball Group will service nine leagues this year and invites interested and qualified persons (military and civilian and dependents) to join the group. For information please attend this mandatory meeting. No telephone calls.

Youth/coaches basketball

Last Saturday, the Major League Coaches defeated the Major League All-Star team, 71-60. It was a casual game with no big stakes. Both teams enjoyed a fast-paced game. All involved played a fun game. Hopefully, this will be an annual event at the end of the regular season for the youths and coaches.

It was a game between the "Masters" and their "Pupils." The coaches team jumped out to an early lead and played good defense to hold off a late rally by the youth team. The outstanding player on the coaches team was Donzel Hill, who scored 22 points. Grady Renk and Mike Wheeler led the youth team with 18 points each.

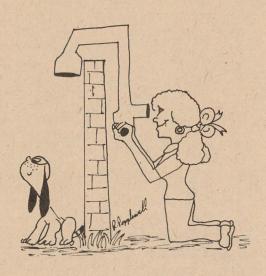
Trout stocking

The Department of Fish and Game announced that the following areas were scheduled to be stocked this week with catchable trout if water, weather, and road conditions were favorable:

Alameda County: Lake Elizabeth, Lake Chabot. Contra Costa County: San Pablo Reservoir. Marin County: Stafford Lake, Bon Tempe Reservoir; Napa County: Hennessey Reservoir; Santa Clara County: Sandy Wool Lake, Cottonwood Lake. Santa Cruz County: Pinto Lake; and in Lake County: Upper Blue Lake.



Speaking of promotions, several peoples from HQ USAG received them. Promotions, I mean! Ricky Reyes made SP5. Congrats on that! And Janice Maiden and Sharon Ehlert both made PFC. Good going, gals!!! Like to see people improving themselves. Makes me feel like there's still hope...



Well, with all the field exercising going on, most of the work is being held down really well by the troops here. Haven't heard any complaints, anyway!

So, you all take 'n take 'n keep on whatevering. I am.

Need for umpires

There is an urgent need for softball/baseball umpires this year. At the present time, the local Pacific Officials Association has more leagues under contract than there are umpires available to service.

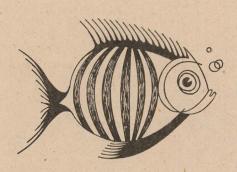
The Association conducts its own training schools at the Presidio and individuals interested in working are urged to contact Frank Castro during afternoons at 561-5014.

Youth baseball

Formation of the local California Police Athletic League (CAL-PAL) youth baseball program is now underway for the 1977 season.

Persons interested in coaching or working with this league, or receiving information on registration should call Frank Castro, during afternoons only at 561-5014.

The CAL-PAL league is open to youngsters from 13½ years old through 16 years old.



Fish poachers

If you can't catch the poachers on the river, maybe you can catch them at the fish market.

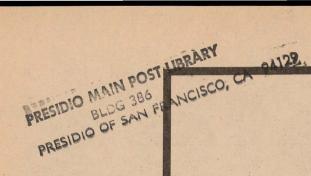
That method of law enforcement payed off for a team of California Fish and Game wardens last week in Oakland when they discovered a truckload of steelhead trout being delivered to a fish market.

The truck, owned by a Santa Rosa distributor, contained 107 steelhead trout with a combined weight of 1,257 pounds. Every one of the big fish bore the marks of a gill net, according to Warden Frank Russell.

The truck driver was cited for illegal possession of steelhead, and the Department of Fish and Game is preparing a complaint against the company he works for. Meanwhile, the Department is conducting an investigation into the source of the fish.

In California, it is illegal for anyone to possess more than three steelhead, and those caught within the state cannot be sold. It is also illegal for anyone except a member of one of the Klamath River Indian tribes to catch steelhead by gill netting. Members of these tribes are permitted by a recent California Supreme Court ruling to gill net fish within the limits of their reservation for "subsistance" only.

Warden Russell, along with wardens Bob Wright, Nick Albert, and John Mendoza are continuing to patrol Bay Area fish markets for other violations.



Enjoy, rather than destroy

The beauty of nature has awed man since the beginning of time. The sight of the sun rising, the full moon's reflection on still waters, a mother bird feeding her young, crickets chirping on a warm night, the smell of freshly cut grass, and the sight of the new leaves appearing on the trees in early spring have always caught the attention of poets, lovers, and vandals.

Vandalism, according to Webster's New Collegiate Dictionary, is the willful or malicious destruction or defacement of public or private property. Although vandalism may not be capable of going to the lengths of shutting out the sun or moon, it does, in essence, rob you and your children of some of natures' beauties.

A lot of the Presidio was originally sand dunes, and the trees and foliage now seen here are part of the Army's ecology effort. To let the people of the area know, and have an opportunity to see, some of the work that's gone in to conserving the natural beauty of the post, the Ecology Trail was blazed. This was done in conjunction with the Army's overall ecology effort, and to preserve and upgrade the environment. The many hours of planning, and actual 'blazing' of the trail were done for the people, not the Army.

Members of the Tour Guide Section of the Public Affairs Office were to work on this project. The local Boy Scout Troop volunteered to help make the markers for the trail and set them up. The Ecology Trail officially opened in November, but the markers weren't ready yet. The work on the trail markers continued

"We had to route the holes for the pins, put in the arrows guiding the way, pour resin over the pins to keep them in place, and then dig the holes to put them in," said PFC Craig Barrett, Tour Guide.

"It was so nice when we got all the markers in place," said Barrett. "It was like watching something

you had taken part in blossom and come to life. The markers really did a lot for the trail."

January 16, all the markers are in place. January 24, six were completely gone from the trail and 14 others were destroyed. They were still lying on the Trail, but someone had smashed the resin, presumably to get the pins.

"Those markers were buried about two feet into the dirt, so they couldn't be picked up or blown over by the wind. You'd have to work with them a bit before you could get them out," explained Craig. "We had to pull all the damaged markers out and completely redo them."

"It's kind of maddening to put that much work into a project, then a week after it's finished someone tears it up for no reason, just for the sake of tearing it up," lamented Craig. "There's no sense in it. They didn't get anything out of it. They couldn't even get the pins out without destroying them. And if that was what they were after, they could've come to the office and we would've given them some pins. We give pins out to all the people who walk the tour or want them."

After the malicious destruction of the original work, why didn't the people become discouraged and quit? Doing the work all over, knowing that what happened to the originals could happen again, must have felt frustrating

"We replaced the markers so people could still come out and enjoy the Trail," explained Craig. "It was designed so the people could enjoy the forestry on the Presidio."

In a city of concrete walls, the destruction of nature is especially a crime. Vandals, by destroying for the sake of destroying, are stealing from you, too. If you know the person/persons responsible for any type of vandalism, please report the information to the Military Police at 561-2251.

Star Presidian

Volume 20, No. 11

Presidio of San Francisco

Friday, March 18, 1977

Protect your right to decide

Contrary to popular belief, a reenlistment bar is not a place where, after a few drinks the reenlistment officer subtly exhorts you to sign your reenlistment papers.

A reenlistment bar is a serious thing. It can prevent you from reenlisting for further military service. The worst part of it probably is that the bars are not waiverable.

Although the rates of reenlistment bars on the Presidio are low, only two to three per month, the soldier who wishes to continue a successful military career must be aware of, and try to avoid, the situations that can bar him from reenlistment.

Those items that can bar a soldier from reenlistment are listed in Army Regulation (AR) 601-280. There are a total of 16 items overall.

"A person can be barred from reenlistment for any pattern of behavior that isn't satisfactory," stated SFC James Bates, Post Career Counselor.

Those bars most common stem from one or a combination of several of the following: Recurrence of Article 15s; AWOLs; frequent involvement with civilian law enforcement officers; late return from pass or leave; frequently missing formations, details and other assigned duties; continuous indebtedness and reluctance to pay just debts.

"Take a person who is barred for failure to repair," stated SFC Bates. "He just can't make it to work on time. He may not be AWOL, but he's chronically late. After X number of times, he may get an Article 15, or several, but, he has developed a pattern. This is the type of thing most bars stem from."

Indebtedness is probably the second highest cause for barment, according to SFC Bates. "If you continue to fail in your duties, and you've had several counseling sessions or two or three Article 15s, again, you've developed a pattern. If you're in debt for a long time and not trying to solve your problems, it's a cause for a bar. Sometimes a person will put forth an effort, get out of hock. Then, they'll turn around and do it again," explained SFC Bates. "There are some bars for bad checks, but not too many."

The most common bars for first-termers is failure to adjust to military life. This involves failure to do your job properly, chronic lateness, and not being where you're

supposed to be when you're supposed to be there, SFC Bates pointed out. He also explained that very seldom are reenlistment bars based on marital problems or failure to manage marital affairs. "We deal with military problems, not personal problems unless they become serious enough to affect your job.

"If you do have marital problems, you can explain these to your commander during a counseling session, and he will probably understand this and deal with it.



"This brings up the purpose for the counseling sessions," added SFC Bates. "during the session, you have your chance to present your problem, give an explanation and to state the reasons for the problem. This way a judgment can be made of what is a legitimate reason and what isn't."

There are two other types of bars which apply mostly to soldiers with six or more years of service (for pay). These are a self-imposed bar and a Department of the Army Qualitative Management Program (DAQMP) bar.

SFC Bates explained that the self-imposed bar applies to an individual who volunteers to go on levy and then refuses to complete his overseas requirement. If a person is in a career or first-term status and he volunteers for levy, but his ETS comes up before his PCS, he must either extend or reenlist in order to meet the requirements. If, for some reason, he doesn't want the overseas tour, he must then sign a statement of counseling.

The second type bar that applies to soldiers is the DAQMP bar. This bar has two types, the DA bar and the Regulatory bar.

Under the Regulatory bar, an individual must achieve a certain grade at a certain time in his career, ie: An E-3 can do five year's service without receiving a promotion, or he will be separated, unless a waiver is approved.

The DA bar is usually imposed as a result of a review of the individual's 201 file by a DA board. This bar results from a combination of items such as low EERs, recurrent Article 15s, low PMOS test scores, etc.

Very seldom do medical reasons bar a person from reenlistment. But, if a person is overweight, and either refuses to go on a dietary program or does not lose the weight, then he could get a bar to reenlistment, according to SFC Bates. "An individual must be OFF the program before he's eligible for reenlisting. If he's showing progress, then he may be extended for further evaluation," added SFC Bates.

Authority for approval of bars imposed on persons with 10 or less years of service has been delegated to brigade level. Bars on soldiers with 10-18 years of service are imposed by major commands, such as FORSCOM, while bars placed upon individuals with 18 but less than 20 years of service must be approved by HQDA.

The cold fact about reenlistment bars is that there are no loopholes around it. "The only way a person can reenlist is if the bar is lifted," SFC Bates explained. "And even though the bars are reviewed every six months, and prior to a PCS or ETS, it is a rare case when it happens."

News notes

Rec Center happenings

The Presidio Recreation Center, in its series on current subjects, is offering a program on Tuesday, March 22 at 7:30 p.m., on "All About Earthquakes." Their speaker, Dr. B. Uhrhammer, from the University of California at Berkeley, Dept. of Seismology, will acquaint you with facts on earthquakes that you, perhaps, never knew about.

Ladies, the Belly Dancing Class is BACK! Monday night, March 21 at 7:30 p.m., along with the Chess Class. For all you Disco fans, Dr. Webbs' Disco Dance is at 9 on Wednesday nights and is getting better every week. Thursday nights at 7:30 they've got an old New York pool shark who will help you improve your game in a couple of hours of Pool Lessons. It won't hurt and it won't cost you, but it will be lots of fun. So, make the most of your leisure time by going out to your Recreation Center and show 'em you care - - - they do.

USO poster contest

The Bay Area USO announces a Poster Contest which will begin April 1 and end April 30, to encourage participation in USO activities and services. Entries will be limited to enlisted military personnel.

First prize will be a cash award of \$100. Winning poster will be printed and distributed to military installations throughout the Bay Area.

Look for further details and contest rules in the next issue of this paper.





MOHS tryouts

Tryouts for "MOHS" — (THAT'S "SHOW" — UP-SIDE DOWN) — will be held on Monday and Tuesday, March 21 and 22 at 7:30 p.m. at the Presidio Playhouse. As part of the All-Army Festival of the Performing Arts, this musical revuew needs all types of performers—actors, actresses, singers, dancers, specialty performers, and musicians. Original skits and songs will also be considered for "MOHS."

Although tryouts are open to anyone interested, active duty military personnel will be judged in the various categories with entries from other installations world-wide in the Army's Music and Theatre Program. Awards will be given by Department of the Army. For further information call 3992 from 1-5 p.m.

Scholarship awards

The Presidio Enlisted Men's Wives' Club is awarding a \$250.00 Scholarship to a dependent of active duty, retired or deceased military personnel. The applicant must be a 1977 graduate of a Bay Area high school.

The scholarship will be applicable to either an accredited college or trade school.

Applications and further information can be obtained at the Main Post Library or at Letterman Library.

All applications must be in by April 30, 1977.

Easter egghunt

Parents should be made aware that the Annual Presidio Youth Activities Easter Egg Hunt for children of school age through sixth grade, will take place at 10 a.m. Saturday, April 9. The site will be the El Polin Springs picnic area which is located at the end of MacArthur Boulevard. This is a gala occasion for young children and all efforts should be made for them to be present. Eligibility for participation are dependents of active duty and retired military dependents. Further information can be obtained by calling the Youth Activities Director, 3637/5141.

Trout plants

The Department of Fish and Game announced that the following areas were to be stocked this week with catchable trout if water, weather, and road conditions were favorable:

Alameda County: Arroyo Del Valle Reservoir, Shadow Cliff Lake, Lake Elizabeth; Contra Costa County: Lafayette Reservoir, San Pablo Reservoir; Marin County: Lagunitas Reservoir, Bon Tempe Reservoir; Mendocino County: Cleone Lake; Monterey County: East Garrison Pond; Santa Clara County: Campbell Percolation Pond; Cottonwood Lake; San Luis Obispo County: Atascadero Lake, Lopez Reservoir; Solano County: Lake Chabot; Sonoma County: Lake Ralphine, Spring Lake.



Criminal law class

Criminal Law (CRIM 52), a three-unit course from City College of San Francisco, will be conducted in an intensive two-week session from March 21 to April 1 at the Ft. Scott Education Center, Bldg. 1216. Class hours will be from 8 a.m.-4 p.m. with no class meeting on March 23 and 31. The class is open to active duty personnel (commander's approval must be obtained if the class coincides with duty hours) and civilians. There is no tuition charge for California residents or active duty personnel and dependents stationed in the state for less than one year.

This Criminal Law course is part of a continuing program leading toward an Associate Degree in Criminology at City College. Of the 60 units required for the degree, 21 units in the criminology subject area are offered on post. The remaining 39 units can be obtained by transferring courses from other colleges, credit for military service schools, and the College Level Examination Program.

For further information or to register, call the Ft. Scott Education Center, ext 2974/4445.

Uniform changes

All male personnel are advised that the cotton utility uniform (fatigues) is now being replaced with a wash and wear utility uniform which should be available in the Presidio Clothing Sales Store in April. Personnel contemplating the purchase of this type uniform may wish to defer their purchases until this time. On the other hand, some personnel prefer the all-cotton uniform and these individuals are advised to stock up **now** because a full range of all-cotton sizes may not be available for very long. A price comparison follows:

MALE UTILITY UNIFORM

Item Shirt Trousers	Cotton \$3.77 \$4.04	New Wash & Wear \$6.42 \$5.35
Per Set	\$7.81	11.77

The cotton khaki uniform is currently being replaced with a wash and wear type khaki uniform. Only a few sizes of this wash and wear uniform are now available in the Presidio Clothing Sales Store. Personnel planning to purchase this new khaki uniform should defer purchases until just before the summer change-over date, when a good selection of wash and wear sizes are expected to be available. A price comparison follows:

K	HAKI UNIFORM	
	Old	New Wash
Item	Cotton	& Wear
Shirt	\$3.13	\$5.07
Trousers	\$5.64	\$6.64
Per Set	\$8.77	11.71

For both of the above uniforms, cotton shirt or trousers may not be worn mixed with the wash and wear shirt or trousers. Mandatory wear-out dates for the cotton uniforms have not been established.

Movies

PRESIDIO THEATER
Friday, March 18, Dog Day
Afternoon R), 7 p.m.
Saturday, March 19, Special Matinee Flipper's New
Adventure G), 2 p.m.
Saturday, March 19,
Forever Young, Forever
Free G), 7 p.m.
Sunday, March 20, Two Minute Warning (R), 7 p.m.
Monday, March 21, Two
Minute Warning (R), 7 p.m.
Tuesday, March 22, A
Small Town In Texas (PG), 7

Wednesday, March 23, The Great Texas Dynamite Chase (R), 7 p.m. Thursday, March 24, Monkey Hustle (PG), 7 p.m. SCHWARTZ/LETTERMAN Friday, March 18, A Matter of Time PG), 7 p.m. Monday, March 21, Dog Day Afternoon (R), 7 p.m. Tuesday, March 22, Forever Young, Forever Free G), 7 p.m. Wednesday, March 23, Two Minute Warning R), 7

Thursday, March 24, A Small Town In Texas PG), 7



Action

The Commander's Action Line is available to help with problems or answer questions. Anyone (troops, families, civilian employees) with a Presidio-related problem that cannot be solved throught the chain of command can telephone or write and get action.

Dial the 24-hour phone service: L-I-N-E, or send your questions to:

Action Line Information Office Presidio of San Francisco, CA 94129



"Dear, I ran into the post commander today..."

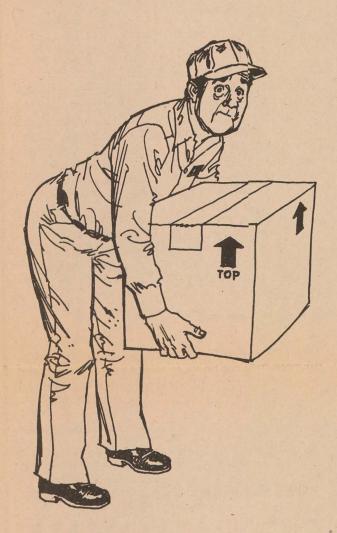
Star Presidian

The Star Presidian is an authorized unofficial offset Army newspaper, with a circulation of 5,000, published weekly under the provisions of AR360-81 by the Public Affairs Office, Presidio of San Francisco, CA 94129. Views and opinions expressed herein do not necessarily represent those of the Department of the Army. Editorial offices are located in Building 37. Newsroom telephone: (415) 561-3908 or 2005. Colonel John D. Hamilton, Sr., Commander Major Carole M. Campbell, Public Affairs Officer SP4 Rebecca S. Hall, Editor

Move yourself means money in the bank

WASHINGTON (ARNEWS)—The "Do It Yourself" (DITY) household goods move program saved the Army more than \$100,000 during July through November 1976. It also paid out hand some "incentive" payments to officers and enlisted personnel.

Statistics contained in the first quarterly report on DITY showed that enlisted personnel took advantage of the program about five times as often as officers. Of the 673 recorded moves made during the five-month time period, 543 were made by enlisted soldiers. Among officers, 139 moved themselves.



The report noted that the total incentive payment made to officers and enlisted members was about \$170,000—an average of approximately \$252 per person per move.

"These expenses might include labor hired to assist in the move,

DA officials point out that these dollar amount incentives paid to servicemembers do not include those expenses incurred by troops and paid out of the reimbursement they received. These expenses might include labor hired to assist in the move, the cost of preparing large appliances for the move and any packaging and crating materials that may have been purchased. Also, gas, oil and other vehicle expenses may have been incurred if the member used his own vehicle on the move.

DA officials say that payments are made at the destination point of the PCS move involved, except those moves made in connection with retirement or separation orders. Claims for these moves are paid at the trooper's old duty station.

The gist of the program is as follows. Soldiers moving their household goods in privately-owned trucks or trailers or rented vehicles, are reimbursed an amount equal to 75 per cent of what it would have cost the Government to ship the same goods by commercial mover. Subtracted from this amount is the cost incurred by the Government for the DITY move. The servicemember receives the difference.

DA officials emphasize that the Government's intent is not to reimburse troopers for carrying their suitcases to their next duty station. Excluded for reimbursement purposes are moves of household goods made in or on top of vehicles primarily designed for transportation of passengers.

All servicemembers who plan to move themselves must check with the post transportation officer (TO) prior to the move. The TO figures the amount that your planned move will cost the Army. Soldier-movers will receive no reimbursement for their move if they have not met this prior planning requirement.

WATER:

Earth's Life-Giving Blue



By Phillip R. Smith

Earth Day, which is observed on the first day of spring (March 21), would be a good time to think about Mars, the twin planet of our world. Color photographs taken from space show Earth to be blue and Mars to be red.

The difference in color is caused by the presence of water on Earth, and the absence of it on Mars. And without water, there can be no life as we know it.

In "The Rhyme of the Ancient Mariner," Samuel Taylor Coleridge writes, "Water, water, everywhere and not a drop to drink." This is beginning to be true of Earth. About 97 per cent of Earth's water is in the salty oceans, and most of the remainder is frozen in the ice of Antarctica and the Arctic. Thus man must get along with less than one per cent of the world's water for drinking, crop cultivation, etc. But whether it's the use of salty or unsalty water, mankind is beginning to botch up the world's waterworks.

The aquanaut Jacques Cousteau writes of seeing great areas of filth and garbage in the middle of the oceans. In recent months several large oil tankers have spilled their contents into the seas. Such contamination is disastrous to all forms of life. Moreover, man now obtains a substantial portion of his food from the oceans, and scientists looking to the future predict that more of our food must come from the sea.

In the United States, industrial pollution, as well as that of careless individuals, is making the water in many of our streams, rivers, and inland waterways unusable for life-supporting processes.

We are at a critical point in the history of the Earth. If the blue of our planet will continue to indicate the presence of life, scientists say that individual and collective action for change is imperative. The observance of Earth Day at the beginning of nature's cycle for renewing life appropriately calls for our renewed attention to sustaining it.

Huff, puff, blow your life away

By Sunny McCledon

I have a friend who regulaly asks me for a cigarette; or a match or to borrow my lighter.

I just as regularly explain him that I don't have any of these things, having given up smoking years ago This prompts the invariable question, "You used to smoke and you quit How dy you do that"

As a former two-pack-a-ray puffer I am sorely tempted, in the face of such open admiration and envy, to put on noble airs and spout sage wisdom about the power of positive thinking, villpower and so forth.

But the plain truth is, I'm jut not smart enough to smoke cigarettes. How smart do you have to be to smoke cigarettes? Smarter than myself, for openers.

In the first place, I never dd learn to keep up with the darned things. I'd be in the kitchen and my pack of garettes would be upstairs. Or I'd be in a coffee shop and my last pack of veeds would be on my desk back at the office.

And then there was always 'a light.' Ahh, a light. What memories of Lana Turner or Claudette Colberthose words inspire. Clark Gable leaning over, his face mere inches away, gaantly offer 'a light.'

It was never that way forme. I kept several lighter companies in business replacing the lighters I lost. I'd be in the company of a fascinating man and whip out a book of matche with "Triple A Pawn Shop" emblazened on the cover. Worse still, I'd rummge in my bag only to come up with a long, heavy sulfureous kitchen match. Ty one of those sometime in a cozy, intimate little corner.

Then there was the ash. Theoretically the ash is tapped ever so gently, with a languid ballet-like wrist motion, into an ash-tray, there to remain evermore. Again, I always seemed to have problems.

There was never anything so titillating as a live ash down a low cut dress. More along the lines of a smoldering ash nestled in the cuff of a damp mohair sweater. The odor is unforgettable. In most cases, so was I, but who wants to be remembered as the one with the funny smell

Between trying to keep up with my cigarettes, something to ignite them with and where the ashes chose to fall, one day I asked myself, "Is this really fun?" Some women may manage to bewitch all with a glance from heavy lidded eyes, veiled by a beguiling mist of hazy cigarette smoke while uttering witticisms in a throaty Talulah Bankhead voice. All I ever managed was a red rimmed stare and a strangled wheeze.

Add all this to a commercial I saw that really brought me up short. "For every minute you spend smoking," the announcer's voice said, "subtract a minute from your life."

I thought ahead to a time when I might be awaiting the birth of a grandchild, when minutes left to me to view the world could be so precious. All those minutes added together could mean another cherished day to get my house in order.

So I stopped smoking. I was never smart enough to handle it, anyway. How about you Are you smart enough to smoke

Reprinted from Caducean



The secret eye

A gathering of people and events under the watchful SP typewriter

By Eve S. Dropper

And the rain came down in torrents . . . wasn't it nice? Seems like every week, for the last three weeks anyway, I've been talking about how nice the rain's been. Maybe the drought situation is clearing up some. Hope so.

Hey, I want all you peoples to know I was told about the Chinese New Year Parade! I got a really nice, and informative, letter from a lady at LAMC who also went to the parade. Seems, according to Helen Heisler, that it was my fault I didn't see the spectacular events. She was standing on Sutter and Grant and, according to her, the 6th Army Band was right at the beginning of the parade. Helen suggests if you go to this thing that you arrive at least an hour early so you can find a place to stand with good visibility. Oh, it seems my impatience got the better of me this time. Helen says the Dragon was at the very end of the parade and "if your tired feet hold out, you get to see the illuminated dragon as it winds down the street. It is well worth the wait." Helen, thank you for the letter, and I'll try harder next year. If it's well worth the wait, it's something I've got to see!

I got a call the other day from a guy assigned to HQ USAG. Seems Wayne Dauphine got promoted to PFC and I missed his name! Sorry Wayne. I never mean to slight anyone! Also from USAG, promoted to PFC, was Stephen Theriault. Congrats to both of you! Joining USAG was Pvt. Raymond Thomas. Reenlisting is SP4 Douglas McArthur Spears. Three more years!

The Band did make it to the Chinese New Year's and this Sunday they'll be marching in the St. Patrick's Day Parade. They don't have to worry about wearing a 'bit 'o the green' do they??? On the 24th of this month they'll be performing at LAMC for the Soldier of the Year Award. By the way, I was asked last week where the monthly concerts were held. At the Presidio Playhouse. Always. So, next month, head on down for the music! They're really good.

In our civilian area, Mrs. Conception Cuaresma was recently given her FIFTH Sustained Superior Performance cash award. Good going! This time she was cited for her saving the government nearly \$4,000 through her efforts in speeding up payment of accounts. All Right!!! Keep up the good work. Another of our civilians, Mrs. Susan Marshall, who was once in the Army herself, also received a Sustained Superior Performance cash award. And Mr. Francis Murphy was given an Outstanding Performance Award. This was his tenth award, so he definitely deserves a pat on the back for that! Keep it up! I think we've got some really dynamic people here.

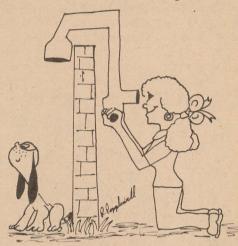
The 6th Army PAO conference turned out really well. Seems they had representatives from a 15 state area! Nice work! Capt. Scruggs is leaving for Germany, along with Capt. Donald Harris. LTC Gelster will retire the 31st of this month. Hope you enjoy your retirement, sir. Coming to 6th Army is LTC Danny Pierce, working on a two year tour active duty for training. Enjoy the Presidio, sir. It's a nice place to spend two years.

The 402nd made it back from the field after nine grueling days. Said they felt pretty 'grubby,' and I can definitely believe that! Leaving the 402nd was Pvt. Louri Jensen, ETSing, and Pvt. Douglas Strobot to 504th HHD. Joining this group were SP4 Andrew Hill, from USAEUR, Pvt. Nicholas Pokrovsky, from Ft. McClellan, SFC Joaquin Russell, from the 163th (here on post) and SP4 Raelynn Warren from 504th HHD. There were several promotions at the 402nd, too. Brent Kostner, Leslie Schafer, Brad Wederquist, Sandra Wilson, Andrew Bradley and Gary Tobin all made PFC. Congrats!!!

Those people at the 16th BPO seems to know how to say 'good-bye' to the troops. Last week they had what they call a "departing party" for SSgt. Arturo Aguilar, SP4 Doug Kelly, and, SP5 Ron Harris, all off to Germany. They even had SP5 Carol Slaughter at the party and she's only going on leave to Georgia. Beautiful country. Arriving at the BPO were SP4 Rosario Corpuz, from Korea and Pvt. Theodra Thomas, from AIT at Ft. Jackson. Welcome to the Presidio and the BPO. Congratulations are in order for SSgt. Joe Diaz and PFC Kimberly Johns, who are both the new proud parents of baby boys.

The 170th has had some bad news. First of all, Top is in the hospital for some tests. Everybody from the unit hopes you feel better soon. And Yakama, the company's mascot (a cute little dog!) has to have a tumor removed from his chest. Poor puppy. You guys take care.

Now, on to the 864th Engineers. Those guys are just pumping out promotions. David Babineaux, Jeff Laymance, Scott Howald, Mark Lagrimas, Norman Beach and Roger Rogers all made PFC. Congrats, guys! Feels good, huh? Duane Caseday, Stephen Hardy, Donald Lawrence, Gregg Everhard, Juan Stewart, Mark Vandoren, and Jon Sivalia all made SP4. That feels even better, doesn't it???? Congrats to you poeple, too. Keep on moving up! The folks at the 864th had their PT test last week. Seems everybody did reasonably well. I know when I took mine I was just glad I passed it!!! Last, but definitely not least, I say good-bye to my good friend, John Szot. John ETSes next Thursday and I will truly be sorry to see another good person leave. But, enjoy, John. And it was nice knowing you, even if you are the only person I've ever known who's crazy enough about skiing to hit the water in a wet suit because it's 40 degrees out!!!



Another week, another paper. Hope you enjoy it. There are some really interesting things in our paper if you just take the time to read them. Also appreciate any comments, letters, etc. Love hearing from you. So, take 'n take 'n keep on whatevering. I may give up soon, so somebody needs to carry on!!!



Jean Ross, 5, gets one in the basket for the Presidio Women's Team which placed third in the 1977 FORSCOM Basketball Tournament. Despite efforts of Diane Alber, 20, of the Alaska Women's Team, the Presidio tumbled the Alaskans 51 to 41.



Allen Kyseth, 15, Presidio Men's Team, lost in his attempt to stop Raul Jennings, 10, of Ft. Carson from scoring. Ft. Carson outplayed the Presidio 51 to 27. Presidio hoopsters placed fifth in the FORSCOM Basketball Tournament.

U.S. Army photo courtesy Ft. Carson PAO

All-Army wins Interservice

The Interservice Basketball Championship was won by the Army team for the fifth year in a row. Coach Hal Fischer, of the Presidio, guided the team to another repeat championship. Mr. Fischer has been the Sports Director here for the last 24 years and has coached the All-Army team for over 15 years.

The Army team defeated the Air Force in the decid-

ing game of the round-robin tournament			
STANDINGS	W	L	
Army	3	0	
Air Force	2	1	
Marines	2	1	
Navy	0	3	

Intramural sports

The volleyball, tennis and handball post championships are under way, as the intramural season comes in full bloom. Here is a breakdown by sports as to who to watch in the upcoming season. Support your unit by either playing or cheering them on!

Volleyball

LAIR and 6th Army loom as the favorites in the Presidio league, while the Dist. Corps of Eng. and the 16th BPO are headlining the Ft. Scott league. The top three teams in each league will be in the playoffs at the end of the regular season. LAIR is lead by Roko Smilijanir and Dave Welsh and 6th Army by Gerald Evans and Steve Holden. These two teams are the key ones to watch for top play.

Handball

A large field (twenty-one) is entered in the Post Handball Championships. This year's tournament is divided into two groups playing a single round-robin among each group with the top two players from each group playing a double elimination playoff to decide the Post Champion. Competition will be keen for all players. Top contenders to watch will be Creed Smith, Chase Gregory, Richard Ament and Dana Ludwig.

This year's tennis tournament is divided into three age group divisions: the Open (under 33 years), Junior Veterans (34-44 years) and the Senior Veterans (45 and older). Here's a breakdown of the 'top contenders,' as we all know anything can and does happen!

OPEN: This is an 'open' division and things have happened to create changes in standings. Mike Hamman is getting his endurance and with technique, should be a good, all-around player. Mike Faer is a steady player who can challenge the best around. Richard "Clay" Bristow has experience, but will need steady play and a strong will to do well.

JR. VET: The traditional favorite is Thomas Egan. He is tough mentally and physically and is noted as "best player on post at any age." Ten others will challenge him, led by John Meese, another player with ex-

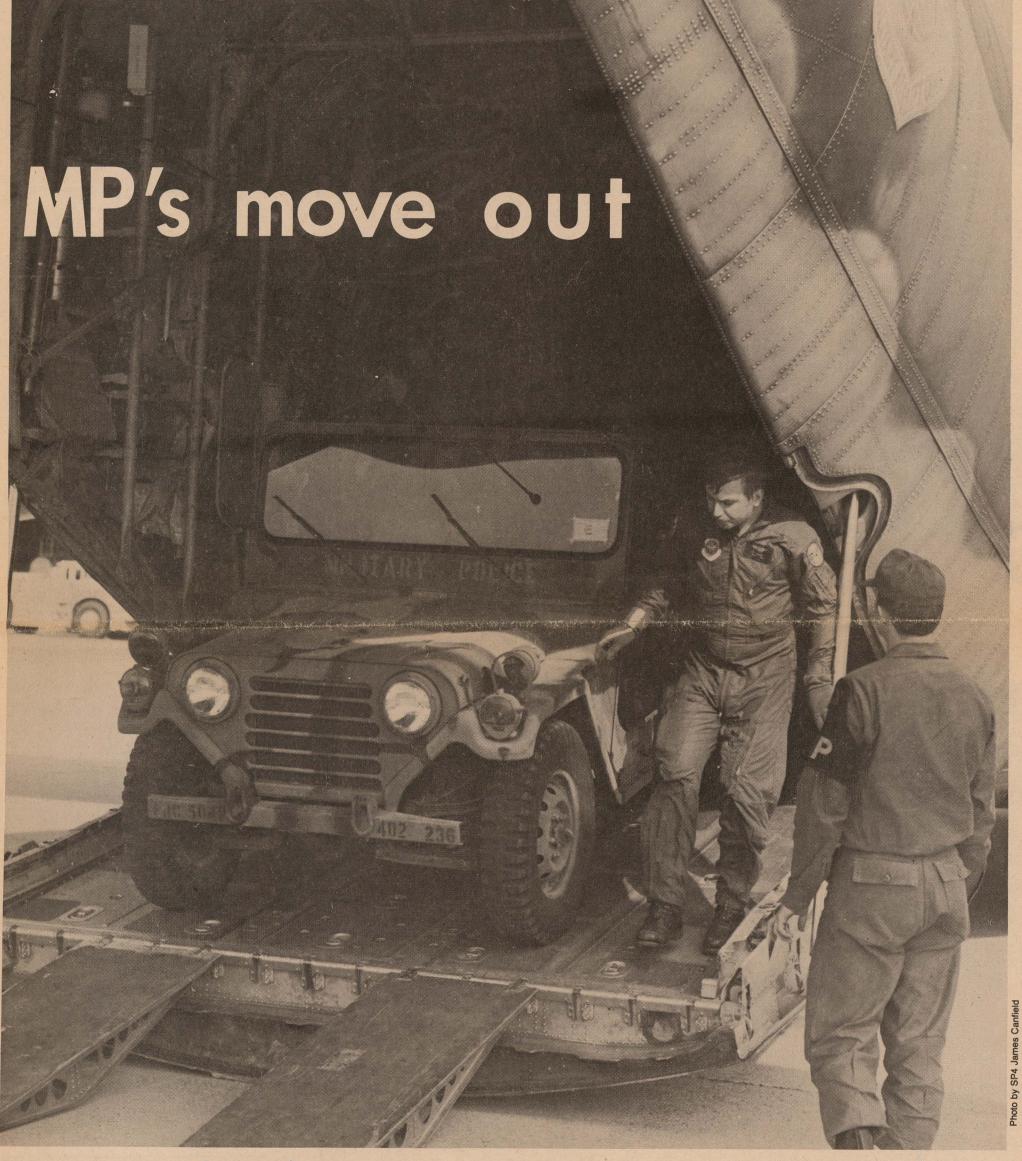
SR. VET: Edward Flannagan is a very good player and should be an overwhelming favorite. He can also play in any division if so desired, but he would like to go to the FORSCOM tournament in this division and give it a good try for a title.

Star Presidian

Volume 20, No. 12

Presidio of San Francisco

Friday, March 25, 1977



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ERA and Army women	page 6
Law Day USA	page 7



Rec Center happenings

The Presidio Recreation Center, in it's series on current subjects, is offering a program on Tuesday, March 29, at 7:30 on Energy Conservation. The speaker, Mr. Dunlop, from the Pacific Gas and Electric Co., is an expert on the subject and a consultant for the Post.

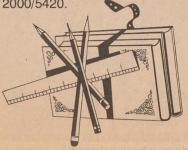
Ladies, the Belly Dancing Classes are back! The classes are lots of fun and very good exercise. Their resident expert, Marisha, will be there to impart her expertise, grace, and beauty for you to emulate. The classes are on Mondays at 7:30 p.m.

For all you Chess fans, they've got Chess Lessons with Frank Thornally. Frank is a 2000 rated member of the United States Chess Federation. All Chess Lessons are on Mondays at 7:30 p.m.

Disco fans should plan to go to the Recreation Center at 9 p.m. on Wednesdays and dance away the evening to the solid sounds of Dr. Webb's Disco.

Thursdays, at 7:30 p.m., the Recreation Center has an old Pool Pro, Hank Nole, in to teach Pool Lessons. Hank learned his trade in "Fun City" during the 1930's as a young pool hustler. Having long ago gone legitimate, Hank has played in tournaments against such notables as Willie Moscone, Minnesota Fats, and others. Hank is here every Thursday at 7:30 p.m.

If you missed out on the list for the Fishing trip this coming April 2, remember that the average trip will take only about 20 people. So when you see the announcements, call in quick and get on the list. For information on activities at the Presidio Recreation Center, drop by or call ext. 2000/5420.



ROTC scholarships

April 15 is the deadline for enlisted men and women on active duty to apply for Army ROTC two-year college scholarships.

The scholarships pay full tuition costs, books and educational fees, \$100 a month for up to 20 months and for attendance at the Advanced Camp normally attended between the junior and senior years of college.

The value of the average award is about \$5,800. It may be used at any of the more than 250 four-year institution currently hosting Army ROTC or at one of the non-host colleges, which have a cross-enrollment agreement with Army ROTC at a nearby host school.

Applicant must have served at least one year on active duty. Be under 25 years of age on June 30 of the year they are eligible for commissioning. Have received credit for at least two but not more than two and one-half years of college and been accepted by a college for next fall's enrollment. You must possess a GT score of 115 or higher and be a U.S. citizen.

More details on this program are contained in AR 145-11.

Applications may be obtained by writing to: Army ROTC Scholarships, Ft. Monroe, VA 23651.



Speed reading

The Central YMCA, 220 Golden Gate Ave., San Francisco, is offering 8-week courses in Speed Reading beginning Tuesday, April 5 and Thursday, April 7, from 6-8:30 p.m. Increase your speed and comprehension in these classes taught by the Reading Optimation Foundation. For more information call the Central Y at 885-0460.

Letterman's Women's Club

The Letterman Women's Club will hold their annual Spring Fashion Show and Luncheon on Thursday. April 14, at the Presidio Officer's Club. The Sherry hour will begin at 11 a.m. Lunch will be served at 11:45 a.m.

"Fashions On The Go" will present this year's fashion show. Members of the club will model outfits from designers such as Alice of California, David Crystal, Country Custom, Stage Seven, Tori Richard and more. It will be a unique experience in that you can shop from the collection (all sizes will be available), Prices will range from \$20.00 to \$84.00. There will also be a door prize. An additional attraction will be Hairstyles by Daniel David on Union Square.

Hostesses for the luncheon are the Wives of the Departments of Pathology, Pediatrics and Physical Medicine. For reservations call Beverly Carpenter, 561-2614 or Talitha Putnam, 561-2468 in San Francisco or Beverly Chojnacki, 453-6737 in Marin by noon Tuesday, April 12.

Presidianne Toastmistress Club

The Presidianne Toastmistress Club held its annual speech contest recently at the Officer's Club. The winners were Mary Goodsell, first place: Mickey Heiberger, second place and Emily Bilby, third place.

The club was organized in 1969 and conducts meetings every second and fourth Wednesdays of the month at the Recreation Services Center. Bldg. 135. during the noon hour.

Two notable events of the Presidianne Club is its establishment of the Accredidation Program in 1976 and the annual speech contest.

Serving as officers are Joan Collins, president; Nelda Hagy, vice president, Nancy Freeman, secretary and Ruth Lee, treasurer.

Membership in the club is open to all personnel and their dependents at the Presidio who are interested in seeking training encouragement, improve their speaking ability and develop better communications.

News notes

Logistical Toastmistress Club

The Logistical Toastmistress Club was organized at the Presidio in 1974. It is a member of the International Toastmistress Club, which is Worldwide.

The Presidio Club has been very active and has increased its membership to the extent that it received the second place Award of Merit for greatest membership gain.

Members of the club are trained in Parliamentary procedures, Lexicology and speech making. An annual speech contest is held and the winner is sent to the Council, which encompasses the Bay area. If the person is selected as a winner at the Council level, she will go on to the annual convention.

Serving as officers are Marjorie Burts, president; Bertha Byes, vice president; Georgia Young, Secretary and Ina Nash, treasurer.

Membership is open to all Presidio personnel and their dependents who wish to enhance their communications ability and to develop leadership potential and speech improvement.

Meetings are held every second and fourth Thursdays of the month at the Conference Room, Bldg. 651 from noon to 1:30 p.m.



"Maybe I am a little overweight at that!"

Diet class

A new "diet" class with a difference will be offered at the Central YMCA, 220 Golden Gate Avenue, beginning Wednesday, April 6 from 6:15-7:15 p.m. Class members are not mere spectators to a lecture, but are encouraged to share thoughts and experiences in a small group atmosphere.

Janet Napier, YMCA Associate Health & Fitness Director, says that the class is designed to cover nutrition and menu planning, motivational techniques, and body awareness through light exercise.

For further details call Central YMCA at 885-0460.

Ballet summer classes

Registration for Ballet Summer Classes for beginners will take place during the months of April and May. Classes will start in June. Registration will take place at Bldg. 1390 (near Ft. Scott Chapel) on Mondays, Tuesdays, and Thursdays 5 to 6 p.m. Further information may be obtained by contacting Mrs. Helen Piernick from 12-2 p.m., phone 994-0681.

Movies

PRESIDIO THEATER

Friday, March 25. Monkey Hustle (PG), 7 p.m.

Saturday, March 26. Silent Movie (PG), 7 p.m.

Saturday, March 26. Special Matinee: Cartoon Festival No. 3 (G), 2 p.m.

3 (G), 2 p.m.

Sunday, March 27. The
Seven-Per-Cent Solution

(PG), 7 p.m. **Monday**, March 28. The Seven-Per-Cent Solution

(PG), 7 p.m. **Tuesday**, March 29, Death Journey (R), 7 p.m.

Journey (R), 7 p.m.

Tuesday, March 30, Alex and the Gypsy (R), 7 p.m.

Thursday, March 31, Alex and the Gypsy (R), 7 p.m.

SCHWARTZ/LETTERMAN

Friday, March 25. The Great Texas Dynamite Chase (R), 7 p.m. Monday, March 28, Monkey

Monday, March 28. Monkey Hustle (PG). 7 p.m. Tuesday, March 29. Silent

Movie (PG), 7 p.m.

Wednesday, March 30: The Seven-Per-Cent Solution

(PG), 7 p.m.

Thursday, March 31, Death Journey (R), 7 p.m.



Star Presidian

The Star Presidian is an authorized unofficial offset Army newspaper, with a circulation of 5,000, published weekly under the provisions of AR360-81 by the Public Affairs Office, Presidio of San Francisco, CA 94129. Views and opinions expressed herein do not necessarily represent those of the Department of the Army. Editorial offices are located in Building 37. Newsroom telephone: (415) 561-3908 or 2005. Colonel John D. Hamilton, Sr., Commander Major Carole M. Campbell, Public Affairs Officer SP4 Rebecca S. Hall, Editor

Rape:

The ugly four letter word

On Thursday, March 31, a Rape Prevention Seminar will be held at the Presidio Playhouse from 11 a.m. to 1 p.m. The Seminars' objectives include answering the questions: what is rape, who is affected by rape, and what can be done to prevent and help eliminate it. The Provost Marshal's Office, working in conjunction with the Federal Women's Program and the San Francisco Queen's Bench Foundation, invite you to come to the seminar and bring a brown bag lunch. Refreshments will be supplied by the Federal Women's Program.

Rape. It's even an ugly sounding word. But, if you are a woman, there's a one on 10 chance you'll be a victim of sexual assault. If you're a man, your wife, children, and friends are potential victims. And so are you.

Now, stop. Think for a few minutes, asking yourself what would I do if this were to happen to me?' What would you do? Where would you turn for help?

Rape is the fastest growing violent crime in the nation today, according to the Queen's Bench Foundation, a non-profit organization of women attorneys and judges who received funding to explore the psychological and social impact of rape on victims. In San Francisco alone, victims range from a six-month-old baby to a 90-year-old woman. Some were raped by their doctors, lawyers, professors, or repairmen; others were raped by social acquaintances or total strangers. Are you saying 'this couldn't happen to me?' But, it could. And might.

"Most of the women . . . experienced the emotion of anger. Extreme anger . . ."

Your best defense against rape is common sense. Thinking about potential problems in advance may help you avoid panic in an emergency. Avoiding dangerous situations is highly important, but it won't prevent every attack.

Rape is a traumatic experience for the victim and her family. After an assault, many victims feel nervous, upset, go into shock, or hysteria. Later, they may feel violent anger or guilt, or sink into a deep depression. Many feel the need to talk over the rape again and again. These emotions may persist for weeks, months or, in some cases, even years. If you are attacked, and feel the need for help in dealing with your feelings, talk to people you trust or get professional help. One place you can turn to for help is the chaplain's office.

"Most of the women I've seen have first experienced the emotion of anger," explained Chaplain Timothy Tatum. "Extreme anger. And emotional hurt. This feeling is one most of the victims didn't know how to deal with. They wanted something to be done, and done now, but as they thought about the amount of their involvement, they weren't sure if they really wanted to pursue the matter.

There are many ways you can try to avoid placing yourself in some awkward situations.

While at home, make sure all doors are locked with dead bolt locks. Lock your windows, too. Don't open the door unless you know who's there. Ask all service peo-



ple to show an I.D., and have them wait outside while you call their employer if you have doubts about their credentials. Don't worry about being rude. Have your keys in your hand before you reach home. If you're planning on returning after dark, leave some lights on. If you return to your house and suspect there is someone there, leave quietly, then call the police from a neighbor's. Don't worry about imposing.

While traveling in your car, keep your doors locked while driving and roll your windows most of the way up. Park in well-lighted areas and lock your car. Have your keys ready when you return and look into your car before you get in. If you have car trouble, raise the hood, then wait in the car for help. If someone offers assistance, roll your window down a bit and ask him or her to phone the police or repair truck. If you pass another driver who's in trouble, drive to the nearest phone and call for help.

When using public transportation, wait for the busin a well-lighted area. Don't wait alone if you can join other people waiting at a near-by stop. Try to sit near the front. If anyone bothers you, let other riders know what's happening, and tell the driver, too. Notice who else gets off at your stop, and be sure you aren't being followed home.

Hitchhiking is extremely dangerous. When you get into a stranger's car, you isolate yourself from many sources of help and your options for escaping or resisting attack are very limited.

If you walk alone after dark, walk briskly and look confident. Stick to well-lighted areas, away from bushes, buildings, and entrances to garages or alleys. Know the area you're walking in and be aware of possible shelters, buildings with doormen, police and fire stations and stores that are open late. Vary your route from day to day. Don't give a possible attacker the chance to know your every move. Be alert and aware of what's going on around you. If you think you're being followed, turn and look. If someone is there he'll know you're suspicious and won't be taken by surprise.

"... a lot of times ... counselors spend time dealing with the wife and often forget the husband . . ."

In instances where the woman is married, what reaction does the husband take? In some cases, there's more adjustment for the husband than there is for the wife, according to Chaplain Tatum.

"In one instance, the husband was very angry and bitter," Chaplain Tatum related. "There were problems with sexual adjustment in the marriage. He required several months of follow-up counseling. The husband had some trouble accepting his wife, feeling she may have done something to encourage it. But, they did work things out, and the marriage was saved.

"You'll find a lot of times that counselors spend a lot of time dealing with the wife and often forget the husband. It's very important both people get counseled in cases where the victim is married. The husband also needs to be taught and counseled in how to treat his wife, what he should say, what he should do, what kind of patience he should show. Many husbands are not too knowledgeable in this area," explained Chaplain Tatum.

"... your first responsibility is to take care of yourself, physically and emotionally."

Every rape is different, so there's no one solution for thwarting attack. Sometimes, women are faced with armed attackers or with groups of men. In these cases physical resistance may increase the danger.

If you don't manage to get away from the rapist, or if you're faced with a situation where resistance is futile, don't blame yourself. The rapist, not the victim, has committed a crime. Take mental notes to help the police find him later. Remember his height and weight; the color of his skin, hair, and eyes; his clothing, the direction he went when he left and anything which seemed unusual.

If you are raped, your first responsibility is to take care of yourself, physically and emotionally. You may also want to help police and the courts in catching and prosecuting the rapist to protect other women.

The first thing you need to do after a rape is go to a safe place. If you're at home, call the police or a friend, or go to a neighbor's. In a deserted area go toward people and lights.

If you call the police immediately after an attack, a patrol car will try to reach you quickly.

Be sure to preserve evidence. Often a rapist will threaten to return, but few ever do. Usually, they'll commit the same crime with a different victim. To help the police apprehend the rapist, it's important that they be informed as soon as possible so the rapist doesn't have an opportunity to leave the area. Also, you may want to preserve evidence for use in court. Blood and semen are important evidence, so don't shower or douche, and don't change your clothes or disturb the scene of the crime.

Whether or not you call the police, immediate medical attention is vital. You may have internal injuries you aren't aware of.

If you are the victim of an assault, there are several professional people you can call: the MPs, at 2231/2232, LAMC Emergency Room, 4181; the Chapel, 561-4711; CID, 5405 or the Fire Department, 117.



OPERATION MONTGOMERY

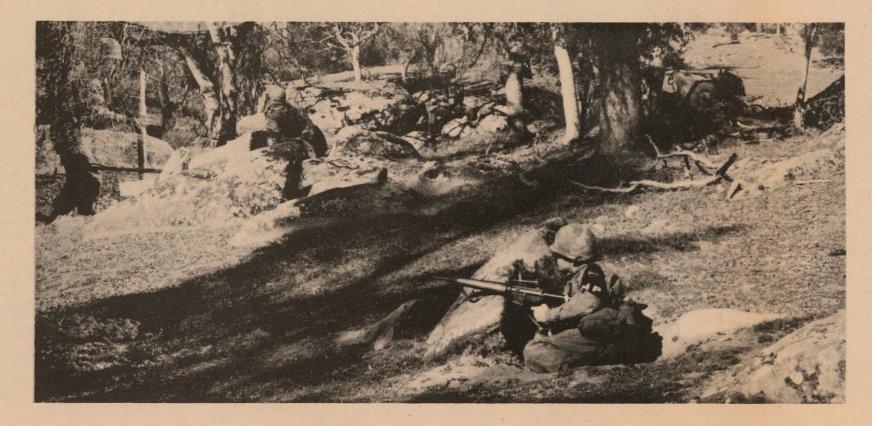




Scenes from "Operation Montgomery" an airlift exercise conducted recently with troops from Hqs & Hqs Det., 504th MP Bn and the 402nd MP Co. participating. The exercise began with the loading of troops and equipment at Travis Air Force Base and ended with a field exercise at Ft. Hunter Liggett. The overall exercise also included firing on the range at Ft. Ord, a motor march and a road march. The mission of the exercise was to conduct combat type training to prepare them to give law enforcement support to a Corps size unit.









ERA and Army women



Within the past three years, many heretofore allmale units have been deluged with large numbers of females; in some cases the proportion of women has zoomed to over 40 percent. Today women make up over 6 percent or total Army enlisted strength, over 41,000, in round numbers, and that is projected to rise steadily within the next few years. Since a third of current Army strength is assigned overseas, large numbers of these women will receive assignments there. A carefully devised program is now in effect to monitor assignments. The pattern follows a sliding scale based on unit proximity to combat zones. While combat maneuver troops will continue to be all-male, service support units in the rear will be composed of up to 45 percent women. This is designed to preclude the involvement of women in a direct combat role.

In modern warfare is anyone serving in a combat theater safe from attack? Warfare today is characterized by mobility, with the result that no rear area is safe from attack. Whether the enemy comes in a helicopter assault or a parachute drop, guerrilla attack or armored thrust, the formerly peaceful support area is suddenly transformed into a desperate combat zone.

Through the media we have seen the role of women in our society changing rapidly. Violence is no longer an exclusive male preserve. From the "Bionic Woman" to "Charlie's Angels," television nightly casts women in new, more violent roles. Today's modern media are fully capable of graphically portraying the horrors of war. As a result, will society come to accept women in combat roles just as they have been accepted in a variety of non-traditional roles?

The U.S. Code does not set down a rule for them and Army Regulation 600-200 leaves the question of where they will serve up to the discretion of the Army commander. The other women's services are ineligible by law.

The Equal Rights Amendment, ERA, is the proposed 27th Amendment to the U.S. Constitution. It says that "equality of rights under the law shall not be denied or abridged by the United States or by a State on account

of sex." It has already been ratified by 34 states and if ratified by four more states before March 1979 it will become law.

With the possibility of ERA becoming law, the question arises on how it will affect women in the services. The first thought that comes to mind is, will women be assigned to combat positions? Are women physically strong enough or aggressive enough for combat? Is the public ready to see American women die in combat? Would the shock be traumatic to the nation's defense efforts? These and many more questions cross the mind.

The role of women in the service has been increasing rapidly and with the Volunteer Army a reality, Army policies regarding women have undergone many changes. The Army is expanding the scope of their utilization. Will this utilization some day result in women soldiers serving in units on the battlefield?

Women soldiers are already serving in potential combat theaters. Today, thousands of military women are stationed with units overseas in Europe, Asia and the Pacific. More than 6,000 are in West Germany alone. These women are working in jobs of all types; they are bulldozer operators, truck drivers, tank mechanics and military police. Of the 410 job specialties available, women are qualified in 384, including nearly all of the non-combat specialties. Only those jobs with a "high combat risk" are barred to women; these include combat maneuver arms, field artillery, missiles, and a few other related fields. The number of women stationed overseas is increasing daily.

The secret eye

A gathering of people and events under the watchful SP typewriter

By Eve S. Dropper

What a week this one's been! Ever seem like everything comes up at one time? Like CQ? And Weapons Qualification? And putting out an eight-page newspaper? And household goods coming in? And a sick puppy? Needless to say, my days and nights have been busy!

Yeh, weapons qualification. HQ USAG has been qualifying their people this week. Well, maybe I should put it another way. USAG has been having qualification this week. Whether everybody qualifies remains to be seen. I'd never been to Ft. Ord before, and I'll tell ya, I have no great or small desire to go again. I came back with three inches of sand covering my body!!! In the hair, eyes, ears, pants, shoes, T-shirt. Anywhere it could possibly get, it got! But, there were some really good things about the trip. Honest! The bus ride down there was really nice. Got to see a lot of beautiful land-scape. The chow wasn't half bad, either. And when there are 50 other people having to do the detail, you don't feel so bad. Misery loves company!

Speaking of USAG, they were handing out promotions last week, too! Kim Ferguson, Richmond Hayes, Pual Gagnon, Teresa Hemm, Donald Johnson, Lance McClure, Keven Moffatt and Margaret McNichols were all promoted to SP4. Congrats to you all on the promo. And, since I know her, special congrats to Margaret. But, I'm surprised her name is still McNichols. I heard she'd gotten hitched!!! Whatever, it's still great to move one more step up the ladder! Garrison got in a couple of new people, too. Pvt. Reymondo Herrera came in from Ft. Leonard Wood and PFC William Jenkins from Ft. Jackson. Welcome to the drought stricken, yet rain soaked, Presidio!!! Does seem like a contradiction, doesn't it??? But, I'm sure there are aspects I know nothing about!

The 504th is having Unit Day at the Log Cabin NCO Club next Friday, April 1. Seems like the Club is going to be doing this for all the units. The 504th's day will start at 2 p.m. So, come out and enjoy the festivities!!!

Now, there's one more new arrival to USAG that I'd like to make special note of. PVT Linda Spillane just arrived from AIT at Ft. Benjamin Harrison. The reason I'm making a special note is because she'll be a new member of the SP staff. And I sure am glad she's here!!! So, start looking for Linda's by-line.

Last week there was a mistake made in the paper. Can you believe that??? Well, we're all human. I think we are, anyway. But, it seems that in the sports round-up we printed the wrong scores. Seems the men's basketball team was knocked down with a score of 104 to 86 by Ft. Carson instead of 51 to 27. They still lost, but we're interested in credibility and the facts. Sorry about the error, guys. And, better luck next time!

Talk about surprises! I hear 6th Army PAO staff member Sue Nathan is engaged! And, the lucky fellow is Lt. Dean Kemp of the 163rd MP Co. Congratulations!!!! And may you have a long and happy life together!

On the civilian side of the Army, Donald Thrailkill will be retiring for the second time the beginning of April. Now, I thought that was pretty neat. Retiring twice! He's put in 40 years of Federal service!!! That's a LONG time! His first retirement was 16 years ago, when he completed 24 years of active duty with the Army. That's what I call dedication, Mr. Thrailkill. Forty years, whew . . .

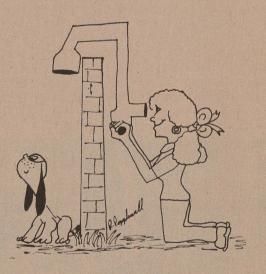
The 402nd had some people reassigned; Pvt. Clarence Christian and SP4 Stephanie Hillstrom. Hope you enjoy your new duties! New folks to the 402nd are Pvt. James Wedmore, PFC George Erickson and SP4 Richard Smith. Welcome, MPs!

I'd also like to congratulate John Young, at Post Preventive Medicine, for his promotion to Captain. A good man deserves recognition! Congrats, again sir.

The 16th BPO is losing their oldest member! Not age wise, but time at the BPO. SSgt. Joe Diaz will be ETSing the last of this month to his home in Oxnard, CA. After four years at the BPO, think you can handle the saner side of life??? But, it was fun, wasn't it??? Johnny Leonard got promoted to Speedy 4. Congrats to you, too, Johnny. And soon the BPO will be heading out to the field. Once again!

Hey, the guys down at Crime Prevention asked me to thank all the people who participated in Operation Identification. 'Course, there weren't too many. How about lending a hand, and get larceny extinct. Wouldn't it be nice to be able to keep that nice stereo, or to get it back if it does get stolen. Well, your chances are definitely improved if you have the stuff marked. Give 'em a call at 5011. Let's work together on this one, O.K?

There's a new arrival at the Chaplain's office. Really new! John and Nancy Mayfield are the proud parents of a baby girl. Joining the ranks last Thursday (March 17) was Deborah Abigail, weighing in at 7 lbs. 13 ozs. Deborah means bumble bee and Abigail means father rejoicing. I thought that was really nice!



Well, the end of a hectic week. And I'll be ending it in style . . . parties this weekend. Starting the spring out right, and looking forward to summer. You know, I got a letter a few months ago about the way I close this column. In case you didn't notice, I didn't change the ending. But, I've gotten some other feed-back about how 'stupid' it sounds, questions 'bout what it means and other such comments. If ya'll aren't happy with what's happening here, how 'bout offering ideas???? One stodgy typewriter can't think of everything, ya know!

So, until somebody comes up with something better to do, take 'n take 'n keep on whatevering. I think I am.

Seminar slated



The Presidio will host the Reserve Components National Security Seminar at the Golden Gateway Holiday Inn from March 28 through April 8.

Presented by the External Programs Directorate of the National Defense University, the seminars are hosted by selected military installations throughout the United States for senior Reserve officers of the military services and selected government civilian employees.

The programs consist of a series of presentations, related films, question and answer periods, small group and panel discussions, and simulation exercises presenting the interrelationship of military, economic, technological, diplomatic, and social factors affecting the national security of our country.

Some of the major topics scheduled for discussion at this seminar are: "The Food Revolution," the U.S. Role in the World Arms Trade, Foreign Policy and National Security, the Third and Fourth Worlds, and area studies of various parts of the world.

The programs originated when the Joint Chiefs of Staff directed the Industrial College of the Armed Forces to conduct a seminar program for officers of the Reserve components, selected executives of U.S. industry, educators and prominent citizens in 1948.

The program was based on the resident course of instruction and conducted both at the College and at cities throughout the country by a Seminar Team or Teams from the Industrial College of the Armed Forces.

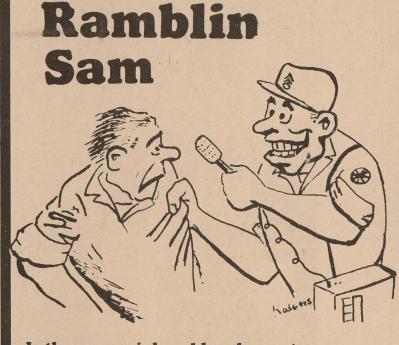
In 1976, the program was materially modified to provide for more active conferee participation, fewer lectures, a presentation on current and planned Reserve programs by the respective services, and a political-military simulation. It was renamed the Reserve Components National Security Seminar.

The program covers the national and world environments as they affect our national security; resources, scientific and technological developments, economic conditions and trends of the United States and other nations; and emphasis on national strategy and resource management.

The course material, derived from the graduate-level ten month resident courses of both the Industrial College of the Armed Forces and The National Defense Univeristy is aimed at contributing to the executive development of the enrollees.

Opening ceremonies at the seminar next Monday will include a concert by the Sixth Army Band followed by an opening address to the 250 conferees by Under Secretary of the Army for Reserve Affairs, The Honorable William D. Clarke.





Is there a racial problem here at the Presidio?



SP5 Guy Liedkie, TMP, Dispatcher—"I feel there is a little racial problem but you can't notice it very much. I think it's more social than military. Ethnics tend to group together after duty hours and this could be because they feel more secure with each other. Our supervisor, who is Black, and a few of us will sometimes go up to the cafeteria and have a few beers after duty hours. I really don't know that many people on the Presidio."



SP4 Matthew Johnson, Jr., 864th Engrs.—"I haven't had any problems in the 16 months I've been assigned here. But if there is, I think it is a lack of communications. As for the post, it seems to be relaxed."



Sgt. Jack Balding, 402nd MP Co—"I don't think there's much of one now as there used to be. I've been here for about four years and about two and a half years ago there seemed to be a lot more tension than there is now. I think this is because of the changes in our human relations classes. The TV program, "ROOTS," helped a lot. I think the people, Black and White, Chicano or whatever, are mellowing out. I'm getting ready to leave here now and I am not looking forward to it. I've been here so long now but everything has been pretty good here."



Sgt. Eric Fehlhaber, 864th Engrs.—"Not to my knowledge, at least not in the engineers. Everybody just gets along and works together, Black, White, Mexican, Korean or whatever. Everybody gets along well. I contribute this to everyone working together and getting the job done. We have race relations meetings once a month where people discuss their problems and gripes in the open."



SP4 Douglas Spears, TMP, Bus Driver—"Oh yeah, definitely I do. But I think it's only in certain units, not postwide. It's mainly directed to the lower ranks."

Law Day USA in May

By Presidential Proclamation and Joint Resolution of Congress, May First has been set aside as Law Day, "a special day of celebration by the American people in appreciation of their liberties and the reaffirmation of their loyalty of the United States of America." The theme of this year's Law Day is "Partners in Justice."

Law Day will be observed on the Presidio by a series of events beginning Monday, April 25, and ending Sunday, May 1. There will be displays celebrating Law Day in the Presidio courtroom, Building 222, from Monday, April 25, through Sunday May 1. The courtroom will be open to the public from 10 a.m. to 2 p.m. each day. Organizations interested in participating in the displays are invited to call CPT Masenga, 561-5145.

A mock criminal trial will be staged by the attorneys of

the Staff Judge Advocate's Office on Friday, April 29, at 10 a.m. in the Presidio courtroom, Building 222. The public is invited. There will also be a Contract Appeals Board hearing on one of the days which will be open to the public.

The purpose of Law Day is to provide the American people with an opportunity to express their appreciation for their system of justice. It provides an opportunity for them to meet with the members of the legal profession in their community and learn more about their legal system. This is especially true this year since the theme of Law Day is "Partners in Justice." Law Day is for everyone, not just lawyers and judges. Help celebrate Law Day at the Presidio by attending the mock trial and visiting the courtroom to see the displays.



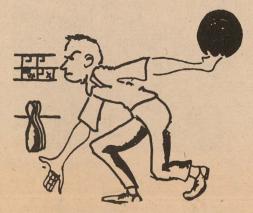
Easter ski trip

The Central YMCA is planning an April 8-10 Easter Weekend Ski Trip to Lake Tahoe. Ski downhill at Heavenly Valley or cross-country in Meyers with this adult, small-group ski trip. Food, transportation, and accommodations provided. Low price. For more information call the Central Y at 885-0460.

A new Briefhand class will begin instruction at the Central YMCA, 220 Golden Gate Ave., S.F., on Tuesday, April 5, from 6-9 p.m. This 10-week, all-alphabet shorthand class will aim to reach 80-100 WPM by the end of the course. This course is taught by a state credentialed instructor. For further details call the Central Y at 885-0460.

Notes from the kegboard

Golden Gate league	STANDINGS		
	W	L	
USAG No 2	63	29	
525th MI Gp	61	31	
USAG No 3	56	36	
LAMC No 2	53	39	
AFPD	43	49	
16th BPO	33	59	



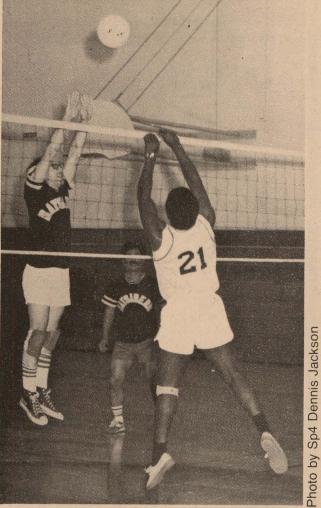
Ft. Scott league

STANDINGS	W	L
LAMC No 3	58	22
Spt. Elm No 2	57	27
SFFO CID	57	23
170th MP Co	491/2	341/2
USASA	42	38
6th Reg. CID	411/2	381/2
16th BPO	40	44
402nd MP Co	25	55
525th MI Gp	13	67

Cal-Pal baseball registration

Boys, ages 13½ - 16, are invited to register for one of the two Presidio CAL-PAL Baseball teams. Although most of the games will be played here at the Presidio against teams from the city, some games will be played in San Francisco. Registration (Mandatory) will be held in the Recreation Center from 10 a.m. to 12 noon, March 26. Coaches and team assistants are needed. This program is open to dependents of active duty and retired personnel and DA Civilian dependents. Call Frank Castro between 2 and 4 p.m. daily (only) at 531-5014 for information.





LAIR outplayed USAG to take the lead in the Volleyball Tournament which started on Tuesday.

Volleyball tournament

Volleyball Tournament results as of March 22 402nd MP Co. defeated 864th Engrs.—15-11, 16-14 6th Army defeated 402nd MP Co—15-3, 15-0 6th Army defeated 170th MP Co—15-0, 15-7 Oakland Army Base defeated 170th MP Co—15-1, 15-3

LAIR defeated USAG—15-2, 15-10 LAIR defeated USAG—15-7, 10-12, 15-7

Volleyball Tournament Schedule for Friday, March 25

LAMC No 1 vs LAIR—5 p.m. LAMC No 1 vs 864th Engrs—5:45 p.m. Corps of Engrs vs Ref Lab—6:30 p.m. Corps of Engrs vs WRRC—7:15 p.m.

Post handball tournament

In Division A play Creed Smith has won three straight matches, Richard Ament has won two straight, while Division B has Chase Gregory winning two games, and Dave Ludwig and Mike Lurcaster have one win each. No upsets have occurred yet, but they do occur. Both divisions play a round robin schedule.

Fitness class

A new physical fitness class for men and women will be offered by the Central YMCA in cooperation with the GGNRA and the Fort Mason Foundation. The class will be held at Fort Mason, Bldg. 310, Marina/Laguna Blvds. on Monday, Wednesday and Thursday evenings starting April 4 from 5:30-6:30 p.m.

The YMCA's fitness program is designed to improve muscular endurance and strength, flexibility, and cardiovascular endurance. Fitness testing will be carried out the first night of class so that each participant can be instructed to exercise within his/her own capacity.

For more information call Central YMCA at 885-0460.

Youth baseball tryouts

Tryouts for the Youth Baseball Spring and Summer Leagues will be held at Pop Hicks Little League Field (Barnard Avenue), 9 a.m.-12 noon, March 26. All youths, boys and girls, who have registered are encouraged to attend. Those youths who have not registered can do so by attending this session and paying a \$2.50 fee for each participant, not to exceed \$5.00 per family. Tennis shoes should be worn and those possessing a baseball glove should bring it. Any further information can be obtained by contactine CWO Ridley, ext. 3459, or Youth Activities Director, ext. 3637/5141.

A plea for support

EDITORS NOTE: In response to a question posed by Ron Renouf with the Public Affairs Office here to Frank Castro, a volunteer with the youth sports program on post, the following letter was received. We feel that it deserved to be published in its entirety. Parental support of their children's participation in any program—and through that support a show of approval and appreciation for the youngsters efforts—is vital, not only to the program under consideration, but to the youngster involved. So, here it is, if the shoe fits, wear it.

Dear Ron,

As you know, one of the best Youth Activities Programs in the Army is conducted here at the Presidio. We both know too that this statement will bring howls of disbelief from a portion of the community.

Some will complain that the Programs are poorly and unfairly conducted and they will say that the children are not well supervised, coached or instructed. They will say that many of the children don't get enough playing time or active involvement in the projects. That's "baloney," Ron.

While we agree that the Youth Programs often suffer, it's certainly not the result of poor management or supervision. Nope. It is because so few turn out to take part in or support the Programs. A simple lack of interest and unwillingness by many parents to register their children and then follow-up by supporting the Programs as active volunteers or as wildly cheering spectators—(wildly cheering, NOT "BOO BIRDS").

Ron, I've been active in the Presidio Youth Programs for over four years now and I was active at other posts. Never have I seen such a good program suffer such apathy.

We are watching, again, the beginning of another sad story. Youth Baseball is about to get underway and, as always, registrations are down. As always, a handful of volunteers (usually the same group from program to program), headed by Dave Ridley have been hard at work the last few weeks recruiting coaches and players. While over 100 children have signed up, they represent less than half the number we would like to have and are prepared to work with.

As in the past, we have advertised by word of mouth, in the STAR PRESIDIAN, bulletins, and flyers and with posters. We'll even dig out last year's rosters and telephone. Some of our flyers are delivered to the quarters with the STAR PRESIDIAN.

Solutions? They're obvious. We'll have to recruit more intensely. We need to enlist more volunteers and then ask them to "round-up" more children and spectators.

In Hawaii, at Schofield Barracks, we would turnout 19 baseball, 16 football and 18 basketball teams. Crowds numbering over 100 were considered normal and coaching staffs were five and six strong. Many of the teams featured cheerleaders, completely outfitted through the good efforts of VOLUNTEERS! We generated interest by doing what I've already suggested: get the folks out and into the programs and then many are "hooked" on a good habit.

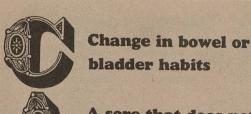
Last year at the Presidio I often counted "crowds" of seven or eight sometimes even nine or 10! Remember, during the Presidio Tournament, how the visiting teams brought with them larger crowds than our own teams? And some of our teams are often coached by bachelors or parents who don't even have children playing. A couple of the teams last year watched a parade of coaches who seemed to lose interest when they looked around and found no support.

We all need these programs, Ron. The children welcome adult participation and instruction. Some of our volunteers may have never played baseball but the children still appreciate their efforts and they relish the attention. It's really amazing how great a communications vehicle the programs are. We know too well the problems that lack of communication and lack of interest can cause.

On March 26, beginning at 10 a.m., I'll be in the Recreation Center penning names to the registration forms for the 13½ to 16-year-old league. Wouldn't it be nice if we signed 40 or 50 participants and recruited a dozen volunteers.

See you there, Ron Frank P. Castro

Sweet dreams!



A sore that does not heal



Unusual bleeding or discharge



Thickening or lump in breast or elsewhere



Indigestion or difficulty in swallowing



Obvious change in wart or mole



Nagging cough or hoarseness

PRESIDIO MAIN POST LIBRARY BLDG 386 PRESIDIO OF SAN FRANCISCO, CA 94129

The month of April has been named cancer control month, and the word for the month should be CAU-TION.

Each letter in the word caution stands for a cancer warning signal.

The Merriam-Webster Dictionary defines cancer as: 1) a malignant tumor that tends to spread in the body; 2) a malignant evil that corrodes slowly and fatally.

When one thinks of cancer, cigarette smoking comes to some people's minds as a major killer. This is true, as every year approximately 300,000 smokers die unnecessarily in this country.

The death rate for people who smoke cigarettes is higher at all ages than for people who do not smoke. The rate climbs in proportion to: 1) the number of cigarettes smoked; 2) the years the person has been smoking; 3) the age the person began smoking.

Cigarette smoking has been implicated as a major "villain" in lung cancer, emphysema, chronic bronchitis, heart attacks and strokes, and mouth and larynx cancers.

According to the American Cancer Society, cancer of the colon and rectum is the most common internal cancer among adults.

An examination called the "Procto," using the proctosigmoidoscope, is recommended as a regular part of routine examinations for men and women over 40. The "Procto" is a slim, lighted tube that enables the physician to look directly inside the rectum and lower bowel for any abnormalities.

In many early detection cases, the cancer can be cured without major surgery.

There are seven cancer safeguards which you can use as guidelines for your own personal health care, and they are:

Lung: Reduction and ultimate elimination of cigarette smoking.

Colon-Rectum: Proctoscopic exam as routine in annual checkup for those over 40.

Breast: Self-examination as a monthly female prac-

Uterus: Pap test for all adult and high-risk women.

Skin: Avoidance of excessive sun.

Oral: Wider practice of early detection measures. Basic: Regular physical examination for all adults. According to Dr. June Goodfield, author of THE

SIEGE OF CANCER, "As we come to know cancer, we realize how complicated it is, for much more is involved than just a normal cell turning into an abnormal one. Cancer is an amalgam of several sorts of diseases involving the whole organism. We are faced not only with the pathological condition of a given organ, but with the interplay of every system in the whole body. Even so, scientists now do not believe that cancer is all that much more complicated than many other forms of chronic disease which occur late in life-rheumatism, arthritis or auto-immune diseases may be even more difficult to cure."

Remember, in many cases of cancer, an early diagnosis and immediate treatment can be life-saving. And for the month of cancer control, remember, the word of CAUTION.

tar Presidian

Volume 20, No. 13

Presidio of San Francisco

Friday, April 1, 1977

Shoplifting

One tale from the blotter

At 0930 I reported for work in my new position as store detective for the Presidio Post Exchange. I was to watch for any unusual happenings. The morning passed uneventfully.

It was 1315 when I noted a young female acting rather suspiciously. She wandered from counter to counter, picking up small items, dropping them, returning them to the counter. She continued to cruise the cosmetic counter.

When I took this position, I knew the PX had been having a somewhat serious problem with shoplifting. From Feb. 1, 1976 to Jan. 31, 1977, there had been 132 known incidents. This involved \$1259 and included employee thefts. The Presidio had the fourth largest total thefts for 1976 in the Golden Gate Exchange Region-an eight state area. I also knew the suspects detained in the past ranged in age from seven to 85-year-olds, so no one was above suspicion. My work was cut out for me.

As the girl cruised the counter one more time, I kept a careful eye on her. Finally, she made her move. Keeping an ever watchful eye for anyone watching her, she picked up a tube of lipstick and slipped it into her right front jacket pocket. It was 1332 when she made her move for the door. She walked past the cashiers, and on to the exit. As she stepped out the door, I approached her and identified myself as the store detective. I informed her she was being detained for shoplifting.

At 1350 Lasked her to remove any merchandise she had not paid for. She denied any knowledge of such merchandise. When I asked her to empty her right pocket, she did so, uneasily. In her pocket was a tube of unpaid for lipstick. I notified the military police at 1400, and the incident was out of my hands.

The names and actual occurrances have been changed to protect the innocent. The only truth in the above story is the 1976-77 statistics and the fact that if you are a shoplifter, this could happen to you.

A disturbing element seems to arise in a number of shoplifting incidents. This is the assumption of some shoplifters that their actions are perfectly normal and they have committed no crime. They choose to attribute it to a prank, impulse, or adopt the attitude that the merchandise really doesn't belong to an identifiable person, just a store. It's there for the taking. The cold, hard fact is that shoplifting is a crime and the consequences quite severe. Military personnel may receive confinement, reduction in grade, forfeiture of pay and allowances, and a bad conduct discharge. Dependents and civilians are subject to prosecution for shoplifting in civil courts. Additionally, shoplifters may have their exchange privileges suspended or revoked.

There are several ways to shoplift. But, whether it's actually taking an article without paying for it, or changing price stickers, it's still shoplifting.

People hide things under their belts or in purses and say they forgot to pay for it," stated Bruce Harris, chief of safety and security for the Golden Gate Exchange Region. "If a person inadvertantly puts an item in his pocket, and really forgets to pay for it, we're interested in getting the money back into the PX."

There have been cases of people who inadvertantly took something without paying for it. Two of the nicer incidents, according to Mr. David Roth, Main Exchange Manager, went like this: "I received a letter once with \$18. in it. Some children had stolen some merchandise out of the PX, and when it showed up, the parents didn't know where it came from, so they questioned the children. The letter, the money and an explanation from the parents came. The children had been made to work and earn the money. It was signed "A Concerned Parent."

"Another time, a woman accidently put something in her pocket and walked out with it. She came back two weeks later to pay for it. She said she felt guilty. Those are the kind of people we need more of," commented Roth.

Punitive action is an after the fact method of dealing with a particular incident. It is commonly acknow-

ledged that many cases of shoplifting go undetected, so the prime deterrent rests with the people who have the most to lose - you, the customer. These losses take the form of higher operational costs, reduced efficiency, and reduced revenue to the military welfare funds. You are aware that the exchange service is a major contributor to the welfare fund-funds that support your libraries, day rooms, service clubs, athletic events, etc.



SP4 Dennis Jacksor Photo by

What can you do? The answer is simple, "get involved." It's your exchange. If you see or know of someone shoplifting, use your influence to deter them - if you can't report it to the proper authorities. Insure that your family, friends and acquaintances know how you feel and get them involved. Shoplifting can be prevented but only in a society that cares and show they care.

News notes

German class

Are you on orders or alerted for duty in Germany? If so, before leaving the Presidio you can learn practical German to be able to ask directions, order a meal, go shopping, exchange dollars, buy a train ticket, get a hotel room, make a phone call and more! A German language and cultural orientation course will be conducted at the Fort Scott Education Center, Bldg. 1216, April 5-May 26. Classes will be held Tuesday and Thursday from 3:30-5:30 p.m. There is no fee for the course. Books and tapes used in the course will be supplied by the Education Center. For further information or to enroll, call or visit the Fort Scott Education Center, ext. 3189/4419.

Expectant parents class

Expectant Parent Classes will be given at Letterman Army Medical Center on six consecutive Thursdays starting April 7 and ending May 12. Classes will cover care during pregnancy, care of the mother after delivery, labor and delivery, and care of the newborn. Classes will be given at Letterman Army Medical Center, Dental Staff Conference Room, third floor from 7 to 9 p.m. All expectant parents are invited to attend. For registration, call the Community Health Nurse at 561-2003/4994.

EM Wives' Club

The Presidio of San Francisco Enlisted Men's Wives' Club will hold its monthly business meeting Monday, April 4 at 7:30 p.m. in the Presidio Recreation Center. After the business meeting, the club is holding a Crazy Hat Contest. Hats will be judged in three categories: craziest, most original, and most beautiful. Prizes will be awarded and refreshments will be

If you are new in the Presidio community, April 4th would be a good night to come join in the festivities and fun at the Wives Club. All wives of enlisted men, active duty and retired are invited to attend. Come and show off your Easter bonnet creations.

For further information concerning the club and its activities or if you need a ride to the meeting call Jo Leach at 561-3550 or Marilyn Mann at 387-6716.

AUSA luncheon

LTG Robert G. Gard, Jr., President of the National Defense University, will be the speaker at the AUSA Luncheon Meeting on Friday, April 8, at the Presidio

His subject will be "Recent Developments in Enlisted and Officer Personnel Management." This subject is vital to the future of military persons, as well as essential to National Security. General Gard's frank presentations have had an impact on all who have had the privilege to hear him.

General Gard comes to San Francisco at this time to attend the 1977 National Security Seminar. Prior to assuming the Presidency of the Nation's highest military education organization, he was the Commander of the Military Personnel Center, USA. He has also served as the Commander, U.S. Army Training Center and Fort Ord; Director of Human Resources Development Office, Department of Army; and Army Fellow, Council on Foreign Relations, in New York City.

Tickets are available from your office representative or reservations can be made by calling Mr. Joy, 561-2035 or Mary Stanton 561-3137. Members are encouraged to bring wives, husbands and guests.

Presidio Women's Club

The Presidio Women's Club will mee* for a delightful Spring Luncheon on Thursday, April 1977, at the Presidio Officer's Club. The sherry hour will begin at 11 a.m. and lunch wil be served at 11:45 a.m., followed by an interesting program featuring Kirstie Wilde. award-winning reporter and co-anchor person on "Newswatch," KRON TV 4. Kirstie entered the broadcasting field following her 1972 graduation from Stanford University, rising quickly to her present position after a variety of challenging west coast assignments. Because long-winded speeches bore her, Kirstie has chosen to reverse her role as interviewer during the program and will allow members and guests to interview her. Kirstie's bright, enthusiastic personality and expertise should stimulate many interesting questions and tell you "Everything You've Ever Wanted to Know About Broadcasting . . . but never had the opportunity to ask!"

Rec Center happenings

Coming activities this week at the Presidio Recreation Center are: Saturday, 2 p.m., Sports and TV specials on the giant screen. At 6 p.m., Sunday, hamburgers, those good, juicy, tasty hamburgers. Just like you like them! Make your own hamburger buffet.

The classes are great, come join them at 7:30 p.m., Monday-Chess and Belly Dancing classes. Tuesday, 8 p.m., Game Room Tournaments, trophy prizes. Dazz, Dazz, Disco Dazz dance time again with Dr. Webb, 9 to 12 p.m., Wednesday. Chicago had Minnesota Fats, New York had Willie Muscone, Oakland had Fast Eddie and Presidio has Hank Nole - Pool lessons, Thursday, 7:30 p.m. He'll teach you, not take

For more information, contact the Recreation Center, Bldg. 135, 561-2000/5420.

Officers' Club news

The Presidio Officers' Club will feature a Rock band (Clear Water) in the Attic Lounge on Friday and Saturday, April 1 and April 2. On April 8 and 9 another Rock Band, "Looking Good," will be playing for your enjoyment. Reminder that every Tuesday night from 5 to 8 p.m., we have a Go-Go girl in the Attic Lounge. Join the Easter Parade to your Club for Sunday Brunch, April 10, served from 10 a.m. to 2 p.m. Make reservations early for Family Buffet, 5 to 8 p.m., April 10. Easter Baskets for the kiddies.

NCO Club news

Log Cabin NCO Club will be kicking April off in style with Unit Day for the 504th MP Bn with Go-Go girls. Happy Hour, and then the "Roots" Rock/Soul Disco Band. So all you guys from the 504th, this is your day. HQ Co USAG Unit's Day will be on April 6, with Happy Hour, Go-Go Dancers at 4:30 p.m., and we will be featuring Unit Day for every unit on the Presidio, so look for your day. Don't forget our Kiddies Easter Egg Hunt, prizes and refreshments, then at 2 p.m. Kiddies Bingo, with cards going on sale at 2 p.m., with prizes for each game. Starting in April, we will have our two for one night. Each Saturday, you buy one entree from our special menu and get one free.

Ramblin'



PFC Phillipa Brown, TMP, Driver Tester - "Yes I do. I feel that a woman is capable, if

she wants to, to do anything that a male can do. There should be no restrictions in today's Army or any military branch of service that they should not be able to go into and accompilsh anything that they want. I would apply for the infantry, as a dental specialist. That's my secondary MOS.'



SP: Duane Caseday, 864th Engrs. — "I think they should. If they want to be in the Army, I think they should do the same thing as us. I have four sisters and if that's what they wanted to do, I'd let them."

SP4 Mary Rainski, 170th MP Co .- "If they can handle it, I think they should. I wouldn't particularly care for one.'





Movies

Presidio Theater Friday, April 1, Mother, Jugs and Speed (PG), 7 p.m. Saturday, April 2, Gus (G), 7

Saturday, April 2, Special Matinee: Gus (G), 2 p.m. Sunday, April 3, Logan's Run Monday, April 4, Logan's Run

(PG), 7 p.m. **Tuesday**, April 5, Champion of Death (R), 7 p.m. Wednesday, April 6, Sparkle (PG), 7 p.m. Thursday, April 7, The Tenant (R), 7 p.m.

SCHWARTZ/LETTERMAN Friday, April 1, Alex and the Gypsy (R), 7 p.m.
Monday, April 4, Mother, Jugs and Speed (PG), 7 p.m.
Tuesday, April 5, The Marten Lang Kopp (R), 7 p.m. from Hong Kong (R), 7 p.m. Wednesday, April 6, Logan's Run (PG), 7 p.m. Thursday, April 7, Champion



Star Presidian

The Star Presidian is an authorized unofficial offset Army newspaper, with a circulation of 5,000, published weekly under the provisions of AR360-81 by the Public Affairs Office, Presidio of San Francisco, CA 94129. Views and opinions expressed herein do not necessarily represent those of the Department of the Army. Editorial offices are located in Building 37. Newsroom telephone: (415) 561-3908 or 2005. Colonel John D. Hamilton, Sr., Commander Major Carole M. Campbell, Public Affairs Officer SP4 Rebecca S. Hall, Editor

SP4 Patricia Bogart, 163d MP Co. — "Yes I do, if they are physically capable. I wouldn't mind having one, depending on what the situation would be at the time. I would like to go into armor."

Passover - Easter

The Religious Community on Post will have a full calendar of activities for Holy Week and Passover. The accompanying schedule lists services and activities for the three major faith groups. For further information call the Post Chaplain's office 561-4711/4719.

Highlights

April 2—The Jewish community will celebrate Passover with the first Seder at the Religious Activities Center, 3ldg. 682, at 6:30 p.m.

April 3—All chapels will hand out palms for Palm Sunday

day.

April 7 On this Maundy Thursd

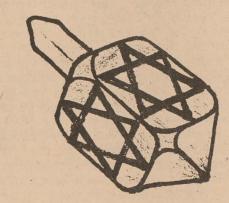
April 7—On this Maundy Thursday Holy Communion will be strved at the Post Chapel at 7 p.m. Evening Mass of ne last supper will be celebrated at Chapel of Our Lady at 5 p.m. A passover supper will be held for the catholic community at the Religious Activities

Center, Idg. 682, starting at 6 p.m. April 8—àOod Friday observances will start at 12 noon with the Presentation of "Stabat Mater" by the 120 voice chair and 45 piece orchestra of Pacific Union College It the LAIR auditorium. Celebration of the Lord's Pasion and distribution of communion will take place at 'hapel of Our Lady at 5 p.m. The Post Chapel Choir willpresent Mozart's "Requiem" at 7 p.m. in the Post Chapel.

April 9—Easter vigils will be held at both Chapel of Our Lady and the Fort Baker Chapel on this Holy Saturday beginning at 7 p.m. Please note there will not be a 5 p.m. Mass on this day.

April 10—Joint Army/Air Force Easter Sunrise Service will be held in the amphitheater on Mount Tamalpias at 6:30 a.m. The Sixth Army Band and "The Wind Children" will provide the music for this outdoor service. Breakfast will be served from 8 a.m. to 11:30 a.m. at the Religious Activities Center.

April 10—Protestant Easter celebrations will be held at Fort Scott at 8:30 a.m., Post Chapel 9 a.m. and 11 a.m. Catholic Mass will be held at Chapel of Our Lady at 9 a.m. and 11 a.m. Fort Scott at 12:30 p.m.

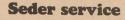


Passover festival

The Jewish Festival of Passover is celebrated for eight days. This year it begins at sunset, Saturday, April 2, and concludes at sunset, Sunday, April 10.

Passover, the Spring Festival, celebrates Israel's deliverance from Egyptian bondage. It is a joyous family holiday; it is rich in story, in symbolism, and in ritual. Above all, it calls attention each year to the yet unrealized dream of freedom for all mankind.

Oppressors come and oppressors go, but the ideals of freedom outlast the changing fortunes of history. This is the spirit and message of Passover, the Festival of Freedom and Redemption which Jews will once again celebrate.



A Seder Service and Dinner for Jewish military personnel and their families will be held on Saturday evening, April 2 at 6:30 p.m. at the Religious Activities Center, Bldg. 682, Lincoln and Park Avenues, Presidio of San Francisco, California. Rabbi William Z. Dalin, LAMC and PSF Auxiliary Chaplain, will officiate.

For information and reservations please call Miss Ruth Callmann, LAMC, telephone: Commercial 561-4397, Autovon 586-4397.



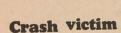
The approaching Passover and Easter seasons, the holiest of the year for Jews and Christians, remind us on⊁e again that God's message to human-kind is a message of love and reconciliation, of deliverance and fre₃dom. A theme common to both Passover and Easter is liberation; liberation from bondage and sin, liberation from that which enslaves people and makes them less than God intended them to be.

For the Jewish Community, Passover is a season of remembrance; it is a time to recall God's deliverance of the nation Israel out of Egyptian bondage to a new land, a time to celebrate the renewing of the covenant, a time for praying for peace, a time for hope, a time for trusting that God will fulfill His promises anew each day as he did in the wilderness of the desert.

As Christians observe the Passion of the Lord and His Resurrection, Holy Week and Easter mean prayerful preparation and inward reflection climaxing in joyful celebration. Through Christ's victory over evil and death, Christians are freed from the enslavement of sin and, through faith, are granted abundant life and new hope.

With themes of liberation, renewal and new hope, Passover and Easter challenge all of us, Christians and Jews, to rededicate ourselves to the principles of our faith and, in love, to renew our commitments to God, to people, and to our Nation.

—Armed Forces Chaplains Board



Colonel Mervin S. Waters, 64, retired from the U.S. Army and Manager, Presidio Federal Credit Union, died on March 29, of injuries received in the crash of the Pan American jet at Santa Cruz de Tenerife, Spain. His wife, Moreen, who had accompanied him on the trip, also died in the crash.

He was retired from the Army after serving 35 years and had been the manager of the credit union for the past nine years.

He is survived by a daughter, Mary Kay and a son, Michael, of Petaluma.

Community citizen

SSG Richard Boyer, of the 402nd Military Police Company, received the Presidio Community Citizen of the Quarter award from Colonel John D. Hamilton, Post Commander, on March 18, 1977. SSG Boyer received the award for his outstanding performance with the Cub Scout Program on the Presidio. As the Cubmaster of Pack 77, he has given countless hours of his off-duty time to organizing and supervising scouting activities. SSG Boyer is also Scoutmaster of Boy Scout Troop 90, which has the only Bay Area bag pipe band.

Holy Week schedule

Protestant Services
Palm Sunday—April 3
8:30 a.m.—Ft. Scott Chapel
9 a.m.—Post Chapel
11 a.m.—Post Chapel

Maundy Thursday—April 7 7 p.m.—Holy Communion—Post Chapel

Good Friday—April 8
Choral Service
12 noon—Pacific Union College Choir
Letterman Army Institute of Research
(LAIR) Auditorium
7 p.m.—Post Chapel Choir
Post Chapel

Easter Sunday—April 10
6:30 a.m.—Sunrise Service
Mt. Tamalpais
8:30 a.m.—Fort Scott Chapel
9 a.m.—Easter Festival, Post Chapel
11 a.m.—Easter Service—Post Chapel

Easter Breakfast served continuously at RAC, Bldg. 682

8 - 11 a.m.—Freewill Donations

Jewish Passover—Seder Community Seder, Saturday, April 2, 1977 Religious Activities Center, 6:30 p.m. Bldg. 682

Note: Home Hospitality will be provided per request, for the Second Seder.

Catholic Holy Week Services Saturday Mass—April 2 Ft. Baker Chapel12:30 p.m. Saturday Mass—April 2 Saturday Mass—April 2 (Palm Branches will be distributed) Ft. Scott Chapel12:30 p.m. Holy Monday Mass—April 4 Chapel of Our Lady11:35 a.m. Confession11 a.m. Holy Tuesday Mass—April 5 Chapel of Our Lady11:35 a.m. Reconciliation Penetential Service Holy Wednesday Mass—April 6 Confession11 a.m. Chapel of Our Lady4 p.m. Children's Penetential Service Holy Thursday Mass—April 7 Chapel of Our Lady Evening Mass of the Last Supper 5 p.m. Adoration and Confession until10 p.m. Religious Activities Center, Bldg. 682 Good Friday—April 8 (Day of Fast and Abstinence for all Military) Chapel of Our Lady Celebration of the Lord's Passion 5 p.m. (Distribution of Communion at this Mass only) Stations & Veneration of the Cross 7 p.m. Holy Saturday—Spril 9 (There will be no 5 p.m. Mass due to the Easter

Holy Saturday—Spril 9
(There will be no 5 p.m. Mass due to the Easter Vigil)
Chapel of Our Lady
Confession3 to 5 p.m.
Easter Vigil Service7 p.m.
Fort Baker Chapel
Easter Vigil Service7 p.m.

The secret eye

A gathering of people and events under the watchful SP typewriter

By Eve S. Dropper

Hello, again. I heard of a really good way of dealing with Mondays this week. We shan't have Mondays any more. There will be Tuesday A and Tuesday B, but no Monday!!! See the psychology behind this? It's really the idea of it's being MONDAY that gets to most people! 'Course, I don't really think two Tuesdays would be too much fun either. . .

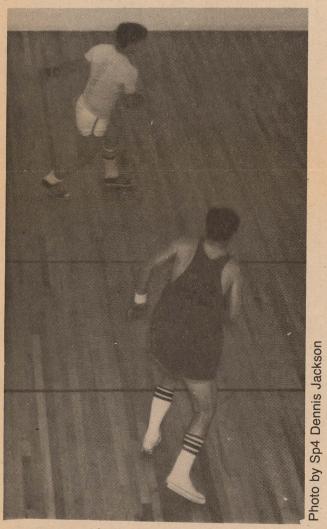
Hope some of you made it over for the Rape Prevention Seminar. It was outstanding!!! Learned a lot from the people who spoke. . . good work, peoples.

And, for all the hungry folks out there, the breakfast for Easter Sunday morning is FREE. . . Check out the schedule on page 3 for the when and where. I'll be there . . .

I also heard the male go - go dancers at the Log Cabin were quite a hit. Sorry I missed that one . . . in fact, I heard there were more ladies there for this activity then there were men when they have the female dancers . . . Wonder what that means, Sigmund Freud???

Over at Western Region Recruiting, SP5 Reggie Mason signed his name for four more years with Uncle Sam. Seems Reggie really wants the Germany assignment . . .

The Orderly Room at the 864th Engineers got a face lift with a new tile floor. Looks good. It's a black background with little white flecks in it. Pvt. Jornel Miller joined the engineers from Ft. Riley. SP4 Keith Giggers left for Korea. Bon Voyage, Keith. And the bleachers by the baseball field at Ft. Scott are completed. Thanks, guys.



Roko Smiljanic, LAIR, and Dana Ludwig, 6th Region CID, participants in the hand ball tournament now being held on the Presidio.

VRA employees

Forty Vietnam veterans recently hired under the Veteran's Readjustment Appointments (VRA) attended two orientation sessions at the Presidio Audio Visual Auditorium. This was the single largest group hired since the program started.

To ease the transition of Vietnam era veterans from military service to civilian life the Veteran's Readjustment Appointment act was established to provide job and training opportunities for veterans who are in need of special help. Under this act veterans who because of inadequate education or training before entering military service are given the opportunity to have productive employment while they are acquiring needed education or training.

The orientations were given by members of the Civilian Personnel Office and covered such subjects as the VRA program, eligibility, reassignments, promotions, conditions of employment and conduct.

Over at the 6th Army Band, Gary Morgan made E-6. Congrats, on that, Gary. And the band will be playing in San Jose for one of the high schools. They'll also be playing at the Easter Sunrise Service, on Mount Tamalpais. That'll be at the outdoor theater, so ya'll try to come.

Sgt. Judy Richey, of the 163rd MP Co., left to become a Drill Sergeant at MP School, Ft. McClellan. Good luck, Judy! Arlene Washington was promoted to SP4. Congrats on that, Arlene! MSG Raymond Calvino re-uped for three more years. Next thing you know, it'll be retirement time!

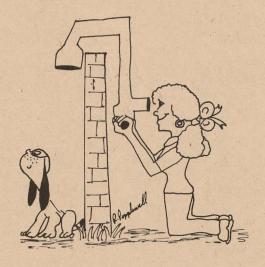
SSgt. Vincent Solomen has left the 402nd MP Co. for USAEUR. Hope you enjoy your overseas duty. And PFC Joseph Reilly joined the MPs from Aberdeen Proving Grounds. Nice change, huh??? PFC Richard Kelpach came in from Ft. Dix. Welcome, peoples.

The mascot for the 170th MP Co., Yakama, underwent surgery again. Seems that tumor just won't go away. But, the first sergeant is doing well and he's taking care of Yak. Pvt. Michael Dahlenburg just joined the 170th from Ft. McClellan. SP5 Marcus Blunt reenlisted for four years and SP4 Jeffrey Zurinskas signed over another three. Hope you enjoy your tours

The 16th BPO has won their volleyball games against SAS and WRRC. Congrats to the athletes. SP5 Roger Leighton received his GED this week. That's outstanding, Roger. Really. I voiced my opinions before about education, so all I'll say this time is, you done good!!! SSgt. Joe Diaz was awarded an ARCOM. Congrats, Joe. You're a really busy guy! Johnny Leonard was promoted to Speedy 4. SP5 Michael Vandervlodet has a bowling average of 193 points per game. That's tough! But, he didn't make the top four!!! That really surprised me. We must have some tremendous bowlers here. SP5 Michael Bowers finished CBR school. And Lt. Monte Mingus, 16th BPO Co., was on a two week winning streak in tennis but, he was knocked down this week. Sorry, sir. But, you did put out a valiant effort!

Now, for HQ USAG! I got a really nice note from Margaret McNichols. She's now SP4 Margaret Sisk. Seems she did get married, and her new hubby is a Coast Guardsman. Congrats on the promotion and the marriage, Margaret, and I hope you're really happy.

Also from USAG, Cindy Wilson made SP5! Good going, Cindy. And Sgt. Stjltanos Tritonis has been attached here from Italy. Pvt. Stafford Hall came from Ft. Lee. SP4 Rosanna Garon, from Ft. Richey and Pvt. Jeff Laymance, from Ft. Benjamin Harrison. Welcome to Garrison.



Another day, another dollar. Summer's just around the corner, and I hope it's going to be a good one. Maybe this year we'll keep away from some of the troubles that plagued us last year: fires, pestilence and water shortages. So, till next week, take 'n take 'n keep on whatevering. I am.

S-P-O-R-T-S

Youth gymnastics

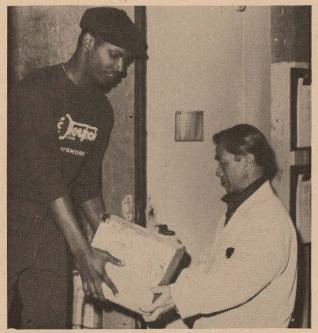
It is anticipated that future gymnastic classes for youths, ages 6-14 yrs., will be scheduled. Those youths desiring to have their names placed on a waiting list should contact the Youth Activities Director, Ext. 3637/5141.

Notes from the kegboard

Ft. Scott league	Won Lost
SFFO CID	61 23
LAMC No. 3	60 24
Spt. Elm. No. 2	57 27
170th MP Co.	491/2 341/2
6th Reg. CID	431/2 401/2
USASA	42 38
16th BPO	41 47
402d MP Co	29 59
525th MI Gp	16 72

Handball championships

Creed Smith continues his winning ways in Division A play with four more wins to his credit. His record is 6-0, followed by Richard Ament with a record of 3 and 1. Chase Gregory has won his third match, and at press time was considered the slight favorite in Division B.



Mr. Terry W. Benton, hired under the VRA program, receives on-the-job training from Mr. Edward A. Chun, Warehouse Foreman.

Volleyball

Volleyball League results as of March 30 LAIR defeated LAMC No. 1 - 15-8, 15-0. LAMC No. 1 defeated 864th Engrs. - 15-4, 15-4. Ref LAB defeated Corps of Engrs. - 15-0, 13-15, 13-11

Corps of Engrs. won by forfeit over WRRC. 402 MP Co. defeated LAMC No. 1 - 0-15, 14-10, 9-6. 402 MP Co. defeated 170th MP Co.-15-8, 15-5. 6th Army defeated LAMC No. 1-15-3, 11-7. LAIR defeated 170th MP Co.- 15-4, 15-6. OAB defeated LAIR - 10-6, 13-4. OAB defeated 864th Engrs.-15-2, 15-5.

Volleyball schedule for Friday, April 1 51st Engrs. vs USASA—5 p.m. 864th Engrs. vs USAG—5:45 p.m. 6th Army vs USAG—6:30 p.m.

Letter to the editor

The Star Presidian coverage of the Presidio Men's/Women's basketball teams at the 1977 FORS-COM tournament was just as good as the pretournament support by the post—lousy.

For the little bit of coverage you did, it could have at least been correct. But, for your info, correct scores were as follows: Ft. Carson—104, PSF—86, Ft. Riley—87, PSF—86.

The winning attitude we left Presidio with soon diminished during the tournament's opening ceremonies. All other participants were at least outfitted by their respective posts in a uniform. Even though our purpose was to play, not show off uniforms, it would have been nice to have matched our women counterparts.

Thank you, Sports Division for insuring we were prepared to compete seriously. Other teams had played at least 20 games and some played as many as 35 games. The Presidio men's team played 9 games, all of which were previously scheduled for the All-Army team, who went on tour before the games could be played.

Both men's and women's teams departed the Presidio with a winning attitude even though all we received from our home station was a round-trip ticket.

In closing I would like to say, we were sent to Ft. Carson to represent Presidio in an Army-wide function. But the Presidio Sports Division, Star Presidian, and Post as a whole did not represent us. I would like to extend a hearty congratulations to my teammates and all members of the Presidio Women's team for a valiant effort all the way down the wire.

SP5 Reggie Mason

WRRC

Basic water survival:

Drown-proofing the 163rd

The term 'drown-proofing' brings to mind several ideas, but 'drown-proofing' is a technique designed by the American Red Cross, the Coast Guard and the Marines in a conglomerate effort to help people save their own lives.

This is the technique that was used Wednesday, March 30, when the 163rd MP Det. conducted their Annual Water Survival Training at the Post Swimming Pool. Everybody was required to participate in the training. Even those who weren't able to swim were taught basic water survival.

The purpose of the class was to teach the unit members how to survive in the event they suddenly found themselves unexpectedly in the water.

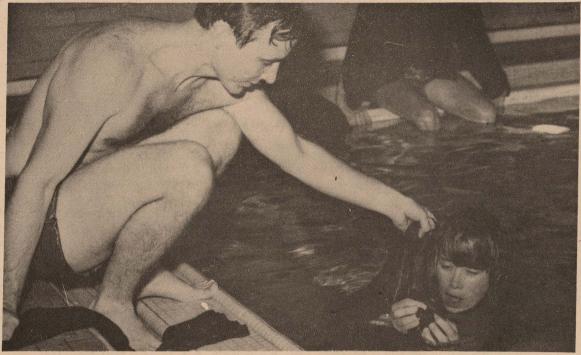


Sgt. Herb Botwell shows the best way to swim with your weapon and not tire too quickly.

"The instructors, Lt. Emmett Kemp, 163rd MP Det., and Lt. Wayne Emard, 402nd MP Co., told us there were documented cases where an individual was able to stay in the water 50-60 hours, just on basic survival techniques," stated SFC Leo Wafford, 1st Sergeant, 163rd MP Det. "And it did help the unit in that a lot of us learned some very important techniques for staying alive. Even the non-swimmers were able to increase their proficiency and learn what they should do in that situation.

"This training did let a couple of us know, including myself, that we should be involved in a little more strenuous exercise besides giving commands and sitting behind a desk!" laughed SFC Wafford.

The class consisted of showing the basic techniques of how to inflate your military uniform, buoyancy—such as tying the legs of the fatigue trousers together to hold air, and showed how the fatigue shirt can be inflated to keep an individual afloat for hours. The instruction included how to swim with your rifle and not lose the weapon and the best possible position to hold it so you won't tire too fast.



SP4 Larry Shakleford gives Sgt. Judy Richey a helping hand in the 163rd MP drownproofing exercises.

"Initially, you would secure the collar of your shirt, button the top button," explained SFC Wafford. "Then, you jump into the water, holding the shirt out to trap the air in. Once you did that, you removed your boots and trousers, using your shirt as a flotation device. After you took your trousers off, you tied the legs together, brought the pants over your head, trapping air in them, then you secure the belt or grab the waist to keep the air in. After you've trapped the air, you put the pants under your arms to use as a flotation device.'

Although the fatigues hold the air well, they're not air tight. It's a combination of the tight-weave fabric, plus the fact that they're wet that seals the air in, according to Lt. Emmett Kemp, instructor and CO of the 163rd.

As long as the material stays wet, it will hold the air," explained Lt. Kemp. "It's not going to hold you up for a really long period of time, unless you keep inflating it by lifting the waist up and trapping more air or pounding more air in by hitting the water into the shirt to trap air bubbles.

"The drown-proofing techniques can be used with any type clothing," explained Lt. Kemp. "Basically, long pants are the key to it. The shirt you use initially to get enough buoyancy to take your boots and trousers off. This could work with blue jeans and a tee shirt.

"I will say one thing," stated Lt. Kemp. "At first there was a lot of dissention from the students. They were saying things like 'Why do we have to do this?' After it was all over, they were saying 'Hey man, this is really neat' and 'We ought to have this more often.' I think a lot of them, particularly the non-swimmers, gained a lot from the training. But, I don't think it's the kind of thing you can handle once a year and expect to keep



SSgt. Tom Houk demonstrates the use of inflated fatigues in the basic water survival float.

As far as the training went, the Top Shirt commented: "All-in-all, I feel the program aided the unit in giving us a better training posture, and a realistic look at what would happen if you suddenly found yourself in the water. If nobody else gained anything out of it, the 1st sergeant will definitely be back down, trying to improve his proficiency."

Star Presidian

Volume 20, No. 14

Friday, April 8, 1977

Spring brings clean-up



photo by SP4 Dennis Jackson

The Presidio of San Francisco, in its continuing effort to maintain a well kept and attractive post, will conduct a Spring Cleanup Campaign from April 22 to 24. The Campaign will include the sorting out and discarding of useless and unwanted items in and around the quarters on the Presidio and its subposts by the residents. There will also be a concentrated area beautification effort by these quarter's residents and the units and agencies located on the Presidio and its subposts.

Post Commander, Colonel John D. Hamilton, expressed "It is my desire that both the tenant units and agencies located on the Presidio will again participate fully to make it a complete success.'

Being involved with the campaign means: An area beautification effort of a 25 meter distance in your respective building or facility.

- Having a coordinated effort to clean out and sort out useless items within your own internal area.

- The development and maintenance of good area beautification habits that, hopefully, will be practiced on a regular basis.

So come on! Get involved and spring into action for the Presidio Spring Clean-up.



Scholarships

The Presidio EM Wives' Club is awarding a \$250.00 scholarship to a dependent of active duty, retired or deceased military personnel. The applicant must be a 1977 graduate of a Bay Area high school.

The scholarship will be applicable to either an

accredited college or trade school.

A list of all academic achievements, hobbies, clubs and special interests, plus a brief essay on "Why I Want To Further My Education" must accompany the application. Grade average cut off must be a "C.

Applications and further information can be obtained at the Main Post Library or at the Letterman Library. All applications must be in by April 30, 1977.

Ballroom dancing

The Central YMCA, 220 Golden Gate Ave., will start a new Ballroom Dancing class on Tuesday, April 19, from 7-9:45 p.m. In cooperation with the Fort Mason Foundation and the GGNRA, this class will be held at Fort Mason, Bldg. 310, Marina & Laguna Blvds. (MUNI lines No. 22, 30, 47). This 8-week class will cover the Waltz, Foxtrot, and Cha Cha under the direction of Ernie Haeusslein. For more information call the Central Y at 885-0460.

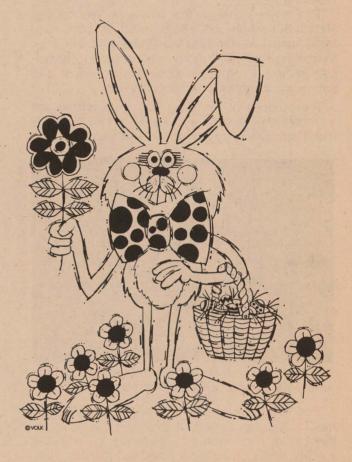
Army Day at Candlestick

Army Day at Candlestick Park will be held on Saturday, April 16. This will be the Giant's first home series game of the season and will be played between the Giants and the Los Angeles Dodgers.

The game starts at 1 p.m. and will be opened with a performance by the Sixth Army Band. Discounted tickets for this game will be available to all Presidio personnel. For further ticket information call 561-5480.

Military dependent gathering

Travis AFB is sponsoring a military Dependent gettogether day on April 16. The Presidio Teen Club is expected to be well represented at this event. A bus will depart from the Teen Club at 11 a.m. and all members, parents and potential Teen Club members are invited to attend. The program will consist of competetive sports, dance, refreshments and a full day of togetherness with teenagers from all services. Don't miss this big affair. Sign up now at the Teen Club on either Friday or Saturday.



Easter Egg hunt

All children will be let loose to hunt Easter Eggs at 10 a.m., Saturday, April 9, at El Polin Springs Picnic Area (end of MacArthur Blvd.). Those fortunate enough will find the lucky eggs which will entitle them to a prize. This is a fun day for all dependent children (school age through sixth grade), and all parents should make certain that their children are there. Parents are urged to not accompany their children while they are hunting eggs. In the event of inclement weather, all children should go the Teen Club, Bldg. 92. Further information can be obtained by calling the Youth Activities Director, telephone 3637/5141.

Newsnotes

USO 1977 Military ball

Mr. Edward Wong, Chairman of the Oakland USO Operating Committee, announces the 1977 USO Military Ball. It will be held Saturday, April 16 from 8 p.m. to 12 midnight at the First Presbyterian Church Fellowship Hall, corner of 27th and Broadway in Oakland. The Ball will honor the enlisted military personnel of the Bay area and will celebrate the 36th birthday of USO. A small donation of \$2 will be asked at the door for those attending. This action is necessitated by the drastic reduction of United Way funding, and other financial cutbacks due to a tight economy.

Invitations will be available through individual commands and base special services offices on April 1st. Invitations extended to enlisted personnel also includes spouses.

If personnel cannot obtain tickets from their respective commands, contact the Oakland USO, 518 17th St., Oakland, phone: 893-4966 for an invitation.

The outstanding Navy Show Band West will provide the live dance music for the evening.

Log Cabin happenings

Log Cabin NCO Club will once again have a Ladies' Night on April 12. If you missed the last one, ask a friend who has attended. See you ladies on your Day. April 12. Yes, GO-GO girls on Wednesday, 5 to 8 p.m., with Happy Hour. For all you C&W fans, Lisa and the Country Edition will be back on April 15, from 9 p.m. to 1 a.m. Don't forget the two-for-one night on Saturdays. Buy one meal and get one free. LAMC, your day is April 13, so let's see you come out for your Day. If you are planning a Party, Wedding Reception, Promotion Party, or just a get-together, give the club a call at 561-4914. This is what they're here for-you!!!

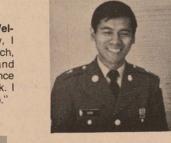
Presidio Exchange

All Presidio Exchange facilities will be closed April 10, except the Main Cafeteria. Cafeteria hours are 9 a.m. - 3:30 p.m.

Ramblin Sam aid Poplewel

Will you continue drinking coffee, regardless of price? What's your

SP4 Arturo F. Siga, Welcome Center, "Actually, I don't drink coffee that much, Saturday's and Sunday's. Sometimes once or twice during the week. I would pay 20 cents a cup."



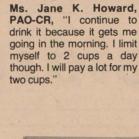
PFC Marjorie L. Hatfield, Tour Guide, No. If coffee prices continue to go up I will be forced to switch to another caffeine drink, such as tea. My limit will be 50 cents a cup.



Mr. Sung Won Paek, CPO, "No, I am not sure how high the price of coffee would go up. But, when it becomes ridiculous, I am going to quit drinking coffee, like 30 cents a cup.



SP4 Lowell E. Beal, Military Personnel Office, "Yes, I will continue drinking coffee, and I drink about 3 cups a day of instant coffee which is about 10 cents a





SP4 Sharon L. Burton. Compact, No. I refuse to buy coffee any more. Why should I help make another country rich?'



Movies

PRESIDIO THEATRE Friday, April 8, The Shaggy Saturday, April 9, Special Matinee: The Shaggy D.A. (G), 2 p.m. Saturday, April 9, The Shaggy D.A. (G), 7 p.m. Sunday, April 10, sandra Crossing (R), 7 p.m. Monday, April 11, The Cassandra Crossing (R), 7 p.m. Tuesday, April Futureworld (PG), 7 p.m.

THURSDAY, April 14, To

the Devil, a Daughter (R), 7

p.m.

ant (R), 7 p.m. Tuesday, April 12, The Shaggy D.A. (G), 7 p.m. Wednesday, April 13, The Cassandra Crossing (R), 7 Thursday, Wednesday, April 13, Futureworld (PG), 7 p.m.

Futureworld (PG), 7 p.m.

April 14,

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SCHWARTZ/LETTERMAN

Friday, April 8, Sparkle (PG), 7 p.m.

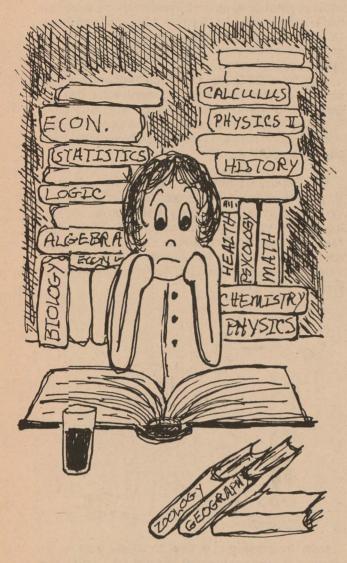
Monday, April 11, The Ten-

Star Presidian

The Star Presidian is an authorized unofficial offset Army newspaper, with a circulation of 5,000, published weekly under the provisions of AR360-81 by the Public Affairs Office, Presidio of San Francisco, CA 94129. Views and opinions expressed herein do not necessarily represent those of the Department of the Army. Editorial offices are located in Building 37. Newsroom telephone: (415) 561-3908 or 2005. Colonel John D. Hamilton, Sr., Commander Major Carole M. Campbell, Public Affairs Officer SP4 Rebecca S. Hall, Editor



Want to be a general?



The United States Military Academy Preparatory School (USMAPS) and the Military Academy at West Point are two ways to get an education to get ahead in a career and in life.

The Army has entered a challenging period and it is becoming increasingly difficult to recruit and retain fully qualified soldiers. The task of finding competent dedicated young officers is becoming harder. So, some might ask, with all the potential in the enlisted ranks, are all these people aware of the opportunities open to them? Well, there may not be an answer to that question—only an opinion.

While there are some individuals who possess the quality of obtaining a commission in the Army through the Military Academy, there are many welll-qualified young soldiers who will not be so fortunate. USMAPS affords an excellent opportunity by which young, qualified enlisted soldiers, both men and women, can attend the U.S. Military Academy at West Point, N.Y., and attain a commission and a career, in addition to serving their country.

Requirements for getting into the Prep School are simple

- A) An applicant must be a citizen of the United States prior to entering the Military Academy at West Point.
- B) You must be at least 17 and not over 21 years of age on July 1 of the year you enter the prep school.
- C) You must be unmarried and have no legal obligation to support a child or children.
- D) You must have good health, no disqualifying physical defects, with vision corrected to 20/20.
- E) An applicant must be a high school graduate, or the equivalent, with a solid academic background. It is

preferred that applicants have had four years of English and three years of college prep mathematics. (An individual with obvious leadership potential and a weaker academic background should not be discouraged from applying since many other factors are considered.)

F) Applicants should be highly recommended by their commanders, counselors, and teachers.

The Prep School personnel closely examine each applicant's academic transcripts, medical examination results, academic and physical test scores, and Commanders recommendations that indicate aptitude achievements.

Soldiers who exhibit good leadership potential and who possess the attributes and qualifications to become a good officer should be informed about the USMAPS program.

For more information about the program, AR 351-12 should provide the necessary facts. Questions may be referred to the USMAPS admissions officer, at autovon 991-1807 or commercial 201-532-1807, or may be addressed to the Commandant, US Military Academy Preparatory School, ATTN: MAPS-AU-A, Fort Monmouth, N.J. 07703.

The future of Army leadership depends largely on our efforts, and USMAPS is the means by which a Private can someday become a General.

Applications for the class of 77-78 should be completed as soon as possible as final selections will be made in early June.

If you are that certain Private who has a secret ambition to become a General, USMAPS could be your head start for getting that commission.

Money in your pocket

So you have the habit of throwing away dollar bills? Hardly. Well, whenever you bypass a meal you're entitled to eat in an Army dining facility and have one in a commercial establishment instead, you spend dollars you don't have to spend.

Think of how much a good dinner—comparable to the one the dining hall prepares for you costs in a commercial restaurant.

The price of that "in-town" meal, multiplied a few times—if you pass up your meal entitlement regularly—would probably buy a new stereo or a cabinet full of records, or expensive hunting equipment, scuba gear, or some other item on your most-wanted list.

You probably don't pass up your leave entitlement. And, if your pay were short, even a couple of dollars, due to an administrative error at Finance, you wouldn't lose any time having the error corrected. So, your entitlements are important to you. Your meal entitlement certainly saves money for you. The Army planned it that way.



The next time you're thinking of rushing off to have a meal in a commercial restaurant, think about how much you're spending out of your base pay that you don't have to spend. Then, relate that to the other entitlements that you don't turn down. For instance, you wouldn't refuse the basic issue helmet, your "steel pot," and then buy a helmet from a surplus dealer for \$25. Then, why turn down the delicious, nutritious meals the Army prepares for you? Take advantage of your entitlement and treat yourself to something special with the money you save.

Show off your talent

Bay Airea USO is sponsoring a "Design Your Own Poster" contest for all active, enlisted military personnel and current Junior Volunteers in the greater Bay Area. The contest starts April 1st; all entries must be postmarked no later than midnight, April 30th. Just grab your pens, pencils, crayons, magic markers or whatever, and design a poster idea for either or both of these needs:

A. A poster to communicate with active, enlisted military personnel about what USO is, what it does or offers, who is there, why is deserves support, etc. Your idea should try and boost attendance at USO with persuasive words and pictures.

B. A poster to communicate with potential Junior Volunteers. Your word and picture ideas should sell "recruits-to-be" by explaining what USO is today and why service as a USO Junior Volunteer might be both fun and rewarding.

All entries will be judged on the basis of originality, the effectiveness of the communication idea expressed in words and pictures and the persuasiveness of the message. However, Rembrandts we don't expect. The judges will base their decisions more on the ideas expressed than artistic skill. Remember, the contest is

limited to active/enlisted military personnel and current Junior Volunteers serving in the greater Bay Area only.

Grand prize winners in each category win \$100. There will also be smaller cash awards for second and third prizes in both categories.

All entries should be submitted in color on white 8½ by 11 inch paper (final printed posters will be larger). Each entry should be accompanied by a completed entry form giving name, address, etc. (so we can contact you if you win). Forms are available at all Bay Area USO locations as well as Base Special Services offices.

All contest entries become the permanent property of Bay Area USO to use in whatever way they wish. A panel of judges to be named (but including at least one enlisted military person and one Junior Volunteer) will select winners and award prizes on or before May 30. Juding decisions will be final.

And, yes, winners will be published! The two grand prize winners will be "finished" and printed for distribution throughout the Bay Area later this year.

Remember: the contest deadline is midnight, April 30th! Start writing and dreaming now!

Ideas mean you care

It is a little-known historical fact that thousands of years ago, a cave woman lost her hubbie to the fangs of a carnivorous dinosaur. Since she alone had to do the work of two people now, she was forced to invent something to allow her own strength to accomplish more. After such trial and error she carried out the flat round disc that we now refer to as a wheel. Her transportation problems were simplified tremendously. However, she still mourned her deceased spouse, and so named the center or the heart of the wheel, the "hubbie" in memory of him. Today we have shortened this to the "hub."

Without this creative innovation there would be no such thing as grocery carts, skate boards, go-carts or dune buggies, not to mention the somewhat popular means of transportation called a car. Although her name has been lost to history, we salute this little recognized inventory of the wheel.

On the Presidio there is a multitude of creative and talented people who have smashing ideas and suggestions lurking in the back of their minds just waiting for an invitation to come out and make themselves known.

So, a program called Project One for One, sponsored by the Non-Appropriated Funds Unit, is a Presidio-wide suggestion drive which started April 1 and will run through June 30.

These suggestions consist of an idea submitted in writing by one or more eligible persons, civilian or military, intended to accomplish a job better, faster, or cheaper; to simplify or improve operations, tools, methods, procedures, layouts, or organization; to increase individual or group productivity or manpower utilization; to conserve materials or property; to promote health or improve working conditions; to substantially reduce the likelihood of serious accidents; to improve morale in terms of desirable and feasible personnel services, on-post welfare facilities, and personnel policy and practice.

No cash awards can be made, except honorary awards, which are presented for adopted suggestions of appropriated fund employees.

Since this program is being launched for the first time on this post, full participation of appropriated fund personnel (civilian and military) as well as NAF employees is considered desirable.

This is your formal invitation to present your smashing ideas and suggestions, and to receive recognition for them.

The secret eye

A gathering of people and events under the watchful SP typewriter

By Eve S. Dropper

Hello again. As I sit here typing away, my mind is wandering out the window, through the blue skies, and away, somewhere. Guess that happens to the best of us. Getting a little spring fever! But, the weather's perfect for it! And, so's my mood.

I want you peoples to know, I received another letter from I.M. Bored. If you look below, you'll see a copy of the note, in full. Notice I corrected nothing! Anyway, I.M., whether you're a MsTake or a MrTake, it would definitely by my mistake to comment further. But, thanks loads for writing. I love hearing from you!

1 Apr 77

Dear Eve S. Dropper,

This is your old friend, I. M. Bored. Haven't had much to complain all lately about your paper (due to the previously referenced fact that I seldom read it).

However, I thought you could drop a hint to Ramblin' Sam
that his column had something missing this week.
Or, was the "Question of the week" classified info?

By the way, thank you for the very diplomatic and quite fair coverage of my previous letter. I made copies of your remarks and sent them to ten of my relatives.

They all got a big kick out of the fact that, anonymous as I was (and shall remain), you assumed that I am of the masculine gender...."Check out HIS letter in the Letters to the Editor".

quality.

Tacky MsTake on your part, but in keeping with your usual

Quality.

(Ms) I. M. BORED

April Fool's!!! Anyone miss the Ramblin' Sam question??? Hope you figured it out from the answers, but if you didn't, the question was 'Do you think women should be allowed in a combat MOS? Now, if you don't remember the answers, just check back to last week's paper! Hope you had a fun-filled April Fool's Day. For what it's worth, this fool did!

HQ USAG had their unit day Wednesday at the Log Cabin. It was really kind of nice! All the troops gathering for a few hours of socializing . . . Good way to meet new people and renew old friendships . . . James Castro was promoted to SFC and Pvt. Mario Allen was promoted to PFC. Seems the visiting dignitary, a general, was also a private at one time. See, even privates can become generals!!

Well, the 864th Engineers did it again. Their dining facility was voted the Best Dining Facility of the Month and of the Quarter!!! Way to go! And next week they'll be off to Camp Roberts for their annual field training. SSgt. James Altman joined the 864th from Germany, while SP4 Michael Pope left for Deutchland and SP5 Kenneth Williams has joined the civilian ranks.

While over at the 51st Engineers, Pvt. Lewayne Fox and Pvt. Jeffery Calhoun came in from Ft. Leonard Wood. And Richard Watts was promoted to PFC. Congrats, Richard and welcome to the Presidio, Lewayne and Jeff.

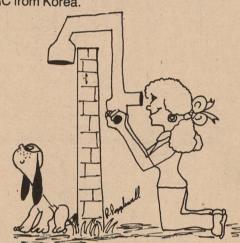
The 16th BPO will be off to play war games at Ft. Irwin. This is the first 'stir mission' — actual moveout—in the history of the BPO. Just think guys, you'll be making history as you set up the APO service to support the 82nd Airborne and 2nd Armored Division from Ft. Hood. Makes you feel sort of proud, doesn't it?? Well??? SP5 Michael Bowers received a Letter of Appreciation from his old unit. Way to go, Mike!!! And SP4 Danny Ramos received a certificate in Transactional Analysis. Don't know what he did to receive it, but he did. Congrats, people. And keep up the good work . . .

Pvt. Elaine Hower joined the 170th MP Co. from Ft. Dix, and Pvt. Denise Scarboro came in from Ft. McClellan. The 170th had their IG yesterday. Hope you did well. And next week it's their turn to go to Ft. Ord for weapons qualification. Don't ya feel better, Garrison?

Over at CPO (civilian personnel office) there were 38 employees given awards!!! Really good! There people are members of NAFI, a non-appropriated fund organization. They're the first group of NAFI employees to receive any awards. One person was given an award for 25 years service, while five had 20 years, four had 15 years, 10 had 10 years and 18 had five years. Congrats to the people, and it's a good idea to acknowledge people's achievements . . . makes ya feel better!

Also from CPO, Ms. Dominga Halcomb, a personnel clerk with NAF, received, on the same day, the Outstanding Performance Award, the Sustained Superior Performance Award and the Length of Service (20 years) award!!! Talk about a busy day!!! Congratulations, Dominga!

The Deputy Commander for Region I (Western Region Recruiting), Col. Donald Nuckolls, will be retiring the last of this month. Sorry to see you go, sir, but I really hope you enjoy your retirement. Taking Col. Nuckolls responsibilities will be Col. Charles Ferguson, who's in from the Jacksonville, Fla. recruiting division. Welcome, sir. And SP5 Tommy Anthony joined WRRC from Korea.



Now in closing, I'd like to thank you all for coming . . . and we hope to talk with you again, real soon. OK, boys, lock 'em up! It's back to the old grind. So, as always, keep on whatevering.

S-P-O-R-T-S

Post tennis tournament

Open Division: Leading the way so far into the quarter-finals are Mike Hammer, Mike Faer, Willie Session and Bob Wicks. While in the loser bracket, Richard Bristow and Monte Mingus lead the way to a possible spot on the Post team. The top four finishers are eligible to advance to the FORSCOM tournament at Ft. Lewis, June 20 - 24.

Jr. Vet. Division: The top players are Joe Egan and John Meese. They will meet soon in the showdown match to determine the top player in this age group.

AAU basketball championship

The Armed Forces basketball team, coached by Presidio Sports Director Hal Fischer, defeated Reliable Lumber 100-99 at the tournament in Marina Del Ray, FL. On this team from the Presidio were Alfred Forney and Pierre Russell.

Post handball tournament

Division A—Creed Smith beat R.G. Ament in a key match 21-12, 21-6. Smith is 7-0, while Ament is 4-1. **Division B**—Chase Gregory is still undefeated at 3-0, while Dana Ludwig and Monte Mingus are 2-1.

Physical recreation

If you are a Young Adult (18-30) looking for action, the Young Adults for Action, a YMCA program, is sponsoring a Physical Recreation Weekend April 15-17 in the Santa Cruz Mountains. Activities will include swimming, jogging, hiking, volleyball and softball. For more information call Greg at 885-0460.

Notes from the kegboard

Ft. Scott League	W	L
SFFO CID	65	23
LAMC No 3	63	25
Spt. Elm No. 2	48	30
170th MP Co.	501/2	371/2
6th Reg. CID	471/2	401/2
USASA	45	39
16th BPO	41	51
402d MP Co	29	63
525th MI Gp	16	72



John Meese, one of the Favorites in the Jr. Vet. Tennis Division, connects with a back-hand smash.

Intramural volleyball

Presidio League	W	L
LAIR	5	1
Oakland A.B.	5	1
6th Army	4	1
402nd MP Co.	-3	2
LAMC No. 1	2	3
USAG	1	2 5
864th Eng.	1	5
170th MP Co.	0	6
Ft. Scott League	W	1
16th BPO No. 2	4	0
Ref. Lab.	2	0
51st Eng.	1	0
LAMC No. 2	3	1
Corp of Eng.	2	2
525th MI Group	0	3
USASA	0	4

Results:

April 1—51st Eng. defeated USASA; 9-11, 13-8, 15-7 April 4—LAIR defeated 6th Army; 13-5, 13-9 6th Army defeated O.A.B.; 14-6, 15-4 O.A.B. defeated 402nd MP Co.; 13-3, 12-9

All-Army track team

The All-Army track and field team has reported in for training. They will be training here at the Presidio and Marin Junior College in preparation for the Interservice Championships in June at Quantico, VA. They are coached by Jessie Liscomb, with assistance from Earl Harris and Mike Ellis. Outstanding people to view will be Gerry Garcia, Leonard Turner, and a host of others. The relay team will be out to prove themselves again. A young field event team is looking forward to much progress in the technique events.

Trout plants,

If water, weather, and road conditions are favorable, the following waters will be stocked with catchable trout this week by the Department of Fish and Game: Alameda County—Alameda Creek, Lake Chabot, Arroyo del Valle Reservoir
Contra Costa County—San Pablo Reservoir
Lake County—Upper Blue Lake
Marin County—Stafford Reservoir
Napa County—Hennessey Reservoir
Santa Clara County—Sandy Wool Lake

AER golf tournament

Santa Cruz County—Pinto Lake

The 4th Annual Army Emergency Relief Open Golf Tournament will take place April 29 at the Tilden Regional Park Golf Course, Berkeley, Calif. Tee off is at 9:30 a.m.

Sonoma County—Lake Ralphine, Spring Lake

The tournament is open to everyone, but is limited to the first 100 entries. The entry fee is \$16.00 and includes:

01000			
Green fees	 	 	 \$4.00
Buffet lunch	 	 	 \$4.50
Prize fund	 	 	 \$3.50
AER donation .	 	 	 \$4.00
You will also be giv			

Tee off will be in foursomes. Handicapping will be under the Calaway System, with no special flights.

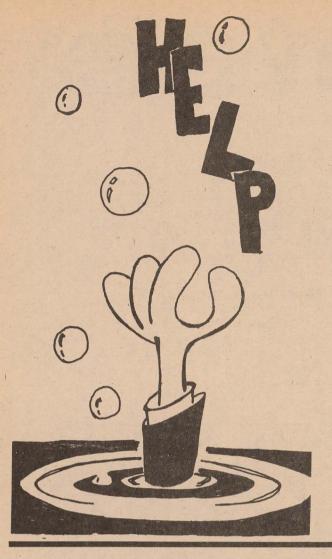
For additional information, contact Bob Graham, or Capt. Brush, U.S. Army Transfer Point, Oakland Army Base, Bldg. 640, phone 466-2372 or 466-3496.

Name	CI	ut nere		
Home o	r office phone_			Sign of the
Notificat	ion of tee time	will be give	n.	
Makevo	ur check out to	Army Fme	rgency Relie	f Fund

No refunds will be made after 3:30 p.m., April 27, 1977

U.S. Government Printing Office, 1977, 789-036, Print Order No. 30

Entry fee must be paid no later than April 25, 1977.



In time of need

The Presidio's 1977 Army Emergency Relief (AER) campaign begins today and will continue through June 3.

The goal for this year's campaign is a 100 percent opportunity to participate.

"Soldiers and their families have looked to AER for aid in coping with financial emergencies for over 35 years. During the past year, AER assisted over 32,000 members of the Army during periods of financial distress with loans and grants of almost five million dollars. In 1976, the Army Emergency Relief Section, this command, assisted 167 individuals with loans and grants totaling over \$33,000," stated Colonel John D. Hamilton, Post Commander

Colonel Hamilton also said, "The possibility that each one of us might at some time need assistance and the fact that financial assistance is immediately available during periods of distress, should create a desire to support this worthwhile endeavor. Your personal attention in giving this program maximum publicity so that each member of the Army is afforded the opportunity to contribute will be appreciated."

In a message of support for the campaign,

General Bernard W. Rogers, Chief of Staff, emphasized that AER is one way the "Army takes care of its own."

Those soldiers who feel that they are qualified for an AER loan, should have a DA Form 1103 signed by their Company Commander.

AER loans can be given for privation of dependents, (lack of what is needed for existence) such as food, clothing, and shelter. Payment of initial rent can also qualify. Funeral expenses for dependents as well as travel in an emergency situation is also available.

Other situations that the AER covers are the non-receipt of pay, emergency medical, dental and hospital expenses.

AER also offers help to eligible widows and orphans in addition to educational assistance programs.

The AER cannot lend money for such things as divorces, debt liquidation, court fines, lawyers, or money to keep up a standard of living.

There will be a representative in each unit or office to collect the money for the campaign.

The AER office is located in Bldg. 913, Army Community Service Center.

Star Presidian

Volume 20, No. 15

Presidio of San Francisco

Friday, April 15, 1977

Easy credit not so easy

by Gid Pool

From Ft. Devens to Ft. Jackson and points west the signs read the same—"Easy Credit" or "No money down" or "Yours today." While the locations, items and terms may vary, the dangers remain the same.

The young soldier who has just gone to the local bank for a loan to purchase an automobile and was rejected passes a used car lot with a sign reading, "Easy Credit - we finance everyone."

He stops, thinking, "I'll just look." They'll help alright, help themselves right into his pocketbook.

"Yes, my boy, what can I do for you," asks the salesman.

"Just looking," replies the young soldier.

He may be just looking, trying to get over the sinking feeling inside at having been rejected in his attempt to purchase his dream car but the salesman has other ideas.

"Ready for a new car?" asks the salesman. "We've got several low mileage, one-owner models ready to move out today," begins the pitch. "If you'll step right this way, I've got a 1969 "Slickmobile" that may be just right for you."

"Oh, what the devil," thinks the soldier. "If I'm going to look for another car I might as well look here first."

The duo moves over to a red 1969 Slickmobile that isn't as "slick" as it sounded a few moments ago. The rest is obvious, the tires look like an 80 year old billiard ball and the inside looks like the Redskins held rookie tryouts in it.

"This isn't exactly what I was looking for," says the soldier.

Ah yes, sweet words to the salesmen's ears, "Not what I'm looking for." The key word that sets the mind of the salesmen working is "looking."

"Tell me young man, begins the salesman in more earnest terms, "just what kind of car did you want?"

The soldier takes the bait, "I would like something in the area of a 1973 model, two-door, with low mileage but I can't afford that. I think I can afford something in the neighborhood of a 1971."

"Oh, don't worry about the money. First," adds the salesman, "let's find you a car you like and then worry about the money."



The car is finally spotted. A 1976, "Supercoupe" with fold-down top, white interior, mag wheels, radio and five-speed.

"How's this," says the salesman?

"I like it, but I don't think I can afford it," replies the soldier.

"What do you mean, you don't think you can afford it? You don't even know how much it is."

The chatter goes back and forth as they walk

The chatter goes back and forth as they walk into the trailer that serves as an office. Once inside the salesman begins the "close."

Now son, you like the car right? Good, now that car, as it is, sells in most cases for \$4,750. But, today only, we have a special of only \$3,750. That's ten percent down and payments of only \$110 a month. Now, how does that sound?"

"That sounds like too much a month," says the soldier. "I only make about \$350 after taxes."

"Well why didn't you say so," smiles the salesman. "Tell you what I can do. Let me sell you that car—now I'm doing this as a favor so I would appreciate it if you wouldn'T TELL ANYONE—for only \$150 down and payments of only \$75 a month. Now, is that better?"

"Wow, is that better," says the soldier. "I'll take it."

The soldier has just been had. His youth, inexperience and bad judgment have combined to send him to the cleaners.

The papers are signed, the soldier leaves the lot with his "Super-coupe" and the salesman is smiling.

The smiles of the salesman will last a lot longer than those of the soldier. In about a week the payment book will arrive from AJAX Finance and Rip-off Company. It will contain 49 payment coupons. Forty-eight will be for \$75 and one-the last-will be for \$1,300.

He calls the dealer wno refers him to the finance company, who refers him back to the dealer.

What has happened is simple. Even in the times of the truth-in-lending laws people get ripped off by not paying attention. When the deal was closed the salesman mentioned something about a final payment a bit larger than the regular ones (it's called a balloon payment), but the soldier didn't follow up and get the exact details.

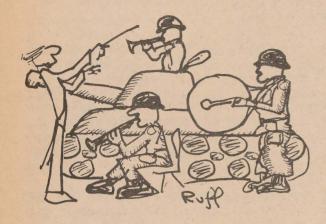
What the soldier is now finding out is that the salesman mentioned the 38 percent interest on the loan, that he mentioned the large payment at the end of the contract, and that the payments must be made on time or the soldier would lose the car. But they were lost in the excitement of the "easy credit" sale and now the soldier is stuck.

Just remember—easy is not always best. At least not in the credit world.

(Ed note: If you get stuck like this perhaps the JAG office can help. Do not hesitate to contact them with such problems.)

reprinted from MDW Post.

News notes



Band concert

The Sixth Army Band will perform in concert April 20 at 7:30 p.m. at the Post Playhouse. Selections to be played include the Overture to "The Marriage of Figaro" and music from "Oliver!" The public is invited; admission is free.

Summer uniforms

The wearing of summer uniforms goes into effect the first Monday in May, according to AR 670-5. This year the date for the uniform change is May 2, so remember to get your summer uniforms out of storage.

An evening for couples

An evening for couples will be held with Clayton Barbeau, a respected voice on marriage and family living. Mr. Barbeau has lectured extensively in this area and throughout the Midwest. The meeting on Creative Marriage is scheduled for Monday, April 18, at 7 p.m., in the Religious Activities Center, Bldg. 682. Everyone is invited to attend.

Washington lodging

The Soldiers, Sailors, Marines and Airmen's Club, Washington, D.C., operated by the Armed Forces Wives Club, offers enlisted personnel an inexpensive place to stay while visiting the Nation's capital.

Rates are \$5.00 per night or \$6.00 for a private room. Food is available at cost in the canteen with a library for reading and television for viewing. Reservations are not necessary but large groups should call ahead.

Located in an historic home at 1015 L St., N.W., it is nonprofit, supported by the dollars and work of the Armed Forces Wives Club.

Ramblin'

Sense and nonsense

The Central YMCA, in cooperation with the Fort Mason Foundation and the GGNRA, will start a creative art workshop for kids ages 8-12 beginning Thursdays from 3:30-5 p.m., April 14th. Susan Dambroff and Judith Masur will instruct the program of Creative Arts. For more information call the Central Y at 885-0460.

Teeny tiny tots swim class

Dueto the popularity of this swim program, a second series of swim classes for Tiny Tots (8 months to 5 years) will be offered at the Presidio Swim Pool on Tuesday, April 19. These classes will be given on Tuesdays and Wednesdays and run for four weeks. Three classes are proposed and the times are 1-2 p.m., 4-5 p.m., and 7:30-8:30 p.m. For those tots 8 months to 3 years, a parent must accompany the infant during all classes as the parent is instructed to continue teaching the child upon completion of the course. No parent is required for children over 3 to 5 years. The instructors have developed this program while in West Germany and have instructed over 1000 American children. For further information and registration, call Alice Hipsley, telephone 221-0574, who will be happy to answer all questions. The program, including fundamental teaching of the parent, is \$21.50.

USO moved

The doors won't be closed at San Francisco USO.

Service will continue, dances will be held, information and referrals given, without interruption, even though San Francisco USO will move today, April 15, from its present Market Street location to its new quarters in the Airline Terminal at Taylor and O'Farrell.

Conveniently located in the heart of San Francisco, the new USO Drop-In Center, is situated next door to the Hilton Hotel; two blocks from Powell (the Cable Car Street) and the major shopping, theater and restaurant area. It will also be within walking distance of Chinatown.

All military and their dependents are invited to drop in, have a cup of coffee, and get a free or discount ticket to a nearby show. Hours: Monday-Thursday, 10 a.m. - 8 p.m.; Friday, 10 a.m. - 11 p.m.; Saturday, 11 a.m. - 11 p.m.; Sunday, Noon - 8 p.m.

Teen club

The Teen Club will be closed April 16 due to a scheduled trip to Travis AFB. All members, parents, and potential members will board the bus at the Teen Club at 10:45 a.m. on April 16. This is a fun affair and no one should miss it.

Point Reyes backpacking

The Central YMCA, 220 Golden Gate Ave., is sponsoring a Backpack for Young Adults (18-30) to beautiful Point Reyes the weekend of April 23rd. For more information call the Central YMCA Young Adult Department at 885-0460.

bring your SGT nite Bring your SGT TO HAPPY HOUR IN THE ATTIC LOUNGE AT 1630 HOURS ON WEDNESDAY APRIL 20. THIS IS YOUR CHANCE TO RECIPROCATE AND SHOW YOUR SGT YOUR CLUB. IF YOU DON'T HAVE A

Movies

PRESIDIO THEATER SCHWARTZ/LETTERMAN

SGT BRING YOUR SECRETARY.

PRESIDIO THEATER
Friday, April 15, Pipe
Dreams (PG), 7 p.m.
Saturday, April 16, Special Matinee: Support Your
Local Sheriff (G), 2 p.m.
Saturday, April 16, Pipe
Dreams (PG), 7 p.m.
Sunday, April 17, King
Kong (PG), 7 p.m.
Monday, April 18, King
Kong (PG), 7 p.m.
Tuesday, April 19, King
Kong (PG), 7 p.m.
Wednesday, April 20,
Bruce Lee, Super Dragon
(R), 7 p.m.
Thursday, April 21, Embryo (PG), 7 p.m.

Friday, April 15, To The Devil . . . A Daughter (R), 7 p.m.

Monday, April 18, Once Is Not Enough (R), 7 p.m.

Tuesday, April 19, Pipe Dreams (PG), 7 p.m.

Wednesday, April 20, King Kong (PG), 7 p.m.

Thursday, April 21, Bruce Lee, Super Dragon (R), 7



Dreams (PG), 7 p.1 Saturday, April 1 cial Matinee: Supp Local Sheriff (G), 2 Saturday, April 1 SP5 Dennis E. Brown, 6th Army, "I think it's a

Do you know what AER is? Are you a contributor?



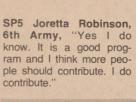
SFC Paul Garcia Jr., 6th Army, "Yes I do, and I am a contributor. I think it is an organization within the Army where our people can turn. I think it should be publicized more to newer enlisted personnel. Soldiers both new and old should be made aware of it also."



SFC William D. Knott, 6th Army, "AER? Sure, I know what it is. And I do contribute."



SP4 Emma De Leon, 6th Army, "No, I didn't know about it, but it sounds like a good program. I would contribute to it."



very good program, I've

used it before to go home to my grandmother's fun-

eral in Tennessee. It was

like a blessing in dis-

guise.'



Star Presidian

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Keeping records a good rule



Setting up a money management program often means planning and control, of what you "need" to buy and what you "want" to buy.

The first step is to find out how much takehome money you have to work with during a year; the second is determining where it's

The U.S. Department of Commerce has guidelines for those wishing to establish a budget It lists several categories and gives a per cent of after-tax dollars that each item should be limited to.

These figures are only guides. Being in the military presents certain problems and often means that expenses will not fall quite in line with the so-called "average" family.

Uniforms cleaning expenses are an example. Members of units which serve in the public eye may have added expenses and just the normal amoun of cleaning and starching for fatigues can rul into several dollars.

On ne bright side, the expenses involved in

emergency medical care are not as severe for those in the military.

A good figure to use for an emergency savings fund is three months salary. Once this is done, a person can begin to save for the "fun" items such as boats, etc.

But the two major words remain—"control" and "planning."

Item	Percent
Housing	13.0
Household operations	14.0
Food, beverage, tobacco	26.2
Clothing, accessories	10.2
Personal care	1.7
Personal business	6.4
(life insurance, interest on	The Make of
debts, stocks, mutual funds)	
Medical care	6.6
Transportation	11.9
Recreation	7.0
Education	1.5

Contributions

Recreation happenings

The Presidio Recreation Center is still trying to entice all you ladies out there into joining the funduring their Monday night Belly Dancing classes at 7:30 p.m. Tucked away in the Prince Room with the curtains drawn and the door locked by the ovely Marisha, the ladies who have come to the class are learning the exotic movements of the ancient Belly Dancing art. Why not drop by and see for yourself that this is a legitimate art of dancing? Don't worry about the guys watching you, as that's the reason why the door is locked.



Have you ever wondered why everyone beats you at Chess? There is a Chess Class at the Recreation Center which will help you find out why, and teach you the skills necessary to help you become a real muscle man at the game while you learn how to trap the king and skip off with the queen. For you ladies who are also interested in Chess, you can learn how to kill the queen and capture the king.

"Play Pool at Hank's and if you flunk out of school, at least you'll have a trade." That was the slogan than hung over the door at Hank Nole's Pool Hall in Berkeley for years. Now they have Hank at the Recreation Center to teach all you good folks the ancient art of trying to drop a ball into a pocket across a table by bouncing another ball off it via a rubber bumper or two. If you haven't tried it, you should and if you have tried it, you probably have found out that you have much to learn.

Don't forget that on Wednesday nights at 9 Dr. Webb's Disco; you can dance the night away along with your cares.

Those of you who have been crying out into the void that you want a Country Western Dance can rejoice. The California Nashvilles are coming to the Presidio Recreation Center! Put on your high-heeled boots and ten gallon hats and plan to be at the Rec Center at 9 p.m. till 1 a.m., Saturday, the 23rd. Bring your thirst along with you and the NCO Club will take care of that. Support this dance and there will be more of them more often.

Any one interested in learning to sew should drop by the Recreation Center, Bldg. 135, or call 561-2000/5420 after 2 p.m. daily. The classes will be open to all military personnel, dependents, male and female.

For more information about activities at the Recreation Center, drop by or call ext. 2000/5420 after 2 p.m. daily.

Your outgo more than your income?



The credit bureau serves as a gathering agency for a person's credit history. It is also called a consumer reporting agency. But whatever name is used, it is important to understand pw it operates.

First, such an agency is a private business designed to perform a service in exchange for afee.

For example; a soldier goes into a business and requests credit for an item he would like. The store takes an application, listing credit and job information. If the store is a member of a cedit bureau, and most major stores are, they then call in the information to the bureau, which makes an investigation.

The first step in the agency investigation is the checking of their files for a record. If you (r any other credit applicant) have obtained credit in the past, they—or another agency in the area—will probably have a file on you.

If a file already exists, they can do several things. One is to report what is in your file back to the store. But, if it has been many months since the information was updated, they might contact the references in the file to get a more current picture.

In cases where no file is present they might contact other agencies in the area to see if trey have something or start with a background check while opening up a file on you.

One of the problems with the system used by the agencies concerns getting information irto your file. If a business is not a member of the agency and you don't list them as a credit reference they might never be checked when you attempt to borrow money from another busiress.

A good rule to follow - when you have an account with a store always keep the account number, exact store location and other information on file. When you fill out your credit application this infirmation will help the credit agency to track down your credit record. Remember, there are many John Does who do business with Sears and if you don't have your account number then you might lose out on a good credit reference.

When you apply for a loan, remember that the business can only base its judgment on recards based on the information you give them. If you think they aren't getting the entire story then sit down with the credit office and explain your story. Perhaps, the additional information will make the difference.

Talented Maiden to perform



During the normal duty day, PFC Janice Maiden stays busy as a personnel specialist at the Pres-

idio Military Personnel Office. Nights and weekends brings on the big transformation as this

lovely young soldier/entertainer performs throughout the Bay Area. Presidio club-goers will have the opportunity to take in Janice's act Thursday, April 21, at the Log Cabin, her initial on-post performance. In addition to entertaining, she is also a songwriter of some note. Her best known is "Scared Knees," as performed by Esther Phillips in the album "Today's Youth—Tomorrow The World." A native of Long Beach, Janice has been performing as a vocalist since the age of five. She is currently into the Gospel and Blues fields and plans to expand her repertoire to include the Country scene.

Log Cabin news

Log Cabin NCO Club will host the 864th Engr. Bn. on April 20. Don't forget Membership Night, April 21. For just \$1.75 you get Steamship Round of Beef with all the trimmings. You wanted Disco. Well, Bill "Master Smooth" Cudgen himself will be here on April 22, spinning your special records and Disco, so drop by and join the action at your club. Look out LAIR, your Unit Day is April 27.

he secret eye

A gathering of people and events under the watchful SP typewriter

By Eve S. Dropper

Boy, what a week this one's been! Coming down with a cold, and everything being hectic at work. Whew! I'll be glad when it's TGIF time . .

Hq. Co., USAG, welcomed newcomers Pvt. Catherine Kimes (to the Chaplain's Office) and Pvt. Gloria Strode (Compact Personnel Actions). Welcome to the Presidio, girls. Nice to have ya! Also joining USAG is PFC David Nymaster as the company mail clerk. Promotions went to Beathers Anderson, who made PFC, Michael DeGuzman to SP4, and Mario Allen made PFC, too. SSgt. Jay Curran has reuped for three more years.

Hearty congratulations go to Lt. James Tucker and SP5 Kevin Clearly. Lt. Tucker entered his one act play of 'Dark Rainbow' in the 1976 All-Army Showcase for Designers, Composers, and Playwrights. SP5 Cleary was noticed for his Rhapsody for the Second Century," "West Coast Fantasy," "You Could Change My Life" and "Together Forever." Congrats to you both!

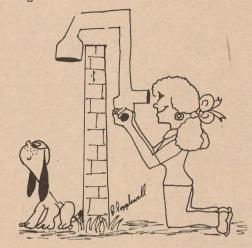
The 864th Engineers are out in the field at Camp Roberts on a field training exercise. Sounds like a ball ... least the weather's nice! Hope it is there, too! Pvt. Dorrance Clark is a new arrival to the 864th, coming in from Ft. Leonard Wood.

The 16th BPO is really busy. They'll be conducting a letter survey at the Military Mail Terminal April 14 - 20. They're providing postal stamps and money order services to the troops in the field at Ft. Irwin right now. SP5 Roger Leighton has just completed the CBR school. Wasn't that a gas, Rog??? I know, BAD...SP4 Phillip Byington graduated from SIDPERS school. PFC Peggy Sanders is a newby at the BPO.

Sixth Army has had some arrivals, too. Lt. William Wendt will take his new duties at DCST; SSgt. Flor Acosta, to DCSPA; SP4 Tereasa Hemm to DCSLOG; and Pvt. Catherine Kimes, to the Chaplain's Office. Welcome to 6th Army and the Presidio. Leaving 6th Army this month will be Chaplain (Col.) Emil Kapusta who's retiring after 32 years!!! Hope you enjoy retirement, Sir. And Lt. John Corral, to USAG as commander of Camp Parks; Capt. Gwendolyn Edwards is off to Europe. CW2 Paul Hickey is leaving for Korea. Last, but not least, the old cliche, is SP5 Vicky Henry, who ETSes this month! Be happy, Vicky!

From HHD 504th, Dennis Foshe was promoted to PFC. Congrats on that, Dennis.

Members of the 170th MP Co. did so well on their annual IG inspection last week that, as an added incentive and reward, they will be spending the next week down at Ft. Ord . . . quarterly training . . . have fun!



Well, enough ramblings. Keep up the good work, those of you who are doing it, and take 'n take 'n keep on whatevering. I am.

Check your eligibility

If your food dollar just doesn't stretch far enough, you may find some relief with the Food Stamp Program. A Pentagon study has found that 62,000 servicemen are now eligible to collect food stamps, qualifying because of low pay and large families. Whether you're married or single, live on or off Post, you could qualify if you have a place to cook meals.

Food stamps are coupons that are used instead of money when you buy food items at the store or seeds that will grow food. You may have to purchase a portion of these stamps, but extra "bonus" stamps are given free when your adjusted income qualifies. These stamps cannot be used to buy liquor, beer, vitamins, cigarettes, paper products, soap products or pet food. They can be used for food items at grocery stores, health food stores and food at the commissary. They cannot be exchanged for cash.

Food stamps are issued only at Food Stamp of-

tices and must be applied for in person in the county in which you live. You can save travel time by first finding out if you qualify before you visit the Food Stamp office. You can do this by visiting your Army Community Service Office in Bldg. 913, but make an appointment first by calling 561-5057.

The Army Community Service office has available copies of the food stamp worksheets that you can use in determining your eligibility and the income chart showing benefit payments. If your income range shows that you are on the chart, you could qualify for food stamps. Each household, however, is handled by the Food Stamp office on an individual basis and other factors may play a part in whether or not you qualify . . . but the important thing is that if you believe you qualify, check with the Food Stamp office in the county where you live. Information regarding some of the local food stamp offices is also available at ACS.

Post tennis tournament

Open Division -

The tournament has eliminated all but nine people. In the winner's section, there are four in the quarter finals: Bob Wicks vs Willie Session and Mike Faer vs Mike Hamman. In the consulation brackets are Monte Mingus vs Jimmie Hatten and Richard Bristow plays the winner of the Ed Jiru vs Steve Bunker match.

Jr. Vet. Division **Current Standings -**

John Meese	5-0	Wallen Summers	1-2
Thomas Egan	3-0	Blane Hendricks	1-2
Ashby Dickerson	3-0	David Pipes	1-3
Blas Urguidez	3-1	John Walsh	0-3
Craig Mandervillve	2-4	H. J. Schoeller	0-3

Week of April 7, 1977

Notes from the kegboard

Ft. Scott League

Team standings	Won	Lost
SFFO CID	66	26
LAMC #3	64	28
Spt. Elm. #2	62	34
170th MP Co	531/2	381/2
USASA	52	40
6th Reg. CID	501/2	411/2
16th BPO	41	51
402d MP Co	30	66
525th MI Gp	16	76

Covote Reservoir rescue attempt

Last week an attempt to rescue a large number of largemouth bass from Coyote Reservoir in Santa Clara County was abandoned after an intensive one day and one night effort netted only

Coyote Reservoir, a victim of the current northern California drought, will be completely drained for maintenance work during the last week in April leaving hundreds of bass and thousands of crappie, sunfish, catfish, and other species to die. The rescue effort was an attempt to save as many as 1,000 of the largemouth bass, a species especially valued by anglers.

The Department of Fish and Game (DFG) will make one last effort to collect some of the bass alive during the final stages of the drawdown. These will be fish which come through the drain pipe and are trapped in a downstream basin.

"From past experience, however, we don't have much hope of getting very many alive," stated Keith Anderson, DFG biologist in charge of the project. "The fish resist coming down the pipe until nearly all the water is gone; then when they come there is usually so much silt coming through with them that nearly all of them die."

Meanwhile, fishing is very good in Coyote Reservoir for anglers willing to make the effort to get down to the water. In addition to bass, large numbers of crappie and sunfish are being caught, according to Anderson. Fishing is from shore only because boats cannot be launched at the current low level of the reservoir.

Handball standings

Division A		Division B	
Creed Smith	7-0	Chase Gregory	6-0
R. G. Ament	6-1	Ashby Dickerson	3-1
Emerson Shrover	3-3	Roko Smilijanic	4-2
Tony Johnson	2-2	Dana Ludwig	3-2
Jeffery Hancock	2-2	Monte Mingus	3-2
Gerald Baker	2-3	Mike Lancaster	2-3
Michael Mundt	1-3	Doug Peters	1-5

At the end of the round robin tournament, the top two in each division will play in a double elimination tournament.

I DON'T BELIEVE IT ... MY SPELLING IMPROVES WHEN I WEAR THE GLOVES!

Volleyball standings

Presidio league Ft. Scott league

LAIR	6-1	16th BPO #2	7-1
6th Army	4-1	51st Engr.	3-1
Oakland A.B.	5-2	LAMC #2	4-2
USAG	3-2	USASA	3-4
402nd MP Co.	3-4	Ref. Lab.	2-3
LAMC #1	3-4	525th MI Gp.	0-4
864th Engr.	1-5		
170th MP Co.	0-6		

51st Engr. defeated LAMC #2 7-9, 12-8, 11-6 16th BPO defeated 51st Engrs 15-0, 11-7 15-8, 6-15, 11-8 LAMC #2 defeated Ref. Lab. 7-15, 15-9, 15-11 USASA defeated Ref. Lab. USAG defeated LAMC #1 15-7, 15-8

16th BPO #2 defeated Ref. Lab. 15-3, 15-9 LAIR defeated 402nd MP Co. 15-0, 15-5 7-9, 13-3, 8-4 LAMC #1 defeated OAB USASA defeated 525th MI Gp 13-11, 15-10

Star Presidian

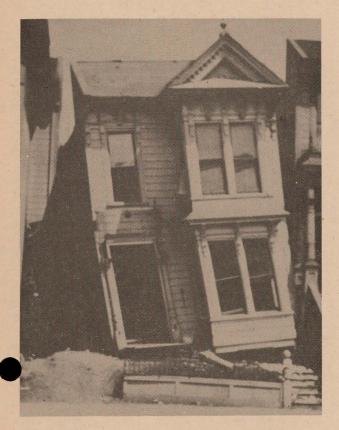
Volume 20, No. 16

Presidio of San Francisco

Friday, April 22, 1977

Earthquake:

Walls came tumblin' down



Ed. Note: April 18th marked the 71st anniversary of the San Francisco 1906 earthquake.

The Staff Duty Officer and Staff Duty NCO had just finished their early evening security and communications checks and were filling out their reports; the Military Police Desk Sergeant had just dispatched a roving patrol to check a suspicious vehicle in the enlisted housing area; couples were gettin' down at the Disco in the Service Club; a few of the physical fitness regulars were working out in the post gymnasium; a typical scene could

e witnessed in the average on-post household and a small group of movie goers had stopped off at the post cafeteria. The overall atmosphere at the Presidio was that of a small community settling down for an average night after an average day, when it happened. EARTHQUAKE!

"What once had been a quiet, normal evening at the Presidio, was now transformed into a night of terror and damage..."

Destruction in seconds

At 9:15 p.m., an earthquake occurred along the San Andreas fault with a reading of 8.1 on the Richter scale. What once had been a quiet, normal evening at the Presidio, was now transformed into a night of terror and damage. The sounds of breaking glass; falling roof shingles; shifting furniture and burglar alarms going off—in the space of 32 seconds—set into motion a chain of events and emotions. But what does a person do during an earthquake? Keep calm and seek refuge from any potential overhead danger. Try to calm and reassure others.

Conflagration

The casualties will be greatly reduced if recommended safety and survival steps are followed. The 3-day conflagration following the 1906 San Francisco earthquake caused substantially more damage than did the earthquake. Fires following earthquakes is a distinct hazard for all cities in earthquake-prone areas. However, fire does not automatically follow a major earthquake.

"Do not run outdoors, you might be hit by falling debris or falling electrical wires..."

During the earthquake

If indoors, stay indoors. Take cover under a desk, table or bench, in doorways, halls or against inside walls. Stay away from windows, mirrors, glass, and furniture or objects that may fall over. In multi-story buildings, do not panic and run for exits. Do not run outdoors, you might be hit by falling debris or falling electrical wires. Stay out of elevators.

Outdoors

If outdoors, get away from buildings, walls, power poles, and objects that could fall. Do not run through streets or alongside buildings. The points of greatest danger are just outside of doorways and close to outer or street side walls. If possible, move to an open area away from the hazard zone.

In automobiles

If in a moving car, stop in the safest place available, preferably an open area away from buildings or other structures, and stay inside the car.

After the earthquake

After an earthquake there may be aftershocks. These are generally smaller than the main shock, but some may be large enough to cause additional damage. Stay out of damaged buildings, aftershocks could shake them down.

"Do not attempt to move more seriously injured persons..."

Safety and survival tips

These are but a few of the recommended earthquake rules from the Red Cross and the Office of Emergency Services:

1. Check for injuries in your family and neighborhood. Do not attempt to move more seriously injured persons unless they are in immediate danger of further injury.



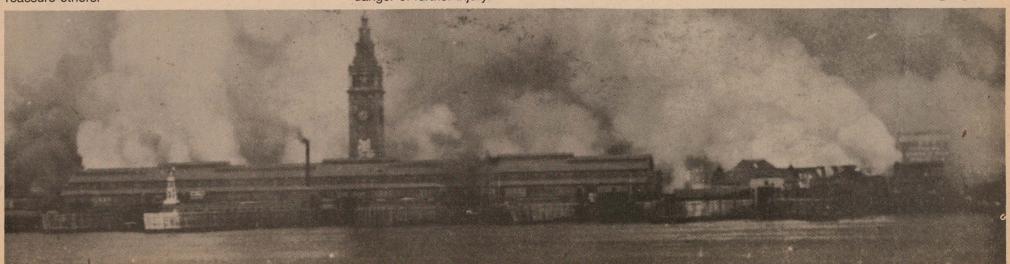
2. Wear shoes in all areas near debris or broken glass.

3. Immediately clean up spilled medicines, drugs, and other potentially harmful materials.

4. Check utilities. If water pipes or gas lines are damaged or electrical wires are shorting (sparking), turn off the utility at the primary control point, i.e. water: main valve at water meter, i.e. electricity: pull electric switch at fuse box.

5. Inspect all gas appliances for broken or leaky pipes. Do not smoke, use matches or other open flames, during inspection.

continued on page 3



Volunteers

The United Way of the Bay Area is recruiting volunteers to train for its Information and Referral Service. The Information and Referral Service is a weekday telephone service located at United Way's San Francisco Office which provides information about and referral to appropriate human care services in the Bay Area.

After orientation, each volunteer works a halfday a week and attends monthly training sessions. There is full time professional supervision and

consultation.

If you are interested in providing this valuable service and can make a six (6) month commitment, please call 563-1220, Ext. 36 for an interview

Blood drive

It's time to roll up your sleeves again.

The quarterly blood drive at the Presidio is scheduled for next Tuesday, April 26 from 8 a.m. until 2 p.m.

Letterman Army Hospital, the facility to which most of the donors at the Presidio request their donation be credited, is currently faced with an indebtedness of 7,648 replacement units.

During the past quarter's drive held in January, a total of 144 donors were accepted. However, Letterman used an average of 30 units daily. During the month of March, 800 units of blood were required at Letterman and the indebtedness is continuing to mount.

Personnel who have been assigned to Korea during the past three months are ineligible to do-

News notes

Rec Center happenings

Tomorrow night at the Recreation Center, from 9 p.m. to 1 a.m. there will be a Country and Western Band, the California Nashvilles to per-

form for your listening enjoyment.

On Sunday, come in at 6 p.m. and make your own piping hot pizza. And if you're not doing anything on Monday night at 7:30, why not come and join the classes in Belly Dancing and Chess? Want to win a trophy or a gift certificate? Come on, and compete in the Pool Tournament on Tuesday at 8 p.m. Wednesday night is "You got to give it up" for the Disco Dance Nite with Dr. Webb, from 9 p.m. to 12 p.m. Thursday at 7:30 p.m. is the Hank Nole Pool class. Friday the 29th at 8 p.m. there will be a Foosball Tournament. Anybody who is interested in a Sewing Class, should stop by the Recreation Center, Bldg. 135 or call 561-2000/5420 after 2 p.m.

Want to send your mother a dozen red roses for Mother's day? Participate in the Recreation Center's Mother's Day quiz and you may be a winner. Pick up your quiz at the Recreation Center. Deadline for getting your entry to the Rec Center is Wednesday, April 27 at 10:30 p.m.

NCO Club happenings

LAIR Night will run from 4 p.m. to 11 p.m. on Wednesday, April 27. Then on the 28th, join your club night, with specials for rejoining your club for six months or for joining for one month. We will open at 12 noon, Saturday, May 7, and each Saturday thereafter. Country and Western Night with Liza and Country Editions on April 29. Look out for May!! Disco has come to the Log Cabin, and Go-Go continues. Also, on May 14, "Salsa Nite." Drop by and join us for a night at the club.

National Secretaries Week

The 26th Annual Observance of National Secretaries Week will be held April 24-30. Secretaries Day will be Wednesday, April 27. The skilled, professional secretary makes major contributions to work programs so perhaps you would like to give special recognition to a secretary or your secretary next week.

Ramblin' Sam



What would you save in a quake?



SP4 Michael Hunt, USACC Agency—"I wouldn't take anything with me. I would just save myself and if I could, take someone with me."



PV2 Charles L. Wyatt, Chaplain's Assistant—"I would save myself first, and then try to get my car out in an open area. And try to warn other people



SP4 Jyrona Ralston, Presidio Gym—"I would save myself and try to get away from the area the quake is in. If I had a family, I would do anything I could to save them and get them away."

SSgt. George Staples,

USAG-"I would save my

duty rosters . . . AND my

money.



Daylight Savings Time

Don't forget, this Sunday at 2 a.m. Daylight Savings Time goes into effect. So, to avoid any embarrassment for yourself by being late, set your clock ahead one hour on Saturday night!

Scuba diving

Registration for Scuba Diving Basic Qualification will be held at Bldg. 69 Tuesday April 26, at 6 p.m.

In just five weeks you can earn a basic qualification at the "Conquistadores del Mar" Presidio Dive Club.

Classes are on Tuesday and Thursday from 6 to 10 p.m. The cost is \$55 with all equipment and text supplied, except a wet suit.

For more information call Ron Orr at home 561-3489 or duty: 561-2628.

VD Awareness month

April has been designated as V.D. Awareness Month for San Franciscans by Mayor George Moscone. Throughout the month, the San Francisco V.D. line's staff will answer questions during daytime hours, while taped messages will be provided after 6 p.m., on Gonorrhea, Syphilis, the new Gonorrhea Strain and other sexually transmitted diseases. The information line is reached by dialing 495-6463.

In 1976, San Francisco held the second highest rate for Infectious Syphilis and the third highest rate for Gonorrhea among cities with a population of 200,000 or more. In 1977, it is estimated that one of every four San Franciscans between the

ages of 15 and 45 will catch V.D.

In Mayor Moscone's recent proclamation, he urged every citizen "to become aware of Syphilis and Gonorrhea, both symptoms and complications and to make others equally aware." He also urged "every San Francisco citizen to get a V.D. checkup this month."

Movies

PRESIDIO THEATER
Friday, April 22, Embryo
(PG), 7 p.m.
Saturday, April 23, Special Matinee: The
Gnome-Mobile (G), 2 p.m.
Saturday, April 23, The
Gnome-Mobile (G), 7 p.m.
Sunday, April 24, The
Sentinel (R), 7 p.m.
Monday, April 25, The
Sentinel (R), 7 p.m.
Tuesday, April 26, The
Sentinel (R), 7 p.m.

Wednesday, April 27, Bittersweet Love (PG), 7 p.m.

Thursday, April 28, Double Feature: The Street

ble Feature: The Street Fighter and The Return of the Street Fighter (R), 7 p.m. SCHWARTZ/LETTERMAN Friday, April 22, Bobbie Jo and The Outlaw (R), 7 p.m.

Monday, April 25, Embryo (PG), 7 p.m. Tuesday, April 26, The Gnome-Mobile (G), 7 p.m.

Wednesday, April 27, The Sentinel (R), 7 p.m. Thursday, April 28, Freebie and the Bean (R), 7 p.m.



Star Presidian

The Star Presidian is an authorized unofficial offset Army newspaper, with a circulation of 5,000, published weekly under the provisions of AR360-81 by the Public Affairs Office, Presidio of San Francisco, CA 94129. Views and opinions expressed herein do not necessarily represent those of the Department of the Army. Editorial offices are located in Building 37. Newsroom telephone: (415) 561-3908 or 2005. Colonel John D. Hamilton, Sr., Commander Major Carole M. Campbell, Public Affairs Officer SP4 Rebecca S. Hall, Editor Pvt. Linda Spillane, reporter

... walls came tumblin' down

NOTE: If you smell gas:

Open all windows and exterior doors.

If you are in an apartment, notify the building manager or engineer and leave the apartment immediately.

If you are in your home, shut off the main valve at the gas meter. Leave the house immediately and notify authorities of the gas leak.

- 6. Do not use candles, matches or other open flames. Use a flashlight.
 - 7. Use a battery radio for emergency bulletins.
- 8. Do not use the telephone, unless for extreme emergency.
 - 9. Keep a good first-aid kit on hand.
- 10. Do not spread rumors. They often do great harm following disasters.
- 11. Do not go sightseeing immediately, particularly in beach and waterfront areas where sesimic sea waves could strike. Tsunamis, the earthquake's deadly companion, are a danger on



our western and Alaskan coastlines and on Pacific islands. Generated by undersea earthquakes, these great seawaves can be a quake's worst killer. If there is an earthquake in your area, leave low-lying coastal sections for high ground.

Respond to request for help from police, fire fighting, civil defense, and relief organizations, but do not go into damaged areas unless your help

has been requested. In some areas, you may be arrested for getting in the way of disaster operations.

There are many actions you can take to reduce the dangers from earthquakes to yourself, your family, and others. The ones given here are in hopes of lowering the estimated casualties when and if a natural disaster strikes.



Historically speaking . . .

Hardly three hours after the first tremors jolted the city, Brigadier General Frederick Funston, commanding the Department of California, conferred with San Francisco Major E.E. Schmitz, who charged the Army with the responsibility of bringing order to the near chaos of the crumbling city.

Acting commander of the Pacific Division in the absence of Major General A.W. Greely, Funston directed Colonel Charles Morris, Presidio commander, to report immediately with his entire artillery command to Portsmouth Square. Morris' troops were joined by Companies C and D, 1st Engineer Battalion from Fort Mason, commanded by Captain M.L. Walker. Late the same day, the

22nd Infantry, under Colonel Alfred Reynolds, arrived in San Francisco from Fort McDowell.

Additional units of cavalry and coast and field artillery from all over the Pacific Division converged on San Francisco to join in the fight against the flames. Troops, firemen, and volunteers used dynamite and artillery to blast a fire lane across the east side of Van Ness Avenue.

While artillery men fought the fire, other troops kept the tens of thousands of refugees moving in an orderly manner ahead of the flames, to the safety of relief camps. A troop of the 14th Cavalry acted as mounted couriers. Other mixed detachments guarded the Mint and the Treasury building against the inevitable looter. The Army transport tug Slocum ferried supplies and equipment across the bay for the firefighters.

Meanwhile 300,000 refugees were hungry and homeless. Major C.A. Devol, Depot Quartermaster, and Major C.R. Krauthoff opened commissary and quartermaster stocks for distribution to the hard-hit populace. The Army General Hospital at the Presidio treated hundreds of sick and injured during the first week of the catastrophe, while make-shift facilities were set up near the Lombard Gate to handle the overflow. On the Presidio, a relief camp of 3,000 tents housed 16,000 refugees in the first ten days following the fire. The Presidio camps become models for the more permanent stations established by the city in the next month.

The Army in San Francisco continued to feed, house, and protect the populace in the weeks after the fire. When the city began to rebuild, Army demolition crews cleared the rubble. Although the Army played a prominent role in maintaining order throughout the crisis, martial law was never declared. Under General Funston's meticulous supervision the Army cooperated with civilian agencies in relieving and rehabilitating more than a quarter of a million victims—without usurping authority or abusing its power.



A gathering of people and events under the watchful SP typewriter

By Eve S. Dropper

How's it going troops? Hope you're all doing well. Wednesday was my mom's birthday! So, have a happy one, Mom! I found out it wasn't just my mom's birthday. Hitler and Ryan O'Neil were also born on the 20th.

Last week I goofed. Again. Well....none of us are totally perfect. Seems I de-moted John Corral, who's going to Camp Parks as the Deputy Commander. I said he was a Lt. when, in actuality, he's an LTC...Sir, I'm sincerely sorry about the mistake. It must have been a shock, indeed, when you read it!!!

PT testing is going on at the 163rd MP Detachment. Good luck peoples!!! Hope you don't

get too sore!

And the 170th came back from the field. Newbys there (at the 170th, not the field!) are Pvt. Elaine Hower, from Ft. Huachuca, and Pvt. Brenda Bolam from Ft. Lee. SSgt. David Kling received an ARCOM this week, too. Congrats, David.

sports

Spring Golf Tournament

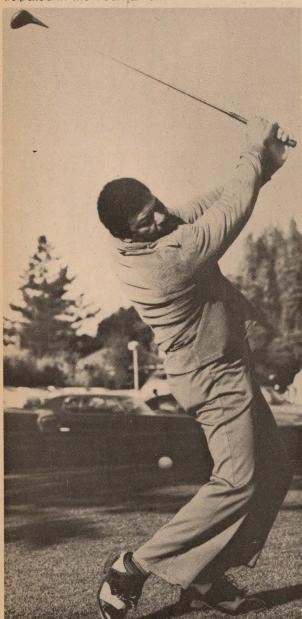
The Recreation Services-Sports Division Commander's Spring Golf Tournament was held at the Presidio Golf Club on April 13-14. The first foursome was off the tee at 8 a.m. each day.

At the end of a cold, windy first round, Leonard Burdick, ARR IX, was leading the Senior Division with a 78 and was closely followed by Davie Heath, USAG, with a 79. The Open Division leader was Lon Peterson, LAIR, with an 80 followed by Henry Smith, USAG, with an 87.

With ideal golfing weather for the final round, Leonard Burdick fired a 77 to win the Senior Division with a 36 hole total of 155. Davie Heath

was runner-up with a 157 total.

Lon Peterson won the Open Division with a 156 total and Henry Smith was runner-up with a 168 total. A total of 31 active duty military personnel assigned or attached to the Presidio participated in the Tournament.

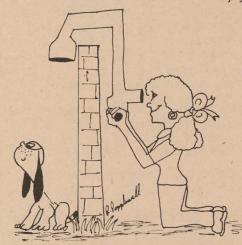


Davie Heath, second place winner in the Commander's Spring Golf Tournament, tees off.

Last week when I told ya about Lt. James Tucker submitting his one act play for judging, I failed to inform you that he won! And, from what I hear, he'll be doing some adding to it and it'll be presented at the Presidio Playhouse soon. Fantastic!!! Can't tell ya any more about SP5 Kevin Cleary, cause the judging on that isn't complete yet! But, good luck, Kevin. Lee Ann Barrett, Hq.Co., USAG, was promoted to SP4. Congrats, Lee Ann. New poeples to the company are Major James Westenberger, assigned to DIO; Pvt. Stephen Dunaway, dining facility; Pvt. Patricia McNamee and SP4 Eleonora Gamble, to the supply room. Outside of taking care of incoming personnel, USAG has been having CBR training. Now, that's fun. Got to put the decontamination powder all over yourself. Real fun. Especially in

Heard it was pretty hot down at Ft. Ord last week when the 864th had their field training and weapons qualification. Seems they fired all types of weapons...good training! Too bad you had to be in all the sun and sand in fatigues! SP4 Guy Gamble joined the engineers from Alaska. Kenneth Durkin made PFC and Greg Steen made SP4. Congrats, guys. The 51st Eng. promoted Richard Watts to PFC. Good going, Richard.

The 402nd has sent 15 peoples TDY for four months (about!) to Ft. McCoy, Wisconsin, to set up a PMO. This is to assist the Reserves in their training. Now, that's nice...SSgt. John Daly joined us from Hawaii; PFC Richard Lavassaur, from Ft. McClellan; PFC Tae Um, from Ft. Jackson and Pvt. Mark Simmons, from Ft. McClellan. SP4 Reynaldo Brackamonte is off to Korea. Enjoy.



Well, the end of another week. Ain't ya glad??? I am. Most definitely! Have a great weekend, ya'll. Take 'n take 'n keep on whatevering. We are.



Olympic Gold Medalist Pat McCormick talks with members of the Aquarius Swim Club.

Gold Medalist visits Swim Club

Recently the youngsters on the Presidio's Aquarius Swim Club had a pleasant, and interesting visit—from a four-time Olympic Gold Medalist.

The medalist, Olympic diver Patricia McCormick, won a total of four golds in the springboard and platform events of the 1952 and 1956 Olympic

Ms. McCormick came to San Francisco to honor Bruce Jenner, winner of the decathlon in the 1976 Olympics in Montreal who received the James E. Sullivan Trophy for "Outstanding Amateur Athlete of the Year." Ms. McCormick is a past recipient of this award.

Among her accomplishments of capturing the gold and the James E. Sullivan Trophy, she received the Babe Zaharias Trophy for "Outstanding Woman Athlete of the World." Ms. McCormick also holds the Helms World Trophy for "North American Amateur Athlete of the Year." In addition, she was honored by the Associated Press as "Woman Athlete of the Year."

Ms. McCormick takes a very active part in Physical Fitness. She is a member of the President's

Post handball tournament

In Division "A" play, R. G. Ament and Creed Smith have clinched the top two spots in their division for the play-offs. Ament's only defeat was at the hands of Smith.

A close battle looms in Division "B" with Chase Gregory already clinched his spot for the playoffs. The next slot is being contested among Ashby Dickerson, Roko Smiljanic, Monte Mingus and Dana Ludwig.

The four finalists will compete in a double elimination to determine the Post Champion.

Council on Physical Fitness; a member of the International Diving Committee; as well as being a member of the United States Olympic Committee.

When this reporter asked Ms. McCormick what she thought of Jenni Chandler's gold winning diving performance in the 1976 games in Montreal, she replied "I think she was just fantastic. She did the best job and used really difficult dives."

Ms. McCormick also added some very good advice to young swimmers and divers. "To work hard, keep your enthusiasm, and when you fail, get back up and fight twice as hard. Because you have to fail in order to win."

The young swimmers of the Presidio Aquarius Swim Club can take this to heart as they swim at least two hours each day, five days a week, 52 weeks a year. They know what hard work and dedication is all about.

The efforts of Olympic diver Pat McCormick and Presidio Swim Club members show not only the physical, and material achievements of competition, but the true dedication and love for their sport

Post tennis tournament

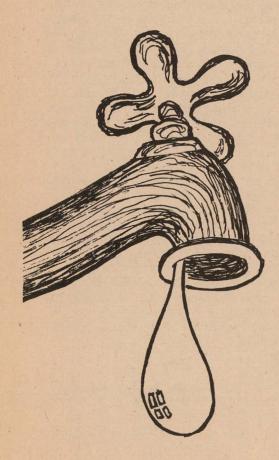
Open Division

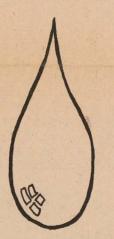
Six people remain in contention to determine the Post Champion and also the top four are eligible to compete in the Western Region FORS-COM Tournament at Ft. Lewis, WA, in June.

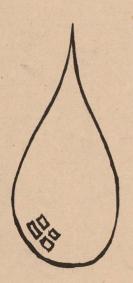
Mike Hannan and Willie Sessions are meeting in the winners bracket semi-finals, while the consolation bracket still has Richard Bristow, Mila Faer, Bob Wicks and Steve Bunker in contention.

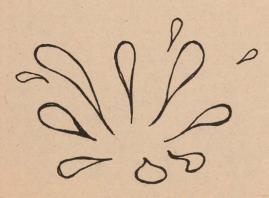
U.S. Government Printing Office, 1977, 789-036, Print Order No. 26

Water rationing arrives









Water conservation is becoming more and more a fact of life for the people of California, because of the drought that has stricken the state. But life on the Presidio goes on with residents conserving more water from personal usage.

"The cutback of 25 percent water usage is the same restriction as that imposed by the San Francisco Water Department"

In February, on the Presidio, there was a voluntary reduction of water usage by 10 percent. Now the reduction is being made mandatory and has been increased to a 25 percent reduction of water usage.

all sub-installations must do their part to practice strict water conservation policies on a continuing basis. Residents of Forts Baker, Barry, and Cronkhite

Each person working, residing or visiting PSF and

areas will continue to conform to limitation enforced by the north Marin County Water District.

The cutback of 25 percent water usage is the same restriction as that imposed by the San Francisco Water Department.

"... some conservation methods that must be used ..."

Here are some conservation methods that must be used to make sure that all residents of the Presidio are making effective use of available water.

- (1) The use of irrigation water is to be reduced to the minimum necessary to maintain existing landscaping at a survival level.
- (2) When you do your watering, use a hand held hose rather than an automatic sprinkler and please water after sundown not more than 15 minutes at a time.
- (3) Do not allow your water to flood or run off in gutters, driveways, or streets.
- (4) Cars, buses, boats, trailers, other vehicles or building structures will not be washed with hoses.
- (5) Do not hose down, or use water directly from faucets or other outlets when you wash sidewalks, walkways, driveways, patios, parking lots, tennis courts or other hard surfaced areas.
- (6) Do not use water to clean, fill or maintain levels in decorative fountains.
- (7) Water will be served to restaurant and club customers only on request.
- (8) New swimming or wading pools will not be filled.
- (9) Check your toilets to make sure they aren't wasting water.
- (10) Run your garbage disposal only when necessary instead of every time you dump something in the sink.
- (11) If you have double kitchen sinks, get two dish pans that fit in each side. One is to wash the dishes, the other is to rinse them.
- (12) Instead of filling an entire teakettle when you put it on the stove, just put in the amount of water that you will need.
- (13) Saving water when you take a shower is easy enough. All you do is turn on the water, get wet and turn the water off. Then soap up and scrub real good. Then turn the water on and rinse yourself off.

(14) A neat way to wash your car is this—use half a bucket of warm water; use an old turkish hand towel soaked in water and wash the top. Then take an old dry turkish towel and dry the top. Then wash the rest of your car the same way, by sections.

If you have any questions concerning the water conservation program, contact the Energy Conservation Coordinator, Mr. Prush, at 561-2166.

An Energy-Water Conservation Enforcement program directed by the Post Commander, Colonel John D. Hamilton, Sr., will be put into effect on May 1.

There will be inspections of ground maintenance in the family quarters areas of the installations and the maintenance of appropriate records. Guidelines for these inspections are scheduled visits to housing areas that will be published in the weekly bulletin. Inspectors will continue to respond to individual complaints or requests for inspection services. Inspectors will not enter the interior of family quarters or bachelor quarters' rooms unless invited by occupants. Unannounced visits to billets and administration work areas will also be conducted. (In all cases, the Unit Commander or the individual responsible for the building will be contacted prior to the start of an inspection in a billeting or office area. The inspector will request a unit/activity representative to accompany him during the inspection.)

"... a copy of the notice will be left at the building or quarters."

On the spot corrections will not eliminate the requirement for preparation of the Notice of Violation. Suitable notices will be made in the "other" space available on the form the inspectors have.

When a violation has been observed by the inspector, a copy of the notice will be left at the building or quarters. If no one is at home in a set of family quarters and a violation is observed, the inspector will attempt to correct the deficiency without entering the quarters. That is, an operating sprinkler system will be turned off by the inspector; an exterior light left on will be turned off by the inspector, provided there is an outside switch for the light; and a copy of the notice will be left in the mail box.

An effective conservation program is based on an effective enforcement capability. In that regard, violations enforcement will be carried out in this manner: If you happen to get one violation report in the month, no additional corrective action is required. Two violation reports in the same month means a telephonic reminder from the Energy Conservation Coordinator. Three violation reports in the same month means a warning letter from the Energy Conservation Council Chairman. More than three violation reports in the same month will lead to a letter from the Commander to the Commander of the offending employee or resident.

"...a warning letter will be sent from the Energy Conservation Council Chairman."

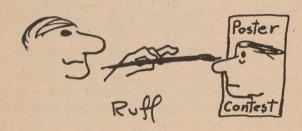
If recurring violation reports happen in two consecutive months, a warning letter will be sent from the Energy Conservation Council Chairman. Recurring violation reports in three consecutive months means a letter from the Commander to the Commander of the offending employee or resident.

If you have any questions or comments about the program, or any other matter relating to the expanded energy-water program, direct them to the Directorate of Industrial Operations.

News notes

Physical recreation family camp

The Central YMCA, 220 Golden Gate Ave., S.F., is sponsoring a Physical Recreation Family Camp over the May 6-8 weekend in the Santa Cruz Mtns. Activities will include swimming, jogging, hiking, volleyball, and softball. Bring your family and enjoy rest and exercise. For more information call Greg at 885-0460.



Suggestion poster contest

A Presidio-wide Suggestion Poster Contest, to include tenant and serviced activities, will be held May 1 through 31. The purpose of this contest is to develop promotional material designed to increase the number of suggestion submissions by military and civilian personnel. Emphasis will be placed on ideas that result in dollar savings in the area of productivity and resources conservation.

The materials for preparing postters are available at the Post Arts and Crafts Shop, Bldg. 122, and finished art work is not required. A clear narrative description of the poster idea will suffice. Ideas are eligible for awards and must be submitted on DA Form 1045 to Incentive Awards, Civilian Personnel Division, Bldg. 37, and will be processed as any other suggestion.

The posters must be submitted on paper not smaller than 8x101/2 inches or larger than 14x22 inches and should be in black and white. The quality of the work is secondary to the artistic theme the thought conveys and the neat and orderly visual development of the theme. Posters must be submitted by 12 noon on Friday of each week. Judging will be primarily in the effectiveness that the poster enhances or promotes suggestion creativity of the workforce. One weekly prize winner will receive \$25 cash award, based on intangible benefits and will be considered for the Presidio contest winner, who will be awarded \$50 based on the same benefit scale. All winners will be referred to FORSCOM where additional awards may be earned.

Rec Center happenings

The Presidio Recreation Center, in it's series of events, is having a Soul Top Forty DISCO Dance featuring Midnight News. Come on over and get down, April 30, 9 p.m. - 1 a.m. Belly Dancing Classes are lots of fun and very good exercise. Marisha, their resident expert, will be there to impart her expertise, grace, and beauty for you to emulate. The classes are on Mondays at 7:30 p.m. For all you Chess fans, they've got Chess Lessons with Frank Thornally. Frank is a 2000 rated member of the United States Chess Federation. Chess Lessons are on Mondays at 7:30 p.m. Disco Fans should plan to go to the Recreation Center at 9 p.m. on Wednesdays and dance away the evening to the solid sounds of Dr. Webb's Disco. Thursdays, at 7:30 p.m., the Recreation Center has an old Pool Pro, Hank Nole, in to teach Pool Lessons.

For information on activities at the Presidio Recreation Center, drop by or call ext. 2000/5420. For those interested in such things, your Recreation Center is planning on offering Sewing Classes and Hipkido Lessons. Those interested in signing on for these classes should do so soon.

Post chapel choir concert

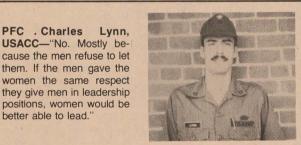
On April 30, at 7:30 p.m., the South High School, from Bakersfield, will be presenting a choir concert in the Post Chapel. The group will be on tour throughout Northern California. The choir director, Bruce Koliha, is a former director of the choir at the Post Chapel. The group of high schoolers will be performing sacred and secular music from the 16th to the 20th century. They will also be performing during the 9 a.m. service at the Post Chapel on Sunday, May 1.

"The Elected Silence"

As part of the Post Chapel's continuing effort to provide the best in Christian music, a dynamic performing ensemble known as "The Elected Silence" will be singing during the 11 a.m. service on Sunday, May 1. Members of this group come from the Bay Area and all volunteer their time and energy toward making the group an exciting ensemble. They will be singing "Amazing Grace," "He Ain't Heavy, He's My Brother," "I'm Gonna Sing," and "Sanctus from St. Cecilia

Everyone is invited to take in the concert on April 30th and the special services in the chapel on May 1st.







better able to lead.

PV2 Susie Carino, USACC-"Yes. I do think they are doing a good job.'

Alex Reyes, Civilian Personnel Office—"In a very general statement, I would have to say yes. I see a trend toward more aggressiveness on their part, which is a necessary ingredient. In the past, many newcomers in any field have been shy, but the people I see now are more prepared, well trained and more confi-





DEPARTMENT OF THE ARMY
HEADQUARTERS PRESIDIO OF SAN FRANCISCO
PRESIDIO OF SAN FRANCISCO, CALIFORNIA 94129

Law Day proclamation

Our Courts of Law-representative of the judicial system of our Armed Forces—are one of the cornerstones of both our government and our military system. They have been a bulwark in recognizing the importance of every person and in protecting individual rights, while at the same time they have been an essential tool in maintaining discipline within our Armed Forces.

It is fitting, therefore, that on the occasion of the 20th annual nationwide observance of LAW DAY, U.S.A. on May 1, we, as members of the Armed Forces pledged to defend our government, reflect on our great heritage: a system of government under laws devised by representatives of the people and administered by our courts.

As responsible citizens, we should become more aware of court needs and problems and our role in support of them; we should be mindful of the great new demands being placed upon them because of growth in government and litigants; and we should champion legislative efforts to improve and modernize our courts. They need and deserve the support and good will of every American.

NOW, THEREFORE, I, Colonel John D. Hamilton, Sr., Commander, Presidio of San Francisco, do hereby proclaim Sunday, May 1, 1977 as the day on which the citizens of the Presidio will observe LAW DAY, U.S.A. and urge all the members of our military community to observe LAW DAY with appropriate ceremonies and recognition and to reaffirm their faith in our judicial system.

Dated at the Presidio of San Francisco, this 26th day of April 1977.

Colonel, Armor

MAIT

Need help? Got a maintenance problem? Need a lending hand in keeping up equipment and records? Call MAIT! Maintenance Assistance and Instruction Team.) We'd be glad to assist. That's the Maintenance Assistance and Instruction Team (MAIT(. Remember, MAIT does not inspect, they'll assist and instruct. Contact SSgt. DeVaney at 5903/6218.

Movies

PRESIDIO THEATER Friday, April 29, Jaws (PG),

Saturday, April 30, Special Matinee: Once Upon A Time

(G), 2 p.m. Saturday, April 30, Jaws

(PG), 7 p.m. Sunday, May 1, Twilight's Last Gleaming (R), 7 p.m. Monday, May 2, Twilight's Last Gleaming (R), 7 p.m. Tuesday, May 3, Twilight's Last Gleaming (R), 7 p.m. Wednesday, May 4, Zebra

Force (R), 7 p.m.

Thursday, May 5, Zebra
Force (R), 7 p.m.

SCHWARTZ/LETTERMAN Friday, April 29, Bittersweet

Love (PG), 7 p.m. **Monday**, May 2, Double Feature: The Street Fighter and The Return of the Street Fighter (R), 7 p.m. Tuesday, May 3, Jaws

(PG), 7 p.m. Wednesday, May 4, Twilight's Last Gleaming (R), 7 p.m.

Thursday, May 5, Dr. Tarr's Torture Dungeon (R), 7 p.m.



Star Presidian

The Star Presidian is an authorized unofficial offset Army newspaper, with a circulation of 5,000, published weekly under the provisions of AR360-81 by the Public Affairs Office, Presidio of San Francisco, CA 94129. Views and opinions expressed herein do not necessarily represent those of the Department of the Army. Editorial offices are located in Building 37. Newsroom telephone: (415) 561-3908 or 2005. Colonel John D. Hamilton, Sr., Commander Major Carole M. Campbell, Public Affairs Officer SP4 Rebecca S. Hall, Editor Pvt. Linda Spillane, reporter



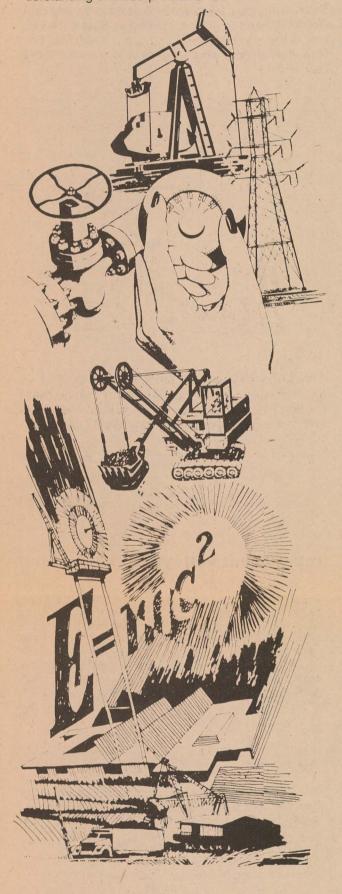
Are Army women doing a good job in leadership positions?



SP4 Brenda Whetstine, USACC-"Yeah, I think they're doing a really good

Save kilowatts and money

A major part of the solution to our current and future energy problems must come from public understanding of these problems.



Because of the long history of abundant energy at low cost, the American consumer came to believe that a limitless supply of cheap electric energy was available.

One of the most alarming aspects of the current energy situation is that many Americans do not yet realize there is a problem.

Even some of those who are aware that a problem exists do not understand its severity or its dangers. Too many are unaware of the possible impact of inadequate energy supplies upon their day-today activities and life styles.

Tradeoffs are a part of life; we pay for what we get. If we want the comforts and conveniences of modern living, we must depend upon reliable energy resources. Energy must be available to serve industry, commercial establishments, hospitals, schools, and communities. If we want high employment now and job opportunities for newcomers to the job market, we need more, not less, energy.

Higher energy rates are inevitable. There is no other way the job can be done if the environment is to be protected. We must all participate in the cost-benefit analysis that must accompany decisions based on fact and logic. The decisions and actions taken today will have a profound effect on the right balance of energy demand and supply and on progress in the future.

The key factor in meeting the energy challenge is likely not to be in the technological or production areas but in the minds and attitudes of the people.

"You can save from two to five percent for every degree you lower your heat . . ."

Turn that thermostat back. And save on your own energy costs, too. You can save from two to five percent for every degree you lower your heat over a 24-hour period, depending on where you live.

You can save on electricity by using glass or ceramic dishes in the oven. They generally require temperature settings about 25 degrees lower than you would need for metal pans.

Don't let cold air seep into your home through the attic access door. Check the door to make sure it's well insulated and weatherstripped. Otherwise you'll be wasting fuel to heat that cool air.

If you have a forced air heating system, prevent heat loss by checking the ducts for air 1eaks regularly—especially at connection points. Leaks can be repaired simply by covering holes or cracks with a cloth adhesive tape.

Chances are you won't have to wash heavily soiled clothes twice if you presoak them, or use the soak cycle in your washing machine. You'll save the energy required for the second washing.

Is the frost in your freezer thicker than one-quarter of an inch? Defrost! Frost on freezer walls makes the motor work harder, wastes energy, and takes up usable space.

If you have a trash compactor, don't operate it more than you need to. Wait until you have a full bag. You'll only save small amounts of electricity each day—but they'll add up over a year's time.

If you have attractive portable appliances such as electric skillets, use them as serving dishes at the table. You'll save energy two ways: by cutting down on energy used for cooking: and by saving hot water because you'll have fewer pans and dishes to wash.

During cold weather don't leave bath or kitchen vent fans on any longer than you have to. When you do, you're blowing costly energy-consuming heated air right out the window.

As your lamp bulbs burn out, why not replace them with the next lower wattage, unless you really need the same amount of light? As you replace more bulbs this way, you'll save electricity and lower your lighting costs.

If you live in an electrically heated home that has resistance type equipment, consider replacing it with an energy saving heat pump. You could cut your heating costs by as much as 60 percent.

Keep windows near thermostats tightly closed. Otherwise, cold drafts will lower the thermostat reading. And your furnace will produce more heat than you actually need.

Do you want to keep your home temperature at 65 degrees, but find it uncomfortable? Consider using a humidifier, or putting a pan of water on or behind the radiator. Humidified air is more comfortable at lower temperatures than dry air, and healthier, too.

Never boil water in an open pan. Use a covered pan or tea kettle. Water heated in a covered pan comes to a boil more rapidly—and you save energy.

In areas where you need a lot of light, save electricity by using one large bulb instead of several small ones. A 100-watt bulb, for example, produces the same amount of light as six 25-watt bulbs but use's less electricity.

If you serve a lot of meals with dishes that require long cooking, a pressure cooker or microwave oven may be a good investment for you. These devices cook foods faster and can save considerable amounts of gas or electricity in the course of a year.

You can save about one-third of the energy and operating costs of your dishwasher simply by turning it off after the final rinse and letting your dishes air dry. The dishes will dry quickly if you prop the door open a little

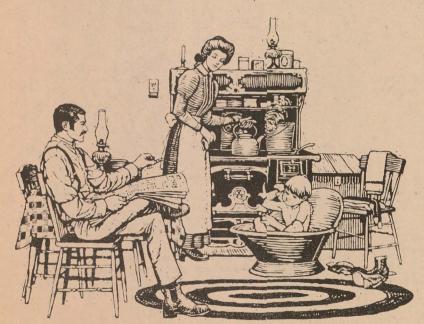
Don't waste heat by warming rooms you're not using. Turn off the radiators of close the hot air ducts in these rooms. Then close the doors so heated air from the rest of the house won't get into the rooms.

Never use your kitchen range to heat the kitchen quickly on cold mornings. A small electric space heater will do a better job, more safely, and use less energy.

reprinted from the Courier

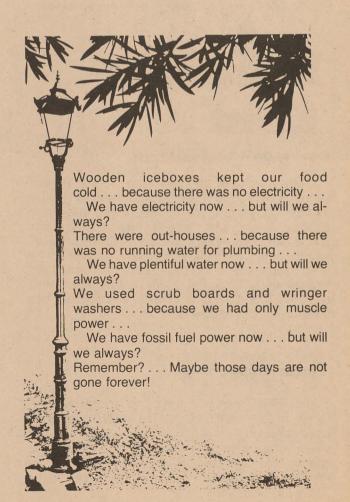
The good ole days . . .

Ah, those were the days ... but were they really? Our pioneering fathers may not have had dwindling energy reserves, but they tightened their belts for many hardships while building this nation. It's our turn to sacrifice by saving today's natural resources for our future and the future of our children. The energy we save today is buying time for the development of energy alternatives. If we are going to see the day when these alternatives are available for wide use, we must save now!



Home Sweet Home meant wood-burning stoves, oil-burning lamps, and stove-heated baths—those were the days!

Travel meant one horsepower. Those were the days!



A gathering of people and events under the watchful SP typewriter

By Eve S. Dropper

Hello, friends, neighbors and a hearty hi to all the enemies, too. What the heck, may as well be nice! Here we are at the end of another month. Remember just yesterday when we were celebrating New Year's??? My, how fast it flies when you're having a good time . . .

My editress (that's the feminine for editor with a combination of a fortress mixed in!) got a rather interesting telephone call the other day. As I was sitting in my pigeon hole, she waved for me to pick up the phone! Eves Dropping WILL pay off! Seems the young lady who called was questioning my use of ya'll and other southern colloquialisms. But, then I suppose there are people in this fair world who would've questioned Mark Twain in the fact that Tom Sawyer and Huckleberry Finn did not use correct grammar. Well, neither do I. And I write the way I talk. Any more complaints? If you have them, please feel free to comment. I do try to answer all the peoples questions, ya'll.

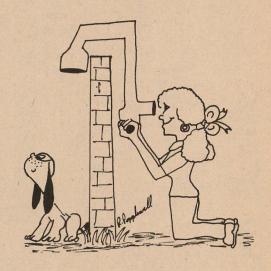
Hey, 10 points for the 170th! They had 50 folks donate blood at the last Presidio Blood Drive! Now, that's definitely all right! Their baseball team has a game on Monday, so ya'll come on out and spectate! White hat duty starts Sunday for the 170th, so the month of May will be their turn to stand on those little boxes in the middle of the street. Honestly, they've got more nerve than I do! Especially with some of the drivers around here . . .

HQ Co. USAG had a lot of happenings this week. Seems Louis Hernandez made SP4, Mary Plummer and Richard Jackson were both promoted to PFC. Congrats, peoples. Gonna get a little more each month in that pay envelope, and that's what it's all about, really. Major Dickerson, Capt. Seeraioen, Lt. Summers, SSgt. Covington, SP4 Sung, PFC Theriault, PFC Taylor and PFC Plummer were all awarded trophies for their high PT test scores. Now, that's an accomplishment! It's really nice that so many people are into keeping themselves in shape. Looks like it pays off in more ways than one! SP5 Garcia and SP4 Sanger were awarded trophies for high scoring on the M16. Those guys must have good eyesight or practice a lot!!! But, really, getting a high score on that is something to be proud of. I didn't.

Lt. Monte Mingus CO of the 16th BPO and LTC Baker, HQ Commander will be making a trip to Ft. Irwin to visit the troops there. Now, here, again, we have a grand example of a CO's support of his troops. That's outstanding, sirs. Now, not so outstanding, is that SFC Harris, top shirt at the BPO, thinks I should go out to visit the troops too. Wrong, sarge!!! PFC Kimberly Jones transferred to USAG to assume duties at JAG. Nice work. And PFC Jeannetta Jackson joined USAG, too, to work at COMPACT. Nice to have you in Garrison. Always need more women!!! Well, the BPO is taking off in sports, again. Seems they beat the 51st Engineers in a volleyball game Tuesday night. Good work, BPO. Sorry 'bout that Engineers!! (I really do try to be unbiased!) The BPO is also hosting the boxing team from Ft. Ord who will be here till sometime next week. SP5 Bill Corzatt left for Ft. Irwin to assume duties as Postal NCOIC. Enjoy, Bill. SFC James Woods, Operations Sergeant for the BPO, who has been Postal NCOIC at Ft. Irwin, is returning. Welcome back! And, there's supposed to be a big party for the troops when they return from Ft. Irwin, and a three-day pass, or so they hope. I hope you get it! After all that time in the 'field' you may need a little rest!!!

Over to the 402nd MP Co. Sgt. Carl Mattson and SFC Ezaquiel Medina are off to Europe. Hope you enjoy... and Pvt. Clyde Chapman has joined the 402nd from Ft. Ben Harrison. Welcome to the land of 'fun'????

Lt. William Ryerson and Lt. Curt Shoeneman have joined the 864th Engineers from the school in Ft. Belvoir. Pvt. Tommy Brown is going to Germany! Good luck and if you see any of the other several hundred people who have left the Presidio for Germany in the last year, do tell them 'hi'!!! Sgt. Ronald Steen is ETSing. Going back to the civilian world. SFC Stites, supply sergeant is retiring next month. And SP4 Gregory Steen is getting married to Susan (Susan, who is the big question, but no one will tell!) May 8th. Now, that's nice. It's my sister's birthday and Mother's Day, too.

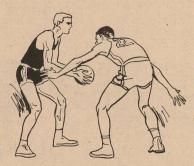


Yea, don't forget May 8th is Mother's Day!!! And, another reminder, Monday is uniform change-over!! So, don't forget these two important days! And take 'n take 'n keep on whatevering ya'll. We all are!

Sports

Summer youth baseball

Final tryouts and registration for the Summer Youth Baseball Program will be conducted at "Pop Hicks" Little League Field (end of Barnard Ave.) from 10:30 a.m. to 12 Noon, May 7. All youths, boys or girls, who have registered and not attended the tryouts, or who have not registered, are urged to be there. All applicants must wear tennis shoes and bring their baseball glove, if one is available. For further information, contact Capt. Dennis, telephone 5131/4950, or SSgt. Howerter, 5034.



Basketball tournament

A bus will depart the PSF Teen Club at 10 a.m. tomorrow April 30, for Travis AFB, and return to PSF at approximately 8 p.m. The purpose of this trip will be to participate in a basketball tournament. Teen age youths from other military services will participate also. All members, potential members and parents are invited to attend this fun day. Bring your lunch. Refreshments will be available for those attendees. Sign up at the Teen Club today. Due to this trip, the Teen Club will be closed tomorrow.

Youth happenings

The Army Community Service has information pertaining to summer camps that are available for handicapped dependents of military personnel. It is advisable to make arrangements as soon as possible to comply with deadlines for applications. For further information, contact Army Community Service, Bldg. 913, or call ext. 5256.

Swim club

Eight members of the Presidio's Aquarius Swim Club participated in the Benicia 'A' meet held on April 23 and 24. The meet was attended by over 35 swim teams throughout the Pacific Association. Daniel Balderson, swimming in the 9-10 age group, attained a much sought after 'AA' time while finishing third in the 50 Meter butterfly. Daniel also placed third in the 100 Meter butterfly and eighth in the 50 Meter freestyle. Other team members to place were Tracy Smith, seventh in the 15-18 100 Meter butterfly, Sara Adams, 4th in the 13-14 50 Meter freestyle, and Lori Naylor, 6th in the 13-14 50 Meter freestyle.

Post tennis tournament

Open Division

Mike Hamman is one of the finalist's having defeated Willie Session 6-2, 4-6, 6-4 in a semi final match. In the consolation bracket, Richard Bristow meets Bob Wicks with the winner playing Mike Faer. The winner of that match plays Willie Session with the winner playing Mike Hamman for the championship. Jr. Vet. Division

Thomas Egan (defending champion) has to play Ashby Dickerson to see who will be in first place. John Meese has one loss, while Egan and Dickerson are undefeated. Here's the win-loss record: Dickerson, 9-0; Egan, 6-0; and Meese, 9-1.

Meese still has to play Egan, while Dickerson has to play Egan. Egan has four matches left, but only the above two are tough ones for him.

Notes from the kegboard

Ft. Scott league

t. Debtt league		
Standings	W	L
LAMC No. 3	71	29
SFFO CID	69	31
Spt. Elm No 2	66	34
170th MP Co	59	41
6th Reg. CID	57	43
USASA	56	44
16th BPO	42	58
402d MP Co	31	69
525th MI Gp	16	84

Intramural volleyball

Presidio League		Ft. Scott Leag	Ft. Scott League			
LAIR	11-2	16th BPO No. 2	12-2			
6th Army	12-2	LAMC No. 2	2-2			
Oakland AB	9-3	USASA	3-5			
LAMC No. 1	7-6	51st Engr. 7	7-5			
USAG	7-7	Ref. Lab.	6-6			
402nd MP Co.	5-8		5-7			
864th Engr.	1-12	Corps of Engrs. 2	2-12			
170th MP Co	0-13	WRRC)-14			

Results

April 20
Ref. Lab defeated 525th MI Gp 4-14, 15-10, 9-4
16th BPO No. 2 defeated 525th MI Gp 14-7, 15-5
LAMC No. 2 defeated 16th BPO No. 2 9-7, 3-11, 15-13
April 22

USASA defeated 51st Engr 9-15, 15-3, 6-0 6th Army defeated USAG 15-7, 15-2 USAG defeated 864th Engr 15-0, 15-0 April 25

LAIR defeated 6th Army 15-9, 7-13, 15-2 6th Army defeated OAB 15-3, 14-12 OAB defeated 402d MPs 12-10, 15-9 April 26

LAMC No. 2 defeated Ref Lab 0-15, 10-8, 15-4 USASA defeated Ref Lab 15-5, 5-15, 10-3 LAMC No. 2 defeated 51st Engr 15-9, 11-5 LAMC No. 1 defeated USAG 8-3, 10-12, 15-6 USAG defeated 402d MPs 15-3, 9-11, 12-8



"Be careful what you say, Jones, I got up on the wrong side of the bed?"

Star Presidian

Volume 20, No. 18 Presidio of San Francisco Friday, May 6, 1977

Crime-proofing yourself

The areas you can be ripped off in are numerous. Here are a few of the pitfalls, and ways to avoid them.

Downtown San Francisco can be a rip-off, or it can be a fun experience, depending a little on your luck, and a lot on your common sense and caution.

A member of the San Francisco Police Department's fraud department said "pickpockets are still a major problem in the city and although people should be careful in any crowd, they should be particularly wary in the bus and train stations, and while riding city buses." To make themselves less likely victims, "men should carry their wallet in an inside coat pocket or a buttoned pant's pocket, and women carrying a purse should hold it over the clasp."

Less common, but still finding gullible victims, are the con artists. Their angles vary greatly, but the 'pigeon drop' is one ploy they use.

The con man, sometimes pretending to be a newly arrived foreigner, approaches the subject, saying he's found a great deal of money but doesn't know where to keep it, or doesn't trust banks. If the subject will prove his good faith, with money of course, the con man will entrust him with the money for safe keeping, half of which he can keep for his trouble. The ploy is usually completed through an exchange of envelopes, in which the victim is supposedly receiving a large sum and giving only a token amount to prove his sincerity. He soon finds otherwise, but not soon enough.

As easy as such a scheme is to see through, con men still find people that are gullible enough to believe that some stranger is going to give them something for nothing

thing for nothing.

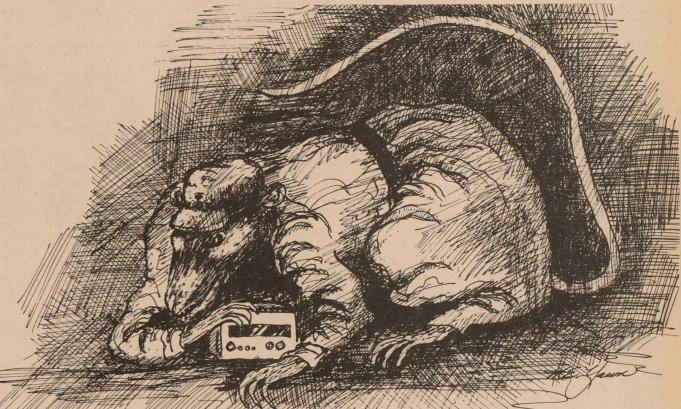
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The best advice for shoppers is the old adage, "Let the buyer beware." The shopper is the best person to protect his own interests by finding out as much as possible about what he's buying and from whom.

Some less reputable stores carry brands that sound just close enough to name brands that people buy the product mistaking it for the established one, and thinking they have found a good deal until they discover they bought a cheap imitation. The store never said it was the name brand, so there's little that can be done after the sale.

Baiting is another practice stores use to draw customers. They advertise one piece of merchandise for an amazingly low price, but when the shopper stops in to see it, the salesperson talks the original product down, working up to a more expensive item. Again, this isn't illegal, but can lead to a shopper getting talked into a more expensive purchase than he would usually make.

If you have any questions or complaints concerning downtown businesses, call the District Attorney's Office at 553-1030, or the Better Business Bureau at



Nobody wants to live behind bars and barricades, but nobody wants to invite trouble either, and here are some of the most common ways too many homes or apartments say welcome to burglars. Is a hidden key your worst kept secret? If you hide a key at your front door, where is it? Under the door mat, a flower pot, or the mail box? Those are the first places any prowler will check.

Never answer the door when you're half dressed. You could be asking for trouble, even if someone has come on legitimate business, a burglar chain won't stop a two-hundred-pound man if he is serious about coming in. Better to find out who is on the other side of the door before opening it.

Your military police can help you - if you let them.

First, by eliminating the open invitations to criminals around the home. Secondly, by reporting any-

nals around the home. Secondly, by reporting anything suspicious, recurring phone calls when nobody says hello (somebody may be waiting for you to leave the house). Report strange men loitering in your neighborhood (they could be checking on your habits, waiting for a chance to burglarize your home). Any suspicious activity at a neighbor's house should also be reported. You think it doesn't concern you. Next time it might be your house.

Your car can be another vulnerable area. Some professional thieves can open a locked car, remove what they want and get away in less than a minute. Fortunately, most of them are not so skilled and must rely on the carelessness of their victims. Do not offer opportunities for criminals to help themselves because you are negligent. Make sure the car is completely locked before leaving. This includes the vent windows as well as the doors. Also, keep window

seals in good repair. Good window seals make it difficult for a thief to slip a coat hanger in the window and open the door.

The favorite items being stolen from cars are CB radios, and car stereos. In view of this situation, it is a good idea to mark these types of property with the vehicle license number to aid in identification.

Crime Prevention is everybody's business, and requires the attention of all officers, NCO's, as well as the individual's awareness, and cooperation. The individual, often the victim of the crime, is in the best position to eliminate a majority of the crime-conductive conditions. Check yourself out. How crime safe are you?

1) Do you purchase good quality locks to secure your valuables? It's false economy to secure a \$300 stereo with a \$.98 lock.

2) Do you keep a list of your valuables which include the serial numbers and brand names?

3) Do you record all credit cards by number, to include the name and address of the companies to insure prompt notification in case of theft?

4) Do you protect your money by placing your reserve in a bank account where it will draw interest?

5) Do you report strangers or suspicious activity in the barracks to the CQ, first Sergeant or commanding officer? Be especially alert if the stranger is not wearing a name tag, rank insignia, or unit patch on his uniform.

No one really expects to become a victim of crime, but it could happen to anyone, at any time, and that includes you.

If you see any suspicious people, or actions, contact the Military Police immediately at 561-4217/4721.



SFC James Wood, Operations Sergeant for the 16th BPO, helps deliver the mail.

A small unit doing a big job

by Frernando Hernandez

A small unit from the Presidio has a big job to do for the troops of Task Force Irwin II, at Ft. Irwin, CA.

The 16th Base Post Office, while stationed at Ft. Irwin, handles over 3,000 pieces of mail a day and will serve, for some, as the only link to home during the remaining four weeks of the exercise. Yet, according to SFC James Wood, Operations Sergeant for the BPO, this is only a small amount as compared to what is normally handled by the Unit at their home station.

SFC Wood explains that the mail operation has been running very smoothly since the arrival of the Task Force and that smooth operation is expected to continue.

Unit mail clerks and orderlies assist in the task by picking up mail for their respective units in the morning, delivering as much as they can by 4:30, and then

returning any left over mail to the post office for delivery the next day.

When the troops leave Ft. Irwin, the job of the 16th BPO will continue — at least for a while. Mail arriving after troop departure must be redirected to them so as to catch up with their new location. "We have a locator card on everyone," SFC Wood explained, "and have indicated on the card the forwarding address of each individual."

The attitude of this small group of soldiers is summed up very aptly by the unit motto: "We handle small pieces of your life!" "That they do, and they do it

Members of the BPO who are participating in this exercise include: Lt. Arthur Moore, SP5 Bill Corzatt, SP5 Myrna Osuna, SP4 Steven Pittman, SP4 Corpuz Rosarida, SP4 Daniel Ramos, SP4 Johnny Leonard, Pvt. Sheila Johnson and Pvt. Sheryl Cummings.

Leaves and liberties

The regulation governing leaves and liberties is incorporating changes which will be effective May 1,

One important aspect of the change is that the day of departure on and return from leave will not be counted as days of leave if the member is at his/her place of work and performs duty for all or nearly all (at least three-fourths) of the normal working hours. Otherwise, both the day of departure and the day of return will be charged to leave.

The leave approval authority will be the final authority for determining whether the member worked a "day of duty" or not and will indicate such information in the remarks section of the original and organizational copies of the DA form 31.

Rec Center happenings

The Presidio Recreation Center regrets to announce that due to circumstances beyond their control, the tours to Napa Valley and Santa Cruz had to be cancelled. Howsomever, they still have a lot going

Every Monday they feature Belly Dancing and Chess Classes, beginning at 7:30 p.m. Every Tuesday, Thursday and Friday there will be a Hapkido Class at 6 p.m. as soon as there are enough people for a class. Every Wednesday they've got ole Doctor Webb beating out his great sounds for the regular Webb's Disco Dazz. Thursday features Hank Nole at 7:30 p.m. in his very enjoyable and instructive Pool

There's another Fishing Trip scheduled for Saturday, the 21st. They're going out from Treasure Island for salmon. Only 20 seats are available and they go for \$15.00, so sign up now if you want to go.

On Saturday, the 28th, at 9 p.m., the Recreation Center will be rocking to the top 40 disco sounds of "C. P. Salt", a top name band in the bay area. Admission will be charged for this dance, but don't worry, its only a buck per person. Plan to be there.

The folks at the Recreation Center are taking names of anyone interested in joining the new sewing class and Hapkido Class. The Recreation Center wants to start a Square Dance group and needs a minimum of four couples of people who want to learn to dance. A volunteer instructor, Mr. Stanley Oliver, is on tap to teach the group. So if you are interested, call or go by the Recreation Center and give them your name. Call after 2 p.m., ext 2000/5420 or go by in person to the Recreation Center, Bldg 135 and in-

Bus stop

You may be wondering where the new bus stop is and why it moved?

By order of the Post Commander, the bus stop is now located at the east end of the parking lot off Lincoln Blvd. (across from the Post Office).

The old location was causing an impediment to the Fire Station and the fire engines by creating a traffic congestion in that area and thus causing a safety hazard.

A see-through shelter will be built soon for the convenience of those waiting for the bus, along with appropriate landscaping at the new site.

The existing facility may become a Military Police Information Center with reserved parking for visitors.

Women's Club

The Letterman Women's Club will close their year with an Installation of Officers and Committee Chairpersons and Brunch to be held on May 12 at the Presidio Officers Club at 10:30 a.m. (note time change).

The speaker for this month is Ms. Toby Smith. Her topic will be "Mini Vacations in Wine Country". She brings with her a wealth of information. Plan on attending and getting some good tips for weekend vacations this summer.

For reservations call Beverly Carpenter, 561-2614 or Talitha Putnam, 561-2468 in San Francisco or Beverly Chojnacki, 453-6737 in Marin by noon Tues-

News mote

Program Advising Day

Personnel who plan to attend day classes at San Francisco State this fall are encouraged to take advantage of Program Advising Day, May 11, on the campus. For further information, contact the Ft. Scott Education Center, ext 2974/4445 or the Letterman Education Center, ext 4030/3693.

Trimming trees

Monday, Post Engineers will start to trim back the

overgrown trees in front of the Garrison troop barracks area, Bldgs. 100 to 106. These trees are past their prime and some of the low lying branches over the road which have become old and brittle, create a safety hazard. Although the trimmed trees will branch out again, a program of replacing old trees with young trees in the lawn area on the building side has

SECOND SUNDAY SING

HE SINGING REDE



OTHER GOSPEL GROUPS

THE PRESIDIO CHAPEL 4:00-6:00 p.m.

MAY 8th, 1977

MOTHER'S DAY

SPONSORED BY

THE VOICE OF PENTECOST-150 EUREKA ST.-SAN FRANCISCO.CA.94118-431-5487



Have you ever been ripped-off?

SP4 Alan Brownstein, Vehicle Registration Office-"No I haven't been ripped off in the last five years. But I always make it a point to secure my valuables. For instance, making sure all windows and doors are locked on my car and keeping my valuables out of



PV2 Angelia Rice, Mail Distribution-Yes I have been ripped off. At basic training, and since I've been here at the Presidio, When I was ripped off in basic, now that was crisis!



Edgar W. Roberts, Management Employee Relations-"No, I haven't been ripped off here. In Hawaii I was ripped off four times for a total of maybe three or four thousand dollars worth of stereo equipment and jewelry.



SP4 Glenda Bonds. USACC-"Yes I have been ripped off. I was at home for Christmas and when I got back to the barracks someone had taken my tape player, jewelry, and pictures of my family.



Camp Fire news

Good news now! Camp Fire is for both boys and girls between the ages of 6 and 19. Anyone desiring to join, please contact Mrs. Patricia Foye at 561-4506.

Savings bonds

The annual Savings Bond promotion is again being conducted during the Month of May throughout the Department of the Army. Our country's growth and development have been fostered by every generation of America's citizens who put their hopes, dreams, and money to work to keep us strong. It is so easy to build financial security for a better tomorrow through the Payroll Savings Plan or the Military Bond Allotment Plan.

Take a moment to observe and appreciate the wonder and achievement of this America and renew your faith in those ideas for the present and the future by being involved. Sign up now! If you're already purchasing Savings Bonds, make your dreams come true sooner by increasing your payroll deduction.

Movies

PRESIDIO THEATER Friday, May 6, The Great Scout and Cathouse Thursday (PG), 7 p.m.

Saturday, May 7, Special
Matinee: The Old Curiosity
Shop (G), 2 p.m.

Saturday, May 7, Zorro
(G), 7 p.m.

(G), 7 p.m.

Sunday, May 8, The Pink Panther Strikes Again (PG), 7 p.m. Monday, May 9, The Pink

Panther Strikes Again (PG),

Tuesday, May 10, The Pink Panther Strikes Again (PG),

Wednesday, May 11, No Way Back (R), 7 p.m. Thursday, May 12, Midway SCHWARTZ/LETTERMAN Friday, May 6, Zebra Force (R), 7 p.m. Monday, May 9, The Great Scout and Cathouse

Thursday (PG), 7 p.m. Tuesday, May 10, Zorro Wednesday, May 11, The

Pink Panther Strikes Again (PG), 7 p.m. Thursday, May 12, The

Swinging Cheerleaders



Star Presidian

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Cycle safety for summer

Spring has sprung and with the advent of warmer weather more and more motorcyclists will be wheeling through the streets and byways of California.

Motorcycling is among the fastest growing modes of transportation in the world. In the United States alone, almost three million motorcyclists have joined more than 90 million other motor vehicles registered for street use. This rise in popularity (a 400 percent growth in the last seven years) makes coexistence between two and four-wheeled vehicles essential.

A motorcycle's lack of enclosure gives the rider a sense of exhilaration and freedom. But, this lack of enclosure also makes the motorcycle a potentially dangerous vehicle in the hands of an inexperienced or careless biker. With the "motorcycle season" approaching, each rider should acquaint or perhaps reacquaint himself with the safety devices on his motorcycle to insure that the thrill of a motorcycle ride doesn't become an avoidable tragedy.



Safe motorcycle riding becomes a habit to the good rider. He habitually doesn't take chances. He habitually rides defensively, always watching out for the other guy. And, probably just as important, he habitually makes a safety inspection of his bike and safety wearing apparel, making repairs whenever they are needed. This safety inspection takes about two minutes, but it just might be the most important two minutes of your life.

Before getting on the bike, make sure that your body is well protected. Your helmet should be of the highest possible quality. Don't try to save money by purchasing a "discount" helmet which

could crack like an eggshell in a moderate speed collision or slide-out. Provide yourself with a strong face-shield to prevent facial and eye injuries from objects in the air. Is your body well padded to protect against the shock of hitting the pavement? The sure sign of a careless rider is the guy who rides around in shorts and tennis shoes. Make sure that your entire body is protected and that heavier padding is placed in spots which you would naturally use to break a fall: elbows, knees and shoulders. During the warm spring and summer months, the temptation is to shun the protective clothing in favor of comfort.

"...the road doesn't get any softer in warm weather..."

Remember, however, the road doesn't get any softer in warm weather and you're simply asking for trouble when you get on your bike unprotected.

Motorcycles are not in themselves dangerous and, in fact, possess unique safety features. Among the most significant safety features are unobstructed visibility, rapid responsiveness and maneuverability.

In order for the two and four-wheeled vehicles to co-exist the motorist needs to watch out for the cyclists and know what to expect of them.

It's easy to misjudge the speed of an approaching motorcycle, especially if we forget that most motorcycles can easily maintain the same highway speed as cars.

The braking ability of a cycle is an important factor to remember. When following a motorcycle, the motorist must allow for more braking area. The cyclist may stop in a much shorter distance than expected. This coupled with the hazardous factor of smaller brake light, that is somewhat invisible in direct sunlight, necessitates attentive driving on the part of the motorist.

Many motorcycle accidents could be avoided if the bikes had been more visible. Make sure that all of the lights on the bike are functional. Beginning at the front of the bike, check the high beam indicator to make sure you know when your high beam is on. Safety experts agree that many motorcycle-car collisions are a result of the automobile driver's inability to see the motorcycle from the rear at night. The stop light is very important in this regard, and preventive maintenance should be carried out to replace cracked lenses, burned-out bulbs and faulty wiring.

Effortless maneuverability, the ability to weave in and out of traffic or take turns at high speeds, is a feature which tempts many careless riders into taking chances in heavy traffic situations. It's very important for a motorcyclist to use his turn signals in traffic. Before they are needed, check each signal out to insure maximum visibility in traffic situations. If turn signals have been removed from the bike, become familiar with appropriate hand signals and use them whenever possible.

You are literally putting your life on the line if you ride on a pair of worn or blemished tires. Get into the habit of checking your tires for wear, blemishes and proper tire pressure before you even get on the bike. At this time you can inspect the rims and spokes for possible damage.

A careful examination of the chain and sprockets may prevent a mishap. Worn or chipped sprockets can cause a chain to slip or loss of power when it's needed. The chain should be well lubricated and adjusted to the proper length.

After this part of the inspection you are ready to get on the bike, but not quite ready to ride yet. Check the throttle cable and control handle to make sure that the cable hasn't come loose, which could result in a stuck throttle.



Now you're ready to start the bike. Driving slowly on a quiet street or parking lot you can check the brakes and clutch. Both front and back brakes should respond with a gradual slowing of the bike. From time to time, while you are riding, you should check the brakes.

Motorcycle safety should and can become a habit. Learning to give your bike a thorough inspection before you get into traffic will help to make your motorcycle experience a joy instead of a senseless tragedy.

"...'standing on the pegs' is a temporary safety measure."

The Motorcycle Safety Foundation offers the following tips for "standing on the pegs" to maintain control of a motorcycle over bumps and rough sur-

- •Grip the handlebars firmly.
- •Raise your body from the saddle.
- •Keep your knees loose.
- •Keep your wrists and arms loose to handle the shock.
- •Keep your weight over the footpegs.
- •Accelerate as you cross the obstacle.

MSF cautions that "standing on the pegs" is a temporary safety measure. Riders should return to their seats as soon as possible. (AFPS)

Doodling for dollars

Staff Sergeant Carmen I. Boyer has turned a hobby into profit. The hobby is doodling; the profit comes from illustrating children's books. Carmen's first has just come off the press and she is now working on a second one. Her first publication, printed by Carlton Press in New York City, uses animals to carry the theme of listening to parents. Her second book will also use animals, this time to illustrate an anti-prejudice theme. She is also working on a Christmas card cartoon (above) that youngsters can color in before sending.

Carmen is currently assigned to the Post Adjutant's Office, Presidio of San Francisco where she serves as the Administrative Non-Commissioned Officer. Prior to her current assignment at the Presidio, she served with Head-quarters US Army Europe and Seventh Army in Heidelberg, Germany. She expects to continue her military and writing and illustrating career at least "... as long as it continues to be fun." says Carmen



A gathering of people and events under the watchful SP typewriter

By Eve S. Dropper

Warm greetings to all the fine folks out there. And, to all the not so fine, hello, too!! How's it going?

Had anybody tell ya lately to 'go fly a kite'???? Well, go fly a kite. . .this Sunday, Mother's Day, at Crissy Field. The kite flying contest is sponsored by the Ft. Mason Foundation, the National Park Service and Kite World Inc., and sounds like a lot of fun! There'll be prizes for the highest, smallest, biggest, most beautiful and for the most kites on one string. And, if you're someone's mother, and you win in one of the categories, you'll receive a bonus prize! There'll be a kite hospital, in case your's gets hurt, and some inexpensive kites for sale. Displays will also be there of the Mother Kite, the largest in the world, Fighter Kites, and people who are experts in operating them and one kite that's 12 feet tall and six feet wide!!! So, ya'll head on down to Crissy Field about 11 a.m. this Sunday!

Don't get much news from the 548th Ordnance, but this week SSgt. Charles Bellant reupped for a big

We'll be having a new sergeant working on our crime prevention programs. SSgt. Donald Delver joined the 163rd from Ft. McClellan, and he'll he taking over the duties of SSgt. Don Field, who's leaving soon to be a proud Texan again. Good luck with your new endeavors, ya'll. And all the members of the 163rd wanted to wish SP4 David Crisp a hearty Get Well. Hope you're feeling better soon, Dave.

From our engineers, SP5 Richard Calderon, 864th, reupped for four years, while SSgt. Isom Reed signed for another six. PFC Robert Coon is heading

for Germany. And the 51st Eng. promoted Randall Miller to SP4. The engineers have been busy putting in some recreation facilities for the Coast Guard Station in Petaluma. Nice drive!

SP4 Jeff Zurinskas, formerly of the 170th MP Co., is now working with the 402nd. Sorry to see ya go, Jeff, but it's not too far! Taking his duties is Sgt. Dellouris May. Good luck, Dellouris. Pvt. Kristine Seifred joined the 170th from AIT at Ft. McClellan. SP4 Kathy Galway ETSed yesterday. Also at the 170th, Allan Clarence made SP5, and Keith Baloh, Alphonso Daily and James Miller all made PFC. Congrats, peoples.

Along those same lines (promotions, that is!), Steven Hodulick, Glenn Miller, Mark Williamson and Willie Wilson of the 402nd MP Co., all made SP4. David Doty, Jae Lee and Jerome Martell climbed up to PFC. Good going, ya'll! SP4 Alan Brownstein and SP4 Neil Lubasky reenlisted for another three. Sgt. Jackie Balking and SP4 Timothy Slovak are both off for Korea. Started jogging yet??? Pvt. Clyde Chapmen joined the 402nd from Ft. Ben Harrison and Pvt. Steven Kubasko came in from Hawaii. Welcome to the Presidio!

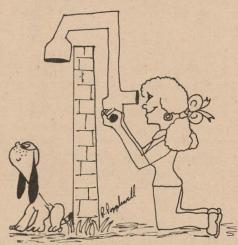
HHD 504th had some promotions too. Patricia Dukes and Jane Davis both made SP4.

Happenings at Sixth Army include Sidney Yuki and Robert Wright, who were both promoted to SGM!!! Congrats!!! And Col. Maurice Lane transferred from USAG to 6th Army as Special Assistant to the Chief of Staff. Hope you enjoy your new duties, sir. Chaplin (Col.) Gordon Schweitzer is the 6th Army Chaplain now. Congrats to you, sir. LTC Walter Naumann, MSG Maynard Heil and MSG Donald Loftin were recently assigned to the IG's Office. LTC John Kelly arrived at 6th Army and is assigned to DCSOPs. Lt. Candy Christ joined 6th Army recently as the Assistant Protocol Officer. Good luck, ma'am. And Lt. William Wendt is the new Training Officer. 6th Army sends their warmest welcomes to these newcomers. Capt. Karl Brown is moving on to Korea. Mr. Robert Lindeboom, PAO, Community Relations Division, is leaving today. Good luck to you both.

Western Region Recruiting has gained SP5 Debbie Cleage from Germany. LTC B. Whorton and SFC Cleo Brown will both be retiring this month. Good luck and enjoy your retirement!!!

The band's monthly concert will be the last Wednesday (May 25) this month. SP4 Doug Inman, trombone; SP4 Ray Williams, percussion and SP5 Mike McMullan, sax, have all ETSed. But, SP5 Roy Bailey, French horn, joined the band from Hawaii.

SP5 Francis Inovejas has reupped for three years. Also reenlisting from HQ Co. USAG is SSgt. William Jackson, for a big three and SSgt. William Holloway, who also just made SSgt.!!! Congrats, on that Bill! You deserve it! Willie Taylor made Sgt., while Luis Hernandez made SP4. Climbing to PFC were Richard Jackson, Edward Kemp, Mary Plummer, Dawn Santerre, and John Hanson. Also making SSgt. was Robert Rivera. Up to SFC was James Scott and William Just. Everyone seems to be moving right along! Very good. . .



Happy birthday SP5 Bob Hall. . .happy birthday to you!

So, once again it's time for the Secret Eye to close it's lid for the time being. . .but, beware. And take 'n take 'n keep on whatevering. If you don't know how, it's too late for you anyway!

Tots learn the water

The night air was warm and inviting as the guests were getting themselves into the dinner party mood. The atmosphere was perfect. The soft lights that surrounded the large patio bathed the swimming pool to create a shimmering effect.

As the guests gathered for another helping of the dessert, a small child, maybe 10 months old crawled through the open sliding glass door leading to the pool. The little girl, daughter of the host and hostess, made her way toward the edge of the pool. She recognized the small sunken table in the shallow end of the pool, where her mother had held her that day. As she gazed at the table a small floating object caught her attention. She started toward the object, reached for it, and as she did, she lost her balance and fell in.

This is a fictional account of what can happen in a child-drowning. This fictional child could have been saved if the parents had taken the time to train the baby in some form of drown-proofing.

The statistics of drowning victims under the age of five in the United States is 80 percent, according to Ms. Alice Hipsley, who heads the American Swim Institute here and teaches drownproofing and swimming to Teeny-Tiny-Tots.

"What we've done is developed a technique (drown-proofing) working with the parents," explained Ms. Hipsley, "and the baby on a one-to-one, a parent and a child. We teach them to be able to survive in the water, under the water, and be able to move themselves, and propel themselves anywhere from a distance of maybe four to eight feet, depending on the child. This covers the danger area, for the infant if they were to get in trouble and fall in. Another part of the training is that they're taught to climb out of that swimming pool. And if they can't manuever that, to hang on to the side so that someone will be able to see them and be able to pluck them out."

Ms. Hipsley's success rate, in working with approximately 1,100 children to date, is somewhere in the 90 percentile. That covers the range of not only drownproofing the infant, but as the child grows older, two and a half to three, then actually teaching the child strokes, starting with the back stroke.

"All children are not receptive to the water", says Ms. Hipsley. "It really depends on the child and the age of the child. For example, generally it would be easier if you start with a child six to eight months old than if you start with a child who has never had any exposure to the water, and that kid is five."

The age range of the child in the program at the Presidio is eight months to five years. The six-to-eight month age group in the program has proved to be more receptive to the water, but not in the actual swimming strokes.

"Now an eight month old child cannot be taught how to swim in the sense that you and I know when we say butterfly, breast stroke, back stroke. But we can drownproof the child," says Ms. Hipsley.

The natural fear factor in some children can, in certain cases, become a roadblock in the lessons. "There's a very natural tendency on the part of a lot of children to go into, really, the fear factor. The older they get the more subsistent that fear can be. And when you take them into the instruction you've got to remember that this will surface. When you get a child like that, the only way to eliminate that is by getting that child's confidence in you as an instructor. And you only do what you tell that child you're going to do," emphasized Ms. Hipsley.



Ms. Hipsley teaching water familiarization.

Sometimes parents can be the biggest problem in that they are afraid and don't realize what kind of effect they are having on the kids. "The biggest hurdle to get over, especially with the younger kids, is the fear factor that the parents have," explained Ms. Hipsley.

"The response to the program has been tremendous" exclaimed Ms. Hipsley. "The first class had about 18 kids in it, and the one now has about 34 kids participating, and there are 36 kids signed for the class scheduled for the end of May."

If you have any questions about the program or would like to enroll your child call Ms. Hipsley at 221-0574.

SPORTS

Tennis tournament

Open Division - The tournament has narrowed down to three individuals. Richard Bristow has to play Willie Session with the winner playing Mike Hamman for the Open Division championship.

Senior Division - Edward Flanagan defeated John Osteen and Harry Schrieber for this division championship. He had only one close match with Osteen and didn't lose any sets during his four matches.

Handball tournament

The four finalists out of the round robin tournament are Chase Gregory, R.G. Ament, Ashby Dickerson and Creed Smith. These four will engage in a double elimination playoff to determine the Post Champion. Each person has the capabilities to defeat the others. So, no one person is an outstanding favorite.

Tennis camp

The Central Y, 220 Golden Gate Ave., San Francisco, is running a Tennis Camp on May 20-22. Learn to play tennis at the very plush Pajaro Dunes beach resort located on Monterey Bay. Limited to 12 people. Food, transportation, and lodging are included in the cost. For more info call the Central Y at 885-0460.

Trout plants

If water, weather, and road conditions are favorable, the following waters will be stocked with catchable trout this week by the Department of Fish and Game:

Alameda County—Alameda Creek, Lake Chabot, Arroyo del Valle Reservoir

Contra Costa County—Lafayette Reservoir, San Pablo Reservoir

Lake County—Pillsbury Reservoir, Upper Blue Lake

Marin County—Stafford Reservoir, Bon Tempe Reservoir

Mendocino County—Russian River-East Branch
Napa County—Hennessey Reservoir
San Francisco County—Lake Merced-South
Santa Clara County—Cottonwood Lake
Santa Cruz County—Pinto Lake
San Luis Obispo County—Lopez Reservoir
Sonoma County—Lake Ralphine

Volume 20, No. 19

Presidio of San Francisco

"Duty is calling you and me"



SP4 Bass checks the meal card of Pvt. Theodora Thomas at the USAG dining facility.

The Duty Roster. Just the mention of these two words may leave a bad taste in some peoples mouths. But, pulling duties, such as CQ, CQ runner, funeral detail, parades, and guard duty are all a part of being in the Army.

Whether your share of the duties is done with good grace and acceptance is up to you. But, the valid and invalid excuses for not pulling your share are what makes SSgt. George Staples, Operations Sergeant for HQ Co. USAG, job that much harder.

"...once the roster is posted, they cancel the leave. . ."

"The problems I'm confronted with are various," commented SSgt. Staples. "One of my main problems is people not informing me of a change of status. Like people going TDY or moving to a subpost and I don't know about it. Then I have to make changes and when I do, it makes other people mad."

Charge of Quarters is one detail that someone has to do every night. Each person assigned to Garrison is given a number. As his number gets higher, his turn for CQ comes closer. But what if that person goes on leave?

When a leave request goes to the Orderly Room, it must first be approved by SSgt. Staples. He checks the leave request with the posted duty roster. If the individual's name is not on the posted roster, his leave is approved by SSgt. Staples, and goes on through the appropriate channels. If the person's name is on the roster, his leave request is automatically cancelled unless it's a special case.

"The problem with this," explained Staples," is that during periods like Christmas, an individual puts in a request for leave so he won't come up for duty. Then, once the roster is posted, they cancel the leave, thinking I won't readjust the duty roster. Which I do. If a leave is cancelled, I put that person back on the books."

"Men on this post also pull guard duty. The women do not. . ."

Another problem area for the duty roster is TDY. When a person goes TDY he should inform the Operations Sergeant so he won't be carried

on the books while he's gone. If he fails to inform the company, he may be assigned a duty which he wouldn't be here to pull. In this case, he would be given a U - meaning unauthorized ab-

"I'd have to continue to carry him and his number would get larger," explained Staples. 'Therefore, when he comes back from TDY, he's got duty, right from the get-go.

"Say his number was one when he left, and he's gone for 60 days. If he would've signed out when he left, his number would be two when he got back. But, because he didn't, his number would be 60.'

duty," stated Staples. "So, that left the women pulling nothing, yet the male E-4 and below on funeral detail still had to pull guard. So he wasn't making out at all. The E-5 still had to pull Sergeant of the Guard, too.

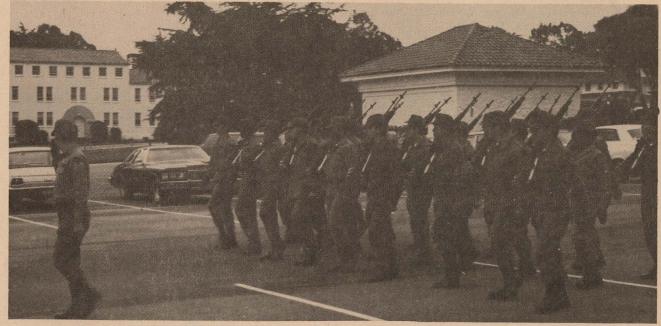
"So, what we've done is take all e-5s and E-6s - male - and they're on CQ. We took all the women and put them on the runner roster. All the men, E-4 and below, go on the guard roster, unless they have a profile. We took 20 E-5s off the CQ roster and put them on Sergeant of the Guard. This way everyone is only on one roster," explained Staples.

"I would say cooperation was the biggest thing. . ."

Headcount is part of the CQ's duty. During the meal hours, the headcount must make sure everyone has a meal card, and those on separate rations pay for their meals.

"Headcount's always a problem," said Staples. "Even today, I'm getting people who'll call me and say 'I thought we had a permanent headcount.' We haven't had a permanent headcount for quite a while. And the mess hall almost constantly calls me 'Headcount's not here'. Then I've got to call the individual at this section and say 'Hey, you've got headcount.' And I get 'Oh, is it that time all ready?' They don't pay attention.

"Another thing, nobody reads the roster. It says on there weekend CQ will report to me on Friday. They don't do it. Consequently, I have to come in on Saturday and Sunday to brief these people and to make sure everyone shows up. I've done it many times. And this is what makes my job that much harder.



Members in the parade detail execute an eyes-right movement.

Once the duty roster has been filled out, a copy of it is sent to the sections, but only once. Any corrections are posted on the bulletin board, which should be checked daily.

When a person who is on the duty roster goes on sick call and gets quarters or a profile, this causes problems in assigning duties, too.

Men on this post also pull guard duty. The women do not, which is a policy of the post

"There are some women that love not having to pull guard," Staples said. "Then there are some who would love to. But, they can't, and that's that. We have gotten some static from the male personnel about this, which is why we've designed this new duty roster.

"You take a female on funeral detail, for instance. She pulls no other duties whatsoever, because all they were pulling was CQ or runner anyway and the funeral detail is exempt from

"If people would just pull their duty, instead of going on sick call and getting quarters, or what not, there would be more people available for duty. Which consequently, would stretch the periods of time between details out further.

"People could help me and themselves tremendously," SSgt. Staples informed us, "if they'd keep me informed ahead of time about any changes in their status. As soon as they get the information, let me know. The DF may come through distribution, but it may bypass my desk. A change of phone number, even. It would save me a lot of time and a lot of heartburn.

"I would say cooperation was the biggest thing. Just keep me informed. It would be easier on everybody. I've only had one individual come to me and say 'SSgt. Staples, I don't think I'm on the duty roster and I should be.' Only one," concluded SSgt. Staples.

Lake Tahoe weekend

Join the Central YMCA, 220 Golden Gate Ave., San Francisco, on a Young Adult trip to Lake Tahoe over Memorial Day Weekend, May 27-30. Relax in a nice cabin, visit the casinos, hike around the lake or the woods, or just do whatever you like. Food, lodging, and transportation are provided. For more information call the Central Y at 885-0460.

Cash award winner

Ms. Mary Kellogg, BOQ Branch, Housing Div., DIO, is the first recipient of a cash award of \$25.00 for her adopted suggestion under the PSF Non-Appropriated Fund suggestion program. Her suggestion resulted in savings of time for processing payment to entitled military personnel in the BOQ operation. Mary received an Outstanding Performance Rating and Sustained Superior Performance award during the first quarter of 1977.

Newsnotes



Are you wild enough?

Are you wild enough? Upcoming issues of the Star Presidian will give you a clue, so be alert!

Notice of hearing

The Department of Defense, Nonappropriated Funds (DoD NAF), Salary and Wage Fixing Authority, Washington D.C., has announced that a full scale DoD NAF wage survey will be conducted in San Francisco County starting September 13. A public hearing will be held at Headquarters, Golden Gate Exchange Region, 755 Sansome St., San Francisco, California, 94119, from 8 a.m. to 12 noon, on May 16. Any organizations or persons who would like to attend or present information, requests or recommendations should contact Mr. Bruce Luedke at (415) 556-4578/4579 not later than May 13 for an appointment or for additional information regarding the purpose of the hearing. The Golden Gate Exchange Region, Army and Air Force Exchange Service, has been designated by DoD to be the host activity for the 1977 full scale DoD NAF wage survey.

Education schedule

June 6 - July 28
PSY 200 - General Psychology - Tuesdays & Thursdays

eng 155 - Contemporary Literature - Tuesdays & Thursdays

SOC 105 - Introduction to Sociology - Mondays & Wednesdays

FIN 359 - Personal Finance - Tuesdays & Thursdays

For further information, phone or visit the Fort Scott Education Center, Bldg 1216, ext 2974/4445 or the Letterman Education Center, Bldg 1007, ext 4030/3693.

Armed Forces Retreat parade

The Sixth United States Army and the Presidio of San Francisco will celebrate Armed Forces Day with a Retreat Parade on Wednesday, May 18, at 3:15 p.m. on the Presidio parade field.

The ceremony will include 20 minutes of music by the Sixth U.S. Army Band, a 15-gun salute, and a troop pass in review by units from the 504th Military Police Battalion. Lieutenant General Edward M. Flanagan, Jr., Commanding General, Sixth U.S. Army, will be the speaker and will be joined by Colonel John D. Hamilton, Sr., Commander, Presidio of San Francisco, in reviewing the troops during the ceremony.

President Harry S. Truman proclaimed the first Armed Forces Day in 1950. Each succeeding President has reaffirmed Armed Forces Day by Presidential Proclamation to honor the men and women in military service and to demonstrate the unity and common purpose of the Armed Forces in fulfilling national security requirements.

The public is invited to attend the ceremony.

Armed Forces Day

A first for the area, an all-Reserve Armed Forces Day, will be held on May 21 at Travis Air Force Base.

Sponsored by the Army, Navy, Air Force, and Coast Guard Reserve and the California National Guard, the event will feature an open house at Travis, skydiving teams, bands, an antique aircraft display, Bob Hoover's precision flying show, a rodeo, barbecue, and a dance.

The day-long event begins at 9:30 a.m. on the 21st when the gates of Travis are opened to the Public

See next week's special Armed Forces Day issue of the Star Presidian for more details.



Log Cabin

May 13, The Log Cabin will have "Master Smooth" Disco from 9 p.m. to 1 a.m. May 14, don't miss South of the Border Salsa Disco, 7 p.m. to 1 a.m. On Tuesday, May 17, Boss Night, from 4:30 on, with Go-Go dancers, and then the Regular Night of Go-Go dancers on Wednesday, May 18, from 6 to 9 p.m. For the Retirees in the area, there is Open House Thursday, May 19, for one and all, with oldies and goodies Disco. Don't forget May 26, Membership Night, Steamship of Round for a mere \$1.75.



35th Anniversary

On this, our 35th Anniversary, I extend congratulations to all members of the Women's Army Corps.

This past year has continued to bring further progress toward the goal of full integration of women into the Army. You have proven equal to the challenges of the expanded role of women and can be justly proud.

The future holds great promise. Your potential as a citizen and a professional soldier is founded on your abilities, ambitions, and dedication. I urge you to fully develop your potential and to individually and collectively dedicate your energy and talent to the betterment of the Army and the nation.

Mary E. Clarke
MARY E. CLARKE
Brigadier General, GS
Director, Women's Army Corps



"Berlin to Broadway. . ."

The Music and Theatre Branch, Recreation Services, will present the San Francisco State University Department of Theatre Arts production of "Berlin To Broadway With Kurt Weill" for seven performances at the Presidio Playhouse. The production is a musical voyage, as expressed in the songs and musical works of Kurt Weill, who wrote melodies and music with the finest array of lyricists and poets ever to write for the theatre. Through his art and theirs, the journey gives a panorama of twenty extraordinary years from von Hindenburg and Hitler in the Germany where Weill was born, to Roosevelt and Truman in the America, to which Weill emigrated. Over 30 musical numbers in the production range from "Mack The Knife," to "The Threepenny Opera," "September Song," to "Knickerbocker Holiday," to selections from Weill's Broadway hit, "Lost In

Performance dates will be May 20, 21, 22, 26, 27, 28 and 29 at 8 p.m. and at 7 p.m. on Sundays. Beginning Monday, May 16, the box office at the Playhouse will be open from 1-5 p.m., except Sundays, and 30 minutes before performances. Tickets are \$2.50 and \$1.00 less for military personnel, dependents and retired military, upon presentation of ID card. For further information call 561-3992 during box office hours.

Movies

PRESIDIO THEATER

Friday, May 13, Midway

Friday, May 13, Night of the Blood Monster (PG), 8:30 p.m.

Saturday, May 14, Blackbeard's Ghost (G), 2 and 6 p.m.

Sunday, May 15, Silver Streak (PG), 6 p.m.

Monday, May 16, Silver Streak (PG), 6 p.m.

Tuesday, May 17, Silver Streak (PG), 6 p.m.

Wednesday, May 18, The Food of the Gods (PG), 6

Thursday, May 19, Moving Violation (PG), 6 p.m.

SCHWARTZ/LETTERMAN

Friday, May 13, No Way Back (R), 7 p.m. Monday, May 16, Midway (PG), 7 p.m. Tuesday, May 17,

Tuesday, May 17, Blackbeard's Ghost (G), 7 p.m. Wednesday, May 18,

Silver Streak (PG), 7 p.m.

Thursday, May 19, The
Harrad Experiment (R), 7
p.m.



Star Presidian

The Star Presidian is an authorized unofficial offset Army newspaper, with a circulation of 5,000, published weekly under the provisions of AR360-81 by the Public Affairs Office, Presidio of San Francisco, CA 94129. Views and opinions expressed herein do not necessarily represent those of the Department of the Army. Editorial offices are located in Building 37. Newsroom telephone: (415) 561-3908 or 2005. Colonel John D. Hamilton, Sr., Commander Major Carole M. Campbell, Public Affairs Officer SP4 Rebecca S. Hall, Editor Pvt. Linda Spillane, reporter

Strike up the band



The deafening crash of cymbals sounds as the Sixth US Army Band sharply marches past the reviewing stand. Polished and shining, the band has performed another job well.

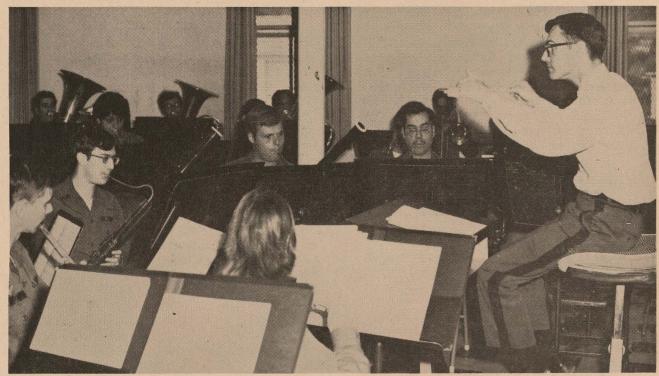
The Sixth US Army Band, headquartered at the Presidio, is one of the Army's outstanding musical organizations. The band is conducted by Captain Gregory S. Hulse and is composed of 60 enlisted men and women.

The performing capacities of the band boast a wide variety, including a 50-piece Concert Marching Band; a 20-member Chorus; five ensembles (Brass, Woodwind, Jazz-Rock, German, and Dixieland); the "Hell Cats," a ceremonial trumpet unit, and a Symphonic Band. A number of band members are college graduates and play more than one instrument.

The primary mission of the band is to promote and maintain the morale and esprit-de-corps of Army military personnel by providing band music for military formations, formal concerts and recreational activities. The band performs primarily in northern and central California, and is active in supporting non-profit civic and community events. Band groups perform patriotic concerts in city and state parks, libraries, theaters, hospitals, hotels, festivals, educational assemblies and parades.

Formed in 1941 at Fort Rosecrans, California, the band was known as the 19th Coast Artillery Regimental Band. From 1946 to 1949 the name and location of the group were changed several times First, to the 78th Army Ground Forces Band; then, to the 441st Army Service Forces Band, moving to Camp Lockett, near Campo, California; then to Camp San Luis Obispo, California, and finally to the Presidio of San Francisco, where, in 1949, the 441st Army Service Band was officially designated the Sixth US Army Band.

The band performs at least 15 times a month, and this is best explained by the first Sergeant, Charles E. Ward: "Concerts, well, we have one formal command concert per month. And then three other community concerts per month. And probably around six parades per month and we support official functions and ceremonies as needed or directed. We send about 12 to 14 bug-



Leading the 6th Army Band is conductor Capt. Gregory S. Hulse.

lers per month for military funerals. The band," continues 1st. Sgt. Ward, "practices on a 40-hour-work-week, just the same as any other unit in the Army.'

The first place trophies that have been awarded to the band are numerous. These trophies were captured for excellent performances in their marching precision and musical abilities.

The reaction to the band by the civilian community is good. "Oh, the civilians enjoy it very much, and the band enjoys supporting the community, too," emphasizes the 1st Sgt.

To join the band, one "would have to have a background in music. A civilian who wants to join the band would initially contact his recruiter, and then set up an audition with the band. If the person successfully completes the audition, then we would find out where any openings within the Army band system lie and call the Department of the Army to get the person assigned. Recruits will be assigned to the band of their choice upon

the successful completion of the Naval School of Music," stated the 1st Sgt.

Arrangements for booking the Sixth US Army Band are made by contacting the Sixth US Army Band Officer, Office of Deputy Chief of Staff, for Personnel and Administration, Sixth US Army, Presidio of San Francisco, CA 94129 - Phone (415) 561-3482 or 561-2625, or Community Relations Division, Public Affairs Office, Sixth US Army, Presidio of San Francisco, CA 94129 -Phone: (415) 561-2470.

Requests should be in writing and received not less than three weeks prior to the date of the performance. If requested for outside a 60-mile radius of the Presidio of San Francisco, California, support of transportation, lodging, and meals. must be provided by the requesting agency.

So, come and listen a while! The Sixth Army Band is an organization within the Army that creates enjoyment and pride on the part of the listeners and performers.

Mini film festival

A mini film festival, sponsored by the Federal Women's Program, featuring a series of outstanding hafl-hour films will be held in May. The films on the Changing Role of Women in our Society will be shown during the lunch hour and everyone is invited

Does Anybody Need Me Any More is a tale of ordinary middle-class people who love each other. Maureen Stapleton and Paul Sorvino portray the couple whose lives are changed when the woman decides to look for self-fulfillment at forty-six. She has been a complacent, taken-for-granted homemaker, busy with the round of raising her children and caring for her husband, filling her days for almost as long as she can remember. Suddenly it seems her children are gone and she faces the emptiness of her existence. In the final touching reconciliation she rejoins him as an equal.

The third film, Do I Really Want a Child?, focuses on the modern day dilemma: to have or not to have a child. Women now have a choice that involves a

soul-searching decision. And what about when the woman is forty, has a fulfilling job, a long happy marriage — and finds herself pregnant for the first time, as does the woman in this film. Cloris Leachman plays this role with the kind of sensitivity and understanding that make it a poignant reality for any woman. And Martin Balsam, as her husband, superbly portrays a sympathetic, intelligent man subject to the conflicts of any man confronted with a radical change in his satisfying lifestyle.

These probing, quality films will be of interest to both women and men since all of us to some degree are touched by the changing role of women today. A brief discussion will follow the films.

All films will be shown at 12 noon at times and places indicated below:

Really Want a Chile?, May 18th and 19th, Torney Hall, Room 326.

Anybody Need Me?, May 25th and 26th, Schwartz Theater.



PFC Mario Allen, Post Adjutant's Office 'They're just starting to be done fairly. Captain Benezra, USAG Company Commander, is starting to put more women on CQ to even it out, because men are stuck with more details, such as Guard Duty, CQ, Parades etc.

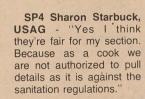


Pvt. Ida Alston, Mail Distribution - "Yes, I do. Because I'm not chosen for a detail that often. And when I do get them, they are pretty easy."



SP5 Andy Mariano, Finance - "In this office,

yes! On a regular basis we work 7:30 to 4:15 with a one hour lunch for the military. And two 15 minute breaks, one in the morning and one in the afternoon. At the Company it's pretty fair because CQ comes once every three months. I think they should give more responsibility to military personnel.







SP5 Mitch Angel, 6th Army Band - "In the band field, you have to be open and versatile and if you have a vital MOS, whether there is a job or not, you would go. For example if there are 47 trumpets and two tubas, and there is a retirement parade, both the tubas would go and about seven trumpets, and then for the next job there would be seven different trumpets and the same tubas again.

A gathering of people and events under the watchful SP typewriter

By Eve S. Dropper

And it rained and it rained and it rained. Ever seen such depressing weather? Not in a while. . . too bad you couldn't have water with no rain. Or rain with no clouds, hanging bleak and grey over your head. Rain with sunshine. . .we'd even have rainbows, and wouldn't that be nice?

Actually, this seems to have been a somewhat slow week all the way around. Maybe it's the weather. . .

HQ Co. USAG has been busy this week pulling parade details. Happens every year about this time, doesn't it? And next week they'll be busy practicing for the Armed Forces Day Parade, which will be held Wednesday. Drill and Ceremony. . .

The 170th MP Co. got in a couple of new folks. PFC Jerry Dawson came in from Ft. Sill, while Pvt. Lloyd Falls joined the MPs from AIT at Ft. McClellan. Nice having ya here.

Those people down at the 16th BPO are surely a trip. Some really interesting people to talk at! I love it! Seems Sheila Johnson is expected to return from Ft. Irwin to take leave, and SP4 Danny Ramos to ETS!!! Now, what better reasons than these could you have to come back from the field??? SP4 Carol Mullins is going before the promotion board. . .good luck on that one, Carol. The BPO won the division championship in volleyball, but lost out on the post championship. Lt. Monte Mingus and Lt. McClure, along with Randy Fifefield are participating in this week's golf championship. Good luck to you, too. Sheryl Cummings was promoted to E-2. Congrats on that, Sheryl. Seems the BPO has some outstanding officers. Lt. Monte Mingus was voted Athlete of the Year, by the BPO, for his work in getting their sports participation and winning results up. Good going, sir!!!

The 864th Engineers lost SP4 Robert Henson, who ETSed, but they gained Pvt. Rodney Ho from Ft. Sill. Lose a few, gain a few. . .

Hey, did you know DA has asked Congress to reinstate the Bootstrap Program? (That's Enlisted Degree Completion Program). Seems the final decision hinges on a few things, but keep your fingers crossed!!!! The Bootstrap Program was a good way to give yourself a kick in life!!!

WRRC had in a new arrival. SFC Ralph Mohoney came in from Germany. And David Pipes has been promoted to Major!!! Congrats, sir!!! Last, but never least, SP5 Reggie Mason is getting S-H-O-R-T!!! (According to him!!!)



Anybody miss finding HQ Co. USAG's formation Wednesday morning??? Yes, they moved to the parking lot in front of the company instead of the one behind it!!! So, next week, be observant!

This is probably the shortest column I've written, but I suppose that will make some of you happy!!! So, till Armed Forces Week, take 'n take 'n keep on whatevering. I will.

Jogging clinic

Attention all joggers/runners. All are invited to attend a clinic on jogging at the Post Gym on May 20, 11:30 a.m. to 12:30 p.m. A lecture on various aspects of running will be covered, with a question and answer period following. Learn about this great activity so you can enjoy it better. Bob Darling and various members of the All-Army Track team will be there to lead this clinic. These are top local runners who have much to share with all who are interested.

Post tennis tournament

Mike Hammon and Willie Session will meet to determine the Open Division Champion. Willie defeated Clay Bristow, 5-7, 6-4, 7-5 to earn the right to play Hammon. Hammon had defeated Session in an earlier, semi-final match 6-2, 4-6, 6-2. So, this should be an outstanding match. The top four from this division will venture to Ft. Lewis in June for the FORSCOM championship. In the Jr. Vet division (34-44 years old), Thomas Egan will play Ashby Dickerson for the championship. Egan has won the Post Championship in this division for the last three years.

Edward Flanagan won the Sr. Vet division over John Osteen. The score was 6-4, 6-1. Flanagan has improved very much and regularly plays with younger players and often defeats them.



"Well, yes, I DID think it a little strange to find an extra \$14,000 in my pay envelope last week..."

Arts and Crafts instructors

During the period June 27 through August 5, Youth Activities will operate a small Arts and Crafts Program for dependent military children 6-12 years of age. Interested personnel must be capable to instruct in such subjects as finger painting, clay, drawing, making objects from various items, and conducting other crafts which would be of interest to children within this age range. Classes will be held Mon. through Fri., 9 a.m. to 12 noon. The rate of pay will be \$4.00 per hour. Applicants can contact the Youth Activities Director, telephone 561-3637/5141, or write to Recreation Services, Bldg. 122, Presidio of San Francisco, CA 94129, ATTN: Youth Activities Director.

Sports

Summer youth classes

Classes in swimming, tennis, and small arts and crafts will be conducted at the Presidio during the summer months. The schedule for these events are:

Swimming: Letterman Swimming Pool, Bldg. 1151, June 20 - Aug. 5, Mon.-Fri. Registration will take place at the American Red Cross, Bldg. 97, 10 a.m. to 4 p.m., June 1-17. A fee of \$2.00 will be assessed each participant.

Tennis: Infantry Tennis Courts, June 13 - Aug. 26, Tuesday and Thursday mornings, Registration will take place at Recreation Services, Bldg. 122, 8 a.m. to 4 p.m., May 16 through June 10. A fee of \$5.00 will be assessed each participant.

Small Arts and Crafts: Teen Club, Bldg. 92, June 27 - Aug. 5, Monday - Friday, 9 a.m. to 12 noon. Registration will take place at Recreation Services, Bldg. 122, 8 a.m. - 4 p.m., Mon. through Fri. June 9 - June 25. A fee of \$5.00 will be assessed each participant (ages 6 - 12 years).

Publicity on these classes will be forthcoming. For further information, contact Youth Activities Director, ext. 3637/5141.

Physical Rec camp

The Central YMCA, 220 Golden Gate Ave., San Francisco, is holding a Memorial Day Weekend Physical Recreation Camp in the Santa Cruz Mountains, May 27-30. Activities will include swimming, jogging, hiking, volleyball, and softball, exercise and a relaxing weekend away from the crowds. Food, transportation, and lodging are included in the cost. For more information call the Central Y at 885-0460.

Volleyball playoffs

An inspired 6th Army team defeated LAIR for the Post Championship. A lot of volleying back and forth took place and points were hard earned. The scores were 15-7, 15-8, 10-15, 15-12. Sixth Army played their best at the right time as LAIR had defeated 6th Army twice in regular season action.

Post volleyball team

A squad of nine will venture to Ft. Riley, KA, this weekend for the Western Regional FORS-COM Volleyball Championship (May 16-20). This team is comprised of the best players from the intramural league. The team players are as follows: David Welsh, Stephen Ballaron, Charles Nelson, Lancelot Kualii, Joseph Orate, William Floering, Lambert Nahulu, Raymond Ames, and Roko Smiljanic. Good luck to our team.



A California Conservation Corpsman lifts two steelhead trout from the Felton Diversion Forebay during fish rescue operation conducted by the Department of Fish and Game and the CCC. One hundred and fourteen of the stranded steelhead were returned to the ocean during the one-day operation. Department of Fish and Game photo by Jack White.

Fish rescue attempt

Members of the newly-created California Conservation Corps aided Department of Fish and Game personnel last week in the rescue of some 114 large steelhead trout which had been trapped by low water in the San Lorenzo River in Santa Cruz County.

The CCC and DFG workers used large seines to catch the fish which had come upstream to spawn and were then unable to get back out to the ocean because of low water in the river. Steelhead, unlike salmon, may return to spawn several times during their lifetime.

In another fish rescue operation, DFG crews, aided by workers from the Santa Clara County Parks and Recreation Department and the Santa Clara Valley Water District, recovered 616 largemouth bass and 116 redear sunfish from Coyote Reservoir as it was being drained for maintenance work.

In this operation, a chain-link fence was constructed downstream from the outlet to trap the fish which were then removed by dip-net. A previous attempt to remove the fish from the reservoir by means of electroshocking techniques was abandoned after only 172 bass were recovered.

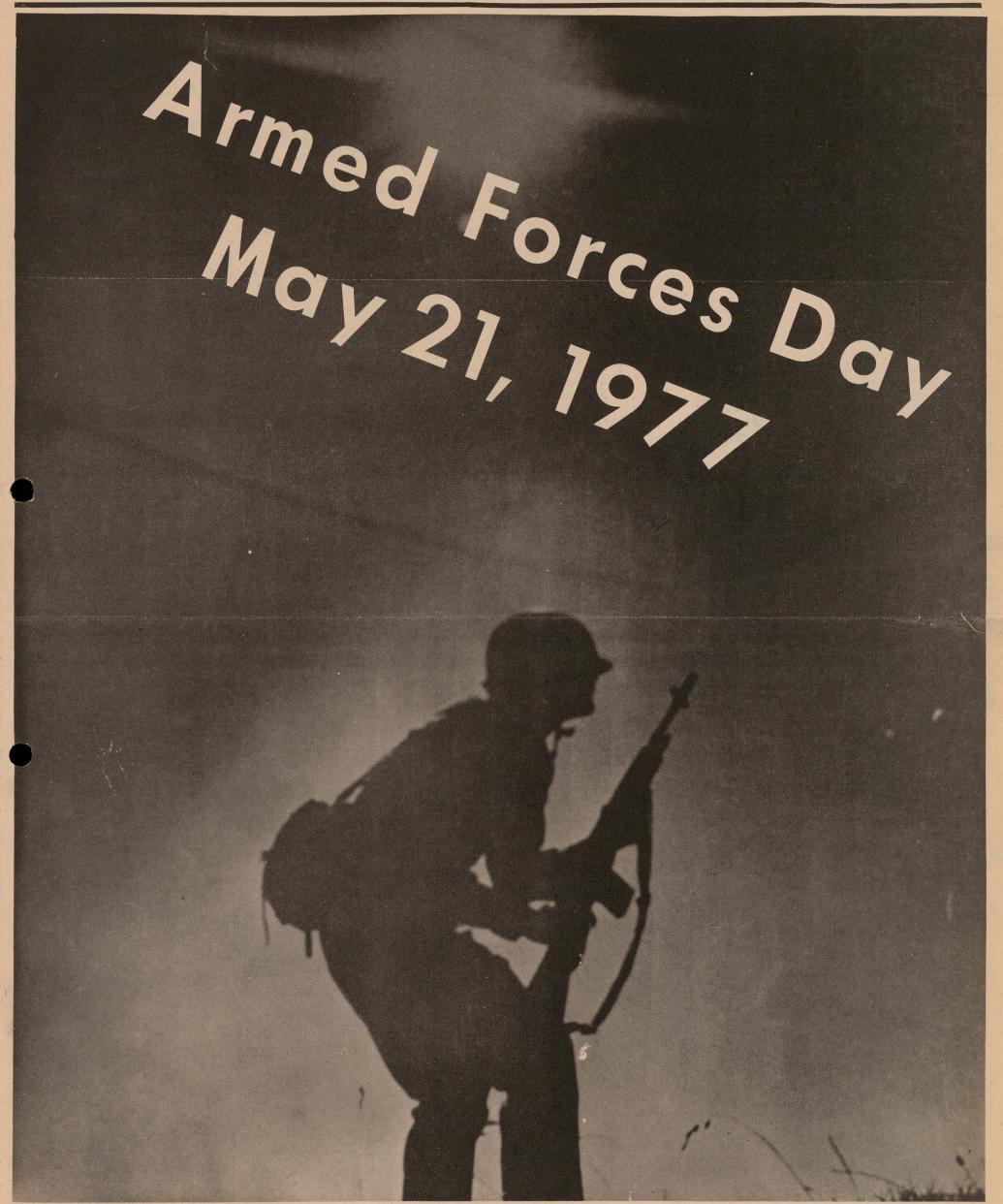
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Star Presidian

Volume 20 No. 20

Presidio of San Francisco

Friday, May 20, 1977



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"Berlin to Broadway"

"Berlin To Broadway With Kurt Weill" will open a seven performance engagement at the Presidio Playhouse on Friday, May 21 at 8 p.m. This musical voyage will also be presented by the San Francisco State University Department of Theatre Arts on May 21, 22, 26, 27, 28 and 29. The two Sunday performances will begin at 7 p.m.

"Berlin To Broadway" is a musical blending cavalcade and cabaret, commentary and tin-pan alley, brought to the Presidio by the Music and Theatre Branch of Recreation Services from one of the outstanding theatres in American universities. Tickets are \$2.50 and \$1.00 less for military personnel, dependents and retired military, upon presentation of ID card. The box office at the Playhouse is open from 1-5 p.m., except Sundays, and 30 minutes before performances.

USO open house

San Francisco USO is holding an invitational Open House on Thursday June 2, 4-7 p.m., to celebrate the opening of its new Center in the Airline Terminal Building at O'Farrell and Taylor streets. Honored guests will include all those who have contributed to the success of the 36-year-old service organization, which has offered comfort and recreation to over 14 million military personnel who have stopped in San Francisco since the beginning of World War II. The club was at 1019 Market street for the past 20 years.

Among the expected guests at the ribbon cutting ceremony will be Mayor George Moscone, Commanding Officers of military bases and ships in the Bay Area, Recreation Officers, the Presidio Serviceman of the Year, USO volunteers, and representatives of the various businesses and organizations which have supported the work of San Francisco USO club over

the years with gifts and services.



Grab your honey and head down to Marine World Africa USA for some monkeying around on June 12, when MWAUSA salutes the Presidio and 6th Army. Tickets are on sale at ITT, call 5480, bldg. 135.

Use a tutor

If you're having problems passing the courses you attend under the GI Bill, get a tutor.

The Veterans Administration (VA) will pay up to \$65 a month (maximum of \$750) for tutorial assistance. Tutorial expenses ARE NOT deducted from your basic educational entitlement.

You can apply for financial aid within a year of the tutoring at the VA regional office maintaining your veteran's claim folder. Your application should be certified by the school you're attending prior to being submitted to the VA.

Scholarship awards

The two winners of the Presidio Womens' Club annual scholarship awards were recently announced. Karin Tronsrue, daughter of Col. and Mrs. George M. Tronsrue was the winner of the academic scholarship of \$1000. Karin plans to attend the University of Colorado School of Nursing. George Kitrinos, son of 1Sgt. and Mrs. George Kitrinos, was awarded the vocational scholarship of \$700 which he plans to apply to art studies at the San Francisco Academy of Art. Congratulations to both and best wishes for a continued outstanding academic career.

Newsnotes

Band concert

The Sixth Army Band will perform in concert Wednesday, May 25, instead of the third Wednesday of the month, May 18, due to the celebration of Armed Forces Day. The concert will be at 7:30 p.m. at the Post Playhouse.

Lieutenant ((USAR) Bill Davis, former staff band officer, SIXTH Army Band, and now instructor ofmusic at West Texas State College in Canyon, Texas, will be guest bassoonist and con-

ductor for a portion of the program.

The concert will include selections from "The Sound of Music," "El Salon Mexico," and a concert piece for bassoon and band.

The concert is free and open to the public.

Kellogg Chamber

You are invited to hear the Kellogg Chamber Singers of California State Polytechnic University, Pomona, California, who will be performing at the Post Chapel, Thursday, May 26, 1977, at 7 p.m.

This highly select ensemble of 20 voices performs vocal chamber music of all periods and styles. The group is enjoying a growing reputation as one of Southern California's finest collegiate vocal chamber ensembles. In wide demand among clubs, civic organizations, churches, schools, and other groups, the ensemble has performed throughout the Western States.

The group will be recognized at a "pot luck" dinner preceeding their performance. The dinner will be at the Religious Activities Center, Bldg. 682, from 6 p.m. to 6:45 p.m. The meat, bread, and drinks will be provided by the Chapel. You are invited to the dinner. Call the Post Chapel (561-5711/4719) to make reservations for the dinner and find out if you should bring a salad, vegetable, or dessert.

A nursery will be provided at the Religious Activities Center.



Rec Center happenings

Upcoming activities this week at the Presidio Recreation Center start Saturday with a Fishing Trip, leaving the Rec Center at 5 a.m. You can see sports on the Big Screen TV at 2 p.m. Sunday there will be an outdoor Bar-B-Q at 3:30 p.m., if weather allows.

Chess Lessons and Belly Dancing are offered on Mondays at 7:30 p.m. Come prepare yours for the upcoming Post Chess Tournament (date to be announced later). Tuesday at 7:30 p.m., there will be a Table Tennis Tourney with trophy prizes. Also on Tuesday, at 6 p.m., a Hapkido class is offered

On Wednesday, from 9 to 12 p.m., Disco Dazz Dance time with Dr. Webb, Thursdays at 7:30 p.m., pool lessons with Hank Nole are offered as well as another Hapkido class at 6 p.m. Domino games are played Friday, at 8 p.m. Anyone interested in Sewing Classes should go by the Recreation Center or call 561-2000/5420, Bldg. 135.

Don't forget the dance of the month, with the C.P. Salt combo, Saturday, May 28, 9 p.m. to 1 a.m. Admission is \$1.00 It's going to be a HEAVY dance!

Movies

PRESIDIO THEATER

Friday, May 20, Moving Violation (PG), 6 p.m. Saturday, May 21, Special Matinee: The Bluebird (G),

2 p.m. **Saturday**, May 21, Gator (PG), 6 p.m. **Sunday**, May 22, Fun

With Dick and Jane (PG), 6 p.m.

Monday, May 23, Fun

With Dick and Jane (PG), 6 p.m.

Tuesday, May 24, Fun With Dick and Jane (PG), 6 p.m. Wednesday, May 25,

Goodbye Bruce Lee, His Last Game of Death (R), 6 p.m. Thursday, May 26, The

Shootist (PG), 6 p.m.

SCHWARTZ/LETTERMAN Friday, May 20, The Food of the Gods (PG), 7 p.m. Monday, May 23, Moving Violation (PG), 7 p.m. Tuesday, May 24, Gator (PG), 7 p.m. Wednesday, May 25, Fun

Wednesday, May 25, Fun With Dick and Jane (PG), 7 p.m.

Thursday, May 26, The Student Body (R), 7 p.m.



Star Presidian

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Will you reenlist? Why?

PFC Nancy Dietrich, Finance Welcome Center—"No, not into the Regular Army. But I would re-enlist into the reserves, because they can offer me what I want."





SP4 Teresa Carrion, USAG Mail Clerk—"No I'm not. I'm leaving so I can take care of my baby"



SP5 William Jackson, Finance—"I already have

re-enlisted because at the

time I wasn't ready to get

Pvt. Frederick J. Lewis, Parachute Shop—"No, I am not. Because there are so many prejudicial people in the Army, that it overides the good. And there is so much unnecessary bickering that it makes me feel that this is not the real deal."





SP4 Charles Sutton, Compact—"Yes, I'll reenlist again. I've reenlisted once and if everything keeps going good, I'll re-enlist again. I was raised in the Army, so I'm used to Army ways."

Skill Qualification Test

Performance emphasized

When do I get mine?

The big question lingering in the minds of soldiers is, "When do I get mine?" according to US Army Training and Doctrine Command.

A lot of troops will tell you they always get theirs, but in this case, the subject is the Skill Qualification Test. The SQT, a simple, three-part test, will eventually involve every soldier.

At the moment, however, only soldiers in the maneuver combat arms and certain other Military Occupational Specialties (MOS) within Enlisted Personnel Management Group I are being tested.

The SQT officially became an integral part of every soldier's career growth in April when testing began for record. That means the first tests were either administered or scheduled.

Test notices for the first SQT have already informed soldiers which critical tasks will be tested this spring and summer. Other notices are being prepared for soldiers to be tested in the fall.

An important point for every soldier to remember is that all MOS testing ceased on January 1, 1977. The SQT is the permanent replacement for the MOS test. The old MOS test is still available as a special Reenlistment Qualification Test (RQT) and can be given "on demand" to soldiers for whom there is no SQT yet.

The RQT will be locally administered and scored; scores are only used once, to determine eligibility to reenlist, then discarded. The SQT is managed and scored at U.S. Army Training Support Center, Ft. Eustis, Va. Results of the SQT are given to each soldier, his commander, and to U.S. Army Military Personnel Center. MILPERCEN will use the scores for career management and promotion purposes.

OT lessons learned

U.S. Army Training and Doctrine Command reports soldiers learned what the Soldier's Manual and Training Extension Course are all about during the shakedown of the new Skill Qualification Test last fall.

Some soldiers fared poorly on the SQT because they failed to practice the skills outlined in the individual Soldier's Manual. It was a simple case of "putting off 'til tomorrow what they could have done today.'

TRADOC pointed out, the answers to the SQT are found in every Soldier's Manual—at least the answers to every possible question. Each version of the SQT (by MOS and skill level) extracts a number of skills from the Soldier's Manual for testing.

The system of selecting certain critical skills out of the Soldier's Manual is not at all akin to the old testing ethods. Every skill in the Soldier's Manual is critical successful job performance, TRADOC pointed out. Thus, every soldier should be able to perform every skill in his manual.

"The Soldier's Manual ... the most important book you own . . . "

In "practicing" for the SQT, soldiers can find not only the answers, but detailed references on where to get information to "fine tune" job performance. Training Extension Course Lessons (TEC) are available for many job skills. They provide self-paced instruction using words and pictures.

TRADOC said so much is being done to help the soldier do his job better and perform well on the SQT

that many persons are skeptical.

"We want every soldier to pass the SQT with a superior score. If that happens, we'll know every soldier is ready and that would make us very comfortable."

Practice - - don't study

Soldiers don't have to wade through a mountain of references to study for the new Skill Qualification Test (SQT). In fact, soldiers don't have to "study" for the SQT-they have to "practice."

That's a fact, according to Training and Doctrine Command; soldiers have to practice for the SQT because SQT is a practical demonstration of job skills. A soldier who practices his skills and can perform them well enough to do the job, should have no difficulty passing the SQT.

In fact, if soldiers want to know the questions and look at the answers on the SQT, it's simple. First, get your copy of the Soldier's Manual and test yourself.

Every Soldier's Manual lists all the "critical tasks" required to perform your job. Remember, if it isn't in there, it won't be on the SQT.

Here it is, step by step: Take your Soldier's Manual, open it to page whatever, pick the critical skill, and do a

quick read of the standards and sequence of events. Simple, right? Okay, now do it. If you did it correctly, you're ready for that question on the SQT

A lot of soldiers still believe the SQT will have a few "trick" questions. But that is simply untrue. Every question will have a direct practical application to the job. If you need certain tools on the job to perform the task, you'll have them (or simulation devices) during

The three components of SQT (hands-on, written, and performance certification) may be included in the SQT. That is, certain SQT may have one, two, or all three components, depending on the job.

U.S. Army Training Support Center developers and managers of the SQT report that soldiers who practiced the job skills outlined in the Soldier's Manual performed well on the SQT during the shakedown phase.

the army's new is here... ALMOST IS NOT GOOD ENOUGH.

Using the soldier's manual

U.S. Army Training and Doctrine Command is urging every soldier to take care of his Soldier's Manual and use it often.

TRADOC said the Soldier's Manual is designed to be used to help a soldier perform each critical skill required on the job. At the same time, the Soldier's Manual is the sneak preview of the new Skill Qualification

Soldier's Manuals can be used as a refresher for skills taught in basic training, AIT, or schools, such as with weapons, first aid, camouflage, and sentry duty. There are hundreds of instances where the Soldier's Manual can be used to brush up on skills.

One mistake soldiers have traditionally made is to wait until the night before a test to study. With the Soldier's Manual in hand all the time, there would be no need for "cramming" for the SQT.

Actually, if a soldier can't perform the critical skills required on his job, he stands little chance of passing

The SQT is a totally job relevant test of a soldier's ability to perform on the job. Each SQT is designed for soldiers in particular jobs-not for the virtually nonexistent "average" trooper performing every skill required in the broad expanse of a particular MOS. The job—within the MOS—is what counts on the SQT.

For that reason, the Soldier's Manual is your best friend—next to your rifle. Keep it handy.

Getting a soldier's manual

In spite of the fact Soldier's Manuals have been distributed to many soldiers, there are still some who were supposed to get one and didn't.

According to U.S. Army Training and Doctrine Command, special attention has been given to distributing the first group of Soldier's Manuals to the field. However, instances are cropping up where for one reason or another some soldiers didn't get one.

"Every question will have a direct practical application . . . "

The solution is simple. Soldiers in this situation should make certain their immediate supervisors get the word. If the immediate chain of command can't solve your dilemma—and it should be going to the installation Test Control Officer—there is an alternative.

Every Military Occupational Specialty (MOS) Library and education center has a copy of the Soldier's Manual for your MOS and Skill Level. You can certainly check it out while you're waiting for your personal copy to arrive.

The Soldier's Manual is the most important book you own to help you do a better job and to pass the new Skill Qualification Test. It contains all the critical skills required to do your job. It also gives detailed guidance on where you can get more information about a particular skill you may need to brush up on.

Soldiers who should have their Soldier's Manual by now include those in the following MOS: 11B, 11C, 11D, 11E, 16B, 16C, 16D, 16E, 16H, 16J, 16P, 16R, 95B, 95C, 95D, 76J, 34E, 34F, 34G, 41C, 44E, 45B, 45K, 45L, 63C, 63G, 63H, 63J, 71P.

TRADOC emphasized the point, "If a soldier doesn't have his Soldier's Manual and he's supposed to have it, speak up! Get that chain of command working! We want to make sure you've got everything you need to do your job better."

There is no unlimited supply of Soldier's Manuals either. Every soldier, TRADOC said, is responsible for his or her manual and must maintain it.

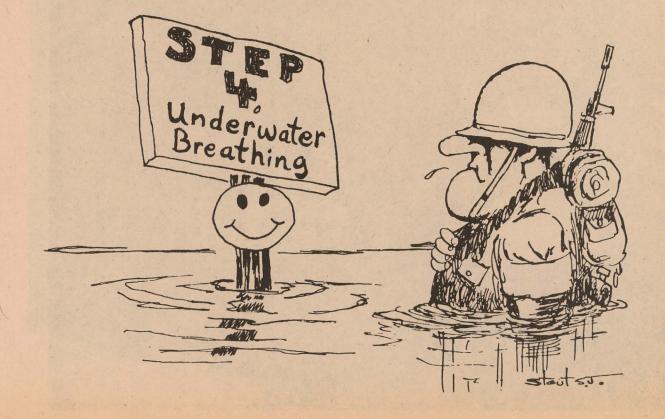
The SQT key

The key to SQT—and many soldiers don't believe it—is that SQT will test each soldier's ability to perform the critical tasks required in his job.

Irrelevant facts are not a part of the test.

Trick questions are not part of the test.

Each soldier will show his ability to perform the critical tasks by demonstrating them during the hands-on component or answering realistic questions on the written portion, or his commander will certify he or she has performed (or not performed) a certain task up to standards within the previous twelve months. Each job will determine which components best demonstrate the soldier's ability.



Peace through readiness

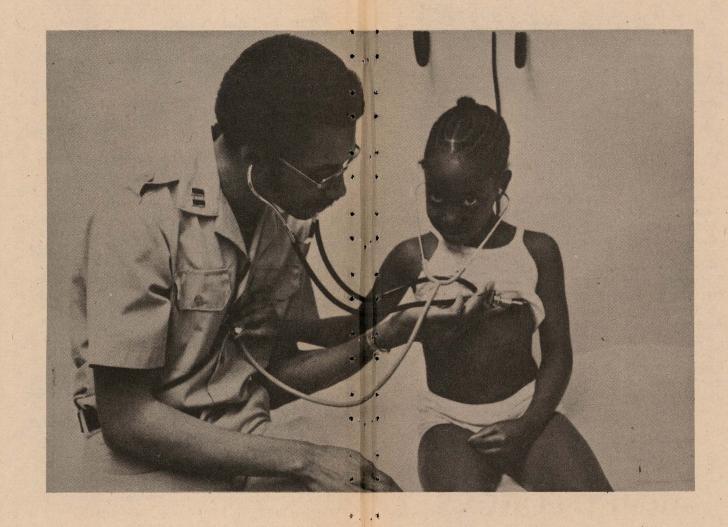
Armed Forces Day will be observed tomorrow, May 21, although some observances were conducted during this week, starting on Monday, May 16. This year's theme is "Peace Through Readiness."

With the unification of the U.S. Armed Forces in 1947, efforts were made to consolidate the separate observances of Army, Navy, Marine Corps and Air Force Days which were held on April 6, October 27, November 10, and September 18, respectively.

However, it was not until August 31, 1949, that Secretary of Defense Louis Johnson announced, with the approval of President Harry S. Truman, that "the third Saturday in May is to be designated "Armed Forces Day." Then, on February 28, 1950, President Truman issued a Presidential Proclamation proclaiming Saturday, May 20, 1950, as the first Armed Forces Day.

Since then, each succeeding President has reaffirmed by Presidential Proclamation the third Saturday in May as Armed Forces Day.











Sky-diving

One of America's foremost pilots, Robert A. "Bob" Hoover, whose precision aerial demonstrations have thrilled millions of people in U.S. and at the Paris Air Show, will headline a unique Bay Area All Reserve Armed Forces Day show at Travis Air Force Base, Fairfield, on May 21.

Sponsored by the Air Force, Army, Navy, Coast Guard Reserves and the California National Guard ground and air forces, the open house will give Bay Area communities an idea of the role their fellow citizen-soldier-sailor-airman play in the defense of the country while serving and training on a part-time basis.

On display during the day will be Active, Reserve and National Guard aircraft, World War II "Warbirds" and antique aircraft plus numerous ground displays depicting the various missions of the Reserve Forces in the northern California area. The Open House activities will be capped off by a Rodeo Cowboys of America sanctioned Rodeo at the base rodeo grounds.

Also on that day, the famed Nut Tree Airport in Vacaville will sponsor a "fly-in" and a shuttle service will be provided for private pilots to the Open House on the base

Reserve recruiters from all the services will man "Job Booths" during the day to outline the many parttime job opportunities available to northern California residents with the Reserve Forces.

at Travis

Army bands, Air Force bands, rock bands, aerial demonstrations, ground demonstrations, food, drink and dancing will all be available when the gates of the base open at 9:30 in the morning and the activities will continue until 3:30, when the rodeo, followed by a country and western dance, will begin.

"With over 75,000 reservists in the northern California area," said Colonel Donald H. Balch, commander of the largest Air Force Reserve Wing in the nation, the 349th Military Airlift Wing (Reserve) at Travis, "we hope that this open day will give our communities an opportunity to see how their neighbors serve their country and of course, an opportunity for young people to investigate the many part-time jobs available to them in the Reserves."

Travis Air Base is located between San Francisco and Sacramento on U.S. 80. Admission to the show and parking are free.

Trhe Yolo Skydiving Team, made up of ten local area expert parachutists, will be part of the All Reserve Armed Forces Day.

The team, composed of men and women from the local area, will jump over Travis from 12,000 feet. During free fall, they will form a ten-person star, break into two five-people stars, rejoin into a ten-person star, then at 4,000 feet, separate, deploy their parachutes and land in front of the show line at the base.

The team will use all types of sports parachutes,



Rodeo action will climax the Armed Forces Day Show at Travis. A Professional Rodeo Rowboy of America sanctioned show, the rodeo is sponsored by the Travis AFB Saddle Club.

ranging from circular, to square to triangle shaped. The team leader, George Morar, 52, a retired Air Force chief master sergeant who teaches parachuting at U.C. Davis, will use the standard parachute used by Air Force aircrew members as part of the skydiving demonstration.

Also featured during the day will be the Capital Freelancers drill team from Sacramento. This drill team will perform some of the routines that propelled them into the national limelight and helped them to be rated one of the top drill teams in the nation.

THE WHITE HOUSE

ARMED FORCES DAY

By The President of the United States of America

A Proclamation

Since the founding of the Republic, the Armed Forces of the United States have served the Nation in peace and war with honor and distinction. Those who wear the uniforms of the Army, Navy, Air Force, Marine Corps and Coast Guard have carved out respect for their patriotic service.

It is appropriate that we set aside one day each year to pay tribute to these men and women throughout the world.

NOW, THEREFORE, I, JIMMY CARTER, President of the United States and Commander-in-Chief of the Armed Forces of the United States, continuing the precedent of my six immediate predecessors in this Office, do hereby proclaim the third Saturday of each May as Armed Forces Day.

I direct the Secretary of Defense on behalf of the Army, the Navy, the Air Force, and the Marine Corps, and the Secretary of Transportation on behalf of the Coast Guard, to plan for appropriate observances each year, with the Secretary of Defense responsible for soliciting the participation and cooperation of civil authorities and private citizens.

I invite the Governors of the States, the Commonwealth of Puerto Rico, and other areas subject to the jurisdiction of the United States, to provide for the observance of Armed Forces Day within their jurisdiction each year in an appropriate manner designed to increase public understanding and appreciation of the Armed Forces of the United States.

I also invite national and local veterans, civic and other organizations to join in the observance of Armed Forces Day each year.

I call upon my fellow Americans not only to display the flag of the United States at their homes on Armed Forces Day, but also to learn about our system of defense, and about the men and women who sustain it, by attending and participating in the local observances of the day

Proclamation 4537 of March 25, 1975, is hereby superseded.

IN WITNESS WHEREOF, I have hereunto set my hand this twenty-second day of March in the year of our Lord nineteen hundred and seventy-seven, and of the Independence of the United States of America the two hundred and first.

JIMMY CARTER

"Dropping in" at T.I.

Treasure Island will be open May 21st and 22nd from 10 a.m. to 8 p.m. for what might easily be the most extravagant Armed Forces Day celebration ever. This year the Sea Services are offering—quite literally—something for everyone, of every age.

The open house is built around today's mission for the Armed Forces: "Peace through Readiness."

Shortly after the gates open Saturday morning the Navy, Marine Corps and Coast Guard will be "dropping in" from everywhere with exciting entertainment.

Skyward, the Marines will rappel from hovering helicopters and the Navy's Parachute Team West will demonstrate precision sky-diving. The Coast Guard will demonstrate air and water search and rescue techniques, while the Navy's Riverine patrol boats will be giving free rides in the Bay.

The festivities will begin at 10 a.m. Saturday morning. The Sea Cadets are scheduled to conduct a pass in review at 10:30, followed by a parade at noon featuring several of the Bay Area's more accomplished marching units. In addition to scheduled events throughout the weekend, the civilian community will be able to participate in a carnival, a crafts fair, Navy Band concerts and an antique show.

The carnival will include rides, games, and of course, all the food one might expect to go with carnivals. Friday, the 20th, the carnival will be open to all military personnel and their dependents only. Tickets usually sell for 50 cents a ride, but, if bought in advance, a book of 24 tickets costs \$5. This represents a

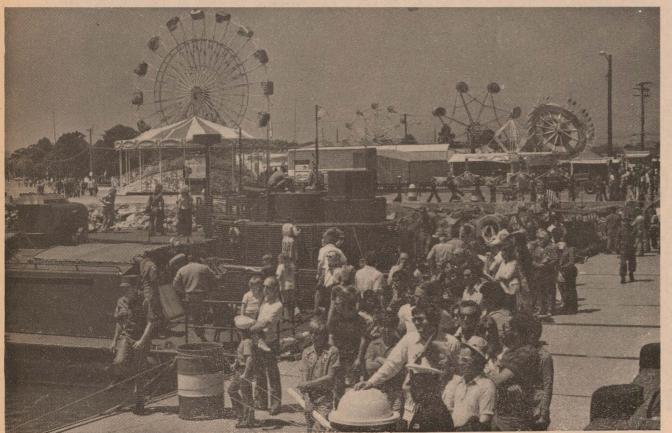
savings of well over 50 percent. Tickets are available through your Special Services Ticket and Tours office. Advance tickets may also be purchased through Treasure Island's Child Care Center, the Teen Club, Youth Center, Little League, the Girl Scouts and the Boy Scouts. Ticket information may be obtained by calling (415) 765-6367.

The crafts fair will feature—not the run-of-the-mill crafts one might expect to see on the streets these days—but the works fo some of the Bay Area's more accomplished artisans. The antique show will be an attraction for collectors and buffs of every nature, as there will be antiques of every type and description.

At the little league baseball field, enormous hot air balloons will be anchored—weather permitting—and in the base theatre "Victory at Sea" movies will be shown continuously.

The Navy/Marine Corps Museum will be open from 10 a.m. to 6 p.m., featuring the largest indoor mural in the United States, a special exhibit of 1939 World's Fair memorabilia, and an art show. The Island's beautiful boat marina will be open for recreation with shuttles available for those who wish to visit the Island in personal sailing craft.

In 1950, President Harry S. Truman issued a Presidential proclamation announcing the first Armed Forces Day. Since then, the third Saturday of May has become a time for the military to open its gates so the public might see what they do, and what their mission is . . . "Peace through Readiness."



Crowds line up for boat rides on the Bay aboard Navy swift boats as others enjoy an old-fashioned carnival during last year's open house at Treasure Island. The same attractions, plus a crafts fair, antique show, parades, and much more—will be happening during this year's Armed Forces Weekend Open House at Treasure Island May 21-22.

News you need to know

Parachute demonstration team

The Golden Knights, the Army's official parachute demonstration team, announced today that they are accepting applications for their annual try-out program, effective immediately.

Interested personnel who meet the below listed basic prerequisites should obtain an application form and submit it as soon as possible, as the try-out program is starting earlier than usual this year. The tentative dates are: October 20 through December 2.

The basic prerequisities are:

Be an enlisted man or woman on active duty in the Army: be Airborne qualified; hold a USPA Class D license or have 200 freefalls; have a perfect military record.

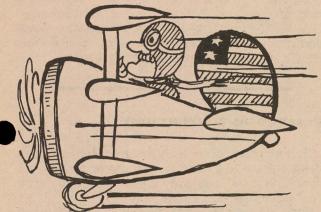
Application forms may be obtained by sending a self addressed envelope to:

U.S. Army Parachute Team ATTN: Try-out NCOIC

Box 126

Fort Bragg, N.C. 28307

Cutoff date for receipt of applications is September 1. As always, this is the only way to be assigned to the Golden Knights for the 1978 season.



Airline discounts

The Military Traffic Management Command (MTMC) has come to the aid of military personnel traveling by air while on leave. Nine domestic airlines have taken steps to continue discount fares to military personnel beyond the March 31, 1977 expiration date.

American, braniff, Delta, Eastern, National, Northwest, Piedmont, Trans World Airlines (TWA), and United will allow military travelers to purchase airline tickets at a 25 percent discount.

In addition, MTMC has asked the airlines to extend the "furlough fare" indefinitely. Normally, extensions are made on a 12-month basis.

Braniff, Piedmont, and TWA, so far, have honored the request, according to TRANSLOG, the military transportation management magazine.

State income tax

Army finance centers are making preparations to withhold state income tax from Service members' pay beginning July 1, 1977.

Thirty-four states and the District of Columbia have already submitted requests for such withholding to the Treasury Department.

Withholding of state income taxes on civilian federal employees is based on place of regular employment, the withholding on Service members will be based on place of legal residence.

Prior to passage of the Tax Reform Act (Public Law 94-455) the Department of Defense provided Treasury Form W-2 income information to tax authorities of the states claimed by Service members as their legal residence, and payments were made directly to the states by the members involved.

The Tax Reform Act does not alter the provisions of The Soldiers' and Sailors' Civil Relief Act of 1940 which protects Service members from multiple state taxation by limiting their income and personal property tax liability to that imposed by each member's state of legal residence.

Accompanied tours

Specialist Five Percy Civic received orders to Germany. Elated, he made plans to take his wife Sara and their three children with him. The story should end happily...

But, Sp5 Civic actually does not have sufficient time remaining in the service to take an accompanied tour.

If he should have the misfortune to get his family overseas, under the circumstances, he could suffer any or all of the following;

Loss of dependent travel pay
Denial of temporary lodging allowance
Denial of placement on housing lists
Loss of faith in the Army

The situation can also cause undue administrative burdens on the gaining commander, including processing complaints by Sp5 Civic to the IG, SJA, EOT/RR, and members of Congress.

Be good to yourself and to your family . . . Before you grab up your family and head overseas, be sure you are **eligible** for an accom-



If you have been thinking about starting or resuming your college education, now is the time to stop putting it off and start gearing up for a summer class. The Army Education Center has scheduled four on-post courses which will meet June 6-July 25 and carry resident credit at San Francisco State University. This eight-week session makes it possible for you to complete a course and still have a month to go on a summer vacation!

Introduction to Sociology, (SOC 105), 4 units, Monday and Wednesday, 6-10 p.m. This course will consider the influence of society on individual behavior and social problems. Social institutions will be examined, including the family, education, politics, religion, and social control agencies: the police, the military, and psychiatry. The instructor will utilize lecture, films, guest speakers, and discussion to develop topics. No prerequisites. Tuition is \$132. Instructor: Stannard-Friel

General Psychology, (PSY 200), 3 units, Tuesday and Thursday, 6-9 p.m. An introduction to the various areas of psychology, including learning and memory, thinking and creativity, perception, altered states of consciousness, motivation and human sexuality, emotion, personality, abnormal psychology and psychotherapy, child development, language, interpersonal and group behavior. No prerequisities. Tuition is \$99. Instructor: Bloch

Contemporary Literature, (ENG 155), 3 units, Tues-

day and Thursday, 6-9 p.m. Read and discuss short stories and novels of modern writers. This is your chance to check out what the following famous authors had to say: James Baldwin, Saul Bellow, F. Scott Fitzgerald, Ernest Hemingway, James Joyce, Marshall McLuhan, H.L. Mencken, Bertrand Russell, Tennessee Williams, and Virginia Woolf. No prerequisites. Tuition is \$99. Instructors: Heinbockel and Rose Personal Finance, (FIN 359), 3 units, Tuesday and Thursday, 6-9 p.m. This is an unusual opportunity to take advantage of an upper division business course on post. The instructor is a full professor in the San Francisco State's School of Business, which is accredited by the prestigious American Assembly of Collegiate Schools of Business. Learn about patterns of individual and family earnings, budgeting, consumer credit practices and sources, insurance, savings, investments and home ownership. Find out how to make the best use of your income and financial resources. Tuition is \$99. Instructor: Mittleman

Classes are open to all adults, military or civilian, no high school transcripts are required. Active duty personnel applying for 75 percent tuition assistance must complete a DA Form 2171 by May 31, for classes beginning June 6 and by June 1 for classes beginning June 7. For further information call or visit the Ft. Scott Education Center, Bldg 1216, ext 2974/4445 or the Letterman Education Center, Bldg 1007, ext 4030/3693.

Flag Day

The 14th of June of each year is designated by Congress as Flag Day (36 USC 157), and the week in which June 14 occurs is designated National Flag Week (36 USC 157A). Each year, a presidential proclamation is issued which calls upon government officials and private citizens to display the flag in observance of Flag Day and National Flag Week.

Flag Day, June 14, 1977, marks the 200th anniversary of the adoption by the Continental Congress of the Stars and Stripes as the official flag of the United States. In recognition of this special occasion, addressees are encouraged to include the following activities in Flag Day/Flag Week observances:

a. Fly the garrison flag on June 14.

b. Conduct special retreat ceremonies to which members of surrounding communities are invited.

c. Participate in local observances sponsored by civilian organizations, such as Boy and Girl Scouts, and Veterans groups, and invite such organizations to your observances.

d. Demonstrate and explain flag customs, courtesies, and display rules to local organizations and groups, such as schools and churches.



e. Distribute literature concerning flag history, customs, and courtesies.

f. Display the color Flag Day poster which is being prepared for distribution through normal channels.

The annual Capitol Flag Day observance in Washington, DC, will consist of:

a. A Joint-Service flag ceremony on the Washington Monument Grounds on June 14.

b. Dedication, in the Pentagon on June 14, of a "Flag Corridor" which will include the United States Flag, state and territorial flags, and a series of historical flags depicting the evolution of the American Flag from the English Flag that flew over Jamestown in 1607.

Where operational requirements permit, and where adequate and appropriate resources are available, Army support of civilian sponsored Flag Day observances may be authorized at government expense.

Basic training

The Army has approved a concept providing for the same basic training for both men and women recruits.

An implmentation target date of October 1978 has been set. The present plan provides for all-male and all-female training companies within the same battalion.

The decision came as a result of a test conducted at Fort Jackson, S.C., last fall by the Army Training and Doctrine Command in which 875 men and 825 women were given identical training to the same performance standard. Previously, women had participated in training different from that given to male recruits. In some areas, the female training program did not properly prepare women for advanced individual training since they had not received the same training as their male counterparts.

Test results revealed there was little difference in the relative performance of male and female groups except in those areas requiring upper body strength or stamina such as speed marches and obstacle courses. However, in 60 percent of the physical tests, females met or exceeded minimum standards.

The Army is currently conducting a separate study on physical fitness requirements which will vary according to job and unit mission requirements. It is anticipated this study will impact on basic training physical fitness requirements.

The primary cost increase generated by identical training now identified is an increased expenditure of ammunition resulting from the increased marksmanship training for women.

A gathering of people and events under the watchful SP typewriter

By Eve S. Dropper

What a bear of a week this one's been!!! Somehow or another I've gotten my wires crossed with just about everyone this week . . . can't seem to get things straight! Some weeks it just doesn't pay to even get out

Anybody got a hog they want to donate to the 16th BPO's company party??? If you do, please contact the orderly room. Or a goat??? The party is going to be held on June 3 in celebration of the troops return from Ft. Irwin and their outstanding performance for the year. Good going, troops. I'm sure you've made your CO proud ... Pvt. Sheila Johnson and SP4 Danny Ramos came back from Ft. Irwin early, Sheila to take leave, and Danny to ETS. Bowling season (do bowlers really have a season???) started for the BPO. Good luck! Some of the BPO troops participated in the Armed Forces Day parade Wednesday. And SP5 Michael Vanderbloedt has re-upped for a big four.

Congratulations to the CO of the 163rd MP Co. Lt. Emmett Kemp was promoted to first

lieutenant. Congrats, again, sir!!!

SP David LeRoach and SP Bob Bingaman have gone TDY from the 170th MP Co. to Camp McCoy, Wisconsin. Pretty fer piece from home. These fellows joined some other troops who are already there to help administer military justice to the reservists there. Pvt. Perry Norfleet, PFC Gutu Gutu and PFC Stephen Hooper all joined the 170th from AIT at Ft. McClellan. Nice to have ya...And SP4 James Kardeke has been reassigned to the 163rd.

I read some really interesting articles from a Florida newspaper the other day. One explained the difference between a neurotic, a psychotic and a psychiatrist. A neurotic builds castles in the air; the psychotic lives in them and the psychiatrist col-

Another good tidbit was a woman who wrote saying she'd read a depressing statistic. It seems one out of every three marriages ends in divorce. And the other two fight it out to the bitter end . . .

Everybody blames the world problems on lack of communication. You can't call because of poor phone service; you can't write because of worse mail delivery. You can't even use smoke

signals because of air pollution . . .

And, the most dangerous job in the world would be the cymbal player in a topless all-girl orchestra...

Keep reading. I've got some more of them . . . NO, that's not a threat!!!

Newbys to the 864th Engineers include Pvt. Bobby Kea and Pvt. Gary Davis, both from AIT at Ft. Leonard. Climbing the ladder were Sergeant Major of the Army Larry Boks; to SP4 Kent Bullard; Dennis Hamilton, Mason Shelton and Darrell Williams all made PFC. Congrats, troops!!! The engineers are still working on the Coast Guard Station in Petaluma. They're also working at the Boy Scout Camp up at Russian River putting in a sewage treatment plant. Keeping busy!!!

SP6 Lance Dicthter has left TDY for NCOIC at Ft. Ben Harrison. Don't know what the chapel's will do now . . . Enjoy, Lance . . .

Backpacking

The Central YMCA, 220 Golden Gate Ave., S.F., is offering a Backpacking Technique class for inexperienced backpackers. This 3-week course will be held on Thursdays from 7:30-9:30 p.m., beginning May 26. Topics to be covered include: proper equipment; how and where to set up camp; trail and off-trail hiking, and how to handle emergencies. For registration details call the Central Y at 885-0460.

Sailing

The Central YMCA, 220 Golden Gate Ave., S.F., is going to hold a sailing class May 27-28. The class consists of an evening of theory on Friday, May 27, from 7-9:30 p.m., followed by a day on S.F. Bay Saturday, May 28. Since numbers are limited, early registration is required. For further details call Central Y at 885-0460.

The Presidio Federal Women's Program Committee is sponsoring a special training program, with the assistance of the Civilian Personnel Office, on proper procedures for completion of SF 171 and 172, the personal qualifications statement and the amendment.

The program will take place on Wednesday, May 25, at the Recreation Center, Bldg. 135, from 11:30 a.m. to 1 p.m. and will be presented by Mr. Ken Valk of the Civilian Personnel Office. Mr. Rick Miller, Presidio Civilian Personnel Officer, will also be in attendance.

This event is open to all personnel, civilian and military, and those who participate may be excused from duty. Bring a bag lunch. Coffee and tea will be pro-

For more information concerning this program contact Wanda Greer, Federal Women's Program Coordinator, by calling 561-2035.



FOR THE FIELD MANEUVERS!

Tennis lessons

Registration for youth summer tennis lessons. Sign-up for youths interested in participating in the Summer Tennis Program will take place at Recreation Services Div. Bldg 122, May 16, and continue through June 10. To defray expenses, a fee of \$5 per youth will be payable upon registration. This program will start June 13 and continue through August 26. All dependent youths of active and retired military personnel, and DA civilians, ages 8-17, are eligible. For further information, contact the Youth Activities Director, at 3637/5141.



Picking up fawns

The Department of Fish and Game (DFG) has issued its annual plea to people not to pick up fawns which they find hiding and apparently abandoned.

Every year, scores of young deer are picked up by well-meaning persons who assume that because the mother deer is not around, she has been killed or has abandoned her fawn. Actually, the mother's behavior is a survival trait. When she feels threatened by people, dogs or other predators, she leaves the fawn hidden while she runs off to draw the predator away. The fawn, which has no odor, is perfectly safe until the

It's ok to look and photograph the young deer. says DFG, but don't touch it and transfer your odor to it. And be sure you don't lead another predator to the deer. If you pick the fawn up and carry it away, you are probably killing it. If you try to raise it yourself (an illegal act) you will probably feed it the wrong things and it will die an early death. Care centers which are equipped to handle fawns are swamped at this time of the year. and they don't really want any more of them.

Unless you know for certain that the mother has been killed, leave any fawn you find where it is. Even if the mother has been killed, you should leave the fawn and inform the nearest police or sheriff's office. They can reach a game warden who will pick up the fawn. It is illegal for you to do so.

And if one of your children does bring a fawn in, try to return it immediately to the location where he or she found it.

Now, are you ready for some household hints (from John Keasler, Sarasota Herald-Tribute)??? These are righteous. 1) If your parakeet seems dull and listless, prop up a shiny hubcap in his little cage and watch the little rascal go bananas.

2) A novel party punch can be made by cutting a plug in a watermelon, pouring in two fifths of 100 proof vodka, replacing the plug, leaving the melon in the refrigerator overnight and, at party time, giving each guest a straw to insert in the watermelon. In fact, if you're game this far, use a cantaloupe. It's quicker.

And last but never least, my final helpful hint. A brisk 'rub' with a mixture of cold water and vinegar will remove coffee stains from a sheep.

Keep watching this space for more helpful hints!!! Think you can stand anymore???



The end of another week. goodness ... I don't think I could've taken any more!!!! So, you peoples, enjoy Armed Forces Day, don't forget the activities at Treasure Island and Travis AFB. Sounds like a good time. And take 'n take 'n keep on whatevering. I will try . . .

Post tennis tournament

In the open division, Mike Hamman defeated Willia Session 6-2, 6-2, for the championship. The match was a see-saw battle that saw Mike capitalize on Willie's errors.

Both are strong and experienced players and will be a plus factor to the post team.

Practice is under way by the post team daily to get ready for the Western Region FORSCOM tournament at Ft. Lewis June 20 through 24. Players eligible to attend are Mike Hamman, Willie Session, Richard Bristow, Mike Faer, Bob Wicks, Ashby Dickerson, Thomas Egan and John Meese.

Intramural softball

Results:

May 9-USAG defeated LAMC Dental Corps-May 11—864th Engr. defeated LAIR— 10-0

51st Engr. defeated 16th BPO- 9-8 LAMC No 2 defeated 504th MP Bn.— 13-7 May 16-402nd MP Co. defeated LAIR-8-7 170th MP Co. defeated LAMC No. 1-20-9

Sixteen teams are divided into two leagues of eight teams each. Games are usually high-scoring and fun for all. Come out and support your unit. Games are played at Ft. Scott Softball Field No 1 and 2, usually on Monday and Wednesday nights, 5:30 to 9 p.m.

Intramural Golf

Presidio league	W	L
Sixth Army	4	0
Region IX	3	1
WRRC	2	2
LAIR	2	2
LAMC No 1	2	2
USAG No 1	1	2
170th MP Co.	1	3
402nd MP Co.	0	3
Et Saatt langue		

W	L
4	0
4	0
4	0
3	1
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2	2
0	3
0	3
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More than just horses



Plying his trade, Capt. Douglas Peters examines a canine.

The role of veterinarians in the Army began during the Civil War when they inspected food and cared for the horses and mules that were in combat

Captain Douglas E. Peters, the Presidio's veterinarian, is involved mostly with clinical work. "We hold immunization clinics in the various outlying posts. And we are involved with some Department of Defense dog training screening physicals. The clinic also does a certain amount of disease control, meaning those diseases that are transmissable from man to animal. The clinic is also authorized to diagnose and treat these particular disease conditions," explained Captain Peters.

Today, in addition to Army veterinarians performing clinical work, the job of combatting disease, and helping keep the Army healthy, falls on Veterinary Corps officers and Veterinary Service enlisted soldiers.

Food inspection is only part of their job. But it is one that has become of paramount importance to today's soldiers and their families. Soldiers have come to depend on high health and sanitation standards in the prepared food they buy on post and the foodstuffs they buy in commissaries.

Sgt. Willard Durham, NCOIC for the Veterinary Clinic here, handles most of the Commissary inspections for the Presidio. Numerous inspections of meat, produce and other food items that pass through Army commissaries help insure the highest standards of wholesomeness and quality. Few offpost supermarkets can boast of higher quality standards.

Long before a food item is purchased for shipment to a commissary, inspectors have checked the processors' plants to insure sanitation and cleanliness.

Additionally, other government agencies are responsible for inspection of other food items. For instance, the Public Health Service oyster beds from which oysters are harvested.

There is always a chance of human error in the inspection process. Because of personnel, time and more restrictions, it is not always possible to check every can, egg or food item in a shipment. Even with all the quality control measures, it is still possible—although remote—for a commissary shopper to purchase an item which may have deteriorated.

In those cases, the shopper should return the merchandise to the commissary for a refund or replacement. If spoilage is suspected, return the entire food item with the wrapper so it can be checked.

Army veterinarians and food inspections specialists spare no effort to insure the highest health standards are upheld. They know the effectiveness of the Army as a fighting force depends on the sanitation and wholesomeness of the food it consumes.

Star Presidian

Volume 20, No. 21

Presidio of San Francisco

Friday, May 27, 1977

CPR...a matter of life and death

During the past two years cardio pulmonary resuscitation (CPR) has been taught to the Presidio Fire department personnel. But just recently, members of the Post Wive's Club participated in the instruction.

"Emergency first-aid and CPR run hand in hand," explained fire department driver/operator Barry Gaab, who is qualified to teach CPR. "CPR is one of the life-giving first-aid methods that we can teach. You can teach emergency first-aid and you can sustain life, but when you get into CPR, minutes count, so it's good to have knowledge in both."

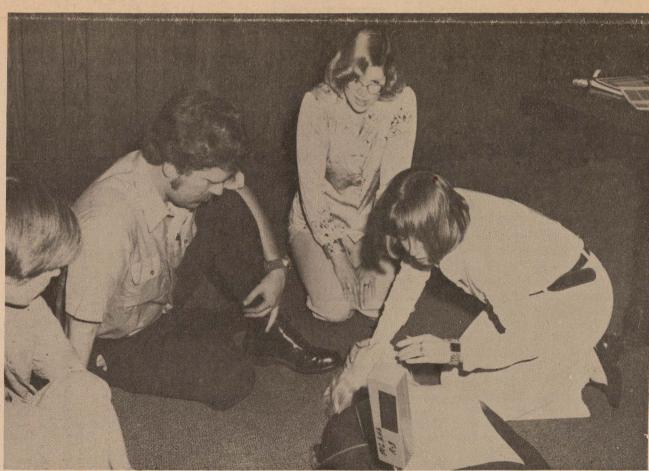
CPR is a first-aid method which is used when a victim has had a heart attack. According to the Webster's New College Dictionary, cardio pulmonary means of, or relating to the heart and lungs. Resuscitation means to revive from apparent death or from unconsciousness; also to revitalize, to come to, to revive.

"To date, there have been about 100 people on the Presidio I have taught CPR to," says Barry Gaab. In addition to private groups and individuals learning CPR, the entire fire department has had instruction, along with the park service or park rangers.

Although the course isn't accredited, upon completion you get a certification and a CPR card. The class that is taught on the Presidio is just 12 hours of straight CPR. The classes are set up "which ever the way groups can do it . . . we go along with that. We like to teach at least nine to 12 hours. And we like three, three-hour classes or four, four-hour classes," explained Gaab.

The popularity of the class is growing immensely. "Most of the time groups will come to us through the Red Cross, but we also go out and let the people know what is available. A lot of the CPR training is handled through Letterman General Hospital," says Mr. Gaab.

"I have a dual certification through the American Heart Association and also the American Red Cross, and I work with them or for them. We get all our material, certification, books and everything that we would need through the Red Cross. We go to the Red Cross and say we have 30 people that want to learn CPR. We set the class up accordingly. We get the mannequins, books and the materials and then we distribute them to the classes," continued Mr. Gaab.



Demonstration is an important aspect of teaching CPR

The response to the instruction of CPR by the Post Wives' Club was great, explained Mr. Gaab. "If the interest is there," he continued, "the class goes very well. Sometimes you get groups that are there because they are told to be there. Their boss will say, 'okay, I want everyone in this office to be trained in CPR,' so they're being forced and they don't learn. They're there because they have to, rather than being there because they want to. The PWC wanted to learn and the class went beautifully. We really got into a lot of things that a lot of classes aren't even interested in."

A member of the PWC, Mrs. Bess Valieant, who attended the class, commented on the instruction. "The two firemen that gave it were very qualified. And the class wasn't that hard. Once I got started, it was easier than I'd thought. We were all very interested in it and we all got a lot out of it. We even learned how to give CPR to a baby, which was very informative.

"I felt that to actually know how to do the CPR I had to physically do it on a dummy. It's a lot of work and I was really amazed. It is a strenuous task, but it was well worth the effort and I appreciated it," stated Mrs. Valieant.

On Mr. Gaab's days off, he teaches elementary and junior high school students first-aid and basic CPR. "Just think," he said, "if everyone knew CPR, you could virtually wipe out the chance of people dying from heart attacks."

Although the fire station is not officially authorized to teach CPR as one of its regular functions, an individual or group that is interested in emergency first aid or CPR can contact either the American Heart Association, or the American Red Cross and they will set up a class anytime, anyplace, anywhere. If you are interested, contact Mr. Lynn H. Hall, Field Director for the Post Red Cross, bldg. 97.

Memorial Day observance

A wreath will be donated by the San Francisco Chapter, AUSA to the Mayor's Memorial Day Citizen's Committee for the wreath laying ceremony in honor of Memorial Day. It will be placed on the Grave of the Unknown Soldier at the Cenataph, National Cemetery here at 10:30 a.m., Monday, May 30. The Sixth U.S. Army Band will perform from 10:45 to 11 a.m. Following the band's performance, a Special Service will be conducted, with Lt. Gen. Edward M. Flanagan, Jr. giving the Memorial Day Address. The service will conclude with two minutes of silence. followed by a 21 gun salute.

Space 'A' charges

Since May 1, an airport tax of \$3.00 and a \$2.00 surcharge has been collected from space available passengers traveling in Category B mission status on Military Airflight Command (MAC) flights.

In the past, MAC has absorbed this cost, but a General Accounting Office report directed that the airport tax and a handling charge of \$2.00 be imposed on Category B space available travelers.

A reclama is being submitted on this action; however, until otherwise advised the collection will con-

Newsnotes

Employment seminar

Personnel within 90 days of separation from the service are invited to attend the Employment Seminar Program on Tuesday, June 14. The Seminar will be held at the Recreation Center, Bldg 135, from 1 to 4 p.m. Representatives from 13 public agencies, including the Civil Service Commission, the California State Personnel Board, and the Veterans Administration. will speak about veterans benefits and various avenues of employment opportunities. After the Presentations, there will be an opportunity for the representatives to speak with individuals and answer specific

Call 3692/4030 to reserve a place.

Basic self-hypnosis

The Central YMCA, 220 Golden Gate Avenue is offering a course in self-hypnosis beginning Monday, June 6, 1977. Time: 6:30 p.m. - 8:30 p.m. Instructor, Maurice Mackall, is a professional hypnotist with 60 years experience. For more information call the Central Y at 885-0460

Presidio Women's Club

The Presidio Women's Club will meet at a new place and a new time for their final function this year. The Presidio Golf Clubhouse, at the Arguello Gate, will be the meeting place, Thursday, June 9, 1977 (second Thursday), with the social hour beginning at 10 a.m. and a delicious brunch being served, for only \$3.50, at 10:45 a.m. Following the brunch, the newly elected officers will be installed.

Please mark the date and time changes on your calendar, so you won't miss the opportunity to meet and welcome the new Board and to say farewell and thanks to the out-going Board. Reservations must be made by noon on Friday, June 3 (please note change), by calling Martha Moore at 561-2855, Tate Davis at 561-2036 or Lynn Andrews at 561-3045. Cancellations must be made by noon on Tuesday, June 7 (another change), by calling Martha Moore at 561-2855

Rec Center happenings

On Saturday, May 28 the Dance of the Month, featuring C.P. Salt, combo, will be held at the Rec Center, 9 p.m. to 1 a.m. The admission is \$1.00. At 2 p.m. Sunday, May 29, the Indianapolis "500" can be seen on the Big Screen TV.

Chess lessons and Belly Dancing Classes are held on Monday, at 7:30 p.m. Tuesday, at 7:30 p.m., the Hapkido class meets, and anyone interested can still go by the Recreation Center and sign up. Also on Tuesday at 7:30 p.m. is the Pool Tourney, with trophy prizes. Dr. Webb and his Disco Dance are happening on Wednesday, June 1, from 9 to 12 p.m. Thursday offers a variety of things to do, starting with the Hapkido class, at 6 p.m., the Pool Class with Hank Nole and the Sewing Class, both meeting at 7:30 p.m. Hapkido is also offered on Friday, June 3, at 6 p.m.

Two more couples are needed to fill the Square Dancing Class, so if you're interested, call ext. 2000 or go by the Rec Center, Bldg. 135.

Community citizen of the month

This quarter's Community Citizen Award went to Major William G. Eckhardt, Staff Judge Advocate for the post. Maj. Eckhardt received the award for the many hours of service he has given to the Presidio Recycling Center. The proceeds from the center go to support the Youth Activities on post.

The major has also been active in the Post Chapel program.

Sixth Army Band

The Sixth Army Band will present a special jazz concert on Wednesday, June 1, at 7:30 p.m. at the Presidio Plavhouse.

The evening will feature Mr. Mike Schwab, professional Bay Area vocalist, the 22-piece Sixth Army Stage Band, and the Sixth Army Combo. Selections will include today's "standard" sounds as well as pieces from the "Big Band Jazz" era.

The concert is free and the public is invited to attend.

Ramblin

Do you use the recreation facilities available on post?



PFC William Thomas, Personnel Actions—"Sure. I use the recreation center for relaxation. Mainly, the music center to practice my musical theories studies. And the movie theater. I use that a.



SP5 Ramond Ritch. Supply 6th Army-"Yes I do. The music center, the gym's basketball, handball and racketball courts and all the other gyn, facilities at one time or another.



Pvt. Gloria Strode, Post Reenlistment Office—"Occasionally, I go to the movies here. And I go swimming. I've also gone to the recreation center.



SP4 Susan Kozlowski, 6th US Army Band-"Yes, the library sometimes, and the recreation center. I go to the movies and sometimes the theater productions.

MWAUSA



Are you wild enough . . . to visit Marine World, Africa U.S.A.'s live exhibit? On Wednesday, June 8, you will be given the opportunity to see Nadji, a six-year-old, 500-pound Bengal tiger. He can be seen at 12 noon in the PX parking lot, and at 12:30 in the commissary parking lot. Nadji's younger relative (pictured above) can be seen on June 12, when MWAUSA salutes the Presidio and 6th Army.

Writing courses

The Central YMCA is offering two courses in writing: How to Self-Publish Your Writing, Monday, June 6; and How to Write a Novel, Tuesday, June 7. For more information call the Central YMCA at 886-0460.

HQ Co. USAG's picnic

HQ Co. USAG is sponsoring a picnic for members of USAG and HQ. 6th US Army and their guests.

The Post Commander has authorized a training holiday for members of HQ Co. from 11 a.m. to 4 p.m. Friday, June 10th for the picnic.

The picnic will be in the PX Field behind the Presidio Playhouse. Free food galore and drinks will be in

There will be a rock band and a softball game. If you plan to come, contact your directorate NCOIC.

Photography winners

The Presidio level winners of the Interservice Photography contest have been announced.

The first place winner in the black and white category was Colonel John E. Hutton Jr. for his print "Graceful and Easy.

Specialist Five Waldeman F. Henniger took a first for his color print, "Primeval Image.

First place in the color slide category was SP4 Clifford Smith for his slide, "Glider.

Movies

PRESIDIO THEATER Friday, May 27, The Shootist (PG), 6 p.m. Saturday, May 28, The Amazing Dobermans (G), 2 and 6 p.m. Sunday, May 29, A Star Is

Born (R), 6 p.m. Monday, May 30, A Star Is Born (R), 6 p.m. Tuesday, May 31, A Star Is Born (R), 6 p.m. Wednesday, June 1, Spe-

cial Delivery (PG), 6 p.m. Thursday, June 2, Demon Seed (R), 6 p.m.

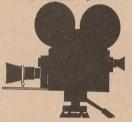
Friday, May 27, Goc bye Bruce Lee, His Last Game of Death (R), 7 p.m.

Monday, May 30, The Shootist (PG), 7 p.m.

Tuesday, May 31, The Amazing Dobermans (G), 7

SCHWARTZ/LETTERMAN

Wednesday, June 1, A Star Is Born (R), 7 p.m. Thursday, June 2, Old Dracula (R), 7 p.m.



Star Presidian

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Army wife:

Behind the scenes



One of many small chores...

This is the first in a three-part series depicting the woman behind the military man. It was written as a research paper by SGM Perry D. Roberts, 7th Transportation Group, Fort Eustis, VA, while attending the Command Sergeant Major Academy, Fort Bliss, TX.

Is she in the Army, too? Without question she must be. She must belong, or at least feel that she also belongs. "The worst enemy the American soldier will ever face can be his wife, or she can be the single greatest asset he may ever have," said a major general in one of his lectures to his subordinates.

Numerous books have been written about great men, but books on a service wife, specifically an Army wife, are few. In this monograph I wish to acknowlege and pay tribute to service and Army wives who are seldom heard from and yet exert tremendous influence on their soldier husbands.

How does the Army wife influence her husband? She plays two roles; direct and indirect.

Her direct and primary responsibility is to maintain a home for the husband. She cares for the children. Countless hours must be spent getting the children ready for school. She must be a frugal shopper. As family treasurer, she must be an adroit money manager.

·When things do not quite work to her husband's expectation, she is the most ready and available shoulder "to cry on." She is a counselor. Her therapeutic influence is, without question, most valuable.

The career and peace of mind of any soldier, rank immaterial, can be bettered or worsened by his wife, but a sergeant major who has spent most of his life with troops insists that 'the girl who most deserves a salute is the wife of a low-ranking enlisted man who has him and a couple of kids to feed and clothe on a budget so tight she wonders how it will outlast the

week, instead of all the way to the end of the month, and yet never utters a word of real complaint. There, my friend, is a girl who rates a gold-plated medal.'

She is a non-complainer. Very often, she must be ready to "pull up stakes and move with little notice, to establish a home under conditions that are frequently less than ideal and without much expectation of help from a busy husband," said General Westmoreland. She has to give up friends just met; she must serve as a teacher-tutor to bridge the gap of that disrupted school schedule. The many times she has to undergo this "stop and go" exercise are numerous. A serviceman, on the average, moves on a permanent change of station at least once every three years. In a twenty-year period, therefore, Mrs. Army Wife goes through six or seven packing and unpacking exercises.

There are times, too, that she cannot accompany her husband. These separations are most often involuntary, especially when assignments take him to a combat type assignment. In these situations, she assumes the role of a father, too! She must still continue to manage the budget, run the house, write and inspire her far-away husband and "put up" with the kids. She just can't throw in the towel and give up.

Some wives are veterans, too. A sergeant's wife call herself, and rightly so, "a combat veteran of Korea and Vietnam, fighting the kids while he fought the enemy."

The stabilizing influence of the wife over husband cannot be measured. However, I am convinced that Mrs. Army Wife's perception of her role in her husband's career, progress or lack of it, greatly influences that career.

Indeed, her direct supportive roles are too numerous to write. How does she handle each of these roles? She must learn from experience, for there are no books from which to learn. Her imagination is her only guide. And how many great men become so without a loving, faithful wife beside him? Mrs. Woodrow Wilson has been portrayed as "acting president" while President Wilson was ill. History has recorded that for every successful and great king, there was always a strong and faithful queen beside him. Every commander, admiral, general, every leader of men has long recognized that a soldier who is worried cannot effectively perform his duties.

A classic case of the importance of a woman to both her husband and to her husband's unit was recorded by a MSG Paul J. Turner in an article in the **Airman**, October 1959 issue. In his article, MSG Turner explained how "a woman's touch" helped in performing a unit mission. This woman designed a special pair of gloves that gave her husband the protection and flexibility he needed in loading a certain type of armament. She was interested in her husband's work. His interest at heart, she went to her husband's site of work and found that the pair of gloves she made for him was just the thing he needed to improve the loading operation.

The wife often feels as much a part of her husband's job as he does. Many times you can hear the wife telling of her husband's unit work on an inspection and the rating they received. She is very proud of his unit and is more than happy to become involved. Many wives extend invitations to the single soldiers to share the holidays with them or sometimes just an invitation to dinner. This is very important as it makes the single soldier feel that he is not alone and forgotten. To be continued . . .



Exercising to keep fit...another part of the Army wife's day.

Money saving hints

Saving money on vacations is getting harder every year. Skyrocketing gas, food and lodging expenses have discouraged many people from taking that hard earned vacation that they deserve.

With proper planning, and using cost-cutting measures while you travel, it is still possible for a family to have an enjoyable vacation at a reasonable cost.

One way to reduce the cost of a vacation is good planning. For example, auto clubs and several major oil companies offer free tour planning services that plot the most direct route to a traveler's destination. If you are not worried about getting there quickly, the scenic route will also be supplied by some firms.

Hotel and motel rooms should be reserved as early as possible. Since the mid-priced rooms fill up fast, travelers without reservations might have to settle for the cheap, and sometimes unsatisfactory, rooms, or the most expensive, which could put a snag in the best-planned budget.



When you make your reservations, ask if the establishment offers a family plan, where children under a certain age are allowed to stay in the parents room at no extra cost.

Decide exactly what luggage is needed and pack accordingly. Extra weight in a car or on a roofrack reduces mileage.

Before you leave, unplug all home appliances. Appliances that turn-on instantly, such as TVs, use electricity to keep the set warmed up, even when its not turned on. Unplugging and draining the refrigerator will also save on the utility bill.

It's best to go before Memorial Day or after Labor Day. Food and lodging are often cheaper than during the summer months. When you leave, try to go before the morning rush hour hits. Most likely, you'll get better gas mileage and start the trip in a better mood.

Use up-to-date maps when traveling. Out-dated maps can cause travelers to go miles out of the way if a shorter route has been built.

Try to avoid overusing your car's air conditioner. It can steal one-and-a-half gallons of gas per tankful.

A good rule to keep in mind is don't pay for what you don't want or aren't going to use." If you're not a swimmer, or if there's not enough time to use the pool, don't stay at a motel or hotel which offers one. Remember, they're charging you for it in their room rates, whether you use it or not.

Some hotels and motels do offer discounts to Military personnel. The library and Information Transportation and Ticket Office, ext. 5480, have more information on where you can stay along the way.

A gathering of people and events under the watchful SP typewriter

By Eve S. Dropper

Summer is upon us. Know how I can tell??? Seemslike the weather actually gets worse during May and June than in the winter!!! Strange . . . but, I must keep reminding myself, San Francisco is like no other city in the world. Ain't it nice???

The guys down at Religious Activities would like to wish Sister Mary Molloy all the happiness in her new position. Sister Mary is leaving the Presidio after three years and is going to another parish in San Francisco.

Can you imagine spending 25 years in the same job here? Well, June 2 marks the 25th Anniversary of Dolly (Lucretia) Farr, who's with the Defense Investigative Service. Happy Anniversary, Dolly!

Free drinks! That's what was going around at HQ Co. USAG's softball game Wednesday against the 864th Eng. Seems there's some type of rivalry between the two companies...hope more peoples made it to the game as spectators than usually do. James Johnson was promoted to PFC. Congrats, James. Joseph Echeverria made SSgt., while Gordon Huls and Robert Collins made SP4. Congrats to you fellows, too! New people at Garrison are Pvt. Lawrence Gee and Lt. Benjamin Augustin. Lt. Augustin joined USAG from Korea and will be the new XO. Welcome to the Presidio, sir.

We've got to give a hand to the 51st Engineers. They won their second baseball game in two years Monday night. Seems they beat WRRC 11 to 10. Now, that's not walking all over them, but it definitely counts!!! Keep it up, guys!!! You're looking good!!! Pvt. Jimmy Ragland joined the 864th from Ft. Ben Harrison. And Scott Drake has re-upped for another four.

How many of you know we have a flight detachment? Well, we do. And, I found out they're having what they call a 'mini-Olympics.' Seems there are about 10 categories they're participating in. This is being done for the CO, who'll be leaving soon. Sort of a good-bye thing for him, I guess. But, watch the SP, there may be more about them.

The MPs on this post are really nice people. I want to send a smile to the MP who had to stand in the road by the Lombard Gate exit. You made Tuesday afternoon bearable. So, smile yourself, Private!!!

HHD 504th MP Company is consolidating all the Orderly Rooms. Whew!!! What a job! And the tons of paper!!! So, the MP companies are busy, busy, busy. Newbies to the 170th are Pvt. Gwen Willis, PFC Schellinger, SP4 Smith, and Pvt. McManus, all from AIT at Ft. McClellan. Now, the reason I lack the first names is because, like I just told you, the Orderly Rooms are being consolidated. So . . . SSgt. Roger Layton is off to Germany and SP4 James Radar has ETSed. Back to civies.

The 6th Army Band had their monthly concert last Wednesday and a Retreat parade on Thursday. Now they're working on a concert for the 29th in Modesto and the Memorial Day Services here on the 30th. Now, that's another busy group of peoples!!!

Now, that's another busy group of peoples!!!

Speaking of Memorial Day, I'd like to switch to a really serious note. I would imagine that for a lot of people Memorial Day is simply a holiday. Well, I'd like to ask each of you to take a moment Monday and say a prayer of thanks for peacetime, and a prayer for those members of the Armed Forces who are still not accounted for from our last 'skirmish.' We're all in a situation where the next time, it might be 'me.'

News from the 402nd MP Co. is that Sgt. Thomas Shane has reenlisted for four years! Enjoy, Thomas. And PFC Joseph Laeham is newly assigned to the



Sports

Intramural golf tournament

Presidio League		
	W	L
6th Army	4	0
Reg. IX	4	1
LAIR	3	2
LAMC No 1	3	2 3
WRRC	2	3
USAG No 1	1	2
170th MP Co.	1	4
402nd MP Co.	0	4
Ft. Scott League		
	W	L
AFPD	5	0
HHD 504th	5	0
		The Landson

	W	L
AFPD	5	0
HHD 504th	. 5	0
16th BPO	3	1
USAG No 2	2	2
LAMC No 2	2	3
USACIDC	1	4
525th MI	0	4
864th	0	4

Handball tournament

In playoff so far, Chase Gregory defeated Creed Smith, 21-9, 21-15 and Ashby Dickerson beat R.G. Ament 3-21, 21-17, 21-13. These matches were well played. Gregory is the defending champion, while Smith won the title in 1975.

This is a double-elimination playoff in which a player has to lose two matches to be eliminated.



Weekly trout plants

If water, weather, and road conditions are favorable, the following waters will be stocked with catchable trout this week by the Department of Fish and Game: Alameda County-Shadow Cliff Lake; Contra Costa County-Lafayette Reservoir; County—Pillsbury Reservoir; Mendocino County-Cleone Lake, Lake Ada Rose-North: Monterey County-Nacimiento River, Lower; Napa County-Hennessey Reservoir; San Francisco County-Lake Merced; Santa Clara County-Sandy Wool Lake; Santa Cruz County-Pinto Lake; San Luis County-Lopez Reservoir; Solano County-Lake Chabot; Sonoma County-Spring

Intramural softball

Monday, May 23
402nd MP Co. defeated LAMC Dental Corp, 4-1
LAIR defeated 170th MP Co., 9-8
51st Eng. defeated WRRC, 11-10
USPHS defeated 504th MP Bn., 11-7
LAMC No 2 defeated 16th BPO, 5-4

Youth swimming program

The Youth Swimming Program sponsored by Recreation Services and the American Red Cross will sign up all interested youths during the period June 1-17, at the Post American Red Cross (Bldg. 97), from 10 a.m. to 4 p.m. This program will take place at the Letterman Swim Pool, June 20 through Aug. 5, Monday through Friday, 8:30-11:30 a.m. To defray expenses, a fee of \$2.00 per youth will be payable upon registration. Dependent youths of active or retired military personnel, and DA civilians are eligible. Further information prior to registration can be obtained by calling the Youth Activities Director, ext. 3637/5141.



Post-wide swim

The Aquarius Swim Club, a youth activity of the Presidio of San Francisco, is sponsoring a dependent, post-wide swimming meet at the Letterman Pool, Building 1151, on Saturday, June 4. The swimming meet will be open to all youngsters from 6-18. All participants must be swimmers capable of swimming one length of the Letterman Pool. Prize ribbons for each event for 1st Place, 2nd Place and 3rd Place winners will be awarded. Events will be Free Style, Butterfly, Breaststroke, and Back, however, swimmers need not be proficient in a stroke to enter the event. The meet will be similar to a regular AAU meet with timers and judges. Distance to swim will vary from one to two lengths of the pool.

The meet will start at 9 a.m. and should end by noon. Members of Aquarius and AAU registered swimmers will not compete in the scheduled open swim events. At the close of the meet swimmers may challenge members of the Aquarius swim team.

Parents are invited to attend with their children, but need not be present for a youngster to compete. Qualified lifeguards will be on duty. Each child must have his dependent ID card.

Notes from the kegboard

	W	L
504th MP Bn	4	0
Spt. Elm No 2	4	0
USASA	4	0
HQ USAG	4	0
LAMC No 2	3	1
SFFO CID	1	3
525th MI Gp	0	4
LAIR No 2	0	4
170th MP Co	. 0	4
16th BPO	0	4

Little league results

Major Little League Results:

Tuesday, May 24

The Cards defeated the Yankees, 6-3, with Mark Golden as the winning pitcher.

Minor Little League:

Monday, May 23

The Mets defeated the Padres, 1-0, with Terrance Batiste as the winning pitcher.

Youth baseball

Youth "Little League" Baseball games are now being played at Pop Hicks Field. Minor League games are scheduled Mondays and Wednesdays at 5:30 p.m., and Saturdays at 10 a.m. and 12 noon (two games). Major League games will be played on Tuesdays and Thursdays at 5:30 p.m., and Saturdays at 2 and 4 p.m. (two games). All parents are urged to come out and see their children in action. Spectators are more than welcome. The CAL-PAL League will start play in early June. The site of their games will be Paul Goode Field.

Summer youth program

This program, designed for children between the ages of 6-12 years, will begin June 27, and continue through Aug. 5. Classes will be held at the Teen Club (Bldg. 92), 9 a.m. to 12 noon, Monday through Friday. Registration will start at Recreation Services (Bldg. 122), June 9, during duty hours. A fee of \$5.00 per child will be assessed upon registering. Dependent children of active or retired military personnel and DA civilians are eligible to participate. Further information can be obtained by contacting the Youth Activities Director, ext. 3637/5141.

YMCA tennis

The Central Y, 220 Golden Gate Ave., S.F., is running an exciting Tennis Camp June 10-12. Learn to play tennis at the very plush Pajaro Dunes beach resort located on Monterey Bay. This class is limited to 12 people. Food, transportation, and lodging are included in the cost. For more info call the Central Y at 885-0460.

Star Presidian

Volume 20, No. 22

Presidio of San Francisco

Friday, June 3, 1977

Burglary month:

An ounce of prevention...

by SSgt. Don Delver

June has been proclaimed Burglary Prevention Month by Edward M. Davis, Los Angeles Police Chief and President of the International Association of Chiefs of Police.

This month, which is the 21st Annual Burglary Prevention Month, is sponsored by the Burglary Prevention Committee as a public service. Throughout the month, newspapers, radio, television and other media will be giving tips on how to prevent burglaries to citizens across the country. Flyers and pamphlets are being distributed, posters put up, and a major effort is underway to make people aware of the dangers of burglary and how they can avoid them.

On the Presidio, Colonel John Hamilton, the Installation Commander, has called for greater community involvement in the crime prevention effort. The Crime Prevention section, under the direction of the Provost Marshal, Major Carolyn Cain, has developed a home security briefing for residents of the Presidio, which includes many tips on burglary prevention and the necessary tools to permanently mark valuable property for identification. This service is offered to the community free of charge, at a time convenient to community members and is available by calling 561-5011.

"...many people inadvertently advertise...when they aren't home."

Failure to know and practice the fundamental techniques of home protection was largely responsible for the burglaries committed on the Presidio last year. Although no one intentionally invites intruders in to ransack their homes, many people inadvertently advertise to would-be burglars when they aren't home. Things like uncollected mail, newspapers, or milk bottles piling up on the porch, unmowed lawns, or empty garages with open doors are obvious tips to thieves hat no one is home.

In the evening, many homes are left dark, and on weekends lights may be left on 24 hours a day. Both are tip-offs that no one is home. While it is true that light

can deter crime, it must be used properly. A good commercial timer or two should be connected to lamps in front rooms and bedrooms to be switched on in the early evening and off later at night. This gives the appearance that someone is at home, and this illusion, supplemented with a radio left playing, makes it much less likely that someone will break in.



Other inexpensive ways to protect your home include the use of high quality locks on all outside entrances, supplemented by dead-bolt locking devices. Outside lights increase the likelihood that anyone attempting to enter your house will be seen. These lights may also be timer controlled. Windows should have locking devices, or other means to prevent their being forced open. Good Underwriter's Laboratory listed burglar alarms are available for home installation at reasonable prices. Military Police will make additional security checks on your house, if you request it. Notify them when you will be leaving and how long you intend to be away.

It is also important to stop all deliveries to your house while you're on vacation. Have a trusted neighbor take care of your lawn and check your house while you're gone, and have him pick up any circulars or other items which may be delivered while you're away. He may even open your drapes in the morning and

close them at night, adding to the illusion that you are still at home. Please inform the Military Police if you are having a neighbor perform these services for you, or if you have authorized anyone to enter your house while you are away.

"...prevent financial loss ... and possibly even physical danger by taking a few moments..."

While there is no such thing as a burglar proof home, the above suggestions are excellent ways to protect your valuables. You can prevent financial loss, personal inconvenience, and possibly even physical danger by taking a few moments to protect your home. To supplement the protective measures described above, it is suggested that you store extremely valuable documents, jewelry, and certain other items of an irreplaceable nature in a safe deposit box. Photographs and written descriptions of your furniture will enable police to track stolen items down and in most cases return them to you. Small, easily pilferable items such as stereo and camera equipment, radios, tape decks and appliances, should be marked with your driver's license number using an engraving tool which is available through your Provost Marshal's Crime Prevention Section. Finally, do not keep large sums of money, bonds or negotiable instruments around the house.

The Presidio Commander and the Provost Marshal want you to get involved in crime prevention. Take time to ask yourself, "What have I done to make it harder for the burglar to steal from me?" Then ask, "What else can I do to make my home safer from potential burglaries?" The answers to those two questions may just make the difference between you enjoying a safe and happy stay at the Presidio, or becoming a statistic. For assistance with burglary prevention in your home, or to get answers to any questions concerning crime and you, call the Crime Prevention Section at 561-5011. 'Help us help you.'

Presidio names new PMO



Major Carolyn H. Cain has become the only female law enforcement chief in the Bay Area with her assignment as Provost Marshal at the Presidio of San Francisco

After spending nearly a year-and-a-half as the executive officer of the 504th Military Police Battalion here, she moved up to the "Top Cop" position last week

Major Cain joined the Army in September 1956 and reached the rank of Staff Sergeant before attending Officer Candidate School, where she was commissioned as a second lieutenant in February 1964.

Prior to her arrival at the Presidio, she attended the Command and General Staff College at Fort Leavenworth, KS, then went back to school for six months to complete her BA in Economics and Business Administration at Park College, Kansas City, KS.

Her overseas assignments have taken her to Korea and Berlin and she has served stateside at Fort McClellan, Al., Governors Island, N.Y., Fort Knox, Ky., Fort Sam Houston, Tx., and Washington, D.C.

Among her awards are the Meritorious Service Medal, four awards of the Army Commendation Medal, the Korean Expeditionary Medal and the Berlin Occupation Medal.

She is a member of the California Crime Prevention Association and the National Association of Women Police.

In 1975 when all female officers in the Army were permanently detailed to a specific branch other than being assigned strictly to the Women's Army Corps, Major Cain requested and was accepted into the Military Police Branch.

"I selected the MP Branch because I felt that it had an important mission to which I could make a personal and professional contribution," she says.

In looking ahead to her assignment as the Provost Marshal at the Presidio, Major Cain says, "Here at the Presidio I want to emphasize crime prevention, maintain the good image that the military police now enjoy, and insure that the individual military police person has the opportunity to increase his or her professional knowledge and experience, while accomplishing our primary mission of protecting life and property."

EM Wives' Club

The Presidio of San Francisco Enlisted Men's Wives' Club will hold its monthly business meeting Monday, June 6 at the PSF Recreation Center at 7:30 p.m. A social hour will follow with refreshments being

Membership is open to all wives of enlisted men in all branches of the service.

On June 7, the Wives' Club will host a "Get Acquainted" Coffee. If you haven't gotten to know many people since you arrived on the Presidio or if you are an old timer here we would love to make your acquaintance. The Coffee will be held at the Recreation Center in the Prince Room from 9:30 until 11:30 a.m. Please come and join us.

For more information concerning either event call Rosa Parham at 386-5057 or Marilyn Mann at 387-6716.



Caution!

Would you pick up a stick of dynamite that was about to explode?

Certainly not.

But too many people of all ages are unknowingly facing the same danger when they touch an unexploded shell.

A "dud" is an explosive device that has been fired but has not exploded. It is like a bomb that may explode when it is touched or dropped-maybe not the first time, but always with deadly force.

Since no shell is "safe," Army explosive ordnance personnel offer the following advice:

If you find a piece of explosive ordnance anywhere-new or old (even a Civil War shell can explode):

Do NOT TOUCH or move it.

Do NOT FORGET that it can kill you.

MARK the area and report the location to police

BEWARE of any suspicious-looking metal object.

Youth ballet program

On June 12, from 3 to 5 p.m., children participating in the Presidio Youth Ballet Program will present a Ballet Dance Recital at the Letterman Schwartz Theater. This recital will be under the direction of Mrs. Helen Piernik, who for numerous years has been an outstanding ballet instructor. This performance is primarily for parents and friends of those participating in this program. Visitors are welcome to attend.

CAP news

At a recent meeting of Civil Air Patrol Flight 86, Howard Semeg of LAIR pinned promotional stripes on Cadet Ray Jones with Cadets Mark Carson and Mike Power Looking on. Ray and Mike are dependents who live on the Presidio.

Civil Air Patrol is a non-profit community service organization open to all persons, ages 13 and up. Flight 86 meets each Thursday from 7 to 9 p.m., in room 326 of LAMC. CAP offers aerospace education, Search and Rescue, First Aid, Survival, Orientation, Flights, weekend field trips and many other activities. The qualifications to join are a willingness to learn, participation, and assist with the program. Those interested in these types of activities are invited to attend any Thursday night. Call Howard Semeg at 752-5667.

Jr. Rifle Club

Due to numerous members of the Jr. Rifle Club departing the area for vacations, Friday evening meetings will not take place effective June 10 through July Resumption of meetings will start July 8.



Outdoor Rec bulletin

Active military and civilian personnel, and their dependents, interested in participating in a Scuba Class which will lead to NAUI Certification, can contact the Outdoor Recreation Center for further information. Swim screens will be held on June 1 and 8, and classes begin on June 15.

Also, certified divers may wish to contact Outdoor Recreation for information on a Surf Rescue and Lifesaving Workshop, to be held June 18 and 19. This course will fulfill one requirement towards either Sport or Advanced Diver Certification.

For further information on either of these programs, contact the Outdoor Recreation Center, Bldg 122, Monday through Friday between 8 a.m. and 5 p.m., Ext. 4324.

News notes



Log Cabin news

Togetherness Day for the 504th MP Bn will be held at the Log Cabin today, starting at 1 p.m., with a Disco, Go-Go dancers, reduced prices and, at 9 p.m., Mr. Jim Le Sage, "Mr. Music Man." This will be a day and night

On Saturday, June 4, it's two for one night, featuring T-Bone steak, and Filet Mignon.

The Log Cabin is now open on Mondays, from 4:30 to 10 p.m. Tuesday through Friday lunch will be served from 11:30 a.m. to 1 p.m., with Steamship Round sandwiches, Barbecued Beef, Pastrami, with salad and pickles, all for \$1.50. Tuesday also brings you Chicken in the Basket for \$1.50 from 5 to 8 p.m.

June 8 is LAMC Togetherness Day. All you people from LAMC, drop by for your day. There will be Go-Go dancers, reduced prices and food. June 9 is Retiree's Day, with "Master Smooth" playing oldies and goodies from 6 to 10 p.m.

Look for the Seafood Buffet, starting June 10, from 5 to 8 p.m., with all you can eat for \$5.95.

Crafts Shop classes

A Beginners Quilting Class will be offered if enough interest is shown. The class would meet one evening per week, three hours, for an eight-week duration. A class fee of \$10.00 will be charged.

Beginners and Intermediate Lapidary Class will begin July 5, every Tuesday evening, 6:30-9:30 p.m., for an eight-week duration. A fee of \$10.00 will be charged and payable at the first session. Mr. Hal Warriner, Indian Valley Junior College, will be instructing.

Beginners and Intermediate Jewelry Class will begin July 7, every Thursday evening, 6:30-9:30 p.m., for an eight-week duration. A fee of \$10.00 will be charged and payable at the first session. Ms. Charlene van der Vegt. UC Berkeley Extension, will be instruct-

These classes are open to all active duty military, retired military and dependents; however, active duty military will be given priority. For class registration, stop by the Crafts Shop, Bldg. 122, or call 4497.

Movies

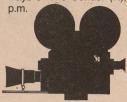
Presidio Theater Friday, June 3, Demon Seed (R), 6 p.m. Saturday, June 4, Special Matinee: Hugo the Hippo Saturday, June 4, Young Frankenstein (PG), 6 p.m. Sunday, Monday, Sunday, Tuesday, June 5, 6, 7 Slap

Shot (R), 6 p.m.

Wednesday, June 8, The
Hiding Place (PG), 6 p.m.

Thursday, June 9, Car
Wash (PG), 6 p.m.

Schwartz/Letterman Friday, June 3, Special Delivery (PG), 7 p.m. Monday, June 6, Demon Seed (R), 7 p.m. Tuesday, June 7, Frankenstein (PG), 7 p.m. Wednesday, June 8, Slap Shot (R), 7 p.m. Thursday, June 9, Three Days of The Condor (R), 7



Star Presidian

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Do you think there should be a mandatory physical training pro-



SP4 Elizabeth Cokely, Mail Distribution — "Yes, I think so. Because a lot of people are out of shape. Those people could use the



SFC William Cheatum Post Food Service—"Yes there should be. When a person, man or woman, is involved in a physical program, they are healthier and can do their duties better. I think that it is necessary."



PFC Jeannetta Jackson,

Compact — "No, I don't feel

there should be one. I don't

think that Garrison should

have to. I do think that the units in Ft. Scott should participate, because they are

always on alert.'

PFC David Nyemaster, Mail Clerk-"No. Because a lot of us are not able to participate. And some of us don't have time for it, and it would be an inconveni-

Army wife has positive role

Part II

By SGM Perry D. Roberts, Class Three US Army Sergeants Major Academy

(This is the second in a three-part series depicting the woman behind the military man. It was written as a research paper by SGM Perry D. Roberts, 7th Transportation Group, Fort Eustis, VA, while attending the Command Sergeant Major Academy, Fort Bliss, TX)

There are many recorded cases of the wife's indirect supportive roles. "Many times I've wondered what kind of military post we'd have if every wife decided to stick to her knitting at home," said Lieutenant Colonel T. Hamrick. Many times you'll hear of a scholarship granted by the wives club; a door-to-door campaign for help to needy families by the volunteer wives; a den mother Army wife; a baseball coach wife. In Germany, "a wife, whose husband was ordered to have flowers planted on the grounds surrounding the post teen club, did more," than sympathizing. She took over, mobilized all the small fry into action, and finished the task in one afternoon.

"...there are many recorded cases of the wife's indirect supportive roles..."

At Fort Sam Houston, the post wives operate the post's kindergarten school. At Fort Lewis, the post's ves club conducted a rummage sale, the proceeds rmarked for help to the post's teen club. In Europe, a corps commander encouraged his commanders to conduct meetings among Army wives.

Never before as now is there the need for the positive role a service wife can play for the Army. Large numbers of soldiers now marry early in their service. Whatever the cause, the fact still remains that these

young wives must be recruited too — to remain with their husbands in the service. With the reliance on volunteers, it is imperative that the Army realize it is competing against business that has more to offer in terms of wages.

The prospect of a stable, high-paying job, and the opportunity to stay put (stabilize) in a community are solid pluses to private enterprise. In this age of affluence, the young men attain financial independence at an early age. As a consequence, he also marries at an early age. All things equal, the young marrieds will stay outside of the service. It is to the few that volunteer and to those who come in single and marry while in initial enlistments that the Army must spread the gospel of retention.

Some wives have even gone the international route—as the unsung ambassadors of good will overseas. Recently, the President of South Korea awarded the "Public Welfare Medal" to a group of wives in Korea for their work in helping the handicapped veterans of the Korean War. Mrs. Breakefield, wife of an Eighth Army Ordnance officer in Korea, and a group of wives conducted classes in handicrafts for the residents of the "Paraplegic Village." This village houses over five hundred former Korean soldiers and their families. With Mrs. Breakefield's untiring initiative, interest doubled and soon the strictly voluntary effort attracted the attention of the national (Korean) government and other American officials in Korea.

"...these young wives must be recruited too - to remain with their husbands in the service..."

Handicrafts, painting, sculpture, carpentry and basic English were taught. By July 1962, the veterans had sold \$200 worth of their products and the Korean government authorized a \$10,000 workshop. Soon American wives had enlisted the help of organizations

such as the American-Korean Foundation, Korean Military Affairs Office, and the Eighth Army Engineers. The village was landscaped, roads and sidewalks were paved and the Rotary Club of Korea financed an office building to handle expanding business.



By July 1965, the veterans of the "Paraplegic Village" sold about \$10,000 worth of their products. And on top of this visible financial gain, therapeutic assistance became better and better. In the same year, two residents of the village participated in the annual Olympic for Paraplegics in London.

To be continued . . .

MWAUSA salutes the Presidio

A place of many things...that is how Marine orld/Africa USA can be described. It has the equialent of nine varieties of wildlife parks that would have to be visited to equal the variety and diversity of events and activities that are on display at the Redwood City showplace.



SP4 Annette Burke, LAMC, testing her falconry ability at MWAUSA.

One of the most unusual features at MWAUSA can claim that it has no rival in the West. And that is a water ski and boat show. The show could be matched only by a trip to Cypress Gardens in Florida.

"...all nine major types of wildlife parks in one setting..."

If one would want to see its free-roaming or uncaged menagerie of animals, the nearest place would be Lion Country Safari in Orange County.

The killer whales, which highlight a visit to Marine World/Africa USA, are duplicated at the nearest point to Redwood City, California, by those on exhibition at Sea World in San Diego.

A dolphin show of the spectacular scope of that at the wildlife park would require a visit to Marineland in southern California.

"...this is not a typical safari country experience where you ride in a window-sealed auto..."

If you wanted to see a comparable event to that of a full grown tiger associating with the crowds or going outside the park for public exhibition, then that would be found in. . Africa.

A wild exotic river raft ride of the variety provided at Marine World/Africa USA is available at Disneyland.

Busch Gardens in Los Angeles would provide the equivalent of the wildlife bird show that is so popular with Marine World/Africa USA guests.

The counterpart of the baby lions and tigers that inhabit the park is one of the features of the San Diego Zoo with its famous petting area.

It should be noted that this is not a typical safari country experience where you ride in a window-sealed auto to keep the lions from joining you behind the wheel. Rather this is generally an eyeball-to-eyeball happening. You can walk among and talk to the animals, but refrain from biting them (children have been known to try). And you can pet a dolphin or two, and if you've mastered the language at Berlitz, you can come close enough to listen to what they have to say.

The final attractions on display, the elephant and chimpanzee shows, can really only be seen (other than at Marine World/Africa USA) by waiting until the circus comes to town next season.

That is why Marine World/Africa USA is hailed as the place to go to see all nine major types of wildlife parks in one setting.

It is best to make certain that the park is open if you plan to visit it other than during the peak summer months. All you have to do is lift a telephone anywhere in the San Francisco Bay Area and dial D-O-L-P-H-I-N for such assurance.



Colonel Lowell L. Ballard, DCO and PFC Craig Barrett, PAO, premiere activities at MWAUSA.

On April 21st the park started to open every day except Monday and Tuesday. Starting May 26th, the park was open every day of the week, from 9:30 a.m. to dusk.

A gathering of people and events under the watchful SP typewriter

By Eve S. Dropper

How was your Memorial Day Weekend? Mine was really great. I hope yours was, too. With the weather the way it is now, I can hardly wait until the middle of Summer!!!

The 16th BPO troops have returned from Ft. Irwin, and they are going to have their party at Golden Gate Park. Sgt. Harris says that they might even have a roasted hog! SP4 Danny Ramos has ETS'ed and the BPO is sorry to see him go. Lt. Arthur Moore closed down the Ft. Irwin Post Office and has returned to the

Presidio. There is going to be a FORSCOM postal inspection June 10, so everything will be in tip-top shape, right?! BPO won first place in orienteering. Isn't that nice? There was a class A inspection Wednesday and the troops enjoyed it so much that they volunteered for another one next Wednesday! The BPO

beat the 525th MI, 13-3. Seems that the pitcher for MI, Capt. Lowrey, walked 10 straight. Sorry about that one sir, better luck next time. SP5 Michael Vandervoldt reupped. And the BPO won a plaque for having the most Post reenlistments. The plaque was presented by Col. Hamilton and Col. Baker and was given to Lt. Mingus and SP5 Vandervoldt.

More about our Flight Detachment!! The mini-Olympics are still going on, and they should end June 10. Winners' names will be published at a later date. SP4 Kevin Moffatt is PCS'ing to Europe. Have fun!

Hq Co. USAG had a few goings on—they were: Joseph Esheverria was promoted to SSgt. and Greg Thornberg was promoted to SP5. Being promoted to PFC were John Blackwell, Earl McGrath, Jr., and James Johnson. Newbies are SP5 Robert Easley and Pvt. Michele Greenberg. Hq Co. and 6th Army are having a company party June 10 in the PX field. There'll be free food, drinks, a rock band and a softball game. The party starts at 11 a.m. and goes on till 4 p.m. Enjoy!

The 170th MP Co. has a whole bunch of new people, and they are: Pvt. Joseph Begstrand, Pvt. Pello Walker and Pvt. Benedict Skala, all coming from Ft. McClellan. Others are: Pvt. Gaylene Willis and PFC Terry Schellinger. Sgt. John Reyes has PCS'ed

to Germany and the First Sgt. has come back from leave and was put back to work. Promotions go to good guys Larry Darkow from crime prevention who made SSgt. And to Harold Swartz who also made SSgt. Congrats!

The 864th Engrs. also have quite a few newbies in. Pvt. Laurence Brown, coming from Ft. Leonard Wood, Pvt. Randy Grayson from Ft. Benjamin Harrison and Pvt. Jimmy Ragland. Promos go to Sgt. Gerard Klofanda and SP5 Lyle Myles.

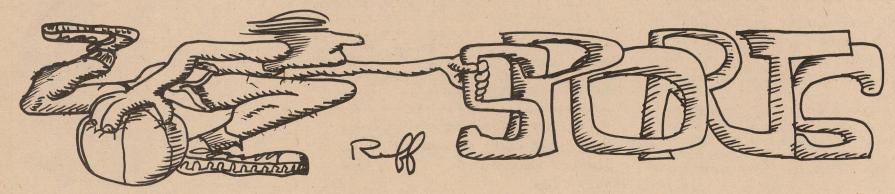
The 163rd MP Co had a few promotions up their sleeve and they went to Sgt. Elizabeth Ralson and Sgt. Rolando Manasala. Congratulations to both of you! And to Larry Backus who made PFC.

The 402nd MP Co. welcomes new arrival Pvt. Robin Baldwin.

Doctor Charles A. Stone was honored at the Presidio, and presented with the Community Service Award by Colonel Hamilton. Dr. Stone was honored for his work at the Presidio through the education program. Congratulations, sir.



Now then...it's the end of the week and boy am I looking forward to getting out there in the sun! So, take 'n take 'n keep on whatevering. I am!!!



Handball tournament

As the handball tournament comes down to the two finalists, previous matches were long in length, hand played and brought some surprises. Ashby Dickerson defeated R.G. Ament, 3-21, 21-17, 21-13, in a tiring match for both. Long rallies prevailed as Ashby Dickerson settled down and played smart handball to outfox Ament. But Ament rebounded with a victory over Creed Smith, 21-14. The score didn't tell the whole story as Smith constantly was retrieving balls and never gave up. He made Ament work for his skill shots. This loss eliminated Smith, who had been in the finals the last three years.

The next match was a thriller as Chase Gregory defeated Ashby Dickerson 22-18, 17-21, 21-13. This marathon match was well-played as Gregory's experience prevailed. Timing is a key in handball and Ashby's was off just a bit. This loss sent Dickerson on to play Ament with the winner to meet Gregory in the finals.

Another three-game series had Ament winning with scores of 21-16, 16-21, 21-11. The match could have gone either way, as again, lack of practice on technique cost Dickerson a needed win.

The finals will have Ament meeting Gregory to decide who will be the Post Champion. Gregory is the defending champion. It should be an interesting match between two good players. It's a toss-up on who will win, as both will try their best and that's what counts.



THERE'S NO SUCH UNIFORM AS SUMMER CASUAL!"

Intramural softball results

May 25th Results

666th Radar Sqdrn defeated LAMC No. 2, 10-2 16th BPO defeated 525th MI, 13-3 864th Engrs. defeated USAG, 12-8 WRRC defeated USPHS, 11-9

Youth tennis classes

Youth Tennis classes will start June 14 and will be held at the Infantry Terrace Courts. Those youths desiring to participate in this program are urged to sign up. A registration fee of \$5.00 is payable upon sign up. For further information contact the Youth Activities Director, 3637 or 5141.



Skimboard disc

You can easily build a skim board disc, without too much time, effort or expense.

You need a large sheet of five ply and five-eighth inch thick plywood. The plywood should be free from blemishes, be of first quality and of water proof marine grade. High-grade marine varnish and canning parafin are also needed.

To begin making the board, you simply cut a circle in the plywood sheet, 30 to 40 inches across. The exact size will depend on the weight of the rider.

To be assured that your board will be a perfect circle, it would be worth your while to have a lumberyard use a band saw for a precise cut. There is a nominal milling fee charge for this service, depending on the lumber yard.

The edges of the wood should then be sanded round, so that the board will be free of splinters.

The board is now ready for two to three smooth coats of high-grade marine varnish. This is to help prevent warping.

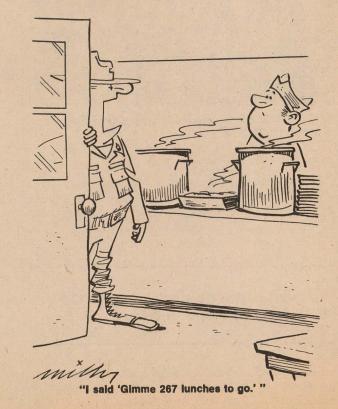
The top, or riding surface should be applied with canning parafin to insure good traction for the feet.

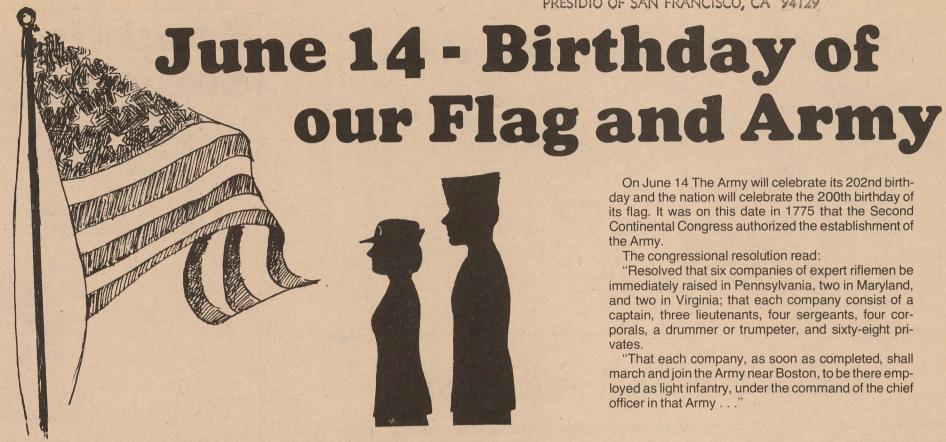
The finished produce is now ready for use. There was no great expense, time or effort put into the project, but the end result can add up to many profitable hours of enjoyment, skimming along the beach shorelines.

Notes from the kegboard

Ft. Scott League		
Team Standings	Won	Lost
Spt. Elm. No. 2	8	0
504th MP Bn	8	0
USASA	61/2	11/2
HQ USAG	51/2	21/2
SFFO CID	4	4
170th MP Co.	4	4
LAMC No. 2	3	5
LAIR No. 2	1	7
16th BPO	0	8
525th MI Gp	0	8

Presidio League Team Standings Won Lost USACC LAIR 51/2 21/2 864th Engrs. 5 402nd MP Co. 5 3 Spt. Elm. 4 525th MI Gp 16th BPO 4 LAMC 3 5 51st Engrs. 11/2 61/2 HHD 163rd





On June 14 The Army will celebrate its 202nd birthday and the nation will celebrate the 200th birthday of its flag. It was on this date in 1775 that the Second Continental Congress authorized the establishment of the Army.

The congressional resolution read:

'Resolved that six companies of expert riflemen be immediately raised in Pennsylvania, two in Maryland, and two in Virginia; that each company consist of a captain, three lieutenants, four sergeants, four corporals, a drummer or trumpeter, and sixty-eight pri-

"That each company, as soon as completed, shall march and join the Army near Boston, to be there employed as light infantry, under the command of the chief officer in that Army . . .

Star Presidian

Volume 20, No. 23

Presidio of San Francisco

Friday, June 10, 1977

Checks

A cure or cause of money woes?



Money is a "weapon" in the military—so effective in the homes of some military families that it takes budget and other counselors months or years to undo the damage.

The situation has become so acute in the lives and homes of some individuals that a bandaid approach is no longer effective. It takes considerable time to get people with money ailments on a new track.

But the personnel in budgeting counseling, a part of Army Community Service (ACS), say it can usually be accomplished with proper attitude and desire on the part of the individual or family needing help.

"In some instances, marriage partners use money as a weapon against each other,

Usually, critical problems in being able to handle money are tied to other crises in an individual's life.

Diane Newcomb, a budget counselor in ACS, says people may be having money problems because of a failure to set and work effectively toward goals.

"In some instances, marriage partners use money as a weapon against each other," Ms. Newcomb said. They vent their anger on each other by overspending, sometimes making it impossible for their partner to purchase what they need or desire, the counselor

"I see a lot of this kind of thing in my work," the former recreation service director explained.

Failure to better understand banking and checkbook procedures are some of the other reasons why people get into difficulty with money.

Some soldiers think they cannot be overdrawn on their checkbook simply because they have an ample supply of checks.

In the military, bad checks have become more of a problem despite a drop in numbers of personnel.

An estimated 80 percent of the total number of people who write bad checks don't understand the system. It has been discovered that errors generally fall into three categories: Mathematics (adding deposits and subtracting checks written); timing (writing checks a day or so before payday, hoping they will clear the bank after the paycheck is automatically deposited); and managing the account (not fully understanding how the account works).

Better education of military personnel and their dependants is the key toward solution of such problems, Ms. Newcomb said. Aware of this, ACS Chief Robert Nightingale, Ms. Newcomb and 2LT Gregory Moore have extended help beyond their offices, which after July 1 will be located in Building 214.



Last month Lieutenant Moore discussed checking account problems in a talk at Letterman Army Medical Center. This and other similar discussions are planned in the future.

The purpose of budget counseling is to help people learn to handle their money more efficiently and to provide consumer information geared toward helping them make wiser purchases. ACS also has a prescreening program where initial eligibility is determined for food stamps.

"For people seriously in debt, contact is made with creditors in an effort to get reduced payments within the ability of people to pay," Ms. Newcomb explained.

"We also try and guide individuals through the indebtedness period, so that they come out with a retained credit rating which enables them to avoid bankruptcy proceedings. But this isn't always possible," the coun-

"Better education of military personnel and their dependents is the key ..."

Ms. Newcomb said she and the other counselors are continually seeing people who get into difficulty because of a failure to plan ahead and take into account the overall cost of doing something.

She illustrated by citing the example of a woman who told her that she saved 5 cents on a food purchase in a grocery store. But the savings really wasn't one, considering the fact that it cost her \$2 in gas to get there, Ms. Newcomb said. This type of case is repeated many times, she said.

Mr. Nightingale said budgeting counseling goes hand in hand with consumer affairs.

"We're interested in providing the widest possible variety of services. They include information assistance, guidance and referral when needed to soldiers and their families. The big problem is trying to educate them to what is actually available. We have trained counselors and social workers who can handle crisis and individual and family problems. ACS is designed to assist commanders who are also concerned about soldiers' problems," Mr. Nightingale said.

The ACS chief said today's age of easy credit is having a mushrooming effect on not only family but milit-

He said more military personnel are becoming aware of the available services. That in itself has an effect on ACS rolls.

Army Community Service and its staff of full and partime workers and volunteers is in the business of helping people. They know that whenever they can aid Army personnel and their dependents, they are also helping the Army.

MWAUSA salutes Presidio



Heather A. West makes friends with Nadji.

This Sunday, Marine World/Africa USA is saluting the Presidio and Sixth Army. There are special attractions planned for this salute so if you want to visit MWAUSA do it now and save money too. Adult tickets are \$4.25, a savings of \$1.50; children 5-12, \$2.25, a savings of \$1.25. Children four and under free.

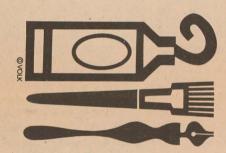
Special discount tickets must be purchased in advance. They are available at the Information Tour and Travel Office, Recreation Center, Bldg. 135, today until 5 p.m. and Saturday from 2 to 10 p.m. You may call for any additional information at 561-5420.

Newsnotes

Recreation center happenings

Why not join at least one of the many activities your Recreation Center has planned for you this coming week?

Monday, Belly Dancing and Chess lessons. Come and get your chess game together for the Big Tournament on Saturday, June 18, Game Room Tournament at 7:30 p.m. Hapkido classes will be held on Tuesday, Thursday and Friday at 2 p.m. Wednesday, Webb's Disco, 9 to 12 p.m. Thursday, Pool lessons with Hank Nole and sewing classes with Alice Brown, both at 7:30 p.m. Square Dancing (as soon as we can get four couples). If you are interested in square dancing or sewing classes, please come by Bldg. 135, Rec Center, or call 561-2000/5420 after 2 p.m.



Craft shop

Beginners Photograph Class: Starts on Thursday, July 7 from 6 to 9 p.m. and will continue for four weeks. There will be a charge of \$5.00, payable at the first session. All you need to bring is a camera (except instamatic) and one roll of black and white film.

Beginners Woodworking Class: Starts on Friday, July 8, from 7 to 9:30 p.m., and will continue for four weeks. This is a great opportunity for beginners to become familiar with basic woodworking techniques and machinery.

Beginners Stained Glass Class: Starts on Friday, July 8, from 6:30 to 9:30 p.m. and will continue for six weeks. There will be a charge of \$15.00 per person payable at the first session.

Note: Active duty military will be given priority, however, in case space is available, retired military and dependents are also urged to sign-up at the Crafts Shop, Bldg. 122. For reservations and information call 4497.



Expectant parents class

Expectant parent classes will be given at Letterman Army Medical Center on six consecutive Thursdays starting July 7 and ending August 11. Classes will cover care during pregnancy, care of the mother after delivery, labor and delivery, and care of the newborn. Classes are given at Letterman Army Medical Center, Dental Staff Conference Room, third floor, from 7 to 9 p.m. All expectant parents are invited to attend. For registration, call the Community Health Nurse at 561-2003 or 561-4994.

Chess championship

The June 18 Chess Championship Tournament will begin at 9 a.m. and is open to rated and nonrated players. It will be a five round Swiss. Prizes will be awarded to the four highest scorers. The Tournament is open to all military personnel, dependents and civilian employees. To register contact the Rec Center at Bldg. 135, after 2 p.m. or call 561-2000/5420.



Blank ammo firing

Firing of blank ammunition will take place on Wednesdays, June 15 and 22, on the baseball field behind the Presidio Playhouse. The firing will be conducted for the Hands-On Component for the 11B, C,D and E SOT

Part of this test will consist of firing approximately ten 5-round bursts of blank automatic fire. Practices hand grenades with practice fuses and inert bodies will also be used. Personnel in the area not administering or taking the test should keep off the test site.

Sixth Army Band

The Sixth Army Band will present a "Pops" Concert on Wednesday, June 15, at 7:30 p.m., at the Presidio Playhouse.

The evening, featuring "Bugler's Holiday," "Candide Overture," "Russian Sailor's Dance," and selections from "The King and I," will be highlighted by SP5 Robert Delano's piano solo of Gershwin's "Rhapsody in Blue."

The concert is free, and the public is invited to attend

There will be no concert in July as the band will be on leave.

German class offered

Going to Germany? If so, take advantage of the beginning German language course that will be held at the Fort Scott Education Center, Bldg. 1216, from June 14 - August 4. Class will be held Tues. and Thurs. from 4:30 - 6:30 p.m. The course gives the students an excellent introduction to the German language, culture and customs. The instructor is a native German experienced in teaching German to Americans. Sign up for the class today. Military and civilian personnel on orders or alerted for Germany have priority for enrollment. Other interested personnel can enroll on a space available basis. There is no fee. Materials used in the course are provided by the Education Center. For further information or to enroll, call the Education Center, 4445/3189.

(Continued on page 3)



Are you doing anything to further your education?

SP4 Carl Walton, PBO "Yes, I just finished the
ASVAB test at the Education Center. And I am planning on taking a couple correspondence courses."



Pvt. Eugene Parish, TMP-"Yes, I am attending the ASVAB course in order to raise my GT score. This is so I can take a course in psychology or sociology. I think that both courses will benefit me because I feel I will understand people more and then deal with their every day problems."

PV2 Sheryl Cummings, 16th BPO - "Right now, I'm just taking a correspondence course in Administration, until I can decide what I want to do.



PFC Peggy Baldwin, 16th BPO - "Yes, I am. Right now I am going to SIDPER school. And later on I plan to pursue a higher education in my MOS."

Movies

PRESIDIO THEATER Friday, June 10, Car Wash (PG), 6 p.m. Saturday, June 11, Rag-

Saturday, June 11, Raggedy Ann and Andy (G), 2 p.m.
Saturday, June 11, Crash

(PG), 6 p.m. Sunday, Monday, Tuesday, June 12, 13, 14, The Domino Principle (R), 6 p.m.

Wednesday, June 15, The Bodyguard (R), 6 p.m. Thursday, June 16, Voyage of the Dammed (PG), 6 p.m. SCHWARTZ/LETTERMAN Friday, June 10, The Hiding Place (PG, 7 p.m. Monday, June 13, Car Wash (PG), 7 p.m. Tuesday, June 14, Crash (PG) 7 p.m. Wednesday, June 15, The

Thursday, June 16, Hustle (R), 7 p.m.

Domino Principle (R), 7



Star Presidian

The Star Presidian is an authorized unofficial offset Army newspaper, with a circulation of 5,000, published weekly under the provisions of AR360-81 by the Public Affairs Office, Presidio of San Francisco, CA 94129. Views and opinions expressed herein do not necessarily represent those of the Department of the Army. Editorial offices are located in Building 37. Newsroom telephone: (415) 561-3908 or 2005. Colonel John D. Hamilton, Sr., Commander Major Carole M. Campbell, Public Affairs Officer SP4 Rebecca S. Hall, Editor Pvt. Linda Spillane, reporter

Special Forces Few men, many talents



SFC Russell Mann, medical specialist, OD A-314, 12th Special Forces Group, waits his turn in a parachute jump exercise.

Certified scuba diver, parachutist. Skilled in helicopter and mountain rappelling, mountain climbing. Trained in conventional and unconventional warfare, demolitions, longrange communications. Qualified instructor in foreign weapons familiarization course.

This unusual resume describes not the character from the latest TV drama but the 15 members of Operational Detachment A-314, Company A, 3d Battalion,

12th Special Forces Group. The OD A-314 is one of the U.S. Army Reserve's top combat-ready Special Forces detachments.

Headquartered at Hamilton Air Force Base, California, the individuals who comprise the detachment share a unique esprit de corps. Their spirit is based not only on their common background of active duty service in Special Forces or Airborne units, but also on the duration of their length of tour in OD A-314. Master Sergeant James Gaston, Operations Sergeant, is the "senior" member of the detachment with 15 years, while 11 others have been assigned to the unit for the past seven years.

During that period, OD A-314 has traveled to Panama, Alaska and other points outside the Continental United States for jungle warfare and unconventional warfare training; to Oregon, Washington, and the Sierras for rough terrain parachute jumping; and to Key West, Florida, for scuba diving certification. One of their trips, from Georgia to the Gulf of Mexico, was made by rubber raft.

The members of OD A-314 have provided a foreign weapons familiarization course annually for the last three years to federal agents and Military Police in the San Francisco Bay Area. The unit also conducted an "explosive" civic action project in 1972, using their demolitions expertise to blow down unsafe walls at Angel Island.

Commanded by Captain Michael Winslow, OD A-314 plans "to continue to march" — whether by rappelling down mountains by rope, diving through air by parachute, through water with scuba gear, or floating down river by raft. These are a few good men, and they travel their own way.



SFC Russell Mann, medical specialist, OD A-314, 12th Special Forces Group, searches the "enemy" during a training exercise.

News

Museum expanding

In a continuing effort at expanding the presentation of Presidio history to the public, the Presidio Army Museum will open a new gallery designed as an area for changing displays.

This crisp, angular hall will be initiated on the afternoon of June 29, 1977, with a one man, fine arts photographic show by Bay Area photographer, John Lodato. The show is scheduled to run throughout the summer months.

Lodato received his fine arts degree in graphics and painting from California State University, Hayward, Ca, after which he spent two years in the commercial photography program at Laney College under the tutelage of William High. He also holds a life credential with the California Community Colleges in art, design and photography.

Entitled "Reflections of the Past, Mirror of the Present," Lodato's assembled black and white presentations explore the Presidio of San Francisco's natural beauty and historic treasures. His photographs represent a personal linking of the past and present.

The Presidio Army Museum, located at the corner of Lincoln and Funston on the Presidio of San Francisco, is open Tuesday through Sunday, from 10:00 a.m. to 4:00 p.m. Guided tours for groups are available by telephoning 561-4115. Admission is free.

Second Sunday sing

Monthly

The Second Sunday Sing will be held this Sunday at the Presidio Post Chapel from 4 to 6 p.m. The program will be presented by the Adult Choir and Outreach Choir directed by Marilynn Gazowsky and the 20-piece orchestra. Also performing will be the Singing Redeemed, Voices of Joy Quartet.

Log Cabin news

NCO Log Cabin happenings for the upcoming week features food n' fun and a special recognition

Tonight "Master Smooth" will be on stage with Disco from 9 p.m. to 1 a.m. The "Seafood Buffet" will be served from 5 to 8 p.m. and it's all you can eat for \$5.95 per person.

Saturday, June 11, will be Two-for-One Nite, featuring T-Bone Steak and Filet Mignon, and added Seafood Platter.

Starting the work week off remember the Log Cabin is open on Mondays from 4:30 to 10 p.m. Tuesday, June 14, the famous Male Go-Go dancers return from 6:30 to 9:30 p.m. for Ladies Nite. Wednesday, June 15, is Hq Co Together Day. Make this a day to remember; drop by for reduced prices, food and Go-Go dancers. Thursday, June 16, is 864th Engrs, Co. D Together Day, with Go-Go dancers, reduced prices and food.

Mother, if you are wondering where to take Dad out, bring him to the Log Cabin for our Father's Day celebration. It will be two-for-one nite, plus wine tasting and belly dancers.

Army wives, the unseen soldiers

Part III

(This is the final installment of a three-part series depicting the woman behind the military man. It was written as a research paper by SGM Perry D. Roberts, 7th Transportation Group, Fort Eustis, VA, while attending the Command Sergeant Major Academy, Fort Bliss, TX)

A service wife's role, though lively and hectic, can also be rewarding - especially to those who combine work with pleasure. One Air Force wife, while stationed in Madrid, Spain, took advantage of her Spanish speaking maid. She insisted that the maid tell her the Spanish word for every object the maid found in the house. After three years, this wife went home to the States, speaking fluent Spanish.

Another Army wife stationed in Schwabisch Hall, Germany, for eighteen months, used this period to further her education in history. Starting with her housemaid, who in turn guided her to see historical places and to the important sources of information, the people themselves, this wife was pleasantly surprised to find that the post she lived in was one of the three important airfields of Hitler during World War II. She also found that the house they lived in was the house for VIP's only, heads of governments and the permanent quest house of Hitler.

This awareness of the important roles that wives play in support of post activities is not new. The military community is a big community. The military is always short of men to man all posts and stations.

Military posts have always encouraged soldier wives to not only belong but also to get involved. The military post is a post for soldiers, wives and children. It is in the interests of the post that these three groups work side by side and become involved.

Yes, "it's unfortunate," a colonel once said, "we can't give them medals and promotions. I doubt that I could have survived, at times, being married to some gal who felt that the Army was my boat race and she was a spectator."

Yes, an Army wife is a silent but effective, strong partner. In a recent lecture, General Sir Anthony Read, the British Quartermaster General, concluded that, "If the wives are not with you in a professional Army, they will be very much against you.



An Army wife, Mary S. Schuster, has contributed 11,000 hours of military community ser-

A gathering of people and events under the watchful SP typewriter

By Eve S. Dropper

This week really started on the right track. It started off slow, and then picked up speed and zoomed all the way to Friday...and now the weekend looms before us.

Last week I goofed, and some erroneous information was printed!! The scoop that I was given about the pitcher for the 525th MI Group Capt. Lowry, walked ten people straight, was simply not true!!! Capt. Lowry admits to walking a few . . . but not ten straight. Will this help to live it down sir? I hope so, and I'm sorry for the mistake. Capt. Lowry also wanted all to know that in their very next game that they beat the USPHS and that he was the winning pitcher. Congrats on the win, sir!

Through a reliable source I gathered some interesting bits of information dealing with the 525th's recent loss to the 666th Radar Sqdrn. Capt. Lowry only walked a total of five people during the whole game! And according to the source, that wasn't the reason why they lost the game. The loss was credited to the seven errors that were made throughout the game, and of course not mentioning how many of those seven Capt. Christ made.

A few days ago, I found out that 6th Army Chaplain's Assistant, Pvt. Cathy Kimes was promoted to PV2!! Big step there, kid...congratulations, and keep up the good work!

The 525th MI Group, besides their winning efforts at softball, were busy with promos. Being boosted to PFC were Pvt's, Judith Combs and James Miles. Congratulations to both of you.

HQ Co USAG got a few new people into their midst. Pvt. Nadine Romero from Ft. Ben Harrison, Pvt. Susan McGregor from Ft. Dix, and Pvt. John Rapp Jr. from Ft. Lee. Some more peoples are: SFC John Ford, Capt. John Smith, from Ft. Ben Harrison, 1st Lt. Danny Williams who is here for 45 days from Ft. Baker. Major Willy Lehninger, Pvt. Elaine Bolster from Ft. Jackson, SP4 David Rodgers, SSgt. John Tonner from Ft. Lewis, Sgt. Jeffrey Whiting from Korea, PV2 Ernest Christian, PV2 John Williams, SP5 Doris Redner, and PV2 Richardo Morales. Welcome one and all to the Presidio! A belated congratulations for her promotion to PV2 goes to Gloria Strode. Sorry it's so late, but better late than never.

The 864th Engineers saw SP4 Enrique Cabrera reenlist for a big three years. Enjoy! Quite a few promotions were handed out by those engineers. Making PFC were Joseph Gage, Kenneth Stafford and Kenneth Esposito. Making the grade to SP4 are Michael Patrick, Stephen House, Robert Person and Eddie Quitugua. Congratulations and keep up the good work. And a hearty welcome to SFC Domingo Monteiro coming in from Kirkland AFB, New Mexico.

Promotions to PFC, coming from the 170th MP Co. were given to Jeffrey Trozzo and Michael Withington. Nice going guys!

Another PV2 to make it to PFC was Douglas Strobot from the 504th MP Bn. Congrats on the Promo!

WRRC passed out a couple of promotions to 1st Lt. Michael Mundt who made Cpt. Congrats on that one sir. And Dirk Pickett made PFC. Congratulations Dirk!

The 6th Army Band had a few things happening. SSgt. Kenneth Lanterman went to the Naval School of Music to go through the E-8 and E-9 courses with hopes of going through the Warrant Officer Course. Good Luck! SSgt. Paul Gill just

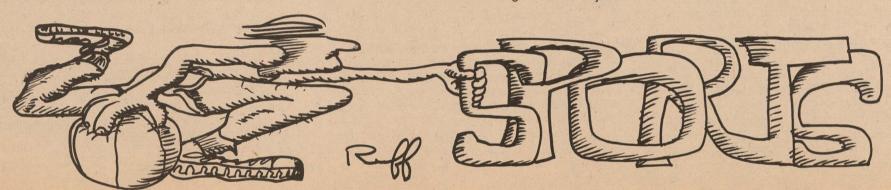
came in from the 8th Army Band in Korea. Welcome to the Presidio. SP5 Kevin Cleary won the All Army composers contest. Way to go Kevin! Congratulations for a job well done! And finally, SP5 Edward Miller married SP5 Carla Collins. Congrats and good luck.

The flight detachment's mini-olympics are in the finals now and the winners will be coming up shortly. Sgt. Lonnie Hodge and Sgt. Tim Kelly are ETS'ing. Bye guys, have fun! Colonel David Larcomb, the detachments chief, is leaving for Europe. Take care sir and enjoy Europe! CW4 Robert Buechter is retiring this month. Have fun sir! Sgt. Michael Hoth is returning from T-42 maintenance school in Wichita, Ka. Welcome back!



Oh! There is one item that I cannot let pass by without saying something. In last Wednesday's softball game between the 402nd MP Co. and LAMC No 1, after five innings the game ended with the MP's winning. The winning score was, get this . . . 31-0!!! Sorry about LAMC No 1, better luck next time, if there is one

The week is almost over and I hope that y'all have a good weekend. So, take 'n take'n keep on whatevering. I am.



Army wins track meet

The Army won the Interservice Track and Field Meet held at Gallaudet College in Maryland. The scores were as follows: Army 103, Marines 55, Air Force 43 and Navy 14.

Presidio's Ed Serafino of the 864th Engrs took second place in the hammer throw. Gerry Garcia of USAG got ill before the meet and didn't fare well in the 10,000 meter run

Outstanding results were as follows: Tommy Haynes (Army) won long jump 25 feet 1½ inches and triple jump 51 feet, 6½ inches. Haynes took fourth place (triple jump) in the Montreal Olympics. Mike Shine (Army) who won the Silver Medal at the Montreal Olympics in the 400 meter intermediate hurdles, won the 110 meter high hurdle in 13.9 seconds and the 400 meter intermediate hurdles in 51.1 seconds

Notes from the kegboard

Ft. Scott League

864th Engrs

402nd MP Co.

525th MI Gp

51st Engrs

HHD 163rd

16th BPO

Spt. Elm.

LAIR

LAMC

USASA	91/2	21/2	6631
Spt. Elm. No. 2	9	3	6642
504th MP Bn	9	3	6622
LAMC No. 2	7	5	6466
SFFO CID	7	5	6429
HQ USAG	61/2	51/2	6505
LAIR No. 2	4	8	6296
170th MP Co.	4	8	5832
525th MI Gp	4	. 8	4248
16th BPO	0	12	5662
Presidio League			
1700.0.0			
USACC	10	2	6613

Won Lost

81/2

6

6

21/2 91/2

31/2

5

6

6

7

11

6638

6705

6475

6681

6341

6571

6452

6273

6273

Ecology for young adults

Young adults (18 and over) are invited to attend a combined ecology work and education week-end at Frontier Arts Institute, Slide Ranch, on June 18-19. Activities will include trail work, marine biology, nature walks and farm and garden work. There will be a nominal charge for food.

This is one of a series of environmental education projects sponsored by the Central YMCA and the Tamalpais Conservation Club. A guided tour of U.C. Botanical Gardens is scheduled for July.

For reservations or more information, call Caroline or Greg at 885-0460.

Youth tennis classes

Youth tennis classes will be held on the Infantry Terrace Tennis courts every Tuesday and Thursday morning starting June 14. These classes will meet as follows: Beginners 7-10 years old, 8 to 9 a.m.; Beginners 11 and up, 9 to 10 a.m.; Advanced participants from 10 to 11 a.m. For further information call the Youth Activities Director at 5141/3637.

Intramural Softball standings

Presidio League	Won	Los	tFt. Scott League	Won	Lost
864th Engrs.	3	0	666 Radar Sqdn.	. 3	0
402nd MP Co.	3	1	LAMC No. 2	3	1
USAG	2	1	WRRC	2	1
170th MP Co.	2	2	16th BPO	2	2
LAIR	2	2	51st Engrs.	2	2
LAMC Dental Corps	1		525th MP Gp.	1	2
6th Army	0	2	USPHS	1	3
LAMC No. 1	0	3	504th MP Bn.	0	3

Intramural golf tournament

Ft. Scott League	Won	Los	tPresidio League	Won	Lost
AFPD	1 6	0	6th Army	5	0
504th MP Bn.	5	0	ARRIX	4	1
16th BPO	3	1	LAIR	4	2
USAG No. 2	3	2	LAMC No. 1	3	3
LAMC No. 2	2	4	WRRC	2	4
864th Engrs.	1	4	USAG No. 1	1	3
USACIDC	1	5	170th MP Co.	1	5
525th MI	0	5	402nd MP Co.	0	4

Deer Hunt Reservation

The California Department of Fish and Game says that hunters will find a good number of mature bucks at Fort Hunter Liggett and Fort Ord this coming season, even though the overall population of the herds is down due to dry weather and the declining carring capacity of the range.

Applications for reservations to hunt deer during the regular season at Fort Hunter Liggett are now available. They can be obtained by sending a self-addressed stamped envelope to the Natural Resources Office, Fort Hunter Liggett, Jolon, CA 93928, or Director, Facilities Engineering, Fish and Wildlife Section, Fort Ord, CA 93941. All applications must be postmarked by June 30, 1977 to be included in a drawing which will be on a 50/50 basis, with half going to military affiliates and half to the general public. The total number of permits issued for each weekend of the hunting season will depend on military activities on the base.



No advance reservations will be taken for the Fort Ord hunt. During the regular season weekends, 100 persons will be permitted to hunt on a first come/first served basis. At Fort Ord, only shotguns with slugs or bow and arrows can be used to take deer.

An early archery season will also be observed starting July 2 at Fort Hunter Liggett. This is a non-reservation hunt. Archers will be admitted on a first come/first served basis.

Department of Fish and Game biologists say there are some good-sized bucks on Fort Ord. One taken last year weighed 145 pounds, field dressed. It was a three-point with a 26-inch spread.

SMEE Team to visit Presidio



A member of the U.S. Army's Soviet Military Equipment Exhibit Team displays a Soviet Combined-Arms Suit and AK-47 Assault Rifle.

The Soviet Military Equipment Exhibit (SMEE) Team will visit the Presidio of San Francisco June 24, 25 and 26 as part of a six-month tour of 32 military installations.

Designed to familiarize the American soldier with the weapons and equipment of foreign nations, the exhibit includes an impressive array of individual and crew-served weapons, communications instruments, and Nuclear-Biological-Chemical equipment. Other exhibit features are a formal presentation of Soviet equipment capabilities and the wearing of simulated, foreign military uniforms by SMEE Team members

The public is invited to visit the exhibit, which will be located in the Assembly Room, Golden Gate US Army Reserve center, near the 25th Avenue Entrance to the Presidio. The exhibit will be open from 9:00 a.m. until 5:00 p.m.

Sponsored jointly by the Department of the Army, Forces Command, and Training and Doctrine Command, the five-person SMEE Team is stationed at Aberdeen Proving Ground, MD and is commanded by 1st Lieutenant Phillip T. Witherington.

The U.S. Army Foreign Science and Technology Center, headquartered at Charlottesville, VA, provides the exhibit items.

Star Presidian

Volume 20, No. 24

Presidio of San Francisco

Friday, June 17, 1977

Retention

The name of the game

Keeping people in the military is reportedly simple—pay 'em well, make 'em feel needed and give 'em a chance to travel.

That's the concensus of opinion of several military and civilian personnel interviewed about rretention recently by the Star Presidian at the Presidio of San Francisco.

Long-term solutions to the problems of retention are more complex, but the interviews did have a common thread—an expression of the need for more effective human relations in the military.

In a hurry-up society, there's a tendency to over-look this.

It's been suggested that retention begin on the day of enlistment and continue throughout an individual's time in the service.

How effective are the Army's human relations tools in stimulating retention?

Are people staying in the Army because they like it and the people they work with, or are they getting out, disgruntled because they even considered military life.

Some personnel interviewed say they feel trapped in a type of unfeeling machine and divested of personal satisfaction and opportunities for growth and development they had hoped to find in the service. However, others attribute such feelings and attitudes to a lack of immaturity and direction on the part of individuals before they entered the service.

SP4 Philipp Byington, 21, who enlisted in the Army nearly two years ago in Michigan, suggested that frequently the problems aren't caused by the Army but stem from individuals' inability to deal effectively with their problems.

"Instead of trying to go along and make the best of things, they are constantly fighting battles. Usually, it's their own personal problems. Their attitude is poor," Specialist Byington said.

"Some . . . say they feel trapped in a type of unfeeling machine. . ."

A clerk-typist who had a tour of duty in Korea, Specialist Byington said he feels he has matured in his own thinking since coming into the service.

"Before, I never fully understood the value of a dollar, and I've developed positively in other ways. I more fully appreciate my parents. I always thought they were wrong. I now understand their view a lot better and realize that what they were trying to get me to do was usually for my benefit," Specialist Byington said.

He expressed the need for more material incentives to bolster retention efforts.

"There's a lack of reenlistment bonuses, and I

understand that there's no choice of location for long reenlistments," Specialist Byington said.

Despite these and other problems, the clerktypist said he plans to re-up in December, because "I don't have a job lined up in civilian life and would like the opportunity for more travel."

SP6 James Harrington, who is assigned to the Management Information Systems Office (MISO) at the Presidio, said he enjoys his experiences and training in the military. But he expressed concern about what he termed a whittling away of some military benefits.

Specialist Harrington, who is married and has two boys, ages four and three, said every time he picks up Army Times he learns about a proposal or announcement of reduced benefits for Army personnel.

"I understand that there's no choice of location for long reenlistments."

Loss of commissary privileges, proposed reductions in retirement and "nicking" away at other benefits mean that the Army has that much tougher time competing with business and private industry for qualified people, he said.

Those who are skilled and energetic are able to go on and secure much higher paying jobs in civilian life, he said.

The soldier, who is originally from Long Island, N.Y., and who has been on active duty nine years, said he has had excellent assignments in the military.

With that much time and experience, Specialist Harrington, and thousands in similar situations, are reluctant to start over again in a new field outside the military.

"I don't want to lose the time I've accumulated and start all over again somewhere else. That's kind of rough," he pointed out.

SSG Marcelo F. Florencio, a native of the Philippines, says part of the problems surrounding retention could be solved if personnel involved would talk to their supervisors sooner prior to ETS.

"They should allow themselves at least six months to plan for school and other programs," SSG Florencio said. A six-month contact would also allow for a possible change in MOS if that is needed or desired," he said.

Kenneth Talley, a civilian employed at MISO, who was also contacted for his views on Army retention programs, suggested that the "first hitch" in the military should be mandatory.

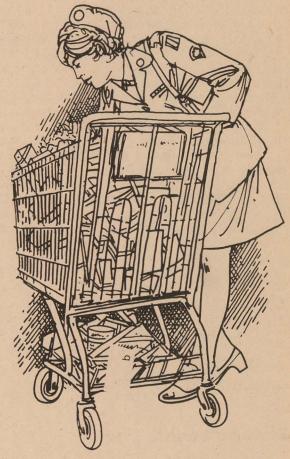
With much of a three to four-year stint in the service taken up with schooling and other programs, it takes considerable time after that for a person to become productive in a job, Mr. Talley said.

He favors a voluntary system for military service after the initial mandatory period, with strong requirements built into the system for proficiency in one's MOS.

PFC Herbert L. Davis Jr. a medical records specialist at Letterman Army Medical Center, says man retention problems would be solved and soldiers would stay in the service longer if they received higher pay.

"With some people, money is a major problem, while for others, the problem of routing is sometimes a major stumbling block, he stated.

SGT John Pogue, Medford, Ore., a member of a military police company, indicated that many qualified NCOs are leaving the service because they are not given backing to carry out assigned responsibilities.



A lack of discipline among many soldiers is contributing to general overall laxness in the Army, he said

"NCOs still have the responsibility, and many of them are the ones who are getting out when their time is up," SGT Pogue said.

He questioned the need for MOS reclassification of some military police and other personnel.

"One of the best MPs I've known was reclassified to 11-C (mortarman) because of a reported shortage in this area. As soon as his enlistment is up in October 1979," he's getting out, SGT Pogue said. He gave the date without even a smile.

by Doug Palmer



Why did you join the Army instead of another service?

PV2 Frank E. Eirosiors, USAG—"I joined the Army because of the opportunities that are available. It's a nice organization for a young man to be in. It's also good experience."





PV2 Eric Murphy, POL Station—"Because of the opportunities to get rank faster. The educational opportunities, and to learn job skills."

SP4 Michael Deguzman, Post Transportation—"I just joined the Army to see what it was like. And also to learn a trade."





PFC Wun S. Park, Chaplain's Assistant—"I wanted to join the US Army Chaplain's Assistant's program. Because I was a Chaplain's Assistant in Korea."

News notes

The Teen Club

Starting June 28, the Teen Club will also be open Tuesdays through Thursdays from 1 to 6 p.m. This will be in addition to the present hours of operation which are Friday, 4 to 11 p.m. and Saturday, 3 to 11 p.m. All military teenagers are urged to use this facility as a means for socializing and good recreational programming.

This Saturday, from 8 to 12 p.m. there will be a dance featuring an outstanding band "Continental Express." All military dependent teenagers and their guests are invited. Members will pay \$1.00 and guests \$1.50. Refreshments will be served.

NCO Log Cabin

NCO Log Cabin will hold another SALSA Nite, with Latino music and special Mexican drinks. Get with the feeling—dress up and make our Latin Nite on June 17; also, our SEAFOOD Buffet from 5 to 8 p.m.—all you can eat for \$5.95.

Mom, looking for that place where you can take Dad out? Join the Presidio EM Wives' Club and the Log Cabin in celebrating Father's Day. We have the place, food, and entertainment, our Two-for-One Nite, with T-Bones, Filet Mignon, Seafood Platter, and a Wine Tasting. Belly dancers will also be performing. Make this his day at his club on June 18.

Monday we are open from 4:30 to 10 p.m.—drop by. June 21, try our Chicken in the Basket for \$1.50. Be sure to attend our open house day each Wednesday, for one and all, with Go-Go dancers, and Shrimp in the Basket for \$1.75. Our Membership Nite is on Thursday, June 23, with Steamship Round of Beef and all the trimmings for only 1.75. Mom and Dad, don't forget about our Kiddies Day June 25 at 2 p.m. Also, look for our gala 4th of July Picnic, with a band, kiddie rides, clowns, and food. Plan on that day at your club. Open to all.



Physical fitness

All personnel are encouraged to start a personal physical fitness program and active duty personnel under age 40 will be required to take a semi-annual physical fitness test. To improve your physical condition, remember:

-Start gradually and work up to increased exercise levels at your own pace.

-Sudden excess beyond your usual level may precipitate a heart attack and/or cause injury.

-If you develop chest pain regularly with exercise or chest pain that persists, you should not delay in seeking medical evaluation.

Low cost laundry service

The Post Laundry provides a low cost laundry service through the Payroll Deduction Plan. All service members are eligible to enroll and are entitled to a 25-piece bundle each week. The cost is \$8.00 per month, which is deducted from the patron's pay. Those who take full advantage of this service pay as little as eight cents per item. Civilian as well as military clothing may be included in a bundle. Enroll today in payroll deduction laundry service. Contact your organization supply personnel for complete details.



Summer science class

The Exploratorium, San Francisco's perpetual science center, will offer a summer program of special courses for children and adults of all ages. The courses will be designed and taught by Exploratorium staff members with an emphasis on exploring particular natural phenomena popular with museum visitors. A variety of field trips and special take-home projects will be available to all students. The first of the two summer sessions will be held June 21-30. The second session will be July 5-14. Cost of sessions will be \$20.00 for members and \$25.00 for non-members, plus lab fees where necessary. For information of description of classes, send a stamped self-addressed envelope to Exploratorium requesting a class brochure: 3601 Lyon Street, San Francisco, CA 94123. Other information can be obtained by calling Bill Baker, telephone 563-7337.

Fort Baker/Barry flea market

Are you in the process of a permanent change of station, spring cleaning, or over the weight limit? A flea market, sponsored by the Fort Baker/Barry military community, will be held on Saturday, June 25, from 10 a.m. to 3 p.m. It is a fundraiser for the Fort Baker Youth Activities Center.

Tables will be set up at a charge of \$5.00 on the Fort Baker parade ground, however personnel will be able to keep their sales. The tables will be reserved on a first come, first served basis to active duty military personnel. Second priority will be given to retired military personnel. For further information call Mrs. Kinnan, at 561-7662.

Volunteers for Thrift Shop

A great and continuing need exists for volunteers at the Presidio Thrift Shop, which is operated by volunteers. Much of the profits derived from the Thrift Shop are spent towards the welfare of all dependent children.

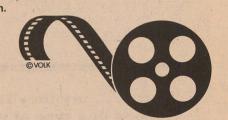
The shop is open on Monday, Tuesdays and Thursdays from 10 a.m. to 2 p.m. and on the first Saturday of the month from 10 a.m. to 1 p.m. If mothers can give a few hours of their time a month to help the Thrift Shop help your children, it would be greatly appreciated. Those interested in devoting a few hours of their time a month, call Mrs. Patricia Osteen, Chairwoman, Presidio Thrift Shop, at 561-4142. She will be happy to arrange convenient hours to suit your schedule.

Movies

PRESIDIO THEATER
Friday, June 17, Voyage
of the Damned (PG), 6
p.m.
Saturday, June 18, Mustang Country (G), 2 p.m.
Saturday, June 18, Ode to
Billy Joe (PG), 6 p.m.
Sunday, June 19, Freaky
Friday (G), 6 p.m.
Monday, June 20, Freaky
Friday (G), 6 p.m.
Tuesday, June 21, Freaky
Friday (G), 6 p.m.
Wednesday, June 22,
From Noon till Three (PG),
6 p.m.
Thursday, June 23, Mr.
Billion (PG), 6 p.m.

SCHWARTZ/LETTERMAN Friday, June 17, The Bodyguard (R), 7 p.m. Monday, June 20, Voyage of the Damned (PG), 7 p.m.

Tuesday, June 21, Ode to Billy Joe (PG), 7 p.m. Wednesday, June 22, Freaky Friday (G), 7 p.m. Thursday, June 23, Jackson County Jail (R), 7 p.m.



Star Presidian

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Spotlight on people

Rhapsody wins award

"The first time I played in front of an audience I wanted to quit!" remembers Specialist 5 Kevin Cleary, a Sixth Army bandsman.

But he didn't, and recently he won the "Best of Festival" Award in the Concert Band Original Composition category of the 1976 All-Army Festival of the Performing Arts, a worldwide competition for designers, composers, and playwrights, with his composition of "Rhapsody for the Second Century."

Kevin was introduced to music by his father, a violinist. He started taking guitar lessons at the age of 10 and gave his first public performance at Notre Dame School, New Hyde Park, New York, when he was 12. "I played 'America' on an out-of-tune guitar and it was horrendous!" says the 22-year-old musician. Within a year, he had switched to the piano. Later he added the trumpet and the French horn to his repertoire.

Kevin continued studying music throughout high school. Upon graduation, he attended the Berkeley College of Music, Boston, Massachusetts, for two years. Since joining the Army in 1974, Kevin has played in Army bands. After his arrival in San Francisco in May 1975 to join the ranks of the Sixth U.S.



Specialist 5 Kevin Cleary, member of the Sixth U.S. Army Band and winner of the Concert Band Original Composition category of the

1976 All-Army Festival of the Performing Arts, diligently works on getting a new composition down on paper. (U.S. Army Photo)

Army Band, Specialist Cleary started private lessons at the San Francisco Conservatory of Music.

When asked about his time with the Army, Kevin says "I joined the Army for the opportunity to play music with experienced musicians. I've really learned a lot and have enjoyed myself as well. Upon separation from the Army in August 1977, he will attend the Long Beach State University, Long Beach, California, to get his bachelor's and master's degrees in music.

Specialist Cleary's main interest is in music composition and his future studies will be concentrated in that area. Composing has come naturally to him since he was 13. Tunes are constantly cropping up in his head. If he can retain the tune, then he knows it's good. Getting it down on music sheets and perfecting the instrumentation are the time-consuming tasks.

While at the Berkeley College of Music, Kevin received an award for a TV film score he composed. He has also written songs for special occasions. "The one that sticks out in my mind the most is a song called "Blessed With Love' that I wrote for a wedding. The night before the wedding I heard the performer sing it, but it didn't sound like the song I wrote. I found out he couldn't read music at all. We rehearsed and rehearsed late into the night in the hot dog truck where he worked until it sounded like my song."

"I prefer to write and have others perform my material," says Kevin. "But I've learned my lesson," he emphasizes. "I hire professionals to perform my music now."

Whether he plays or composes music, the decision to become a musician was an easy one for Kevin. "I seemed to be born with music inside me. I feel that I didn't choose music," he says. "Music chose me."

by Susan Kemp

DAC, NCO, Big Brother

SFC Monty Meyer is a busy man on weekends when most other people are relaxing. Besides his one weekend a month as NCOIC of the 353d PSYOP Battalion, his other three weekends are equally special to him but in a much more personal way. He is an active member of San Francisco's Big Brother program. Big Brothers is an organization devoted to providing adult male companionship to fatherless boys. Bob Knupfer, Executive Director of Big Brothers in San Francisco, explains that most of the youngsters are children of divorced parents living with their mothers. "These boys need a responsible male to pattern themselves after and to provide the kind of friendship they are missing without a father around the house," says Knupfer.

Big Brother Meyer with his little brother, David, on a weekend outing.

SFC Meyer has been a Big Brother for three years, having met his Little Brother David just as the youngster turned seven. They spend a great deal of time just exploring the Bay Area. David loves to go hill climbing and kite flying in the wide open spaces of Ft. Cronkhite. He and SFC Meyer have visited the

East Bay Model Railroading Society's hige operating display in Emeryville, examined the Lawrence Livermore Research Laboratory, camped and fished in the Northern Coastal area, gone skateboarding, bike riding, boating, bowling, rollercoaster riding, built antique airplane models from scratch, designed and built several of their own kites, sailed homemade model boats, have gone to operas and circuses and rodeos, ridden cable cars and raised goldfish to mention some of the things they have done together.

"These boys need a responsible male to pattern themselves after..."

"I'm told that the Little Brothers spend a lot of time looking forward to Saturday morning when their Big Brothers come to pick them up," says Meyer. "But we look forward to it just as much. A special close relationship developes between a Big and Little Brother after about a year; it's as if we were real brothers." "Sometimes," says Meyer, "each of us knows what the other is about to do or say. When you're that close and having fun too, nothing else seems to matter. Of course there can be problems. Once when we were wrestling, David took a flying leap at me and broke my rib by landing on it with his knee. But it only hurt when I laughed."

SFC Meyer says some people, when hearing about Big Brothers, start lauding them with praise for their volunteer efforts and for giving up their free time to help these youngsters. "It's nice to hear," he said, "but really being a Big Brother is fun and doing it gives a guy a deep feeling of satisfaction." The trouble is that there are hundreds of kids in the Bay Area who are still waiting for a Big Brother, so many guys say they just don't have the time, explained Meyer, who recruits for Big Brothers as well as for the Army Reserve. It is not a matter of "finding time," says Meyer, "it is more of a realization that you can share the joy of life with others." He urges those who would like to hear about entering the Big Brother program to contact the Big Brothers' San Francisco office at (415) 989-1250, or look up their local Big Brother office in the phone book.

Ceremony honors scout

In an impressive ceremony at the Fort Scott Chapel last Thursday evening, Steven B. Crandall was presented the highest award in boy scouting — the Eagle Scout.

Steven, son of Lieutenant Colonel and Mrs. Bruce P. Crandall, is their second son to make the grade to Eagle Scout. Said Mrs. Crandall of Steven, "We're very proud of him. He's our second son to make Eagle Scout and we are doubly proud."

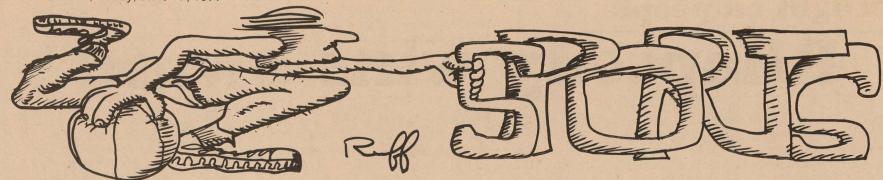


Having already graduated this year from Lowell High School in San Francisco, Steven will attend the University of Washington this fall to study Pre-Med. Steven has achieved a 3.7 gpa. In addition to being a scout, Steven has actively participated in various activities. Some of thise include, Youth Activities Councils, drama, wrestling and choral groups. Also taking an active part in religious activities, Steven has served as an acolyte for two years, and is also a member of Young Life.

During his entire tenure in scouts, Steven has demonstrated leadership qualities. Some of his leadership positions in various troops were, Quartermaster, Patrol Leader, Asst. Senior Patrol Leader, Senior Patrol Leader, Assistant Scoutmaster.

With a younger brother, Michael in the wings as a Second Class scout, Michael has hopes of becoming an Eagle Scout. "We have great expectations for him," said Mrs. Crandall.

The flight to the top was tough, but Steven made it, and now can claim the proud title, Eagle Scout.



Open competition swim Club results

On Saturday, June 4, approximately 50 Presidio youngsters competed in an Open Competition Swim Meet sponsored and run by the Presidio Aquarius Swim Club. Aquarius swimmers acted as starters, timers, and judges. The meet was a big success, and the following individuals received ribbons for winning or placing second or third in their events:

AGE GROUP 8 AND UNDER

The girls Free Style event was won by Leslie Bishop, with Amy Dast taking 2nd and Kersten Bloomhart 3d. The boys Breast Stroke was won by Lawrence Shield, and the girls Back Stroke by Leslie Bishop.

AGE GROUP 10 AND UNDER

The boys Free Style was won by Mark Guadnola; 2d place went to Greg Bishop. The girls Free Style was won by Julie Pleasants, and Lisa Pleasants was 2d. The girls Back Stroke was won by Valencia Wood; and in the boys Butterfly, James Pleasants was the winner.

AGE GROUP 11-12

The girls Free Style event was won by Melanie Amos and in 2d place was Kathy Baker. Kathy also took 1st place in the Butterfly and Breast Stroke events. The boys Free Style was won by John Bechtold, with Jonathan Loll in 2d and Danny Long in 3d. Jonathan Loll won the boys Back Stroke; John Bechtold was 2d and David Valen 3d. In the girls Back Stroke, Melanie Amos took 1st place and Kathy Baker 2d. In the boys Breast Stroke, John Bechtold took 1st, Jonathan Loll 2d, and David Valen 3d.

AGE GROUP 13-14

The girls Free Style was won by Carol Olson; in 2d place was Wanda Wood. In the boys Free Style, Bryan Meegan took 1st, James Guadnola 2d, and Mike Amos 3d. Mike Amos won the boys Breast Stroke, with 2d going to James Guadnola and 3d to Bryan Meegan. In the girls Back Stroke, Carol Olson was the winner and Wanda Wood was 2d.

AGE GROUP 15-18

Richard Wentworth won the boys Free Style, and in the girls Free Style the winner was Sandy Watrous. Sandy Watrous also won the girls Back Stroke and Breat Stroke events.

A special event was a relay team from the Aquarius Swim Club swimming against a 504th MP Bn relay team consisting of SP5 Blunt, SP4 Fleming, PFC Ryan and PVT Bloam. Ribbons were awarded to the 504th relay team for their contribution in making this swimming meet a success.



PSF Tennis Team

The Presidio Post tennis team will venture to Ft. Lewis, WA this weekend to play in the Western Regional FORSCOM tennis championship, June 20-24. Competition will be in the open, junior vet and veteran divisions. The Presidio will send Mike Hamman, Willie Session, Mike Faer and Richard Bristow in the open division and Thomas Egan and Blas Urquidez in the junior veteran division.

Our open division team has veteran players, with Mike Hamman being the big ace and hand-hitting Willie "ready to challenge anyone" Session as one doubles team. Mike Faer and Michael Bristow have played doubles together before and that will help in this tough tournament.

Thomas Egan has won many FORSCOM titles in singles and doubles play. He is a steady player with a tough mental attitude, steady play, and good physical conditioning. He'll be teaming up with Blas Urquidez, who will be playing for the first time in this tournament. He is eager to play and should be an asset with Egan in doubles play.

This is a strong Presidio team that will try their best, and possibly win a championship.

Bicycling Championship

The Post Bicycling championship will commence on June 2 at 12:30 p.m. Distance will be 6.12 miles on the roads of the Presidio (Ft. Scott area). It will be a four lap race over a rolling course. Each competitor will supply their own bicycle or check one out at outdoor recreation (bldg. 122) on race day.

All active duty individuals assigned to the Presidio desiring to enter should see their unit A and R officers or visit the Post Gym - Bldg. 63 or call 4120/5032 no later than June 20 at 12 noon.

Notes from the Kegboard

Presidio League			
	Won	Lost	TP
USACC	13	3	6613
864th Engrs	12	4	8969
16th BPO	11	5	8685
LAIR	101/2	51/2	8822
525th MI Gp	9	7	8714
LAMC	7	9	8881
402d MP Co	7	9	8626
Spt. Elm.	5	11	8724
51st Engrs.	41/2	111/2	8346
HHD 163rd	1	15	8336
Ft. Scott League	Won	Lost	TD
			TP
USASA	131/2	21/2	8832
504th MP Bn	12	4	8898
HQ USAG	101/2	51/2	8588

Ft. Scott League	Won	Lost	TP
USASA	131/2	21/2	8832
504th MP Bn	12	4	8898
HQ USAG	101/2	51/2	8588
Spt. Elm. No. 2	10	6	8847
525th MI Gp	8	8	6414
SFFO CID	7	5	6429
LAMC No. 2	4	12	8276
170th MP Co	0	16	7519
LAIR No. 2	7	9	8548
16th BPO	4	8	5832



The secret eye

A gathering of people and events under the watchful SP typewriter

By Eve S. Dropper

This sure was a dreary week. So cold and rainy, and miserable all over. I'm just glad today is Friday!

HQ Co. USAG acquired a few new people. Starting with SP4 Margo Sonderlieter from Ft. Hauchuca, Lt. Col. Samuel William, Capt. Daniel Allemeier from Ft. Benjamin Harrison. Welcome sirs! A couple other newbies are SFC Conrad Abrahamson and Pvt. Elaine Bolster from Ft. Jackson. And last Wednesday night was USAG's unit nite at the Log Cabin . . . heard that it was alotta fun.

Twenty peoples from the 170th MP Co. and members of the SFPD went on a fishing trip. The trip was for underprivileged kids who might not be able to go fishing. Now that's really great! I'll bet those kids had fun with y'all!! Some new people to the 170th are; PV2 Carl Bryant from Ft. Dix, PV2 Alvin Shields from Ft. Leonard Wood, and SP4 Ronald Perkins from Germany. Welcome to the

Presidio! Two peoples from the 170th reenlisted. They were: Sgt. William Hendricksen for three years and SP4 Noah Wilson for a big four years. Good Luck guys, and take it easy.

The 402nd MP Co. welcomes SP4 David Burford, just in from Hawaii.

The flight detachment has announced some of the winners for their mini olympics! In the bowling category, CW3 Ray Douglas won. The Pool competition saw CW4 Dick Rubioll capturing the win. The doubles tennis play went to Capt. Larry Furrow and Sgt. Lonnie Hodge. Nice Going! The doubles ping-pong match went to SP4 Bobby Pelkey and MSgt Bob Andersen. The winner of the 100-yard dash was none other than PFC Bruce Nutter. And finally Pvt. Delbert Woods won the

singles ping-pong match. Congratulations to all the winners! I'm sure that the games were a big success and a whole lot of fun besides! There are still

some finals going on and they are: Chess, SSgt Dennis Wait vs. CW4 Bert Wiggins. Racquetball, CW3 Howard Manning vs CW3 Ray Douglas. Tennis Singles, Capt. Larry Furrow vs. Mr. Ron Friedrichsen. And the five mile run is yet to be determined. Good Luck to the finalists, and Congratulations again to the winners. The detachment handed out one promo this week and that was given to CW3 Howard Manning. Congrats, sir!

The 864th Engineers have really been working hard! Their earth moving platoon is working on a Sewage Treatment Facility in Camp Royanen, which I hear is near Russian River, have fun! The 1st plt. is renovating a building at Camp High Sierra, and finally a squad is working on the Presidio! They are remodeling Bldg. 1243. SP4 Gary Carter has ETS'd, so long Gary and have fun! And SSgt Willie Caviness reenlisted for six whole years.

Wow!! Congrats and Good Luck! Capt. Canonico has left the unit. And his troops threw him a farewell picnic . . . literally!! It seems that a couple Pvt's. got a bit overzealous and threw the Capt. into the bay. Not mentioning who they were but . . . do the names PFC Redheald and Pvt. Muth strike any bells?!!

The 16th BPO is losing SP4 Steven "Pee-Wee" Pittman. "Pee-Wee" is leaving for Germany. Take care and the BPO is sorry to see you go.

The 6th Army Band's monthly concert that was held at the play house was really good. And last Sunday some of the band members performed at MWAUSA. I saw them down there and they really looked and sounded good!

SFC Roufa of RREO has just returned from the Defense Race Relations Institute, Patrick AFB, Florida. Welcome back... Cocoa Beach, WOW...rough life there sarge!



Now as far as the week goes, it's over thank heavens. Hope y'all have a good weekend. I'll try. So, take'n take'n keep on whatevering. I am.

Star Presidian

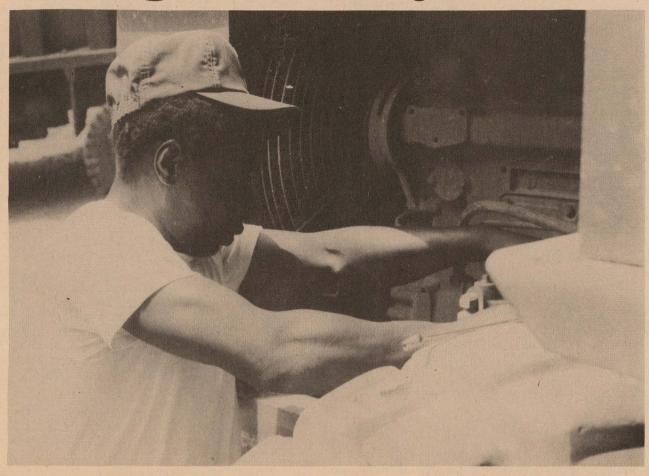
Volume 20, No. 25

Presidio of San Francisco

Friday, June 24, 1977

Community service

Engineers join Boy Scouts



Project mechanic, Sergeant Gerald Haynes, replaces a fuel line on a roller. Normal vehicle maintenance work is made more difficult by the thick dust that covers the area. (U.S. Army photo by SP5 Bach)

With the modernization of the Army, a number of the "old soldiers" have been heard to mutter over the past few years that the post to which they are assigned resembles a Boy Scout Camp more than the Army.

For a group of 15 men from Company D, 864th Engineer Battalion, that statement can be made with no fear of contradiction. For the past several weeks, their duty station has been just that, Camp Royaneh, operated by the San Francisco Area Boy Scout Council.

Located near Guerneville in the Russian River area, the camp poses a somewhat different assignment for the soldier engineers. It came about

as a result of a request from the San Francisco Area Boy Scout Council for assistance in constructing a new sewage system for the camp. The project was approved at the Presidio as part of this installation's continuing Community Service Program. The task was then given to Company D, 864th Engineers.

Under the agreement, the Boy Scout Council provides lodging and food for the men, fuel for the equipment and all of the material needed for the job, while the Engineers provide the technical know-how, men and equipment to get the job done.

Replacing the antiquated and unsatisfactory sewage system at the camp involved extensive

ground clearing and road building in the beginning to facilitate moving equipment into the area.

Next came pipe laying — 3,000 feet of pipeline from the old septic tank area to a new location for the seven separate ponds now under construction as part of the drainage system.

According to Lieutenant Guy E. Griffin, project officer at the construction site, Army assistance in the work adds up to a savings of approximately \$125,000 for the Boy Scout Council — approximately half of which involves manhours and the remaining half, equipment usage.

Project noncommissioned officer at the camp, Staff Sergeant David Choate, voiced the feeling of the entire platoon. "It's good duty up here. Nobody bothers us and we're left alone to get the job done. It's a good feeling to know that you're accomplishing something worthwhile."



In order to move the heavy equipment into the construction site, the men of the 864th Engineers found it necessary to build their own roads. Sergeant Kenneth Thomas grades a section of the access road that will lead to the settlement ponds. (U.S. Army photo by SP5 Rach)

MP anglers volunteer to help SFPD



SP4 Nathan Sulham, 170th MP Co., showing them how to catch the big ones.

With the first day of summer, June 21, come thoughts of lazy days, sun, fun, and fishing. And, with thoughts of fishing in mind, almost 40 children from the Salvation Army Youth Program joined members of the San Francisco Police Department and the 504th MP Bn. to kick off the ninth year of the SFPD Youth Summer Fishing Program.

The children involved in this program range from eight to 17 years of age, and come from all walks of life.

"We take them all," explained Sgt. Owen Keeney, of the SFPD. "Some of the children come from the inner city, some are physically or mentally handicapped, and some of them have working parents who aren't able to take time from their jobs."

With so many children wanting to participate in the program, and the lack of manpower available from the SFPD, the 504th MP Bn. was contacted and asked to help. Approximately 35 volunteers offered to share their 'angling' experience with these youngsters. Two MPs will be at Huck Finn pier and two will be going out in the boats for the salt water fishing. With the help of the MPs, the program is underway and is expected to be a success again this year.

SP4 Nathan Sulham and SP4 Chris Heilman, of the 170th MP Co., were the two volunteers for

the Huck Finn pier on opening day. "I really think things went well. We had about 45 kids, but they showed up late," explained SP4 Sulham. "It was a lot of fun and it gave the kids something different to do. Most of them had never had a pole in their hands before. It was a lot of fun, really, and I hope I'll be able to do it again."

"I liked doing this because most of the younger kids had never fished before," SP4 Heilman told us. "The little girls were really great. They were fascinated! And it was nice being part of a new experience for these kids."

experience for these kids.

Salt water and fresh water fishing is offered. The fresh water fishing takes place on Mondays, Wednesdays and Fridays at the Huck Finn Pier, Lake Merced. For the salt water fishing, two boats are chartered and 25 children are divided between the two boats, each Tuesday and Thursday. The charter boats are offered at a reduced rate for this program and donations from many San Francisco corporations are used to fund the project. All of the fishing gear is donated by the Garcia Corporation.

"About 90 percent of the children are involved with some type of youth organization," explained Sgt. Kenney. "The rest just call and ask if they can go too. We saw about 10,000 children last year, and expect that many or more this year."



What do you like or dislike about the Presidio?



PFC Edward Kemp, TMP — "Something that I like is that it is quiet. You have a nice view of everything, like the city. And you can meet a lot of interesting people."

PV2 Sheila Johnson, 16th BPO — "I like the Presidio because of the greenery. It's really pretty. It's just like a park."





SP4 Ed Geier, DRCS
— "I like the weather.
That's about it."

SP4 Kathy Duran, Motor Pool — "I dislike the fact that there is nothing to do. There is low morale here. I'd like to be at Ft. Ord in an infantry unit. One reason I like it here, is because it is a pretty post and it is clean."



News notes

SMEE briefings

The Soviet Military Equipment Exhibit (SMEE) Team, which will visit the Presidio June 24, 25 and 26, will hold briefings while here at 9 a.m., 11 a.m., 1 p.m., and 3 p.m.

The briefings which are open to the public are approximately 50 minutes in length and will have slides and film.

The exhibit will be located in the Assembly Room, Golden Gate U.S. Army Reserve center, near the 25th Avenue entrance to the Presidio. The exhibit will be open from 9 a.m. until t p.m.

New Pepperdine representative

The new Pepperdine University representative is Mr. Richard Spencer. He is available from 10 a.m. to 12 noon on Fridays at the Army Education Center, Bldg. 1216. New and continuing students in the Master of Arts in Human Resources Management are invited to consult with him during those hours.

"Single Life"

All singles of the Presidio are invited to the Recreational Services Center, Bldg. 135, to spend the evening with Mr. Clayton Barbeau, co-director of the Marriage Preparation Center of San Francisco. Attention will be placed on the "Single Life" and the topic for the evening is "Love and Loneliness. Date and time are, Monday, June 27, at 7 p.m. For further information call 561-4711/4719.



High school diploma

Mrs. Mary Russell, wife of MSG Joaquin Russell, 402nd MP Co, has recently passed the required courses and state examinations to earn her high school diploma from the Galileo Community College Center. Mrs. Russell completed the courses at the Presidio Education Center, in the high school program. She had not been in school for almost 22 years, and began her studies here with only a ninth grade education. She now plans to continue her studies at John Adams Adult Center. Her goal is to become a Licensed Vocational Nurse.

Mrs. Russell, "Dee," is a fine example of many other military wives who never completed high school, yet found the courage and desire after many years away from education to come back and graduate. The Presidio Education Center urges other Army wives who have not completed high school to contact them and find out about the program and how they can participate. Those interested can phone the Adult Education Department at 2974/3189.

Youth small arts

Youth Small Arts and Crafts classes will begin on Monday, June 27, at the Teen Club, Bldg. 92. They will be held Monday through Friday from 9 a.m. until noon through Friday, August 5. Parents will pick up their children by noon each day, as the Club will close at that time. For further information parents may contact the Youth Activities Director at 5141 or 3637.

Family enrichment retreat

A family enrichment retreat will be held July 2 - 4 at Napa Valley Ranch Club and Lake Berryessa. Recreational activities and learning/growing opportunities for all ages will be provided. The cost for singles is \$15.00, couples \$25.00, families \$35.00 - \$40.00. For registration and further information call LAMC Chaplain Office, 561-2351 or Post Chapel 561-4711.



New Guitar Magic Lab classes are being offered at the Presidio Music Center, (Basement) Bldg. 135. Registration will begin for the six-week course on Monday, June 27.

Cost for the course is \$12.00, with guitars provided and experienced instructor guides individual progress within the class.

Reservations are also being taken for guitar lessons for the more advanced and piano lessons for beginners or experienced students. Musical instruments are available for practice in the Wenger Sound Modules.

Hours of operations for the Center are Monday through Thursday, 6 to 10 p.m. and on Sunday, 1 to 5 p.m. Come visit the Music Center and discover the easy and fun way to enjoy music! Telephone 561-5897/3992.

Rec Center happenings

This is it! Tomorrow the dance and band everyone has been waiting for will be here. Don't miss it. "The Most Wanted Disco Band" will be playing all the latest top popular disco sounds, from 9 p.m. to 1 a.m. Come on by and bring some friends to enjoy music and refreshments. Sunday, make your own burritos at 6 p.m.

Monday, chess lessons with Frank Thormally and Belly Dancing class at 7:30 p.m. Tuesday, Thursday, and Friday, Hapkido Class with Master So from 9 to 12 p.m. Need to improve that pool game? Come, check the Pool class with Hank Nole. He'll show you how it's done on Thursday, at 7:30 p.m.

Square dancers still needed. Check with your friends and give us a call at the Rec. Center, Bldg. 135, 561-2000/5420.

Log Cabin news

The NCO Log Cabin presents "Master Smooth" and his Disco spinning your favorites from 9 p.m. to 1 a.m., June 24. Also, Seafood Buffet from 5 to 8 p.m. — all you can eat for \$5.95.

June 25 is Kiddies' Day starting at 2 p.m., with a birthday program, open to all, then bingo for the kids. Beginning June 27, the Log Cabin will be open each Monday from 4:30 to 10 p.m. Tuesday, June 28 brings Ladies' Nite, with Male Go-Go. Drop by, and enjoy your nite at the club, ladies.

June 29, Go-Go dancers, Shrimp in the Basket — all for a mere \$1.75. June 30, Pay Day activities, with Master Smooth himself on stage from 6 to 10 p.m.

Don't forget 4th of July. The Presidio Club System is sponsoring a gala 4th of July Picnic, from 12 Noon to 8 p.m. Open to all active duty officers, enlisted, retirees, and dependents. A variety of food will be available at reasonable prices and there will be free kiddie rides, clowns and a band.

Broadway

Starting Monday, June 27, the Broadway gate will be permanently closed, 24 hours a day to pedestrian and vehicular traffic. This action was taken in order to direct traffic to main thorough-fares for more effective monitoring.

Movies

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SCHWARTZ/LETTERMAN Friday, June 24, From Noon Till Three (PG), 7 p.m.

Monday, June 27, Mr. Billion (PG), 7 p.m.

Tuesday, June 28, Hawmps (G), 7 p.m.

Wednesday, June 29, Airport '77 (PG), 7 p.m.

Thursday, June 30, The Boxer (R), 7 p.m.

Friday, June 24, Mr. Billion (PG), 6 p.m.

Saturday, June 25, Hawmps (G), 2 and 6 p.m.

Sunday, June 26, Airport '77 (PG), 6 p.m.

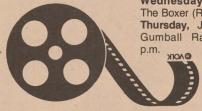
Monday, June 27, Airport '77 (PG), 6 p.m.

Tuesday, June 28, Airport '77 (PG), 6 p.m.

Wednesday, June 29, The Boxer (R), 6 p.m.

Thursday, June 30, The Gumball Rally (PG), 6 p.m.

PRESIDIO THEATER



Star Presidian

The Star Presidian is an authorized unofficial offset Army newspaper, with a circulation of 5,000, published weekly under the provisions of AR360-81 by the Public Affairs Office, Presidio of San Francisco, CA 94129. Views and opinions expressed herein do not necessarily represent those of the Department of the Army. Editorial offices are located in Building 37. Newsroom telephone: (415) 561-3908 or 2005. Colonel John D. Hamilton, Sr., Commander Major Carole M. Campbell, Public Affairs Officer SP4 Rebecca S. Hall, Editor Pvt. Linda Spillane, reporter

Summer aid

Program begins

Tuesday was the kick-off date for the Presidio's Summer Aid Program. This program is federally funded and offers jobs for economically disadvantaged youths. These jobs vary from office clerical work to data processing, to feeding a laboratory monkey.



Youths, ages 16 to 21, who are at an economic disadvantage, are eligible to apply. Fifty-four requests for applications have been received so far, but there is no set limit on the number of applications accepted.

The program on the Presidio has been in effect since 1974. The Summer Aid program, which began May 12 and will continue till September 30, entails a 40-hour work week. During the winter months, the program's counterpart, called Student Aid, has only part-time jobs. For working four hours a day, the student is paid \$2.30 an hour.

The Neighborhood Youth Corps, which started Tuesday, has a total work force of about 200 students. In an orientation given by Colonel John D. Hamilton, Post Commander, the students were welcomed, and given a brief history of the Presidio.

This program, which is sponsored by the school district, is also federally funded. These students also started working Tuesday and will continue working four hours a day until August 4, when the program ends. Students in this program will be busy working as messengers, cutting grass, building and ground maintenance. These students will also be working at Presidio Headquarters, 6th Army, the Commissary, and USAC.

Looking at the program on a wider level, the Army has established a goal of providing at least 14,000 jobs for youths this summer. A majority of these, approximately 8,400, will be employed in the Summer Aid positions involving routine work requiring no specific job knowledge or skills.

At least 1,700 youths will be employed from the U.S. Civil Service Commission's Summer Employment Examination. The majority of these jobs include clerk-typing, office clerical, and subprofessional engineering and science duties.

Another 1,700 positions will be filled by Army installations using merit hiring procedures. Most of these type jobs involve blue collar work, such as grass cutting and maintenance.

More than 2,000 students employed by the Army in part-time jobs during the school year will continue their employment during the summer on a full-time basis.

Of the remaining 1,500 jobs, 1,300 will be located in Army activities in the Washington D.C. metropolitan area. The other 200 positions will be filled under several other Army programs.

"This program is federally funded and offers jobs for economically disadvantaged youths."

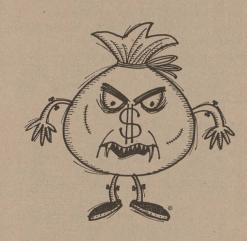
The Army's goal of 14,000 summer hires concerns only jobs to be filled at Army activities in the United States. Overseas Army commands conduct their own dependent youth employment programs for summer employment.

Actual summer hires have usually exceeded the Army's goal in previous years. It is expected that this year's goal of 14,000 will be met or exceeded.

Which is which?

With the beginning of State Tax withholding, soldiers seem confused concerning home of record (HOR) and legal domicile.

The terms legal domicile and HOR are not always interchangeable. Legal domicile is where the soldier votes, pays state taxes, registers a car, owns property and meets other state requirements for residency (owning property and registering a car do not automatically qualify for legal domicile). Legal domicile may change from time to time to keep pace with military moves and personal desires—provided the legal requirements of a particular state are met.



Whenever a change of legal domicile is made, a new W-4 Form (Withholding Certificate) must be completed. One entry on the W-4 is "Legal Residence" which, at the end of the calendar year, causes a copy of the W-2 Form (Wages and Tax Statement) to be forwarded to the appropriate state.

Home of record, as defined in Appendix J of the DoD Joint Travel Regulation, is the soldier's actual home just prior to entering the Army. At time of separation, HOR may be used to designate the place to which the soldier may be entitled to receive mileage and household goods shipment allowances.

Once a home of record has been officially recorded, it may not be changed unless a bona fide error was made in the original entry. If a soldier believes an error was made, Appendix J of the JTR spells out what is necessary to apply for a change.

The application—along with copies of documentary proof—should be sent to: US Army Enlisted Records and Evaluation Center; ATTN: PCRE-R; Ft. Benjamin Harrison, Ind. 46249 (for enlisted personnel) and US Army Military Personnel Center; ATTN: DAPC-PSR-S; 200 Stovall St.; Alexandria, Va 22332 (for officers). (ARNEWS)

Crime prevention

Tricks burglars play

By Don Delver

Burglars employ many ruses to get a look at the inside of your home, before deciding to break in. They go to great lengths to fool people into giving them a "sneak preview" of the contents of their homes, and this gives them a chance to spot not only the items worth stealing, but likely doors or windows through which to enter as well. This article will highlight some of the more common tricks used by burglars to gain entrance to homes.

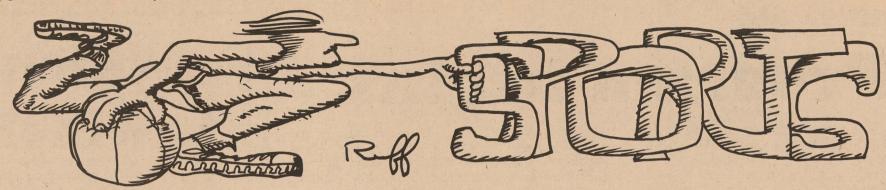
One common trick is to pretend to be from a repair service, such as facility engineers, and to tell the person answering the door that they are there to look at the kitchen sink, or the bathroom or the heating system, for example. Often, the door will be opened to these people without question. It is always wise to ask to see identification before allowing someone into your home, and to call the firm or office they claim to represent and verify their claims. Facilities Engineers, for example, carry official identification, which can be verified in cases of doubt.

Another trick; sometimes the burglar pretends to be a salesman from some company, which may or may not actually exist. Legitimate salesmen do not mind having their identities confirmed by a call to their office, and making such a call may prevent a burglar from gaining access to your home. Incidentally, never call the number given you by the salesman; always check it against your telephone directory or with information.

Other tactics include, asking to use the telephone, or asking your help in locating an address. Don't allow strangers in to use the phone; instead offer to place the call for them. People in need of directions may be referred to the Military Police.

Thieves have great imaginations and can be very convincing when it comes to getting inside your home. The Provost Marshal encourages you to call the Military Police anytime someone suspicious tries to gain entrance to your home, or the home of others. Have the MP's check out any prowlers or suspicious people loitering around your neighborhood, regardless of the time of day. By taking an interest in protecting yourself and your neighborhood, you make your home a much safer place to live in. If you have any questions about burglary, or other types of crime, call the Provost Marshal's Crime Prevention Section at 561-5011. Help them, help you.





Trout plants

If water, weather, and road conditions are favorable, the following waters will be stocked with catchable trout this week by the Department of Fish and Game:

Alameda County — Shadow Cliff Lake; Contra Costa County — Lafayette Reservoir; Mendocino County — Howard Lake, Lake Ada Rose - North, Cleone Lake; Napa County — Hennessey Reservoir; San Francisco County — Lake Merced; San Luis Obispo County — Nacimiento River - Lower; Solano County — Lake Chabot.

Alameda County — Alameda Creek

Contra Costa County — Lafayette Reservoir, San Pablo Reservoir

Lake County — Lake Pillsbury

Mendocino County — Russian River, East Branch.

Post golf team

The Presidio Post Golf Team completed the first half of their season in fourth place in the 11-team Northern California Armed Forces League.

Leading the competition is Moffitt Naval Air Station with 18 points, followed by Castle Air Force Base, 16; Alameda Naval Air Station, 14; the Presidio, 11; Mather Air Force Base, 10; Travis Air Force Base, 7; Fresno Marine Base, 5; and Fort Ord, McClellan Air Force Base, Naval Post-Graduate School and the Alameda Coast Guard Center, yet to break into the point column.

The next play date will be July 8 at Fort Ord with the Presidio hosting the competition, September 9.

Women's softball team

Presidio's Women's Softball Team journeyed to Ft. Ord for a double header. The first game saw Ft. Ord winning 10 to 6. Then, in the second game, Presidio's batter's errupted for 26 runs to win over Presidio of Monterey, 26 to 5.

Offensively, Presidio has some good hitters, and with better pitching and overall play they should be a team to contend with. This team has been together for only a short while and has lots of promise.

Softball tournament

The Presidio Baseball/Softball Officials Association and the Presidio Recreational Services Office have joined forces to sponsor the first combined civilian and military softball tournament here in recent years.

A ten team field will be entered in the threeday double elimination tourney slated for July 1, 2, and 3 at the Fort Scott Fields.

Games will be played at 5:30 p.m., Friday, July 1, and on Saturday and Sunday, July 2 and 3, at 10 a.m. 10 a.m.

Half of the teams making up the tournament schedule will be from the Presidio with the remaining half coming in from the Bay Area. Efforts have been made to obtain the top teams available to ensure a highly competitive tournament and provide softball fans top level action.

The Recreational Services Office has indicated that the Bowling Center Snack Bar will be open to serve participants and spectators attending games throughout the tournament schedule.

Intramural softball

Presidio League 402nd MP Co. 864th Engrs. USAG LAIR LAMC Dental Corps HQ 6th Army 170th MP Co. LAMC No. 1	Won 5 5 3 3 3 2 2 0	Lost 1 1 2 3 3 3 4 6
Ft. Scott League 666th Radar Sqdrn. WRRC LAMC No. 2 51st Engrs. Det. 16th BPO 525th MI Gp. USPHS HHD 504th MP	Won 5 4 4 3 3 3 2 1 0	Lost 0 1 2 3 3 5 5 5

Post bicycling tournament

Ft. Scott Area - 6.12 miles		
SP4 George Walruff	18:08	LAMC
SP5 Chris Elhardt	23:35	LAIR
PFC Steve Rasche	24:19	LAIR
PV2 Harry Rambo	31:43	LAIR
SP5 Willie Thomas	32:37	16th BPO
SP5 Mike Bowers	46:55	16th BPO

George Walruff pedaled to an easy win over a four lap course that had one major hill (Park Blvd.) on a nice sunny day. A few problems occurred as Monte Mingus crashed his bicycle (he came out alright) and Stephen Broadbest's chain kept coming loose. This scenic course was enjoyed by all involved.

Notes from the kegboard

Presidio league

rrestuto teague	Wen	Lost
USACC	16	4
LAIR		51/2
16th BPO	14	
525th MI Gp	13	7
864th Engrs.	12	8
LAMC	11	9
402d MP Co.	7	13
51st Engrs.		
		141/2
Spt. Elm.	5	15
HHD 163rd	2	18
Ft. Scott league		
USASA Spt. Elm. No. 2 504th MP Bn 525th MI Gp. HQ USAG LAIR No. 2 SFFO CID LAMC No. 2 170th MP Co.	13 13 12 11½ 8 7 7	8 8½ 12 5 13 8
USASA Spt. Elm. No. 2 504th MP Bn 525th MI Gp. HQ USAG LAIR No. 2 SFFO CID LAMC No. 2	17½ 13 13 12 11½ 8 7	2½ 7 7 8 8½ 12 5 13

The secret eye

A gathering of people and events under the watchful SP typewriter

By Eve S. Dropper

How 'bout that first day of summer??? (June 21, last Tuesday) Wasn't that nice??? Couldn't get nicer weather than that if you ordered it from the 'Wish-Book.' Too bad there's no water around for all those lovely water sports. Maybe we can find a big mud puddle and pretend.

Now, I mean to tell you I been down dere in dem bayou country for four or three days and the feed they put on is fantastic, I guarantee!!! (For those of you who are unfamiliar with a Cajun dialect, please feel free to consult Justin Wilson, a well-known Cajun comedian.) Really, if you're ever at a loss for a vacation spot, and you love seafood, the Bayou country is super. Crabs, crayfish, oysters, shrimp. You name it, they've got it. To include mosquitoes, gnats, and crickets, and 105 degrees on the thermostat!!! It's nice to be in an area where the temperature stays cool and you have your choice of going north or south for a warmer setting...

Lt. Monte Mingus, CO of the 16th BPO, was injured while competing in the bicycle event for the commanders cup. Seems he won't be able to participate in any of the company's activities (physical ones) for six months. Sorry to hear about your mishap, sir. Hope you're feeling better real soon.

I hear those spectators for USAG, HQ CO., get pretty rowdy. In fact, one spectator got so 'enthusiastic' that the CO had to ask him to hold it down. Speaking of the CO, Capt. Marc Benezra will soon be leaving us for Germany. Sorry to see you go, sir, but I do hope you enjoy your new assignment. And it's super of you to go to the games with so much to do to get ready for your move. Thanks for taking the time . . .

There were some newbys at USAG, too. Pvt. Suzanne Hayes came from Ft. Jackson and Pvt. Wayne W.P. Chin, from Ft. Dix. Fredrick Wade, US Army Transfer Point, OAB, was promoted to CW2, while Jeff Biedenbender made PFC. Congrats, to you both!!! Last, SSgt Melvin Leroy has reupped for a big three. Enjoy, Mel.

Now that all the paper part of the MPs is consolidated it's actually harder to learn what's going on!!! Seems it'd be easier... Maybe after things get a little calmer... Janet Wheeler, HHD 504th, made SP4, and Peter Wettrick made PFC. Now, can you believe that's all I know about the MPs??? Of course you believe it!! Except that they're doing some volunteer work with the SFPD fishing program. More about that on page one...

The band had its monthly concert last week and participated in the Marin Livestock Parade. This week they're participating in one of their yearly biggies, the Reno Rodeo Parade. Now that sounds a heck of a lot better than a livestock parade. What'd they do, parade the cows? Anyway, enjoy Reno. SP4 Greg Crocker and SP4 Jeff Wentz have ETSed.

The 864th Eng. are busy again. They're working on the sewage system for the Boy Scout Camp (you can see page one for that too). Pvt. James McRoy joined the engineers from Ft. Belvoir, while PFC Darryl Robinson came from Korea. Welcome, peoples. SP4 Steve Corcoran has ETSed. See ya, Steve. Promoted at the engineers are Kenneth Esposito, Joseph Gage and Kenneth Stafford to PFC; Stephen House, Michael Patrick, Robert Person, and Eddie Quitugua to SP4. That's a passal of peoples, and congrats to you all!!!

The Flight Detachment has finished their mini-olympics. The winner in the five-mile run was SSgt. Dennis Wait. Leaving the flight team are Sgt. Lonnie Hodge, SP4 Sammy Morales and Sgt. Tim Kelly, all ETSing. Enjoy, gang.



Well, enough dropping. Enjoy the weekend, take 'n take 'n keep on whatevering. We are, ya'll.

Star Presidian

Volume 20, No. 26

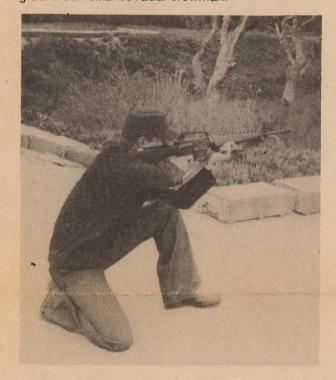
Presidio of San Francisco

Friday, July 1, 1977

School upgrades skills

A unique school began its second year of teaching at Camp Parks. Instead of digging fox holes, going on bivouac, and pulling KP, some 150 Army reservists are fulfilling their two-week obligation by going to this

These students, representing 12 western states, are among the first of a total of 500 expected this summer at Camp Parks to attend the 6th Army Military Occupational Specialty Training Center. While at Camp Parks, the students will upgrade their skill levels in 11 job areas, ranging from cooking, finance, personnel management, and supply to motor transport operator, tactical wire operations specialist and ground surveillance radar crewman.



Proper firing techniques demonstrated at MOS school.

Located a few miles north of Pleasanton in

that not only do the students have to travel to the school from widely scattered areas, so do the instructors - who are also Army Reservists fulfilling their summer time active duty obligations.

Students come from all walks of civilian life. Participants range from housewives, to truck drivers to aircraft company research technicians.

'The men have shaped up since the women are here — both physically and in their jobs," said Colonel Conway V. Peterson, Director of Instruction for the school.

Instructors represent an equally diverse background spectrum: one is a college professor, another teaches high school, another is a printer, one is a railroad clerk and one is a public relations specialist.

"The men have shaped up since the women are here both physically and in their jobs."

The commanding officer of the 6237th United States Army Reserve School at Camp Parks, which is operating the current school schedule there and is permanently based at the facility, is Colonel Mark Owens, Jr. In private life he is the Assistant Vice President and Business Affairs Director for the University of California system.

The Camp Parks school was created to provide a training resource for widely scattered Reserve and National Guard units which might otherwise not have access to courses. "There are rarely enough students in a small town Reserve unit to justify setting up a school there," explained Colonel Owens.

"By consolidating them at one location," he said, "we can economically provide the equipment and instructor personnel needed for that particular course."



Reservists receive instructions on proper care and cleaning of M-16.

A typical day for the students starts out at 7 a.m. with a formation followed by a march to class. Except for coffee breaks and lunch the intensified instruction lasts until 4 p.m.

And then it's time for "P.T." — physical training. Students, instructors and staff all participate for a half hour in "self-paced P.T.," which ends with a mile run.

Contrary to old Army traditions, the Reservists are exempt from inspections, parades, and K.P.

When the day is over, the students are free to "hit the town" or do whatever they choose.

"Contrary to old Army traditions, the Reservists are exempt from inspections, parades, and K.P."

'This is military school establishment, but you will find that the emphasis is on academics," Colonel Peterson told the first school group upon their arrival. "We are here to do the best job we can of providing you with a learning environment."

California's Alameda County, the school is unique in

Organizational Effectiveness Solve problems, one step at a time

The Army is enthusiastically boosting a management process called Organizational Effectiveness (OE). The four step OE procedure is aimed at doing just what its name states — developing the maximum amount of effectiveness in Army organizations.

Captain Lewis Levy, the Presidio's new Organizational Effectiveness Staff Officer (OESO), says, "OE is about improving communications among people. It's a commander's process and must have voluntary chain of command involvement every step of the way. I don't come into an organization unless I'm asked to, and once there I can't accomplish anything without the support and involvement of the commander or supervisor.'

"The four steps of OE are assessment, action planning, implementation and evaluation and follow up. It is important to note that throughout this process the commander or supervisor decides when and if each succeeding step takes place. At any time during the process he may elect to terminate my assistance."

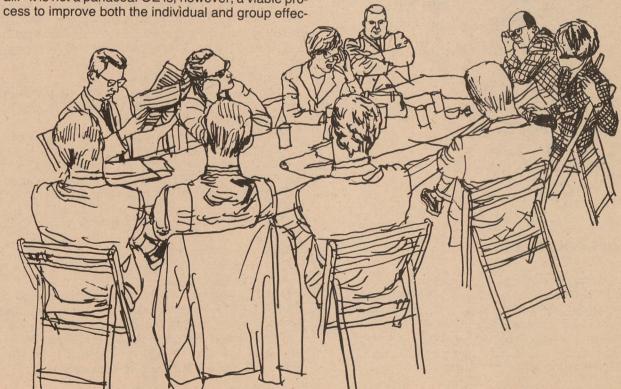
The Army has established an OE training center at Fort Ord, Calif. DA staffers say the Center has been training about 150 OE staff officers a year, with a planned increase to 270 a year. The training program is 16 weeks in length.

While the general objective of OE focuses on overall mission accomplishment, the process has been used in a number of instances to tackle specific problems. For example OE has been used by the Army to deal with such varied concerns as barracks,

larceny and maintenance problems. In one unit, OE contributed to a 66 percent reduction in barracks larceny rates. A maintenance battalion was able to

boost its equipment repair rate by 50 percent. OE is not designed to be a "quick-fix" or a "cureall." It is not a panacea. OE is, however, a viable protiveness of a unit or office and the management techniques of its leaders. The OESO is available to assist and support in achieving these ends.

the role of the organizational effectiveness staff officer may be referred to Cpt. Lewis Levy at ext. 6084.



News notes

Travel pay

If you are about to retire, remember the Army provides you an authorized travel allowance from your last duty station to your home of record or to your "home of selection," provided your travel is completed within one year after you terminate active duty.

You are eligible for travel allowances to your "home of selection" if you retire with pay, with eight or more years continuous active duty immediately before you retire, or if you retire from active duty as a result of physical disability and receive placement on the Temporary Disability Retired List.

Reimbursement of travel expenses for you and your dependents is made after the travel is performed.

For more detailed information, see your retirement services officer.



Guitar classes

Registration is still open for two new Beginners Guitar Classes which will start Tuesday, July 5 at the Presidio Music Center. There will be a class at 6:30 p.m. and one at 7:30 p.m. The cost is \$12.00, which includes six weekly 45 minute classes; guitars are provided. Reservations are also being taken for piano lessons for beginners or experienced students. Call or come to the Music Center (Bldg. 135-basement of Recreation Center) open Monday Thursday 6 - 10 p.m. and Sunday 1 - 5 p.m. For further information call 5897/3992.

New CSM for 6th Army

Command Sergeant Major Lorenzo Rivera Cruz is the new CSM for Headquarters, Sixth U.S. Army

CSM Rivera, a native of Puerto Rico, reported here on June 25, 1977, from his last assignment as CSM of Headquarters and Headquarters Company, 8th Infantry Division, U.S. Army Europe (Germany).

His military decorations include the Legion of Merit (with one Oak Leaf Cluster), the Bronze Star Medal, the Air Medal (Six Awards), the Army Commendation Medal (with three OLCs), and the Combat Infantryman's Badge (Two Awards).

CSM Rivera will reside on post with his wife and four children.



Salute to the Union

A traditional fifty-cannon Salute to the Union in honor of Independence Day, July 4, will be fired during ceremonies at Pershing Square on the Presidio starting at 11:55 a.m., Monday, July 4. Colonel John D. Hamilton, Presidio Commander, will be the salute officer. The honor guard, color guard and salute battery will be from the 402nd MP Company.



"The coffee seems to be a bit strong this morning."

Officers' Club news

July promises continued elegant dining and service, with a few changes in hours. Your Friday dinner dances will change to a 7:30 p.m. starting time and continue through 10:30 p.m. Also, on Friday and Saturday nights, be a part of fun-filled "Attic Mania" with the now sound from 9:30 p.m. to 1:30 a.m. In addition to the regular hours, the Attic is now open every Friday and Saturday until 2 a.m. Come out and bring your dancing shoes or just enjoy a stimulating evening with friends.

Gracious family dining is any time at your club, but for those money-saving specials, bring the whole gang out for Sunday Brunch and the evening Family Buffet. For the best food buy anywhere, join the Family Buffet, Thursdays, from 5-9 p.m. Your comments on any menu or food specials are welcomed. Remember, make your dinner reservations early through the cashier or phone 561-4260/4269.

Don't forget Game night every Tuesday. The jackpot numbers are heading for the sky, so don't miss a chance at the big pay-off. The jackpots are now established at \$400.00 and \$1,000.

As a special entertainment attraction, don't miss the Troupe Zaghareet on Wednesday, July 20, performing from 8:30 to 10:30 p.m. The Troupe features professional dance and music of the Middle East. A must for early reservations.



All-Army art contest

For you aspiring artists, September 23, 1977 is the deadline for submitting your entry in the 7th All-Army Art Contest and Exhibition. The host installation for this year's contest is Fort Leonard Wood.

The contest categories are:

Drawings and prints (pencil, brush, pen and ink, crayon, chalk, scratchboard, etchings, lithographs, lino-cuts, wood blocks, silk screen).

Paintings - water base (opaque or transparent).

Paintings - oil, acrylic, mixed media.

Also, beginners will not be competing against the experts since the contest will have two groups. Competent judges will make the final selections

based on:
Originality, ingenuity and suitability of media to

purpose.

Design or composition.

Craftsmanship.

Appeal to the observer.

If you have talent in this field, now is the time to stand up and be counted. Your local Arts and Crafts Director has all the details on how to submit your entry. Remember, entries must be received at the host installation no later than September 23, so get that masterpiece started.

VA pay

Students enrolled in Veterans Administration (VA) educational programs are reminded that it will be a long time between paydays after receipt of their May 1 allowance check.

The Veterans Education and Employment Assistance Act of 1976 eliminated prepayment of monthly allowances for VA trainees, effective June 1. Subsequent VA checks will follow each additional month of enrollment.

New procedures for advance payment also become effective June 1. Advance payments at the beginning of a school term for the first month, or partial month, plus the following month, will be made only if the student makes the request in writing to the school and the school agrees to process the advance payment. Previously, advance payment was automatic with enrollment.

NCO-EM Wives' Club

The Presidio NCO-EM Wives Club would like to invite all EM-Wives to their next Business Meeting and Social Hour on Tuesday, July 5th, at 7:30 p.m., at the Recreation Center.

There will be a guest speaker on "Human Sexuality." Please come and enjoy the meeting.

For more information call Jo Leach at 3550.



Car pool

Driver wanted for car pool already in existence from San Rafael (canal area) to the Presidio. Call Fran Rhodes at 3861 or 3952.

Movies

PRESIDIO THEATER Friday, July 1, The Town That Dreaded Sundown (R), 6 p.m.

Saturday, July 2, Matinee, The Little Prince (G), 2 p.m. Saturday, July 2, Swashbuckler (PG), 6 p.m. Sunday, Monday, Tuesday, July 3, 4, 5, Rocky (PG), 6 p.m. Wednesday, July 6, The Killer Inside Me (R), 6 p.m. Thursday, July 7, The Late

SCHWARTZ/LETTERMAN Friday, July 1, The Gumball Rally (PG), 7 p.m.

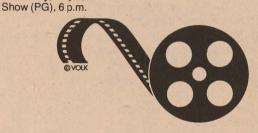
Monday, July 4, The Town That Dreaded Sundown (R), 7 p.m.

Tuesday, July 5, Swashbuckler (PG), 7 p.m.

Wednesday, July 6, Rocky

(PG), 7 p.m.

Thursday, July 5, Taxi
Driver (R), 7 p.m.



Star Presidian

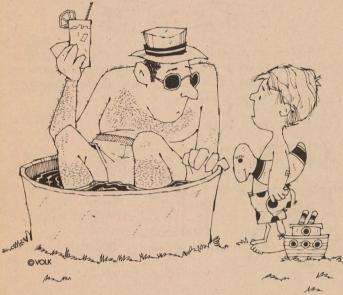
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Braving the waves

The Fourth of July has always been a time for picnics, boating, camping trips and swimming. Coming in the middle of the three main summer months, the weather is usually ideal for outdoor activities.

But, beware while swimming. Drowning is the third largest single cause of accidental deaths in the country.

try.
When thinking about drowning deaths, most people connect them with swimming, but only one-third of the drownings are related to swimming. The other two-thirds are non-swimming related fatalities including people who fall into the water from boats, docks, bridges and other structures. Also, drowning is not what most people think it is. You don't die because your lungs fill with water.



"There is no designated swimming area around here, although some people do brave the waves," said Major Carole Campbell, Presidio Public Affairs Officer, and a diving instructor and sailing enthusiast.

"There are literally dozens of beaches up and down the coast which are excellent for beachcombing, climbing rocks, or watching whales. However, none of the beaches are monitored by lifeguards, thus, swimmers must swim at their own risk," added the Major.

"People do swim at Marina Park, in the Bay itself, because of calm water. Facing the coast, the surf is very rough and treacherous and there have been many drownings there. Mostly, though, the ocean is left to divers, surfers and fisherman," she explained.

"Swimming under the influence of alcohol or drugs. . . may cost the ultimate fine: your life."

You can usually avoid trouble by remaining calm and being prepared for a drowning situation. There are some logical points to follow when swimming: (1) never swim alone. Half of the people who drown are usually alone at the time of their accident and (2) never swim immediately after eating. Stomach cramps can take down the best of swimmers.

There are many reasons for drowning. Sometimes people panic, or don't know how to swim. They may overestimate their physical capabilities, and exhaust themselves. Swimming in unfamiliar areas or not being familiar with your equipment or local laws is another danger. Failure to use life preservers or other flotation devices or taking unnecessary and foolish chances can also result in a disaster.

Dangerous horseplay can also be a problem. Swimming under the influence of alcohol or drugs may not get your license taken away, but it may cost the ultimate fine: your life.

One of the greatest problems on the beach is unpredictable currents.

"You hear a lot of terms in connection with the ocean, like undercurrent or undertow. In most cases you're dealing with backwash or rip current. The "rips" can move up and down the beach as the sand shifts, so there's no way of ever knowing exactly where they are," stated Maj. Campbell.

"Willard Bascomb, one of the better authorities on California water conditions, says there is no such thing as 'under tow.' The current will put you out into the water, but it won't suck you under. You'll sink naturally.

"In 1959 a 17-year-old boy was attacked and killed by a shark off Baker Beach. And, after "Jaws" came out, there were several articles about sharks up and down the coast.

> "... none of the beaches are monitored by lifeguards, ... swimmers must swim at their own risk."

"Between the cold-water, rough surf, unpredictable currents and sharks, it's really not recommended to swim in the ocean in this area.

"Another hazard, especially at Ft. Cronkite, is that people will go down on the rocks to fish. Next thing you know, a big breaker will come in and sweep them off the rocks," added Maj. Campbell.

Because many drowning victims are non or poor swimmers, the first advice the safety pros give is learn to swim, or learn to swim better.

Probably the best way to learn to swim is through the American Red Cross, YMCA, YWCA, or CYO. Community colleges and some high schools also offer swimming instruction with reasonable charges. These organizations also offer basic rescue and water safety classes.

If you can learn to relax in the water, it will save you valuable seconds in the event of a water emergency. You may only have a few seconds to avoid panicking long enough to save your own life, be rescued, or help save another person's life. Many experienced swimmers need to remember this life-saving technique, also.

New FORSCOM CSM

Command Sergeant Major William A. Connelly assumed the position of Command Sergeant Major, for Headquarters, U.S. Army Forces Command (FORSCOM), Fort McPherson, GA, last month. A native Georgian, CSM Connelly returned to the state after more than 20 years of military service around the globe.

As the Command Sergeant Major of the Army's largest command, Connelly reports directly to the commander on matters affecting the morale and welfare of enlisted personnel throughout FORSCOM. His jurisdiction includes 22 Army installations, and all U.S. Army Reserve units throughout the United States, the Canal Zone, Guam, Puerto Rico, and the Virgin Islands. He also acts in an advisory capacity to Army National Guard enlisted personnel.

CSM Connelly succeeds CSM Ray Martin, who

has been reassigned to Hawaii.

Prior to his return to Georgia, CSM Connelly was Command Sergeant Major of the 1st Armored Division in Germany. His other assignments include service in the Dominican Republic and Vietnam. While in Vietnam, he served with the 1st Cavalry Division.

Among his military awards are three Bronze Star Medals for Valor, the Meritorious Service Medal, and two Air Medals for Valor.

Connelly is a graduate of the Sergeants Major Academy, Fort Bliss, TX. Upon his graduation in 1973, he was appointed to the rank of command sergeant major.



News

New exhibit

The Presidio Museum opened a new exhibit gallery as part of the ceremonies marking the 202nd birthday of the city of San Francisco.

The exhibit area, located on the second floor, is the latest effort to expand the museum's commitment to the presentation of the Bay Area's heritage. The inaugural display is a fine arts photographic essay by Bay Area photographer John Lodato. The exhibit will run through September and plans are for four to five different exhibits per year in the gallery area.

Entitled "Reflections of the Past - Mirror of the Present," Lodato's assembled black and white presentation explores the natural, artistic and historic treasures of San Francisco Bay's military installations.

The artist stated that the show, which consists of 47 photographs, took approximately three months to do by the time the research, site inspections, photographing and selection and printing was completed.

The museum, which was constructed in 1857 as a hospital and is now the oldest structure on the Presidio, opened on March 6, 1974 and has expanded seven fold in size. The next planned display area will be a permanent historical armory exhibit to be completed next year.

Disabled persons

Eligible commissary and exchange patrons who require assistance when shopping in these areas because of blindness or other severe disabilities may be accompanied by the person of their choice, according to TAGCEN message 171401Z Nov. 76.

Patrons should request a Letter of Authorization from the installation commander stating:

"The bearer of uniformed services identification and privilege card No., name, is authorized to be accompanied by person of his/her choice while shopping in exchange and commissary facilities at this installation."

The Letter of Authorization should be kept in the possession of the sponsor. The sponsor must accompany the agent when the letter is used.



Metric system

Total conversion to the metric system by the U.S. military is one step closer.

William P. Clements Jr., deputy secretary of defense, recently signed a DoD directive which will govern DoD use of the metric system of measurement.

The directive calls for progressive adoption of the system within DoD. It also directs the DoD keep abreast of conversion activities within the U.S. industrial community.

It provides for use of metric units in design of new weapon systems and equipment when there are no significant technical or cost penalties. The conversion of existing designs, however, is discouraged.

The directive conforms with Public Law 94-168 which provides for coordinating increased use of the

DoD officials say that many defense-related industries are converting or planning conversion to the metric system.

The new directive will permit more effective NATI standardization and encourage joint production programs. The U.S. has been the only member of the NATO alliance to use non-metric units of measure.

(ARNEWS)

The secret eye

A gathering of people and events under the watchful SP typewriter

By Eve S. Dropper

Another week gone by. Hope you all did accomplish something worthwhile. I did. You know, it's really no wonder people dislike SF if they arrive in the summer months, what with the fog, and overall dreary weather. Be patient. It gets better, I promise.

The Flight Detachment has lost Sgt. Timothy Kelly, who has returned to the civilian ranks. Enjoy, Tim. And congrats to Larry Zagelo, who was promoted to SSgt. One step at a time . . .

The engineers got in a newby. PFC Darryl Robinson joined the Engrs. from Ft. Leonard Wood. Leaving the 864th were SP5 Henry Varela, ETSing; SP4 Mathew Johnson to Ft. Benjamin Harrison; Sgt. Dozier Bellew to Korea; Sgt. Jere Taylor to Germany; and SSgt. Charles Sandidge to the 170th MPs. Hope you all enjoy your new duties. Congrats are in order for Richard Zeppieri and Guy Gamble, both promoted to SP5; and Kenneth Abrams, Johnny Pattison, Richard Hicks and Ronald Eklund all made SSgt. Congrats!!! You deserve it. Another form of congratu-

lations are in order for SP5 Elano Umale, the legal clerk, who's in the Phillipines getting married!

Don't hear much about the 51st Engineers, do you? Well, this week they've had a whole slew of promotions. Lance Kualii made SSgt; Arturo Alcalen, Thomas Hornak, James Hardin and Larry Bean were all promoted to E-5. Congrats and enjoy peoples . . .

Bryan Hall, of the 87th Ord Det (EOD) was promoted to SP5. Congrats, Bryan . . . Nice name . . .

Don't forget the Fourth of July picnic at the Log Cabin. Sounds like it's going to be a real blast. ..and around here I doubt there'll be many ants. . . The picnic is from 12 to 8 p.m., so, check it out. Speaking of the Fourth, remember safety. Especially with fireworks and driving . . .

HQ Co USAG had it's change of command ceremony Wednesday. Capt. Marc Benezra is no longer the CO . . . he's on his way to Germany. Capt. Thomas Smith is the new CO, and he's coming from Security. Good luck to you both in your new duties. Larry Zagelow, Thomas Siguenza, Joel Shurtleff and Ron Orr all made SSgt. Congrats! I think promotions are super. Margo Sonderleiter and Harvey Miller also were promoted to SP5, Sgt., respectively! And Harvey also reupped for a big SIX years!!! Nothing like doing it all at one time!

WRRC is No. 1 in softball!!! So far . . . Sgt. Harlow Balderson is leaving the recruiting command

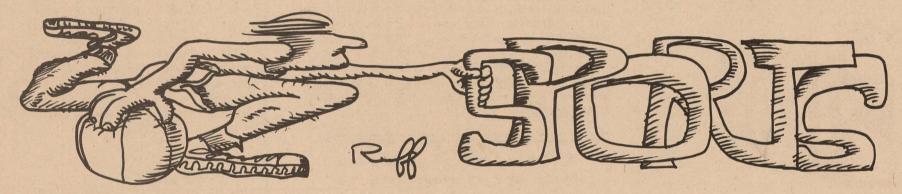
for Germany. I do like that name . . . Harlow. It's different. Lt. Col. A.J. Traficante is also leaving, but his destination is unknown, as yet. Wherever it may be, enjoy your next duty, sir.

The band has been busy with it's regular weekend concerts . . . retirement ceremonies, and what-not. Keep up the good work. Ya'll really sound

The 16th BPO has had several promotions, too. Seems like this must be the season . . . Bill Corzatt, Willie Thomas, and Arnold Jones have all been promoted to SSgt. today. Congrats, peoples. You done good!!!



Well, enough for this week . . . if ya see or hear of any interesting happenings, write, phone, cable, or come by and tell us about it. Take 'n take 'n keep on whatevering. I am.



Intramural softball results

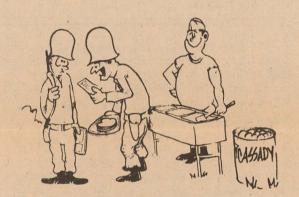
Intramural Softball (Slowpitch) results as of June 29:

USAG defeated 170th MPs, 14-9 LAMC Dental Corps defeated LAIR, 17-10 WRRC defeated 525th MI Gp, 18-13 666th Radar Sqdn defeated 16th BPO, 16-1

LAMC #2 defeated USPHS, 14-2 402nd MP Co. defeated HQ 6th Army, 6-2 864th Engrs. defeated LAMC #1, 11-1 666th Radar Sqdn. defeated WRRC, 9-8

Fastpitch softball tryouts

Tryouts for the Post team are being held at Ft. Scott field No. 1 on Tuesday nights at 6:30 p.m. Contact Capt. Dennis at 561-5267/4950 for more information or report to the field at appropriate day and time.



"It says you have received a simulated steak sandwich for this simulated combat exercise."

Sixteen teams were entered in the two leagues and battled each other throughout a single round robin scheduled of play.

Headquarters Sixth Army won the Presidio league with ARR IX and LAIR deadlocked for second. LAIR came out on top in the tie-breaker match between the two.

In the Fort Scott League, AFPD ran up a 7-0 record to win the league title. Another second place tie put US Army Garrison Team No. 2, the 16th BPO and HHD 504th MP Battalion into the tie-breaker with USAG finishing in the number two spot.

In the Post Championship tourney, Headquarters Sixth Army prevailed with a total of 208 followed by US Army Garrison Team No 2 and LAIR with 217's and AFPD with a 249.

Final league standings were:

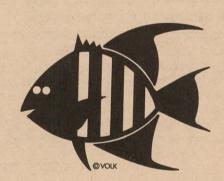
PRESIDIO LEAGUE	WON	LOST
HQ 6th Army	7	0
LAIR (won play-offs)	5	2
ARR IX	5	2
LAMC No 1	4	3
WRRC	3	4
USAG No 1	2	5
170th MP Co	1	6
402d MP Co	0	7
10201111 00	U	
Ft. SCOTT LEAGUE	WON	LOST
	WON 7	LOST
AFPD	7	0
AFPD USAG No 2 (Won Play-offs)	7 5	0 2
AFPD USAG No 2 (Won Play-offs) 16th BPO	7 5 5	0 2
AFPD USAG No 2 (Won Play-offs) 16th BPO HHD 504th MP Bn	7 5 5 5	0 2 2 2
AFPD USAG No 2 (Won Play-offs) 16th BPO HHD 504th MP Bn 864th Engrs	7 5 5 5 2	0 2 2 2 5
AFPD USAG No 2 (Won Play-offs) 16th BPO HHD 504th MP Bn 864th Engrs LAMC No 2	7 5 5 5 2 2	0 2 2 5 5
AFPD USAG No 2 (Won Play-offs) 16th BPO HHD 504th MP Bn 864th Engrs	7 5 5 5 2	0 2 2 2 5

POST CHAMPIONSHIP
HQ 6th Army
USAG No 2
LAIR
AFPD
208
217
249

Catfishing

Catfishing has never been better at Napa County's Lake Berryessa, according to the resident fish and game warden, Lt. Don Harn. Harn saw one party of four people take 23 catfish in two hours recently. On another occasion, a woman, who told him she had never been able to catch a fish before, was the happy possessor of 13 catfish.

Department of Fish and Game biologists have no explanation for the heavy increase in catfish catches at the lake this year, but point out that the lake has been consistently good since its beginning in 1957.



If you want to try your luck, Lt. Harn suggests baiting your hook with sardines, clams, squid, or any of the commercial stinkbaits. You should use a sliding sinker to get your hook close to the bottom, since catfish are bottom feeders. It is legal to fish for catfish from the shore until midnight at Lake Berryessa; boat fishing is confined to daylight hours. The legal limit is 20 fish.

You won't need any fancy rods, reels, or lines for catfish; the most inexpensive equipment works just fine.

There are three species of catfish in Lake Berryessa: channel catfish, which are the largest, ranging up to 30 inches long; white catfish, which are slightly smaller; and brown bullhead, which seldom exceed two pounds. The brown bullhead is easily identified by its squared-off tail. Both the white catfish and the channel catfish have forked tails. Channel catfish are usually speckled, while the white catfish are a solid gray-brown color. These two species can also be distinguished by the shape of their heads. The white catfish has a rounded head; the channel cat's head is cone shape.

Catfish meat is a gourmet treat to millions of people all over the world. If you would like information on the preparation and cooking of this fish, write to the California Department of Fish and Game, Region 3 headquarters, Post Office Box 47, Yountville 94599, and ask for the Catfish Manual and Cookbook. Enclose two first class stamps for return postage.

The Presidio Intramural Golf program teed up for the final time of the season last Thursday with the play-offs for the Post Championship.

Intramural Golf tourney

Star Presidian

Volume 20 No. 27

Presidio of San Francisco

Friday, July 8, 1977

Promotion:

by Carol Nelson

You've done well on the job, put in your time and you have your CO's backing. If you're an E4 or E5, there's more to the story — a promotion board.

Before you can sew on the new stripes, you'll have to appear in front of a panel of officers and senior NCO's who will take a look at your records and an even longer look at you. A little knowledge of what to expect can go a long way in controlling heart palpitations and sweaty palms. We talked with board presidents, as well as "befores" and "afters" (those still awaiting a board appearance and those who have already been through it) for a run down.

The Board itself

The board itself will normally be made up of about five people, more or less depending on the unit. The senior officer will act as president: his function will be to coordinate questions from the board members. As a prospective promotee, you will knock for admittance, walk in and come to attention immediately in front of the president, salute and report in. He'll return your salute and direct you to a chair.

From there on, it's all down hill... you'll usually have a few minutes to compose yourself by talking informally about yourself and your Army background. This will allow the board to look at your uniform and watch your bearing and how you express yourself.

Think before you speak

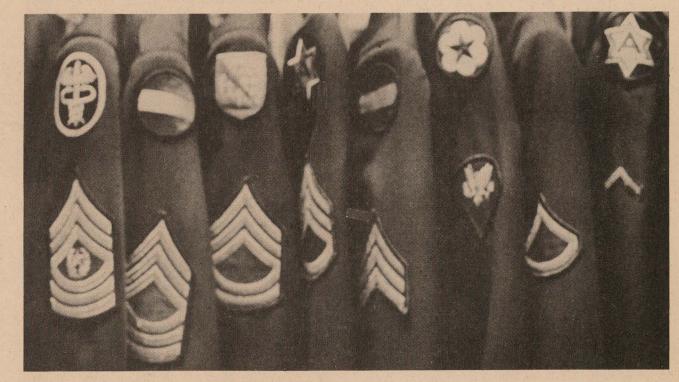
Of the total 250 points you can pick up from the board, 60 are involved in personal appearance, self confidence and conversational skill, so look sharp and put your words together thoughtfully.

Stick to the point, too — answer each question fully and to the best of your knowledge but don't wander off the subject or guess at something you don't know. The board would prefer to hear an honest "I don't know" than two minutes of fancy verbal footwork. While we're discussing your answers — it's a good idea to tack on the appropriate board member's rank as you reply to his question, such as "sir, sergeant," or "specialist," and be sure to look at the person when answering. Have confidence in yourself and in your answers.

Question categories

Each of the other board members will be delegated questions in general areas — notably world and national affairs and general military knowledge. To prepare for these questions, which may range from asking the name of the COSCOM or post commander to the proper method of treating wounds or safeguarding classified information, the following should be helpful to study:

Board appearance points add up



News

Local newspapers (headline items, including sports), TV and radio newscasts, news magazines, and publications like ARMY TIMES or SOLDIERS.

General

A review of "basic soldiering" subjects is in order and you will benefit from rereading TMs and FMs covering first aid, weapons, camouflage, map reading, leadership, chemical/biological/nuclear warfare, drill and ceremonies, and military customs and courtesies. Some units have put together a consolidated study guide covering these areas, plus sample questions, but if you aren't fortunate in having one, your first sergeant, platoon sergeant or training NCO should be able to get you all the training references you'll need.

Pulling off a successful board showing means preparation — you can't walk in cold and expect to impress anyone. As soon as you're notified, hit the books, start thinking about what's happening in the news. Today's soldier is supposed to fit into the overall scheme of things within the Army and the world.

The very fact that you're sent before a board is some proof of your job proficiency and the belief your super-

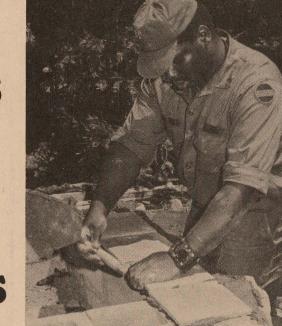
visors have that you can handle the next rank. There will also be MOS-related questions to test your grasp of your MOS. Since being promoted brings a change in leadership relationships, you may be hit with "thought" questions to get you thinking about handling people situations.

A big chunk of points goes for an "overall consideration" of extra goodies lurking in your files — honors for class standings at service schools, selection as soldier of the month, letters of commendation and the like. On the flip side, if there are records in the folder on counseling sessions or Article 15s, these will be weighed against what you've accomplished since the putdown.

Your efforts at self-improvement will also be checked as evidence that your brain is still alive and learning from advanced training, leadership schools, correspondence courses, high school equivalency or college.

As one promotion board president sums it up, "Promotion boards serve the Army's interest and and individual's interest. If we promote an unqualified or unprepared person, we've done everyone a disservice."

Nestled amid pines and mountains, Boy Scout Camp High Sierra was about to be closed for lack of latrines. And not wanting the boy scouts to be without a camp, the Presidio's engineers decided to pitch in and help.



PV2 Jimmy Ragland, a mason with 1st Plt., D Co., 864th Engrs., doing his part to keep the Boy Scout Camp High Sierra operating.

The 1st Platoon, D Company, 864th Engineers Battalion, along with the 14th Engineer Battalion from Ft. Ord, have just completed their work on the latrines and barbecue pit for the Boy Scouts at Camp High Sierra.

Taking charge at the job site was SP4 Gregg Everhart from the 864th. Helping build the latrines were SP4 Gordon Bickell, SP4 Douglas Fessler, and PFC Norman Beach. Building the barbecue pit was Mason PV2 Jimmy Raglard, along with Pvt. Dorrance Clark.

Mr. Glenn Halberg, a land manager and professional scout, had invited the Engineers to help in this project. Mr. Halberg coordinated daily guidelines for the engineers as to how the work was to be completed.

Mr. Elmer Converse, a ranger and chef, helped to keep the engineers morale high by cooking king-sized feasts every night.

The engineers built the latrines by using wood that was previously used by the Boy Scouts at the camp.

The stones that were used for the harborus pit also

The stones that were used for the barbecue pit also came from the area surrounding the camp.

When the engineers were finished with their work at the camp, the feeling of accomplishment was widespread. While the engineers were finishing the job and pulling away, Mr. Converse commented on the job, "The Boy Scout camp would have been closed down if the latrines had not been built."

The latrines will keep the camp operating and, knowing how much young boys like food — barbeques in particular — the barbeque pit will certainly be an active area at the camp.

Engineers pitch in to assist Boy Scouts

News notes

Distinguished Service Medal



Top Honor ... Colonel (USA, Ret.) Boris T. Pash, left, receives the Distinguished Service Medal (DSM) from Lieutenant General Edward M. Flanagan, Jr., Commanding General, Sixth U.S. Army, Presidio, The presentation of the DSM, the highest honor that the U.S. Army can award an individual for meritorious service. took place in a special Retreat/Honors Ceremony June 30, 1977. The DSM is an upgrading of the Legion of Merit which Col. Pash received over 30 years ago for successfully commanding a special task force whose code name was Alsos and whose mission was to determine how close Germany was to developing the atomic bomb during World War II. (U. S. Army Photo)

USO big news

The Big News at San Francisco USO is that we will be open longer hours and Bill is coming back! We don't know which preceeds which in importance.

July 1, 1977 opened new hours with the San Francisco USO being open 2½ hours later on weekday nights. New hours will be Monday through Thursday, 10 a.m. to 10:30 p.m.; Friday, 10 a.m. to 11 p.m.; Saturday, 11 a.m. to 11 p.m.; Sunday, noon to 8 p.m.

Also in July, Bill Frey, famed San Francisco restauranteur and fabulous friend of San Francisco USO through the years, will be hosting Saturday night parties and dances at the Center. Either personally or by proxy through his gift of delicious light refreshments. All military personnel and their dependents are invited to help celebrate the return of Bill to SFUSO.

Friday and Saturday night discos are still held at the new San Francisco USO. They start at 8 p.m. and all military and their dependents are invited to attend.

Like to learn Spanish or Japanese at San Francisco USO, taught by two young ladies — one, Mexicandescent Staff Aide, Samantha Yruegas; the other Japanese-descent Junior Volunteer, Shirley McCary. Lessons are free and will be held in the early evenings. Give us your preference for time and day. Phone USO, 776-3100.

Crime-stopper tips

The Provost Marshal asks those of you who have campers, RV's or boats parked at Battery Caufield to remove valuable accessories, equipment or other easily pilferable items which you may have stored in them. Lamps, camp stoves, fishing gear, sleeping bags, radios, etc., should not be stored in vehicles parked here. Larceny continues to be a problem on post, and if you don't take the basic precautions to protect your property, you may be victimized.

Many people assume that the Army pays for any losses occurring on post, and they therefore have not taken proper precautions to protect their property. They may be surprised to learn that the Army only pays claims to active duty personnel and does not pay claims if it can be shown that the victim was negligent in protecting his property.

Additionally, the Army does not pay claims on any items stored inside vehicles and is limited as to liability for items on which it does pay claims. For example, \$1,000 is the maximum the Army pays for cars, boats and motors, and \$500 is the upper limit for boat equipment. Owners may wish to consider private insurance for adequate protection.

With this in mind, it's a good idea to store camping equipment, supplies, etc., in your quarters until you're ready to use them. Leaving them in vehicles parked at Battery Caufield just doesn't make good crime prevention sense. Help the MPs help you.

Dental benefits

You probably know you are entitled to dental benefits while you're in the service. But, did you know you are eligible for such benefits for a year after your discharge?

The Veterans Administration (VA) dental clinic will provide services such as root canals, crowns, bridges, and regular dental care. Exclusions are orthodontic treatment and replacement of teeth lost before you were inducted.

You are only eligible for one-time dental treatment — unless your dental condition is rated as service-connected by the VA Rating Board. It is invaluable that you keep your medical records complete while still in the service. You should report any blows to your mouth incurred while on active duty. Depending on the circumstances, the damage may be ruled as service-connected. If you developed diabetes during your service, you may be entitled to lifetime dental benefits.

Remember, you must apply within one year after your discharge. Application forms are available at your local VA office. After your claim has been approved, you can go to the local VA dental clinic or to the doctor of your choice. The VA pays the bill.

Guard your Credit Cards

Summertime usually results in a rash of credit card losses and thefts, according to the leading manufacturer of credit cards. The company offers the following tips to credit card holders:

Do make a list of all credit card account numbers and the telephone numbers to be called in the event of loss or theft. Don't keep that list in the same place as the credit cards.

Don't carry cards in such a manner that they are easy prey for pickpockets, who are very busy during the summer season.

Do check your credit cards before leaving home for such things as expiration dates to assure that cards will be valid during a vacation.

Don't go home from a shopping trip without checking to see if you have all your credit cards.

Do make sure after each transaction that you get your card back and that the imprinted sales slip is for the correct amount.

Don't leave cards in a hotel or motel room if traveling; use the safe or safe-deposit box.

Don't expose plastic cards to extremes in temperature. Leaving them in the glove compartment of a car on a hot day can cause the embossed letters to flatten. (Independent Journal, June 25, 77.)

And please remember if you need help with your budget, pre-screening for Food Stamps, kitchen necessities and cots from the ACS loan closet, Quarters cleaning or babysitting, phone your Army Community Service — or stop by building 913. They want to help!



Movies

SCHWARTZ/LETTERMAN Friday, July 8, The Killer Inside Me (R), 7 p.m. Monday, July 11, The Late Show (PG), 7 p.m.

Show (PG), 7 p.m. **Tuesday**, July 12, The Big Bus (PG), 7 p.m. **Wednesday**, July 13, The Eagle Has Landed (PG), 7

p.m.

Thursday, July 14, Strange
Shadows in an Empty Room

(R), 7 p.m.

Bug, Super Agent (G), 2 p.m.

Saturday, July 9, The Big Bus (PG), 6 p.m.

Sunday, Monday and Tuesday, July 10, 11, and

Friday, July 8, The Late Show (PG), 6 p.m.

Saturday, July 9, Super

PRESIDIO THEATER

Tuesday, July 10, 11, and 12, The Eagle has Landed (PG), 6 p.m.

Wednesday, July 13,

Strange Shadows in an Empty Room (R), 6 p.m.

Thursday, July 14, Double Feature — The Littlest Horse Thieves/The Many Adventures of Winnie the



Star Presidian

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What have you done to improve your chances for promotion?

PV2 Harvey Boddy, TMP
— "I've been going to school. I am taking the 64C correspondence course. And I'm taking the sociology course at the education center and I'm going to San Francisco State this fall."



SP5 Gail Jackson, 6th Army Individual Training — "I'm taking the 71L Correspondence Course and I have attended the NCO academy."



PV2 Harry Hodge, RCB
— "I'm going to school to improve myself. I'm taking the ASVAB course at the education center. And I do my best in my job and in all the details I'm on."



PFC Richard A. Jackson, Motor Pool — "I have received a total of five commendations. I am participating at the education center to get my GED. I hope to further myself and go on to bigger and better things."

Wind causes team woes

Once a year, amateur radio buffs (HAMS) participate in a nation-wide emergency type field exercise that tests their ability to operate as a backup communications system in the event of a major catastrophe.

Two such participants from the Presidio of San Francisco this year were Army Major Bob Sands and retired Navy Electronics Technician 1st Class Chuck Taylor. This was Sand's fifth such field day and number 15 for Taylor.

The team chose the cliff overlooking the Golden Gate Bridge's northern ramp as their operating site and according to Sands, "It was almost a comedy of errors from beginning to end. Everything that could go wrong went wrong — you know, Murphy's Law.

"I told Chuck that I would bring the solder to splice antenna wire together and he said he would bring some too. I guess both of us thought the other was bringing it and neither of us did," recalls Sands. "We ended up twisting the wires together and praying that they would hold."

However, it was the wind that caused most of the team's woes. "We started setting up the antenna right on schedule. We almost had it up when that wind caught it. I couldn't hold it and down it came. We were about ready to call it quits right then, but didn't. We got the antenna rebuilt and patched and added a 600-foot long wire and finally got on the air."

"We almost had it up when that wind caught it. I couldn't hold it and down it came."

Following their almost shattering experience with the wind, the pair retreated to bunkers located approximately 100-feet behind their first choice for an operating site. The bunkers shielded them from the wind and proved to be an excellent choice.

The National competition is sponsored by The American Radio Relay League, headquartered in Newington, Conn., and is designed to provide an opportunity for amateur operators to practice setting up

Chuck Taylor, a retired Navy Electronics Technician 1st class, and HAMS radio buff, participating in the nationwide emergency type field exercise.

equipment under field conditions, using emergency power, and to communicate with each other in a communications contest.

Operators, or HAMs as they are known, may obtain points during the competition in a variety of ways: 100 points are awarded for all emergency power (generated on site); 50 for each message originated; five for each message handled; two for each CW (Morse Code) radio contact and one point for each voice (SSB) contact. In addition, points for contacts are increased through the use of a power multiplier. Under this formula, transmitters using 10-watts would multiply their contacts by four; 50 watts by three; 200 watts by two and 1000 watts by one — or no increased point advantage.

Each operator or team of operators in the competition is allowed 24 continuous hours to make as many contacts as possible. Three hours are added on to the time if antenna erection does not start until the beginning of the contest.

During the 1976 competition, a total of 1,323 stations with 16,500 participants were on the air. Figures are not yet available on the numbers participating in the 1977 Field Day.

Stations compete according to their class. Class A includes those stations with more than one transmitter and more than two operators; Class B, those with one transmitter and two operators and Class C, those operating on battery power.

"While both were disappointed at the troubles which beset them . . . 'the difficulties made it a great learning experience.' "

The Bob Sands — Chuck Taylor Team made a total of 372 contacts of which 134 were in code. They reached operators in 42 states with their 200 watt transmitter during the 19 hours that they were in operation. According to Sands, they would have probably hit 500 plus had they not lost six hours repairing the antenna damage caused by the wind.

Major Sands, a child psychiatrist with the Letterman Army Medical Center, has been in the HAM circuit for 15 years, while broadcast engineer, Chuck Taylor, has 35 years experience, and has built up a code speed of 60 words per minute.

While both were disappointed at the troubles which beset them at the start of the competition, Sands indicates that "... the difficulties made it a great learning experience." Both are set to try it again next year.

Save 77 million, goal for '77

Project 77/77, the 1977 calendar year Army-wide suggestion campaign, got underway June 20 on the Presidio. This year the Presidio will be doing its part to contribute to the Army's most successful previous year.

The campaign is intended to stimulate greater participation in the Army Suggestion Program from military as well as civilian personnel. This year, the target of \$77 million in savings is nearly 10 percent above the savings achieved in 1975, the Army's most successful year.

On the Presidio, the campaign will run through September 23. During this time employees are encouraged to submit carefully considered suggestions aimed at more efficient utilization of all resources. To achieve the substantial benefits possible from the program, it is hoped that all Presidio personnel will make themselves aware of the suggestion procedure and participate in the program.

The post-wide Suggestion Poster Contest, which began May 1st and continued through the month of May, stressed the quality idea. Ideas that save money, resources, and man hours were all considered for the outstanding posters. The posters that were selected will be used post-wide to encourage program participation during this campaign period.

In line with the Army emphasis on Suggestion Program 77, tangible saving goals have been established

post-wide. The goals have been established to provide for a 10 percent increase in dollar savings over previous fiscal years.



The department of the Army's concern for promotion improvement in government operations has prompted a renewed interest in soliciting cost-saving proposals. In a recent change in emphasis, DA has eliminated references to numbers of suggestions, electing instead to promote the quality idea: one that results in savings in money, manpower, or material.

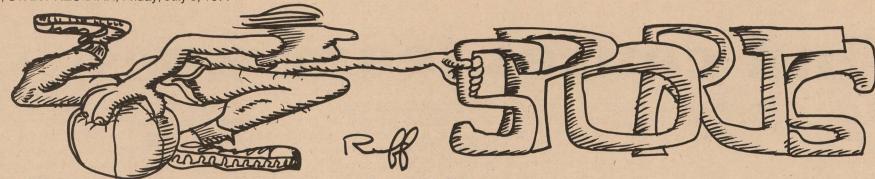
This approach is one that coincides greatly with the Sixth Army Game Plan, and it focuses attention on

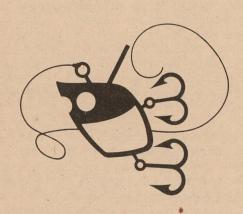
each Commanders' role of improving unit effectiveness and efficiency.

The Suggestion Plan offers a viable and accessible system for motivating and considering new innovations. It is particularly suited to the Reserve Forces where frequency of unit meeting may not offer sufficient time for "brainstorming." Too, it must be viewed as an excellent opportunity to tap the Reservist, who can, when properly stimulated, shape proven practices and methods existing in private industry to fit our unique mission requirements.

Those with suggestions should think their idea through carefully and discuss it with their supervisor. The next move is to obtain a copy of DA Form 1045 from your office's Suggestion Program designee and submit it to the Incentive Awards Office. For assistance, call Alberta Romanini at 561-4332 (IDEA). After thorough evaluation the adopted suggestions are prepared to be implemented and monetary awards or letters of commendation are prepared. Suggestions not adopted are returned to the suggestor with a letter of thanks and a statement of the reasons for non-adoption.

According to Army Chief of Staff General Bernard W. Rodgers, "The Army has consistently led all other Federal agencies in dollar benefits resulting from suggestions submitted by military and civilian members of the Army team." Help the Presidio do its part to support the Army-wide campaign; spend a little time and suggest improvement which will benefit both the Army and you





Weekly trout plants

If water, weather, and road conditions are favorable, the following waters will be stocked with catchable trout this week by the Department of Fish and Game: Alameda County — Lake Chabot; Mendocino County — Russian River - East Branch; San Francisco County — Lake Merced - South; Monterey County — Nacimiento River - Lower.



The secret eye

A gathering of people and events under the watchful SP typewriter

By Eve S. Dropper

As I sat in my little room, listening to the 50-gun salute to the union, I hated it that I was spending the three-day weekend feeling like a mack truck had run over me — twice. For those of you who are now suffering the summer virus, my sympathy. For those of you who have been lucky enough to avoid it, touche!! That's worth at least 25 points . . .

The flight detachment is 'up in the air' because Larry Zagelow made SSgt.!!! (Poor pun? Listen, after you've been in this office for as long as I have, poor puns are interesting!) Congrats, Larry.

A promotion to Billy Jaeger . . . who made SSgt. Billy works in the USA Courier Station. Congrats on the promo . . .

News flash! WRRC is no longer No. 1 in softball . . . they're No. 2. Well, at least now they'll have to try harder . . . Last week I mentioned that Lt. Col. A.J. Traficente was leaving the recruiting command, but I didn't know where he was going. Well, he's going to Italy!!!! Sounds super, sir. Hope you enjoy it. And, joining the recruiting command is SFC Louis Warych, coming from Germany. Welcome . . .

Slow Pitch tryouts

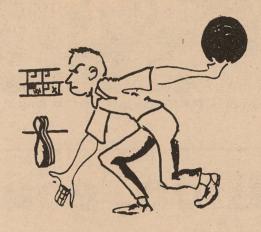
Tryouts for the post softball team are being held at the Ft. Scott Field No. 2, Tuesday and Thursday, July 12 and 14, at 5 p.m. Contact Lt. Mingus at 561-4420/3926 for more information or report to the field on these days.

Camping trip

Spend six days with the Central YMCA in Yosemite Valley, August 2-7. There will be camping, hiking, sightseeing, and just general relaxation in this very beautiful place. This is a young adult activity. Food, transportation, campsite fees, and insurance are included in the price. For more information call the Central Y at 885-0460.

Notes from the kegboard

STANDINGS	W	L
USACC	23	5
525th MI Gp	19	9
16th BPO	19	9
LAIR	181/2	91/2
LAMC	18	10
864th Engrs	12	16
Spt. Elm	9	19
402nd Mp Co	8	20
51st Engrs	71/2	201/2
HHD 163rd	6	22



Fast Pitch softball

By Richard Dennis

The Presidio Fast Pitch Softball Team got into some fast competition over the 4th of July weekend when Mather AFB hosted it's 9th Annual 4th of July tournament. The Presidians took their lumps.

On Friday evening, the Presidians took the measure of Cinch, a team from Sacramento, 19 to 5. The game was highlighted by some fine defensive plays by Rex Toney, of 6th Army, a four for five hitting attack by Jim Tyndall, of 6th Army, a two for four, four RBI night by Rich Harding, of LAMC, and four RBI's with a two-run, inside the park, home run by Rich Dennis of LAMC. Ron Ealy threw a seven hitter at the Cinch and collected three RBI's of his own.

Saturday was a singularly poor day for the Presidians. Henery and Signey beat the Presidio 18 to 1 and Pacific Finance jumped on the troupers 12 to 2. However, the Presidians did finish fourth in the eight-team tournament.

If you are interested in playing fast pitch softball, contact Capt. Dennis, at Ft. Scott Field No. 1, Tuesdays, 6:30 p.m. or call 561-5267/4950.



STATISTICS					
	AB	H	R	RBI	AVG
Price	11	2	1	0	.181
Brabrook	2	- 1	0	0	.500
Pannell	6	0	0	0	.000
Espinosa	6	0	0	0	.000
Toney	10	2	3	3	.200
Tyndall	11	6	6	2	.545
Thivierge	8	2	4	4	.250
Harding	10	4	2	5	.400
Dennis	10	4	3	5	.400
Holden	7	2	2	0	.286
Ealy	8	2	1	3	.250
Bell	2	0	0	0	.000
Total	91	25	22	22	.275

The 6th Army Band got in a newby, too. SP5 Jaye Yaksic joined them from the 76th Army Band in Kaiserslaughtern, Germany. I hope I never go to Germany. It'd take me the whole time I was there to learn how to spell the name of the town I was stationed in!!!

I mean to tell ya, I sure would like to hear from some of the MP companies. Anyway, joining the 402nd MPs was SP4 Willie Thomas, from Rhine Main Air Base, Germany. New to the 170th MPs is PFC Daniel James, from Camp Casey, Korea. And Bernard Becker, of the 163rd MPs, was promoted to Sgt. Congrats, Bernard . . .

The peoples from the 16th BPO seem to get sent to some rather unusual (to say the least) places. This time it's Twenty-Nine Palms. I saw a bumper sticker once that read "Where the heck is Twenty-Nine Palms?" Good question! Actually, it's out in the middle of the desert... and it's hotter than the hinges... But, there are eight people from the BPO out there working on Brave Shield 16 and they'll be out there for about three weeks... I guess the old saying "The mail must get through" is still applicable... That's dedication. SP4 Yong Cha has reupped for three years for Korea. Enjoy, Yong. New to the BPO is SP4 Arlette Brown, coming from Ft. Ritchie. Welcome to the unit who moves small pieces of peoples lives. (I like that motto!)

The 51st Engrs. have had a few promotions. Robert Killin made SFC; Lance Kualii made SSgt; Larry Dean made Sgt. and James Hardin and Thomas Hornak were promoted to SP5. Congrats to you all!

Now, a little closer to home, Pvt. Debbie Miller joined HQ Co. USAG and will be working in the Tour Guide section of the PAO. Debbie just came from the Defense Information School at Ft. Benjamin Harrison, IN. Hope you like it here, Debbie. And we'd like to say a fond farewell to Lt. Marty Cavaiani, who's leaving us for Germany. Enjoy, ma'am. We're honestly sorry to see you go! (We'll miss all your superb art work!!!)



Hope you enjoyed your weekend more than I did mine. Have a safe and happy tomorrow and take 'n take 'n keep on whatevering. I think I am . . .

Star Presidian

Volume 20, No 28

Presidio of San Francisco

Friday, July 15, 1977

The hard drugs that kill

By SSqt. Don Delver

This is the first in a series of four articles on drug abuse, designed to provide the reader with an overall view of the types of drugs available from both legal and illegal sources, their effects on the body, and the dangers of misuse. In addition, it is hoped that these articles will stimulate discussion and perhaps further study among parents, children, and anyone else interested in the drug problem. Each article will deal with a different category of drug, beginning with stimulants, and progressing through depressants, narcotics, and finally, hallucinogens.

Many people have taken 'diet pills' at one time or other to lose a few pounds. But a lot of these people don't realize that the 'street' terminology for these pills is 'speed.' And used improperly or carelessly can cause untold damage. Diet pills are an amphetamine, and therefore, a stimulant.

Before beginning a look at stimulants, it is necessary to define a few terms common to drug use. Habituation or psychological dependence means the person thinks he has to have a certain drug to function normally. He may become preoccupied with the drug, but he will not suffer withdrawal if the drug is removed. In diction or physical dependence means the person's body has gradually changed to adapt itself to the drug, and the drug is required for the person to function normally. If the drug is suddenly removed, the person will experience withdrawal — the sickness an addicted person experiences when he is cut off from his drug. It should be noted that many drugs produce both physical and psychological dependence.

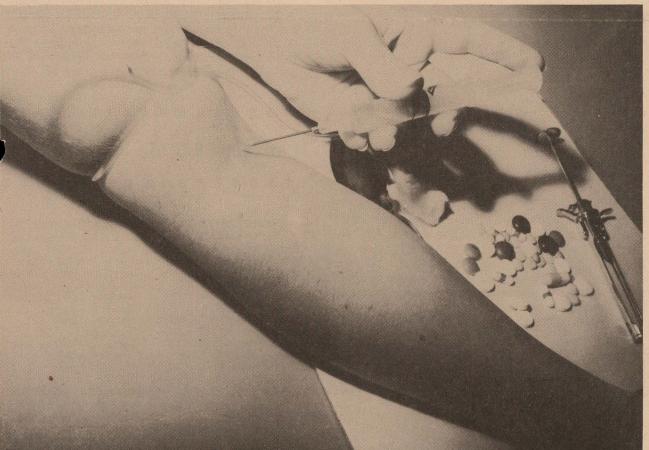
body's vitamins and plays havoc with normal body functions, the user begins to suffer an increasingly serious series of ailments, including skin abcesses, circulatory problems, and nervous disorders.

Many users find that popping the handfuls of pills necessary to achieve their daily "high" is too trouble-some, and not quick enough, so experimentation with the most potent and most lethal form of amphetamine begins. The user begins to inject increasingly large quantities of meth-amphetamine, the most powerful form of the drug, directly into his veins. The effects are felt almost instantly, and because they are not filtered through the digestive system, they are felt much more strongly than with the pills.

" 'Speed' or 'Crank' is so rapidly destructive that the individual . . . watches his body rot away. . ."

The deterioration already begun by the pills is accelerated tremendously once the user begins 'mainlining,' or injecting. "Speed" or "Crank," two of the many slang terms for the amphetamine drugs, is so rapidly destructive that the individual actually watches his body rot away until he becomes the burned-out, hollow-eyed, wasted 'speed freak' we often associate with the phrase "speed kills."

Several factors contribute to the destructive force of the drug. First, users often go on 'speed runs,' where



There are two main divisions of the stimulant drug category. Natural stimulants, of which cocaine is the major drug of abuse, and synthetic, or man-made stimulants, or which the amphetamines are the drugs of abuse. Stimulants are called such because they stimulate the central nervous system and speed up the body functions and reactions. The heart and respiratory rate increases, the person feels energetic, talkative, and alert. His hunger and need for sleep are surpressed. This has made the amphetamine group popular among dieters and people who need to be awake for long periods, such as long-haul truckers.

Some people remain at the "pill popping" stage of drug abuse for some time. But, for many, the drug and its effects become increasingly more important. Because the drug kills his appetite and desire for sleep, he soon begins to suffer from the effects of malnourishment and sleepnessless. He loses weight, becomes increasingly nervous and more easily angered and impatient, and because the drug also burns the

the drug is injected everytime the previous dose begins to wear off. When fatigue finally catches up to him, he may sleep for 24 to 48 hours. When he wakes up, he will be ravenously hungry, but will usually satisfy that hunger with candy or junk food or simply reinject the drug immediately and go on another 'run.'

A second contributing factor is the materials used to "cut," or dilute, the drug mixture when it is sold on the street. Each time the drug changes hands, it is 'cut' with some substance. Some of these substances, like talcum powder, stay with the body after the effect of the drug has worn off and may attack the body tissue. In some parts of the country arsenic and strychnine have been used as cutting agents. Also, drug dealers do not maintain sterile conditions in their cutting rooms, and the drugs are always contaminated with a bewildering variety of filth.

A third contributing factor is the dirty needle and the diseases associated with it. "Mainliners" seldom take any more precautions than dealers and their bodies

are rapidly infected with a combination of germs from the filth and garbage used to cut the drug itself. Hepatitis, vein sclerosis and tetanus are among the diseases associated with dirty needles, and constant misuse often causes veins to harden or collapse.

Meth-amphetamine soon acquired a bad reputation among the drug culture because people were burning themselves out so rapidly. But, the "speed chemists," or those who manufactured the drug in clandestine laboratories, switched their talents to other drugs. Today, most amphetamine abusers in this area are turning to Ritalin, a drug less potent than methamphetamine, but still very dangerous. According to Jim Clancy, a reporter for KTVU TV, Channel 2, Oakland, Ritalin is rapidly becoming "the" drug of abuse in areas like the Tenderloin District, in San Francisco, and is gaining popularity elsewhere.

While Ritalin may be on its way to becoming "everyman's upper," the escape drug for the poor and down-and-out, its natural counterpart, cocaine, has taken it's place as the status, or "flash" drug; the drug of the rich, the pimps, and the underworld's elite. It is also gaining in status among America's young. According to a four year intensive study of cocaine by the National Drug Research Laboratory, Washington, D.c., cocaine has been used by an estimated eight million people in this country. The results of this recently completed study indicate that about one in ten among America's high school seniors have tried the drug, and that its use is on the increase in this age group.

Cocaine is primarily inhaled through the nostrils, although it is often injected or smoked by abusers. When used thusly, it acts as a violent central nervous system stimulant. The effects last only 20 to 30 minutes, and at \$10 to \$20 a dose, or "hit," cocaine is many times more expensive than any of the amphetamines. Criminals have taken the drug to give them confidence before pulling off a job, but because of the volatile nature of Cocaine, victims are often hurt or killed by the highly agitated user.

" 'Coke bugs'... the sensation that thousands of bugs are crawling around under the user's skin..."

Cocaine can kill. The study mentioned above used both laboratory and human population data to confirm its findings. Cocaine can overstimulate the system and cause the user's death. In addition, the same kind of garbage used to cut amphetamines is used in cutting cocaine, so the user is putting a wide variety of unknown and often dangerous substances into his body along with the cocaine. Those who snort cocaine find they develop all sorts of infections and irritations inside their noses, and long term users often lose the entire inner nasal structure to the rotting effects of the drug.

Two other dangers of cocaine use not talked about by dealers are "coke bugs" and the "bull horrors." "Coke bugs" is the name given to the sensation that thousands of bugs are crawling around under the user's skin. The user will scratch himself bloody trying to get at these non-existent "bugs," which are actually the result of the toxic effects of the drug on the user's body.

The "bull horrors" is the name given to the hallucinations by cocaine users. Cocaine is not a hallucinogenic drug, but the long term toxic effect on the body has caused users to see and hear frightening things, much like the alcoholic who experiences the DT's (Delerium Tremins).

The next article, Part II, will deal with the depressant drugs. If you desire further information on stimulants, or any of the drugs, contact your librarian, ext. 3448; the ADAP, ext. 2663/2784; or the Crime Prevention Sections at 5011.



In conjunction with this week's front page report on drugs, the Ramblin' Sam question asked Presidio's personnel what their views were on drug laws. The question was: Do you think drug laws should be more strict, or be more lenient?

SP5 Ricky Reyes, USAG Operations Sgt. — "Well of course I feel they should be more strict. But I think in most cases we are not getting the good examples we need from the higher levels. What I mean is, individuals that should be more concerned with the laws are the prime factors, or users."





PFC Bithers Anderson, Movement Coordinator — "I think that drug laws should be more strict. Because when a person is under the influence of a drug, and they are doing anything, they think that they are doing it right, but it is wrong."

PV2 Wayne Cantrell, Motor Pool — "I think that they should be more strict for hard drugs. I do not think that alcohol or marijuana are hard drugs."



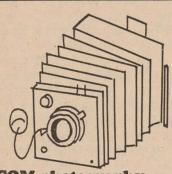
PV2 Donald Klypchak, TMP — "I think that drug laws should be more strict. Because some guys don't know what they are doing. There are too many over doses."



PV2 Leslie Kirton, Sidpers Clerk — "I think the laws should be stricter. Because of the simple reason that more accidents and crime are committed while under the influence of drugs or alcohol."



News notes



FORSCOM photography

The winners of the recent Presidio Photo Contest submitted their entries in the FORSCOM Photography Contest. The results are in, and the Presidio made a fine showing.

SP5 Waldemar Henniger, of LAMC, walked off with a 1st and 3rd place in the color print category, plus a check for \$75. Col. John Hutton, also of LAMC, took an Honorable Mention. These winners now advance to the All-Army Photography Contest.

The Presidio has a Photo Lab located at the Post Crafts Shop, Bldg. 122. Beginners classes are held each month for active duty military, retired military and dependents. For information stop by or call 4497.

Communications workshop

Mr. Claton Barbeau will be leading a one evening program, Monday, July 18 at 7:30 p.m. at the Religious Activities Center, Bldg. 682. The theme will deal with "Communicating Within the Family." Parents and children as well as other persons interested in communication skills are invited.

Summer youth activities



Presidio's dependent children participate in the Summer Youth Activities Children's Small Arts and Crafts Class.

Three Summer Youth Activities programs presently in operation on the Presidio have turned out to be very successful. These programs are Youth Swimming Classes, Youth Tennis lessons, and Children's Small Arts & Crafts Classes. Registration in these programs have far exceeded expectations. There are presently 235 youths participating in swimming, 110 youths participating in tennis, and 65 children in Arts & Crafts. In addition to these activities, other programs in operation consist of the PSF Teen Club, Fort Baker Youth Center, Boy Scouts, Cub Scouts, Aquarius Swim Club, Junior Riding Club, Youth Baseball, Junior Bowling, Junior Rifle Club, Gymnastic Classes, and Chapel Youths.

Soldier of the Year

On July 6th, SP4 Lowell E. Beal, a Promotions Clerk, was named the Presidio's Soldier of the Year, and will go on to compete in the FORSCOM Soldier of the year competition.

There were two choices of awards for the winner: an all expense paid trip for two to Hawaii or a savings bond of equal value. SP4 Beal selected the savings bond



Voting

San Francisco will go to the polls again in just two weeks. Members of the Armed Forces and their families who are currently registered in San Francisco are eligible to vote in the August 2nd election. On the ballot this time are Propositions "A" and "B," both of which deal with the issue of district elections in the city. Eligible voters include those registered voters who claim the Presidio as their home of record as well as those who live in the city itself, according to the post voting officer. Those who live elsewhere or vote in other states by absentee ballot are not eligible. The deadline for registration of new voters for this election has already passed; those who voted in the last election or who registered prior to July 5, 1977 remain registered.

Rec Center happenings

Coming at the Recreation Center tomorrow, enjoy sports on the giant TV screen at 2:30 p.m. Sunday, at 9 a.m., leave for a visit to the Santa Cruz Beach and Boardwalk Tour. At 6 p.m., broil your own hamburger. Monday, 7:30 p.m., have your chess lesson with Frank Thornally. Tuesday and Thursday at 6 p.m.a Hapkido class is offered and at 7:30 p.m., join the sewing class. From 9 to 12 p.m., Wednesday, enjoy Webb's Disco Dance. Coming Saturday, July 23, from 9 p.m. to 1 a.m., join Dr. Webb and his Disco Machine.

Co-ed gymnastics

The Central YMCA will begin a new five-week course in Co-Ed Gymnastics on Wednesday, Aug. 3rd, from 7-9 p.m., at 220 Golden Gate Ave., S.F. The course will cover four women's events and six men's events, beginners through intermediates. For more information call the Central Y at 885-0460.

Operation Crime Stop

In a continuing effort to serve the military community, your Military Police have instituted Operation Crime Stop. The purpose of this program is to afford the members of our community, both military and civilian, an opportunity to actively participate in texposure of criminal activity on the Presidio.

In order for you to contribute to this community project, a post office box has been provided so that you can submit whatever information you know concerning any criminal activity; e.g. theft, drugs, vandalism, etc., to: Post Office Box No. 29376, Presidio of San Francisco, CA 94129. Listing a return address or identifying yourself is not mandatory. All that is asked is that your information be as complete as possible. Tell the who, what, when, where and how of the incidents. You can be sure that the information will be thoroughly investigated and that your efforts will have enhanced the welfare of the community.

Movies

SCHWARTZ/LETTERMAN Friday, July 15, Summer School Teachers (R), 7 p.m. Monday, July 18, Double Feature: The Littlest Horse Thieves/The Many Adventures of Winnie the Pooh (G), 7 p.m.

Tuesday, July 19, St. Ives (PG), 7 p.m.

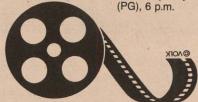
Wednesday, July 20, The Last Tycoon (PG), 7 p.m. Thursday, July 21, The Last Hard Men (R), 7 p.m. PRESIDIO THEATER

Friday, July 15, Double Feature: The Littlest Horse Thieves/The Many Adventures of Winnie the Pooh (G), 6 p.m.

Saturday, July 16, Tom Sawyer (G), 2 p.m. Saturday, July 16, St. Ives (PG), 6 p.m.

Sunday, Monday and Tuesday, July 17, 18, 19, The Last Tycoon (PG), 6

Wednesday, July 20, The Last Hard Men (R), 6 p.m. Thursday, July 21, It's Alive



Star Presidian

The Star Presidian is an authorized unofficial offset Army newspaper, with a circulation of 5,000, published weekly under the provisions of AR360-81 by the Public Affairs Office, Presidio of San Francisco, CA 94129. Views and opinions expressed herein do not necessarily represent those of the Department of the Army. Editorial offices are located in Building 37. Newsroom telephone: (415) 561-3908 or 2005. Colonel John D. Hamilton, Sr., Commander Major Carole M. Campbell, Public Affairs Officer SP4 Rebecca S. Hall, Editor Pvt. Linda Spillane, reporter

Credit blues...

Buy now - pay later and later . . .

It is easy and fun to become a credit-ca-holic. All you need to do is follow PFC Harmond's example. He lived on Post. His meals were provided by the Dining Facility, so he figured all the rest of his money was gravy. He enrolled at the Credit Union, paying the \$5 fee, but only to buy a car. He **needed** a car, you see, so he bought a big, shiny, new one with payments of \$150 a month. That pretty vehicle also needed gas, oil, insurance and occasional maintenance. But it was worth it. The car gave him a new freedom — a new feeling of luxury that he had never had before.

Surely he deserved that feeling in his BEQ, too. The man at the stereo shop convinced him of it and he purchased a \$300 stereo with five record albums (all he had to do was buy 10 more during the year) and put it all on his new credit card. New clothes added to his new image (also purchased with the credit card) and cost "only" \$100.

"...he added a loan from the loan company downtown, and two more credit cards..."

When the credit card bill came, our friend paid the minimum amount he could and by the end of the next honth, he had again charged his limit and again he paid the minimum amount possible. This went on for some time and as he went, he added a loan from the loan company downtown, and two more credit cards (one other bank card and the other for restaurants, which allowed him to impress his dates with exotic meals). Since he could not get any more legitimate credit, he went to a loan company that charged over 20 percent interest when the car broke down.

When PFC Harmond arrived at Army Community Service's Budget Counseling Session, the roof had fallen in. He could not make his monthly minimum payments. His creditors had phoned his company commander for help. His CO sent him to ACS.



The Budget Counselor had seen many similar cases. She showed him that Harmond was \$10,000 in debt, was paying huge amounts in interest, and was increasing the indebtedness monthly. Together, Harmond and the budget counselor formed a plan to help him back to solvency without ruining his credit rating forever.

"Since his 'magic plastics' had gotten him into such trouble, the cards were returned..."

When PFC Harmond enrolled in the Budget Counseling Program, his creditors were contacted and shown that he was making an effort to pay them. In many cases, monthly payments were reduced and stretched over a longer period of time. PFC Harmond

came to understand the difference between wants and needs (adequate housing, food, adequate clothing are needs; however, cars, stereos, record clubs and exotic dinners are wants). Needs have first priority. Wants must wait until one has the cash to pay for them.

Since his "magic plastics" (credit cards) had gotten him into such trouble, the cards were returned to their companies and the soldier promised that no further goods would be purchased on credit while he participated in the program. PFC Harmond got a part-time job that didn't conflict with his duty hours. He opened a checking account so that he can keep track of his bills, deposits, and payments. He really knows now where every dime is going.

"...many of our military members ... live in a precariously balanced house of credit cards..."

Fun? No! Gone are the luxury dates. He has learned to do his own car repair work at the Post Auto Craft Shop, and he uses every spare bit of cash to pay off his debts. But there is a light at the end of his dark tunnel. At the other end, he will be financially sound, with new knowledge of how to build a **solid** financial base, rather than floating on the "get-it-now" dream of credit-card heaven.

PFC Harmond's story is typical of many of our military members who live in a precariously-balanced house of credit-cards which will eventually come tumbling down.

If you have financial problems like PFC Harmond's or would just like to talk with a budget counselor about how to improve your financial situation, phone 5057 — Army Community Service, Building 913 — for an appointment and **confidential** help.

Tours... Presidio style

The Presidio of San Francisco, a post of historical landmarks and beauty, provides both visitor and permanent party member a chance to view historical sites in a modern era.

For those personnel working in the Presidio Public Affairs Office, Community Relations branch, the Presidio is one big "tour" of duty. In other words, this branch provides tour guides for the post.

There are three types of tours provided by this office. First, the Historical Tour, which works in conjunction with the post museum and presents the 200 year history of the Presidio. The artifacts from this time period are shown at the museum.

Next is the Ecology tour. During this tour, visitors take a merry two and a half mile jaunt down the wooded hills and trails of the Presidio. This tour explains how the Presidio was transformed from a mass of sand dunes to the lush, green part-like atmosphere it enjoys today.

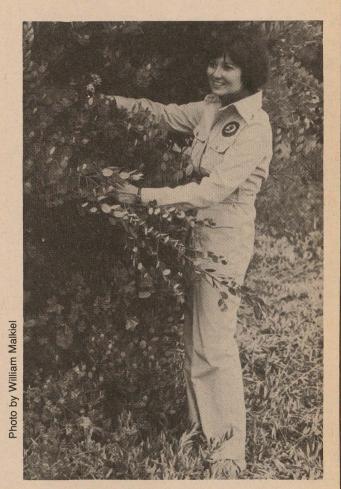
Finally, come the recruiting tours. These are given to high school students who see first-hand what Army life is all about. Students are shown the dining facility, barracks, the gymnasium and different duty sections. These tours are usually brought to the office by recruiters.

The tour guide program began over 20 years ago and since then over 200,000 have been on the tours.

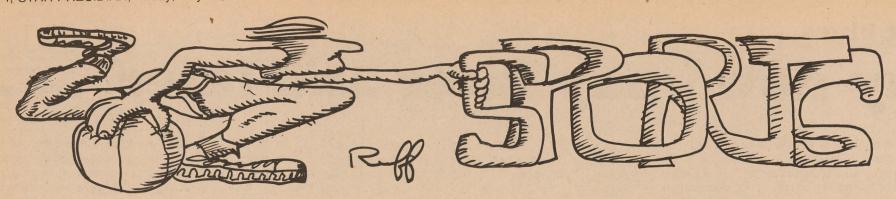
SSgt. Al West, who has been a tour guide at the Presidio for four years, talks about the program. "I sincerely enjoy the tour program as it gives me the opportunity to go out and meet people from all walks of life. I especially enjoy the youngest groups who are studying California history, as this gives me the opportunity to help them become better citizens, and in this day and age, the kids need all the help they can get."

Tour guide Marjorie Hatfield adds her comments about the program, "It requires a lot of public contact and an opportunity to meet a wide variety of people." Apprentice tour guide PV2 Debbie Miller says "I find working as a tour guide very rewarding. After observing two tours, I've been able to meet different people and also learn the history and importance of the Presidio."

More information concerning tours and how you, your group or organization can get a tour of the Presidio is available by calling 561-3870, the Public Affairs office, Community Relations.



PFC Marjorie Hatfield points out various types of flora and fauna along Presidio's Ecology Trail.



Golf Tournament

The third Annual PSF All Civilian Employee Golf Tournament will be held on July 28. Tee-off time is 8 a.m. The Callaway System of handicapping will be used, however, unless an established foursome is scheduled. Established handicaps or average scores should be submitted with reservations. Foursomes will be established by the use of submitted handicaps or average scores.

The tournament entry fee will be \$12.00; golf carts will be available at additional cost. Entry fee for members of the PSF Golf Course will be \$4.00 (no green fees).

Tournament prizes will be awarded for low-medal score, hole-in-one (closest to the hole), and for 1st, 2nd and 3rd prize Calloway System. Depending on tournament participation, additional prizes may be awarded

Advance sign up is mandatory, unless other arrangements are made with the sign-up committee for information and reservations please contact Mac Roberts, ext. 4242 or John Sergeant, ext. 2997.



Trout plants

If water, weather, and road conditions are favorable, the following waters will be stocked with catchable trout this week by the Department of Fish and Game:

Alameda County — Alameda Creek

Contra Costa County — Lafayette Reservoir, San

Pablo Reservoir

Lake County — Upper Blue Lake San Francisco County — Lake Merced



Travis Golf Tournament

Travis AFB is hosting its first annual invitational golf tournament, Augst 6-7, with individual and team competition. Individual entry fee is \$40, which includes 36 holes of play, tee prize, and an authentic Hawaiian luau (dinner & show); an additional \$10 is required for each five-man team entering the competition.

The luau will be on the evening of August 5, and each entrant is allowed to bring one guest at no additional cost.

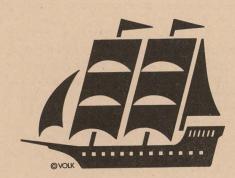
Lodging is available on Travis. Entry blanks are available at your local pro shop. Get yours today; entries close August 2.

Women's tennis club

The Presidio Women's Tennis Club will have a fun day on Tuesday, July 19. The play will begin at 9 a.m. and end at 12 noon, with lunch at a local restaurant to follow. All members and prospective members are invited to join in the games. The only requirement for this club is that it is for active duty, dependents, or retired women who know how to play tennis. Games will be played on the Ft. Scott Tennis Courts on Knobbe Ave. For more information call 561-2614 or 752-4722.

Softball results

Intramural soft-pitch results		
Presidio League	W	L
402nd MP Co.	8	1
USAG	6	2
864th Engrs.	6	2
LAMC Dental Corps	4	4
LAIR	4	5
HQ 6th Army	3	5
170th MP Co.	2	7
LAMC No 1	1	8
Ft. Scott League	W	L
666th Radar Sqdrn	8	1
WRRC	7	2
LAMC No 2	6	2
16th BPO	4	4
51st Engrs.	4	5
525th MI Group	3	5
USPHS	2	7
HHD 504th MP	0	8



YMCA sailing

The Central YMCA, 220 Golden Gate Ave., S.F., is going to hold another sailing class July 29 and 30. The class will consist of an evening of sailing theory on Friday, July 29, from 7-9:30 p.m., followed by a day on the San Francisco Bay, July 30. Since numbers are limited, early registration is required. For further details, call Central Y at 885-0460.

The secret eye

A gathering of people and events under the watchful SP typewriter

By Eve S. Dropper

Hello, faithful readers!!! And just how are you this week??? I have a funny to tell! I popped down to the Education Center last week to see about getting myself some education. (I'm sure some of you out there are happy about this) and I was asked if I would please leave my autograph for a young lady who questioned my existence! So, I did. Anyone else requesting autographs will have to speak to my agent though!!!

What a week. Seems like every week has it's won disaster or little idiocyncrasy that makes it a fiasco. Or at least terribly interesting! (It all depends on how you look at it! But, it's these little things that keep life interesting and a constant challenge. And I mean to tell ya, this week has definitely been a challenge!

The MPs had a new arrival. PFC Teresa Cuellar joined the members of the Presidio MPs from Ft. Belvoir, VA. Welcome to San Francisco, Teresa. Hope you enjoy it. Although Virginia is a beautiful place, so is the Presidio . . . If you get into it, you'll love it!!! And Judy Richey has been promoted to SSgt. Congrats, Judy!!! Also being promoted from the MPs are Santiago Fonseca-Hernandez, and William Kilcullen, both to Sgt. Hard stripe!! Congrats, guys

Reenlisting at the MPs was Russell Norway, of the 402nd, who signed away a big five years! Enjoy, Russell. It's a good life if you make it so!!!

Another reenlistment took place at USACCA when Boris Jackson signed up for four years. Boris,

what is USACCA? Just curious, you understand. But, sometimes I get names of people assigned to places I'm not familiar with. (Isn't that a nice way to say I don't know???)

The 864th Engineers, D Co., are usually pretty busy peoples. This week the 1st Platoon is off to Camp Parks for some more training. Seems the Boy Scouts moto — Be Prepared — also holds true for the engineers . . . Keep it up, fellows, you're super! SSgt. Willie Caviness has PCSed to Germany; Sgt. Charles Musgrave is off to Korea and SSgt. Ron Eklund has headed for Alaska!!! Hope you all enjoy your new duty stations. And maybe the pipeline will be fixed by the time you get to Alaska, Ron!!! Over at the 51st Engrs., SP4 Mark Hennich has ETSed. Enjoy, Mark!!!

Now, I would like to tell you peoples that USAG had their training Wednesday, and it was outstanding! I can't remember when the last time was that I'd heard a presentation so well delivered. And I'm not a nut on the subject of crime prevention! But, SSgt. D. Delver, you've got it! And the applause! (Yes, there was applause for a training session!) You done good, Sarge! I also have a few comments about the women on this post pulling guard. Yep, that's the new policy. Personally, being a chauvanist, I don't want to be dependent on a woman who's had a four-hour block of instruction on the use of the rifle. Some of the guys are bad enough!!! But, I guess now that Women's Lib is so prominent, there's no telling what'll happen next. Where are you when we need you, Marabel Morgan??? New people to USAG are Pvt. Taosa Paupolo, from Ft. Lee; Pvt. Randy Altena, Maryland; SP4 Raymond Harper, and SP4 Kevin Nash, both from overseas duty. Welcome to Garrison. Have fun . . . And SP5 Pauline Zeppieri is off to school, MP school that is, at Ft. McClellan. Sorry to see you go, Pauline. You're a good 'Flag Mover Supervisor'! And last, but never least, SP4 Ricky Reyes has reenlisted for FOUR years!!! Good going, Ricky!

Hey, hey, congrats to Lt. Monte Mingus, CO of the 16th BPO!!! Guess what he did? Can't? Well, he got his Masters of Public Administration. Now, that's super!!! He even received his diploma!!! Have you got it framed yet, sir? The peoples down at 29 Palms are enjoying the nice weather. Seems they had a cold streak this week. It actually got down to 115 degrees, instead of the accustomed 125!!!! What can I say? I'm definitely glad it's not me!!! Course, I also bet they wish it weren't them either. Guess they'll be glad to get back to the 60 degree weather here!

The Flight Detachment has lost one of it's aircraft inspectors . . . sounds hazardous! Mr. Jim Ray, a civilian at DAC, was given a promotion and is leaving for his new position at Ft. MacArthur. From what I hear, that's a really nice place. Hope you enjoy, Jim . . . And Sgt. Robert Colgove is leaving for Korea . . . I won't say what I've heard about that . . . But, I hope you enjoy it!!!



Enough of the troops happenings! You guys enjoy your weekend, be careful (???), and take 'n take 'n keep on whatevering. Linda is.

Star Presidian

Volume 20, No. 29

Presidio of San Francisco

Friday, July 22, 1977

A look at an age-old problem Presidio Main Post Library



Outside of the common cold, which probably defies any attempt to break it down into numbers, the number two reported infectious disease in the United States is chicken pox. What then is number one?

Glad you asked. It's gonorrhea:

Well, if gonorrhea beats out chicken pox, what is number three?

Keep your distance, friend, it's syphilis.

There are a number of diseases that can be called "venereal disease," or VD. All of them are transmitted or associated with sexual intercourse. Another name for them is "sexually transmitted diseases" or STD.

STD is the currently popular term with health professionals. While no one has said so, it is pretty obvious that VD has become a kind of negative term. When you say VD, you think of something dirty, grimy, immoral, sneaking in the back door sort of thing.

As a part of that education, this news article deals with the problem as it affects the Presidio, and San Francisco.

The disease

Right off the mark, there are about ten diseases that are either imbalances in the female flora or viruses that attack the genital area or, through genital contact, invade the body. Genital contact means having sex or doing something of a sexual nature. These diseases can qualify as STDs.

Health officials have five names on their list that they keep records on and attempt to control. Two of them, lymphogranuloma venereum and granuloma in-

guinale, are rare. A third is chancroid, a venereal sore or ulcer which is local to the genital area. You may have seen gruesome photos representing chancroids. You may also have heard the term, "chancre' (shanker), which is a painless sore representing the first stage of syphilis. The two names sound the same, but they are not the same disease.

Syphilis and Gonorrhea

The two diseases that make the most work are syphilis and gonorrhea. It is the job of the public health agencies to find, treat, and cure persons suffering from or exposed to venereal disease. And, when you say VD, most people think of syphilis or gonorrhea.

In the last six months of 1975 there were no reported cases of syphilis on the Presidio. For the entire year of 1975, San Francisco had 1,795 reported cases of early syphilis. In 1976, the Presidio had four reported cases, while San Francisco had 1,523. And in the first six months of 1977, the Presidio has already met the 1976 statistics - four - while San Francisco has reported 811. Although the statistics on the Presidio seem minute when compared to San Francisco, the two areas are actually one in terms of the environment. A soldier or dependent suffering from VD may have caught it in San Francisco and vice-versa for a civilian off post.

Traditionally, there are more cases of gonorrhea due to the short incubation period - 24 hours - and the fact that a person is infectious the whole time he has the disease. Syphilis, on the other hand, has a 21-day incubation period and a person is only infectious while he has the symptoms, which may last from three to 11 weeks, according to Sal Crispi of the San Francisco City VD Clinic.

During the last six months of 1975, there were 14 reported cases of gonorrhea on the Presidio, whereas for the entire year of 1975 there were 16,019 reported cases in San Francisco. The Presidio reported 115 cases in 1976, with 17,104 cases reported in San Francisco. During the first six months of 1977, the Presidio has reported 57 cases, while San Francisco has reported 7,000.

Since gonorrhea is more prevalent and spreads faster, health officials have a hard time getting a handle on it. The American Social Health Association estimated that only 6.1 percent of all cases of gonorrhea are reported.

What to do?

If you have a genital sore, or a painless sore on any part of your body where you may have had sexual contact, see a doctor or go to a clinic. If you have a painful or unusual discharge, see a doctor or go to a clinic.

Once you are diagnosed as having a case of VD, cooperate fully with the medical people and health officials. Try to recall all your contacts and follow all instructions for medical treatment. All too often, in many diseases, not only VD, a patient will not take medicine properly and suffers reinfection while building a resistence to treatment.

There is a strain of gonorrhea that is resistant to normal treatment currently infecting some people in this country. It is absolutely necessary that you have followup checkups to determine whether or not you

You should learn how to properly use a prophylactic (also known as a condom). If you have casual sex, you should be prepared to avoid the possibility of infection

Ask your doctor how best to use a condom. There is a right way and a wrong way.

VD can only be passed through sexual contacts. You may have heard someone say they got it from a toilet seat. One public health official put it this way: "The gonorrhea germ can only live in a moist, dark, airless environment at a temperature of 98 to 100 degrees Fahrenheit. My advice is to avoid hot, wet toilet

If you try to laught at it, if you try to hide it, if you hope that it will go away by itself, you are wrong. You only hurt yourself, and your sex partners. Everyone loses, and no one gains, except the statistics.

IG: Helping to solve problems

The Office of the Inspector General of the Army was created by congress December 13, 1777. This was a direct result of General George Washington and a council of 14 general officers seeing the need for an

The first IG was Baron Frederick W.A. von Stueben. Baron von Stueben was appointed Inspector General by Congress with the rank and pay of Major General. Baron von Stueben was the first IG of the Army actually to function as such.

In those early days, the duties of the IG were, mainly, "To muster the troops monthly, noting the number and condition of the men, their discipline and drill, state of arms and equipment, clothing ration, etc., to reject all unserviceable recruits and to discharge or transfer to the invalid corps all men disabled in the service, and to report all abuses, neglect and deficiencies to the Commander in Chief, the commander of the organization and to the Board of War.

The contemporary IG's mission for this Headquarters is to serve as the confidential representative and personal staff member to the Commander; inquire into and report upon matters affecting the performance of mission and state of economy, efficiency, discipline and morale of the United States Army Garrison, Presidio of San Francisco and assigned/attached units; and perform such other duties as required by law and regulations or as directed by the Commander.

The Presidio's Inspector General is Major Roger L. Andrews. Major Andrews conducts Annual General Inspections, looks into complaints or problems from the troops and investigates allegations that are the results of complaints.

The problems that are reviewed by this office cover all categories. Over half are personnel related problems. Other problems include both financial and housing matters. The IG can investigate any sort of

'Many of the problems that are received can be solved by listening, and assisting the soldier to help himself," says Major Andrews.

When a troop comes to talk with the IG, the troop will be advised where he can get help. The IG will explain facts that perhaps the soldier wasn't aware of. It is somewhat of a counseling business, although the IG is not a trained counselor.

When troops come to the IG with a problem, and have not used their chain of command, they will be encouraged to go back and use it. The troop will be told by the IG in order to resolve the matter it will be discussed with the chain of command, and the problem will normally be rechannelled through the CO or the 1st Sgt.

Any person, military or Department of the Army Civilian can go to the IG and he will listen to what is presented. DAC's with personnel problems will normally be referred to the Management Employee relations branch of the Civilian Personnel Office.



Presidio's Inspector General Major Roger L. Andrews reviews the intricacies of troop prob-



Have you ever gone to the IG?



PV2 Randy Altena, Chemical Branch DE-PSEC - "No, I've never had the need to. I've always had a fair shake. I've always been able to communicate with the people I work with when problems arose.



SP5 Lisa Adams, LAMC-PAO - "Yes, I have gone to the IG. While stationed in Germany. But they were unable to help

PV2 Sharon Lawson, Personnel Compact 'No, I haven't. Because I have the sense of responsibility to know that the job I perform must be done, so I accept the fact and handle it to the best of my ability.



SP4 David Van Gorder, **DEPSEC Assistant Opera**tions NCO - "No, I've never had to use the IG. I've never had any complaints.

Newsnotes



Education Center

The Army Education Center is sponsoring August briefings by representatives of two California colleges.

On Tuesday, August 2, at 4:30 p.m., University of San Francisco will describe its programs in Public Service, Psychological Services, Human Relations and Organizational Behavior, and Applied Economics. Designed for those who have finished about two years of college, the programs can often be completed in one year if students apply for credit for learning experiences obtained through jobs, military service, travel, and languages.

On Wednesday, August 17, at 4:30 p.m., Mr. Jim Calder from the Pepperdine University Campus will cover Bay Area opportunities for earning a Bachelor of Arts and Master of Arts in Human Resources Management, a field which combines the subject areas of human relations and organizational management. Courses leading toward the degrees are currently being offered on weekends at Mare Island, Treasure Island, and Alameda Naval Air Station.

All interested military personnel and their dependents are invited to the briefings, which will be held in the Ft. Scott Education Center, Bldg. 1216. Civilians are also invited to the University of San Francisco

Rec Center happenings

At the Recreation Center, you can participate in Hapkido Lessons, with Master So, 6th Degree Black Belt, at 6 p.m. on Tueaday, July 26th and Thursday the 28th. On Saturday, the 23rd, put on your dancing shoes and come dance to the newest Disco Sounds with Dr. Webb, from 9 p.m. to 1 a.m. On Sunday, the 24th, at 2:30 p.m., come join the fun and games for the Balcony Picnic and Table Games and bring a friend. Monday, the 25th, offers a Belly Dancing Workshop and Chess Lessons, at 7:30 p.m. on Tuesday, July 26th, it's Sewing with Alyce at 7:30 p.m. Dr. Webb's Disco Dance time is Wednesday, July 27th, from 9 p.m. to 12 midnight. Thursday, the 28th, at 7:30 p.m., offers the Sewing Class and the Pool Class.

Army Chaplains

The Army Chaplains of the Bay Area cordially invite you to join in the celebration of the 202nd anniversary of the United States Army Chaplaincy.

The ceremony will be held in the Portola Room of the Presidio Officers Club July 29 at 2:30 p.m.

Reservations can be made through your unit, or by calling 4711/4719.

6th Army Soldier of the Year

A two-phase competition was held over the past two weeks to decide the 6th Army Soldier of the Year. The initial competition was between nominees in the HQS. itself. The final competition was between the successful candidates from 6th Army HQS, Region IX (also on the Presidio), and Region VIII (located in Denver, CO).

The choice of awards for the winner is the same as that offered the winner of the Presidio Post competition — an all expense paid trip for two to Hawaii or a savings bond of equal value.

The winner of the final competition was SP4 Mary K. Hamman. She has selected the trip to Hawaii.



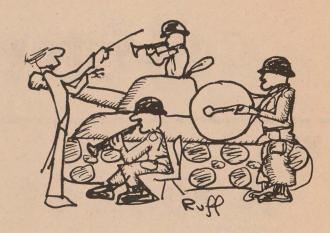
Family housing

Some soldiers are not aware of a policy change on family housing, and they are spending more time waiting for housing than is necessary. On July 30, 1976, the Army's policy regulating applications for military housing was changed for soldiers being assigned to state-side posts. By filling out a DD Form 1746, soldiers can have their names listed on the quarters waiting list at their new duty station. Under the previous policy, soldiers had to sign up in person with the housing office at their new duty station.

DA has ordered the tightening of procedures at the installation level to insure that soldiers being assigned to state-side installations get the chance to submit the DD Form 1746 at the time movement alerts are received

Stressing the importance of cutting down on housing list waiting time. DA officials say the present advanced application for housing also provides installation housing offices with a valuable management tool, making possible more accurate predictions of housing availability.

Soldiers on their way to Alaska or Hawaii should not use the DD Form 1746, which is only good for stateside installations but should make application using the DD Form 2370.



New bandmaster

The newly assigned bandmaster for the Sixth U.S. Army Band is Warrant Officer Tony W. Cason.

Mr. Cason assumed his new duty July 6, 1977, after completion of the Warrant Officer Bandmaster Course at the Army Element of the Armed Forces School of Music in Norfolk, Virginia.

Prior to attending the Bandmaster Course, he served as Section Leader and solo French Horn player with the Studio Band of the U.S. Army Field Band in Washington, D.C.

NCO Club news

The Presidio NCO Club presents Round Up Time, with a Country and Western Night on August 5. A chuck wagon buffet will be served from 6 to 9:30 p.m. The buffet includes B.B.Q. Spare Ribs, Baron of Beef, Southern Fried Chicken, Baked Beans, Corn on the Cob, Cole Slaw, Potato Salad, Macaroni Salad, and Home Made Biscuits. All you can eat for only \$5.25. The Skunk Band will play for your listening and dancing pleasure from 9 p.m. to 1 a.m. For reservations call

New Teen Club hours

Due to the lack of interest and attendance, the Teen Club will cease operation Tuesday through Thursday, from 1 to 6 p.m. Normal operational hours will be Friday, 4 to 11 p.m. and Saturday, 3 to 11 p.m.

Movies

PRESIDIO THEATER Friday, July 22, It's Alive (PG), 6 p.m.

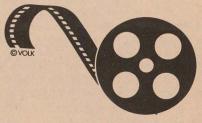
Saturday, July 23, Huckleberry Finn (G), 2 p.m. Saturday, July 23, Drive-In

(PG), 6 p.m. Sunday, Monday and Tuesday, July 24, 25, 26, Network (R), 6 p.m. Wednesday, July 27, The House by the Lake (R), 6

Thursday, July 28, The Outlaw Josey Wales (PG), 6

Friday, July 22, Fellini's Casanova (R), 7 p.m. Monday, July 25, It's Alive (PG), 7 p.m. Tuesday, July 26, Drive-In (PG), 7 p.m. Wednesday, July 27, Network (R), 7 p.m. **Thursday,** July 28, The House by the Lake (R), 7

SCHWARTZ/LETTERMAN



Star Presidian

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Collector's hobby is patches

by SFC Dick Rhyno

If you ever meet a man who tells you he served in the 135th Airborne Division, you'll know you're talking to a liar.

There was such an outfit — but it never had a single person assigned to it and never served a minute of active or inactive service.

The 135th had just one toe-hold on history: a blazing golden cloth disk with a black widow spider crouched on it and above it the word "Airborne."

This shoulder patch is one of several designating phantom Army units dreamed up during World War II for the benefit of Axis power snoopers to give them an inflated or erroneous idea of the strength and disposition of Army units.

These patches, together with literally thousands of other shoulder and pocket patches and regimental, company, and unit crests from all four U.S. military branches, form a collection started some 25 years ago by Sergeant First Class Lawrence L. Camarena, of Concord, California, Retention and Recruiting NCO with the 6237th USAR School, Camp Parks, Pleasanton, Calif.

Camarena, in civilian life a sixth-grade school-teacher with the Starr King Elementary School in San Francisco, began his collection as a first grade student with the help of his father, Victor Camarena, of San Francisco. The elder Camarena began his Regular Army career in 1936 in the horse cavalry and earned the Combat Infantryman Badge in World War II and again in Korea before his retirement.

"He gave me my first patches and crests," Sergeant Camarena recalls. "It was at that age when I was collecting stamps, too. Cereal companies began putting military patches in breakfast food boxes about that time, and that helped. I'd trade with other kids for patches I didn't have."

Today his collection is worth an estimated \$15,000 to \$25,000 and includes "a minimum of 10,000 regimental crests and about 3,000 shoulder and pocket patches," Camarena says.

He has also begun collecting ship, squadron, and unit jacket patches of the Navy, Marine Corps, and Coast Guard. That portion of the collection now boasts some 700 insignia.

One of the most treasured of his patches is the one that literally hung around his home for years — on his

dad's shooting jacket. It is the 159th Infantry shooting team patch. "I saw it one day in the garage. I guess I'd seen it hundreds of times before I really saw it," Camarena smiles.

His oldest regimental crests are six enameled Army and Corps cap badges from the Spanish American War. He obtained them in a collection which he purchased from an estate. His oldest patch is that of the 81st Infantry Division, formed in World War I with draftees from the Carolinas, Florida, and Puerto Rico.

According to an article published in the New York **Tribune** of May 4, 1919, "Nobody in the Army can place his finger on the man or men who devised the various identifying marks of the overseas divisions, but it is generally conceded that the 81st Division men . . . were the pioneers in wearing this insignia."

The article went on to point out that the 81st Division left for France before it could be determined whether the insignia was Army authorized — it wasn't — but when the units in France saw it, the rush for individual divisional patches was one.

Camarena now has "about 25 or 30" World War I patches in his collection. Some came to him from his grandfather, a World War I veteran, and his friends, or through correspondence to the various units.

"Patches actually worn during that war are hard to come by," Camarena says, adding with the collector's glint in his eye, "I'm always looking for more of them."

Current objectives of his acquisitional bent also include patches worn by personnel fo the Nuremburg War Crimes Trial staff. "They are important because they're historically significant, very few people had them, and the patch was in existence a very short time."

He already has the patches of the Japanese War Crimes Trial staff.

The insignia are more to Camarena than mere bits of colored cloth or pieces of metal. Aside from their intrinsic value, they represent a major portion of the vast sweep of military history. Each insignia has its own story, and Camarena either knows that story or knows where to find it.

Through his collection, he has become a minor expert in military battle history. Attempts to catch him out prove it. For example, do you know in which battle the greatest number of Victoria Crosses were won? (The British decoration corresponds to the U.S. Congressional Medal of Honor.) The Somme? Paesschendale? El Alamein? None of the above.



Patches of History...Sergeant First Class Lawrence L. Camarena of Concord, California, exhibits some of the 10,000 regimental crests and 3,000 patches he has collected over the past 25 years.

(U.S. Army Photo by SSG James A. Hubbell)

"It was at Roark's Drift in South Africa during the Zulu wars," Camarena says swiftly. "There were 12 awarded." He can recite the names of those who won them.

Who was the first U.S. soldier to twice win the U.S. Congressional Medal of Honor? "Tom Custer, the brother of Lieutenant Colonel George Armstrong Custer."

Told by this writer that one of those Medals of Honor was in the possession of Colonel Bryce Custer, formerly stationed at the Presidio of San Francisco, Camarena got that glint in his eye again.

"That close," he muttered. "Do you know how much one of those would be worth?"

And before you can guess, he's telling you about another medal. Seems the British Army designed this campaign medal for the riverboat men who helped serve with Kitchener's relief expedition to Khartoum back in the 1800's. It has an elephant on it, you sees, and . . .

Play wins silver trophy

People are not always what they seem. Second Lieutenant James Tucker, on the surface, appears to be like any other young Army officer. The quiet, conscientious 2nd Lt. has served in Headquarters Company here for 14 months. Like any other Army officer, much of his time is spent conducting inspections of soldiers and their equipment, marching platoons in parades and counseling soldiers on disciplinary and personal problems. Though it's important, it also can become dull and unexciting. Nothing in Lt. Tucker's person or his routing indicates that he is anything but what he seems — an ordinary Army officer.



Playwright Lt. James Tucker suggests position change to a member of the cast during an early rehearsal of his play, "Dark Rainbows." (U.S. Army Photo by SP4 Daniel Jackson)

But James Tucker is more than that! Much more in fact. He is also a full-fledged playwright. To prove it, he can point to the silver trophy he recently won with his

one-act play "Dark Rainbows" in the All-Army Festival of the Performing Arts. A panel of experts, headed by George White of the Eugene O'Neill Center in New York, awarded the play First Place in its category for 1976

"Dark Rainbows" is not Tucker's first literary effort, nor will it be his last. The play itself, which he is currently expanding and revising for commercial publication, is part of a larger novel which he hopes to complete in the near future. For many years Tucker has written poetry and short stories, but this is his first play and first novel. Both are based on the science-fiction theme of time-travel; the protagonist, Joe, travels back and forth between a happy childhood, an unhappy marriage, and the end of the world. Tucker says that most of his previous writing has also been of the science-fiction variety. He confesses to being an avid. even fanatic, reader of science fiction and fantasy, but feels that his style is uniquely his own; his concern is the sociological and psychological aspects of science fiction rather than the technological. "Even when I write about machines, I'm more interested in how they affect people and society," he explains.

Tucker, who is now serving as Executive Officer (second-in-command) of Headquarters Company, United States Army Garrison, was commissioned an officer through the Reserve Officer Training Corps (ROTC) program. Prior to that, he had spent two years in the Army, including a year in Vietnam, as an enlisted medic. Now, however, Tucker is preparing to leave the Army in order to devote his full efforts to the competitive literary world. He expects it to be rough going initially, and says he is prepared to go hungry for awhile until he makes it, or even to take on another calling as a temporary measure.

Yes, people are not always what they seem, and 2nd Lt. James Tucker is a prime example.

Presidio Playhouse auditions

Auditions will be held on August 1 and 2 at the Presidio Playhouse for the Presidio Players' opening production of the new season, "DAMES AT SEA." The long run off-Broadway musical is based on the nostalgia of the Hollywood musicals of the 30's. The scene is big-time New York, and into the scene wanders a sweet little girl from a far-away hometown, who has come to make it big on Broadway. Who should she chance to meet but the hometown boy, now a sailor, who has ambitions as a songwriter. The hometown girl begins in the chorus, of course, while the show's star makes goo-goo eyes at the sailor and rocks the boat of true love. But in Hollywood fashion, the sailor will save the show with a smash tune, and the hometown girl will achieve stardom by singing it on the deck of a battleship which happens to be passing by.

Appointments for audition times between 6 and 10 p.m. on the audition nights may be made by calling 561-3992 from 1-5 p.m., not later than July 29. It is not required, but it is suggested that those auditioning have a prepared vocal selection and bring the sheet music. A pianist will be available. Auditions are open to anyone interested. Musicians are also needed and backstage technical positions in scenery, lighting, costuming, properties and publicity are open to all interested in participating.

Intramural Softball results

Presidio League 402nd MP Co. USAG 864th Engrs. LAMC Dental Corps LAIR HQ 6th Army 170th MP Co. LAMC No. 1	Won 8 7 6 6 5 3 2	Lost 2 2 3 4 5 6 8 8
Ft. Scott League 666 Radar Sqdrn. WRRC LAMC No. 2 16th BPO 525th MI Gp. 51st Engrs. Det. USPHS HHD 504th MP Bn.	Won 8 8 7 4 4 4 3 0	Lost 1 2 2 5 6 7 10



Free tennis tips

Sports Branch, Recreation Services Division, offers a free evaluation of your tennis game, to be given by Mr. George Collier, U.S.T.A., N.C.T.A., coaching professional, who conducts the Presidio Tennis Clinics. Evaluations will be given on Saturday and Sunday, July 30 and July 31 from 12 noon to 2 p.m. at the Parade Tennis Court. Come out and meet George and pick up some free tips to better your tennis game.



Notes from the Kegboard

Ft. Scott League	W	L
USACC	28	8
LAMC	26	10
LAIR	231/2	121/2
525th MI Gp	21	15
16th BPO	21	11
864th Engrs.	15	17
Spt. Elm.	13	23
51st Engrs.	101/2	251/2
402d MP Co	10	26
HHD 163rd	8	28
Presidio League	W	
Presidio League	W 26	L 10
504th MP Bn	26	10
504th MP Bn USASA	26 24½	10 7½
504th MP Bn USASA Spt. Elm No. 2	26 24½ 24	10 7½ 12
504th MP Bn USASA Spt. Elm No. 2 525th MI Gp	26 24½ 24 24	10 7½ 12 12
504th MP Bn USASA Spt. Elm No. 2 525th MI Gp HQ USAG	26 24½ 24	10 7½ 12
504th MP Bn USASA Spt. Elm No. 2 525th MI Gp HQ USAG SFFO CID	26 24½ 24 24 21½	10 7½ 12 12 14½
504th MP Bn USASA Spt. Elm No. 2 525th MI Gp HQ USAG	26 24½ 24 24 21½ 20	10 7½ 12 12 14½ 12
504th MP Bn USASA Spt. Elm No. 2 525th MI Gp HQ USAG SFFO CID LAMC No 2 LAIR No 2	26 24½ 24 24 21½ 20 16	10 7½ 12 12 14½ 12 20
504th MP Bn USASA Spt. Elm No. 2 525th MI Gp HQ USAG SFFO CID LAMC No 2	26 24½ 24 24 21½ 20 16	10 7½ 12 12 14½ 12 20 26



Golf tournament results

The Recreation Services Division, Sports Branch Commander's Golf Tournament was held at the Presidio Golf Course on Wednesday and Thursday, July 13-14. Handicaps were used for pairings only in the 36-hole scratch tournament. Winners were:

OPEN DIVISION STANDINGS

NAME	SCORE
1. Jim Stinebaugh	146
2. Dave Heath	153
3. Don Naylor	158
4. Henry Smith	168 (Tie)
4. Lon Peterson	168 (Tie)
SENIOR DIVISION	
1. Richard Scott	177
2. Bobby Tate	179

The secret eye

A gathering of people and events under the watchful SP typewriter

By Eve S. Dropper

Hello!!! How's it going for the Presidians? From what I hear, everything's running pretty smoothly here. And ain't we the lucky ones??? Remember, no matter how bad you think things are, they could be worse! Right, LAMC???

This week there's some news from the Chaplain's office. Congratulations are definitely in order for Chaplain, (Major) Timothy Tatum, who received the Meritorious Service Medal in June. Chaplain Tatum is on leave before going to his new assignment as Community Chaplain in Pirmasens, Germany. We'll all miss you sir. I, for one, can honestly say you're patience and guidance was greatly appreciated. We all hope you enjoy your new duty. Also from the Chaplain's Office is a newly arrived Assistant Post Chaplain. Major Harold Mills has joined us from the Career Course at the US Army Chaplain's Center and School at Ft. Wadsworth, Staten Island, N.Y. Chaplain Mills will present his first sermons this Sunday at 9 and 11 a.m. at the Post Chapel. There will be a welcoming reception after both sermons for him and his family at the Chapel. Welcome to the Presidio, sir.

The 864th Engineers have gotten in some newbys. Robert Tavares and Pvt. Donald Petersen came in from Ft. Gordon (BOY, did you ever improve your duty station!!!) And Pvt. Steven Garrwood from Ft. Jackson. Leaving the Engineers are SP5 Kenny Walden, to Panama (YEH!!! What a nice place! Too bad our 99 year lease will run out soon . . .). SP5 Kenneth Gibson, and PFC John Thompson, both ETSing; and SP5 Rickard Lind, off to Germany. Good luck, gang!!! And Enjoy! And Congrats to the engineers! They were the high contributors in the blood drive. Touche!!!

Raymond Hart, Jr., of HQ Co. USAG, was promoted to PFC at the Wednesday morning formation . . . Congrats, Raymond. And the gang at USAG played ball against the 864th Engrs. Wednesday night. Check the sports results for the exciting outcome of that game!!! (Next week!!!) Also promoted at Garrison are Steven Harkins, and Cornelious Liddell to SP4 and Patrick Wilson to PFC. Congrats!!!

Sixth Army has had a lot of goings on this month. Thomas Wallace of DCSPA, was promoted to SFC, and Gary Pohrman, of the same department, made SSgt. Congrats to you both!!! New arrivals to 6th Army include Lt. Col. John Kelly, new chief NBS of DCSOPS; Lt. Col. Michael Molino, Lt. Col. Walter Naumann, and Major Kenneth Date, Assistant IGs. Major David Larson, chief CLRT Team No. 4 - 13th; Capt. Orval Golphnee, Training Officer DCST; Capt. Penny Townsend, Chief of Plans Officer DCSPA; and CW3 Jackson Strawn, Administration Technician Command Group. Leaving 6th Army are Major Theodore Gostas, to Germany; Col. Kenneth Hibbs, retiring; Capt. Donald Judd, back to civilian life; Major Strafne, Major Coonfield, Lt. Col. Cashman, all of the IGs office; Major Collins has retired, Lt. Col. Orrick is PCSing overseas: Capt. and Virgil Becker is returning to civilian life, too; and on the 7th of July, SFC Robert Baldwin reenlisted for three big years. (Ever heard of a little year???) Congrats, where they're in order, enjoy your new assignments, as applicable, and whatever!!!

The Flight Detachment has two promotions!!!
Steven Harkins made SP4 and Patrick Wilson made
PFC!!! Congrats to you both!!!

Over to the MPs, the action is hot and heavy!!! Ove Jan Harlevoll, of the 170th MP Co., has reenlisted for three years! Enjoy! Being promoted at the 170th were Alvin Barette, James Herbert, Elaine Hower, Samuel Jenkins, Steven Newsom and Thomas Summers all made PFC. Now, that's a lot of PFC's!!! Congrats to you all!!!

The 16th BPO still has members of it's unit frying out at 29 Palms... hear it was 130 degrees this week... WHEW!!! Talk about frying an egg on the helmet liner... And the BPO will have it's IG next week, so they're busy, busy, busy. Good luck!!! We're behind you all the way.

You know, it's been since I was in elementary school that anyone I knew was given a good conduct medal (I didn't get one even then!!!), but SP4 John Scott, SP4 Eric Steele, SP4 Geoffrey Banks, all of the 170th, SP4 Gary Baker, HQ Co. USAG, SP4 Donald Willis, 864th Engrs., and PFC John Sigerseth, 504th MPs, were all given Good Conduct Medals!!!! You guys must be living right! Congrats!!!

At the 163rd MP Co., James Kardeke was promoted to Sgt. Congrats, James! And SFC John Polarine has re-upped for three years. Enjoy, John.

Seems like the MPs are busy with promotions and reenlistments!!! SP4 Margie Arnold, 402nd MP Co., has re-upped for three years. Good luck, Marge! I truly hope you enjoy it! And Anita Rhine made SP4. Good work, gals!



Boy, am I glad whoever made calendars remembered to include Saturday and Sunday! And I'm glad that whoever made the work week decided to have those as 'restful' days!!! How else could we make it through the week!!! Gotta have those days to look forward to! Well, be careful in your weekend time, enjoy, and take 'n take 'n keep on whatevering! Marjorie is!!!

Star Presidiam POST LIBRARY

Volume 20, No. 30

Presidio of San Francisco

CABL: Massive surgery needed to product overcome the paper machine

Wars are fought, enemies are conquered, commanders come and go, but the tyranny of paperwork seems to live forever.

Every company commander since the advent of paper and pencil has been convinced that the "Tube" emptied directly into his orderly room.



The need to reduce the administrative burden on the company has long been recognized. For example, General Leslie J. McNair, commander of US Army ground forces in 1942, firmly believed that all people in combat ground forces in 1942, firmly believed that all people in combat units must be able to function in combat. He feit that company commanders should reduce paperwork, issue verbal orders, reduce the size of their headquarters, eliminate unneeded links in the chain of supply and administration, and pool at higher headquarters that which is only occasionally needed.

Piecemeal measures have been tried from time to time. The Army issued carbonless paper, bought electric typewriters, authorized telephonic reports, but the mountain of paperwork seemed only to grow higher. Massive surgery was needed.

Consolidated Administration Battalion Level (CABL) is that radical surgery. The CABL concept calls for the removal of clerks, typewriters, files, and regulations from the company to Battalion Headquarters. Reorganized into a Battalion level Personnel Actions Center (PAC), these same individuals who carried much of the paperwork load in the orderly room are now organized along the lines of a mini-consolidated personnel activity. Theoretically at least, the stacks of paperwork themselves will also be shifted by taking away the ability to handle the mountainous stacks of paperwork long inherent to a company orderly room and shifting it to battalion.

CABL will hopefully free company commanders and first sergeants of formal administration so that their efforts may be directed towards training, readiness and leadership. Other primary goals of the program include improved administration support of the soldier, a reduction in the number of "shadow" clerks presently being used to augment orderly room clerical personnel, a standaruization of administration and the consolidation of clerical and supervisory functions in garrison and field configuration at battalion level.

"...the mountain of paperwork seemed only to grow higher. Massive surgery was needed."

According to SFC John Schorr, PAC NCOIC at the 504th, the program is going to work and work well. Schorr says that his PAC is staffed to handle everything that was formally handled at the company level. Along with his Personnel Service NCO, Sgt. Dellouris May, he is training a total of 12 clerks in the various functions performed at his

"Under the old system, each clerk in the unit orderly room was required to handle nearly all of the administrative functions performed at the company level. Under CABL, we are now training each individual in specific areas - much like COM-PACT (Consolidated Military Personnel Actions) at post," says Schorr.

"Those 1st Sergeants who are administratively oriented are a bit shaky about the program. . ."

Like all newly instituted programs, Schorr expects CABL to draw its share of complaints from the units. "Those 1st Sergeants who are administratively oriented are a bit shaky about the program - those who like to 'walk the trenches' are all for it," he added. He went on to state that maintaining communication with the units may prove to be one of his biggest problems. "When they tell us to do something, we have to get back to them and tell them what we've done.

Schorr also invites complaints from the unit level. He admits that "... there is a reluctance to say anything now because the program is new. But if we don't hear their complaints, we don't know their problems and I can't try to solve them."

The 504th PAC is open during the mornings and closed in the afternoons to catch up on the actions that it received that morning. But Schorr is quick to point out that if a person has a problem that needs to be solved, the individual will not be turned away.

It is expected that it will take a good deal of patience and cooperation to implement all elements of CABL. Old ideas die hard. Some people will still want to do things the old way unless they are convinced that the change will benefit them. Commanders are not going to be happy about giving up personnel assets unless they are also relieved of the responsibility for administration.

If properly supported, CABL can and will work to the betterment of the company leadership, the individual soldier and the overall unit mission.

One way to get there and back

Presidio's Post Taxi Service, which has been in effect since September 1975, has served over 50,000 people. A unique note is that the service has only six radio cabs and six drivers when it is at full strength.

Military or civilian personnel can ride to any place on post as long as their destination is strictly official military business. Taxis cannot be used to go to the PX, Commissary, Bank, Post Office or

Many people who currently use the taxi for short trips don't realize that the taxi service will take them to out-process, sick calls, appointments or to haul large parcels or baggage as long as they're going to a military location.

The taxi service takes it's share of abuse, says Post Taxi dispatcher Mr. Gregory Jones. "If a passenger calls and says he wants to go to the hospital, but just actually wants to be let off somewhere near the hospital they will say 'just drop me here.' This is one type of abuse, another is when someone will call for a taxi and then not bother to cancel before the taxi comes to pick them up.

In a four week period, 1,904 calls for taxi service were received. Out of those 1,904 calls, 159 were no-shows. In almost two years 50,000 people have used the service available on the Pres-

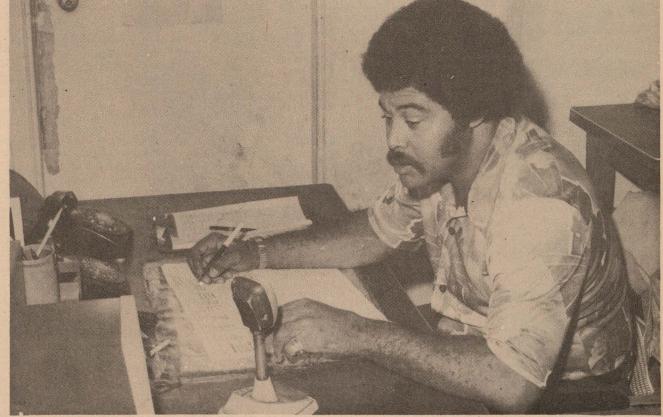
Available vehicles that are used as taxi's include station wagons, sedans, one carry-all (a window van that seats eight people) and one pick-up

Mr. Clarence Jump, Operations Foreman, Transport Branch, under the Transport division of DIO says, "People who call for a taxi and then

'bug-out,' cause a loss of time. And we can't afford running around for people who didn't want a taxi in the first place.'

Even though people abuse the taxi service, the service will continue to operate. "If it was discontinued," said Mr. Jump, "it would be an action against the people who abuse it and penalize the people who need it.'

For those personnel wishing to use the Post Taxi service, the hours are 8 a.m. through 3:50 p.m., Monday through Friday. The taxi dispatcher can be contacted at ext. 2864.



Taxi dispatcher, Gregory Jones relays messages to the taxi drivers.

News notes

Reservists PX privileges

Major General Bobby W. Presley, commander, Army and Air Force Exchange Service (AAFES), has announced that effective immediately, "dependents of reserve component patrons including their children, may henceforth enter AAFES activities when accompanied by the reservist exercising his or her exchange privilege," based upon an April 29, 1977, House Armed Services Committee (HASC) ruling.

As a result of the HASC action, the restriction prohibiting the children of reservists from accompanying their parents into AAFES facilities was removed. All exchange purchases must still be transacted by the reserve component member, however.



High School completion program

If you are 18 or over (or will be in the next three months) and a military dependent, you are eligible to attend the High School Completion Program at the Presidio Education Center. The High School Completion Program is designed to provide the necessary required classes and preparation for the General Educational Development (GED) tests, enabling most students to complete their high school diploma in a 10-week period.

A diploma is earned from the Galileo Adult Center, San Francisco, and in some cases may be earned from your original high school. The program begins August 1 and continues through October 7, 1977. The classes run from 7:30 a.m. to 4:15 p.m. Monday through Friday. The program is free and meets at the Adult Education Department, Army Education Center, Bldg. 1216, Ft. Scott.

For further information or to enroll, contact the Adult Education Department at 561-2974 or 561-3189.

The American Red Cross

"The Good Neighbor" — the American Red Cross is always ready to help you and your dependents.

The Red Cross "supports and supplements" activities affecting the health, welfare, recreation, and morale of soldiers and their families.

Red Cross services include counseling, reporting services (i.e., emergency leave, compassionate reassignment, AWOL, etc.), services to military personnel on ships at sea, assistance with communications between the soldier and his family, and emergency financial assistance.

Contact your "good neighbor" when you need help.

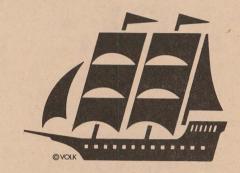
Shakespeare Festival trip

The Central YMCA is offering a trip to the Shakespeare Festival in Ashland, Oregon, from September 1st - 6th. The group will stay at Southern Oregon Community College and see four plays: "Antony & Cleopatra;" Merchant of Venice;" "Measure for Measure;" and "The Rivals." For more details call the Central YMCA — 885-0460.



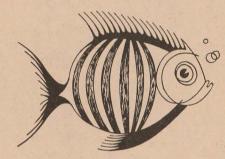
Vote on Tuesday

Remember to vote this Tuesday. Registered voters in the City and County of San Francisco go to the polls August 2nd to decide the fate of ballot Propositions "A" and "B." Proposition "A" would repeal the recently passed district election of supervisors and mean a return to city-wide election of supervisors. Proposition "B" also mandates reforms in the district election of supervisors; it would, in addition, end the present terms of Mayor Moscone, Sheriff Hongisto, District Attorney Freitas, and many of their appointees at the end of the year. Eligible voters include those registered voters who claim the Presidio as their home of record as well as military and civilians who live in the city itself.



Sailing classes

The Central YMCA, 220 Golden Gate Ave., San Francisco, is going to hold a sailing class August 12 and 13th. The class consists of an evening of theory on Friday, August 12th from 7-9:30 p.m. followed by a day on the San Francisco Bay, August 13. Since numbers are limited, early registration is required. For further details, call Central Y at 885-0460.



USO activities

Anyone interested in Deep Sea Fishing? The San Francisco USO is going out with a group on Sunday, August 7, and the cost is \$20 per person. Free Spanish classes for beginners are held every Tuesday at 7 p.m. at the USO, and are instructed by Spanish speaking USO Staff Aide Samanatha. Chess lessons for beginners, intermediates and advanced players are given every Saturday at 2 p.m. by Chess Master Sienkievich at no charge at the USO. Friday nights offer Disco Dances at 8 p.m. For further information about any of these events, call USO, 776-3100.

Movies

PRESIDIO THEATER Friday, July 29, The Outlaw Josey Wales (PG), 6

p.m. Saturday, July 30, Follow Me, Boys (G), 2 and 6

Sunday and Monday, July 31, Aug. 1, Carrie

(R), 6 p.m. **Tuesday,** August 2, All The President's Men (PG),

6 p.m. Wednesday and Thursday, August 3 and 4, The Farmer (R), 6 p.m.

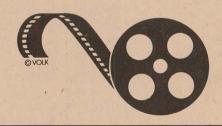
SCHWARTZ/LETTERMAN Friday, July 29, Chesty Anderson, U.S. Navy (R), 7 p.m.

Monday, August 1, The Outlaw Josey Wales (PG), 7 p.m.

Tuesday, August 2 Fol-

Tuesday, August 2, Follow Me, Boys (G), 7 p.m. Wednesday, August 3, Carrie (R), 7 p.m. Thursday, August 4, All The President's Men (PG),

The President's Men (PG 7 p.m.



Star Presidian

The Star Presidian is an authorized unofficial offset Army newspaper, with a circulation of 5,000, published weekly under the provisions of AR360-81 by the Public Affairs Office, Presidio of San Francisco, CA 94129. Views and opinions expressed herein do not necessarily represent those of the Department of the Army. Editorial offices are located in Building 37. Newsroom telephone: (415) 561-3908 or 2005. Colonel John D. Hamilton, Sr., Commander Major Carole M. Campbell, Public Affairs Officer SP4 Rebecca S. Hall, Editor Pvt. Linda Spillane, reporter



Do you use the post taxi?



SSgt. Michael Jeffcoat, USAG Dining Facility — "I don't use it that often and I think it is a good thing to have. My section uses it often and it's good for people just coming in. It wouldn't hurt me personally, but it would hinder a lot of other people who do use it."



Sgt. Katherine Chadbourne, DIO — "Yes, I do use it. I use it frequently and it would hinder me if it were discontinued."





SFC C.A. Simpler, Welcome Center — "I don't use it, but customers do use it. And for personnel just coming on post it would be a gross disservice if it were stopped."

Two hats:

One for sport; one for DI duty

By SFC Dick Rhyno

She wears two hats, one indicating her civilian hobby and the other her status as a qualified drill instructor in the U.S. Army Reserves.

The first hat is large and black and is of the 10-gallon variety. For Colleen Petrich of Carnation, Washington, the headgear is a practical necessity, for she is an endurance rider, having participated in some 16 long-distance horseback rides in the past several years.

Diminutive and forthright, she has been a horsewoman since her younger days growing up in Seattle, Wash., where her parents, Mr. and Mrs. Robert Ingram, are in the electrical contracting business. "I wasn't raised on a ranch; I was raised in the zoo," she laughs. "I got to like animals there, I think."

Her endurance rides are bone-rattlers of 50 miles or more, and she has plans for substantially extending the distance. "If Dino, my horse, holds up, we're going to try at least one 100-mile ride this year. If we do okay, then we may try another one."

Her longest ride to date was one of more than 60 miles in the Blue Mountain area near Walla Walla, Wash. "That was a rough one," she says in her husky voice. "You have to survive each ride, you know. You plan on entering the next ride after you see how the horse stood up in the last one."

So far, Dino, a Welsh quarterhorse, is doing fine. "I've been on 10 rides with him and we've finished eight of them, seven in the top 10."

Her mount on the first six rides didn't work out quite that well. "He was an Arab stallion," she says. "He always wanted to be out front. He got the thumps; his heart rate and respiration rate didn't work right."

In civilian life, an animal control officer with the University of Washington in Seattle, Colleen got into the U.S. Army Reserve program two years ago through the Civilian Acquired Skills (CAS) program. Already trained as a secretary, she was sent to Fort McClellan, Ala., for two weeks of active duty training at Fort Lawton, Wash.

She next completed the U.S. Army Drill Instructor (DI) course at Fort Lewis, Wash., a nine month stint requiring one weekend a month and two weeks of active duty training. From that she earned the right to wear the distinctive Aussie type DI hat.

Now a sergeant with Company A of the 415th Regiment, 104th Division at Fort Lawton, she is in the Sixth U.S. Army Military Occupational Specialty Training Center unit supply course at Camp Parks, Pleasanton, Calif. She is scheduled to help train basic recruits in Washington in the near future and is looking forward to it.

"I like this," she says of her Reserve life. "It's a fantastic way to get to meet lots of people from other states — plus I don't mind the extra money, either!"

There's a bit of a family tie in her Reserve assignment. Her oldest brother, Pat Ingram, is also a sergeant with the 104th Division at Fort Lawton.

Photo by SSG James A. Hubbell

Sergeant Colleen Petrich of Carnation, Washington, has two extracurricular jobs: she's a long-distance horseback rider in her spare time and a drill instructor for the U.S. Army Reserve in Washington one weekend a month.

His job with the 4th Brigade there is encouraging personnel to stay with the Reserves, so it may well be that Colleen Petrich will be wearing those two hats for some time to come.

Skeet team teaches shotgun safety

The Presidio Skeet Team provides an opportunity for interested Presidio active duty military personnel to learn the basics of shotgun safety and clay target shooting.

Skeet and trap shooting are the two most popular clay pigeon shotgun shooting sports in the United States. Skeet is usually shot with an open choke shotgun at relatively close ranges (under 30 yards) while trap is shot with full choked guns at distances over 30 yards.



Practicing on Treasure Island's Skeet Range, this member of Presidio's Skeet team receives instruction.

Skeet shooting is a very popular sport among both men and women throughout the United States. Skeet requires the development of fast reflexes, hand-eye coordination, and the ability to concentrate. Skeet is taught to Air Force gunners as an excellent training device, illustrating the principle of "leading the target."

Under the guidance of Capt. Wayne Askew, Capt. Max Van Buren and SP5 Ned Euliss, club members frequently practice at Treasure Island and Mare Island ranges. The team, consisting of five shooters, shoot at local Skeet meets approximately once a month. Members compete for prizes on both an individual and

team basis. Shooters compete against others of similar skill and experience by a classification system. The team is composed of shooters of all degrees of ability, ranging from those capable of breaking 50 out of 100 "birds" to those such as Colonel L. Ballard, the DPCO of the Presidio, who has been known to "smoke" (direct hit) 97 out of 100 targets. The Skeet teams maintain a reloading room for loading shotgun shells and has 12, 20, 28 and .410 skeet shotguns available for use by the members.

The purpose of the Presidio Skeet Team is to promote and encourage clay target marksmanship, shotgun safety and good sportsmanship for active duty military personnel stationed at the Presidio and to field a skeet team to compete in National Skeet Shooting Association sanctioned meets in the Bay Area as representatives of the Presidio. The team provides necessary training to enable Presidio's active duty military members to complete in FORSCOM sanctioned clay target competition. This also provides members, especially those living in troop quarters, a safe and secure place to store reloading components, access to reloading facilities, and access to shotguns for skeet shooting. Accomplishment is prescribed by the policies and standing procedures for the Presidio Skeet Team, which operates as part of the Outdoor Recreation Program of Recreation Services at the Presidio.

"... developed into a regular program that gave each shooter the same series of shots..."

Skeet Shooting started on the grounds of the Glen Rock Kennels in the town of Andover, Massachusetts in 1920. It was there and then that a small group of upland game hunters, including the late C.E. Davies, proprietor of the Glenn Rock Kennels, his son, Henry W., and the late William H. Foster, were shooting at clay targets as a means of obtaining wing-shooting practice with their favorite upland guns. Their shooting gradually developed into a regular program that gave each shooter the same series of shots so that the competition, which was inevitable, might be even.

Originally, the arrangement was a complete circle of twenty-five yards radius with the circumference marked off like the face of a clock. The trap was set at "12 o'clock" and was set to throw the targets over "six o'clock." The competitive program consisted of shoot-

ing two shots from each of the twelve stations. The shell that was left over from a box was used, first as a stunt, to shoot at an incomer from the center of the circle. This later proved to be a shot offering real snap-shooting practice and has since developed into the plan of Station Eight shots of the regulation skeet program.

"Skeet shooting is one of the most popular sports enjoyed by members of the military..."

"Shooting around the clock," as it was informally called, had most of the elements of modern skeet shooting. But, a commonplace incident then occurred that had a distinct bearing on the present day program. In "shooting around the clock," shots were fired to all points of the compass, until a neighbor started a chicken farm in a lot adjoining the kennels. That put a stop to shooting in that direction. Foster solved the problem by producting a second trap and placing it at "six o'clock" so that it would throw its target over "twelve." This gave the shooter the same problems that were found in the original clockface, but reduced the danger area by half.

When the details of the sport had been worked out and tested, and a set of rules drawn up, the idea was introduced to the public in the February, 1936 issues of both National Sportsman and Hunting and Fishing Magazines. At the same time, a prize of \$100 was offered for the most appropriate name for the new sport. It was won by Mrs. Gertrude Hurlbutt of Dayton, Montana, who suggested "Skeet," an old Scandinavian form of the word "shoot."

Skeet shooting is one of the most popular sports enjoyed by members of the military, and participation is growing every day. It's not one of the most popular spectator sports but after you've seen someone shoot, you feel you just have to give it a try.

New members are constantly being sought by the Presidio Team. No experience is necessary, team members coach and train each other. If anyone would like to learn more about Skeet Shooting, Capt. Max Van Buren, the training officer, would be happy to talk to interested personnel. The team plans to conduct a new member familiarization at the Treasure Island Range. Interested personnel can contact Capt. Wayne Askew at ext: 5873 or Capt. Max Van Buren at 869-2707. Transportation, shells, and shotguns will be furnished.

The secret eye

A gathering of people and events under the watchful SP typewriter

By Eve S. Dropper

Hello, hello, and how's it going? Hey, I feel so super this week, I don't think anything could get me down!!! Hope you all are having beautiful lives, too!

Well, this week we heard from the MPs. In fact, I got an anonymous phone call from a fellow offering info! Ain't he sweet? Really, I do appreciate your calling. I think it's super, and feel free to keep in touch. SP4 John Sigerseth, of the 504th, has ETSed...saw a cute cartoon once about ETSing. Seems this young fellow had to be informed that the ETS was not the Army's highest award...What do you think, John? SP4 Richard Barnard's wife had her second child, a girl!!! Super congrats, Richard and wife!!! SP4 Bruce Blindbury has PCSed to Ft. Richardson. Enjoy, Bruce. Also at the 504th, SP4 Peter Hansen has signed up for another three years! Be happy, peoples. SSgt. Peter Lehnecke received the Army Commendation Medal! All right!

The 170th MP Co. had two of their people receive the Good Conduct Medal. SP4 Ove Hatlevoll and SP4 Steven Littler both received it. Congrats on the good work. And SSgt. James Goss, of the 402nd MP Co., has re-upped for six years!!! That sounds like such a long time! But, it's six more steps on the road to the Big Twenty!!! Congrats to SP4 Norman and Diane Palmer who are now the proud parents of twins!!! Last Saturday, Diane gave birth to the two newbys, and they got one of each kind!!!

The Band is back from their annual leave, and they've been busy getting their lips and lungs back into shape! Practice makes perfect, and these fellows are definitely striving for perfection! This week they have the monthly Retirement Ceremony and then a special one for General Salisbury. SP5 Kevin Cleary, who won the FORSCOM competition for his work in music, has received the Good Conduct Medal. Congrats, Kevin. SSgt. Joel Clark is off to Germany. Enjoy your new duties, Joel.

The engineers have had a LOT of promotions!!! At D Co. 864th Engrs. Wayne Redmond, Kenneth Walden and Kenneth Thomas made SSgt., Ricky Bazile made Sgt., John Christenot, Terry Miller, and Michael Rau all made SP4. Thomas Collins, Michael Hough, William Kleier, Joseph Kuhn, Randy Lucas and Jimmy Ragland all made PFC. Congrats, to you all! Those new stripes ought to feel good!!! SP5 Ronald Eklund received the Army Commendation Medal! Congrats, Ronald. And SFC Terry Lewis received the Good Conduct Medal Clasp, his fourth award!!! At the 51st Engrs., Claudia Boehl was promoted to PFC.

HQ Co. USAG seems to be holding it's own at the baseball games! Striving for that No. 1 position, and close to it now! Keep up the good work, guys. We've got faith in ya! New people to USAG are Pvt. Randy Hovis, from Ft. Lee; Pvt. Steven Peeler, in from Germany; Pvt. Dolores Frank, from Ft. Jackson; PFC Mickey Suniga, from Ft. Lee: PFC Thomas Revera, from Germany; Major Jack Benedict, from Ft. Leavenworth and Major Bruce Wicks, also from Ft. Leavenworth. Hope you all enjoy your tour here. It's really beautiful when the fog lifts . . 'course, how often you get to see the beauty depends on how long your tour is . . .

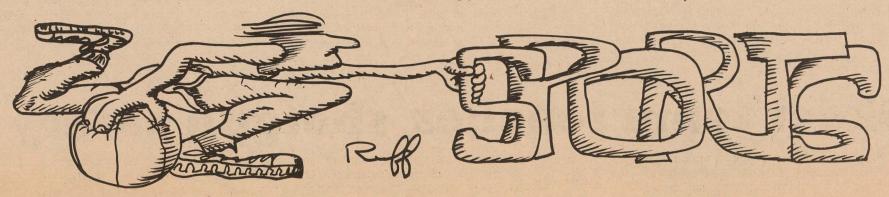
USAG had one promotion, as far as I know, and that was David Crosby, who made PFC. Congrats, David. And Sgt. Ronald Forinash reupped for six years. But, they had an awful lot of people conducting themselves well... SSgt. Willie Carter received his Good Conduct Medal Clasp, his fifth award; SFC Ronald Renouf, his fifth award (Way to go, SFC Renouf!) Sgt. Donald Austin, his second award; SP5 Craig Reed, his second award, and SP5 John Ciolek, his second award. SP4 Daniel Jackson received his Good Conduct Medal, as did Pvt. Robert Collins. Congrats, to you all!

The 16th BPO had their IG Wednesday. Hope you done good, peoples! And the BPO troops are back from 29 Palms...and, I would assume, quite happy about being back!

I heard from WRRC that they skunked the BPO Monday p.m. in the softball game . . . 12-6 . . .



What a week! Hope your weekend is the way it would make you happiest... Take 'n take 'n keep on whatevering... we are. And Nancy, what about you?



Yanks take championship

The Presidio Yanks battled from the cellar during the second half of the season as right fielder Paul Vincent led the Yanks into a tie and playoff with the Twins by lining an infield hit down the first base line. Left fielder David Yuki doubled down the first base line breaking a sixth inning 6-6 tie that gave the Yanks a 9-6 victory and second place.

Pitcher Frankie Curran's first inning homerun opened the first game of the finals against Corpus Christie igniting the Yanks to a 6-0 rally and key plays from second baseman Mike McCarthy to shortstop Jonas White forced the opposition to play catch-up baseball for four innings. At the end of six innings, the Yanks had put away the San Francisco Champions with a 7-5 victory. Pitcher Jack Strawn added to his pitching record as he went the distance giving up only one hit and nine strike-outs.

Catcher Ken Neely connected in the second game with a three run homer to boost the Yanks with a 3-2 edge over Corpus Christie. First baseman Joe Batiste Jr. made his third unassisted double-play of the season adding the spark to the pitching of Mike Ridley to the distance allowing only seven hits. Advancing from second to third on stolen bases, left fielder Lynn Castro stalked a loose ball from a wild pitch thrown by the pitcher as she slid into home plate to smoke the catcher giving the Yanks an 11-8 victory.

The final inning was plagued with injuries as tensions mounted when Corpus Christie began to battle back, but the coolness of the Yanks held as the last batter popped a fly ball near the third base line and every Yank scrambled to catch it. As the dust cleared and Mike Ridley had the winning catch, the Yanks had become the first Major league team of the Presidio to defeat the San Francisco Champions in three consecutive years. The Yanks are coached by SSgt. Elliott of Sixth Army.



Golf Tournament

The results of the Commander's Golf Tournament held at the Presidio, July 13-14 are as follows:

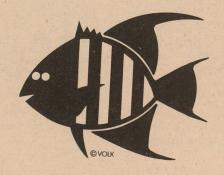
In open division—
First — Jim Stinebaugh
Second — Dave Heath
Third — Don Naylor
Fourth — Henry Smith and Lon Peterson
In the senior division —
First — Richard Scott
Second — Bobbie Tate

These people, with the exception of Dave Heath, will represent the Presidio at the FORS-COM tournament held at Ft. Lewis Aug. 1-5.



Notes from the kegboard

FT. SCOTT LEAGUE USASA 504th MP Bn Spt. Elm. No 2 SFFO CID HQ USAG 525th MI Gp LAMC No 2 LAIR No 2 170th MP Co	WON 30½ 29 27 26 25½ 25 16 11 10	9½ 11 13 14 14½ 15 24 29 30
16th BPO	0	40
PRESIDIO LEAGUE	WON	LOST
PRESIDIO LEAGUE USACC LAIR LAMC 16th BPO 525th MI Gp 864th Engrs. Spt. Elm 51st Engrs. 402d MP Co HHD 163rd	WON 31 27½ 27 25 22 18 16 13½ 11 9	9 12½ 13 15 18 22 24 26½ 29 31



Weekly trout plants

If water, weather, and road conditions are favorable, the following waters will be stocked with catchable trout this week by the Department of Fish and Game:

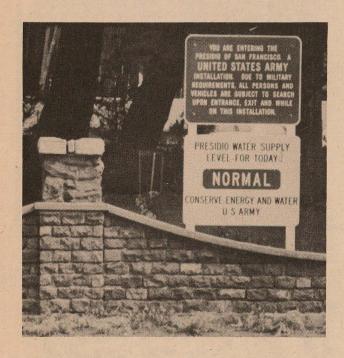
Alameda County — Alameda Creek

Contra Costa County — San Pablo Reservoir, Lafayette Reservoir

Lake County — Upper Blue Lake Monterey County — Lower Nacimiento River

U.S. Government Printing Office, 1977, 789-036, Print Order No. 40

Keep the current flowing



"I think it's great! I've lived in California for two years, and I've never seen it rain!" A snatch of conversation overheard, but the drought is not "great". The lack of water is a hazard, growing ever larger with the passage of more rainless days. Possible electrical shortages have joined the problem of fire and simply "not enough water."

Pacific Gas and Electric Company (PG&E) has asked all of its customers to prepare for possible "rolling blackouts", lasting four hours or longer, with just one hour advance notice. Since PG&E is the supplier of power to the Presidio, we would also be affected.

As explained by Mr. W. H. Prugh, deputy director of the Directorate of Industrial Operations here, PG&E has developed a plan to black out small areas of the San Francisco electrical grid, one at a time, if severe shortages occur. The rolling blackouts will last four hours in each area. As one area has its power restored, another will be shut off, if necessary. The Presidio will take its normal rotational turn along with the many other PG&E customers.

After a blackout, as power is returned to the Presidio, the post engineers will re-connect small sections at a

time to prevent the possible overload of circuit breakers and fuses. The complete return of power may be as late as six hours after the blackout began.

Letterman Army Medical Center and Letterman Army Institute of Research will not be affected by the rolling blackouts. Other emergency centers in the San Francisco grid will also be spared.

PG&E managers claim that the water shortage has drastically reduced the water level of many of their lakes, which reduces the pressure available to turn the generators to produce power for the San Francisco area. The rolling blackout is one of several plans designed to prevent a complete power failure similiar to that suffered by New York City recently.

However, telephones on the Presidio will continue to operate, although bells will not ring, nor will the lights work. Power for the voice carrier circuit is supplied by the Presidio Telephone Exchange from auxiliary power sources, but the power for the lights and bells is drawn from the current supplied to the building where the phones are located.

Since the drought is responsible for the lack of pressure to turn the generators needed to keep the lights on, water conservation is a must.

The water conservation efforts here have had three main objectives; one, to keep things going without having to buy water from the city of San Francisco; two, to keep the grass and plant life alive and; three, to be sure there is enough water for essential activities, such as fire fighting.

Now, it's become necessary for a cooperative control system to be put into effect if the community is to stay self-sufficient, and, at the same time, protect life and property. To help accomplish this goal, the amount of available water will be measured each day, and signs displaying the amount will be posted at conspicious places on post, including the PX, commissary, Lombard Gate and Arguello Gate. Also, the Provost Marshal patrol cars will drive through the family housing areas using loudspeakers to tell you of the day's category of available water when it's either limited or critical. The three categories and the measures to take when each are in effect are:

A. **NORMAL:** There is adequate water in the system to meet the daily requirements considering the usual conservation measures which the community has been observing.

B. **LIMITED:** The water level is not sifficient for all normal uses. Lawns will not be watered and vehicles will not be washed when this condition exists. Other regular water conservation measures apply.

C. CRITICAL: The water level is unusually low and adequate water is not available. When this condition exists, lawns will not be watered, the use of automatic dishwashers (other than dining facilities) will be deferred to the next Limited or Normal day, toilets will be flushed only as necessary to insure adequate sanitation standards and vehicles will not be washed. All other water conservation measures apply.

When **Limited** or **Critical** categories are posted, it is imperative that the use of water be reduced in accordance with the instructions supplied above.

This system is designed for the Presidio and does not apply to Ft. Mason, Camp Parks, Rio Vista or Fts. Baker-Barry-Cronkhite. Questions concerning this water control plan should be directed to the Energy Conservation Coordinator, Mr. Prugh, 561-2166.

How To SAVE Water

There is much the individual can do to avoid wasting water. Glance at the table below and see if a simple change in your daily habits won't avoid a lot of water waste.

	Normal Use	Conservation Use
Shower	Water running 25 gallons	Wet down, soap up rinse off 4 gallons
Washing Hands	Tap running 2 gallons	Fill basin 1 gallon
Brushing	Tap running 10 gallons	Wet brush, rinse briefly ½ gallon
Tub Bath	Full 36 gallons	Minimal water level 10 to 12 gallons
Shaving	Tap running 20 gallons	Fill basin 1 gallon

Figures from American Waterworks Association

Star Presidian

Volume 20, No. 31

Presidio of San Francisco

Friday, August 5, 1977

MAIT: helping you to help yourself

Walking your fingers through the yellow pages of your post telephone directory to find help if you are scheduled for an IG Inspection next week could be of no avail, but a call to MAIT (Maintenance Assistance Instruction Team) is certain to bring help and relief to a Reserve or National Guard unit.

In an interview with Mr. Samuel H. Digiacomo, an equipment specialist and a member of the MAIT Team at the Presidio, he explained the functions of the organization and its benefits to the maintenance managers and commanders of the Reserve components and the National Guard units.

"We are here to help, to help them help themselves," says Mr. Digiacomo. "What we do, basically, is provide the unit with maintenance management training, show them how to keep their paper work, give them operative training on practically any piece of equipment that they have. Anything from M-16s to portable field ranges."

The MAIT organization is made up of mainly civilians with all the technicians civilian. There are two military team chiefs and a military team leader, a LTC. The four MAIT Teams in the Bay Area consist of two military team chiefs and two civilian team chiefs.

"This week we provided the IG Office here at 6th Army with maintenance indicators on what they should look for when they go to inspect a unit in a maintenance management area," explained Digiacomo. "This is our third year doing this for them."

A MAIT Team is available to every commander. Normally, a unit will receive two scheduled visits. One during a regularly scheduled weekend drill, and once during their annual training session. But if significant maintenance problems exist in a unit, a change of command, a turn over of personnel or just a clarification of a new publication or regulation, a request for MAIT assistance can be phoned in at any time.

"Most commanders areas of concentration before coming into a unit are not maintenance or equipment, so they must depend on their senior NCOs or senior mechanics," explained Digiacomo. "We go in and made the commander aware of what questions he can ask his people. When he goes through the area, he will know what to look for, what paper work to look for, rather than depend on his NCOs, which sometimes doesn't give him the complete answer."

Mr. Digiacomo's team covers the Presidio, Alameda, San Jose and Sacramento, which is "pretty much blanket coverage of Northern California," according to Digiacomo.

For further information on how the MAIT Team may help you, contact the Maintenance Assistance and Instruction Team, Bldg. 35, Room 116, Presidio of San Francisco, CA 94129 or phone (415) 561-5418/5417, Autovon 586-5418/5417.



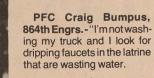
A member of Presidio's MAIT team instructs at the IG reservists seminar.



What are you doing to save water?



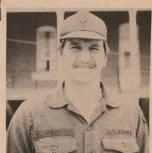
SP4 Ernest Grayson, 864th Engrs.-"I'm conserving water by taking three minute showers."







SP4 David Gilbert, Pharmacy-"Itry to cut down the length of my showers. And I've bought some canSP4 Cary Palmer, USACC - "I'm taking less showers, and I don't flush the toilet as much. I've stopped watering the lawn."



News notes

Mechanical room

The mechanical room in family housing buildings contains mechanical equipment such as a boiler, water heater and furnace. It is a safety and fire hazard to use this room for storage space. Items stored in this room hinder the mechanic during the maintenance and repair of the mechanical equipment. All items stored in the mechanical room other than mechanical equipment are to be removed by the occupant.



Volunteer trail

A trail work day on Saturday, August 13, is the next event in a series of environmental work/training projects sponsored by the Tamalpais Conservation Club and Central YMCA.

Young adult volunteers (18 and over) are needed to help build the connecting link of the Pacific Coast Trail in Mt. Tamalpais State Park.

Beginners are welcome and instruction will be given in trail design and building. Workers should bring a lunch and work gloves.

Transportation will leave Central YMCA, 220 Golden Gate Avenue, at 9 a.m.

To make reservations or for further information, call Caroline Morrison or Greg O'Brien at 885-0460.

Job Fair

The Non-Commissioned Officers Association (NCOA) will sponsor a Job Fair in San Francisco, on Friday, August 26, at the Golden Gate Holiday Inn Motel on Van Ness at California Street. The Job Fair offers an opportunity for veterans and soon-to-be-released military personnel to meet with and discuss employment with prospective employers.

There is no charge or obligation associated with the service. Many local and national companies will be represented, providing information about possible job opportunities. Personnel of all ranks and grades are invited, and membership in NCOA is not a requirement for attendance.

For further information contact the NCOA representative on the Presidio, SGM Albrecht, Bldg. 223, ext. 561-5591.

Travel regulations

Army officials have announced the easing of weight restrictions on the shipment of household goods to Alaska, Hawaii and the Canal Zone.

The following breakdown gives the dates that full joint travel regulations (JTR) weight allowances will be authorized for soldiers heading to a specific overseas area:

ALASKA (accompanied)	
Grade	Availability date
07-04, CWO4, E-9 thru E-7	Oct. 1, 1977
03-01, CWO3-W1, E-6 thru E-4	Oct. 1, 1978
CANAL ZONE (accompanied)	
Grade	Availability date
06, 05, E-9	April 1, 1977
04-01, CWO2-W1-W4, E-8, E-7	July 1, 1977
E-6 thru E-4	Jan. 1, 1978
HAWAII	
Grade	Availability date
All Officers (accompanied	
and unaccompanied)	Dec. 1, 1976
E-9 thru E-7 (accompanied)	Oct. 1, 1977
F C they F 1 (accompanied)	Oct 1 1078

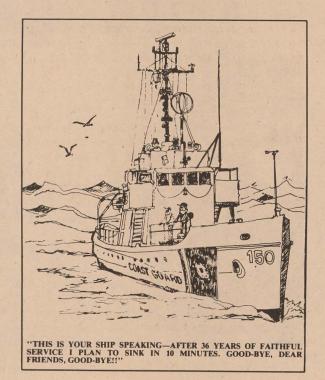
E-6 thru E-4 (accompanied)

Oct. 1, 1978

Officers added that consideration has been given to lifting the weight restrictions for soldiers assigned to Germany* but the decision has been tabled pending a review of transportation costs. (ARNEWS)

Presidio day

Join the Giants party at Candlestick Park on Presidio Day, August 12, at 7:30 p.m., as the San Francisco Giants battle the Cincinnati Reds. Being featured on Presidio Day will be the Presidio Color Guard and the Sixth Army Band. Prices are reduced so for more information, contact Peter Shallish, ITT Office, 561-5480.



Promotion

Starting with the April promotion list, the Army is now basing the date of rank of soldiers promoted to grades E-5 and E-6 on the scores achieved on the 1,000-point promotion worksheet compiled by units. The higher the score, the earlier will be the date of rank assigned. Under the recent changes, the monthly announcement of minimum scores required for promotion will show separate cutoff points for primary and secondary-zone promotion to E-6. Separate cutoff scores for those to be picked ahead of their contemporaries had already been in force in promotions to E-5.

The changes are intended to spread promotions out more evenly over the month and to provide closer control over secondary-zone promotions to E-6.

Movies

SCHWARTZ/LETTERMAN Friday, August 5, Massacre at Central High (R), 7 p.m. Monday, August 8, The Farmer (R), 7 p.m. Tuesday, August 9, The Greatest (PG), 7 p.m. Wednesday, August 10, Cross of Iron (R), 7 p.m. Thursday, August 11, Breaker! Breaker! (PG), 7 p.m.

PRESIDIO THEATER
Friday, August 5, The
Greatest, (PG), 6 p.m.
Saturday, August 6,
Matinee: Digby — The Biggest Dog in the World (G), 2
p.m.
Saturday, August 6, The
Greatest (PG), 6 p.m.
Sunday and Monday,
August 7 and 8, Cross of

August 7 and 8, Cross of Iron (R), 6 p.m.

Tuesday, August 9,
Breaker! Breaker! (PG), 6

Wednesday, August 10, Obsession (PG), 6 p.m. Thursday, August 11, The Car (PG), 6 p.m.



Star Presidian

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Keep your boat afloat

Boating can be fun, but it can also be disastrous if you don't take the time to learn the laws of safe boating usage:

1. Know your boat and how to operate it. First, check with a library, the Coast Guard or National Boating Safety Council about the art of boating. Virtual volumes about the type of boat, water conditions under which it will be operated and other pertinent information can be obtained from these sources and from boating dealers. You can also take boating courses from the U.S. Power Squadron, American Red Cross and U.S. Coast Guard Auxiliary.

You must be aware of your vessel's limitations. Find out how many people will fit into the craft and stick to that number. Don't overload it. Respect the center of gravity. If you must move, move slowly and always hold onto something stationary.

2. Know how to swim and how to rescue someone. This can be accomplished by throwing someone a rope, stick, oar, life jacket, tire, inner tube, thermos, ice chest, bait bucket, battery box, gas can, duck decoy — anything that will float. Make certain that you have several personal flotation devices (PFDs) for passengers who can't swim - and see that they are worn, not stored.



3. Be alert to weather and water conditions. Before you take out your boat, check the weather forecast and observe storm warnings, especially if the prediction calls for strong winds or waves that are too big for your boat to handle with ease, comfort and safety. However, if you are caught in a heavy wind, head into it. You should also know how your boat will react in various kinds of water and weather.

If you go out for more than a day, always let someone know where you're going, how long you'll be gone and how you can be reached.

- 4. Check your boat's equipment. In most places, legal operation of a registered motorboat requires at least one PFD for each person on board. Check your gas level before you leave the docking area. Running out of gas can be dangerous, as well as embarrassing. Also make certain you have enough life jackets, rope, anchor, fire extinguishers and a pole.
- 5. Know, and obey, the basic rules of boating. If you're operating a boat at a fast pace near swimmers or skiers, give them a wide berth so you don't accidentally hurt them. There's a lot more to handling a boat than starting the motor.
- 6. Know procedures if your boat overturns. Don't panic. Locate all boat passengers and get PFDs on them immediately. If anyone is unconscious, get him into a PFD and secure him to the boat, insuring his head is above water.

Remove all heavy clothing, shoes, and heavy objects from pockets. Use your clothing to keep you on top of the water. Tie a knot in the end of shirt sleeves or pant legs and force air into them. These can keep you afloat. Stay with the boat, it most likely, will float indefinitely and the shore line is usually a lot farther away than it looks.

Just remember that panic is more dangerous than deep water. Use common sense and stay

In search of the elusive tan?

This year Americans will spend about \$50,000,000 in search of a look most won't acquire: the even, golden tan that looks super-rich, lasts for months, and never peels or wrinkles.

When you take your place in the sun this summer, your goal probably will be "increased formation of melanin pigment by specialized cells in the skin's basal layer and upward migration of the melanin to the external surface." In other words, you want a tan. What you may get instead is inflammation and fluid infiltration, which translates, of course, to burning and blistering.

Special Situations

The amount of sun a person can take depends largely on the thickness of his skin, and to a lesser extent on pigmentation. Whichever group you're in, however, too much sunlight can yield a burn. Therefore, there's no reason for anyone to sunbathe relentlessly.

Particular care should be taken by people using medication. If you use any medication, ask your physician if special precaution is needed during exposure to sun for considerable periods.

Another situation that could predispose you to redness and pigmented spots is the use of fragrances — aftershave, cologne, etc. — directly on the skin before sunbathing.

Time and Location

The earth's atmosphere filters burning ultraviolet rays, as do dirt, smog and other pollutants. Thus, a sunbather will burn less quickly on a city rooftop than on a shady island under a blanket of clean air.

The sun will cause burns more quickly at noon, when it's directly overhead, than in early morning or late afternoon. Be careful with sunbathing between 10

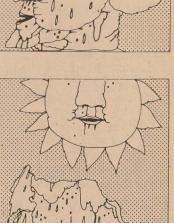
Haze or overcast scatters the ultraviolet rays, so you'll burn less quickly on a hazy than on a clear day. However, the lack of direct light and its heat may entice you to stay out so long you eventually do burn, giving rise to the myth that you burn faster in overcast weather.

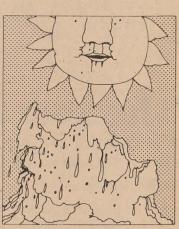
Illusive Shortcut

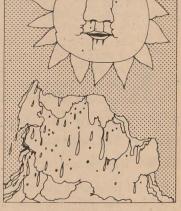
If you're a determined sun worshipper, the only precaution you're likely to take is extensive use of a "suntan" product. One point to remember is that no product makes you tan faster than you would with no protection; the aim of such products is solely to help you stay outside a little longer without burning. Some preparations, such as baby oil, only keep you greased up and more comfortable while you fry about as fast as you would with nothing on your skin. Then there is the almost total blockout, as offered by a generous application of zinc oxide (that white blob you often see piled onto a life-guard's nose), or use of plain old calamine lotion (which is also derived from zinc) mixed with cold cream.











BEWARE

Seek Protection

Between these extremes is the ever-increasing variety of sun creams, lotions, clear liquids, butters, gels, and aerosol foams. In choosing your protection, the real alternatives will be sun **blocking** products and sun **tan** products, and claims made on the label are your most important clue. Although all products promoted for tanning or sun-screening must have some ingredient that provides a sunscreen, those that mention only their use in obtaining a tan will generally contain less of an ingredient that screens out burning rays than products that stress a high degree of protection.

Sunscreens should be reapplied after swimming, bathing, excessive exercise, and sweating. Remember that the farther south you are, the more urgent the use of a sunscreen — and in some cases, this could mean even a physical sunscreen, such as coverage with clothing or use of a beach umbrella, as opposed to a chemical screen.

In Spite of Everything . . .

If you DO sunburn:

1. See a doctor if the burn is severe. Sunburn can make you very sick with chills, fever and even delirium. Also, bad blisters always need the attention of a physician because of the danger of infection.

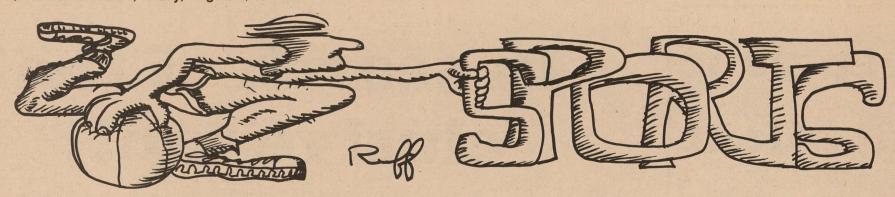
2. In mild cases where the skin turns red, dust the area with talcum powder.

3. For moderately bad burns where the skin is red and slightly swollen, apply wet dressings of gauze dipped in a solution of baking soda and corn starch one tablespoon of each to two quarts of cool water, or use cool milk or water in an emergency.

Best Bet

The best advice is not to push your luck. Even careful sunbathing, year after year, will bring out age signs quickly, since the effects of the sun are both insidious and cumulative. This goes for all ages.

To make sure you can fully enjoy the sunny days ahead, without setting yourself up for early wrinkles and damaged, peeling skin, start off gradually, use the protection best suited for your activity, and don't shorten your overall time in the sun by trying to soak it all up the first few days.





Golf tournament

Results of the first round of the FORSCOM Golf Tournament, held at Ft. Lewis, WA August 1 - 5, are as follows:

First Round Scores **Senior Division** Richard Scott — 82 Bobbie Tate — 83

Open Division Jim Stinebaugh - 75 Henry Smith - 82 Don Naylor — 85 Lon Peterson — 85



Scuba class

A swim screen and scuba orientation for a Basic Scuba Class will be held Tuesday, August 9, from 6 to 10 p.m. The screen will take place at the "Conquistadores del Mar," Presidio Dive Club, Bldg. 69. Bring your suit and towel. The cost of the class is \$55, and all equipment and text is supplied except the wet suit. For more information, call Ron Orr, 561-3489 or 561-5122

The secret eye

A gathering of people and events under the watchful SP typewriter

By Eve S. Dropper

Boy, oh boy, what a week this one's been. Ya know, the ladies had their shotgun training. Actually, I hear they do quite well! Tore those targets up! Great, and keep it up! This fog is somewhat depressing. The only thing I really like about it is listening to the different sounds the horns make at night. I heard a person once describe the sound as dinosaurs talking to each other. . .can't picture it myself. What do va think?

The 170th MP Co. has promoted Daniel Bailey and Randall Dehart to SP4. Congrats, fellows! Also being promoted from the 402nd were Richard Hamburn and Richard McBride, both to SP4, too. Good Conduct Awards went to SP4 Linda Tolley, and SP4 Allen Clarence, of the 170th and Sgt. Marnard Hawking and SP4 Walter Smith, of the 402nd. Heard the 402nd had a good baseball game Wednesday night against HQ Co. USAG...

Salmon saved

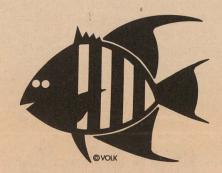
At least 200 juvenile silver salmon and steelhead, stranded in Marin County creeks, were rescued by members of the Tomales Bay Sportsmen's Association recently.

About 20 people, members of the association and their families, walked the upper reaches of Papermill and Lagunitas Creeks from Woodacre down to the S.P. Taylor State Park, scooping up the four-inch long fish in nets from isolated pools of water.

Under the direction of State Fish and Game Warden Russell IId, the fish were released in the lower part of Papermill Creek near Pt. Reyes Station. From there, they will be able to reach the ocean and have a chance to complete their life cycle.

Salmon and steelhead live and grow in the ocean until they reach sexual maturity, then return to the stream of their birth to spawn. The present two-year drought is expected to result in a great decrease in the salmon and steelhead fishery in years to come since so many adult fish have been unable to get upstream to spawn and so many of the few young who are hatched have been unable to reach the sea.

Efforts like that of the Tomales Bay Sportsmen's Association may help alleviate the coming shortage of these fish.



Trout plants

If water, weather, and road conditions are favorable, the following waters will be stocked with catchable trout this week by the Department of Fish and Game: Alameda County — Lake Chabot, Alameda Creek Contra Costa County — San Pablo Reservoir San Luis Obispo County — Lower Nacimiento River San Francisco County — Lake Merced

CISM basketball team

The CISM Basketball team, coached by Mr. Hal Fischer, is currently practicing at the Post Gymnasium in preparation for the Council International Sports Military Tournament. The tournament which begins Sept. 19 will take place in Iran.

HQ Co. USAG has several newbies. Pvt. Angel Cordero came in from Ft. Lee. PFC Thomas Revera arrived from Germany and PFC Susan Fulmer from Ft. Jackson. Leaving Garrison is SP5 Pauline Zeppieri for Ft. McClellan; CW3 James Jones retires to Ft. Eustis; SP4 Christina Delgado ETSes; SFC Joseph Batiste is leaving for either Korea or Japan, not too sure on that one! And SP4 Dixie Secrest is ETSing. Now, get this one! Cable Television is going to be installed!!! YEH! Now that is indeed super! I mean you can't beat it with a

The 16th BPO passed their IG with flying colors last week. Super! So super in fact, that several of the folks got four-day passes . . . nice. SP5 Mike Vander Vlodet has left for the AFEES station in Hawaii . . . and SSgt. Bill Corzatt left today for Korea. Enjoy your new duties, fellows. The BPO also lost their softball game to the 666th Radar Squadron . . . sorry 'bout that, guys.

The Tigers of WRRC skated past LAMC #2 softball team with an 11-9 victory Monday night. Way to go, WRRC!!! Finally, SP5 John Pedras will be leaving for Germany in October. Seems John has requested this twice, and now he's getting to go. Happy, John?

Voting



There was some pretty unusual activity at the Presidio Fire Station on August 2nd. There weren't any fires that day, but the fire truck didn't get polished either. Instead, the Fire Station served for a day as Voting Precinct 7878 of the City of San Francisco. A total of 387 Presidio residents (both military personnel and their dependents) are registered to vote in this precinct. A little over half of the voters participated in the City's special election. Pictured here, marking her ballot, is Susan Wilkinson.

Notes from the kegboard

Presidio league USACC LAIR LAMC 16th BPO 93rd MI Bn Spt. Elm. 864th Engrs. 51st Engrs. 402d MP Co HHD 163rd	Won 33 30½ 28 25 24 18 18 17½ 11	Lost 11 13½ 16 15 20 26 26 26 26½ 29 33
Ft. Scott league 504th MP Bn USASA Spt Elm. No. 2 SFFO CID 525th MI Gp HQ USAG LAMC No. 2 LAIR No. 2 170th MP Co. 16th BPO		Lost 12 9½ 14 15 18 14½ 27 32 33 41

The 864th Engrs. lost SP4 Stephen Cahill, who's leaving for Germany this month . . . sorry to see ya go, Stephen, but enjoy!!!

Over at the Logistic Control Activity, James Link was promoted to Major! Congrats



Well, another short column. When you're as busy as a one-armed paper hanger, life's tough! Not complaining . . . you understand! Well, the end of another week. Enjoy the weekend, be careful, and keep on keeping on, as the song goes! See ya. . .

Friday, August 12, 1977

FIRE... Don't let it happen

During the severe drought that has been plaguing California, the threat of fire, both brush and household have become realities.

The Presidio's immediate fire danger includes a high fuel content, low field moisture and dry plant life. Though the Presidio is bordered by both the ocean and Bay, which sometimes causes fog to envelope the post, this still does not saturate the earth as well as a

The only way fires can be eliminated is for people to be conscious of what they are doing. Two-thirds of household fires are caused by people smoking in bed. Another is carelessness in the kitchen by both adults

When Presidio's hiking trails are being used, it is important that hikers are conscious of being extremely careful with cigarettes because of the low field mois-

Since the dawn of time, fire has been a friend to man, but man has been abusing this friendship lately. With over 100 fires burning in California due to the lack of moisture and carelessness of man, much of the state is ablaze.

Some things to keep in mind while out enjoying nature are awareness of the hazards of ignition sources. Never use an open flame, such as a candle or match, in or near a tent. Each year, many people are burned and some die in fires involving tents. Here is a typical case: Twelve year old Richard received a small cotton-canvas tent from his grandfather and wanted to try it out in the back yard. He fell asleep with a candle burning. Shortly after midnight, neighbors saw the tent in flames. The fire marshal speculated that the candle either tipped over or was placed too close to the wall of

Richard's sleeping bag as well as his clothing were

ignited and he suffered first and second degree burns on both arms, his neck and back.

This example represents a common accident pattern in which the tent is ignited by a flame source, and the occupant does not wake up soon enough to get out

Most people simply don't realize how flammable tents are. Tents have shown that children's cotton tents will ignite and burn completely within a few minutes — and over 80 per cent of all tents are cotton. Other tests have shown that the paraffin treatment used to make some tents waterproof actually increases the flammability of the tents.

Some tent manufacturers have begun to produce flame retardent tents, and some states are establishing standards for tent flammability. Whenever possible, it is best to purchase flame retardant tents because there is no effective home method which you can use to make your tents flame retardant.

When camping, it is important that you remember to build campfires several yards away from your tent and be sure the fire is down wind from the tent. Before going to sleep, campers should always extinguish campfires and other flame sources.

When using flammable liquids while camping, gasoline and kerosene should never be stored in or near a tent. Flammable liquids should be stored in tightly-capped safety cans - and kept away from

'The fire danger to the Presidio is the same as the rest of the state," says Assistant Fire Chief Al Coon of the Presidio Fire Dept. "We have a high fuel content in our surrounding areas around occupied buildings. The field moisture is low and it won't take much to start a fire. It's just like the rest of the state as far as emergencies go," he continued.



Fire danger here is extremely high and people have to be very careful in what they do. "So far people on post have been great about it," says Asst. Chief Coon.

If there was a fire, the area most likely to be struck would be the woods around the housing areas. As dry as everything is around there, it wouldn't take very long for a fire to run off. "The housing area around the Presidio is pretty well safe because they do keep the greenery and the brush away from the housing areas," added Asst. Chief Coon. "So the Presidio is fairly safe in that aspect. The beiggest problem would be Forts Baker, Barry or Cronkhite in that area.'

Nature doesn't start fires very often. Once in a while, there will be an electrical storm or something which could cause a fire. Fires are caused by people and if people stay in the same frame of mind they are in now about fire prevention and safety, there should be very little danger of fire.

So, keep "fire-conscious" and the Presidio's situation should remain good.



New Chief of Staff honored



Brigadier General Thomas W. Bowen, the new chief of staff for Sixth United States Army, was honored during a Retreat Parade Ceremony on Thursday, August 4, at 4 p.m. at the Presidio Parade Field.

General Bowen is a graduate of the U.S. Military Academy at West Point, the Armor School, the Industrial College of the Armed Forces, and the Army War College. He holds a master's degree in Psychology from Vanderbilt University.

Prior to coming to Sixth Army, General Bowen was assigned to Ft. Polk, Louisiana, where he was first Deputy Commanding General of the U.S. Army Training Center, Infantry and Ft. Polk, and later Assistant Division Commander, 5th Infantry Division.

General Bowen's overseas assignments include several tours in Europe and in Vietnam. In Europe, he was Chief of Staff of the 4th Armored Division from 1969 to 1971, then was a Brigade Commander in the same division. Later he became Chief of Staff, V Corps, and from 1973 to 1975 served as Deputy Chief of Staff, Intelligence, at Headquarters, U.S. Army Europe.

General Bowen succeeds Brigadier General Norman J. Salisbury, who retired in July after 30 years of military service.



What do you think of the Presidio theaters and movie schedules?



Pvt. Sharon Lawson, Compact - "Well, the theater is not bad. I used to work in the snack bar and if the man who owns it would stock it better, I think it would be easier for the people to give better service. But generally it is alright."

SP4 Gloria Ballin, USACC - "I don't like the balcony being closed. There's always something broken, like the coke machine. What's fun about eating popcorn without something to drink? The movies are good and the prices are good too. I would like to see "Gone With The Wind" here."





PFC Jeff Biedenbender, Protocol TMP - "The seats are too close together, you can't sit comfortably, without putting your knees on the back of the seats and they won't let you put your knees on seats. The scheduling is great. SP5 Valledor, LAMC personnel - "I think it is run pretty good with the exception that you can't smoke. I think they should have a better selection in the snack bar. I like the programming better here than in Germany. I was surprised to see such recent movies. The people who work there are very courteous."



News notes



College Courses

The Education Center is offering six on-post college courses beginning August 29.

Two courses are from City College of San Francisco and will meet until January 11, 1978.

Medical Terminology and Speech (MRT 52A) is designed to assist personnel who work, or plan to work, with situations requiring a medical vocabulary. Classes will meet in LAMC, Room 326 on Tuesday and Thursday, 4:30-6 p.m.

Introduction to Legal Assisting (LA51A) is a first course for individuals who want to do legal work but do not want to attend seven years of college to become professional lawyers. Students should have completed a college English composition course before registering for LA 51A. The class will meet on Monday, 6 - 9 p.m. in Bldg. 1216.

Both City College classes are open to military and civilians, and they are free to residents of California and military personnel and their dependents who have been stationed in the state less than one year. All others will pay \$116.25. Registration must be done in person on the campus on August 25 or 26.

San Francisco State University will conduct four classes, three of which are suitable for beginning college students.

Language and Experience (ENG 106) is a freshman English composition course, required for graduation from most colleges. The class meets Tuesday and Thursday from 6 - 9 p.m. through October 20.

Also meeting on those days and hours is **History of** the U.S. II, which covers the Civil War to the present. In addition to lectures and class discussion, students will read six novels dealing with the period.

Transactional Analysis (PSY 670), which meets on Monday and Wednesday from 6 to 9 p.m. through October 19, will introduce you to the theory developed by the late Eric Berne and written about in his book "Games People Play." No previous knowledge of psychology is necessary to take this class.

Principles of Human Physiology (BIO 610) is an upper division course designed for non-biology majors and required for nursing students. Students must have previously completed a college course in human anatomy. The class meets for lectures on Monday, 6 to 9 p.m., in Bldg. 1216 and for lab on Wednesday, 6 to 9 p.m., on the San Francisco State campus. It carries four units of credit and meets until December 15.

Military personnel who want to apply for 75 percent tuition assistance should do so by August 23. San Francisco State classes are also open to all interested personnel. Fees are \$35 per unit. Registration is currently under way at the Ft. Scott Education Center, Bldg. 1216, ext 2974/4445 and the Letterman Education Center, Bldg. 1007, ext 4030/3693.

Pepperdine Program

August 17 marks the date of the visit to the Presidio by a representative of Pepperdine University/School of Professional Studies (PU/SPS). Jim Calder, Program Consultant, will give a presentation on the Master of Arts in Human Resources Management program which is currently offered at Treasure Island. The presentation is scheduled for 4:30 p.m. at the Education Center, Bldg. 1216, Room 22.

Human Resources Management is a rapidly emerging new field of academic study. The programs offered in this academic area are designed to provide persons in positions of management and supervisory responsibilities with a solid background in management, both from the theoretical and practical viewpoints.

For further information, contact Mr. Richard H. Spencer, Regional Coordinator, NCFA, Bldg. 29B, Treasure Island, (415) 765-6329 or your ESO at ext 4445.

6th Army Band Concert

The Sixth Army Band will perform in concert on Wednesday, August 17, 7:30 p.m., at the Presidio Playhouse. The band will be performing it's first concert under the new bandmaster, Warrant Officer Tony Cason. The public is invited; admission is free.

Girl Scout registration

Registration for new Girl Scouts and re-registration for continuing Girl Scouts will be held on August 26, at the Presidio Girl Scout House, Bldg. 566, from 6:30 to 7:30 p.m. Girls between the ages of 6 and 18 are eligible for membership in the Girl Scouts. Further information can be obtained by contacting Ginger Daniel, 561-3866.

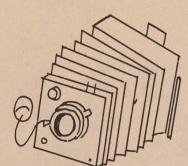
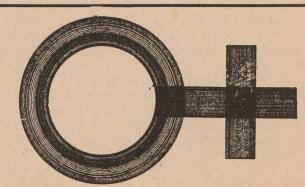


Photo Features

The Star Presidian is looking for photo features for possible use in the post newspaper.

By features, we mean a series of pictures on a single event or happening. Examples of features would be pictures covering your favorite sport in a special game or contest, a community or Presidio special event, a group of photographs of your unit at work on a special training project or taking part in a significant community relations project. Perhaps you have some pet project you've always wanted to do a photo feature on but never got around to it. Now is the time to do it and perhaps see your favorite photos in print.

If you'd like to submit a photo feature for consideration, send it to Star Presidian, Bldg. 37, PSF, CA or call ext 3908/2005.



Women's Day

Are you a career woman who is facing obstacles to advancement? Are you a homemaker who wants to know how you fit into a changing society? Perhaps you are a man who doesn't understand what women want, anyway. Then you should plan to attend the Presidio's Fifth Annual Women's Day, August 26, when these questions and many more will be explored. For more information, look for next week's article in the **Star Presidian**.

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Movies

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Presidio Theater

Friday, August 12, The Car (PG), 6 p.m.
Saturday, August 13, Kidnapped (G), 2 p.m.
Saturday, August 13, Watch Out, We're Mad! (G), 6 p.m.

Sunday, and Monday, August 14 & 15, Black Sunday (R, 6 p.m.

Tuesday, August 16, Burnt Offerings (PG), 6 p.m.

Offerings (PG), 6 p.m.

Wednesday, August 17,
Thieves (PG), 6 p.m.

Thursday, August 18,
Marathon Man (R), 6 p.m.

Schwartz/Letterman Friday, August 12, Obsession (PG), 7 p.m. Monday, August 15, The Car (PG, 7 p.m.

Tuesday, August 16, Watch Out, We're Mad! (G), 7 p.m. Wednesday, Black Sunday (R), 7 p.m.

Thursday, Burnt Offerings (PG, 7 p.m.



Star Presidian

The Star Presidian is an authorized unofficial offset Ármy newspaper, with a circulation of 5,000, published weekly under the provisions of AR360-81 by the Public Affairs Office, Presidio of San Francisco, CA 94129. Views and opinions expressed herein do not necessarily represent those of the Department of the Army. Editorial offices are located in Building 37. Newsroom telephone: (415) 561-3908 or 2005. Colonel John D. Hamilton, Sr., Commander Major Carole M. Campbell, Public Affairs Officer SP4 Rebecca S. Hall, Editor Pvt. Linda Spillane, reporter

The depressant drugs

What you don't know can hurt you

by Don Delver

This is the second article in a four-part series dealing with the problems of drug abuse designed to provide the reader with an overall view of the types of drugs available from both legal and illegal sources, their effects on the body, and the dangers of misuse.

Then the depressant drug group is mentioned, most people think of the barbiturates and tranquilizers, which are commonly associated with drug abuse. Alcohol, the third member of the group, is generally given little thought, though it is abused much more often and by many more people than any other drug of abuse. An estimated 10 million people in America are alcoholics, and, though many of these have now recovered and achieved sobriety, for most, alcohol continues to be a serious problem.

Though we are not sure what causes people to become alcoholics, there are certain facts about this drug which are known. Alcohol is generally consumed as a liquid, going to the digestive system, where it is quickly absorbed into the bloodstream. From there it goes to the brain and acts to depress the central nervous system, impairing judgment, affecting memory and reasoning and, in larger doses, impairing speech, vision and muscular coordination.

"...patterns of depressant abuse at street level have taken an interesting twist."

In very large doses, alcohol can produce unconsciousness and death by depressing the person's breathing and heart rate to a fatal level. Though many factors are important, with time alcohol can cause physical dependence, and can damage the liver and other body tissue. It has recently been discovered that children who drink alcohol run a serious risk of brain damage, and it has been known for some time that pregnant mothers who drink can damage their babies. Add to this the fact that alcohol has helped ruin marriages, careers, and has generally interferred with the lives of millions of Americans, and the question "Why do people drink?" must come to mind.

We don't have sufficient space to answer that fully, nor to describe the road to alcoholism that many people take. We can tell you that alcohol abuse can seriously affect your career, and, if you are military, it can cost you promotions and possibly result in your being forced to leave the service. In addition, if you drink and drive, you may involve yourself with the military or civil police. Drunken driving, unlike some moving violations, is a crime, and could even mean jail in some cases.

"In very large doses, alcohol can produce unconsciousness and death by depressing the person's breathing and heart rate to a fatal level."

If you have a drinking problem, help is available on the Presidio from the counselors at the Alcohol and Drug Abuse Program (ADAP), who can be reached at 561-2485. We encourage you to contact them for further information on this or any other drug problem. It should be noted that withdrawal from alcohol can be a dangerous process, and should be done under medical supervision.

The other commonly abused depressants, or 'downers', fall into two categories — barbiturates and tranquilizers. Barbiturates are used to treat epilepsy, insomnia, and many other medical and psychological problems. They can be broken down into long acting, intermediate and short acting, with the short being the most popular with abusers because the effects are felt more quickly. Examples of this group are Seconal, or 'reds', and Nembutal, or 'yellows'.

The barbiturates produce an intoxication that is similar in many respects to that produced by alcohol. The abuser that is 'high' on barbiturates will stagger, his speech will be slurred, and his reactions sluggish. He is emotionally erratic and his moods may change

rapidly from laughter to tears to great rage. He can be irritated quickly, and may become violent. He is prone to stumble and to drop things, and is thus often bruised and may have cigarette burns.

"...depressant drugs can produce physical dependence..."

Chronic misuse of barbiturates is accompanied by the development of tolerance, and the individual finds he must take more and more of the drug to get 'high'. Long term use also builds strong physical and psychological dependence when the drug is consumed in doses greater than is recommended for medical use. There is evidence to suggest some people may require much less time to become addicted.

Because unintentional overdose can occur so easily with barbiturates, they are considered far more dangerous than alcohol. In addition, for the physically dependent user, withdrawal from barbiturates is extremely dangerous, and should always be done under medical supervision.

In withdrawal, the user seems to improve slightly for the first eight to 12 hours after the last dose is taken. After this, he becomes increasingly nervous, anxious means that the effects of the drugs are multiplied, and may be many times greater than the sum of the two drugs taken alone. Because these effects will vary widely with each individual, and with each combination it is impossible to predict the strength of the mixture in advance, and many accidental overdoses result

Here in the Bay Area, patterns of depressant abuse at street level have taken an interesting twist. Due to the effectiveness of the Drug Enforcement Agency, the San Francisco Narcotics Bureau and other state and local Law Enforcement Agencies, a large dent has been put into the supply of depressants. Though a few civilian doctors still write prescriptions for money, and forged prescriptions are used to obtain drugs by other users, much of the supply of manufactured depressants has been taken off the streets.

Taking its place in increasing numbers are counterfeited pills made in clandestine labs in Mexico and elsewhere. These drugs are usually made with little or no quality control or concern for sanitation, and have been adulterated with a variety of contaminants which increase the risks to the user.

It is important to note that many people have observed friends who have taken drugs of various kinds, or have taken drugs themselves and have not noticed



and headaches, nausea, muscle twitching, tremor and weakness soon follow. After 24 hours the symptoms are quite severe, and within 36 to 72 hours after the last dose was taken, changes in brainwaves occur and strong convulsions, resembling epileptic seizures, may occur. These convulsions, which are often fatal, may occur as early as the 16th hour or as late as the eighth day.

Tranquilizers are the third member of the depressant drug group which are commonly abused. Tranquilizers can be divided into the major, or antipsychotic, tranquilizers which have little potential for abuse, and the minor tranquilizers, such as Librium and Valium, and the methaqualone based Qualudes and Sopers, which are widely abused. Figures from DAWN (the Drug Abuse Warning Network) tell us that Valium is the number one drug which brings people to the Emergency Rooms in San Francisco hospitals, and that Librium ranks number five. They have similar effects to the barbiturates, and they produce tolerance, physical and psychological dependence as well. Convulsions can occur if an addict withdraws suddenly from tranquilizers, and as with the barbiturates, withdrawal should only be attempted under medical supervision.

"An estimated 10 million people in America are alcoholics..."

The most dangerous form of depressants, the one which causes the most overdoses, and the most deaths, is the mixture of alcohol and barbiturates or tranquilizers. Many abusers will wash down a few pills with a shot of booze, or some wine or beer, in order to increase the intoxicating effects of the pills. The reaction when two or more depressants are mixed in this fashion is known as synergism or potentiation. This

any side effects. Much of the damage done by these drugs occurs over a long period of relatively heavy abuse. The changes which occur in the body happen gradually in most cases and the casual observer will not detect any changes for some time. There are exceptions to this, such as meth amphetamine, which can deteriorate the user's body rapidly.

Street talk about drugs, often generated by the people who sell the drugs, seldom includes any accurate information about the long term effects of the drugs on the user's body, but concentrates, instead, on the terrific 'high' which this or that drug is supposed to produce. As a result, a lot of misinformation has been picked up by people who must make the decision on whether or not to use drugs. Before they discover the truth about drugs, they often become involved with the police, or wind up in a crisis center or emergency treatment facility.

Depressant drug abuse concerns the police for several reasons. One, the consumption of dangerous drugs without a prescription is illegal and liable for punishment under military and civil law. The sale or transfer of any dangerous drug is also illegal, and the punishments, whether in civil or military court, are more severe than for mere possession and use.

Drugs in this category can interfere with the user's lifestyle and can make him a disciplinary problem, which can result in his being arrested by civil or military authorities. Finally, depressant drugs can produce physical dependence, and an addict may need more money than he earns to maintain his habit. As we shall see in more detail in the next article on Narcotics, this can mean turning to crime to get the money to buy drugs.

If you desire further information on the depressant drug group, visit your library or call ADAP, ext 2485, or the Provost Marshal's Crime Prevention Section at ext 5011.

The secret eye

A gathering of people and events under the watchful SP typewriter

By Eve S. Dropper

As I sit here contemplating the mysteries of life — duty . . . oh! sweet mystery of life! I wonder if I'll be able to fine an answer . . . But, our's is not to question why, right? Right? I can't hear you!!!

Enough static. Remember last week when I said HQ Co. USAG was getting cable television? Well, I was right, and I was wrong. USAG already has TVs. Now, they're getting CABL (Consolidated Administration Battalion Level). You read about it a couple of weeks ago! Unfortunately, the cable (CABL), and the television don't go together! Sorry about getting your hopes up, peoples!!! New people to Garrison are Pvt. Dougles McClain, from Ft. Lee and SP5 Charlene Auletti from Nuremburg, Germany. Welcome!!! Good Conduct Medals went to SP4 Elizabeth Cokely (congrats, Casey!), and SP4 Bobby Pelkey! Climbing the ladder to Sergeant Major of the Army are Pierre Russell, being promoted to SP4 and Florecita Thongkham to Sgt. Congrats! It's a long road, but every little step helps! Goodbye SP5 Boris Jackson!!! He'll be leaving this month for Germany . . . and Peggy definitely hates to see him go!

The 864th Engineers have had a couple of new peoples come in, too. Pvt. Scott Ormond joined them from Ft. Leonard Wood. Must be out of AIT. Hope you enjoy the Presidio. It's super . . . my opinion, but many other peoples', too. SSgt. Michael Auletti came in from Germany. How's the weather difference? Bet it's nicer here, huh? And SP4 Steve Cahill left Tuesday for Germany. Just changing places!! The Top at the 864th came back this week after 30 days leave. Must be nice. And the troops are happy to have him back. SP5 Jim Moran has only 73 days. And, believe me, he is definitely counting each and every one of them . . . and giving everyone a standing report . . . The 51st Engineers had Sqt. Jerry Rosengren join them from Germany. And PFC Keven Heald is ETSing. Hope you have all the paperwork in order and good luck in

The Flight Detachment is still nere.

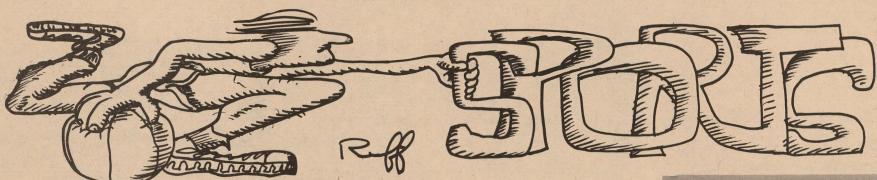
Heard from our friend at the 504th MP Co. HHD. . .love our mystery reporters . . . He's told me that there have been several new arrivals at the company. Capt. Isom, welcome sir. Lt. Hainline is returning from Treasure Island; Lt. Paul Masterson is joining HHD from the 170th; SP4 Salazar came in from the Canal Zone and will be taking over the duties of Sgt. Fonsaca at the motor pool; PFC Cuellare is new to the MP motor pool and is taking over SP4 Iris Gunter's duties, since Iris is ETSing. Fair exchange . . . Pvt. Cheryl Parker, to supply; Pvt. Josette Lupoe and Pvt. Sutherland, both to the PAC office. Welcome to the Post . . . Leaving HHD are SFC Gabrielatis to the 163rd and Sgt. Crump and Sgt. Kilcullen, both to Germany. Enjoy your new duties . . .

WRRC is happy to announce that they were second in the league playoffs for softball, and will be in the Tournament. They've been rated the underdog favorites, too. And congrats to SP5 Mary Hubay. You'll be hearing more about Mary later . . .

The band is almost booked solid. Ever see a solid band ... Wednesday they had a concert in San Luis Obispo, today they'll be playing at the Presidio Day at Candlestick Park for the game between the Giants and Cincinatti. Then, Saturday, it's Oakland Collesium for the game between the Raiders and the Bears. Sunday, they'll be in San Mateo for a concert. Wednesday, it's the monthly concert on post, and Thursday the Concert Band will be performing at USF. Now that's a lot of gigs ... SFC Walter Nail and SFC John Call joined the band after coming back from Germany. Enjoy ...



Well, enough of this transaction of trivia. So, take 'n take 'n keep on whatevering. Corkey is, ain't ya???



Mountain Lake clean-up

Soldiers from the Presidio will join Richmond district residents Tuesday, August 16, in the third annual clean-up of Mountain Lake. Similar clean-up efforts were conducted in March, 1976, and August, 1974.

Army groups assisting in the project include Company D, 864th Engineer Battalion, the Presidio Headquarters Commandant, Letterman Army Medical Center and volunteers from the Presidio Scuba-Diving Club will also participate.

Scuba divers will clear debris from the bottom of the lake, while their counterparts on land work with local residents in cleaning up the beach and park.

The clean-up is scheduled to get underway at 9 a.m.

Youth Baseball Tournament

The second Youth Baseball Tournament in as many weekends gets underway this evening as 11, 12 and 13-year-olds from eight teams take the field.

The host team from the Presidio will meet Alameda at Pop Hicks Field today at 4 p.m.; Moffett takes on Ft. Ord at Ft. Scott Field No. 1 beginning at 5 p.m.; Travis tangles with San Francisco PAL at 5 p.m. at Ft. Scott Field No. 2 and at 6 p.m. Treasure Island and Corpus Christi from San Francisco go at each other in the second half of a double-header at Pop Hicks.

A total of eight games are on the schedule for tomorrow, Saturday. Games at Pop Hicks Field are slated for 10 a.m., noon and 3:30 p.m.; at Ft. Scott Field No. 1 beginning at 10 a.m., 1 p.m., 3:30 p.m. and 6:30 p.m.; and a single game at Ft. Scott Field No. 2 starting at 10 a.m.

All action Sunday will take place at Pop Hicks Field with the semi-final battle set for noon. The first possible final game will get underway at 3 p.m. with the if necessary tilt scheduled for 5:30 p.m. in the double elimination tournament.

Trophies will be presented immediately after the final game Sunday at Pop Hicks Field.



Bantam Baseball Tournament

The Presidio will host its annual Major League Bantam Baseball Tournament August 12-14. Teams from military installations will participate. A full slate of games will be played Friday, August 12, with games scheduled at 4 p.m. and 6 p.m., at Pop Hicks Field, and 5 p.m. at Fort Scott Fields No. 1 and No. 2. A full schedule of games are also on tap for Saturday, August 15, and championship games will be played Sunday, August 16. All parents are urged to attend games and root for their children and spectators are welcome to attend. Further information on games can be obtained by calling the Youth Activities Director, telephone ext 5141/3637.

Presidio Softball Tournament

The Presidio Softball Championship Tournament will get underway Tuesday night with action scheduled for both Ft. Scott Fields.

Double-headers will be played at both fields beginning at 5:30 and 6:45 p.m.

The six teams gaining tournament berths this year by virtue of finishing in the top three places of the Presidio and Ft. Scott Leagues are the 402d MP Co., USAG, LAMC Dental Sect., LAMC Team No. 2, WRRC and the 666th Radar Squadron.

Drawings were to be held yesterday afternoon to determine the initial pairings in the first round of the double elimination tournament that will determine the Presidio Post Softball Championship.

Softball results

Presidio League	Won	Lost
402d MP Co.	10	2
LAMC Dental Corps	10	4
USAG	9	3
864th Engrs.	7	7
LAIR	6	7
HQ 6th Army	6	7
170th MP Co.	3	9
LAMC No. 1	1	13
Ft. Scott League	Won	Lost
Ft. Scott League 666 Radar Sqdrn.	Won 13	1
666 Radar Sqdrn.	13	1
666 Radar Sqdrn. WRRC LAMC No. 2	13 11	1 2
666 Radar Sqdrn. WRRC LAMC No. 2 16th BPO	13 11 9	1 2 4
666 Radar Sqdrn. WRRC LAMC No. 2 16th BPO 51st Engrs. Det.	13 11 9 7	1 2 4 7
666 Radar Sqdrn. WRRC LAMC No. 2 16th BPO	13 11 9 7 6	1 2 4 7 7



Off the Field

by Ron Renouf

Remember the Youth Baseball Tournaments last year? It's doubtful, since not too many of you showed up. Well, last week was another big event for the little ones and again, if one were to judge by the number of parents in attendance, it would seem as if we are continuing to field a team of orphans.

Now, we all know that 'it just ain't so'. Someone had to sign a permission slip for that youngster to play ball. What, then, happened to all of the parents?

Apparently, it is just too much of an inconvenience to leave the TV and make it to the ball field. Granted, the Presidio and Candlestick Park share many of the same problems. It does get cold and damp.

But really, folks, they are your kids. Don't you think that maybe a couple of hours spent to show your support of the activity that your child is participating in is a reasonable amount of time to spend? Particularily when that time spent provides your child with a sense of approval and support that he cannot receive from anyone other than Mom and Dad.

We've said it before, and we'll probably say it again, but it is really embarrassing when teams coming from 50 to 100 miles away can generate more parental support — evidenced by the number of fans coming with that team — than the Presidio can with most of the families living within 15 minutes of the ball field.

This weekend we still have a chance to redeem ourselves. It's another tournament. Our youngsters will be playing in the opening game at Pop Hicks Field starting at 4 p.m.

We know that most Dads can get off work a few minutes early. We see them at the PX, Commissary, Bowling Alley, Golf Course and Snack Bar at all hours of the duty day.

How about it — is your child worth two hours of your

time tonight?
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Star Presidian

Volume 20, No. 34

Presidio of San Francisco

Friday, August 19, 1977

Women's Day features "Success in the '70s"

On August 26 the Presidio Federal Women's Program will continue a tradition begun five years ago to involve the Presidio community in the issues of full equality for women.

The Fifth Annual Women's Day, which begins at 8:20 a.m. in the Recreation Center with exhibits, a film theater, and workshops, will feature San Francisco Supervisor Dianne Feinstein as the keynote speaker for the event.

The supervisor, whose address will begin at noon in the post theater (Bldg. 99), will relate her insights to the theme of this year's observance, "Success in the Seventies."



FEDERAL WOMEN'S PROGRAM

Mrs. Feinstein, a member of the Board of Supervisors since 1970 and its first woman president, has had a distinguished career in government service. A recipient of an internship in public affairs from San Francisco's distinguished Coro Foundation, she has become well-known for her interest and studies in criminal justice, health and environment, and urban planning. She received the Distinguished Woman Award from the San Francisco Examiner in 1970 and in the same year was named a Woman of Achievement by the Business and Professional Women's Club of San Francisco. The supervisor is a history and political science graduate of Stanford University.

The workshops, films and exhibits to be presented at the Recreation Center (Bldg. 135) are geared to educate and involve women and men to bring about full equality to women. Much effort has been put into making the Fifth Annual Women's Day Program rich in variety. If you had - or are having - trouble deciding which workshops or films to attend, remind yourself that the issues presented are but a few of the issues federally employed men and women need to know about. The program has tried to provide a training experience which will give the most number of people the most information within a limited time frame. As many meaningful workshops as possible have been planned and you can learn from every session you attend.

Women's Day is being observed on the 57th Anniversary of the granting of suffrage to women, the 19th Amendment. In 1920, few women were employed outside the home; today, according to recent Department of Labor Statistics, more than half of all women aged 18 to 64 are workers. The statistics also show that women who are as educated as men have less income on the average than fully employed men. Therefore, it is important to learn more about the role of women and their future in the working world.

Coffee, donuts, sandwiches and soft drinks will be available. Brown bags are also encouraged. Lunches will not be permitted in the theater. There will be adequate time to eat at the Recreation Center before the speaker's address.

The Presidio, Logistics Control Activity, LAMC and 6th Army commanders have authorized supervisors to release the maximum number of personnel to attend this event, and civilian employees will be granted administrative leave to participate in this training program. Men and women, military, civilian and dependent personnel are welcomed. Those with transportation problems should call Juanita Taylor at ext. 3448. For more information, contact Wanda Greer, FWP Coordinator, ext. 2022, or Linda Massey, PAO, ext. 2006.

The buck\$ start here

Project 77/77, the 1977 calendar year Army-wide suggestion campaign, held a Presidio-wide Poster Contest that started May 1st and ran through May 31st

During the contest period, fifty posters were submitted. From these posters four weekly winners were selected. The runners-up were the subject of a final contest to select a fifth weekly winner. Of the five winners, a grand prize winner was selected. All the posters were sent to FORSCOM for consideration.

Each of the weekly winners received a \$25 suggestion award. The grand prize winner received a \$50 award. Winners include: two-time weekly winner and grand prize winner Elizabeth Kiernan, Editorial Assistant, 6th Army PAO; two-time winner Eilene Craig, Adjutant Division DPC; and LTC Robert Van der Like, Directorate Plans, Training, and Security.

What Project 77/77 is emphasizing now is more suggestions that save dollars, in addition to ideas that save resources and man hours. In short, the campaign is intended to stimulate greater participation in the Army Suggestion Program from military as well as civilian personnel. This year the target of \$77 million in savings is nearly 10 percent above the savings achieved in 1975, the Army's most successful year.

On the Presidio, the campaign will run through September 23rd. During this time employees are encouraged to submit carefully considered suggestions aimed at more efficient utilization of all resources. To achieve the substantial benefits possible from the program, it is hoped that all Presidio personnel will make themselves aware of the suggestion procedure and participate in the program.

The Suggestion Plan offers a viable and accessible system for motivating and considering new innova-

tions. It is particularly suited to the Reserve process where frequency of unit meeting may not offer sufficient time for "brainstorming." Too, it must be viewed as an excellent opportunity to tap the Reservist, who can, when properly stimulated, shape proven practices and methods existing in private industry to fit our unique mission requirements.



Those with suggestions should think their idea through carefully and discuss it with their supervisor. The next move is to obtain a copy of DA Form 1045 from your office's Suggestions Program designee and submit it to the Incentive Awards Office. For assistance call Alberta Romanini at 561-4332 (IDEA). After thorough evaluation the adopted suggestions are prepared to be implemented and monetary awards or letters of commendation are prepared. Suggestions not adopted are returned to the suggestor with a letter of thanks and a statement of the reasons for non-adoption.

Help the Presidio do its part to support the Armywide campaign; spend a little time and suggest improvements which will benefit both the Army and you.

Schedule of events

- 8:45 a.m. You Pack Your Own Chute (31 min.): how to develop understanding, courage, and confidence to meet and overcome obstacles, despite unrealistic fears.
- 9:45 a.m. We Are Women (33 min. color): provides first line supervisors and managers with an understanding of the historical, sociological and psychological background of today's working woman.
- 10:30 a.m. Because They Are Needed (24 min.): introduces women to the career opportunities in today's Army.
- 1:10 p.m. 51 Per Cent (23 min.): illustrates some of the problems women experience in advancement of their careers.
- 2 p.m. Does Anybody Need Me Any More? (30 min.): a couple whose lives are changed when the woman decides to look for self-fulfillment at 46.
- 2:45 p.m. A World For Women in Engineering (20 min.): dispels misconceptions women might have about pursuing an engineering career.

Success workshops

- 8:20-9:50 a.m.—Workshop C—Creative Living: Relaxation Therapy, Occupational Stress, Holistic Health, Life Events, Limits and Possibilities, and the Perfect Universe will be explored.
- 8:20 9:50 a.m. Workshop F Merit Promotion: Several areas will be discussed on the Process of Candidate Evaluation.
- **8:20 11:20 a.m. Workshop B —** "Just Don't Sit There": Personal effectiveness and basic concepts of power will be evaluated.
- 8:20 11:20 a.m. Workshop A Seminar for Career Women Program: Several pertinent questions concerning women at work will be answered.
- 10 11:20 a.m. Workshop D Your Time is Your Life: This workshop will include such items as solo power for achievement; knowing yourself; and getting along with difficult people.
- 10 11:20 a.m. Workshop F Merit Promotion:
 Process of Candidate evaluation.
- 11:20 12 noon Lunch and assemble at the Presidio Theater (Bldg. 99)
- 12 1 p.m. Keynote Speaker Supervisor Dianne Feinstein: addressing the topic of this year's observance, "Success in the Seventies." (To be held at the Presidio Theater)
- 1:10 3:40—Workshop A Seminar for Career Women Program.
- 1:10 3:40 p.m. Workshop B "Just Don't Sit There."
- 1:10 2:30 p.m. Workshop E Career Intern Program and Upward Mobility: This, workshop will inform participants on how to apply for the civilian intern and upward mobility programs and define personnel management concepts involved.
- 1:10 2:30 p.m. Workshop G "How Can I Get Where I Want To Go? The Effective Use of Resources": A travel kit for the job-seeker and career-changes.
- 2:40 3:40 p.m. Workshop E Career Intern Program and Upward Mobility.
- 2:40-3:40 p.m.—Workshop H—Beyond Sex Roles:
 The Human Potential; To demonstrate how sex roles affect functioning of an individual and how the differences between the sexes are much less than the differences between individuals.

All workshops will be held at the Recreation Center (Bldg. 135). For further information contact Wanda Greer, FWP Coordinator, ext. 2022, or Linda Massey, PAO, ext. 2006.



What rights have been given to women that you think are not suitable?

PFC Drew Harris, USAG
— "I haven't really thought
about it. I think the rights
they have now, they deserve."



SP5 Larry Hooper, LAMC — "They are still below men as far as rights go. Men are starting to accept them as equals. Eventually it will come about." SP6 Evelyn Colon, LAMC — "I wouldn't say that any of the rights now are unsuitable. I don't believe that we are as equal as we are going to get."





PV2 Deborah Miller, Tour Guide — "If a woman is qualified and wants to do a certain job she shouldn't be turned down. Women still have a long way to go to be accepted doing various masculine jobs."

Newsnotes



Scholarships

Two scholarships are available for dependents of present and former members of the 9th Infantry Division.

The \$500 grants will be issued by the Octofoil Association to the school of the applicants' choice upon notice that the recipient has been accepted for admission.

Students desiring to apply for the scholarships should write to the Octofoil Association, P.O. Box 33342, Fort Lewis, Washington, 98433, for application forms.

Tahoe trip

Join the Central YMCA on a trip to Lake Tahoe for the Labor Day Holiday, September 2-5th. Visit the casinos, the beautiful mountains, or just relax in a plush cabin near the woods. Do your own thing. Food, transportation, lodging, and insurance are provided. The cost is \$49.00.



Ballroom dancing

The Central YMCA, 220 Golden Gate Ave., S.F., will start a new Ballroom Dancing class on Tuesday, September 6th from 7-9:45. In cooperation with the Fort Mason Foundation and the GGNRA, this class will be held at Fort Mason, Bldg. 310, Marina & Laguna Blvds. (MUNI lines No. 22, 30, 47). This 8-week class will cover the Waltz, Foxtrot, and Sumba under the direction of Ernie Haeusslein. For more information call the Central Y at 885-0460.

Rec Center happenings

The Presidio Recreation Center program of events this coming week starts with Sports Time on the Giant TV on Saturday at 2 p.m., and Air Hockey Games at 6 p.m. Sunday, Bid Whist Card Games at 3 p.m. and Make Your Own Hot Dog at 6 p.m.

Monday, Belly Dance Class at 7:30 p.m. and chess lessons with Frank. Tuesday, Thursday and Friday, Hapkido Lessons with Master So, 6 p.m. and Sewing with Alyce, Tuesday and Thursday at 7:30 p.m. Wednesday dance to Dr. Webb's Disco Dance from 9 p.m. to midnight. Card Game Nite is held on Thursday at 7 p.m.

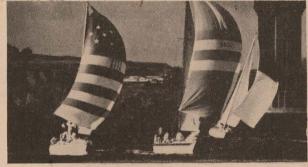
Coming on Sunday, August 28, will be more Fun in the Sun. Your Rec Center is sponsoring a tour to the California State Fair in Sacramento. Why drive, ride in the comfortable air conditioned bus. The bus will leave the Rec Center at 9 a.m. Three dollars will reserve a seat for you, so reserve early. The deposit will be returned upon boarding the bus. General admission for adults, \$2.50, children 12 and under, free. Come in and sign up now or call for more information. The Presidio Rec Center is in Bldg. 135, phone numbers 561-2000 or 5420.

Welcoming coffee

A welcoming and membership coffee will introduce the fall season of the Letterman Women's Club on Thursday, September 15 at 10 a.m. at the Presidio Officers' Club.

New and old members are invited to come and sign up for the wide variety of activities that will be offered.

The Letterman Women's Club requests that reservations be made by noon Tuesday, September 13. In San Francisco, call Ginny Amos, 561-2595, and in Marin, call either Randy Smith, 472-2568, or Judy Burnam, 479-7190.



Sailing class

The Central YMCA, 220 Golden Gate Ave., San Francisco, is going to hold a sailing class September 9 and 10th. The class consists of an evening of theory on Friday, September 9th from 7-9:30 p.m., followed by a day on the San Francisco Bay, September 10th. Since numbers are limited, early registration is required. For further details, call Central Y at 885-0460.

Teen Club closed

Due to the lack of Teen participation and low parental support, the Teen Club has been forced to close. A strong interest remains in reopening this facility in the future and establishing it as a viable part of the military community. To do this we are in need of active community interest both from prospective teenage members and parents. If you can help please visit or call the Youth Activities Director, telephone 3637/5141.

Hometown News

You've probably been approached during the last few months with an offer to get your name in the newspaper back home. We think you should accept that offer.

The Hometown News Program administered by the Public Affairs Office is designed to tell the people back home about your accomplishments in the Army; if the story is newsworthy, hometown news media will want it and will print it. "But I don't want people back home to think I'm looking for publicity" is an often heard complaint. Stop to think about it. Those left back home — family, friends and relatives — are interested in where you've gone and what you're doing. And that local news editor isn't just doing you a favor — he actively seeks material of interest to the public to fill his pages.

Let's fact it — the Army hasn't set up this program for your benefit alone. By getting your story in the news, we also get the Army's story to grassroots America. A great deal of today's news coverage is composed of bad news — scandals, violence, crime — and the Army comes in for its share of criticism. The Hometown News Program, however, allows us to also share in your good news — a promotion, graduation, or award. It's an important way of telling people, especially young people, about the Army and it's mission. Our people are very important to us, and they deserve to be recognized by the public. So do yourself and the Army a favor: be an active participant in the Home Town News Program and get your name in the paper.

Movies

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SCHWARTZ/LETTERMAN Friday, August 19, Thieves (GP), 7 p.m.

Monday, August 22, Islands in the Stream (PG), 7 p.m.
Tuesday, August 23, The Slipper and the Rose (G), 7

p.m. Wednesday, August 24, The Sting (PG), 7 p.m. Thursday, August 25, Gone in 60 Seconds (PG), 7 p.m.

PRESIDIO THEATER
Friday, August 19,
Marathon Man (R), 6 p.m.
Saturday, August 20,
Package Deal: The Three
Caballeros and Never A Dull
Moment (G), 2 and 6 p.m.
Sunday and Monday,
August 21 and 22, The
Omen (R), 6 p.m.
Tuesday, August 23, Gone
in 60 Seconds (PG), 6 p.m.
Wednesday, August 24,
The Return of a Man Called
Horse (PG), 6 p.m.
Thursday, August 25, Is-



Star Presidian

The Star Presidian is an authorized unofficial offset Army newspaper, with a circulation of 5,000, published weekly under the provisions of AR360-81 by the Public Affairs Office, Presidio of San Francisco, CA 94129. Views and opinions expressed herein do not necessarily represent those of the Department of the Army. Editorial offices are located in Building 37. Newsroom telephone: (415) 561-3908 or 2005. Colonel John D. Hamilton, Sr., Commander Major Carole M. Campbell, Public Affairs Officer SP4 Rebecca S. Hall, Editor Pvt. Linda Spillane, reporter

Biggest problem:

Courage to face limitations



Army Major Jack Benedick flies down the slalom course at Aspen, Colorado enroute to his fifth straight National Handicap Ski Championship. Benedick, who lost both legs in Vietnam, was fitted with artificial limbs in 1969, took up skiing in 1970.

There was nothing unusual about that April morning in 1969. Army Captain Jack Benedict was preparing to set out on another Search and Destroy operation with his company in the Mekong Delta of Vietnam.

As the Captain led his company through the Delta rice fields from the point position, suddenly the roar of an exploding mine filled the air. When the smoke cleared, Jack Benedick lay severely wounded. The Viet Cong land mine had exploded under him, stattering both his legs. Since then, those who have known Jack Benedick have watched his tenacious progress toward a normal life with profound admiration.

Many thought that he might never walk again. But Jack Benedick is not a man to give up. Not only has he walked, but for the past five years he's won the National Handicap Ski Championship. Next February he'll return to Colorado in an attempt to win his sixth straight title.

Benedick has also competed in a number of International Events in Canada and Europe and finished as high as second. "The International Competition is much stronger than that in the Nationals. The Austrians and Germans for example, train just like their counterparts in the Olympics. They're just fantastic," he says.

While at Fitzsimmons Army Hospital in Denver, Colorado, Benedick took part in a unique program that saw an exchange of skiing amputee veterans of Vietnam with West German amputee veterans of the Russian front during World War II. The three Germans flew to Colorado to ski the Rockies while Benedick, along with two other American soldiers, flew to Germany to give the slopes of the Alps a try.

"Then came one of those seemingly trivial events that alters the course of a lifetime. . ."

Now an Army Major, Benedick had originally planned a Navy career. The tests were successfully passed, the papers filled out. All that remained was the final signing. Then came one of those seemingly trivial events that alters the course of a lifetime. A luncheon date with a couple of friends who had gone into the Army, and who were sold on it as an exciting, rewarding career, convinced him to become a paratrooper.

Following his training and initial duty as a platoon leader at Fort Leonard Wood, Missouri, he departed for what was to become the first of two tours of duty in Vietnam. During that first tour, he was awarded the Silver Star for continuing to man a machine gun despite being wounded when his company was attacked by a Viet Cong battalion.

Reassigned to Fort Riley, Kansas, the then captain spent a year in the States. But he felt more and more strongly that there was still an unfinished job to be done. He volunteered to return to Vietnam.

Back in Southeast Asia, he was assigned as commander of Company C, 3rd Battalion, 6th Infantry, 9th Infantry Division. He took his responsibility seriously. Always the welfare of his men came ahead of his own.

"The mine, deliberately set with rusty metal, exploded with deadly effect. . ."

That's the way it was on the day he lost his legs. While walking point, the most hazardous position on the patrol, he had just cautioned his men to use care in stepping over the dikes in the rice paddy. Then it happened. The mine, deliberately set with rusty metal, exploded with deadly effect, devastating the patrol. Although critically wounded, Benedick ordered the other men evacuated first in the rescue helicopter before he was finally lifted to safety.

After spending a month at the Army hospital in Japan, Benedick was further evacuated to Fitzsimmons Army Hospital in Denver to be fitted with new legs and to undergo an extensive therapy program.

"I remember becoming rather upset at what I felt was a delay at Fitzsimmons in finalizing the paperwork to leave the Service. Then, out of the blue, they asked me if I wanted to remain on active duty. It was a real surprise to me as I didn't think that was even a possibility," Benedick recalls.

"If your head is in the right direction, you can accept the fact that you have a physical limitation!"

Upon leaving Fitzsimmons, Major Benedick was reassigned to Fort Carson, Colorado, as a company commander. The constant hammering that his artificial legs took had its effect. During his five years at Fort Carson, he underwent three operations to repair damage to his upper legs.

He feels that one of the biggest problems that he has faced is recognizing his limitations and working around them. "The mental thing is most of the problem — at least 90 percent," he says. "If your head is in the right direction, you can accept the fact that you have a physical limitation. But you also have to push yourself to find out just how limited you really are. A lot of it is really in your head," Benedick added.

He recalls learning how to walk all over again, and other things come to his mind when talking about the relearning experience, like how he used to play a lot of handball and tennis. These are things that had to be given up since they require a lot of running.

Other forms of recreation have replaced the handball and tennis courts. The biggest for Major Jack Benedict is skiing.

But then, Major Benedick, now the Presidio Inspector General, is a big man when it comes to courage. It takes a lot of that intangible substance to strap two artificial legs into a set of skis and a lot more to maintain the stick-to-it attitude necessary to become the champion of the slopes that he is.

The Army could use a lot more Major Jack Benedicks.

The secret eye

A gathering of people and events under the watchful SP typewriter

By Eve S. Dropper

This week we had the passing of a legend. Elvis Presley is dead. Now, I know there are some die-hards out there who neither liked nor understood why other people enjoyed the music of this man. I, for one, never bought any of his albums. But, I can still appreciate the man for making a success of his life. He went from Tupelo, Miss. to stardom. And if any of you have ever been to Tupelo (I Have) you, too, should be able to appreciate this. And it's always sad when legends die.

HQ Co. USAG, the 51st Engrs., the 864th Engrs., and the 16th BPO had a command formation last Wednesday. When you get all those people together, you've got a passle of people!!! However, the ground was wet, there were bugs flitting up my pants legs, and my feet kept sinking into the wet ground. Plus it was cold. Sir, I'm glad you're proud of your people.

The Soldier of the Year, SP4 Beal, got a \$1,000 Savings Bond. He elected this instead of a trip to Hawaii . . . nice. See, it does pay to be a super-troop.

The Good Conduct Medal was received by Craig Thornbert, at HQ Co. USAG. Congrats, Craig. Also, SP4 David Van Gorder has re-upped for four years. Wayne Dauphine was promoted to SP4. And PFC Craig Barrett, will be ETSing . . . enjoy, Craig! (I know you will!)

Pvt.'s Cathy and Joe Tennie are finally at the same post. Joe was at Ft. Devens, Mass., while Cathy was here . . . Only about 5,000 miles apart! Well, Joe was lucky enough to get a state-side swap with Pvt. Dean Wyatt, a chaplain's assistant. And Cathy is a chaplain's assistant at 6th Army. I'm happy for you both!

The 525th MI Group has been changed to the 93rd MI Bn. Why? I really don't know. But, Kelly Thompson of the MI Bn. was promoted to SP4. Congrats, Kelly.

Last week the flight detachment was still here and this week they handed out several promotions. Making the grade to PFC were Patrick Wilson, Delbert Woods, and Jeffrey Mills. Promoted to Sgt. was Florecita Thongkham. Congratulations to all of you!! ETS'ing is SP4 Bobby Pelkey. Bobby received the Presidio Certificate of Achievement. Way to go Bobby! And not to be left out is Sgt. Robert Colegrove who is PCS'ing to Korea, he received an ARCOM. Congratulations and good luck to all of you!

The 864th Engineers have some dynamic projects going on. They're working on a sewage treatment plant in Petaluma . . . And they're also working on a retaining wall on the Great Highway to keep the sand on the beach, where it belongs, instead of all over the road!!! Soon you'll see a helo-pad down on Crissy Field . . . yep, they're also making it possible for the helicopters to have a safe landing! All of these things are being done by Lt. Griffin's 'Earth-Moving' platoon! Congrats, sir, you've got a platoon of good guys! At the 864th, being promoted to PFC are: John Christensen, Wayne Bell, Brian Grewe, Michael Miholics, and Gary Runner. Congrats!

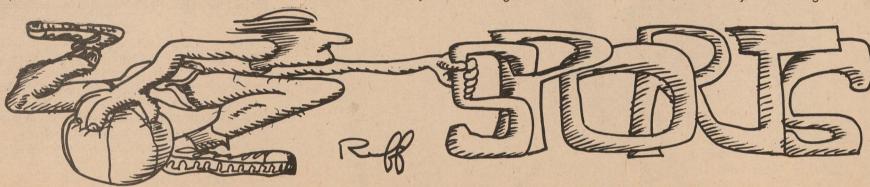
The 51st Engineers would like to wish a warm get-well to SP5 James Hardin. Sorry you're feeling poorly... And a hello to the new CO, Capt. Hugo Croft. Welcome, sir. They've got a newby in from Hawaii, SP5 Robert Alexander.

The band is still busy! They've got a concert in Dublin on the 21st, the Jazz Band will be at the University of SF on the 23rd; it's Oakland Coliseum on the 24th for a baseball game; the retirement ceremony on the 25th; the NCO academy at San Luis Obispo will be listening to the band on the 26th; and on the 31st, the stage band will be performing for the ROTC students at San Jose State. Whew! Busy schedule, what?

Hey, hey, hey! The MP's have done it again. And just in time for the 5th Annual Women's Day! Christie Nelsen will be promoted on Monday to corporal . . . the first lady corporal in the battalion. Way to go, Christie! Andrew Bradley, of the 402nd, has been promoted to SP4. And SSgt. David Smith, also of the 402nd, has signed up for a big six years. Enjoy . . .



Well, time to start getting ready for the weekend . . . so take 'n take 'n keep on whatevering. Ed tries every chance he gets!



Bantam baseball championship

The Presidio hosted its Annual Bantam (Major) Baseball Championship on Aug. 12-14. Eight teams from the Bay Area, to include Fort Ord and Travis AFB, participated. Final results of this affair found Corpus Christi the winner with 4 wins and 0 losses, and Fort Ord the runner-up with 3 wins and 2 losses. Immediately following the last game of the Championship, trophies were awarded to the winners and runner-ups. Spectator interest was good with the majority coming from visiting teams, Fort Ord and Travis AFB.



Members of HQ Co. USAG participate in the recent Mountain Lake clean-up. This was the third annual clean-up. (U. S. Army photo by SSgt. R. L. Jensen.)

Notes from the kegboard

Et Scott Laggue

504th MP Bn	39	13
SFFO CID	37	15
Spt. Elm. No. 2	35	17
USASA	341/2	171/2
HQ USAG	311/2	201/2
525th MI Gp	31	21
LAMC No. 2	22	30
LAIR No. 2	15	37
170th MP Co.	11	41
16th BPO	4	48
Presidio League	Won	Lost
Presidio League LAIR	Won 381/2	Lost 131/2
LAIR USACC LAMC	38½ 38 33	13½ 14 19
LAIR USACC LAMC 16th BPO	38½ 38 33 33	13½ 14 19 19
LAIR USACC LAMC 16th BPO 93rd MI Bn	38½ 38 33 33 29	13½ 14 19 19 23
LAIR USACC LAMC 16th BPO 93rd MI Bn 864th Engrs.	38½ 38 33 33 29 24	13½ 14 19 19 23 28
LAIR USACC LAMC 16th BPO 93rd MI Bn 864th Engrs. Spt. Elm	38½ 38 33 33 29 24 19	13½ 14 19 19 23 28 33
LAIR USACC LAMC 16th BPO 93rd MI Bn 864th Engrs. Spt. Elm 51st Engrs.	38½ 38 33 33 29 24 19 18½	13½ 14 19 19 23 28 33 33½
LAIR USACC LAMC 16th BPO 93rd MI Bn 864th Engrs. Spt. Elm	38½ 38 33 33 29 24 19	13½ 14 19 19 23 28 33



Golf tourney

The Fifth Annual Sixth U.S. Army Commanding General's Golf Tournament will be played Friday, Aug. 26, at the Presidio Army Golf Course. This tournament is open to all members of the Presidio Army Golf Club, and to all Army personnel and civilian employees of the Army stationed at the Presidio. An entry fee of \$5.00 will be made to defray the cost of prizes. The tournament will begin at 8:30 a.m. and a no host luncheon will be held at 1 p.m. Sign up in the Pro Shop by 6 p.m., Aug. 24. Entry fees are not refundable after Aug. 25. Call ext. 5391 for further information.

Intramural slow-pitch softball

Presidio League	Won	Lost
402d MP Co.	12	2
USAG	10	4
LAMC Dental	10	4
864th Engrs.	7	7
LAIR	7	7
HQ 6th Army	6	8
170th MP Co.	3	11
LAMC No. 1	1	13
Ft. Scott League	Won	Lost
Ft. Scott League 666th Radar Sqdn	Won 13	Lost 1
Ft. Scott League 666th Radar Sqdn WRRC		
666th Radar Sqdn WRRC	13	1 2
666th Radar Sqdn WRRC LAMC No. 2	13 12	1
666th Radar Sqdn WRRC LAMC No. 2 16th BPO	13 12 10	1 2 4 7
666th Radar Sqdn WRRC LAMC No. 2 16th BPO 51st Engr. Det.	13 12 10 7 7	1 2 4 7 7
666th Radar Sqdn WRRC LAMC No. 2 16th BPO 51st Engr. Det. 525th MI Gp	13 12 10 7 7 4	1 2 4 7 7 10
666th Radar Sqdn WRRC LAMC No. 2 16th BPO 51st Engr. Det.	13 12 10 7 7	1 2 4 7 7

Trout plants

If water, weather, and road conditions are favorable, the following waters will be stocked with catchable trout this week by the Department of Fish and Game:

Alameda County — Lake Chabot, Alameda Creek Contra Costa County — San Pablo Reservoir San Francisco County — Lake Merced San Luis Obispo County — Lower Nacimiento River

Aquarius Swim Club

The PSF Aquarius Swim Club, the Post youth AAU swim team, competed in the 10-team North Bay Athletic League Championships at Pittsburg on Aug. 13-14. It was the best showing ever for the league's smallest team. Without the depth to stack up points in heavily counted relays, individual performances highlighted the team's 8th place finish. Five hundred and fifty swimmers completed well into the night on both days.

The team's excellent dual meet showing with the powerful Santa Rosa Neptunes in early August was a good precursor of the championships. In that meet, Presidio was edged 260 to 248. With the recent loss of ten top swimmers due to family PCS and one appendectomy (Donna Hibbs), the team's recent successes are even more noteworthy.

All dependents of active duty, retired or reserve personnel are eligible to complete in the team's year round activities. The team works out from 4 to 6 p.m., Monday through Friday at the Letterman Pool.

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Star Presidian

Volume 20, No. 35,

Presidio of San Francisco

Friday, August 26, 1977

170th MP Co.

Combat readiness stressed

By Lee Jensen

Field training for the 170th Military Police Company was conducted at Camp Parks on Aug. 15 through 19.

Camping out in the field and conducting day and night training were all part of the MP's annual ARTEP. The training was scheduled to maintain proficiency and combat readiness. Both men and women participated in this exercise.

The exercise started early in the morning of the 15th with the establishment of a defense perimeter. The perimiter was maintained 24 hours a day. Guard duty and the use of pass words were implemented at all times

The training program consisted of VIP escorts, motor marches, route reconnaissance, a day and night 10 mile compass course, map reading and various other aspects of MP duties.

Motor marches and VIP escorts were conducted at night. The object of this training was to evade ambushes through tactical maneuvers and protect the VIPs. Part of the training was to recognize possible traps and places where ambushes could be set up.

". . . an entire patrol was wiped out."

During one such simulated situation, an entire patrol was wiped out. A helmet was laying out in the road. The patrol stopped to pick it up thinking someone had dropped it. In actuality it was an ambush. It worked quite well. Staff Sergeant Jack E. Balding said that it was a good learning experience for those involved. He doubts they will stop for a helmet in the road again.

Route reconnaissance is one of the more important jobs in the MPs during times of combat. This requires the marking of all hills and the degrees of the grades and the angles of the turns. These are especially important for truck convoys. The trucks have to be able to make the turns with relative ease and a speed has to be set for all to keep together. Bridges have to be checked for the weight they can accommodate. Throughout the reconnaissance, a search for traps and mines is conducted.

Night convoy traveling can be difficult at times. When using black-out lights there is only a narrow beam of light showing the way. When following other vehicles and their dust its sometimes hard to see everything.

". . . there were aggressor forces that made perimeter probes. . ."

At night there were aggressor forces that made perimeter probes and tried to infiltrate into the camp site. This was to check the alertness and reactions of those on guard, SSgt. Balding stated.

On the lighter side, the MPs were shown training films on giving child birth. At times such an emergency arises when the MP has to act as a medic. A personal hygiene course was taught in the middle of the week which included a shower for all.



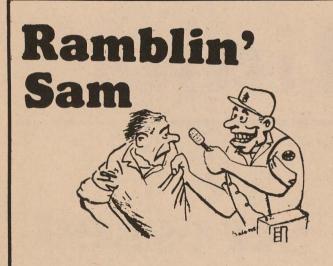
Take a hill top road with two higher hills on either side, and what do you have? Right, a classic ambush. Members of the 170th MP Company practice an encounter and evasion of a set ambush. Certain maneuvers are needed to protect personnel and VIPs. (U. S. Army Photo by SSgt. R. Jensen)

". . . the women performed more than satisfactorily."

First Sergeant Leo Wafford commented that the women performed more than satisfactorily. He further stated that some of the women's performances were better than some of the men's.

"There was only one incident," said SSgt. Balding, training NCO of the 170th, "and that was a man who bumped his head on an M-60 during night exercises. He was rushed to a local civilian hospital and received nine stitches and was back on duty the next day. Other than a little soreness and dust, he's fine."

The training went very well and the overall effort was better than anticipated SSgt. Balding said.



Have you ever been involved in an accident on or off-post?



SP4 Lorry Gallagher Finance — "I've never been

in an accident, I don't drive.

And when I walk, I use the

pedestrian crosswalks and

make sure the cars stop for

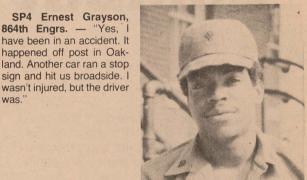
PV2 Jess R. Mitchell, 864th Engrs. - "Yes, have been in an accident. I was partying one night, and took a friend's car and came into a tight squeeze and just ran into another car.



SP4 Ernest Grayson, 864th Engrs. have been in an accident. It happened off post in Oakland. Another car ran a stop sign and hit us broadside. I



PV2 Sue McGregor,

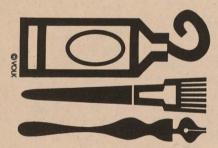


Newsnotes

Graduate education for officers

Each year the Army Educational Requirements Board (AERB) indentifies commissioned and warrant officer positions which require personnel with graduate level education in specific academic disciplines. These requirements are matched with appropriate Officer Personnel Management System (OPMS) or warrant specialties. The Army then seeks to conduct training in order to correct any shortage of qualified personnel.

Officer Graduate Level Training of Military Personnel at Civilian Institutions DA CIR 621-16 dated May 4, 1977, identifies non-medical shortages in which training will be conducted during FY 78. Officers who plan to apply for full time graduate training are advised to consult this circular as a first step. The circular is available at the Army Education Center, Bldg. 1216, ext 2974 or the MOS Library, Bldg. 1227, ext 5205.



Crafts shop activities

The Crafts Shops will start a series of classes in September that has something for all those people who wish to enhance their creative abilities.

Beginners Woodworking Class starts on September 9, from 7 to 9:30 p.m., every Friday and lasts for four weeks. This is a great opportunity for beginners to become familiar with basic woodworking techniques and machinery.

Beginners Photography Class starts September 8, from 6 to 9 p.m., and will be held every Thursday for four weeks. A \$5.00 fee is charged per person and must be paid at the first session. All you need to bring is a camera (except instamatic) and one roll of black and white film.

Beginners Ceramic Class starts September 20. and will be held every Tuesday from 6:30 to 9:30 p.m. for eight weeks. Teaches the process of mold pouring and eight fool-proof decoration techniques; ideal for Christmas and Birthday gifts. There is a \$10.00 fee per person with most supplies furnished.

Beginners Stained Glass Class starts on September 16 and will be held every Friday from 6:30 to 9:30 p.m. for eight weeks. There is a \$15.00 fee per person payable upon registration.

Active duty military will be given priority, however, if space is available retired military and dependents are urged to sign-up also. To make reservations and sign-up for any of the classes listed you may stop by

the Crafts Shop, Bldg. 122 or call 561-4497.

Rec center happenings

On August 28, from 1 to 5 p.m., the Presidio Music Center will hold an open jam session featuring rock music. A variety of musical instruments and amplifying equipment will be provided and all musicians and music lovers from on or off post are invited to come join in the music making. Light refreshments will be served and no admission charged.

Guitar classes

Guitar classes and piano lessons are being offered at the Presidio Music Center. The beginning six week guitar class is \$12.00 and meets for 45 minutes once a week. After the six week beginning class, students may continue guitar classes for \$10.00 per month. Guitars are provided for all classes. Piano lessons are half hour weekly and cost \$13.50 per month. New classes and lessons will be beginning in September. Those interested should call 561-3992 or 561-5897 for further information.

Employment program

ETS within 90 days? Attend the Employment Program on Wednesday, September 14, at 1 p.m. in the Recreation Center, Bldg. 135. Representatives from 13 agencies will inform you about employment opportunities, financial aid for additional training or education as well as your veterans benefits. Get the facts before you separate. Call 3693/4030 to reserve your place.

Movies

PRESIDIO THEATER Friday, August 26, Islands in the Stream (PG), 6 p.m. Saturday, August 27, Mad Monster Party (G), 2 p.m. Saturday, August 27, The Slipper and the Rose (G), 6

Sunday and Monday, August 28 and 29, The Sting (PG), 6 p.m. **Tuesday,** August 30, Brothers (R), 6 p.m. Wednesday, August 31,

One Flew Over the Cuckoo's Nest (R), 6 p.m. Thursday, September 1, One Flew Over the Cuckoo's Nest (R), 6 p.m.

SCHWARTZ/LETTERMAN Friday, August 26, One Flew Over the Cuckoo's Nest (R), 7 p.m.

Monday, August 29, Checkered Flag or Crash (PG), 7

Tuesday, August 30, For the Love of Benji (G), 7 p.m. Wednesday, August 31, Viva Knievel (PG), 7 p.m. **Thursday**, September 1, Joshua (PG), 7 p.m.



Use care in moving high value articles

If you are moving, do you know what to do about articles of extraordinary or "high value?"

The designation of articles as extraordinary value does not mean that such articles will be shipped via a damage or loss free mode of transportation. It will be exposed to the same transportation rigors as your household goods or unaccompanied baggage.

What it does mean is that these articles will be packed separately by a contractor at a premium cost to the Government. The primary advantage of separate packing is the obtaining of an inventory listing of each item tendered for shipment. This inventory also serves to substantiate any claim you may file for loss or damage as proof such item was included in your shipment. It does not establish the value of such item. Value must be established by purchase receipt, or appraisal or other means.

Articles of extraordinary value include jewelry, stamp and coin collections, articles of gold and sterling silver, furs, valuable paintings, art objects and other items of great value. The following types of easily pilferable articles are also considered proper for your high value shipment: small articles such as expensive cameras and accessories, watches, rings, binoculars and necklaces and items particularly subject to theft, including firearms.

These articles will not be accepted by the contractor for inclusion in your high value shipment and should be given to the carrier preparing your household goods for shipment: china, crystal, small electrical appliances, furniture, including antiques, silver plated dinnerware and silver plated dishes, electronic components, articles solely of sentimental value and oriental rugs.



Star Presidian

The Star Presidian is an authorized unofficial offset Army newspaper, with a circulation of 5,000, published weekly under the provisions of AR360-81 by the Public Affairs Office, Presidio of San Francisco, CA 94129. Views and opinions expressed herein do not necessarily represent those of the Department of the Army. Editorial offices are located in Building 37. Newsroom telephone: (415) 561-3908 or 2005. Colonel John D. Hamilton, Sr., Commander Major Carole M. Campbell, Public Affairs Officer SP4 Rebecca S. Hall, Editor Pvt. Linda Spillane, reporter

Holiday accidents

Prevent being part of a crunch

By Sgt. Gary Moulton

A long holiday weekend normally sees a big jump in the number of automobile accidents on the Nation's highways. With the long Labor Day weekend coming up, it is wise to know actions that should be taken in the event you are unfortunate enough to become involved in an accident.

To date, there have been 127 traffic accidents on the Presidio and its sub-posts in 1977. With every accident, several questions surface. The Provost Marshal's Office would like to take this opportunity to answer some of these questions.

Why is it that the first M.P. unit at the scent, in many instances, does very little in the investigation of the accident?

In most cases, the Military Police Desk is notified by telephone of the accident by either one of the individuals involved, or a witness to the accident.

What does the Accident Investigator do after he arrives at the scene?

Upon arrival of the Traffic Accident Investigator at the scene, the following procedures are carried out by him:

1. Determine if there is a need for medical attention. (Note: This has been done already by the first unit, but is done again just to be safe).

2. Secure the accident scene (if not done by the first unit). This includes re-routing traffic if necessary, using the M.P.s from the other unit as traffic controllers.

3. Analyze the accident scene to determine the cause of the accident.

4. Obtain all needed information from the parties involved and witnesses.

5. Diagram or photograph the accident scene.

6. Insure that parties involved exchange the following information:

a. Name

b. Address

c. Insurance company, address, phone number and policy number.

d. Vehicle information (make, model, year, license number, etc).

7. Advise individuals involved to contact their insurance companies as soon as possible.

8. Clear the accident scene.

How long will it take for the investigation to be completed?

Upon completion of the initial investigation at the scene of the accident, the investigator returns to the Traffic Office to correlate all the information into the proper format utilizing the appropriate report forms. Once the reports are finalized by the investigator, they are forwarded for review to the Operations Section, Office of the Provost Marshal, and subsequently to the Claims Section of the Judge Advocate's Office. This entire procedure, from investigator to Operations to Claims, usually takes 7 to 10 working days.

If an individual is suspected of driving under the influence of alcohol or drugs — how long does it take for the laboratory test results to come back?

Normally, the test results will be returned within three to seven working days from the date of the test.



You too can have a car like this if you don't practice defensive driving.

Why is it that an individual involved in an accident might receive a ticket a week after the accident?

When a citation is warranted, it is mailed to the individual upon the completion of screening by the Operations Officer. The reason for this is to insure that the only citations issued for traffic accidents are in fact warranted. This procedure normally involves 3 to 5 working days from the date of the accident.

Let's suppose, even with all this screening, that I get a ticket that I feel is unwarranted, what options do I have?

In lieu of paying the fine as stated on the citation, an individual may request a hearing by the U.S. Magistrate, by checking the appropriate box on the citation and mailing it to:

Central Violations Bureau
P.O. Box 36026
450 Golden Gate Ave.
San Francisco, CA 94102
Normally, the case will be heard within 2 to 4 weeks.

What forms, if any, must be filled out by the operator when a military vehicle is involved in an accident?

Standard Form 91 (Operator's Report of Accident) and DD Form 518 (Operator's Identification Card). The Standard Form 91 is filled out and turned in to the dispatcher, while the DD Form 518 is completed and given to the operator of the other vehicle involved in the accident. Both of these forms should be located in all military vehicles.

So now that I know what happens after an accident occurs, what are some of the major causes of traffic accidents on the Presidio, and what can I do to prevent myself from being involved in them?

There are four major causes of traffic accidents on the Presidio:

1. Unsafe starting and stopping

Unsafe backing and turning
 Failure to yield right of way

4. Failure to take into account unsafe road conditions (fog, darkness, etc.)

There is no sure formula for avoiding traffic accidents, but the best advice we can give you is: STAY AI FRT!

The Presidio has, as most CONUS installations, a specialized Traffic Accident Investigation section within the Office of the Provost Marshal. The Military Policemen assigned to this section have received extensive training in the field of accident investigation, and can answer most of your questions pertaining to an accident on the scene. If, however, you have a question that the investigator cannot answer, or that the investigator has answered in a way that has not made it completely clear, you may phone the Military Police Traffic Section at 561-4357, and every effort will be made to answer your question in terms that you will understand.

Remember — STAY ALERT

SAFE DRIVING.

Beware: Some plants are poisonous

by Tanya Nolen

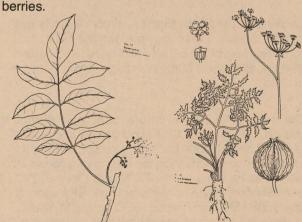
Summer is the time of year for family gatherings, camping, hiking and enjoying the wonders of the outdoors.

We all read about children being poisoned by household cleaning agents and medicines, but most of us are unaware of the thousands of poisonings due to plants. Most people don't realize that both indoor and outdoor plants can be poisonous.

For example, did you know that the Philodendron (Elephant Ear) and Diffenbachia (Dumbcane) accounted for 902 cases of poisoning last year. Both of these plants cause the tongue, lips and palate to swell; death can occur if swelling blocks the throat. How many of you have these huge plants living in your homes, within the reach of little ones?

Everyone loves cook-outs — roasting hot dogs over an open fire and toasting marshmallows. Be careful what branch you choose to use. In California, we have a popular bush called the Oleander. The entire plant is toxic and can cause severe digestive upset, depression, lowered and irregular pulse and possibly, death. Don't use it to build your fire, either — even the smoke from the Oleander twigs and leaves can cause severe allergic reactions.

Over the holidays, a lot of people decorate with Holly, Pyracantha and Poinsettias. In 1975, 920 children had reactions from ingesting parts of these three plants. Children are attracted to the brightly colored barries.



Another poisonous plant, Hemlock, grows wild in California and may be found in the country, growing on a vacant lot or in your garden. Sometimes called "Fools Parsley," its feathery green foliage resembles parsley that has gone to seed or carrot tops. Don't be "fooled" by Hemlock, it can be fatal.

These are only a few poisonous plants that we must be aware of all year round. Among the most common plants that most people are aware of are poison ivy, poison oak and poison sumac.

When dealing with plants, remember:

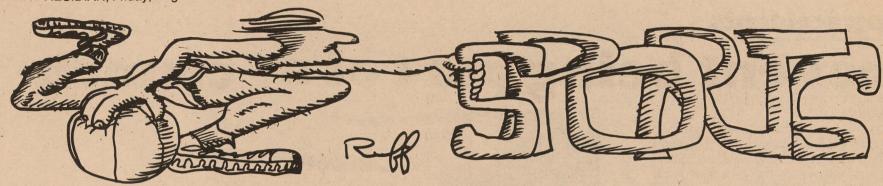
 Never eat any part of an unknown plant — eat only properly prepared foods from well known sources. Never use anything prepared from nature as a medicine or "tea."

2. Do not chew on jewelry made from seeds, beans or other plant parts.

3. Learn to identify the poisonous plants in your home and neighborhood.

4. Firmly impress these rules on your children.

If you are living on post and find an abundance of poisonous plants in your area, you can call the Entomology Branch, Facilities Engineers at 561-2939, to have them removed. Any time you know of anyone having a reaction, after ingestion of a poisonous plant, you can call the San Francisco Poison Control Center at 431-2800 for assistance, or the Emergency Room at LAMC at 561-3166.



Golf tournament

Major Jimmy Stinebaugh, HQ PSF, competed in the All-Army Golf Trials at Ft. Ord and won the senior division. This tough course had the scores soaring throughout the four day tournament. He and LTC Winter (Europe) had tied at the end of 72 holes with scores of 324. Stinebaugh had to sink a 30 foot putt to make it a tie. He then went on to win the sudden death play-off at the first hole.

Both individuals were selected to compete in the Interservice Golf Championships at Long Beach, CA, August 21 - 27. Best of luck to Jim Stinebaugh as he goes into higher competition.



Women's Softball tournament

The Presidio will host a Women's Invitational Softball Tournament this weekend with opening action scheduled for 5:30 p.m. tonight at Fort Scott.

In addition to the Presidio team, other entries in the tourney include Travis AFB, Everywoman's Bookstore, Brothers Sisters, McClellan AFB and the Silver Peso.

Games Saturday and Sunday will start at 10 a.m. with a full day's schedule in the double elimination classic at Fort Scott.

Youth sports activities

The Recreation Services Officer announces the following upcoming schedule of events:

Youth baseball presentation of awards will climax the end of the Youth Baseball Program. The presentation of the awards to winners and runners-up of the various leagues will take place at the Pop Hicks Little League Baseball Field (end of Barnard Ave.), on Saturday, August 27, at noon. All youths who participated in the Bantam (Major and Minor) Leagues and CAL-PAL are urged to attend. Refreshments will be available.

Registration for Youth Soccer for all youths between the age of 9-15, interested in participating in a soccer program are requested to sign up at the Recreation Services, Bldg. 122, from August 29 through September 9. If enough youths register, the program will start September 10. Further information can be obtained by calling the Youth Activities Director at 561-3637 or 5141.

Fall youth ballet classes

Registration for Fall Youth Ballet Classes will take place on September 8 and 9 from 4 to 6 p.m. at Bldg. 1390 (located next to Chapel and Bowling Center), Fort Scott. Parents interested in enrolling their children are urged to register them during this period as classes will officially start on Monday, September 12. For further information call Mrs. Piernik, at 994-0681, from noon to 2 p.m.

Gymkhana

The Presidio Riding Club will host a Gymkhana, Sunday, September 11, beginning at 9:00 a.m. at the Fort Barry arena.

A total of ten events are on the schedule, seven for those with horses and three for individuals without horses.

The equestrian classes will include a key hole race, musical tires, pony express, ride-a-buck, pole bending, boot race and barrel racing. Events for dismounted participants are a three-legged race, water ballon throw and a gunny sack race.

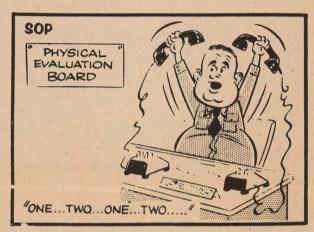
Entry fees in the equestrian events are \$1.50 per

class. Refreshments will be available.

The Presidio Riding Club currently numbers approximately 40 members. Most of the local club members will be competing and invitations have been sent out to a number of other riding clubs and stables in the area.

I fates from the Kegboard

Presidio League	Won	Lost
504th MP Bn	42	14
USASA	381/2	171/2
SFFO CID	38	18
Spt. Elm. No. 2	36	20
HQ USAG	341/2	211/2
525th MI Gp	33	23
LAMC No. 2	24	32
LAIR No. 2	18	38
170th MP Co	11	45
16th BPO	5	51
Ft. Scott League		
	Won	Lost
USACC	42	14
LAIR	381/2	171/2
16th BPO	36	20
16th BPO LAMC	36 35	20 21
LAMC	35	21
LAMC 93rd MI Bn	35 33	21 23
LAMC 93rd MI Bn 864th Engrs.	35 33 26	21 23 30
LAMC 93rd MI Bn 864th Engrs. Spt. Elm.	35 33 26 23	21 23 30 33
LAMC 93rd MI Bn 864th Engrs. Spt. Elm. 51st Engrs.	35 33 26 23 19½	21 23 30 33 36½



Physical fitness class

A physical fitness class for men and women will be offered by the Central YMCA in cooperation with the GGNRA and the Fort Mason Foundation. The class will be held at Fort Mason, Bldg. 312, Marina/Laguna Blvds. on Monday, Wednesday, and Thursday evenings starting September 12, from 5:30 to 6:30 p.m.

The fitness program is designed to improve muscular endurance and strength, flexibility, and cardiovascular endurance. Fitness testing will be carried out the first night of the class so that each participant can be instructed to exercise within his/her own capacity. For more information call Central YMCA, 885-0460.

The secret eye

A gathering of people and events under the watchful SP typewriter

By Eve S. Dropper

Well, well, well, how is it going y'all? Great, I hope. This week was the first week women pulled guard. And I heard everything went real well. Right Ladies?

The 402nd MP Co. had two promos this week. William Silcock made PFC and Ronald Johnson jumped to SP4. SSgt. David Smith received an ARCOM 1st Oak Leaf Cluster. And SP4 Mark Hanks reupped for three years. Congrats! . . . and have fun!!

Moving right along, HQ Co. USAG had several promos this week. Being lifted to PFC were newby Chaplain's Asst. Joseph Tennie (over your cold yet, Joe? Sure hope you feel better!!) and Patricia McNamee. Congratulations to you both! Promoted to SP4 was Nicholas Sanchez, nice going Nicholas!! Reenlisting for three years was SP4 Raymond Reaux. Good luck and have fun! Receiving an ARCOM was Sgt. Robert Colegrove. Congratulations!

The 87th Ord. Det. (EOD) had a promotion and that went to Thomas Baksa who made it to SP5. Congratulations!

From the 504th MP Bn comes SP4 Thomas Hansen reenlisting for three years, and Gregory Alexander was promoted to SP4. Congratulations to you both!

The 170th MP Co gave out a whole bunch of promotions this week. Making it to PFC were Perry Norfleet, Charles Cannon, and George Horton. Making the jump to SP4 were Kristy Nelson, Alfonzo Daily, and Richard Eovaldi. Congratulations to all of you. Reenlisting for a big four years was SP4 David Laroche. Good luck!!

Looking at the 864th Engrs. . . you've really got to hand it to them. When they reenlist, they don't fool around. Reupping for a big six years were Sgt. Edward Britten and SP5 Louis Metz. Way to go, guys. I admire your style.

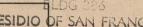
The 16th BPO had a whole bunch of things going on... SP4 Yong Cha successfully completed the ASVAB and will soon be leaving for Korea. Receiving letters of commendation for their participation in exercises at Ft. Irwin were SP5 Myrna Osuna, PV2 Sheila Johnson, PV2 Sheryl Cummings, SP4 Johnny Leonard, SP4 Rosario Corpuz, SFC James M. Wood. Also receiving letters of commendation for their participation in Brave Shield XVI in Twenty-nine Palms were SP4 Rosario Corpuz, SP5 Linda Yonan, SP5 Roger Lieghton, SP5 Michael Bowers, SP4 Carol Mullin, SSgt. Bradley Werich, SSgt. Arnold Jones, and SP5 Myrna Osuna. Way to go, peoples! Ya done good!!!!

And a big pat on the back goes to Mr. Ronald P. Friedrichsen, an avionics equipment inspector employed at Hamilton AFB. Mr. Friedrichsen received a citation that cited him for his keen diagnostic capabilities which are credited for keeping the maintenance down time for the unit's aircraft at an extremely low level. He was also cited for establishing a catch-all VHF radio net that linked ground-to-air and rescue communications into one system.

There's nothing new with the Flight Detachment this week, but next week promises some super exciting news.



Well, the end of another week and I'm sooooo glad! Have a good weekend and take'n take'n keep on whatevering. Bobby Lee is.





The Presidio Soldier of the Year received his award and savings bond at the Wednesday morning formation. SP4 Lowell E. Beal, a Promotions Clerk, was named the Presidio's Soldier of the Year on July 6, 1977. There were two choices of awards for the winner; an all expense paid trip for two to Hawaii or a savings bond of equal value. SP4 Beal, a former high school teacher from Beals, Maine, selected the savings bond.

Soldier of the year

Star Presidian

Volume 20, No. 36

Presidio of San Francisco

Friday, September 2, 1977

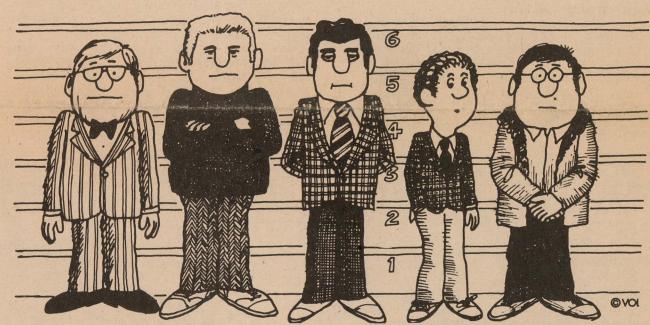
The question:

Is what you see suspicious?

You've heard the phrase before, from MP's on duty, from the Crime Prevention section, or maybe from a friend or neighbor: "Call the MP's if you see or hear anything suspicious." But just what is suspicious? When should you call the Military Police? Because the MP's depend on you to assist us in our efforts to control crime, we want to pass on some examples of when you should call us, and to encourage you to do so at any time.

Basically, anything that seems even slightly out of place for your area during the time of day or night in which it occurs may mean criminal activity. A stranger entering your neighbor's house when it is unoccupied could mean a burglar. A scream heard anywhere could mean a violent attack, a robbery or rape. Offers of merchandise at ridiculously low prices could mean stolen property. Anyone removing accessories, license plates, or gasoline from a car, or otherwise tampering with it, could be committing larceny or vandalism. Anyone peering into parked cars could be looking for a car to steal, or for valuables like packages or car stereos to take.

The sound of breaking glass or loud explosive noises could mean a housebreakin, an accident, or vandalism. Persons entering or leaving a business place after hours could be burglars. Persons loitering around schools, parks, secluded areas or in the neighborhood could be sex offenders. Continuous "repair" operations at a non-business location could mean that stolen property is being stripped, repainted or otherwise altered. Open or broken windows at a closed business or a residence whose occupants are absent could mean a burglary is in progress, or has recently taken place.



Vehicles being loaded with valuables are suspicious if parked in front of a closed business or unattended residence, even if the vehicle is a legitimate looking commercial unit. Many professional thieves customize their vehicles with special signs in order to avoid suspicion. Apparent business transactions con-

ducted from a vehicle, especially around schools, parks, or if juveniles are involved, could mean drug sales. Persons being forced into vehicles—especially if they are females or juveniles — may mean a kidnapping or sex offense.

While all of the situations described above may have innocent explanations, it is far better to have reported them and know for sure, than to allow a serious offense to go unreported. The Presidio Military Police are here to help you. They encourage you to call them at 2251 and report anything which appears suspicious to you. In addition, you may also use the new Post Office Box, 29376, to pass on information you want checked out. If you would prefer to remain anonymous, but wish to share information, the post office box is ideal. Drop a line, or give a call, but please help the

First 504th female corporal



The 504th MP Bn. was founded in May of 1941. At that time, there were no women authorized in the battalion. Now, 36 years later, the 504th has distinguished Kristy Nelson as the first female to be promoted to the rank of corporal in the history of the battalion. Females were first authorized in the battalion in 1973, and the rank of corporal was initiated in a recent change in policy. Now, there will be a new section added to the Unit History, and Kristy Nelson will hold a major place in it.

NEWS IN BRIEF

Shop AAFES

When authorized customers shop at an AAFES exchange they can purchase with confidence. Every product or service offered by AAFES is backed by the policy, "Satisfaction Guaranteed or Your Money Cheerfully Refunded."

That policy, posted at AAFES facilities worldwide, is one of the most liberal guarantees that a shopper can find in any retail establishment. It means what it says because AAFES regards customer satisfaction as vital to the exchange mission.

In cases involving a refund or adjustment, all that is required of the customer is identification and the verification that the item in question was sold by AAFES. This can be either a cash register tape or sales receipt. Lacking these, exchange personnel can usually authenticate an item from exchange records.



Exchange facilities closed

All Presidio Exchange facilities will be closed Monday, Sept. 5, in observance of Labor Day. The Presidio's commissary will be closed on Sat., Sept. 3, due to Labor Day, a National Holiday.

Community citizen

The Presidio Community Citizen of the Quarter Program is open for all military, civilian, or dependent personnel wishing to nominate an individual for this quarterly honor. Nominations should be submitted on PSF Form 822, and sent to the Army Community Service Officer, Bldg. 214, Monday through Friday, 7:30 a.m. to 4 p.m. For further information contact ACS, ext. 5057/5155.

German class

A Headstart German Language and Culture Orientation course will be held at the Education Center, Tuesdays and Thursdays, 6:30 to 8:30 p.m. from September 6 to October 27.

The course is conducted for military personnel, dependents and civilians on orders or alerted for duty in Germany. There is no fee for the course.

Military personnel who successfully complete the program at the Presidio satisfy the USAEUR Headstart language requirement for incoming El-E6 personnel with no tour of duty in Germany in the last five years or no measurable current German language proficiency.

The course also satisfies the USAEUR Gateway language requirement for incoming officers other than division, brigade and battalion commanders (and equivalent commanders) and E7-E9 personnel with no measurable and current German language proficiency.

Military personnel who do no complete the German Headstart program in CONUS are required to participate in mandatory USAEUR Command Language Programs within 30 days of arrival at their unit.

ACS can help

Look around at any post, and you'll find Army Community Service (ACS) ready to help in the areas of inprocessing and out-processing:

Centralized In-Processing: information about post activities; "Welcome Packets" for new arrivals; orientation fact sheets; loan of household items; travel brochures for the area; food stamp information and evaluation; information on area schools.

Out-Processing: brochures on other posts/bases; loan of household items.

Retired Officers Assn.

Lt. General Edward M. Flanagan Jr., Commanding General Sixth Army, will address the Retired Officers Association Station Convention, September 17, at the luncheon meeting.

The TROA State Convention, "Forum for the Future," convenes September 15 at the Sheraton-Tropicana Convention Center in Santa Rosa.

Other speakers for the event include Virginia Mae Days, California Director of Veterans Affairs; Vice Admiral Austin C. Wagner, Commander Coast Guard Pacific Area and Twelfth Coast Guard District; Congressman Don Clausen; and Lt. General John W. Carpenter, USAF (retired), TROA President.

Entertainment for the Convention features a wine tasting, entertainment by The Sweet Adelines and a dinner show with Rich Price and The Sierrans.



The United Way is us.

All of us.

CFC kick-off

The Combined Federal Campaign will kick-off at 12:30 p.m., Friday, September 9, at the PSF Main Parade Ground. Special entertainment is being planned.

The San Francisco Bay Area Combined Federal Campaign (CFC) is authorized by the President of the United States and administered by the Civil Service Commissioner to meet Federal employee wishes for a single campaign, reduce costs to the Federal government, and increase contributions to worthy and accredited causes. Toward this end, the United Way of the Bay Area, the National Health Agencies, and the International Service Agencies have combined for a once-a-year Federal campaign.

THAT'S ENTERTAINMENT

Toastmasters Club

The Presidio Toastmasters Club offers an effective program for interested men and women who desire to improve their ability to communicate ideas, while they increase their understanding of others and become better leaders. Toastmasters provides a congenial, compatible atmosphere in which to continue self-development and stimulate better listening, thinking and speaking. Presidio Toastmasters meets every other Thursday in Bldg. 135 at noon. Call Doris Harvey, 3342, or Milo Bacon, 4226, for further details.

EM Wives' Club

Due to Labor Day, the Presidio Enlisted Men's Wives' Club will meet on Tuesday, September 6, at 7:30 p.m., at the Recreation Center, for their business meeting and social hour.

Please plan to attend and bring a friend, as this will be a very informative meeting. Guest speaker, SSgt. Don Delver, of the 504th MPs, will talk on Crime Prevention. Also, there will be a layout of plans and functions for the fall and winter months ahead.

The club is open to all NCO and Enlisted wives, so if you are looking for some interesting things to do, please come and join us. For more information, or if you need a ride, call: Jo Leach, 3550 or Rosa Parham, 386-5057.



Monterey Jazz Festival

The Central YMCA is sponsoring a two day trip to the 20th annual Monterey Jazz Festival, September 17 and 18. For more information call 885-0460.



Looking for something to do this long Labor-Day weekend?

The Circus is in town, at the Cow Palace, and Peter Shallish at the Ticket Information Office, located at the Recreation Center, has discount tickets available for tonight's and tomorrow afternoon's performances.

Regular \$7.00 reserved seat tickets are available for \$5.00, a substantial savings of two bills a seat.

If you don't mind driving a bit, Cal Expo in Sacramento offers a full day of entertainment at very reasonable prices. Open from 10 to 10, admission is \$2.50 with children under 12 admitted free.

The entrance price covers everything except rides and food and some topflight entertainment will be on hand this weekend.

Tomorrow, Saturday, features Lynn Anderson. Sheri Lewis will be performing Sunday and The Walkers, Monday. All performances are at 4:30 and 7:30 p.m. daily.

The Mine Shaft

The Mine Shaft, the newly refurbished disco and keller bar at the Fort Mason Officer's Club, celebrated its grand opening last Friday night and promises to be the coming night spot in the Bay Area for the young and the young at heart. Don Defesi with his "Great American Dance Party" spins the disco favorites every Friday and Saturday night from 9 p.m. - 1 a.m. at the Mine Shaft, which is open to all officers, DOD civilians (GS-7 and above) and guests in the Bay Area.

Movies

SCHWARTZ/LETTERMAN
Friday, September 2, ScorFriday, September 2,

Friday, September 2, Scorchy (R), 7 p.m.

Monday, September 5,
Annie Hall (PG), 7 p.m.

Tuesday, September 6, The
Adventures of Sherlock
Holmes' Smarter Brother
(PG), 7 p.m.

Wednesday, September 7, Smokey and the Bandit (PG), 7 p.m. Thursday, September 8,

Demon (R), 7 p.m.

Checkered Flag or Crash (PG), 6 p.m. Saturday, September 3, For

The Love of Benji (G), 2 and 6 p.m. **Sunday and Monday**,

September 4 and 5, Viva

Knievel (PG), 6 p.m. **Tuesday**, September 6,
Joshua (PG), 6 p.m. **Wednesday**, September 7,
Scorchy (R), 6 p.m. **Thursday**, September 8,
Annie Hall (PG), 6 p.m.



Star Presidian

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Bus Schedules

Alamo School is for grades Kindergarten through third. Classes are scheduled to begin at 8:15 a.m. and dismiss at 1:55 p.m.

Return Bus No. Bus No. Pick-up point 1514 Pershing Drive 7:45 a.m. 306-1 306-8 Brooks St. and Baker Ct. California and 32nd Ave. P.M. Kindergarten pick-up for Alamo School Pick-up point 10:30 a.m. 017-5 306-8 1514 Pershing Drive Brooks St. and Baker Ct.

Lafayette School is for grades four through six. Classes are scheduled to begin at 8:35 a.m. and dismiss at 2:35 p.m.

Pick-up point Lincoln Blvd. and Brooks St. 1575 Pershing Drive 1531 Pershing Drive 1514 Pershing Drive

John Swett Grammar School is for grades Kindergarten through Third. Classes are scheduled to begin at 9:35 a.m. and dismiss at 3:15 p.m.

Return Approx. Pick-up point 955 Hoffman Bus No. Bus No. 8:50 a.m. 406-4 615-10 Lincoln Blvd. and Armistead Rd. Storey Ave. and Battery Wagner 1310 Kobbe Ave. 1407 Washington Blvd. Brooks St. and Baker Ct. 1575 Pershing Drive 9 a.m. 315-4 306-10

1569 Pershing Drive 1557 Pershing Drive 1526 Pershing Drive 1515 Pershing Drive

A.M. Kindergarten returns from John Swett John Swett School 12:40p.m. 042-7

Sherman School Chestnut and Gough 1407 Washington Blvd. 1310 Kobbe Ave. Battery Wagner and Battery Howe 955 Hoffman Lincoln Blvd. and Armistead Rd.

John Swett School Brooks St. and Baker Ct. 1575 Pershing Drive

1571 Pershing Drive 1561 Pershing Drive 1550 Pershing Drive 1549 Pershing Drive 1526 Pershing Drive

1515 Pershing Drive

Raphael Weill School is for grades four through six. Classes are scheduled to begin at 9:15 and

Pick-up point 654 Crissy Field Blvd. Sheridan and Ord 856 MacArthur 759 Portola Morton and Liggett

Approx. Bus No. Bus No. 8:40 a.m. 304-3 304-10

Return

406-10

Bus No. Bus No.

4-2

Approx.

time

12:40

001-7

7:55 a

Hancock Grammar School is for grades Kindergarten through third. Classes are scheduled to begin

at 7:50 a.m. and dismiss at 1:55 p.m. Pick-up point Presidio and Funston

116 Sheridan 333 Infantry Terrace 856 MacArthur 759 Portola 715 Liggett 514 Simonds Bus Stop No. 1104 Letterman Yerba Buena School 407 Washington Blvd. 917 Marine Drive (C.G. Station)

955 Hoffman

Winfield Scott School Divisadero and Chestnut

516-8 7:15 a.m. 513-1

Approx. Return time Bus No. Bus No.

515-8

7:15 a.m. 511-1

Addresses for San Francisco Schools

Hancock Grammar 940 Filbert Street Phone 441-7330

Yerba Buena 2110 Greenwich Street Phone 931-7137

Raphael Weill 1501 O'Farrell Street Phone 922-0757

2190 Powell Street Phone 392-8220 Galileo High 1150 Francisco Street

Phone 771-3150

Francisco Junior

John Swett Grammar 727 Golden Gate Avenue Phone 863-6474

Sherman 1651 Union Street Phone 776-5500

Lafayette 4545 Anza Phone 387-3322

Marina Junior 3500 Fillmore Street Phone 921-3285

250 - 23rd Avenue Phone 752-8244

Rooftop School 2340 Jackson Street Phone 346-7667

Roosevelt Junior

450 - 30th Avenue Phone 386-1600

Lowell High 1.101 Eucalyptus Drive Phone 566-7900

Washington High 600 - 32nd Avenue Phone 387-0550

Winfield Scott 3630 Divisadero Street Phone 346-7633

Louise M. Lombard 1099 Hayes Street Phone 861-1821

Robert Louis Stevenson 2051 - 34th Avenue Phone 673-7931

Clarendon 500 Clarendon Avenue Phone 661-1269

Sunshine 2730 Bryant Street Phone 647-1516

Francis Scott Key 1530 - 43rd Avenue Phone 664-2062

Bus schedules for Forts Baker and Barry are unavailable at this time and must be obtained from the schools when you register

Assignments for Forts Baker and Barry: Kindergarten-3rd grade **Bayside Elementary** 630 Nevada Street Sausalito Phone 332-1024

Grades 4-8 Martin Luther King Ebb Tide Sausalito Phone 332-1474

Grades 9 - 12 Tamalpais High School Miller Ave. and Camino Alto Phone 388-3292

Assignments for Fort Mason Kindergarten-3rd grade

Yerba Buena/Sherman 2110 Greenwich Street Phone 931-7137

Grades 4-6 Sherman 1651 Union Street Phone 776-5500

Grades 7 - 9 Marina Junior 3500 Fillmore Phone 921-3285

time

11 a.m. 044-6

Grades 10 - 12 Galileo High 1150 Francisco Street Phone 771-3150

Bus No. Bus No.

Return

A.M. Kindergarten returns from Hancock Grammar

Hancock School Broderick and Sutter Post and Baker Post and Lyon Lyon and Sutter Bus Stop No. 1104 Letterman 514 Simonds Loop 715 Liggett 759 Portola 856 MacArthur Presidio and Funston 116 Sheridan 333 Infantry Terrace 407 Washington Blvd.

P.M. Kindergarten pick-up for Hancock Grammar Pick-up point

856 MacArthur 759 Portola 715 Liggett Presidio and Funston 116 Sheridan 333 Infantry 407 Washington Bus Stop No. 1104 Letterman Approx. Return Bus No. time Bus No. 10:30a.m. 044-5 515-8 515-8 515-8 515-8 515-8 515-8 516-8

Assignments for Presidio of San Francisco:

Kindergarten - 3rd grade Hancock Grammar School 940 Filbert Street Phone 441-7330

All dependents residing in blocks: 000 - 099 300 - 399 500 - 599 800 - 899 100 - 199 400 - 499 700 - 799 1000 - 1099

John Swett Grammar School 727 Golden Gate Avenue Phone 863-6474

All dependents residing in blocks: 900 - 999 1200 - 1299 1300 - 1399 1400 - 1499 All dependents residing in Quarters No .: 1516, 1518, 1510, 1524, 1526, 1530, 1532, 1536, 1540, 1542, 1544, 1546, 1549, 1550, 1552, 1553, 1556-1563, 1565-1582, 1584, 1586, 1588-1590, 1592, 1594, 1596, and 1598.

Alamo Grammar School 250 - 23rd Avenue Phone 752-8244

All dependents residing in Quarters No.: 1501-1515, 1517, 1519, 1521, 1525, 1529, 1533, 1535, 1537, 1543, 1545, 1583, 1585, 1587, 1589, 1591, 1593, and 1595. PLUS all dependents residing in the 1700 blocks.

Grades 4-6 Raphael Weill Elementary 1501 O'Farrell Street Phone 922-0757

All dependents residing in Blocks: 000-099 400-499 800-899 1200-1299 100-199 500-599 900-999 1300-1399 300-399 700-799 1000-1099 1400-1499

Lafayette Elementary 4545 Anza Phone 387-3322

Phone 392-8220

All dependents residing in 1500 and 1700 blocks.

Grades 7 - 9 Francisco Junior High School 2190 Powell Street

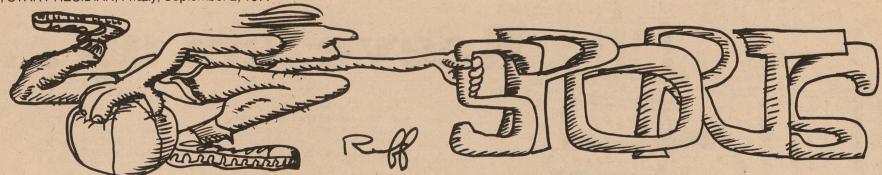
Grades 10 - 12 Galileo High School 1150 Francisco Street Phone 771-3150

All dependents residing in blocks: 500-599 700-799 800-899 1000-1099

Roosevelt Junior High School 450 - 30th Avenue Phone 386-1600

George Washington High School 600 - 32nd Avenue Phone 387-0550

All dependents residing in blocks: 000-099 300-399 900-999 1300-1399 100-199 400-499 1200-1299 1400-1499 and all 1500 and 1700



Tennis tips

by George Collier, Presidio's Head Tennis Pro

Beginning today, the SP will run a series of brief tennis tips covering the seven basic strokes of the

1. **The Serve:** The serve is the most important stroke in the game of tennis since it is the first stroke of each game. Generally, you will be doing more serving than using any other stroke so it requires more practice! Remember that the timing and rhythm are essential and your ball toss must be parallel to your racquet face in order to make contact with the ball.

Next week look for the next tennis tip...The Volley. For more information contact George Collier at 883-3023.



Youth tennis class

If sufficient interest is generated, it is proposed that classes in tennis be started in the near future. Classes will be held once per week for a total of 10 lessons. The instructor will be George Collier and participants will be limited to 10-12 youths. A fee of \$5.00 per child will be assessed. All youths between the age of 9-16 are eligible. Those interested should call the Youth Activities Director, telephone 5141/3637.

Run for your life

Two staff sections of Sixth Army — Deputy Chief of Staff for Operations (DCSOPS) and Deputy Chief of Staff for Training (DCST) — have challenged each other to an 11-mile relay race to be held Thursday, September 8, at 11 a.m.

The course for the race will be from Sixth Army Headquarters across the Golden Gate Bridge to Vista Point, back across the Golden Gate to the Arguello Gate, to Crissy Field, from Crissy to the Marina Green and back to Sixth Army Headquarters.

DCSOPS' participants are Phil Day, Gene Janosko, Tom Taylor, Eden Lee and Joe Frushon. Runners from DCST are John Meese, Pat Wright, Dave Neck, Ed Teizeira and Bill Wendt.

Golf tournament

The Sixth Annual US Army Commander's Golf Tournament was held at the Presidio Army Golf Club on August 26.

Ninety-six golfers competed in the "Scramble" tournament, with top prize going to the foursome of M. McBee, C. Ring and W. Ryan, and J. Smothers, who had a low gross score of 62. Second place finishers were J. Boyd, A. Hildreth, L. Peterson and G. Rouse. Third place went to the group of H. Willis, D. Smith, F. Thorn and A. White.

Other prizes awarded were longest drive on No. 9, H. Smith; longest drive on No. 11, C. Mizell; closest to pin on No. 4, L. Nahulu; and closest to the pin on No. 13, R. Noreen.

Interservice golf tourney

The 1977 Interservice Golf Tournament has been completed and Jimmy Stinebaugh of the Presidio finished second in the Senior Division. He was edged out by William Elder, U. S. Navy. The tournament took place at Long Beach Naval Base last week. The competition was close as Elder was ahead by only two strokes at the end of 54 holes. The final round saw Elder increase his lead to four strokes by shooting a sizzling 69. Stinebaugh came through with a very good 71.

Scores: Elder (Navy), 75-77-78-69 = 299. Stinebaugh (Army), 76-78-71 = 303.

Notes from the kegboard

Presidio league USACC LAIR LAMC 93rd MI Bn 16th BPO Spt. Elm. 864th Engrs. 51st Engrs. HHD 163rd 402d MP Co.	Won 45 41½ 39 37 37 27 26 19½ 17 11	Lost 15 18½ 21 23 23 33 34 40½ 43 48
Ft. Scott league 504th MP Bn USASA Spt. Elm. No. 2 SFFO CID HQ USAG 525th MI Gp LAMC No. 2 LAIR No. 2 170th MP Co. 16th BPO	Won 45 41½ 40 40 35½ 35 26 19 13	Lost 15 18½ 20 20 24½ 25 34 41 47 55



Good Luck! Lt. Gen. Edward M. Flanagan, Jr., left, wishes Mr. Benjamin H. Swig, center, Civilian Aide At-Large to the Secretary of the Army, and Lt. Gen. (Ret.) Stanley R. Larsen good luck as they prepare to tee-off for the Sixth Annual Sixth US Army Commander's Golf Tournament held at the Presidio Army Golf Club on August 26.

Trout plant

If water, weather, and road conditions are favorable, the following waters will be stocked with catchable trout this week by the Department of Fish and Game:

Alameda County — Lake Chabot, Alameda Creek
Contra Costa County — San Pablo Reservoir
Lake County — Upper Blue Lake
San Francisco County — Lake Merced
San Luis Obispo County — Lower Nacimiento

San Luis Obispo County — Lower Nacimiento River

Softball tourney

The Presidio will host its second Men's Slow-Pitch Softball Tournament this Labor Day Weekend.

Ten outstanding teams from the Presidio and the Bay Area will participate in the double elimination tournament which begins Friday, Sept. 2 at 5 p.m., and runs through Sunday evening. Five games will be played Friday, 10, on Saturday beginning at 10 a.m., and four on Sunday beginning at 11 a.m.

The winner of the Presidio's July 4th Tournament, Sorrento's, a Bay Area Team, returns to defend its title. Also competing will be Presidio's Post Champion's, LAMC Dental and the Post Runner-up, the 402nd MP Co.

Two Presidio All-Star teams will play. Also playing are: Clover Natural Foods, BBDO Advertising Agency, Spraycraft, Hi Times.

Softball championship results

by Frank Castro

In just over 60 minutes an entire softball season of over half a hundred games and practice sessions went into the books simply as winner, runner-up. And when the players reflect on their trials and tribulations they simply shrug, toss their glove into a corner and go on to the next intramural sport. Interesting.

In the finals it was the toothbrush-bunch from LAMC Dental against the 402nd Cops. Sadly for the nightsticks the Dental team took the championship almost as easily as we brush our toothies.

The six team playoff did have a few surprising turnabouts. USAG and the 666th Radar went meekly in just two games. Both were expected to terrorize teams such as WRRC and LAMC No. 2. The Recruiters and No. 2 Medics were picked as early losers but instead hung tough and were nuisances to the stronger teams.

The Floss Peddlers came on strong in their first two games. They hammered out over 25 over-the-fence rips while running up over 35 runs in their first ten innings.

Against the No. 2 Medics the tooth fairies waltzed onto the diamond expecting an easy win and were nearly upset by an upset bunch of No. 2 Medics.

Through five innings the Dental infield was riddled with cavities as their normally skilled players booted numerous routine plays. But as is the Dental team's trademark, they jumped on a couple of seemingly harmless No. 2 Medic errors and pulled the game out.

In the championship — a rematch, the cops having been drilled to the tune of 22 to something insignificant — the 402nd was bent on revenge and a sweep of the double header needed to win the post crown.

Typically, both teams matched up almost perfectly. The tooth brushes and the white hats had one infield weak spot — although that position proved to be strong in the end — and the outfields were good and quick.

The difference was on the mound. The Dental pitcher, Larry Rodden, was able to finesse his lobs and deny the 402nd hitters — a respectable group. Bernie Becker, deserving much credit, pitched well but eventually surrendered the damaging blows and in the 7th inning Dental 3rd sacker Rich Harding Harding delivered a bases loaded double and thats all she wrote.

For the first time an All-Star team was named. The players from LAMC Dental: Rich Harding Al Domyslaski, Larry Rodden, Wayne Thierverge, Rich Dennis. from the 402nd: Dean Kemp, Tom Africa, Bill Turner, from the LAMC No. 2: Terry Craft, from Recruiting: John Smith.

Star Presidian

Volume 20, No. 37

Presidio of San Francisco

Friday, September 9, 1977

i Viva Hispanos!

National Hispanic Heritage Week, observed during Sept. 11-17, gives recognition to the contributions of our Nation's Hispanic-Americans. Among those contributions are the special qualities and characteristics of Spanish-speaking Americans which add strength and texture to the overall American fabric.

Daniel T.V. Valdes, a scholar on the American Southwest, points out some of the generalized differences between Anglo-Americans and those of Spanish origin. The Anglo is a servant of time; to the Latin there is time for everything. The Anglo is practical and wants organization; the Hispano is theoretical and individualistic. The Anglo is supreme in science; he places economic well-being and wealth above everything. The Latin excels in human relations; friendship is the most important element in his life.

Another scholar says of the Hispanic-American of the Southwest, "He descends from men who have for three centuries withstood drought and flood, tilled the land faithfully, adapted their buildings to the contours and rigors of the country and maintained the solidarity of their families."

Although not always finding favor or agreement with their Anglo neighbors, the Hispanos put their imprint indelibly and significantly on the areas and all its people. The Hispano's ancestors introduced Colonial-Spanish architecture; hundreds of places in the Southwest are of Spanish names. And the well-known American cowboy inherited his trade, his outfit, his horse, his lingo and his methods from the Spaniard.

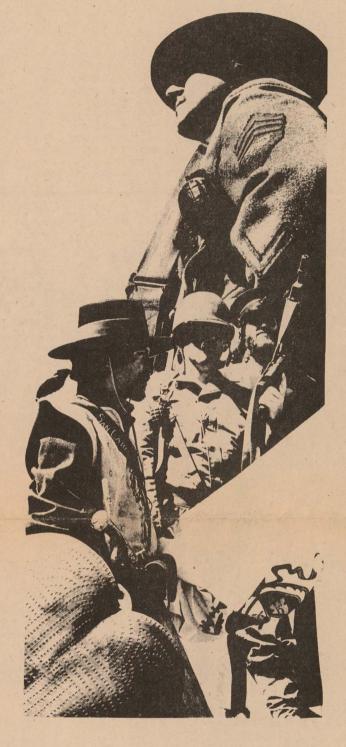
"...America is dotted with old missions and forts built by Spanish explorers more than two centuries ago and the Presidio is one of them."

It is also interesting to note that the Hispanos of the Southwest became American citizens by choice and not by chance. Under the terms of the Treaty of Guadalupe Hidalgo in 1848, the Spanish-speaking people were given their choice between Mexican or U.S. citizenship, with one year in which to make up their minds. Mexico offered them land grants below the Rio Grande, but the majority preferred to stay where they were, where their families had lived for one or two hundred years and to become citizens of the



Even though the Bicentennial is behind us, it is still appropriate to reflect on our heritage preceding the 13 colonies and first states of the United States. From Florida through the great Southwest and up through California, America is dotted with old missions and forts built by Spanish explorers more than two centuries ago and the Presidio is one of them.

Columbus, Balboa, Junipero Serra — each wrote chapters in our history long before Virginia colonists



and the pilgrims immigrated to the New World. Our Hispanic forefathers and their descendents have provided and continue to provide this country with a rich and varied culture.

In front of the Texas State Capitol stands a monument listing those who died at the Alamo. Quickly to mind come the names of Travis, Bowie and Crockett.

But all the heroes who defended the Alamo during the 13-day siege from Feb. 23 to March 6, 1836, did not bear Anglo names. Native Texans — Mexican Americans — fought shoulder to shoulder with Anglo Americans who had joined the Texas movement.

During the three-day truce allowed by Santa Anna, those who wished to leave the Alamo were permitted free passage. Among those who were steadfast in their convictions and defense of the Alamo were Gregario Esparza and his wife and children.

When Colonel William Travis drew a line with his sword separating those who would leave and those who would stay, Esparza crossed the line declaring, "I will stay and die fighting." Likewise, his wife insisted to "stay by your side and with our children die too."

In 1907, Enrique Esparza, son of Gregorio Esparza and the last survivor of the Alamo, recounted his parents' pledge and his own eyewitness account for the San Antonio Daily Express.

"So, we stayed," recalled Enrique Esparza. "And so my father died, as he said, fighting. He struck down one of his foes as he fell in the heap of slain."

National Hispanic Heritage Week is a particularly good time to pay tribute to the contributions of our Hispanic brothers and sisters. It is a time for special rec-

Schedule of events

Hispanic Heritage Week has traditionally been scheduled to coincide with the week in which many of the Latin American Countries celebrate their independence. In the Bay Area and on post there will be many events open to the general public in honor of these celebrations. Among them are the following:

Sept. 10: A dance celebrating the Independence of Central America at the California Hall, 625 Polk St., San Francisco, starting at 9 p.m.

Sept. 10: The Coronation of Miss Mexico—1977 and a dance in her honor at the Oakland Municipal Auditorium starting at 8 p.m.

Sept. 11: The Post Museum will sponsor a Hispanic display of the Presidio as it was in 1806.

Sept. 11: Specific Hispanic Literary works will be available at the Post Library, focusing on Hispanic contribution in America.

Sept. 15: A program of music in celebration of the Independence of Mexico at the Oakland Municipal Auditorium starting at 7 p.m.

Sept. 15: A ceremony in celebration of the Independence of Mexico at the San Francisco City Hall starting at 8 p.m.

Sept. 16: Hispanic Heritage Fiesta will be held from 11 a.m. to 4 p.m. on the Post Parade Grounds immediately in front of Sixth Army Headquarters with tables, booths and areas staffed by local community members of South and Central American and Caribbean origin. Each booth will contain a variety of displays such as art, pictures of the countries, artifacts, representative products, traditional items of clothing both on display and worn by staffers, musical instruments and dancers.

Sept. 17: A program of Soccer between teams representing all of the various Hispanic Communities in the Bay Area at Greenman's Field, 68th Ave. and East 14th St. in Oakland starting at 10 a.m.

Sept. 18: A carnival of music, food, games, etc., at the Oakland Museum Gardens starting at 12 noon.

All members of the Presidio Community are invited and encouraged to attend.

ognition and increased awareness that our Hispanic beginnings are dated long before 1776, and that in 1977 we are one people with pride in our varied cultural backgrounds.

"'His filial respect, his love of country and his fortitude in the face of adversity are potential resources to Americanism.'"

In this century, Hispanic Americans, with roots in this nation further back than any other group except the American Indian, have been joined by Hispanic people from other nations of South and Central America. In the years following the World War II, for example, tens of thousands of Puerto Ricans have come from that small island to fill the job needs of American industry.

After the Cuban crisis, thousands of Cubans, many of whom left all worldly possessions behind, were allowed by the Cuban government to come to the United States. Added to these sources of immigration are those coming from other nations of Latin America. As a result, this country now has a Spanish-speaking population third only to the whites and blacks.

What one writer says of the Hispano of New Mexico could equally apply to all Hispanic-Americans: "His filial respect, his love of home and of country and his fortitude in the face of adversity are potential resources to Americanism. Such qualities bespeak preparedness to enhance American life."



Do you read the STAR PRESI-DIAN? What would you like to see more of in the paper?



SP4 Jan Byram, 7th PSYOPGP - Yes, every once in a while. More human interest stories dealing with people who have different jobs. I would like to know about different military privileges and how to use those privileges.

SSgt. Frank Harris, LAMC - "Yes, I read it. I look at what's going on in the military sports section. I would like to see current things that are going to affect the G.I.'s life, and more human interest stories like awards and promotion ceremonies.



MSgt. Larry Bauer, NCOIC SIDPERS Interface Branch — "I read the entire paper. I would like to see more pictures of awards ceremonies and promotions and the write-ups that go with them. News that is of interest to the soldier, so he will see what has happened. And see who was actually involved.

SFC Marion Cartwright, Systems

Analyst/Programmer -'Yes, I have read it. I was basically interested in what the Presidio had to offer in bowling. I wanted to know when the Leagues started and how to get involved. I would like to know where some good fishing areas are located. Also what kind of Recreational family type activities the post offers



PFC Sharon Ehlert, COMPACT — Yes, I do read it. I would like to see more about sports. In other words, more sports stories



NEWS IN BRIEF

Correction to school bus schedule

The following is a Revised Schedule for Raphael Weill, effective immediately.

Raphael Weill School is for grades four through six. Classes are scheduled to begin at 9:15 a.m. and dismiss at 3:15 p.m.

Pick Up Point

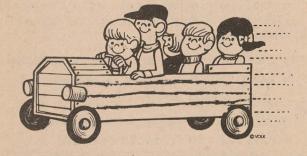
Washington Blvd & Compton Road Park Blvd & Amatury Loop Opposite 1310 Kobbe Avenue Opposite 955 Hoffman 654 Crissy Field Avenue Sheridan & Riley (SW corner) Bldg 385 - corner Moraga 56 Presidio Blvd 856 MacArthur 759 Portola Morton & Liggett Presidio Blvd & Lower Simonds Loop

Approx.

Return Bus No. Bus No.

8:40 a.m.

304 304



Auto maintenance

New enrollments are still being accepted in this free class on auto maintenance for women and men, which began September 6 and will end December 15. The class meets from 6:30-9:30 p.m. on Tuesdays at the Auto Crafts Shop, Bldg 662, and Thursdays at the Ft. Scott Education Center, Bldg 1216. Beginners are welcome. For further information, phone 2974/4445.

Spanish classes

The USO's popular free Spanish classes, formerly held on Tuesday evenings, will be held every Wednesday in September at 7 p.m. Beginners are wel-

A free course in music theory (reading music) is being inaugurated at the USO. Those interested are invited to call USO 776-3100, for further details.

Free chess instructions are given every Saturday at 2 p.m. by Chess Master Sienkievich at the USO.



CFC kickoff

The Combined Federal Campaign (CFC) kicks-off today at 12 noon at the Presidio's Main Parade Ground.

Entertainment features a helicopter rappelling

This year's CFC goal is "The Sky's The Limit".



USO happenings

Weekends at the San Francisco USO, 375 O'Farrell St., offer a variety of pastimes for Bay Area service persons, in addition to the Center's usual drop-in ser-

Friday, Sept. 9, is the Bachelor and Junior Volunteer of the Month Awards Program, with a dance at 8 p.m. Saturday, Sept. 10, features a singles pingpong tournament with prizes, refreshments, from 5-7 p.m. and a disco dance at 8 p.m.

Anyone for Spades, Scrabble, Monopoly, War at Sea? Friday, Sep. 16, is game night with Junior Volunteer girls participating, with a dance at 8 p.m. Saturday's featured attraction is a pool tournament, prizes, refreshments from 5-7 p.m. with a dance at 8

Jewish holiday

Rosh Hashanah (the Jewish New Year) will be observed from sunset Mon., Sept. 12, through Wed., Sept. 14. Yom Kippur (the Day of Atonement) will be observed from sunset Wed., Sept. 21 through sunset Thurs., Sept. 22.

Jewish personnel and their dependents are invited to attend High Holy Day services at the synagogue of their choice in San Francisco and the Bay Area. For accomodations to these services please call Ms. Ruth Callmann, ext. 4397.

Movies

SCHWARTZ/LETTERMAN Friday, September 9, Norman...Is That You?

(PG), 7 p.m.

Monday, September 12,
Tentacles (PG), 7 p.m. Tuesday, September 13, Nickelodeon (PG), 7 p.m. Wednesday, September 14, The Deep (PG), 7 p.m.

Thursday, September 15, The Bawdy Adventures of Tom Jones (R), 7 p.m.

PRESIDIO THEATER Friday, September 9, Annie Hall (PG), 6 p.m. Saturday, September 10, Jack and the Beanstalk (G),

Saturday, September 10, The Adventures of Sherlock Holmes' Smarter Brother (PG), 6 p.m.

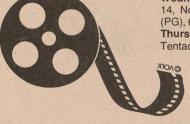
2 p.m.

Sunday, September 11, Smokey and the Bandit (PG), 6 p.m.

Monday, September 12, Smokey and the Bandit (PG), 6 p.m.

Tuesday, September 13, Demon (R) 6 p.m. Wednesday, September 14, Norman..ls That You? (PG), 6 p.m.

Thursday, September 15, Tentacles (PG), 6 p.m.



Star Presidian

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Narcotics:

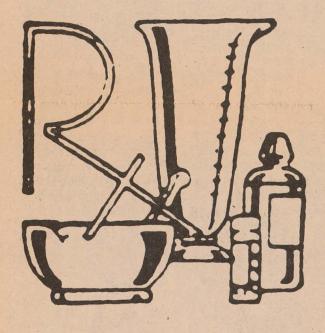
been around the longest causes most the suffering

by Don Delver

This is the third article in a four-part series. The fourth, and final article, will deal with the hallucinogens.

Among the many types of drugs available to the abuser, few have been around longer, or caused more suffering, than the group known as Narcotics. Narcotics, which are either synthesized in the laboratory, or derived from the opium poppy, act directly on the central nervous system. Milder forms like Codeine and Paragoric may be combined in small amounts with other drugs to control coughs and diarrhea. Stronger forms, like Morphine and Demerol, are medically useful as pain killers. Others, like smoking opium and heroin, have no medical use whatsoever, but because they produce a sense of well being in the user and lessen his fears, tensions, and anxieties, are enormously popular with various segments of the drug sub-culture.

Papaver somniferum, the opium poppy, is the source of all the natural opiates. This flower, long connected with China, was actually brought there by Arab traders centuries ago. The poppy is harvested by slitting the bowl, which allows the raw opium to ooze out. It is from this raw opium that morphine is refined, along with all the other natural opium derivitives. Morphine, still the standard by which pain killers are measured, is perhaps the best known of the medical opiates. It was used extensively during the civil war, but proved so addictive that many soldiers returned from the war with a morphine habit. The phenomenen was so common it was referred to as soldier's or Army disease.



Other narcotics were introduced into America, and became commonplace long before the dangers of addiction were known. The "snake oil" remedies pushed by the traveling medicine shows of the frontier days were seldom more than a mixture of alcohol and an opiate. Tinctures of opiates and other narcotic based medicines were available without prescription before the turn of the century, and until recently. cough syrup with codeine base was obtainable without prescription. However, something happened in Germany in the late 1800's which was to change the course of narcotic abuse in America. A German chemist named Dressler invented a compound which was supposed to cure alcoholism, morphine and opium addiction, and was itself, supposedly free of addicting qualities. The miracle drug, diacytlemorphine hydrochloride, is now better known by its American street names, such as junk, smack, brown sugar, and by its original title, heroin.

Heroin is what drug abuse is all about, for any abusers. It is the ultimate high, the hardest of the hard drugs, and a drug so powerfully addictive that even after the addict goes through the long and painful process of physical withdrawal, he often begins his use all over again because he is unable to shake off the drug's grip on his mind. Though heroin addicts are estimated at less than 1,000,000 nationwide, they are blamed for much of the drug related crime.

Most heroin addicts began casual experimentation with the drug while still quite young. Natural curiosity, peer pressure, harsh environment, emotional problems and other factors combine to push the potential addict into trying the drug. Most beginners and casual users will snort the drug through the nostrils

where it will be absorbed through the mucous membranes into the bloodstream. Some will smoke the drug, which passes the drug through the lungs and into the bloodstream. The user feels that if he snorts or smokes it, he is in no danger of becoming addicted to the drug. This is a dangerously false assumption.

There are several theories as to why users "graduate" to the needle and begin injecting heroin directly into the veins. The continuing search for the "ultimate high", dares, curiosity, bad information from fellow users on the dangers of addiction, and even the suggestion that some users are psychologically predisposed to addiction have all been mentioned as possible reasons for 'mainlining.' One thing is certain. When the user switches to the needle, he finds the drug's effects are felt more quickly and more powerfully than ever, and once he has tried it, he is never likely to be satisfied with snorting or smoking again.

"When the user switched to the needle...he is never likely to be satisfied with snorting or smoking again."

An addict's age and health, frequency of use, strength of the mixture, and other factors will play a role in how fast he will become addicted, but on the average, a user who injects heroin once a day for 14 days will become physically dependent on the drug. Psychological dependence can occur much faster. In addition, tolerance is built very rapidly, and the user finds he must take increasingly larger and larger quantities of the drug to achieve the same effects. Soon, the euphoric high diminishes, and the user, by now generally addicted, will find he must take the drug every three to six hours in order to avoid withdrawal sickness, which begins almost immediately after the effects of the drug wear off.

While the user is high, the depressant effects of the drug produces a drowsy, dreamlike condition, marked by a reduction in physical activity. This is known on the street as 'nodding,' or being 'on the nod'. Side effects of use include nausea and vomiting, constipation, itching, flushing, constriction of the eye pupils, respiratory depression, pallid complexion, craving for sweets and liquids, and needle tracks on the legs, arms and other injection sites. The use of dirty needles can transmit hepatitis and venereal disease from one addict to another, and the constant use of unclean hypodermics may cause these tracks' to become abscessed, and vein sclerosis may set in.

Withdrawal sets in quickly, and is so severe that users must reinject four to five times a day. During withdrawal the user experiences increasing anxiety, nervousness, sleeplessness, and many other symptoms as well as an obsessional desire to obtain a "fix." Though the convulsions associated with barbiturate and tranquilizer withdrawal are not present during narcotic withdrawal, the process can be dangerous and should be attempted only under medical supervision.

"...there is no way to predict the strength of the dose...and accidental overdoses are a constant danger."

Withdrawal, as mentioned, begins quickly after the effects of the drug begins to wear off. The symptoms increase in intensity and reach a peak within 36 to 72 hours. Symptoms will gradually diminish over the next five to ten days, however weakness, insomnia, nervousness, muscle aches and pains may persist for several weeks. Unfortunately, even after enduring the excruciating ordeal of withdrawal, many addicts begin reusing heroin due to its powerful grip on the addict's mind.

Today, most heroin coming into the country is Mexican in origin. Heroin may be "cut" or "stepped on" -(adulterated with agents to increase its bulk) up to 10 times before it reaches the addict on the street. "Cutting" agents include procaine, mannite, lactose, starch, talcum and other powdery substances which

blend well with the drug. Sanitation is practically non-existant in the underground or clandestine heroin "factories", and adverse reactions to heroin's contaminants are not uncommon among abusers. Because the amounts of heroin actually present in the mixture varies greatly, there is no way to predict beforehand the strength of the dose the addict will shoot into his veins, and accidental overdoses are a constant danger.

Here in the Bay Area, heroin has been running \$20.00 to \$25.00 per ballon, a common measure for the sale of the drug. The heroin at street level runs between two to four percent pure, which means that the addict is paying \$25.00 for 1/3 to 2/3 of a gram of powder, of which 96 to 98 percent is adulterant. In Los Angeles, heroin is currently running about one percent pure, while in Memphis, narcotics police report heroin as high as eight percent pure on the street. The average addicts habit is costing him between \$15,000 - 20,000 a year in the Bay Area, and as most addicts are unable to hold high paying jobs, the money to support his habit generally comes from crime. On the black market, items are "fenced" (sold illegally) for 1/5th their market value, which means that an addict with a \$50.00 a day habit would have to steal \$250.00 worth of goods every day to maintain his habit.



The lifestyle of the addict quickly becomes an unending cycle of shooting-up, feeling the need for a fix, stealing the items necessary for quick conversion into cash, locating a dealer and "scoring" or "copping" a quantity of heroin, and then shooting-up, beginning the cycle anew. Women often turn to prostitution to support their habits.

"...the cost of heroin is staggering, in terms of wasted human lives, years lost in prison...and victims injured during drug related crimes."

If the life of a heroin addict sounds bleak, that's because it is. There isn't the space here to describe the lonely isolation and alienation the addict experiences as friends are lost because of the habit, and are slowly replaced by association with others as desperate as himself.

We can only guess why people start using a drug like heroin which is known even among children as being extremely dangerous. Nor do we know what makes the "chipper" (occasional user) turn from snorting or smoking to "skin popping" (subcutaneous injection) or "mainlining," (intervenous injection). We do know that the cost of heroin is staggering, in terms of wasted human lives, years lost in prison, the cost of extra police and insurance, and in property lost and victims injured during drug related crimes. Efforts to stop illegal heroin from entering the country, and to seize that which does enter have met with only limited success.

Many things are needed to stem the flow besides more and better trained narcotics police. Public education, increased community involvement in both the treatment and the prevention phase of durg abuse, more and better treatment centers, increased research into causes and cures, and greater cooperation between the governments most directly involved with international drug trafficing are some of the things needed now.

To find out more about heroin, or any other drug or drug related problem, you are encouraged to contact the Alcohol and Drug Abuse Prevention Program, (ADAP), at 561-2485. For ideas on protecting yourself against drug related crime, contact the Provost Marshal's Crime Prevention Section at 561-5011, or write to the Provost Marshal's Office, PO Box 29376, Presidio, SF 94129.



MAIL ORDER CATALOG!"

TROOP TALK

HQ Co USAG's reenlistments included: SSgt. Victor Retterer for three years and SP4 Wilfred Malbrough for five years. Receiving an ARCOM was Sgt. Robert Colegrove. Good Conduct Medals were given to SP4 Jose Whitaker, First Award; SP5 Pauline Zepieri, first award; SP5 William Germain, first award; SSgt. Harold Johnson, fourth award and SFC George Jackson, fourth award. The new arrival is Pvt. Clyde Biset. Promotions to PFC went to Earl McGrath, Jonathan Alvord, Angelia Rice, Douglas Cole and Richard Kobinski. ETS'ing and also receiving a Good Conduct Medal, first award, was PFC Craig Barrett. Congratulations to all.

The 402nd MP Co's reupped SP4 Sandra Vandkyock for three years. Receiving an ARCOM, first oak leaf cluster was SSgt. David Smith. New arrivals are SP4 Donald Redman and SP4 Carl Bradley. Sgt. Andrew Thayer announced his engagement to PFC Debbie Grissom of the Dental Clinic. No wedding date has been set yet.

Reenlisting in the 170th MP Co was SP4 Edward Casanova for three years. Receiving Good Conduct Medals are SP4 David Bunker, first award; SP4 Larry Cole, first award; SP4 David Hitchcock, first award and Sgt. Michael McNicholes, third award. Being promoted to PFC was Denise Scarboro.

The 504th MP Bn. reenlisted SP4 Thomas Hansen. The 525th MI Gp. had SSgt. Cornelius Feeley re-up for six years. The 864th Engrs. gave out Good Conduct Medals to SP5 Richard Caldron, first award; and SFC Charles Cartwright, fifth award. A new arrival is SP5 John Dysart. Promoted to PFC was Douglas Brown, Jornal Miller, John Pinson, Danny Robbins and David Teeter. Promoted to SP4 was Bruce Bacom and Gilbert Bucker.

SP5 Arturo Alcalen of the **51st Engrs.** received the Good Conduct Medal, first award.

A new Civilian Employee at DPTSEC is Susan E. Johnson, clerk-typist.

New employees at Fand AO are Mario R. Capili, Military Pay clerk; Teofilo C. Cabasda, Military Pay clerk; J. Eric Laurence, Military Pay clerk; Sarah M. Edwards, Voucher Examiner; Shih Chin Wang, Intern Comptroller and Joy A. Griffin, Pay Roll clerk.

New Civilian Employees at Logistics Control Activity are Joanne P. Zuker, Computer Operator; Melonie A. Carroll, Data transcriber; Karen B. Chrismall, clerktypist; Lenard P. Balles, clerk-typist and Louise E. Ridinger Supply Clerk.

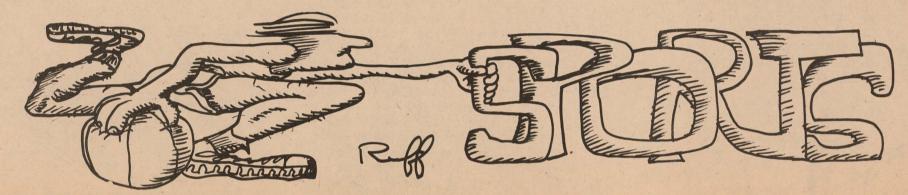
Transportation had a new civilian, too. Phoebe G. Van Kirk, clerk-typist joined the crew.

New Civilian Employees at DFAE and Irma J. de-Martini, clerk-typist; James J. Jacques, work order clerk and Joan K, Schneider, clerk-typist.

At DPCA: Helen Vassallo, clerk-typist; Kathryn Sciabica, clerk-typist and Francine M. Pettigrew, clerk-typist joined the ranks.

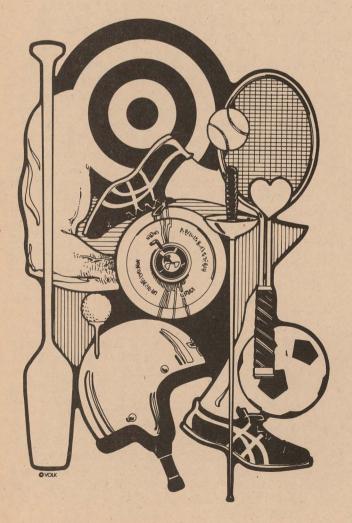
New Civilian Employee at Compact is Margit J. Larson, clerk-typist.

Congratulations and welcome to all.



Flag football

It's the time of year for flag football, the annual sport that has many people moving up and down a field chasing a small leather ball. Action started Wednesday, September 7 and will continue on Monday, Tuesday and Wednesday nights at the PX Field (next to the Post Library), starting at 5:30 p.m. Each night three games will be played under the lights as Fall approaches. There are fourteen teams entered divided into two seven-team divisions. Spectators are more than welcome, so join your friends and cheer your favorite team.



Tennis tournament

On a windy day, at Infantry Terrace Tennis Courts, the tennis balls were flying. 23 participants "labored" for a high place in this Labor Day Tournament. There were three divisions — Men's Singles, Women's Singles and Mixed Doubles. Each player tried his best and had fun, and that's what sport is all about.

Richard and Crythis Bristow swept all the top awards. The tournament was by single elimination, single set in each event.

In the Men's Singles, "Clay" Bristow defeated the Post Champion, Mike Hamman rather easily, 6-2. While in the Women's Singles, Crythis Bristow won a hard-fought match with Bea Carpenter by the score of 7-6. Then she teamed with her husband in the mixed doubles immediately afterward. The Bristow's defeated the highly favored team of Thomas Egan and Joni Jiru by the score of 7-6. This capped a long day for the Bristow's as they surprised many players. Many thanks to all who took part and look forward to having more tennis tournaments like this one.

Tennis tips

The Volley: The volley is an essential stroke in intermediate tennis play. The volleys are played well out in front of the body with the arm fully extended, wrist and elbows locked. The volley should be played with the racquet head at the level of your head, or at eye level, and played will slight underspin.

Next week look for the next tennis tip . . . The Overhead. For more information contact George Collier at 883-3023.



The California Department of Fish and Game is investigating the deaths of a number of deer in northern Napa County and southern Lake County believed to be the result of tannic acid poisoning.

Ironically, tannic acid is always present in one important item of the normal deer diet — the oak acorn. Under normal conditions, when deer have adequate protein in their diet from browse, grass and forbes, the tannic acid does no harm. But this year, due to the drought, the poor quality grass, forbes and browse available does not supply much protein. There is a plentiful crop of acorns, however, in Napa and Lake counties; when the deer make them the mainstay of their diet the tannic acid prevents the absorption of what little protein the deer is eating and this results in a steady deterioration of the health of the animal until it dies.

Approximately 20 deer have been found dead with outward appearances consistant with tannic acid poisoning; four of these were autopsied, confirming this cause.

DFG biologists expect the problem to continue until rains bring new plant growth, or until the acorn crop is all eaten.

Notes from the kegboard

Presidio League	W	L
USACC	49	15
LAIR	441/2	191/2
LAMC	42	22
93rd MI Bn	40	24
16th BPO	38	26
Spt. Elm	28	36
864th Engrs.	26	38
51st Engrs.	201/2	431/2
HHD 163rd	21	43
402d MP Co	11	53
Ft. Scott League	W	L
504th MP Bn	48	16
504th MP Bn Spt. Elm No 2	48 44	16 20
504th MP Bn Spt. Elm No 2 SFFO CID	48 44 44	16 20 20
504th MP Bn Spt. Elm No 2 SFFO CID USASA	48 44 44 41	16 20 20 22½
504th MP Bn Spt. Elm No 2 SFFO CID USASA HQ USAG	48 44 44	16 20 20
504th MP Bn Spt. Elm No 2 SFFO CID USASA HQ USAG 525th MI Gp	48 44 44 41	16 20 20 22½
504th MP Bn Spt. Elm No 2 SFFO CID USASA HQ USAG 525th MI Gp LAMC No 2	48 44 44 41 35½	16 20 20 22½ 24½
504th MP Bn Spt. Elm No 2 SFFO CID USASA HQ USAG 525th MI Gp LAMC No 2 LAIR No 2	48 44 44 41 35½ 35	16 20 20 22½ 24½ 25 35 44
504th MP Bn Spt. Elm No 2 SFFO CID USASA HQ USAG 525th MI Gp LAMC No 2 LAIR No 2 170th MP Co	48 44 44 41 35½ 35 29 20 14	16 20 20 22½ 24½ 25 35 44 50
504th MP Bn Spt. Elm No 2 SFFO CID USASA HQ USAG 525th MI Gp LAMC No 2 LAIR No 2	48 44 44 41 35½ 35 29 20	16 20 20 22½ 24½ 25 35 44

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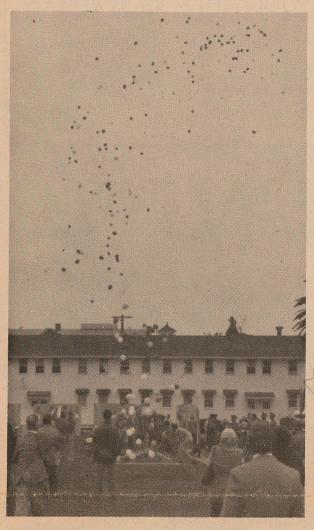
PRESIDIO MAIN POST LINDADY Presidio of San Francisco

Friday, September 16, 1977

PRESIDIO OF SAN FRANCISCO, CA 94129

BLDG 303 PRESIDIO OF SAN FRANCISCO, CA 94129

CFC: "The Sky's the Limit"



Up, up, and away. . . hundreds of balloons were released last Friday as the Combined Federal Campaign kicked-off.

The Combined Federal Campaign, better known as CFC, had it's kick-off for 1977 last Friday at the Presidio's Main Parade Ground and will run through Oct. 28, 1977.

This year's overall goal is a 10 percent increase over last year. This goal will hopefully meet the inflationary costs for services while at the same time provide for expanded services in the areas of health, education, and human care for a greater number of Bay Area citizens.

"'...we can help these...agencies provide help to those...who

Federal civilian employees and military personnel in the U.S. contributed more than \$71.1 million last fall to the Combined Federal Campaign. In announcing the contributions, the Civil Service Commission said that this is the largest amount ever raised in an on-the-job solicitation among federal employees for voluntary charitable organizations and marks a 7.2 percent increase over the contributions pledged in the campaign of 1975. An additional \$5 million was reported raised in the Overseas Combined Federal Campaign conducted by the Department of Defense last fall.

The single annual voluntary giving campaigns among federal employees raises funds for local United Ways, National Health Agencies, the International Service Agencies and the American Red Cross.

"Through one gift to the Combined Federal Campaign we can help these voluntary agencies provide help to those in our community who need it — the aged, the sick, the handicapped, the poverty stricken, and the young," stated President of the United States Jimmy Carter in a recent memorandum. "The same

gift supports research programs which seek cures for our most serious diseases, as well as providing services for patients. And a CFC gift extends a helping hand to our friends in foreign lands. If you choose, your gift can be made easier through the use of payroll deduction."

Payroll deduction is the way Bay Area Federal employees are able to give more generously in the most economic manner. Through the payroll deduction method, one annual gift is spread over the Federal employee's yearly pay periods. Thus a generous donation is made with the least sacrifice to personal budgets. Last year the CFC payroll deduction gift was five times the average CFC cash gift.

"...you can designate your gift to any of over 200 charitable agencies."

When you make a contribution, you can designate your gift to any of over 200 charitable agencies. In each case contributions are credited to the agency designated. Undesignated funds are then applied to bring that agency up to its predetermined percentage. CFC funds help support up to 90 percent of the voluntary human care services in the San Francisco Bay area.

In all, there are over 200 separate voluntary service agencies financed through this drive to provide the Health, Welfare and Human Care needs of the people in our community. When you put your dollars to work with CFC, they work! For example, \$50.00 to Project Hope provides books for a basic dental education library for dental students in developing areas. Five dollars to CARE serves up to 30 children a daily bowl of nourishing porridge for a month. When you contribute, Save The Children Federation can take \$15.00 and provide food supplements and medicines for five school children. The American Kor-Asian Foundation can buy 10 packets of vegetable seed for only \$3.00 and \$7.00 will buy a bushel of seed to start a farm child on an income-producing project. One month's medical care for a refugee child will cost \$25.00 from the International Rescue Committee.

Various agencies, in addition to using funds for research, provide free health care and public education for the detection and prevention of audio-visual problems.

Rehabilitation centers offer therapy and vocational training for mentally retarded, emotionally disturbed, and physically handicapped persons. Some of these specialize in therapy for pre-schoolers to give them a head start in overcoming their handicap.

Many community centers provide programs for health, education, child care, recreational and cultural activities for all ages, and counseling, tutoring and employment services for youths.

Legal aid societies provide legal advice and representation in civil cases for those unable to afford an attorney.

In addition, the National Health Agencies with CFC funding continue research to find cures for cancer, diabetes, arthritis, cystic fibrosis, muscular dystrophy and kidney disease.

This combined concept of fund raising among Federal employees reduces administrative costs, meets employees wishes for a single campaign, and provides increased financial support for these voluntary agencies with payroll deduction privileges. The results of CFC are far-reaching, so give your fair share and we all win.



Reserve aviators and Special Forces rappelers team up for the demonstration.



On the ground, these members of the rappeling team adjust harnesses for the final stage of the demonstration — an air lift.



Do you prefer the idea of a Combined Federal Campaign and did you know you can select a charity of your choice?



PFC James Johnson,

TMP - "No, I didn't even

know there was a campaign

like CFC. But I like the idea

of the campaign because I

only contribute once instead

of whenever someone

comes up to me.

SP4 Ellen Dennis, 6th Army — "I knew I could select the charities of my choice and those would be the charities to which I would give. Otherwise, an organization based on receiving funds for a conglomeration, of worthy organizations would be useless to me, personally, because I know who I want to give to.



PV2 Ida Alston, Mail Distribution — "Yes, I do prefer the idea of the Combined Federal Campaign. Because I am only donating one time to a number of charities, instead of being asked all the time to contribute. I had never heard of CFC until now and I really like the idea."



SP5 Nancy Lundin, 6th

Army - "Yes, I knew I could

select the charity of my

choice. And I like the idea of

just donating once, instead

of contributing all the time.

WHAT'S HAPPENING

Sixth Army Band

The Sixth Army Band will present a concert on Wednesday, September 21, at 7:30 p.m., at the Presidio Playhouse.

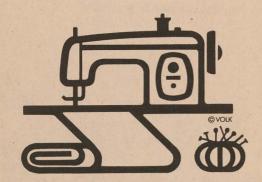
The evening will be a "Tribute to Richard Rodgers," with selections from "South Pacific," "Sound of Music," "Victory at Sea" and a Rodgers and Hart Medley.

The concert is free and the public is invited to attend.

Creative marriage

Saturday, Sept. 24, Mr. Clayton Barbeau, Co-Director of the Center for Marriage Preparation, S.F., will be the guest leader for "A Creative Day for Married Couples," at the Religious Activities Center, Bldg. 682 from 9 a.m.-4p.m. Mr. Barbeau will give three presentations and lead each couple in communication exercises.

Any married couple of the Presidio Community is invited and should call 561-4711/4719/3460 to make reservations. A Nursery will be provided and each person should bring either a sack lunch or \$1.25 for a Kentucky Fried Lunch Box.



Rec Center happenings

On Monday, Sept. 19, at 8 p.m., the Coast Guard Auxiliary will begin a 12-week course on Boating, Safety and Seamanship classes. The classes are free and open to all interested persons, military and civilian.

The meetings of two of the Sewing Classes will be changed next week. The Tuesday class will now meet on Monday at 7:30 p.m. and the 4:30 Thursday class will meet on Friday at 4:30 p.m.

A Winery Tour will be sponsored for Sunday, Sept. 25. The Wineries to be visited are the Paul Masson Champagne and Wine Cellars in Saratoga and the Mirassou Vineyards in San Jose. The departure time is 9 a.m. from the Recreation Center and the anticipated return time is 7 p.m.

For additional information regarding all of the above activities, please call the Recreation Center at Ext 2000/5420 daily after 2 p.m.

Presidio Playhouse

"Dames At Sea," the "new" Musical Spoof of '30's Hollywood musicals, will open the Presidio Players' season at the Presidio Playhouse on October 7. The musical will have 14 performances through October 30, with Dinner Theatre Shows on October 9, 20, 23, 27 and 30. Two of the early dinner theatre performances are scheduled for Thursdays, October 20 and 27, enabling patrons to go from work to a fine dinner at the Officer's Club, followed by the performance at the Playhouse at 7 p.m., and be home in time for a good night's sleep. Mail orders for tickets are now being accepted and the Playhouse Box Office will be open from 1-5 p.m., except Sundays, beginning Monday, October 3.

Tryouts for the second show of the season, "A Thousand Clowns," the comedy hit by Herb Gardner, will be held on Monday and Tuesday, September 26 and 27 from 7-10 p.m. at the Playhouse. Casting calls for 4 men (late 20's - 40), 1 woman (18 - 30 years old), and one boy (to play the part of a 12 year old). Tryouts are open to anyone interested and those auditioning should call 561-3992 for a tryout appointment time. "A

ousand Clowns" will open on November 18.
uture productions during the season will include the musical based on the classical farce, "Charley's Aunt," entitled "Where's Charley?" — and one of the most popular and successful plays of the modern theatre, "A Streetcar Named Desire," by Tennessee Williams.

Self-hypnosis

The Central YMCA, 220 Golden Gate Ave. is offering a course in Self-Hypnosis beginning Monday, September 19, 6:30 - 8:30 p.m. This is a practical course in the basic principals and techniques of self-hypnosis. The instructor, Maurice Mackall, is a professional hypnotist with 60 years experience. For more information call Central YMCA, 885-0460.

Paper pushers

Last Monday an unusual all-day staff level conference was held at the Presidio. The Consolidated Military Personnel Activity (COMPACT) conducted the first of a planned series of quarterly Personnel Staff Noncommissioned Officer (PSNCO) and Adjutant Conferences

The purpose of this conference was to establish the role of PSNCOs as, "liaison members between COMPACT and unit commanders," said Captain Robert J. Root, Chief, COMPACT in his welcoming remarks. Command Sergeant Major James W. Booker, COMPACT Sergeant Major, stated that in addition to many of their problems, there is a misuse of PSNCOs as unit paper pushers and assistant SGMs, instead of being used as advisors to their

Highlight topics of the conference were Personnel Management, Skill Qualification Testing, Standar-dized Installation Departmental Personnel System, new policies, programs and changing personnel procedures



Education news

Termination of the Department of the Army Two-Year College Equivalency Evaluations is expected on or about December 1, 1977. Personnel whose personnel records do not reflect 14 years of education and who wish to make use of this service should contact a college counselor at the Ft. Scott Ed Ctr., ext 2974/4445 or the Letterman Ed Ctr., ext 3693/4030.

Movies

SCHWARTZ/LETTERMAN Friday, September 16, Scott Joplin (PG), 7 p.m. Monday, September 19, Two Minute Warning (R), 7

p.m. **Tuesday,** September 20, Joe Panther (G), 7 p.m. **Wednesday,** September 21, Rollercoaster (PG), 7

Thursday, September 22, Black Oak Conspiracy (R), 7 p.m. PRESIDIO THEATER
Friday, September 16, Tentacles (PG), 6 p.m.
Saturday, September 17,
Superbug (G), 2 p.m.
Saturday, September 17,
Nickleodeon (PG), 6 p.m.
Sunday, Monday & Tuesday, September 18, 19 & 20,
The Deep (PG), 6 p.m.
Wednesday, September 21, Scott Joplin (PG), 6 p.m.
Thursday, September 22,
Two Minute Warning (R), 6



Star Presidian

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Chaplain always on call

The Post Chaplain's job on the Presidio includes being responsible to the Commander for all religious services, activities and administrations conducted at the Presidio for Protestant, Catholic and Jewish personnel and their dependents and for the use of the Post chapel facilities. Other responsibilities include when Baptisms, weddings, funerals and other special religious services will be conducted.

Chaplains are also available to provide spiritual and moral counseling for all military personnel and their dependents on a 24-hour-a-day basis. If you happen to be hospitalized, the chaplains make regular visits to the people from their units or chapel congregation.

A complete and well balanced program of religious education is provided for Protestant and Catholic personnel. These programs include Sunday/Sabbath school Bible classes, study groups, adult education, marriage/family classes, confirmation classes, workshop training conferences and other educational activities. Volunteers, parents and other personnel within the Presidio community are encouraged to assist wherever possible in the total religious education program.

One of the many activities that the Chapel offers are the retreats. The last retreat was a family oriented one. The site was Lake Berryessa where they stayed in rustic-type cabins and participated in swimming, fishing, boating, skiing, in addition to the special services that were conducted during the retreat. These retreats prove that the Chapels' program is not simply here on Sunday but Everyday!

The Chaplain who is on call will try to help with any problem that might arise. The problems that arise could be actually relating to the military, a marriage difficulty, or a personal problem. The chaplains are here to help people on the Presidio.

The Post Chapel program is supported by a group of people known as Chaplain's Assistants (CA). These assistants are comprised of enlisted personnel and civilians assigned to the program.

The old myth about the Chaplain's Assistants shirking all the time is simply not true. Chaplain's Assistants don't work normal duty hours because sometimes the religious schedules do not permit it. The Chaplain's Assistants duty day doesn't end at 4:15 p.m. Chaplain's Assistants are found working every weekend, and are often found working nights and helping out with Sunday school classes, too.

When this group of soldiers aren't helping to set up chairs and retreats, they are involved with general office-type administration work.



Performing one of the many duties of a Chaplain's Assistant is SP4 Bruce Nelson

"Being a Chaplain's Assistant allows you to perform a job for the Army but also for the entire Presidio community," explains SP4 Bruce Nelson, an assistant here.

Another CA, PFC Joseph Tennie, says this about his job. "This is one of the few jobs that I know of where you can serve God and country. At times, it can be a very thankless job. The variety and versatility in the job is suprising. The work load is almost insurmountable. Different people and different duty hours make for an interesting profession."

SP5 Debra Delzer was the first military woman to be assigned to the Presidio as a CA. Not only does SP5 Delzer hold the title, but she is also the only CA assigned to the 504th MP Bn, woman or man. SP5 Delzer, in addition to her chapel duties, also participates in the various 504th duties. Some of these find her pulling guard duty, daily formations, going out into the field, and parade detail.

Says Chaplain (Capt.) Humphery of the CA's, "CA's are very helpful in facilitating the success of the various chaplains programs and activities.

Solving problems: one ARC service

by Lynn H. Hall

There are few families in America that do not have at least one member who is on active duty or who is a veteran of military service. In communities throughout the country and at U.S. military installations around the world, the American Red Cross has a responsibility assigned by Congress to assist in solving personal problems and meeting emergency needs of service members, veterans and their families and survivors.

A personal or family crisis is far worse when a service member is far from home, separated from those who normally would help him — or who depend on him for help. Although military service is now voluntary, the same problems continue. Separation, mobility and having to adjust to a new lifestyle can still create anxieties and intensify social and economic problems prevalent in today's complex society. Birth, illness and death still occur, necessitating immediate notification, counseling and possibly emergency financial assistance. There are more married persons in the all-volunteer force of today and the problems these families bring to the Red Cross have increased. Today or yesterday, in peacetime or wartime, American Red Cross services safeguard the well-being of military families and the morale of our defense force.



Volunteer and career staff in more than 3,000 local Red Cross chapters linked with Red Cross personne! stationed at military bases provide a unique two-way channel of emergency communications on behalf of members of the armed forces and their families. An average of 2,500 such messages each day are reiayed via Red Cross national headquarters and military communications facilities. In this way, personal anxieties are eased, a crises is alleviated or averted and verified information is given to military authorities to assist them in making decisions involving the welfare of service personnel and their families, such as granting emergency leave. The Red Cross also provides counseling, emergency financial assistance, nelp in obtaining government benefits and referral to specialized agencies.

The Red Cross Field Director's office on the Presidio has been providing these and many other services, from the same building, No. 97 on Pershing Square, for the past thirty-five years. And the Red Cross staff at Letterman Army Medical Center adapts these services to assist patients and their families with problems created or intensified by illness or injury.

Providing direct and supplemental services to assist in solving problems for service members and their dependents has been one of the charter responsibilities of the American Red Cross since the organization's founding. The Red Cross staff at the Presidio of San Francisco, and at Letterman are here to carry out this responsibility.

Former MP station now Creations Unlimited

The next time you're looking for a special gift for a special person buy it in a special place! Would a historical building be special enough?



Lending a helping hand during the redecorating of Bldg. 558 for Creations Unlimited are Chris Smith, Greg Cristie and Jo Christie.

Creations Unlimited, the Presidio gift shop, is moving into a place just teeming with history — and all diversified. Building No. 558, that little place right in front of Letterman Army Medical Center, was built in 1920 as a turn-around spot for street cars traveling back and forth from San Francisco. They also had a quick order lunch counter where you could pick up a fast sandwich. (No, McDonald's wasn't the first, by a long shot.)

Ole 558 was later turned into a PX. Just consider the difference in size between it and what we now have! In 1973 the provost marshal's office got their chance and it became known as the MP Station. They moved this summer and Creations Unlimited is now in the process of changing the "Cell Block" into a delightful children's corner.

Gone is the huge desk behind which sat the desk sergeant, soon to be replaced with tables of goodies — all handmade. The walls, previously waiting for "wanted" posters are now loaded with pictures, paintings, wall clocks, etc.

All the volunteers and their families have been busy hammering, sawing and painting for the past month and now they are looking forward to just standing there and smiling a friendly "hello" while helping you select your merchandise. Remember too, the shop is connected with the Thrift Shop and all profits go to help the Youth Activities on post.

By the by, if you'd like to make a little extra cash for yourself, just bring in any handmade items on Tuesday, September 27 or Thursday, September 29, Special Consignment Days. Being a military oriented organization, any military personnel and their dependents or civilians working on the Presidio may consign articles. These two days are for consigning only, not sale days.

Please come join the Open House on Saturday, October 1st from 10 a.m. - 2 p.m. to see what it's all about and perhaps make a purchase that day. In the future, the shop will be open on Tuesdays and Thursdays and the first Saturday of each month from 10 a.m. 2 p.m.

They don't serve sandwiches in No. 558 any more but they do still serve smiles.



Another sexual barrier came crashing down in the Army recently with the reenlistment of SP4 Sandra Rae Van Skyock. Her reenlistment for three years brought with it acceptance to the previously all-male Army Deep Sea Diving School. During her 14-weeks at the Washington Naval Base school in Washington, D.C., she will receive extensive training in Underwater demilition and salvage operations. (US Army Photo)

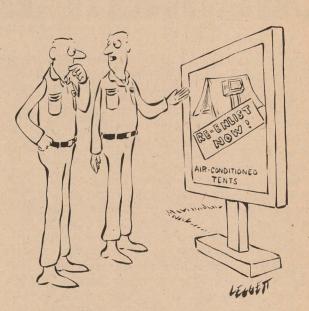
TROOP TALK

Being promoted in HQ Co. USAG were Wun Park, Lanette Taylor and Nancy Dietrich, all to SP4. Promoted to PFC were Rafael Caraballo, and Randy Hovis. Receiving Good Conduct Medals were SSgt. John Baisley, third award and SP5 William D. Dunkelberger, second. Reenlisting was SP6 Jimmie Dorsey for four years.

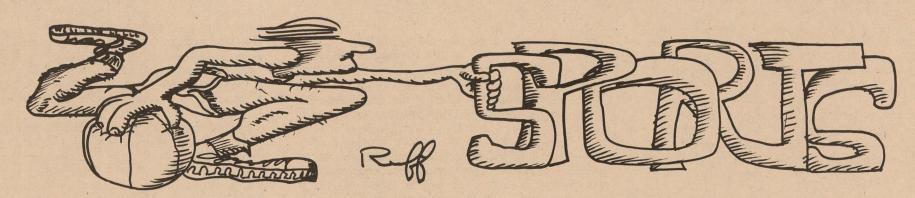
The 163rd MP Co. had Lt. Patrick J. Hall receiving an ARCOM and First Sgt. Raymond J. Calvino receiving his Good Conduct Medal, seventh award.

Receiving Good Conduct Medals in the 864th Engrs. were SP5 Jesus R. Memo, third award and SP5 John R. Bellando, second award.

The 51st Engrs. Det. had two promotions to PFC and they went to Patrick Foukes and Lewayne Fox. Congratulations to all.



"Just when I had myself talked out of it."



The Overhead: The overhead is a confidence

stroke! It is played similar to the way that the serve is

played. Prepare for the overhead by turning sideways to the net, and getting the racquet back behind your

head. This is one stroke you can hit with a lot of force.

Next week look for the next tennis tip . . . The

Flag football

September 7 402nd MP Co - 42; 16th BPO - 0; HQ 6th Army - 7, WRRC - 0

September 12 864th Engrs - 9, 170th MP Co - 8; USAG - 20, LAMC -

September 13

LAIR - 14, 16th BPO - 0; LAIR - 12, USS Hepburn - 0; USS Fanning - 7, AFFEES - 6

Coaches needed

Tennis tips

Forehand.

here is presently a dire need for personnel, military convilian, to volunteer their services as coaches for the Youth Soccer Program. Interested volunteers are urged to call MSG Castro, Ext 5014, or Youth Activities Director, Ext. 3637/5141. If unable to contact the above individuals, please be available Saturday, 1 p.m., PX Softball Field. The success of this program will largely depend on the services of volunteer coaches.

CISM basketball championship The US Armed Forces team has won it's first

The US Armed Forces team has won it's first three games in Teheran, Iran. They defeated Kuwait, 118-42, Syrian Armed Forces, 105-62 and Senegal by a large margin (score unknown). The next scheduled games are Iran, Sept. 13; Greece, Sept. 14 with the semi-finals on the 15th and the finals on the 16th of September. This team is the favorite and had trained at the Presidio.

W

52

16

Notes from the kegboard

Ft. Scott League

504th MP Bn

Spt. Elm No. 2 SFFO CID HQ USAG USASA 525th MI Gp LAMC No. 2 LAIR No. 2 170th MP Co 16th BPO	4441	21 23 25½ 25½ 26½ 29 38 47 51 63
Presidio league USACC LAMC LAIR 93rd MI Bn 16th BPO Spt. Elm. 864th Engrs. HHD 163rd 51st Engrs 402d MP Co	W 52 46 45½ 43 39 32 26 24 21½ 11	L 16 22 22½ 25 29 36 42 44 46½ 57



Trout plants

If water, weather, and road conditions are favorable, the following waters will be stocked with catchable trout this week by the Department of Fish and Game:

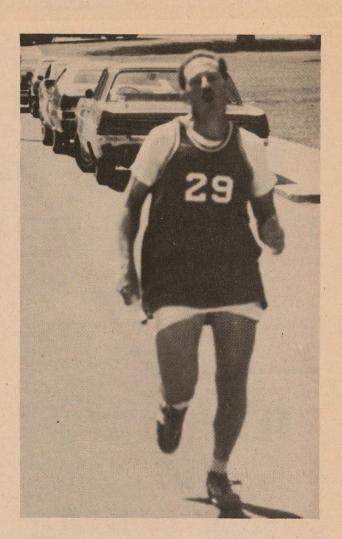
Alameda County — Lake Chabot

Contra Costa County — San Pablo Reservoir

Contra Costa County —San Pablo Reservoir Lake County — Upper Blue Lake San Francisco County — Lake Merced

Soccer

All youths who participated in last week's soccer meeting are requested to again meet at the PX Softball Field (adjacent to the Post Library) at 1 p.m., Saturday, Sept. 17. Youths who were unable to attend the previous meeting are urged to be present.



Final Yard. . . Pat Wright, a member of the Sixth Army Deputy Chief of Staff, Training (DCST), Relay Team, nears the finish line of a 14-mile race with Sixth Army Deputy Chief of Staff, Operations (DCSOPS). The race, held Thursday, September 8, was completed by DCST'S winning team in one hour and 26 minutes, one minute and 26 seconds ahead of DCSOPS' Team. Held to help publicize the "Run for Your Life" Physical Fitness Program at the Presidio of San Francisco, the race followed a course from the area in front of Sixth Army Headquarters across the Golden Gate Bridge to Vista Point and back, to the Arguello Gate, to Crissy Field area, to the Marina Green, and back to the starting point. Other members of the winning team were John Meese, Dave Neck, Ed Teizeira, and Bill Wendt. (US ARMY PHOTO)

Star Presidian

Volume 20, No. 39

Presidio of San Francisco

Friday, September 23, 1977

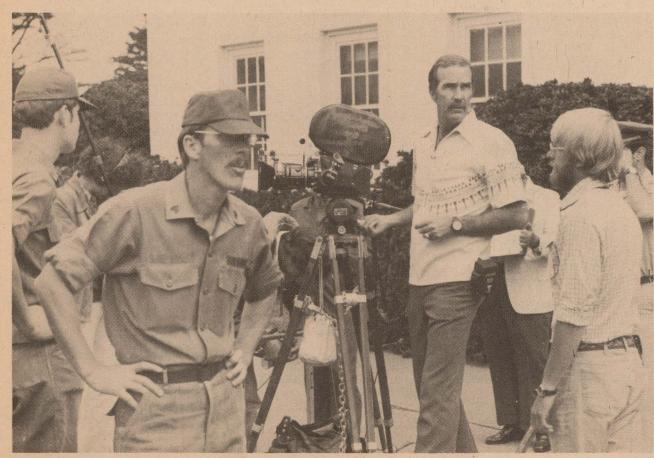
"He Loves Me Not"

PRESIDIO MAIN POST LIBRARY

BLDG 386

PRESIDIO OF SAN FRANCISCO, CA 94129

The making of a movie



Ken Lankin, director, deals with setting up the equipment correctly.

Visiting Universal Studios isn't always necessary to see the filming of a motion picture. The Presidio was recently involved in the bright lights and excitement that's a part of the filming world when "He Loves Me Not, Rape Prevention" was in the making.

The film, the second in a three part series, had segments which were filmed on the Ft. Scott parade field, in Letterman Army Hospital, in an MP sedan, and at the chapel. This part of the film deals with rape prevention, focusing primarily on the psychological repercussions which often envelop a rape victim.

"We've been working long hours and doing a lot of night shooting," explained John Taylor, Unit Manager, when asked about filming difficulties. "Night shooting is always a problem — getting the streets light enough for some good filming. All things considered, this has been a really good shooting."

The author of "He Loves Me Not," Denise Demilville, is a San Franciscan, which partially accounts for the location of the movie. Ms. Devilville saw ideal filming locations in here, as well as an abundance of local talent.

"He Loves Me Not" deals with two women and how each choose a different reaction to rape. Amy, attacked on her way home from work, chooses not to call the police. Instead, she destroys the clothes she was wearing and bathes, as if trying to wash away all the feelings of hurt and humiliation that went along with the episode. Amy withdraws from society, not going to work, or answering her phone. Amy begins seeing all men as her rapist. Finally she gets in contact with a rape clinic. Talking with other women who have had the same or a similar experience helps her to deal with her own feelings.

At the clinic is Janet, another rape victim. The difference between the two victims stories are as different as the two victims. Janet was raped on an Army post. She was found by the MPs who took her to the hospital. At the hospital, the female nurses and a doctor gently but thoroughly examine her to ensure her physical well being, comfort her emotional upheaval and preserve items of evidence which could be helpful in locating her rapist and prosecuting him.

At this, point you reach the core of the film. Amy does not report the rape immediately after it happened. Therefore, her attacker is still at large, with no evidence at all in tracking him down. Janet, on the other hand, did have the proper medical treatment and has given the police a place to start looking. The film trys to convey the message that even though difficult and emotionally painful, to do nothing after being raped is to give that rapist a 'green light' to continue his attacks, which almost certainly will happen again.

The closing scene in this film is that of a little girl leaving school, her walk through a field carrying a daisy, with intermittent shots of the janitor of the school, dressed as was Amy's rapist, then back to the watch worn by the girl, lying in the field next to the daisy she was carrying. This not only gives you the illusion that the rapist will strike again, but that he did.

"He Loves Me Not" is trying to illustrate and point out that if rape is not prevented and is committed, the victim must overcome any feelings of guilt or preconceived ideas as to how she will be treated by those to whom rape is reported and investigated. The victim's physical well being can be determined, the emotional aftermath treated, and important evidence on the person or gained from the victim's own words can be obtained to locate the rapist and prosecute.

The movie, which was produced as an Army training film, "He Loves Me Not" was made for the Military Police school at Ft. McClellan, Ala. Completion of the filming took place this week and it is expected to be released within the next six months. The film will be used for instructional purposes throughout the Army.



Overcoming the obstacle of learning to march is Gail Hiett, starring as Janet in the movie, with some guidance from SSgt. Beaugrand, 402nd MP Co.



Members of the 402nd MP Co. play a vital role in this marching segment of the filming.

WHAT'S HAPPENING

Jr. Rifle Club



This is to inform all youths that the Jr. Rifle Club meets every Friday, 7 p.m., at the Fort Scott Rifle Range, Bldg 1369. On Sept. 23, registration will take place for beginners classes. All youths, boys and girls between the age of 8-19 are invited to register. Present members should also be there. Further information can be obtained by calling the Youth Activities Director, telephone 5141/3637.

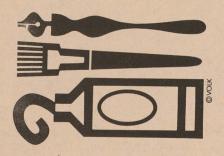
Halloween "tricks and treats"

Crescent moons, witches on brooms and excited youngsters "tricking and treating" all signify Halloween, an annual autumnal event that the Army and Air Force Exchange Service (AAFES) will feature worldwide during October.

Outfitting young goblins and witches will be no problem at AAFES. Stores will carry wide assortments of costumes, masks, paints, lanterns and even bags in which to lug home the loot.

Parents can avoid the tricks by stocking up early on treats from their nearest AAFES retail or food outlet. And if the plan this year is to keep the youngsters at home Halloween night with a party, AAFES will have all the necessities including plastic pumpkins, skeletons, festive plates, napkins and tablecloths and even games, plus candy galore.

Don't be haunted by what to do when the doorbell chimes on Halloween, shop your exchange and make the year's scariest night a howling success.



Painting exhibition

An exhibition of more than 75 monumental paintings of America by 45 of the country's leading realists who were commissioned by the U.S. Department of the Interior to paint whatever they wanted in the lands the Department manages will be featured at the San Francisco Museum of Modern Art from September 16 through November 6.

"America 1976" marks the first U.S. Government art subsidization of this scale since the Farm Service Administration's photo documentation and the WPA's helping hand to artists during the depression. The special energy and spirit expended by the artists in this project resulted in paintings of scale and panoramic inclusion that humble many of the country's early landscape paintings in comparison.

In conjunction with the San Francisco showing, four installation pieces and performances will be made in the Golden Gate National Recreation Area by Mel Henderson and Joe Hawley on October 1, Dennis Leon on October 15, Peter D'Agostino on October 29, Suzanne Helmuth and Jock Reynolds on November 12.

A panel discussion, "The Artist and the Landscape," with exhibition participants William Allan and Philip Pearlstein, will be held on Thursday evening, October 13 at the Museum.

A 12:30 lunchtime lecture series in the Museum Auditorium entitled "Landscape in American Art" will also be held featuring Alfred Frankenstein on October 18, Wanda Corn on October 25, and Robert Bechtle on November 1.

Vaudeville/variety show

All military personnel are invited to be the guests of the American Legion at their annual vaudeville/variety show set for Friday, Sept. 30 at 8 p.m. at the Veterans' Memorial Building in Oakland. (Take 580 to Grand Avenue exit; turn right at stoplight onto Grand; building is at 200 Grand, near Harrison).

Enjoy an evening of old-fashioned entertainment with congenial hosts. There is no cost for the show.



Open jam sessions

The Presidio Music Center, located in the basement of Bldg. 135, is now holding open jam sessions for all musicians and music lovers each Sunday afternoon from 1-5 p.m. A variety of musical instruments and amplifying equipment will be furnished, refreshments served, and no admission charge.

This Sunday, September 25, musicians participating in the jam sessions will have the opportunity to be recorded. for further information, please call Ext. 3992.

Freedoms Foundation deadline near

"My Responsibilities In Keeping My Country Free" is the title of the Freedoms Foundation contest. Members of the Armed Forces, U.S. Army, Marine Corps, Navy, Air Force, Coast Guard and Reserve and National Guard and Reserve Officer Training Corps, may enter.

Your entry need not be a letter but can be in essay or poetry form, no less than 100 and no more than 500 words. Print or type full name, rank, social security number, full military address, service or Reserve component, full home address and zip code.

Top winners will receive a formal written announcement from Freedoms Foundation at Valley Forge on Washington's Birthday, Feb. 22, 1978. Deadline is Oct. 1, 1977. Mail entries to Freedoms Foundation, Valley Forge, Pa., 19481. You could be the winner of a \$100 U.S. Savings Bond and the Defender of Freedom Award, a \$50 U.S. Savings Bond and the George Washington Honor Medal or a Valley Forge Honor Certificate.



Ribbon cutting

There will be a ribbon cutting ceremony by Colonel John D. Hamilton, Sr., Presidio Commander, on Saturday, October 1 at 10 a.m. to celebrate the grand opening of Creations Unlimited, located in building 558.

Expectant parent classes

The Expectant Parent Classes will be given at Letterman Army Medical Center on four consecutive Thursdays starting October 13 and ending November 3. Classes will cover care durining pregnancy, care of the mother after delivery, labor and delivery, and care of the newborn. Classes will be given at Letterman Army Medical Center, Dental Staff Conference Room, Room #367, third floor, from 7 to 9 p.m. All expectant parents are invited to attend. For registration, call the Community Health Nurse at 561-2003/4994.



Winery tour

On Sunday, Sept. 25, there will be a Winery Tour to two wineries in the Santa Clara Valley. The tour group will depart at 9 a.m. in a chartered bus. Bring a picnic lunch and join the group. Return time is approximately 7 p.m.

On Monday, Sept. 26 there are classes in Chess, Sewing and Belling Dancing. At 6 p.m., on goes the large TV set for Monday night football. Tuesday, Hapkido Class at 6 p.m. and Game Room Tournaments at 7:30 p.m. Wednesday, Sept. 28 at 9 p.m., the Disco sounds of Dr. Webb for your dancing pleasure. Thursday, Sept. 29, at 6 p.m. Hapkido Class and at 7:30 p.m. the Sewing Class.

For additional information, please call Ext. 2000/5420 after 2:00 p.m. daily.

Actor needed

A boy actor is needed to portray the part of a 12 year old in "A THOUSAND CLOWNS," an upcoming Presidio Players production at the Presidio Playhouse. This offers an excellent opportunity for a youngster interested in the performing arts to get training and gain experience in acting. Parts are also open for four men (late 20's-40), one woman (18-30 years), and technical backstage positions are open in all phases of production. Tryouts will be held on Monday and Tuesday, September 26 and 27 from 7-10 p.m. at the Playhouse. Those interested in auditioning may call 561-3992 for an appointment time.

Movies

SCHWARTZ/LETTERMAN Friday, Sept. 23, The Seven-Percent Solution (PG), 7 p.m.

Monday, Sept. 26, Shout at the Devil (PG), 7 p.m.

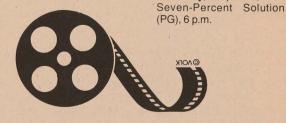
Tuesday, Sept. 27, Fire Sale (PG), 7 p.m.

Wednesday, Sept. 28, Greased Lightning (PG), 7

Thursday, Sept. 29, At the Earth's Core (PG), 7 p.m.

PRESIDIO THEATHER
Friday, Sept. 23, Two Minute Warning (R), 6 p.m.
Saturday, Sept. 24, Joe
Panther (G), 2 p.m.
Saturday, Sept. 24, Joe
Panther (G), 6 p.m.
Sunday, Sept. 25, Rollercoaster (PG), 6 p.m.
Monday, Sept. 26, Rollercoaster (PG), 6 p.m.
Tuesday, Sept. 27, Black
Oak Conspiracy (R), 6 p.m.
Wednesday, Sept. 28, The
Seven-Percent Solution
(PG), 6 p.m.

Thursday, Sept. 29, The



Star Presidian

The Star Presidian is an authorized unofficial offset Army newspaper, with a circulation of 5,000, published weekly under the provisions of AR360-81 by the Public Affairs Office, Presidio of San Francisco, CA 94129. Views and opinions expressed herein do not necessarily represent those of the Department of the Army. Editorial offices are located in Building 37. Newsroom telephone: (415) 561-3908 or 2005. Colonel John D. Hamilton, Sr., Commander Major Carole M. Campbell, Public Affairs Officer SP4 Rebecca S. Hall, Editor Pvt. Linda Spillane, reporter

Videotape education

An innovative program of college courses, designed for students who can't attend regular scheduled classes, will be introduced at The Presidio beginning October 5.

Offered for credit by Azusa Pacific College, the new program features pre-recorded TV lectures on a variety of college subjects. By using videotape playback machines at the Education Center, students can watch the lessons at their convenience and earn a two-year college degree in the process.

Representatives from Azusa Pacific will be at the Ft. Scott Education Center, Bldg. 1216 at noon and 4:30 p.m. and at the Letterman Education Center, Bldg. 1007, 2 p.m. on October 5 to demonstrate the videotape equipment and offer enrollment counseling for anyone interested.

Professors from seven colleges

This unique program features videotaped courses by professors from seven top-ranked schools across the country. The seven schools involved are Notre credits, if applicable), students receive an Associate of Arts Degree from Azusa Pacific.

Scheduling problems eliminated

This videotape program was designed to provide a college education for those who cannot attend regularly scheduled classes. Students can schedule their own lessons whenever time permits and go on leave or temporary deployment without missing any lectures.

To these students, the videotape method of instruction even offers some advantages over regular classroom lectures — i.e., that the students get a "frontrow seat" every time, there are fewer distractions, there are more opportunities for team-teaching and guest lecturers and TV's "instant replay" if students need clarification.

Block scheduling of the courses allows students to study just one new subject at a time, completing each course in about five weeks, and to earn their two-year degree in as little as 23 months.



College by Videotape. . .Students at Army's Arizona Proving Ground watch lectures that were prerecorded on videotape cassettes. This unique program will start at the Presidio on October 5, enabling students here to watch lessons at their convenience, earn college credits and get an Associate of Arts degree. Call the Education Center (Ext. 4445) for more details.

Dame, the University of Miami, State University of New York, Lincoln University, Canisius College, the University of Southern California and Azusa Pacific.

Work at own pace

The major advantage of the program is that students may watch the lectures at any time and work at their own pace. "Instant Replay" is available by simply backing up the tape and playing it again.

If a question arises, the student may contact a representative from Azusa Pacific for individual help. On completion of 60 semester units (including transfer

VA approved

The Veterans Administration pays 100 percent of all tuition and fees for military personnel in this Program. Workbooks and textbooks for each course are included at no additional cost. Thus, students can earn up to 60 semester-hours of credit and get their A.A. Degree with the entire cost paid by their VA benefits.

All interested and prospective students are invited to attend the free demonstration and enrollment briefing sessions on Wednesday, October 5. Complete presentations are scheduled for noon and 4:30 p.m. at the Ft. Scott Education Center, Bldg. 1216, and at 2 p.m. at the Letterman Education Center, Bldg. 1007.

Original Americans find unity

Red Fox James, a member of the Blackfoot Nation of Montana, traveled more than 4,000 miles on horseback during 1914 soliciting the aid of many State governors in establishing a National American Indian Day. On Dec. 14 of that year, he presented his plea and the approval of 24 governors at the White House, but there is still no National American Indian Day.

Many States, however, observe the fourth Friday in September.

Although the Indian Wars represent the longest period of hostilities in which the U.S. Army has engaged, from the very beginning of our history Indians have fought with and assisted military expeditions as the United Sates expanded Westward

In World War I, approximately 8,000 Indians served in the Army and Navy, 6,000 by voluntary enlistment. This demonstration of patriotism was one of the factors that caused the Congress to pass the Indian Citizenship Act of 1924.



Indians fought on all fronts during World War II and served with distinction during the Korean War, winning Medals of Honor and innumerable other decorations. It is estimated that more than 41,500 Indians served during the Vietnam War.

When Columbus discovered the New World there were an estimated 1,100,000 Indians inhabitating the lands north of Mexico, 850,000 living in what is now the United States. Wars and disease reduced their numbers to about 250,000 by 1900, but since then the Indian population has increased to 669,000 people in 1970.

In 1974, there were 266 Indian reservations under Federal jurisdiction, ranging in size from tiny settlements in California of only a few acres to the Navajo Reservation of about 14 million acres in Arizona, New Mexico, and Utah. In recent years the Federal Government has restored additional tracts of land to these native Americans.

Although for hundreds of years the American Indians fought the immigrant settlers, today the Indians have learned that Red Power like Black Power and Grey Power is most effective when working through the democratic processes. American Indians, once so disunited, are beginning to find unity among themselves and with their other fellow Americans in the United States.

Hawaii chosen by winner



Mary and Michael Hamman, Specialist 5 and Specialist 4 in the U.S. Army and husband and wife assigned to Headquarters, Sixth U.S. Army, Presidio of San Francisco, recently enjoyed a week's vacation in Hawaii, earned by Mary's selection as Sixth Army Soldier of the Year.

Chosen from nominees from Sixth Army and Army Readiness Regions VIII and IX, Mary had the choice of a \$1,000 Savings Bond or an expense paid trip for two to Hawaii. "Michael told me to take the Savings Bond, but he was excited about the trip to Hawaii, too."

The daughter of Mr. and Mrs. Kenneth Martell of Norwich, Connecticut, Mary joined the Army in November 1974. Since January 1976, she has been an administrative assistant with the Deputy Chief of Staff for Training at Sixth Army. In February 1977 she received the Army Commendation Medal for "exceptionally meritorious achievement."



What do you think can be done to build up and maintain esprit de corps within the Army?

Pvt. Dolores Frank, COMPACT — "The posts should offer more military activities that the young soldier can get involved with. There should be clubs and that. There should be more women's sports teams, let them give us something to get into and be proud of."





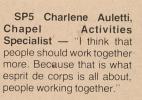
Sgt. Maj. James Booker, COMPACT — "I feel that there is a lot that can be done in that area. The officers and NCO's should follow leadership principles in looking out for the welfare of the troops. I think it would do a lot to enhance the morale in the Army."

SSgt. Joel McElhannon, AFEES Oakland - "Right now a big issue is the benefits. The Department of the Army should explain the erosion of benefits. If the benefits are taken away, they should explain why they are going to do it. But they shouldn't take them away to start with. There should be a campaign to enhance the public's opinion of the military. A team spirit is needed to be developed. There are too many individualistic people in the Army, they should work together

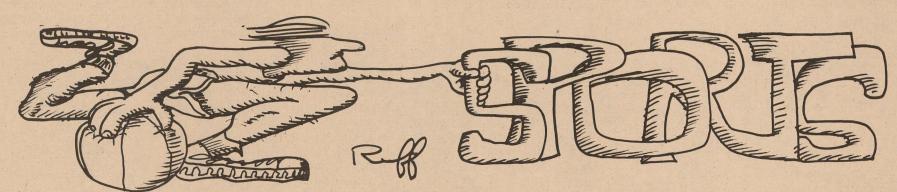




SSgt. Don Delver, Crime Prevention — "The Army has to change it's image from a 9 to 5 corporate organization to that of a service which cares about it's soldiers 24 hours a day. This means that officers and NCO's must spend more of their off duty time looking in on the troops after hours and letting their people know they can be contacted anytime problems arise. Hassels about pay and benefits have given the soldier the attitude that he is a laborer in a large company, and this self image needs to be changed.







CISM basketball championships

The U.S. Armed Forces Basketball team won the XXIV CISM Basketball Championship at Teheran, Iran, last week by defeating Greece 95-88.

Earlier in the tournament they swept their first four games before encountering Greece in the final game of the second round. Flaying before a capacity crowd, the U.S. team was hard pressed the whole game. They used all of their talent to defeat the Greeks

The Grees were paced by their 7' 2" center who scored 2' pints and blocked numerous U.S. shots. Presidio are Russell (USAG) scored 20 points in that contest, thus moving the U.S. team into the semi-finals are inst Syria.

of 15-63. At half-time the score was 58-38. The second half saw the full power of the U.S. team unleashed as they out-scored Syria 57-26. Leading the way for the U.S. team were Jyrona Ralston, who hit 10 out of 12 from the field, and Presidio's Pierre Russell. They both scored 20 points each. Alfred Fornay (USAG) scored 14 points.

The other semi-final game saw Greece defeat Italy 93-78. Therefore, a re-match was set up. The championship game was exciting to watch, as a multitude of actions prevailed. Both teams were eager and played their best basketball. The first half was close, as the U.S. team edged ahead 47-43. A turn around occurred as the Greeks rallied to lead the event 53-51 with 15 minutes to go.

The U.S. team saved their best effort at the end as Jyrona Ralston hit a 30' jumper shot to tie the score. He then scored two quick baskets as the team forged ahead. A combination of a tough defense and excellent shooting by the U.S. team aided them to increase their lead 91-77 with six minutes remaining.

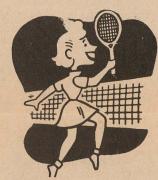
The contest had numerous fouls called and this proved to be the Greeks weak point. Their impressive center, 7' 2", fouled out with 13 minutes to go and left scoring only 18 points.

Again Ralston proved his caliber of play as he hustled 32 points via driving lay-ups and long outside shots. The last six minutes saw the Greeks outscore the U.S. team 11-4, but the game was easily won by that time.

Presidio's Pierre Russell and Alfred Fornay scored 10 and 12 points respectively. The U.S. team repeated as champions

as champions.

Hal Fischer, Sports Director here at the Presidio, coached the team to a fine victory.



Tennis tip

4. **The Forehand:** The forehand drive should be played halfway between the knee and hip. If the player is right handed, he should be facing slightly to his right, and if he is left handed, just the opposite is true. Always finish the stroke higher than the point of contact.

Next week look for the next tennis tip . . . The Backhand. For more information contact George Collier at 883-3023.

Notes from the Kegboard

Presidio League USACC LAMC LAIR 93rd MI Bn 16th BPO Spt. Elm. 864th Engrs 51st Engrs. HHD 163rd 402d MP Co	W 56 50 48½ 44 43 32 26 25½ 24 11	L 16 22 23½ 28 29 40 46 46½ 48 61
Ft. Scott League 504th MP Bn Spt. Elm. #2 SFFO CID HQ USAG 525th MI Gp USASA LAMC #2 LAIR #2 170th MP Co 16th BPO	W 54 51 49 46½ 43 41½ 32 21 17 5	L 18 21 23 25½ 29 30½ 40 51 55 67

Youth soccer

The next Youth Soccer practice will be held at Paul Goode Field (end of Portola St), Saturday, 1 p.m. Sept. 24. All youths who have registered and those boys and girls who desire to participate, are urged to attend this session. A dire need for volunteer coaches still exists. Interested personnel should contact MSG Castro, telephone 5014, or Youth Activities, telephone 5141/3637. Your help is needed to support this program.

Flag football

September 14

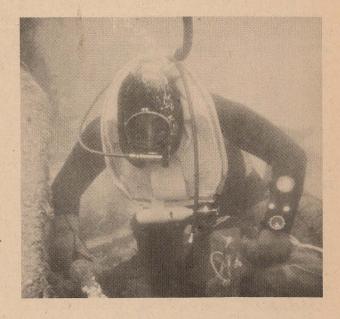
USAG - 20; 170th MP Co - 14; LAMC - 12, 666th Radar Sqdn - 6; 864th Engrs - 8, USS Fanning - 0.

September 19

USAG - 14, 666th Radar Sqdn - 8; LAMC - 7, 864th Engrs - 6

September 20

666th Radar Sqdn - 32, 170th MP Co - 12; 864th Engrs - 14, AFEES - 8; USS Fanning - 16, USAG - 14



Underwater exploration produces many sunken treasures.

Scuba class

Are you tired of the everyday humdrum and getting yourself into a rut? What you need is a change.

Get into a new world of adventure through the selfcontained-underwater-breathing apparatus class, more commonly known as Scuba Diving.

Members of the Conquistadores Del Mar Diving Club on Presidio make frequent dives for underwater explorations, underwater photography, gold and treasure hunting, shellfish picking, and spearfishing. You can get into this new venture by taking one of

the swim screens that will be conducted for the next beginners Scuba Class on Sept. 29 and Oct. 4 at 6 p.m. at the Presidio Swimming Pool, Bldg 69.

The Scuba Program is open to all active and retired military personnel and Department of the Army civilian employees and their dependents.

Join the fun and get in the swim of things. For more information call your Outdoor Recreation at 561-4324, or come by Bldg 122, in the basement of the Craft and Multicraft Shop.

Star Presidian " "

Volume 20, No. 40

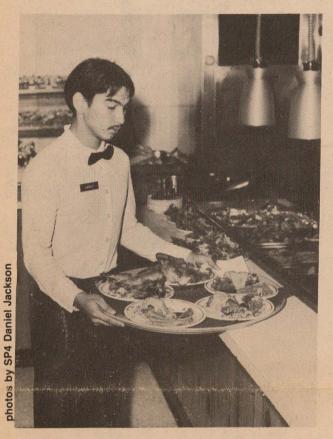
Presidio of San Francisco

Friday, September 30, 1977

Variety Variety

A favorite joke in Mort Walker's comic strip, Bettle Bailey, has long been the food Cookie serves the men of Camp Swampy.

Otherwise known as "Army chow," military food has been the subject of cartoons and jokes since George Washington's time. More recently, veterans of World Wars I and II will undoubtedly agree that whatever it was they ate in the mess halls and the field, it deserved every bit of its dubious reputation.



Helping make HQ Co. USAG's Specialty Night a success is SP4 Nick Sanchez, a cook at Garrison's Dining Facility.

But much is being done to dispel the old concept of "Army Chow." 'Mess halls' are no longer in existence. Now we have dining facilities. And the dining facilities are doing several things in the way of improving the food and their image.

Helping to create the new image in the Army food service program is The Philip A. Connelly Award for Excellence in Army Food Service. Established in March, 1968, the Award gives world-wide recognition for excellence in the preparation and serving of food. It also provides the added incentive of a higher level of competition and appropriate recognition in the form of trophies.

"The Philip A. Connelly Award gives world-wide recognition for excellence in the preparation and serving of food."

Each installation under Forces Command (FORSCOM) will evaluate their own dining facilities, choose the best one, which will be inspected by a FORSCOM team and will be eligible to be the recipient of the 10th Annual Philip A. Connelly Award.

The Presidio has three dining facilities: HQ Co. USAG, 504th MP Bn., and the 864th Engrs. These facilities will be evaluated during the last week of October, with the FORSCOM evaluation coming in January, 1978. The dining facilities will be evaluated in a number of areas, including the quality and acceptability of the food, efficiency of preparation and service, sanitation and even the appearance and attitude of the food service personnel, to name a few.

In keeping with the change of image is a program called "Specialty Night." Each dining facility has a night, once a month, dedicated to a particular theme.

Tuesday night was the latest Specialty Night at HQ Co. USAG and carried a French theme. The menu read as though you were in a cafe on the Champs Elysees and the atmosphere — c'est bon. But the food was the main item of everyone's interest and it went above and beyond all expectations.

is the

Included in your meal was the shrimp cocktail, salad, French onion soup, your choice of entree — Veal Cordon Bleu, Duck L'orange, and Chicken Cordon Bleu. Your table was served a carafe of wine, French bread and your choice of Creme de Menthe parfait or cake or dessert. And when the word served is used, that's what we mean. Waitresses and waiters — full-time soldiers — volunteered to wait tables for this 'special night' with the French accent.

"'You won't be a bit disappointed in Specialty Night...We do this once a month and we do it right.

"We're trying to upgrade our dining facility operation," explained MSG William Cheatum, Post Food Service Supervisor. "We have old buildings, and we've got to live with what we've got. It's quite a job to establish a good food program, but that's our objective and we're accomplishing it pretty well. I know I've had a 100 percent cooperation from the commander and everything is working out great. You won't be a bit disappointed in Specialty Night. They really put a lot of effort in it. We do this once a month and we do it right."

Although the food, service and atmosphere of Speciality Night is tremendous, the prices remain the same. And it's also one night when you can bring that civilian friend with you — as your guest.

"This is our way to show the military personnel that they don't have to have a sterile atmosphere to dine," says SSgt. Joseph Echeverria, Food Service Sergeant. "It shows that they can have a warm, homey atmosphere, and on behalf of HQ Co. USAG Dining Facility, thanks to all of those who attended and cooperated in making this Specialty Night a success."

Food in the Army. . .working on getting better through the help of good personnel, good planning and innovative changes.

But veterans would probably be surprised at the foods offered today's Army volunteers. Modern-day military menus are far from the slapdash affairs de-

spice

picted in Beetle Bailey. They are the carefully planned product of much scientific research, constant testing and tasting. When men and women in the Army, Navy, Marines and Air Force eat depends on the work of scientists, food technologists, dieticians, and home economists at the US Army Natick Research and Development Command, the executive agent for the Department of Defense Food Program.

Although experts here deal with all aspects of feeding the Armed Forces — nutrition, cost, packaging, storage, preparation — the bottom line is always, will the soldier like it? Therefore, the first criterion by which scientists judge military food is "acceptability."

As a matter of fact, "Food Acceptance" is the clinical title of an interesting branch of Natick's Food Sciences Laboratory. Popularly known as "Taste Test," it is the beyt

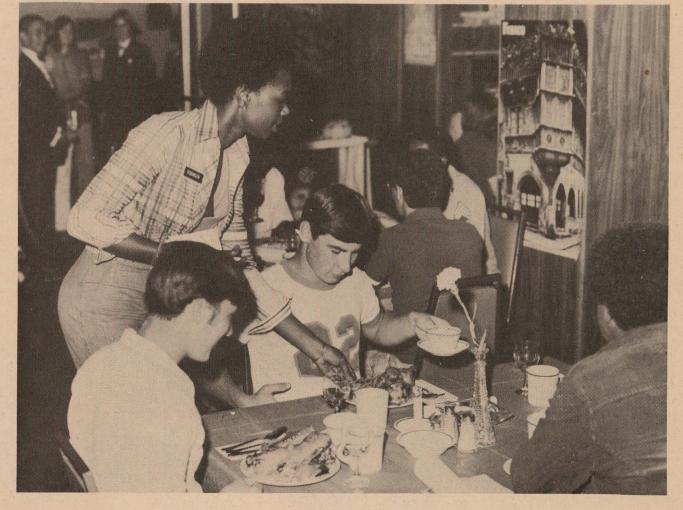
known and most-visited place on the installation.

More than half of the workforce have signed up as guinea pigs for Food Acceptance. For each of the 600-plus volunteers, this means that perhaps once a week he or she will be invited to judge various samples of food, ranging from soup to nuts.

"The most notorius offering. . .was maple syrup served in "shot" glasses. . ."

There's no telling what awaits the volunteer responding to a taste test call. A sign announcing "three samples of pizza" may greet him one day. Another session might find him munching six different samples ofbacon, or pork chow mein, or string beans, or grilled cheese sandwiches. The most notorious offering in recent memory was maple syrup served in "shot" glasses. After all, not many people take their maple syrup straight!

All recipe testing for the Armed Forces Recipe Service (AFRS) is done in Natick's Experimental Kitchen. Once a recipe gains approval, it joins more than 1200 others in the laboratory's files. Eventually, soldiers, sailors, airmen and marines all over the country will dine on foods developed with the assistance of innumerable taste buds at the Army's Natick Research and Development Command.



Full-time soldiers, like PFC Sandra Robinson, volunteered to act as waiters and waitresses for Specialty Night, which carried a French theme.

WHAT'S HAPPENING

Failed an I.G?

If you've failed an I.G. or CLRT inspection, call Maintenance Assistance and Instruction Team, MAIT No. 3, Bldg. 35, room 116, ext. 5417/5418. MAIT serves Army National Guard and Army Reserve Units in California and Nevada.



Suggestion Program winner

Mrs. Leona J. Shetler recently received a \$35.00 cash award under the Army's Suggestion Program.

She received the award for her suggestion dealing with the consolidation of a telephone register at the Logistics Control Activity on the Presidio where she is employed as a supply clerk.

Her suggestion is expected to reduce duplicate long-distance telephone calls and result in a savings of more than \$320.00 annually to the Army.

EM Wives Club

The Presidio EM Wives' Club would like to invite you to its next business meeting Monday, October 3 at 7:30 p.m. at the Presidio Recreation Center.

All NCO-EM Wives are invited to the meeting.

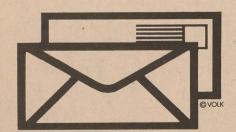
After a short business meeting there will be a guest

speaker and refreshments will be served.

For further information or if you need a ride to the meeting call Jo Leach at 561-3550 or Rosa Parham at 386-5057.

Co-ed gymnastics

The Central YMCA will begin a five-week course in co-ed gymnastics on Wednesday, October 12, from 7 - 9 p.m. at 220 Golden Gate Avenue. The course will cover four women's events and six men's events, including trampoline, under the guidance of collegiate gymnast John Fong. Beginners through intermediates are welcome. For more informattion call Central YMCA at 885-0460.



"Dames at Sea"

The box office for tickets for "Dames At Sea" at the Presidio playhouse will be open from 1-5 p.m., except Sundays, and 30 minutes before performances, beginning Monday, October 3. The spoof of the movie musicals of the 1930's will open October 7 and have 14 performances through October 30. There will be dinner theatre shows on October 9, 20, 23, 27, and 30, with a buffet dinner (including prime rib) at the Officer's Club at 5:30 p.m., followed by the performance at the Playhouse at 7 p.m. Tickets are \$2.50 for regular performances and \$8.25 for adults and \$5.50 for children under 12 for the dinner theatre shows. Tickets are \$1.00 less for military personnel, dependents, and retired military personnel. Performances on October 8, 16, 23, and 29 will also be signed for the deaf. For further information call 561-3992 from 1-5 p.m.



Help needed

The Azusa Pacific College is seeking a part-time (20 hours per week) Coordinator for a college AA degree program by videotape cassette offered by Azusa Pacific College.

The Coordinator will monitor student's progress and maintain contact between students and Azusa Pacific College. Applicants should have at least 2 years of college and experience teaching or administering academic programs is desirable.

Interviews will be eeld at the Education Center, Bldg. 1216 on Wed., Oct. 5 from 9:30 - 11:30 a.m. Call 561-4445/2974 for an appointment time.

YMCA classes

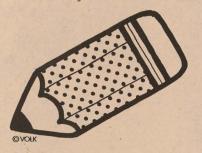
Several new classes will be offered by Central YMCA in October.

Pancho Poormand, well-known performer, mime, clown and teacher, will instruct classes in Mime, Clowning and Improvisational Theatre starting Oc-

Psychologist Leonard Stevens will lead a class in Creative Counseling beginning October 4 at Fort Mason in cooperation with the Fort Mason Foundation and GGNRA.

Pepperdine University news

Pepperdine University Treasure Island Campus, has opened its MA in Human Resources Management program to civil service employees employed at any Bay Area military establishment. This program is also offered to active duty Armed Forces personnel and their dependents. Last registration date for the next HRM course, Managerial Sociology (HRM) 652 is October 10. Pepperdine's intensified schedule is geared to an employed person's free time. The course hours are Thursday and Friday, 6 - 10 p.m. Saturday, 9-4 p.m. and Sunday, 9-11 a.m. This seminar session is repeated twice per month for three semester units. For further information, see the Pepperdine representative Richard Spencer at the Fort Scott Education Center, Bldg 1216 on Fridays from 10 a.m. to 12 p.m. or phone 2974/4445.



Help! Help! Help!

The Star Presidian is looking for all those closet photographers and would be writers to submit features for possible use in the post newspaper. The staff of the Star Presidian would also be interested in any story ideas you might have or items of human interest that can be published as a feature story. We need your help. Call us. Our telephone numbers are 561-2005 or 561-3908.

USO pool tournament

Don't miss the big pool tournament at San Francisco USO, Airline Terminal, 357 O'Farrell, this Saturday, Oct. 1, at 5 p.m. Free entry-big prizes. Just before the tournament watch pool pro Hank Nole in an hour exhibition from 4 to 5 p.m. Pick up some pointers! Refreshments will be served from 5 to 8 p.m., with a disco starting at 8 p.m. Call 776-3100 for details.



How to Buy Your Own Home

How to Buy Your Own Home will be taught by real estate expert Ben Herman and Jerrold Vistica, experienced writer and businessman, offers classes in How to. Write a Book and How to Start a New Business.

Register at Central YMCA, 220 Golden Gate Avenue, San Francisco, or for more information, call 885-0460.



Exchange facilities closed

All Presidio Exchange facilities will be closed Monday, Oct. 10.

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Movies

PRESIDIO THEATER

Friday, September 30, Fire Sale (PG), 6 p.m. **Saturday**, Oct. 1, Godzilla vs Cosmic Monster (G), 2 Saturday, Oct. 1, Fire Sale (PG), 6 p.m. Sunday, Oct. 2, Greased Lightning (PG), 6 p.m. Monday, Oct. 3, Greased Lightning (PG), 6 p.m.

Tuesday, Oct. 4, At The Earth's Core (PG), 6 p.m.

Wednesday, Oct. 5, Murder By Death (PG) 6 p.m. Thursday, Oct. 6, The Van

(R), 6 p.m.

SCHWARTZ LETTERMAN Friday, Sept. 30, Murder By Death (PG), 7 p.m. Monday, Oct. 3, The Van

Tuesday, Oct. 4, Wizards Wednesday, Oct. 5, Final Chapter Walking Tall (R), 7

Thursday, Oct. 6, Moonshine County Express (PG),

OAKLAND ARMY BASE Monday, Oct. 3, Final Chapter Walking Tall (R), 6:30

Thursday, Oct. 6, Joyride (R), 6:30 p.m. Friday, Oct. 7, Sinbad and the Eye of the Tiger (G),



Star Presidian

The Star Presidian is an authorized unofficial offset Army newspaper, with a circulation of 5,000, published weekly under the provisions of AR360-81 by the Public Affairs Office, Presidio of San Francisco, CA 94129. Views and opinions expressed herein do not necessarily represent those of the Department of the Army. Editorial offices are located in Building 37. Newsroom telephone: (415) 561-3908 or 2005. Colonel John D. Hamilton, Sr., Commander Major Carole M. Campbell, Public Affairs Officer SP4 Rebecca S. Hall, Editor Pvt. Linda Spillane, reporter

Click... you're on camera

Scene: Public Affairs Office, 10 a.m., Monday. Editor tells a reporter that one of the stories in this week's issue needs a photograph and aske the reporter to take care of it. The reporter, in this case, doesn't know anything about taking pictures, much less developing them, so the reporter must rely heavily on the services of the Presidio photo facilities to complete the assignment.

This is only one way in which the photo facility is used and is just one phase of its mission. The photo facility was established at the Presidio over 25 years ago and the scope of jobs that it handles is far from narrow.

It provides view graphs, still and motion pictures for the Presidio and its tenant units. It also provides backup support to the Sixth U.S. Army Western Region, which encompasses 15 states. This backup support is provided because of the photo facilities equipment and personnel with special skills. The photo lab also offers its services to other federal services when resources are available.

Photo assignments range from identification photos to aerial motion pictures. Active duty, retired military, dependents and reservists can also avail themselves of the services that the photo lab has to offer.

There is equipment available for movie making and sound on film. Although there are personnel capable of making and developing the movies it would not be on a professional level. However, in the past, training films have been produced here. Some were made for television release and others were made for the Department of the Army.

Many photographs are taken for historical purposes. These include photos of visiting dignitaries, historical projects and the like. A major pictorial historical project was the building of Letterman Army Medical Center (LAMC) and the Letterman Army Institute of Research (LAIR).



SP4 Jim Canfield

Military photographers are trained, which lasts from 28 to 32 weeks, at Lowry Air Force Base in Colorado. Students are instructed in various photography subjects including photojournalism, aerial photography, motion picture editing and audio-visual presentations.

"I started in Photography in 1949 with the Arabian American Oil Company here in San Francisco," says Mr. Don Smith, Production Supervisor. "I joined the Navy in 1950 during the Korean War and was assigned to the Naval Air Station in Miramar, CA as a Naval aerial photographer. I got out of the service in 1954 as a Petty Officer Two. Later, in 1958 I came to the Presidio as a civilian photographer for the 6th Army photo facility and I'm still here."

Photographer SP4 Jim Canfield comments about his job; "I've been a photographer for about two and a half years. I needed three extra college units, so I took the class, and that's where it really started. I decided to try the Army because civilian photography schools are so expensive. I enjoy being an Army Photographer, although the Army is not what I would want for my career, it's excellent training in photography, in that you are dealing with dignitaries, and you will have an additional edge over others who haven't had that type of experience. In photography, you're always learning because there is always new ideas and equipment being developed. When I get out of the Army, I plan to be a professional photographer in the civilian world."

Another member of the photo facility, Mr. Benjamin Chin, says "I personally enjoy working in outdoor, nature photography. I was originally an engineering graduate. I have a BA and MA in Art, majoring in sculpture. I attended both the California School of Fine Art and the Julian Academy of Art in France."

SP4 Karen Martin, who is a Photo Lab technician explains her job; "I copy charts, slides and process negatives and slides and I also print black and white film. I like to do my own work, I like shooting people in natural poses, by catching them unaware."

The post photo facility is located in building 603 or you can call ext. 2106.

The Presidio is receiving a new helicopter pad, courtesy of the men of D Company, 864th Engineer Battalion. Two platoons have been working on the pad since the end of last month. The earth moving platoon handled the preparation work and the general construction platoon has been pouring the concrete. The main pad, 60 x 60 feet is now completed and the 40 foot apron surrounding the pad is being worked on now. A total of 90 cubic yards of cement went into the main pad and platoon leader Lt. Ryerson estimates that it will take another 100 plus yards to finish the job. The concrete in the main pad is eight inches deep and tapers off from six to four inches in thickness on the apron.

MPs donate for life

Twenty-seven members of the 504th Military Police Battalion answered the call to come to the aid of San Francisco Police Officer Douglas Gibbs, when large quantities of blood were needed to save his life.



Early last Monday morning, while serving as a decoy for the crack street crimes unit of the San Francisco Police Department, Officer Gibbs was shot and critically wounded, while apprehending a robbery suspect. Officer Gibbs, a six year veteran of the force, had been on the street crimes unit about three months.

He had just apprehended a man who had stolen another decoy's wallet when another individual shot him through the right chest, grazing his heart.

Police quickly apprehended the man alleged to have done the shooting, but Officer Gibbs lay near death. He was rushed to the hospital where doctors began efforts to save his life, but the operation required great quantities of blood. The call went out and neighboring police officers responded, including the men from the 504th. The MP's, who work closely with the SFPD, drove their own cars and waited in the crowded lobby of the Irwin Memorial Blood Bank, along with many others who came to Officer Gibb's aid.

Riding with the MP's was SP5 John Bellando of the 864th Engineers. SP5 Bellando was in the MP station to discuss a traffic ticket he had received when he heard of Officer Gibbs' need and volunteered to donate his blood as well.

The voluntary efforts of these members of the U.S. Army reflects the spirit of willing and unselfish cooperation that has characterized the response of military personnel in times of crisis.

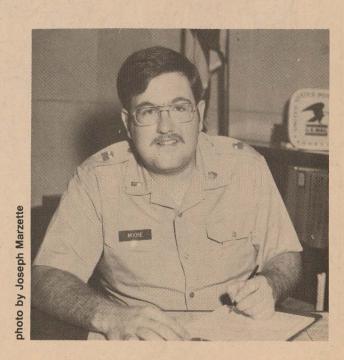
16th BPO has new CO

Second Lieutenant Arthur H. Moore, 24, of Milledgeville, GA., became the latest commanding officer of the 16th Base Post Office this week. "You might say, I am the oldest member of the unit," stated Lt. Moore. That is in terms of being assigned to the unit almost two years ago, not by age. In less than ninty days, he will ETS from there.

Contrary to a recent press announcement that all postal units in the United States have been closed, Lt. Moore is proud to be the commander of one of the only two such units in the States. The other is located on the east coast, Fort Bragg, N.C., with the 82nd Airborne Division.

The current mission of the unit is to operate as an APO facility, whereas before it operated as a postal unit servicing APOs.

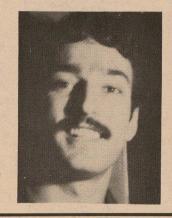
The young Georgian enjoys fishing and bicycling when time permits, but with the shortage of officers (just himself) these days and the pains of reorganization, he is finding little time to devote to these sports. The unit restructuring has dropped from five officers, 39 enlisted, to two officers and 26 enlisted.





What's your opinion of 'Army Chow' and what do you think of Specialty Nights?

PV2 Michele Greenberg, RREO-"Sometimes it's good, but not that often. That's why I don't eat there that much. If they keep improving, I will go there more often to eat."

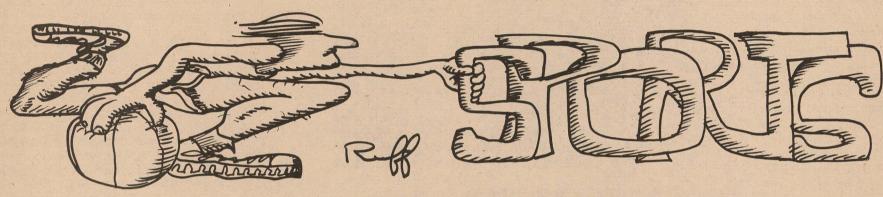




PV2 Thomas S. Tonevich, USAG Supply Room-"I don't like the food because the people fixing it are not spicing it right. And I feel that they should have some civilian cooks to prepare our meals. This is the first Specialty Night that I have been to, and I hope it won't be the last." 2nd Lt. Benjamin Agustin, HQ Co. USAG Executive Officer-"Army chow is great. It's nutritious and cheap. Specialty Nights are designed to enhance the morale of the troops and should be held more often."



PFC Kathy Goodwin, COMPACT-"The regular chow is monotonous, and bland. The ethnic meals should add the much needed variety. The Specialty Nights are a good idea. It was a long wait, but it sure was worth it."





Tennis tip

5. **The Backhand:** The backhand drive is played with the right hander turning his right hip to the net and playing through the ball with the follow through higher than the point of contact. The left hander should have his left hip to the net and also follow through high.

Next week look for the next tennis tip . . . The Lob. For more information contact George Collier at 883-3023.

Trout plants

If water, weather, and road conditions are favorable, the following waters will be stocked with catchable trout this week by the Department of Fish and Game:

Alameda County -- Lake Chabot Contra Costa County -- Lafayette Reservoir San Francisco County -- Lake Merced Santa Cruz County -- Pinto Lake





Receiving the first team trophy ever won by the Aquarius Swim Club from Christa Johnson is Col. Lowell Ballard, DCO. The team won a 3rd place trophy in the San Francisco Recreation and Park Swim meet held at Hamilton Pool Sat. and Sun., Sept. 17 and 18. Approximately 40 team members competed in all areas of competition, including the relay events. Coaches for the team are Don Perez and Morgan Kulla, with Paul Adams president.

Water release

Water release began this month from Kent Lake, Marin County, to protect the fishlife in Lagunitas Creek. The stream is a tributary to Tomales Bay in central Marin County and is an important silver salmon and steelhead stream.

A recent survey of the stream by California Department of Fish and Game Biologists revealed that the low flow condition of the stream resulting from the current drought was threatening the survival of an estimated 40,000 juvenile salmon and steelhead. Some stream reaches were already intermittent, forcing fish to crowd into receding pools under severe stress. An extremely serious fish kill was imminent.

A cooperative agreement to augment streamflow was quickly negotiated between DFG and the two local water districts: Marin Municipal Water District and North Marin County Water District. Marin Municipal Water District began releasing 650 gallons per minute from Kent Lake, September 15.

Under the cooperative agreement, North Marin County Water District will re-divert the flow at the lower end of the stream for the municipal needs of Point Reyes Station. While enroute to Point Reyes Station, the release water provides urgently needed fresh water flow to protect endangered fishlife along ten miles of stream. The DFG will reimburse the Districts for certain costs encumbered by their participation in this emergency flow augmentation program.

It is anticipated that the release will continue until winter runnoff again provides sufficient natural flow in the stream to support the valuable salmon and steelhead population.

Racquetball tourney

A women's Racquetball Tournament will be held at Post Gym No. 1 Bldg No. 63, beginning at 9 a.m. on Friday, October 1. All active duty women assigned to the Presidio of San Francisco are eligible to enter. Competition will be in singles play. A team will be selected from this tournament to play in a tournament at Travis AFB. Sign-ups will be taken at the Post Gym, Bldg No. 63, daily from 7:30 a.m. to 4 p.m. and on the day of the tournament up to 8 a.m. Call ext. 4120/5032 for further information.

Sports officials needed

The Pacific Officials Assoc., a non-profit group of sports enthusiasts, will hold a general membership meeting at 8 p.m., Oct. 2, in the Presidio's Recreation Canter. Any person, military, civilian or dependent, interested in learning to officiate softball, baseball, basketball, football and soccer, is invited to this meeting. This meeting is mandatory for present members. For further information please contact Frank Castro between 3:45 - 4:15 p.m. Mon. - Fri. at 561-5014. No calls before 3:45 p.m.

Star Presidian

Volume 20, No. 41

Presidio of San Francisco

Friday, October 7, 1977

504th MPs conduct 'show me' tests



This member of the 402nd MP Co. performs the vehicle operator maintenance portion of the SOT

The 504th Military Police Battalion members have heard skill qualification testing (SQT) being discussed a lot since the first week of September. That's when lose people with the military occupational speciality (MOS) of 95B (MPs) began the initial part of the SQT.

The SQT has replaced the old MOS test. It now stresses a "show me" rather than "write it" test procedure. You must prove you know your job before reenlistment or getting promoted.

The SQT is made up of three parts: written component (WC), which is a written exam with visual aids and graphs; the performance certification component (PCC), where commanders evaluate the service member's day-to-day job capability (in the case of the MPs this portion consists of a physical training PT test and weapons qualification); and the Hands-On component, when required, consists of physical performance and being tested in your MOS.

"It now stresses a 'show me' rather than 'write it' test procedure, You must prove you know your job before reenlistment or getting promoted."

Now, with the written component finished, and the performance certification in the past, members of the battalion are working on the actual hands-on components.

Consisting of six stations, the hands-on components covers 10 practical exercises that every MP should know how to do. The first station consists of an hour video tape with a question/answer session afterwards. The MPs must know how to record data in an MP notebook, observation and description techni-

ques; how to process offenders; and how to warn the suspects of their rights to get through this particular portion of the testing. The other stations consist of operating a radio — they actually install a radio in a ½ ton vehicle — how to perform operator maintenance on a vehicle, how to fill out an MP report; how to collect evidence and how to properly use a protective mask.

"This is a much better system than the MOS testing," explained Lt. Paul Masterson, Assistant S3 (Plans Operation and Training). "It has its problems, but it's a much better system in that all the answers are transferred to computer print-outs and the computer scores them. And what we'll get back is their individual scores, of course, but the battalion will get back a complete print out of exactly what questions everybody got wrong and show us an average so we can pin-point the training deficiency.

"...the individual will get his own computer print-out showing the areas he's deficient in. It's a terrific training agency...

"The battalion will get an overall copy, then each unit will get a break down of the troops from that unit and then the individual will get his own computer print-out showing the areas he's deficient in. It's a terrific training agency so we can concentrate on the areas that need the most attention," Lt. Masterson explained.

The SQT is an important test in that it is guaranteed to play a major role in your military career. Your SQT performance will determine your professional and financial growth. In other words, whether or not you get promoted. If you fail your SQT twice in a row, you will be automatically reclassified and have a possible bar to reenlistment.

When you complete basic training and AIT, you'll be awarded skill level one. Thereafter, for promotions,

you must attain the next highest skill level. Scoring for the SQT determines whether or not you retain your MOS. You must score 60 percent to retain it and to qualify for promotion, you must score 80 percent of a possible 100 percent.

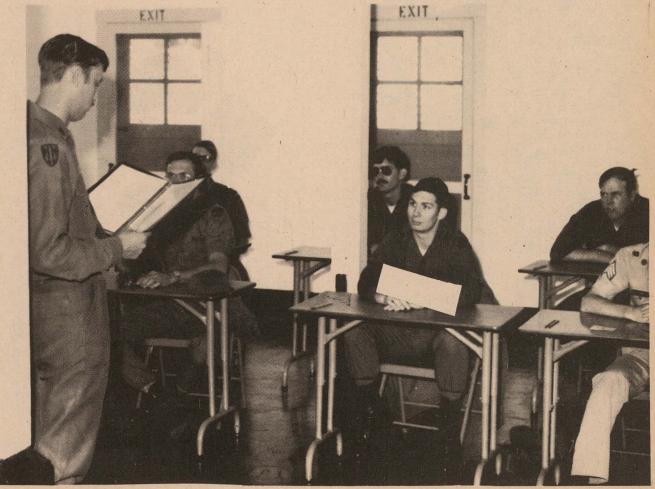
Your proficiency is judged against fixed standards. "Almost is not good enough. Soldiers who practice their skills, and perform them well, will have no difficulty in passing their tests.

Throughout your military career, the Soldier's Manual — next to your rifle — is the most important item of issue you will receive. It contains all of the information you'll need to do your job and pass the SQT. If it isn't in the manual, it won't be on the test. You don't have to "study" for SQT... you "practice."

"Overall, the people are doing very well," stated Lt. Masterson. "Actually, a lot better than I'd expected! We got a lot of support from the other units on post helping us. The 93rd MI Bn. let us use their garage during the test. Different people on post donated supplies or lent us material. It was well supported."



Pointing out various pieces of nomenclature this MP completes part of her SQT.



Members of the 402nd MP Co. listen attentively as the Skill Qualification Test (SQT) instructions are given.

WHAT'S HAPPENING

Retirement benefits

The Army retirement system entitles you to more than a monthly check.

Retirees and their dependents can retain a certain amount of their active duty benefits. You and your dependents receive identification cards that allow you to use the facilities at any military installation. You're permitted to use the PX, commissary, recreational services and medical facilities (subject to availability of professional staff and facilities).

Your eligible dependents are your spouse, unmarried children under 21 and unmarried children under 23 who are full-time students financially dependent upon you for more than 50 percent of their support.

If your parents or your spouse's parents are financially dependent upon you, they are also eligible for the previously mentioned benefits. In addition, these sets of parents can receive health benefits if you maintain the dwelling they live in.



Suggestion campaign winner

Eilene Craig of Novato recently received two \$25 suggestion awards for submitting the two winning posters in support of the annual Army Suggestion Campaign.

A correspondence clerk with the Presidio of San Francisco Adjutants Division, Mrs. Craig had two of four winners in the month long contest.

The annual contest is sponsored by the Army Suggestion Campaign to generate additional interest in the program and obtain original advertising material in its support.

The suggestion program offers both military and civilian members of the Department of the Army the opportunity to share in the monetary savings realized by the government as the result of their suggestions that are adopted.

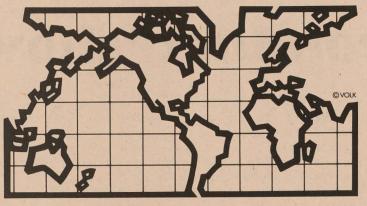


"Dames at Sea"

Susan Keene, as a sweet young thing from Utah who goes to New York to become a star, is surrounded by other cast members in the Presidio Players' production of "Dames At Sea." The musical comedy opens at the Presidio Playhouse on October 7 and will have fourteen performances through October 30.

The spoof of the movie musicals of the 1930's will have five dinner theatre performances on October 9, 20, 23, 27 and 30. A buffet dinner, including prime rib, will be served at the Officer's Club at 5:30 p.m., followed by the performance at the Playhouse at 7 p.m.

All performances are open to anyone interested. The Playhouse box office is open daily from 1-5 p.m., except Sundays, and 30 minutes before performances. For ticket information call 561-3992 during box office hours.



Columbus Day festivities

Monday, October 10, is a national holiday in honor of Christopher Columbus, the discoverer of the Americas. In honor of this holiday the City of San Francisco will hold a Columbus Day Parade starting at 1 p.m. Sunday, October 9. It will be a three hour spectacle from City Hall to North Beach ending at Washington Square.

There will be a pageant depicting the landing of Columbus at noon on Monday, October 10, at Aquatic Park.

Letterman Women's Club

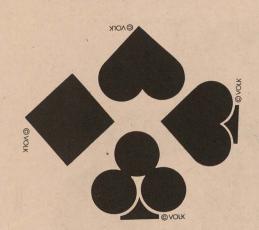
The Letterman Women's Club will hold its monthly luncheon on Thursday, October 13, at the Presidio Officers' Club. Mr. Wolfgang Schulz, Director of the Bowles-Hopkins Gallery, will be the guest speaker. Mr. Schultz is an expert on contemporary American and international paintings and prints which will be eflected in his presentation on art for investment and pleasure.

The sherry hour begins at 11 a.m. Lunch will be served at 11:45 a.m.

Reservations are requested by noon, Tuesday October 11. In San Francisco call Ginny Amos, 561-2595, and in Marin call either Randy Smith, 472-2568, or Judy Burnam, 479-7190.

Protestant women meet

The monthly meeting of the Protestant Women of the Chapel will be held at 10 a.m. on Tuesday, October 11 at the Religious Activities Center, Building 682. Included in the program will be a review of the book Bloom Where You're Planted, by Joyce Beaman. All Protestant women are cordially invited to attend. Refreshments will be served. A free nursery will be provided.



USO News

On Saturday, October 8, at 6 p.m., the famd USO Coffee House will feature Kathy Holly, International Folk Singer. Refreshments will be served from 6-8 p.m. with a Disco Dance at 8.

On Sunday, October 9, there will be a Spades Tournament, other card games and refreshments, which start at 5 p.m. Who is Spade Champion of USO? Come and find out.

Saturday, October 15, San Francisco USO's exciting Coffee House features Folk Singers Joady Guthrie and Larry Boles at 6 p.m. Refreshments, too, with a dance at 8 p.m.

Folk Festival

On Saturday, October 15, the U.S. Park Service will be hosting the Third Annual Western Regional Folk Festival from 11 a.m. to 6:30 p.m. at the Fort Barry-Cronkhite parade field. This one day celebration of California's rich and diverse musical heritage is free to the public.

Included in this event will be folk singer Kate Wolfe, blue grass music by High Country, black music by the Gospel Clouds, Filipino music and dancers, Japanese Taikio drummers, American Indian singers and dancers, and much more. For further information about this event, contact the U.S. Park Service at 556-0111.

Due to this event, traffic at the Baker-Barry tunnel will be restricted to inbound traffic from 9:30 a.m. to 2 p.m. and outbound from 4 p.m. to 8 p.m.



Pepperdine orientation

An orientation will be held on Pepperdine University's MBA II Program on October 12 at 4:30 p.m. at the Fort Scott Education Center, Bldg. 1216. All interested personnel are invited to attend. The unique feature of this program is that five years of management experience is required instead of an undergraduate major in business. The program meets on weekends beginning in January and can be completed in three trimesters. For further information, phone the Fort Scott Education Center, extension 2974/4445.

Movies

PRESIDIO THEATER Friday, Oct. 7, The Van (R), 6 p.m.

Saturday, Oct. 8, Zorro (G), 2 p.m.

Saturday, Oct. 8, Wizards (PG), 6 p.m. Sunday, Oct. 9, Final Chapter Walking Tall (R), 6

p.m. **Monday,** Oct. 9, Final Chapter Walking Tall (R), 6

p.m. Tuesday, Oct. 11, Moon-shine County Express (PG), 6 p.m.

Wednesday, Oct. 12, Futureworld (PG), 6 p.m. Thursday, Oct. 12, Joyride (R), 6 p.m. SCHWARTZ/LETTERMAN Friday, Oct. 7, Futureworld (PG), 7 p.m. Monday, Oct. 10, Joyride (R), 7 p.m.

Tuesday, Oct. 11, Sinbad and the Eye of the Tiger (G), 7 p.m.

Wednesday, Oct. 12, The Other Side of Midnight (R), 7 p.m.

Thursday, Oct. 13, The Little Girl Who Lives Down The Lane (PG), 7 p.m.

OAKLAND ARMY BASE

Monday, Oct. 10, The Other Side of Midnight (R), 6:30 p.m.
Thursday, Oct. 13, Thunder and Lightning (PG).

der and Lightning (PG), 6:30 p.m. Friday, Oct 14. Disney's

Friday, Oct. 14, Disney's The Gnome-Mobile (G), 6:30 p.m.



Star Presidian

The Star Presidian is an authorized unofficial offset Army newspaper, with a circulation of 5,000, published weekly under the provisions of AR360-81 by the Public Affairs Office, Presidio of San Francisco, CA 94129. Views and opinions expressed herein do not necessarily represent those of the Department of the Army. Editorial offices are located in Building 37. Newsroom telephone: (415) 561-3908 or 2005. Colonel John D. Hamilton, Sr., Commander Major Carole M. Campbell, Public Affairs Officer SP4 Rebecca S. Hall, Editor Pvt. Linda Spillane, reporter

Benefits after ETS

The first few months after separation from service can be filled with apprehension for GIs.

There are concerns — deep concerns — about casting adrift as a civilian in a sea of economic inflation

For the veteran who is concerned about supporting a family on a low-paying civilian job, the Army Reserve offers an added income.



The Army Reserve

With more than 400 skill opportunities, the Army Reserve lets the veteran continue as a citizen soldier in what was his active duty MOS, or train for a comletely new one.

A veteran who picks a unit in or near the community he plans to settle in may keep his active duty rank and be paid a prorated salary based on previous pay.

Reserve duty requirement is 16 hours a month and two weeks of active duty a year.

On this kind of schedule, a sergeant with three years of active duty behind him can earn about \$35 for each eight hours of Reserve training. This figures out to better than \$4 an hour and about \$71 a weekend.

Counting the pay for the two weeks of annual active duty training, the Reserve sergeant would earn nearly \$1,300 the year he signed up.

As a member of the Reserve, a veteran is eligible for low-cost Servicemen's Group Life Insurance that provides year-round coverage at a price that's impossible to heat

The Reservist pays only \$3.40 a month for \$20,000

yorth of insurance.

The Reservist is entitled to shop at the PX one day for each eight hours of training. Spouses can also use the PX and commissary during the annual training.

Education bennies

Gls are lucky that benefits do not end at the same time they complete their military commitment. A man or woman who has served more than 180 continuous days is eligible for a variety of programs under the Veterans Readjustment Benefits Act of 1966.

Among the post-service entitlements a GI enjoys are full-time schooling: farm cooperative training; apprenticeships and on-the-job training: flight training; tutorial assistance: work-study programs; vocational rehabilitation; and even educational loans.

Although soldiers with less than 18 months' active duty are eligible for one and a half months of full-time schooling for every month served, those with 18 months are entitled to 36 months of schooling.

The VA considers full-time institutional training to be 14 semester hours, unless the school can certify that its program requires less time.

A GI with 36 months of education entitlement is also eligible to receive up to nine months extra to finish his undergraduate studies.

A soldier with no dependents who is taking advantage of full-time schooling benefits will receive \$270 a month; \$321 with one dependent; \$366 with two; and \$22 for each additional dependent.

Apprenticeships

A qualified veteran must enter into an approved program of apprenticeship or other on-the-job training (OJT) on a full-time basis in order to be eligible for VA benefits.

All apprenticeships must meet the standards of the U.S. Secretary of Labor and a state approving agency.

The employer is required to pay the veteran apprentice at least half of what he will be paid when he is fully trained. The wages must then be increased on a regular schedule until the veteran is receiving 85 percent of regular wages.

Regardless of what the employer is paying, however, the apprentice or OJT candidate will receive VA benefits on the following schedule:

First six months: No dependents — \$196; one — \$220; two — \$240; \$10 for each additional.

Second six months: No dependents — \$147; one — \$171; two — \$191; \$10 for each additional.

Third six months: No dependents — \$98; one — \$122; two — \$142; \$10 for each additional.

Fourth and any succeeding six months: No dependents — \$49; one — \$73; two — \$93; \$10 for each additional.

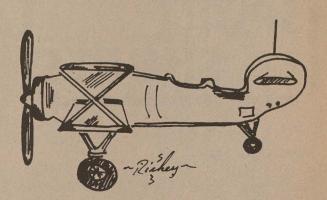
Reprinted from Tropic Lightening News

First Transcon Pilots to hold reunion at PSF

It was 58-years-ago, October 8, 1919, that a group of nearly 140 flying men assembled at Mineola Field, New York, and the Army air field at the Presidio of San Francisco for the First Transcontinental Reliability and Endurance Test.

One such team was made up of then Lieutenant Harold D. Smith and Corporal Earle A. Nutter, flying the New York to San Francisco route.

At least four of the six known living participants in the original flight, including Nutter, will gather at the Presidio on October 6 for two days of reminiscing and sightseeing. The reunion has been planned to dramatize military aviation progress from the formation of the Army Air Service in 1907 to the present U.S. Air Force now celebrating its 30th anniversary.



Another pilot in that original test, starting the San Francisco to New York run was a now familiar name in the Bay area — Major D.H. Crissy after whom the airfield at the Presidio is named.

Crissy and his co-pilot, SFC Virgil Thomas were both killed at Salt Lake City on the first day of the race, when their aircraft crashed after going into a stall and tailspin 150 feet above the Utah airfield.

That original race in 1919 gave birth to the airmail service as we know it today.

The dedication of Crissy Field took place November 3, 1919, less than a month after the Major's death. The selection of the field site was made by Major Henry H. (Hap) Arnold, who was its First Commander, serving in that position until October 1, 1921. He later became General of the Army Air Corps.

Preventative tactics can pay off

By SSgt. Don Delver

Personal safety is, or should be, the concern of everyone living on the Presidio. The Provost Marshal would like to pass on a few tips on how to minimize the chances that you will be the victim of a violent attack.

You should prepare yourself psychologically first, by accepting the fact that you are a potential victim for violent attack. Start educating yourself on preventative tactics and begin to formulate alternatives if confronted by an attacker. Become aware of locations and situations where an attack might occur. Let's consider a few things that you should be doing now.

On the street, stay in well lighted areas. Walk near the curb and away from alleys and doorways. Don't stop to talk with strangers who try to engage you in conversation, ask you for money, or for a light. Keep directions or information short and simple and don't allow strangers to get too close to you. If you are going out for the evening, don't go alone, and don't become so intoxicated you cannot run or fight back if assaulted. Don't carry large amounts of money and don't flash the money you are carrying. If someone is following you, go to a lighted business, restaurant or bar and call the police.

In your home, keep bushes and shrubbery well trimmed to preclude their being used to conceal attackers. Never hide a key over the door frame or in a flower pot or under the door mat. If you are a single female, don't list your full name in the phone book. Use



your initials and your last name. Under no circumstances should you admit strangers into your home. If an unexpected repairman or salesman calls, check his identification and if any doubts exist, call his company before admitting him into your home.

Always lock your car when entering or leaving it, and when downtown it is best to leave the windows up as well when riding. Look in the back seat before getting in to see if anyone is hiding there, even if the door was locked. Have your keys in hand when approaching the car, so you are not delayed getting in. If strangers are loitering near your car, be cautious. If alone, it is safer not to offer help to a motorist stranded on the highway. Instead, drive to a phone booth and notify police or the highway patrol.

Much of this advice, if followed, would require you to restrict your lifestyle somewhat. It is tragic that the law abiding must suffer because of the few lawless people who make our streets unsafe. But the facts indicate that the likelihood you may become a victim of a violent attack is increasing, and unless you are willing to make some changes in your lifestyle and become more aware and concerned about your personal safety, there is likely to be little decrease in the number of violent crimes. For further information on this or any other crime problem, contact the Provost Marshal's Crime Prevention Section at 561-5011. Help them, help you.



What's one thing you dislike about the Army and what would you do to change it?

SP5 Reid Merley, 6th Army — "I dont think there should be a caste system existing between officers and enlisted. The system should resemble the system of rank that the television series STAR TREK had. There should be all officers.





SP5 Bobby Brooks, 6th Army — "There is nothing I dislike about the Army. Even though I feel the formations should be changed in our unit from every day to once a week, as everything can be done in one weekly formation.

SP5 Tom Tatman, 6th Army—"I feel that the traditions the Army has established through its existence contain many outdated roles. And if the roles were changed the people in the Army would enjoy their jobs more."



SP5 Roland J. Cummins, 6th Army — "I dislike the caste system used by the Army because it allows incompetent persons to hold positions over others who are more qualified and more competent. To help solve this problem promotions should be based on personal ability and not on time spent merely existing as a serviceman."



SPORT SHORTS

Trout plants

If water, weather, and road conditions are favorable, the following waters will be stocked with catchable trout this week by the Department of Fish and Game: San Luis Obispo County — Lopez Reservoir



Tennis tips

6. The Lob: The lob is executed similar to that of the forehand or backhand drive in that contact should be made slightly under the ball with the racquet face open. Finish the stroke with a short follow through keeping a firm wrist.

Next week look for the next tennis tip . . . The Return of the Serve. For more information contact George Collier at 883-3023.

CISM

The United States and Fort Benning, Ga. will host the XVIII Conseil International du Sport Militaire (CISM) shooting championships, beginning October 15.

The week-long event will match shooters from 15 countries in 25-meter standard pistol and 25-meter rapid fire pistol events as well as 300-meter standard rifle and 300-meter rapid fire rifle contests.

Army shooters on the pistol team are Sergeant Major Emil W. Heugatter, Sergeant First Class Bonnie Harmon and Staff Sergeants Marvin Black and Thomas Woods.

Major Lones Wigger, and First Lieutenants Robert Aylward, Ray Carter, Dick Floyd and Philip Cannella, Jr. are the Army members of the rifle team. Army members of both teams are assigned to the U.S. Army Markmanship Unit at Benning.

Other U.S. services representatives on the teams are: Lieutenant Commander Webster Wright, Navy; Sergeant Bobby Tiner, Air Force; and Sergeant Michael Bonafeda of the Marines.

Fifty countries belong to the Conseil. Participation in the various CISM events is at the option of each country.

Space-A fees announced

Starting Oct. 1, space available passengers manifested by the Military Airlift Command (MAC) on international flights will be charged \$10 to help pay for the cost of processing at terminals.

The service charge was directed by Congress to help make the Space-A system self-supporting until further study of this transportation category can be completed. Accordingly, the Air Force Fiscal Year 1978 budget was reduced by \$3.5 million, anticipating that this amount could be recouped through the new charge.

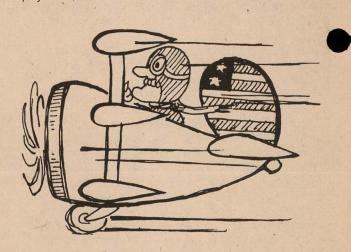
According to Air Force transportation officials, the \$10 fee will be a one-time only charge for a one-way trip. As long as a passenger continues toward the original destination, he or she will not be required to make payments at any stops enroute unless they decide to layover or change the original destination.

The passenger will not have to pay an additional fee if he or she is "bumped" or if the flight is diverted from the original destination. Terminals which handle fewer than 1,000 Space-A passengers annually will not be required to charge the fee because it would cost more to administer the program at those terminals than the military services could recover.

Kwang Ju AB, Korea; Prestwick, Scotland; and Pisa, Italy are examples of terminals which process fewer than 1,000 Space-A passengers annually and where the \$10 fee will not be required.

Since May 1977, Space-A passengers on MAC Commercial Contract Flights have paid a separate \$3 head tax plus a \$2 processing fee on flights departing the United States, including Alaska and Hawaii. The tax is required by Federal Law and is also paid by civilians using commercial airports. The \$2 processing fee will be dropped Oct. 1. The \$3 tax will remain for flights outbound from the United States.

MAC is the Department of Defense's executive agent for air transportation and operates most military terminals and passenger service facilities. There are some facilities not operated directly by MAC, but Space-A passengers departing those locations are generally processed under MAC procedures and mjst pay the \$10.



For example, the Navy operates the MAC terminal at ROTA Naval Air Station, Spain. At Naples, Italy, a civilian contractor operates the terminal for MAC.

Space-A passengers manifested under MAC procedures at those locations will be required to pay the \$10 fee even though they may actually be flying on Navy or commercial contract aircraft.

International flights are defined as those from overseas to the continental United States, CONUS to overseas and from one overseas area to another. Alaska, Hawaii, the Panama Canal Zone and U.S. Possessions are considered overseas areas.

The \$10 space available fee will not apply to service members and their families traveling on orders as "space required" passengers.



Star Presidian

Volume 20, No. 42

Presidio of San Francisco

Friday, October 14, 1977

VOLAR: my boots are black



By Ray Chattman

Sometimes I actually resent the fact that I am not an "old soldier." Being in the VOLAR force has its definite advantages, but when we young troops are caught in an office bull session, I'm the one that really gets mad.

I miss not having been in the brown shoe Army; the fact that I wasn't in the Academy Class of '48 and the fact that I have no war stories to tell.

The absent war stories bug me the most. I think I'm constantly trying to create my own vivid remembrances, just to fill the void.

.There we were, deep behind enemy lines, in the middle of the damn jungle. They were all around us - they knew exactly where we were, but I didn't know where they were — They were hiding. We tried not to make any noise, half hoping to slip from their grasp. Then, it happened. They heard one of my men recklessly field-strippping a Marlboro. Ping-zing! Rat-tat-tat! Blam! Blam! The sounds of war were all around us. My first thought wasn't for myself - I immediately low-crawled over and told the jerk that he should have eaten the cigarette instead of risking the field-stripping procedure. On the spot corrections have always been a pet peeve of mine. Anyway, the enemy was beginning to show itself now. The last thing I remember, I was thinking of my wife and kids back home, and my good neighbor, Hal, who swore that he would take good care of them for me. I always hated Hal. They wouldn't allow him to go because of his terminal athlete's foot. Suddenly I felt a burning pain within my left boot - my athlete's foot had always been worse than Hal's anyway ...

I try to always stop the story before anyone asks how it ends. I'm never really sure myself. But then, I'm not an old warrior.

It upsets me that I can't talk about those things and be believed. I can't get enough fire to burn in my eyes when I wistfully recall the old days.

On the other hand, there are more than war stories to contend with when trapped on one of these sessions. The other instrument the old soldiers use to torture me with is the old Army, the real Army ...THE BROWN SHOE ARMY.

The grizzled old troop looks disdainfully in my direction, squinting with one eye and pretending the sun just rose over the Xerox machine.

"I remember ..." That's how they always start out. I brace myself against the nearest wall and prepare

my mind for some tale which could take up to an hour-and-a-half, depending upon whether or not the boss is out.

"... I remember when we had an Army with real guts. We had spirit, we had unit pride, we had what it takes. If we saw a sailor or a Marine, we would just instantly go beat his butt. It was the principal of the thing. Now-a-days all we get are sniveling young punks, lookit him, the little scrub. Hasn't even started shaving yet. Do you drink kid? Anything besides milk? I mean Heh-heh. When the Army only let MEN in, you never saw anybody with their hair parted down the middle - hell, they never had any hair at all. And the few longhairs that did manage to sneak in, well, we took care of them real quick. The 'First Shirt' would just take them pinkos out behind the barracks and make them see the errors of their ways. And if the guy could walk back, he had more detail work than he could handle. You ever dig a 6 by 6 before, kid? Well, you just ..."

(During these kinds of bull sessions, it is best to stand up rather than ease into a chair and wait out he rantings. When you sit, it's too easy for them to look down on you. Also, it is easier to keep from falling asleep when standing.)

Suddenly, I look down and notice my boots aren't brown; a smile creases my face. Joke's on you, guys. My boots are black.

All of which forces the point of all this to the front: This is not a wartime Army. This is not a brown shoe Army. This is a volunteer Army. We, the young troopers, volunteered to serve. We didn't know about the "good old days" syndrome when we said we'd support and defend the Constitution, President and nation, but we go along with it. We did volunteer.

We ALL need remember just one small thing: without the old soldiers the Army would never have lasted; without the young ones though, it will never survive.

But sometimes, I still get pretty mad.

Join the PSF fall clean-up club

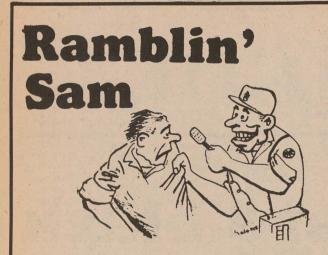


The Presidio Fall Cleanup Campaign is being conducted now. It started on October 13 and will run to the 19th. The most essential elements of any campaign are the people involved in carrying out the mission. In order to get the entire Presidio community involved in this cleanup effort, Col. John D. Hamilton, Presidio Commander, has requested all senior occupants of the government buildings and facilities on the Presidio and its sub-posts to organize and coordinate a cleanup effort by all occupants of their respective buildings or facilities.

As an involved individual within your building or facility, it is suggested that you enthusiastically cooperate in this Fall Cleanup Campaign. Your efforts should include: an area beautification effort in the area surrounding (25 meter distance) your respective building or facility; a coordinated effort to clean out and sort out useless items within your own internal area; and the development and maintenance of good area beautification habits that hopefully will be practiced on a regular basis.

While your efforts are especially requested during the period of the Fall Cleanup Campaign, it is hoped that this program will result in improved area beautification habits. Remember, the success of this campaign depends on you.

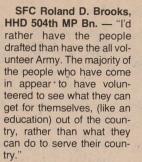
There will be a trash pick-up on Saturday, October 15. Trucks will be making a run throughout the post and quarters area. Any questions should be directed to your immediate supervisor. Please help in the Presidio's Fall cleanup effort.



Do you like the all volunteer Army or would you prefer the old "brown boot" Army? SP5 Janice Rodney, Personnel Actions — "Looking at it as a woman, the men should stop using us for their convenience, in that when they want us to be women, we then have to assume that role. But when they need us to be soldiers, that is what we become and then they use it to their convenience."



SP5 Craig Reed, COM-PACT—"I like the all volunteer Army. However I don't think it is going to continue because our benefits are rapidly being taken away. And the fact that they give us a raise and then they turn around and take it all back with inflation, taxes etc. Our raises never match the cost of living increases."







PV2 Cathy Tennie, 6th Army Chaplains Office — "I like the all volunteer Army because I appreciate the freedom that it allows each soldier. However, I think the draft got a good cross section of America which was to the Army's benefit."

WHAT'S HAPPENING

Disabled vets

If you are a totally disabled veteran, you may be eligible to waive premium payments on your National Service Life Insurance (NSLI) policy.

All NSLI policies dating back to World War II, "provide for a waiver of premium payments in the event a veteran becomes totally disabled." Should you become totally disabled before reaching age 65, and should the disability be in existence for at least six consecutive months, you might not have to continue payment of premiums.

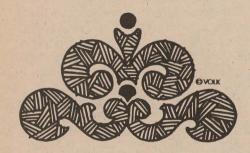
The waiver is NOT automatic! The disabled veteran must apply for a waiver. Refunds of already paid premiums "following the occurrence of a disability are usually limited to one year prior to the filing of the claim."

More information is available from a Veterans Benefits Counselor at the nearest VA Regional Office, VA Office or from a local veterans service organization representative. (FORSCOM)

Toastmistress master club

A joint luncheon meeting of the Presidiannes Toastmistress Club and the Presidio Toastmasters Club was held on Wednesday, September 21 1977, in Building 135. Both clubs shared in the program. Toastmaster for the day was Milo Bacon. Highlights of the program included Table Topics (Ruth Lee), Joke (Ben Horn), Speeches (Mary Goodsell and Dan Coleman), evaluation of speakers (Jack Arndt and Emily Bilby), and master evaluator comments (Bowman Olds and Mickey Heiberger).

Membership in Toastmaster and Toastmistress clubs is open to both men and women employed on the Presidio, and the clubs welcome new members. Meetings are held twice monthly in conjunction with the lunch hour and, except for special occasions, it is usually "bring your own brown bag".



Band concert

The Sixth Army Band will present a concert on Wednesday, October 19, at 7:30 p.m., at the Presidio Playhouse.

The program will include the Raymond Overture, Aegean Festival Overture, Man of LaMancha, and America the Beautiful.

The concert is free and the public is invited to attend.

USO news

San Francisco USO offers its regular informationn and referral services seven days a week - sightseeing, information, maps of the city, free and discount tickets to theaters, sports and cultural events. Drop in and have a cup of coffee or tea at San Francisco USO Center, 375 O'Farrell St., telephone, 776-3100.

On Saturday, October 22 there will be a pingpong tournament at 5 p.m., free entry, with many big prizes! Daryl Wallace of Treasure Island, and Ricardo Cortinas, Presidio, are the co-chairmen. Refreshments will be served and there will be a Disco Dance at 8 p.m.



Membership coffee

The Enlisted Men's Wives' Club will hold a membership coffee on October 20 at 9:30 a.m. in the Prince Room of the Recreation Center. All enlisted men's wives are cordially invited. There will be free babysitting at the post nursery. For further information please call Rosa Parham, 386-5057 or Jo Leach 561-3550.

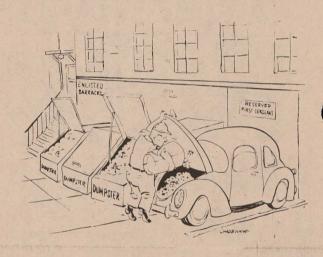


Cigarette prices rise

Cigarette prices in exchanges have been raised due to cost price increases from manufacturers, the Army and Air Force Exchange Service (AAFES) has announced.

For cigarettes sold in CONUS, Alaska and Hawaii exchanges, prices were increased on Sept. 25. Carton prices for regular and king size cigarettes increased from \$3.55 to \$3.75, and all 100mm sizes changed from \$3.65 to \$3.85. Individual packs of all size cigarettes increased five cents to 45 cents.

Price increases on tax-free cigarettes sold by AAFES in overseas areas will affect merchandise from two companies which have announced cost price increases. Regular and king size carton prices will increase from \$2.85 to \$3.05, and 100mm size will change from \$2.95 to \$3.15 a carton. These price changes will take effect on Nov. 24.



Movies

Presidio Theater

Friday, Oct. 14, Sinbad and the Eye of the Tiger (G), 6

Saturday, Oct. 15, Sinbad and the Eye of the Tiger (G), 2 and 6 p.m.

Sunday, Oct. 16, The Other Side of Midnight (R), 6 p.m. Monday, Oct. 17, The Other Side of Midnight (R), 6 p.m. Tuesday, Oct. 18, The Little Girl Who Lives Down the Lane (PG), 6 p.m.

Wednesday, Oct. 19, Mother, Jugs and Speed (PG), 6 p.m.

Thursday, Oct. 20, Thunder and Lightning (PG), 6 p.m.

SCHWARTZ/LETTERMAN Friday, Oct. 14, Mother, Jugs and Speed (PG), 7

Monday, Oct. 17, Thunder and Lightning (PG), 7 p.m. Tuesday, Oct. 18, The Gnome-Mobile (G), 7 p.m. Wednesday, Oct. 19, A Bridge Too Far (PG), 7 p.m. Thursday, Oct. 20, Death Race 2000 (R), 7 p.m.

OAKLAND ARMY BASE Monday, Oct. 17, A Bridge Too Far (PG), 6:30 p.m. Thursday, Oct. 20, The Cassandra Crossing (R), 6:30 p.m. Friday, Oct. 21, Grand Theft Auto (PG), 6:30 p.m.



Star Presidian

The Star Presidian is an authorized unofficial offset Army newspaper, with a circulation of 5,000, published weekly under the provisions of AR360-81 by the Public Affairs Office, Presidio of San Francisco, CA 94129. Views and opinions expressed herein do not necessarily represent those of the Department of the Army. Editorial offices are located in Building 37. Newsroom telephone: (415) 561-3908 or 2005. Colonel John D. Hamilton, Sr., Commander Major Carole M. Campbell, Public Affairs Officer SP4 Rebecca S. Hall, Editor Pvt. Linda Spillane, reporter

Monthly military basic pay after pay hike

Commissioned Officers

Pay														
Grade	Under 2	2	3	4	6	8	10	12	14	16	18	20	22	26
0-10	\$3126.30	\$3236.40	\$3236.40	\$3236.40	\$3236.40	\$3360.30	\$3360.30	\$3406.80	\$3618.00	\$3650.40	\$3876.60	\$3894.60	\$4136.10	\$3958.20
0-9	2770.80	2843.70	2904.00	2904.00	2904.00	2978.10	2978.10	3101.40	3101.40	3360.30	3360.30	3406.80	3618.00	3650.40
0-8	2509.50	2584.80	2646.30	2646.30	2646.30	2843.70	2843.70	2978.10	2978.10	3101.40	3236.40	3360.30	3495.00	3495.00
0-7	2085.30	2227.20	2227.20	2227.20	2326.80	2326.80	2462.10	2462.10	2584.80	2843.70	3039.00	3039.00	3039.00	3039.00
0-6	1545.60	1698.60	1809.00	1809.00	1809.00	1809.00	1809.00	1809.00	1870.50	2166.90	2277.60	2326.80	2462.10	2670.00
0-5	1236.30	1452.00	1551.90	1551.90	1551.90	1551.90	1599.30	1684.80	1797.30	1932.30	2043.30	2104.80	2178.60	2178.60
0-4	1042.20	1268.40	1353.60	1353.60	1378.20	1439.70	1537.50	1624.20	1698.60	1772.40	1821.90	1821.90	1821.90	1821.90
0-3	968.40	1082.70	1157.10	1280.40	1341.60	1390.20	1464.60	1537.50	1575.30	1575.30	1575.30	1575.30	1575.30	1575.30
0-2	844.20	922.20	1107.90	1145.10	1168.80	1168.80	1168.80	1168.80	1168.80	1168.80	1168.80	1168.80	1168.80	1168.80
0-1	732.90	762.90	922.20	922.20	922.20	922.20	922.20	922.20	922.20	922.20	922.20	922.20	922.20	922.20

Commissioned Officers With More Than 4 Years Of Active Service as Enlisteds

			Comm	lissioned O	incers w	itii wiore	THAI 4 TO	ars or nec						
0-3 0-2 0-1	Under 2	2 =	3 =	\$1280.40 1145.10 922.20	6 \$1341.60 1168.80 984.90	8 \$1390.20 1206.00 1021.50	10 \$1464.60 1268.40 1058.40	\$1537.50 1317.30 1095.30	14 \$1599.30 1353.60 1145.10	\$1599.30 1353.60 1145.10	18 \$1599.30 1353.60 1145.10	20 \$1599.30 1353.60 1145.10	\$1599.30 1353.60 1145.10	26 \$1599.30 1353.60 1145.10
							Enlisted							
Pay														
Grade	Under 2	2	3	4	6	8	10	12	14	16	18	20	22	26
E-9	0	0	0	0	0	0	1120.80	1146.30	1172.40	1199.40	1225.80	1249.80	1315.80	1443.30
E-8	0	0	0	0	0	940.50	966.60	992.40	1044.90	1044.90	1069.20	1095.60	1159.80	1289.40
E-7	\$656.70	708.60	735.00	760.50	786.90	811.50	837.30	863.70	902.70	928.20	954.30	966.60	1031.70	1159.80
E-6	567.00	618.30	644.10	671.10	696.00	721.80	748.20	786.90	811.50	837.30	850.20	850.20	850.20	850.20
E-5	498.00	541.80	568.20	592.80	631.50	657.30	683.70	708.60	721.80	721.80	721.80	721.80	721.80	721.80
E-4	478.50	505.20	534.90	576.60	599.40	599.40	599.40	599.40	599.40	599.40	599.40	599.40	599.40	599.40
E-3	460.20	485.40	504.90	525.00	525.00	525.00	525.00	525.00	525.00	525.00	525.00	525.00	525.00	525.00
E-2	443.10	443.10	443.10	443.10	443.10	443.10	443.10	443.10	443.10	443.10	443.10	433.10	433.10	443.10
E-1	397.50	397.50	397.50	397.50	397.50	397.50	397.50	397.50	397.50	397.50	397.50	397.50	397.50	397.50
						Warr	ant Officer	·s						
	Under 2	2	3	4	6	8	10	12	14	16	18	20	22	26
W-4	\$986.40	\$1058.40	\$1058.40	\$1082.70	\$1131.90	\$1181.70	\$1231.20	\$1317.30	\$1378.20	\$1427.10	\$1464.60	\$1512.90	\$1563.30	\$1684.80
W-3	897.00	972.90	972.90	984.90	996.60	1069.50	1131.90	1168.80	1206.00	1242.00	1280.40	1329.90	1378.20	1427.10
W-2	785.40	849.30	849.30	874.20	922.20	972.90	1009.50	1046.40	1082.70	1120.50	1157.10	1193.70	1242.00	1242.00
W-1	654.30	750.30	750.30	812.70	849.30	886.20	922.20	960.30	996.60	1033.50	1069.50	1107.90	1107.90	1107.90



The President has exercised his authority under Public Law 94-361 to reallocate 12 percent of the October 1 military basic pay increase to the Basic Allowance for Quarters (BAQ).

Members of the armed forces without dependents who are on sea or field duty, or who reside in military bachelor quarters, will receive an increase in the partial BAQ equal to the difference between the amount of increase which would have been paid had the reallocation not been made and the amount of increase which will result from the reallocation.

The military pay raise this year is 7.05 percent applied equally to basic pay, BAQ and the subsistence allowance (BAS). Under the reallocation, the basic pay increase will be 6.20 percent. The BAQ increase will range from 10.28 percent to 14.24 percent depending on grade. BAS will increase 7.05 percent.

Public Law 94-361 gives the President discretionary authority to reallocate up to 25 percent of military basic pay increases to the nontaxable basic allowances for

quarters (BAQ) and subsistence BAS). However, the President has elected this year not to reallocate the full 25 percent allowable under the law. This action was taken out of concern for the advser impact which reallocation has on some military personnel.

In addition, 12 percent reallocation was selected so as not to prejudge the conclusions of the current ongoing study of military compensation by the President's commission on military compensation.

The intent of reallocation is to raise the BAQ and BAS rates to more appropriate levels. The average cost of off-post housing is still above current BAQ rates. Therefore, 12 percent reallocation continues the movement toward improving the current relationship of the quarters allowance to off-post housing costs and, at the same time, is sensitive to the needs of military members. In the judgment of the President conditions do not dictate a reallocation to the subsistence allowance this year.



WO pockets bucks for suggestion

Soldiers arriving at the US Army Separation and Transfer Point at Oakland Army Base from the various Far East commands on Friday evening used to have to wait until Monday to be processed. Not any more.

Though they still cannot be processed over the weekend, that is no longer a problem because they are not arriving there on Friday anymore.

A suggestion submitted by Army Warrant Officer Frederick G. Wade, who is operations officer at the transfer point, resulted in scheduling changes for persons returning to the United States for separation. They now arrive only from Sunday through Thursday, and are separated the following day.



Not only does it save the soldier a two to three day delay in getting out of the Army and on his way home, but it saves the Army more than \$80,000 a year in salaries by not having to pay for those extra days spent in processing.

Under the suggestion program WO Wade received an award of \$1,110, one of the biggest such awards ever paid at the Presidio.

CFC halfway update

Presidio's Combined Federal Campaign, which started September 9 has already reached its halfway mark, and has only three more campaign weeks left.

So far, the Presidio has had only 22 percent of its people contributing. The total amount of money pledged comes to \$12,120 averaging \$22.50 per donor. Army wide participation has come to 33 percent, for a money total of \$56,915.

"Through one gift to the Combined Federal Campaign we can help these voluntary agencies provide

help to those in our community who need it - the aged, the sick, the handicapped, the poverty stricken, and the young," stated President of the United States Jimmy Carter in a recent memorandum.

This combined concept of fund raising among federal employees reduces administrative costs, meets employees wishes for a single campaign, and provides increased financial support for these voluntary agencies with payroll deduction privileges. The results of CFC are far-reaching, so give your fair share and we all win!

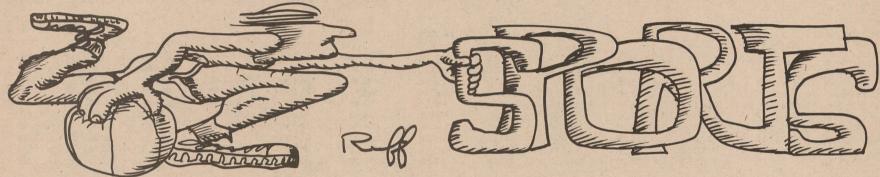


		EW FEDE					
2	3	4	5	6	7	8	

YEARS IN SERVICE	1	2	3	4	5	6	7	8	9	10
GS-1	\$ 6,219	\$ 6,426	\$ 6,633	\$ 6,840	\$ 7,047	\$ 7,254	\$ 7,461	\$ 7,668	\$ 7,875	\$ 8,082
GS-2	7,035	7,270	7,505	7.740	7,975	8,210	8,445	8,680	8,915	9,150
GS-3	7,930	8.194	8,458	8,722	8,986	9,250	9,514	9,778	10,042	10,306
GS-4	8,902	9,199	9,496	9,793	10,090	10,387	10,684	10,981	11,278	11,575
GS-5	9,959	10.291	10,623	10,955	11,287	11,619	11,951	12,283	12,615	12,947
GS-6	11,101	11,471	11,841	12,211	12,581	12,951	13,321	13,691	14,061	14,431
GS-7	12,336	12,747	13,158	13,569	13,980	14,391	14,802	15,213	15,624	16,035
GS-8	13,662	14,117	14,572	15,027	15,482	15,937	16,392	16,847	17,304	17,757
GS-9	15.090	15.593	16,096	16,599	17,102	17,605	18,108	18,611	19,114	19,617
GS-10	16,618	17,172	17,726	18,280	18,834	19,388	19,942	20,496	21,050	21,604
GS-11	18,258	18.867	19,476	20.085	20,694	21,303	21,912	22,521	23,130	23,739
GS-12	21,883	22,612	23,341	24,070 /	24,799	25,528	26,257	26,986	27,715	28,444
GS-13	26.022	26,889	27,756	28,623	29,490	30,357	31,224	32,091	32,958	33,825
GS-14	30,750	31,775	32,800	33,825	34,850	35,875	36,900	37,925	38,950	39,975
GS-15	36,171	37,377	38,583	39,789	40,995	42,201	43,407	44,613	45,819	47,025
GS-16	42,423	43.837	45,251	46,665	*48.079	*49,493	*50,907	*52,321	*53,735	
GS-17	*49,696	*51,353	*53,010	*54,667	*56,324					
GS-18	*58,245									

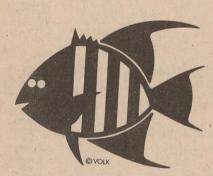
*The rate of pay for employees at these rates would be limited by section 5308 of title 5 of the United States Code to the rate for the level V of the Executive Schedule which, pursuant to Public Law 95-66, would remain \$47,500.





Flag football standings

	47.	
Presidio League	W	L
LAMC	4	2
USS Fanning	4	2
864th Engrs.	4	2
USAG	4	3
666th Radar Sqdn.	3	3
170th MP Co	2	5
AFEES	1	5
Ft. Scott League		
402d MP Co	7	0
LAIR	6	1
16th BPO	4	3
USS Flint	2	2
USS Hepburn	3	4
USPHS	2	4
HQ 6th Army	1	5
WRRC	0	6



Trout plants

If water, weather, and road conditions are favorable, the following waters will be stocked with catchable trout this week by the Department of Fish and Game:

Alameda County — Lake Chabot, Shadow Cliff

Lake
Contra Costa County — Lafayette Reservoir, San

Pablo Reservoir
Lake County — Upper Blue Lake
San Francisco County — Lake Merced
Santa Cruz County — Pinto Lake

Notes from the kegboard

Presidio League	W	L
USACC	4	0
LAMC No 1	4	0
Spt. Elm No. 1	3	1
USASSG	3	1
163rd MP Det.	1	3
LAIR No. 1	1	3
Courier Sta.	0	4
51st Eng.	0	4
USAG No. 1	Inc	
93rd MI Bn	Inc.	
Reg. IX	BYE	

Gymnastic classes

Gymnastic Classes are proposed for adult ladies; dependent and/or active duty. Classes would be conducted at the Ft. Scott Gymnasium on Monday, Wednesday and Fridays, commencing November 7, from 8:30-10:30 a.m. The cost for the instructor would be pro-rated. The instructors are Mr. Oleg Kofman and Fred Voskogoynikov, recently arrived in this country from Russia. No experience necessary.

Beginners, intermediate and advanced classes will be conducted, providing sufficient registration is received. For additional information and/or sign up, contact the Main Post Gymnasium, telephone 4120/5032.

Pre-ski program

The Central YMCA's popular pre-ski conditioning program will be offered again this year beginning October 20 from 6:30 - 8 p.m. This eight week course will be held on Tuesdays and Thursdays at 220 Golden Gate Avenue, and preregistration is advised.

The program is designed to prepare participants for downhill and cross-country skiing by improving strength, flexibility, endurance, and coordination; thereby lessening muscle soreness and injuries on the slopes

Prepare yourself; call Central YMCA at 885-0460.

Teeny Tiny Tots swim

Teeny Tiny Tots swim lessons to start again soon. For information and registration call Alice Hipsley at 221-0574



Tennis clinic

A Ladies Tennis Clinic will be conducted Octob 19, Wednesday, between 1-3 p.m. at the Ft. Scor Tennis Courts. The clinic will be conducted by Mr. George Collier. All interested women, active duty, dependents and retired are welcome. Call 561-2614 for more information.

Is Jumping Rope for



EVERYONE?

Nonsense rhymes of childhood have been replaced by wheezing gasps of exertion as adult Americans work to bring down their weight and build up their stamina by skipping rope.

Until the current physical fitnesss campaign in the military and throughout the Nation, virtually the only adults with jump ropes were prizefighters, for whom the exercise is as traditional as a cauliflower ear. Trainers long have known that jumping rope regularly can increase a boxer's endurance. And more recently, basketball stars, tennis players, and other athletes have been taking up the activity to keep in condition.

Now it seems as though everyone, from actresses and airline pilots to welders and truck drivers, is hopping inside a whirling loop as jump ropes move from gyms to back yards and basements - wherever there's enough room to avoid snagging the furniture.

Fans insist that a 10-minute workout with a rope is equal to half an hour of jogging. And, says one: "You don't have to go out in the rain and dodge traffic."

The benefits of jumping rope are being discussed everywhere from coffee klatsches to T.V. talk shows. The exercise is touted as a way to improve coordination, burn off some excess calories, replace fat with muscle, and strengthen the cardiovascular system.

But it can cause aching shins, sore joints, and backaches, too - unless the jumper wears soft-soled shoes, bends the knees, and jumps just high enough to clear the rope. Doctors also warn it can put undue stress on the heart if overdone. Before seriously undertaking such a fad exercise that could be harmful, would-be jumpers are cautioned to seek medical advice on this or any other intensive exercise plan.

Veterans of all conflicts to be honored on Monday

Veterans Day is the day we set aside to honor the vast legions of Americans whose actions testified to their devotion to our country. It is a day to honor those who died in conflict, and show respect to those who survived. It has been their sacrifice and their service which have kept this country free and protected. This is the land of the free only because it has been the home of the brave.

Veterans Day, as we know it, began as Armistice Day when the signing of a truce ended World War I on November 11, 1918 — at the 11th hour of the 11th day of the 11th month.

In 1954, President Eisenhower signed the bill proclaiming November 11 Veteran's Day, calling for Americans everywhere to rededicate themselves to the cause of peace. Additional significance was given to Veterans Day in 1958 when two more unindentified American war dead were brought to Arlington Cemetery from overseas and interred beside the World War I

soldier. One was killed in World War II, the other in Korea. A law passed in 1973 provides for the future interment of an unknown American soldier killed in Vietnam if unidentified remains are discovered.

In 1971, as the result of Congressional legislation, the last Monday of October was designated Veterans Day. Recent Congressional legislation changes Veterans Day back to November 11 starting in 1978. While the name and the date have changed through the years, the purpose of the holiday has remained the same — to pay tribute to American servicemen who have protected our heritage of freedom.

Our Veterans are a source of pride to our nation. They exemplify the kind of dedication and sacrifice needed for safeguarding freedom. We honor them on October 24. Let us dignify them. . .and their contributions to the cause of freedom. . .by rededicating ourselves to this same cause all the days of our lives.

Star Presidian

Volume 20, No. 43

Presidio of San Francisco

Friday, October 21, 1977

Retired chaplain commends SAO

For most people, death is not a pleasant topic to think about or to discuss. But, for the personnel working in Presidio's Survivor Assistance Office (SAO) it is all in a day's work.

TETTERANS

DAY * 24 Oct

The SAO is set up to assist the survivor or the next of kin (NOK) in any way that might be helpful.

For Active duty deaths, the SAO here has to act immediately because they handle all of Northern

California and Nevada. When an active duty member dies, the SAO has to react within four hours and has to find out all the vital information - about 73 items. In the information are all the details of the accident or the circumstances by which the individual died.

"When we are informed of a death, we set up the funeral for the family," stated SSgt. Carmen Boyer, NCOIC of SAO. "All the lady or gentleman (NOK) has

to do is contact us or have the funeral home contact the SAO and make the arrangements and we will take care of the rest.

In a recent letter to the Officer in Charge of Survivor Assistance, Chaplain Herman J. Kregel, (Colonel) USA Retired, complimented the way military funerals were conducted.

"In my travels since retirement from active duty, I have heard many uncomplimentary comments about appearance, courtesy and manner of performance of personnel involved in the preparations and implementation of funerals for retired military. During the past week I assisted the survivors of a late Chaplain. . following his sudden death. . and conducted the committal service at Golden Gate National Cemetery.

"The courteous cooperation, consideration and suggestions given by members of your (SAO) staff to both me and the family members at various times during the period of preparation were not only of exceptionally high calibre, but went beyond the routine expectations and 'call of duty'. I also greatly appreciated the flexibility and readiness to adjust to the changing requirements and conditions as they developed through change of residence and 'civilian interference,' " explained Chap. Kregel.

"As a former Post Chaplain at both Fort Meyer (where funerals at Arlington were one of my major responsibilities) and at the U.S.M.A. at West Point, I am well aware of the many possible difficulties and hitches that can occur, making me all the more appreciative of the superior quality of performance by all concerned.

"Last, but not least, is my appreciation of the professional appearance and performance of the funeral detail, from the initial report by the NCOIC to the post-committal honors and presentation of the flag to the next of kin. This would have brought credit to the commands of any military installation, including both of those mentioned above," Chap. Kregel concluded.

At the end of the 1977 fiscal year, the Presidio's SAO had assisted in 232 retiree funerals and 41 active duty funerals.

"One of the major things we have to deal with here is the anguish of some of the widows," says SSgt. Boyer. "I like working in SAO. I feel that I am really accomplishing something. It is depressing at times, but it's a very rewarding job in that we are doing something special for people."

"You really have to know how to get along with people to be able to work in this job," added Mrs. Ruby Poullard, SAO secretary.



Members of HQ Co. USAG's Funeral team fire a salute as part of the military funeral service.

WHAT'S HAPPENING

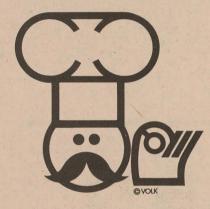
YMCA classes

Several practical and creative classes will be offered by Central YMCA, 220 Golden Gate Avenue, starting in November.

A new class in Disco Dance will be taught by dancer Ann Barrett at Fort Mason in cooperation with the Fort Mason Foundation and GGNRA. Also a new session of Ernie Haeusslein's popular Ballroom Dance class will start at Fort Mason on November 1

Photographer John Coley will teach an eight-week class tailored to the individual needs of the novice photographer. Jerrold Vistica offers practical classes in Buyer's Guide to Real Estate, How to Write a Book, How to Self-Publish Your Writing and How to Start a New Business.

For information on these and other classes call the Central YMCA at 885-0460.



Meal rate increase

Meal rates for the Presidio appropriated fund dining facilities increased effective Oct. 1. The rates are as follows:

		Other		Per Diem	
Meat	Duty Pers	Auth Pers	Surcharge	Surcharge	
Brkfast	\$0.55	\$0.65	\$0.30	\$0.85	
Lunch	\$1.15	\$1.20	\$0.30	\$1.70	
Dinner	\$1.15	\$1.20	\$0.30	\$1.70	
Lunch	\$1.15	\$1.20	\$0.30	\$1.70	

German class

A German language and culture orientation class will be held at the Fort Scott Education Center, Building 1216, Tuesday and Thursday, 4:30 - 6:30 p.m., November 1 to December 15. Students will learn practical German to be able to ask directions, order a meal, go shopping, exchange dollars, buy a train ticket, rent a hotel room, make a phone call, and much more.

Students who complete the course meet USAREUR'S requirement of completing Headstart-German within 30 days of arrival in Germany. There is no fee for the class. Military personnel, dependents and civilians alerted or on orders for Germany have priority for enrollment in the class. Others can enroll on a space available basis. Sign up for the class by calling, or visiting, the Fort Scott Education Center, ext. 4445/2974.

ROA luncheon

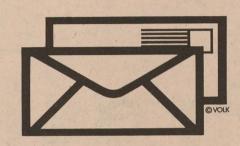
The San Francisco chapter of the Retired Officer Association will hold a luncheon October 27, at 11:30 a.m. at the Presidio Officer's Club. For more information contact Ben Horn, 885-4676. Reservations are

Uniform changeover

Military personnel wearing the Summer Uniform are reminded that the seasonal changeover date is the first Monday in November, November 7. Don't forget!

PX facilities closed

All Presidio Exchange facilities will be closed Monday, Oct. 24.



Christmas mailing dates

Location	Letters	Parcel Airlift (PAL)	Space Available (SAM)
Africa	7 Dec	18 Nov	11 Nov
Alaska	14 Dec	10 Dec	3 Dec
Australia	30 Nov	18 Nov	11 Nov
Caribbean/ West Indies	12 Dec	30 Nov	23 Nov
Central & South America	30 Nov	18 Nov	11 Nov
Europe	9 Dec	28 Nov	21 Nov
Far East	9 Dec	28 Nov	21 Nov
Greenland	7 Dec	1 Dec	25 Nov
Hawaii	14 Dec	N-O-T A-F	P-P-L-I-C-A-B-L-E
Iceland	12 Dec	30 Nov	23 Nov
Mid East	3 Dec	8 Nov	1 Nov
South East Asia	30 Nov	18 Nov	11 Nov

Suggested dates for mailing Christmas parcels to soldiers overseas in time for the holidays have been announced.

At press time, Turkey's ban against incoming parcel mail was still in force, although the Turkish government has temporarily lifted the ban for service members at Christmas over the past two years.

The 1977 schedule is a guideline to insure that packages arrive by Christmas, according to postal officials. However, they cautioned against mailing too late and encourage patrons to mail as early as possible. (ARNEWS)

Halloween party

Come in costume to spooky and eeeeeeerie San Francisco USO for the Halloween Dance, Saturday, October 29 at 8 p.m. Dress in horrible attire - as a witch, goblin, spook, or slithering ghost, or anything gruesome that strikes your fancy. Win the big prize for the best costume. We dare you to try! Or for the contrariness of it, come in blue jeans if you feel like it. Costumes are optional. John Schot, cartoon artist will be on hand, from 4-9 p.m. to draw your picture free. Refreshments all afternoon, and evening. San Francisco USO, Airline Terminal, 375 O'Farrell, phone

The Great Pumpkin Carving Contest will be held Thursday, October 27 and Friday, October 28, with judging on Saturday, October 29, the night of the Halloween dance. Make the most marvelous Great Pumpkin of them all! Pumpkins provided free. Prizes

Art show and auction

An Art Show and Art Auction will be sponsored by the Letterman Woman's Club on Friday, November 4, in the New Ball Room at the Presidio Officers' Club. The Robert Sills Gallery of Los Angeles will feature a wide variety of fine original graphics and oil paintings by well-known and lesser-known artists at affordable prices that you decide.

Come at 7 p.m. for a preview of all the works of art to be auctioned, and then bid on your favorites beginning at 8:30 p.m. Refreshments will be served. Bring a friend or a neighbor, enjoy the auction and be eligible for the doorprize — an original oil painting.

Movies

PRESIDIO THEATER Friday, Oct. 21, Thunder and Lightning (PG), 6 p.m.

Sunday, Oct. 23, A Bridge Too Far (PG), 6 p.m. Monday, Oct. 24, A Bridge Too Far (PG), 6 p.m. Tuesday, Oct. 25, A Bridge Too Far (PG), 6 p.m. Wednesday, Oct. 26, Sister Streetfighter (R), 6 p.m. Thursday, Oct. 27, Cas-

SCHWARTZ/LETTERMAN Friday, Oct. 21, Sister Streetfighter (R), 7 p.m. Monday, Oct. 24, Cassandra Crossing (R), 7 p.m. Tuesday, Oct. 25, Grand Theft Auto (PG), 7 p.m. Wednesday, Oct. 26, The Enforcer (R), 7 p.m.

Thursday, Oct. 27, Empire of the Ants (PG), 7 p.m.

OAKLAND ARMY BASE Monday, Oct. 24, The En forcer (R), 6:30 p.m. Thursday, Oct. 27, Exorcist II: The Heretic (R), 6:30 p.m. Friday, Oct. 28, The Bad News Bears In Breaking Training (PG), 6:30 p.m.



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Saturday, Oct. 22, The Gnome-Mobile (G), 2 and 6

sandra Crossing (R), 6 p.m.



Star Presidian

The Star Presidian is an authorized unofficial offset Army newspaper, with a circulation of 5,000, published weekly under the provisions of AR360-81 by the Public Affairs Office, Presidio of San Francisco, CA 94129. Views and opinions expressed herein do not necessarily represent those of the Department of the Army. Editorial offices are located in Building 37. Newsroom telephone: (415) 561-3908 or 2005. Colonel John D. Hamilton, Sr., Commander Major Carole M. Campbell, Public Affairs Officer SP4 Rebecca S. Hall, Editor PFC Linda Spillane, reporter



Are you happy that veteran's day is going back to the November 11th holiday or would you prefer the last Monday of October, the way it is now?

Sgt. Douglas Davis, 163rd MP Co.-"As far as I'm concerned it makes no difference what month the holiday is in. As long as it's on a Monday and I can get a three day weekend.'



Ms. Pat Nelson, 6th Chaplain's Office-"I'm glad it is going back to the 11th of November. I feel that it should not have been changed to begin with. It should have stayed the date it was when it was first estab-



Ms. Alberta Romanini, Incentive Awards Administrator-"I like it in November. I think it's a more meaningful date. It's the occasion that is memorable and not the expectation of a long weekend.



Sgt. Bernard Becker. PMO-"The November date in conjunction with WWI Armistace Day has no significance to me. I think we should set aside a day to honor veterans but the particular date is of no importance (just as long as it's on a Monday)."

Hallucinogens:

Used by

by SSat. Don Delver

This is the fourth and final article in the series on drugs of abuse. I would like to thank the following persons and organizations for their contributions and valued assistance in the preparation of these articles: Mr. William Gellerman of the Federal Drug Enforcement Agency, Ms. Anne Harrington of the San Francisco Police Narcotics Division, Ms. Eileen Henriques of the Presidio Alcohol and Drug Abuse Prevention Program, Ms. Karen Young and Mr. Jim Clancy of KTVU Channel 2 TV in Oakland and SSgt. Guy A. Donalson of the 7th Inf. Div. MPs. Thank you all.

Hallucinogens have been known to man for quite some time. Natural ones like Peyote, Bufotine and Ibogaine have been, and still are, used by primitive peoples in religious and other ceremonies. More recently, powerful mind altering drugs have been synthesized in laboratories, supplying the abuser with a new range of experiences, and the dope pusher with yet another big money market. In the 1960's, when these drugs first attained notoriety, they were known as psychedelics, and people who used them were said to go on a "trip." "Bad trip" was a street term coined to describe a frightening experience with the drug, a period of uncontrolled sensory distortion which could last 12 hours or longer with drugs like LSD. Because of limited space, only the most commonly abused hallucinogens will be discussed, though much of what is said applies to the rest of the group.

In order to fully appreciate the range of effects which the hallucinogens have on the body and brain of the user, and the reasons for the bizarre and unpredictable behavior associated with these drugs, it is first necessary to define some of the terminology related to hallucinogenic drugs. Hallucinations occur when one sees or hears something that isn't there. Illusions occur when one looks at something or hears something and his mind makes it look or sound like something else. In effect, he misinterprets what he saw or heard. Delusions are false beliefs or ideas with no basis in fact.

"The first major synthetic hallucinogen to gain national attention was LSD."

Hallucinations, Illusions and Delusions, long associated with mental illness, do occur occasionally in 'normal' people, especially during stressful times, or when the person is extremely fatigued or physically ill. It is this combination of illusions, delusions and hallucinations which is the principle effect of the various members of the hallucinogen group, and this selfinduced perceptual distortion makes the drug attractive to those who wish to see the world as the world is not. The same three components which made these drugs desirable, however, can and often do, turn on the abuser to create a chamber of horrors inside his head. The colorful fantasyland of intensely beautiful hues and pleasant music sought by so many 'trippers' often turns without warning into a non-stop nightmare of frightening experiences which seem completely real to the drug's victim.

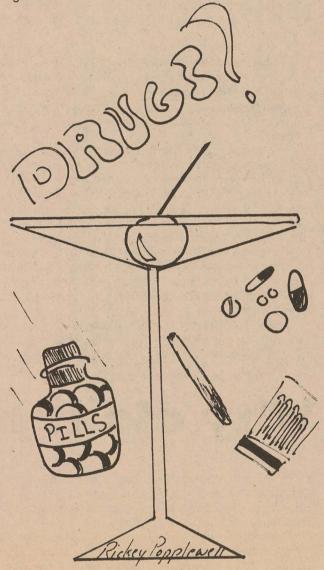
The first major synthetic hallucinogen to gain national attention was LSD. Lysergic Acid Diethylamide, LSD, is a colorless, odorless, tasteless liquid which can be put on almost anything absorbant and taken into the body. Because it is so powerful, the effects can last up to 12 hours or longer and once the 'trip' has started, it is virtually impossible to shut off the effects of the drug as the user remains aware for the entire ordeal

In general, the LSD experience consists of changes in perception, thought, mood and activity. Perceptual changes involve the senses of sight, hearing, touch, body image and time. Color seems to intensify or change, shape and space relationships appear distorted, objects seem to pulsate, two dimensional objects may acquire a third dimension and inanimate objects may appear to move, or to be alive. Changes in thought include a flow of bizarre ideas, sometimes including delusions of persecution. Trivial things may assume immense importance. The user also experiences rapid mood swings from tears to laughter, or he may experience no emotion at all.

These drugs are often called psychotomimetic, because they can create within the use all of the symptoms of psychosis, such as the inability to distinguish

primitive people

between fact, and fantasy, delusions of grandeur and of persecution, and all of the other bizzare behavior, in varying degrees, which is commonly associated with severe mental disorders. In addition, LSD caused synasthesia, the crossing of the user's five senses. The user may hear colors or see sound, and for the unprepared, the sensory mixup can be quite frightening.



In an effort to limit the terrifying experiences of the 'bad trip,' many LSD abusers will employ the services of a 'tour guide,' an experienced LSD user who does not take the drug, but who monitors the activities of those who do and attempts to calm them down when they appear to become frightened. Unfortunately, the user himself has virtually no control over the bad trip, once it starts and if the tour guide cannot steer him back to more pleasant fantasies, then he must ride it out. There is absolutely no way to predict who will have good or bad trips in advance, nor when or how often they will occur in the abuse cycle.

Many abusers have suffered severe after-effects from the drug, including prolonged psychotic episodes (severe mental illness), and spontaneous reoccurrences of the 'trip,' days, weeks or months later. These are called flashbacks and can occur without ever taking the drug again. Their cause is unknown, and it is impossible to predict with whom and how often they will occur. Death by suicide has also resulted when a panic stricken user attempts to escape the monsters which have been manufactured inside his head.

"This drug . . . proved far too dangerous for human consumption . . ."

Some drugs combine a powerful hallucinogen with a strong stimulant, so that the user's activity rate is speeded up even as his thought patterns are confused by the mind altering elements of the drugs. MDA, Methylinedioxyamphetamine, is one such drug popular in the Bay Area. Depending upon the strength of the mixture and the amount taken, the effects last from six to 12 hours. As with other drugs, manufacturing, wholesaling, and distributing elements all adulterate the drug with chemicals to increase its bulk and thus its value, so the street level users must contend with the impurities in his hallucinogens as well as the drug's effect on his mind.

Another drug enjoying popularity among abusers despite its reputation as a killer, is Phencyclidine Hydrochloride, or PCP. This drug, originally developed as an anesthetic, proved far too dangerous for human consumption and was relegated to the animal world where it is currently used as a veterinary tranquilizer.

PCP was first used on a wide scale here in the late 1960's, when it was passed out at a rock concert as the 'peace pill.' The tablet was inscribed with the peace sign, and that evening literally hundreds of young concert goers were admitted to Bay Area emergency rooms for the treatment of PCP overdoses.

"... he knew he was already dead... so he did not bother to answer them."

Much research has been done on PCP, and its toxic effects have been written about in the Journal for Western Medicine and many others, and studied by such noted institutions as the Addiction Research Foundation, Ontario, Canada. PCP can produce combativeness, catatonia (a motionless stupor) and convulsions, or a combination of these in a wax and wane pattern. All studies have noted the high risk of accidental overdose, the prolonged recovery phase and the very real possibility of toxic psychosis or death. Dr. Smith, of the Haight Ashbury Free Medical Clinic, has called PCP "the most disruptive drug I have ever seen."

Other side effects noted by law enforcement and medical authorities include temporary paralysis of limbs, and the inability to cope with emergency situations. Users have stayed in burning houses as though having no idea they were in danger. Many users seem drawn to water, and will often drown after climbing fences to enter a swimming pool. Some who have been rescued reported feeling that they were already dead, so they made attempts to rescue themselves. One user in the Bay Area told police after recovering that he remembered his rescurers talking to him, but he knew that he was already dead, and that the dead do not converse with the living, so he did not bother to answer them.



PCP, which also comes in a crystaline form called "crystal" or "angel dust," remains popular despite its known dangers. This is due in part to the cleverness of the drug's pushers who pass the drug off as Mescaline, LSD, THC, or anything else other than PCP. The reasoning is, if you tell the user he's buying something else, he will feel safe enough to buy and use the PCP, and if he "gets off," (experiences a high), he won't think he's been "burned" (ripped off). Thus people still purchase large amounts of PCP, often thinking it's something else.

There are many other forms of hallucinogens, some natural like psilocybin and peyote, and others like DMT, DET, and STP, which synthetics. As with the other drugs discussed, there is the danger to the user from the chemicals used to adulterate the drugs in the cutting process. There is the danger of contamination because the underground drug labs are often dirty, and little care is taken to maintain sterile manufacturing conditions. Finally, because clandestine labs lack the highly sophisticated measuring equipment to obtain proper dosage levels the user is often subjected to doses of LSD or other hallucinogen that is four to five times stronger than necessary.

This series has tried to be factual and informative without being preachy. Material has been presented in the hope that those seeking answers to drug related questions would find the information they sought and be able to make informed decisions on the role drugs would play in their lives. Persons desiring further information should visit their libraries, or call the Presidio Alcohol and Drug Abuse Prevention center at ext.

SPORT SHORTS

Tennis

7. **The Return of the Serve:** A good return of the serve is characterized by a firm grip, firm contact with the ball, a short backswing, and a short follow through. For more information contact George Collier at 883-3023.

Trout plants

If water, weather and road conditions are favorable, the following waters will be stocked with catchable trout this week by the Department of Fish and Game:
Alameda County — Lake Elizabeth

Contra Costa County — San Pablo Reservoir San Francisco County — Lake Merced Sonoma County — Spring Lake

Ballet classes

Parents interested in having their children, ages five and up, participating in ballet classes are requested to contact Mrs. Piernik, telephone 994-0681 (between the hours of 12 - 2 p.m. Classes are presently underway and take place Monday, Tuesday and Thursday from 4-6 p.m. at Bldg. 1390 (near Fort Scott Chapel and Bowling Center).



Ground work preparation neared completion last week on the two new tennis courts being constructed at the Presidio. Located beside the Post Library and adjacent to the PX Softball/Football fields, the two courts are expected to alleviate the tight scheduling at existing courts. (US Army Photo by Ron Renouf)



Go to college at AEC

Although it is too late to enroll in the fall term at Bay Area colleges, the Army Education Center offers you a chance to take an on-post course from San Francisco State University from Oct. 25-Dec. 15, 1977. Each of the following courses meets two nights per week from 6-9 p.m. and carries three units of credit.

Principles of Financial Accounting (ACCT 100): Not offered on post since 1975. This introductory accounting course is required for most business degrees. No prerequisites. Meets Monday and Wednesday.

Theories of Personality (PSY 451): Survey of the major contemporary theories of personality in the context of the total field of psychology. Methods of personality assessment as related to theory construction. A junior/senior level course. Meets Monday and Wednesday.

Investigating the Earth (GEOL 100): An introductory geology course designed for the general student to apply toward the natural science requirements of most colleges. Three instructors will share their knowledge of the earth's interior (earthquakes, volcanos), the earth's surface, and the history of the earth. No prerequisite. Meets Tuesday and Thursday.

Second Year Composition (ENG 107): A second semester English course with emphasis on writing essays and term papers. Prerequisite: first semester English composition. No-fail grading system (A,B,C, or no credit).

Tuition is \$105 per course. Classes are open to all adults military or civilian. No high school transcripts for enrollment are required. Visit one of the Army Educa-

tion Centers and fill out a simple, one-page registration form, or call and we will send you one.



The Army Education Center has arranged for an on-post college course to meet 2:30-5:30 p.m. Monday through Friday, October 31-November 22, 1977. The course is United States History, which covers the time period from the Civil War to the present. It carries three units of credit from City College of San Francisco and meets history/government requirements of California colleges. The course is tuition free to California residents and to military and dependents who have been stationed in the state less than one year. All others pay \$116.25. Active duty personnel may use in-service VA benefits, or apply for 75 percent Army tuition assistance by completing DA Form 2171 by Oct 25.

Space is limited. To apply, call the Fort Scott Education Center, extension 2974/4445 or the Letterman Education Center, 4030/3693.

Why did it happen to me?

He is twenty-two years old, but he could be any age, any race, any sex. He could be a relative of yours, or a friend, or — someday — he could be you. Let's call him Gene.

The rooms are large and sterile, the grey linoleum floors scuffed but clean. Gene shuffles slowly, precisely eight steps, and then turns as if in response to some inner voice. His bearded face is rent with doubt and agony, as if the burden of decision was too heart-wrenching to bear. Where shall he go? He hesitates, starts off in one direction, then stops in mid-step. Uncertainty is tearing him apart. On the verge of tears, he finally picks out a direction, sighs resignedly, and once again shuffles slowly, precisely eight steps.

Where he goes at this moment is not too important — all the doors are locked anyway in the mental hospital. Gene has been in and out of places like this one for the past six years.

"He always had a bad temper," says his mother, "even as a little kid. When he was about four he went through a stage, he used to pretend to faint when he didn't get his way. One time Daddy put a finger in Gene's mouth to keep him from swallowing his tongue. Gene bit the finger real hard."

His grandmother tells a different story in her heavy, old country accent: "He was always so good, so polite. He usta get real good grades, all A's sometimes — he usta come show me. When his poppa die — he die right in Gene's arms, you know — then he din't study no more. He start to use those drugs, that marijuana. He still try to be good, now, but he just can't thing right."

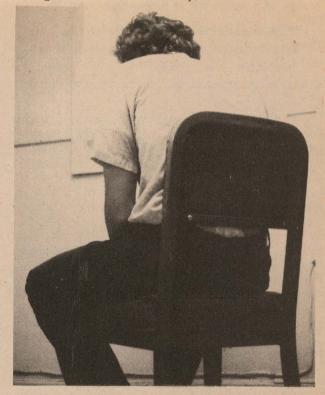
On days when the tranquilizers help him stay calm, Gene will talk about himself and his work in a hesitant, downcast voice. He explains that he is an artist, and he somewhat proudly brings out his paintings and sketchbooks as proof. The paintings are mostly wild and demoniac portraits, with only occasionally a hint of softness in a face or a hand. Though the sketches are often appealing, he lacks concentration and seldom completes one. At times, the pencil or the colors seem to terrify him and he cannot be persuaded to continue.

The state has assigned Gene a psychiatrist for those periods when he is not institutionalized, with instructions to visit him in his office every two weeks. On this visit the doctor is blunt, perhaps in an attempt to provoke a reaction: "Gene, you've been seeing me since, ah, 1973. And you've been having these problems since your father died, right? You were about fourteen then . . . In my opinion, Gene, this is a chronic condition. You are going to be institutionalized off and on for a long while. Maybe when you're much older, fifty maybe, you'll grow out of it . . . and they're doing a lot of research on your type of schizophrenia."

Gene's face is tense, red, contorted. The words are forced out in an angry stutter at first, then more rapidly, almost fluently. He has plans, he says. He will get a job, a place to stay, a girl. He will be an artist. He will be okay.

The doctor reacts skeptically, pointedly reminding him of last month's suicide attempt. Gene explodes, "It was those pills you gave me! I told you they made me depressed. I told you!"

Gene is much calmer outside the office afterwards. Almost pleading, he asks softly, "The doctor was wrong, huh? I'm not that crazy, am I?"



Just three weeks later he's back in the state mental hospital. The record says he broke two windows, smeared paint on his body and face and wandered down the middle of the highway. He spends most of his time now walking back and forth in a slow shuffle. Occasionally he complains, "It's no fun at Napa (State Hospital) . . . there's nothing to do, it's so boring." Then, in an earnest, haunting voice he asks, "Why does it have to be like this for me?"

Every year over eight thousand mentally ill or emotionally disabled people like Gene are helped through the Combined Federal Campaign (CFC). Though CFC contributions have brought improved care and treatment to many, even more important is the hope they offer to people like Gene through support of psychiatric research. Only by further study of the causes of mental illness and potential cures can Gene and many others like him hope to live normal lives.

This is the Presidio's last week for CFC fund raising to support various services for those who need help. None of us can really escape the tragedy that accidents and disease can bring; none of us can go through life alone. If you have not already done so, please see your CFC representative and give your fair share to help those who can't help themselves. Gene would appreciate it.

PRESIDIO OF SAN FRANCISCO, CA 94129

Hunter-Liggett, FTX site



First aid familiarization is a vital aspect of the 402nd's Field Training Exercise.

The platoon level problems that the 402nd encountered were based on Army training and evaluation problems. (ARTEP 19-77).

One of the many problems that the 402nd encountered was supporting a ficticious South American host country against attack by a neighboring nation and guerilla forces. The 402nd was tasked with providing law enforcement and rear area protection for a hypothetical third corps.

Another phase of the training was a problem dealing with a survival, escape and evasion course. The scenario started with opposing forces that had made an airborne assault, which had cut off the 402nd from friendly forces in a rear area. The mission was to return to friendly lines. This was accomplished by breaking down the troops into three main teams. There was a total of 40 teams and they had to get back to the rear lines. The rear line being three miles from the bivouac site. The teams were sent out on foot back to the rear area.

Approximately three-fourths of the people were captured and then interrogated. Out of the 12 women that were on the exercise, only three were captured and one of those three escaped successfully.

On the 402nd's perimeter defense problem, some support was received from an infantry battalion stationed at Fort Hunter-Liggett. The infantry battalion attacked the 402nd, but in all other problems the 402nd supplied their own 'enemy aggressors'.

Another problem the 402nd engaged in was Prisoner of War operations. The 402nd provided a corps level POW cage, which is a temporary holding facility. POW's who are transported from the front lines to the cage area are taken after processing (photographs, finger printing and searches, etc.) to division collection points. POW's are also brought to the division collection point by the infantry, where records are made of their capture.

According to Sgt. Robert Lane, Training NCO for the 402nd, "The exercise went very well. The platoons were given time to plan their missions which assisted them in successfully completing the missions that they were tasked to do."

Star Presidian

Volume 20, No. 44

Presidio of San Francisco

Friday, October 28, 1977

by PFC Linda Spillane

The FTX alert for the 402nd MP Co. went out at 4 a.m., September 19, and within two hours 100 percent of the Company's personnel were assembled and ready to go. This was achieved in two hours and done under less than optimal conditions since the Presidio was involved in a power failure.

Leaving the Presidio by a motor march 43 ½ ton trucks and three 2½ ton trucks were used to transport the entire company to the field training exercise (FTX) site at Fort Hunter-Liggett. Participating in the FTX were approximately 140 of the 402nd's personnel.

An advance party left here at 6:30 a.m. to set up the initial bivouac site. The next serial, or platoon, was on the road by 7:30 a.m. and the second and third serials were dispatched at half hour intervals. The staggered times were to help control traffic along the freeways.

Once the first platoon arrived, they set up a tactical posture. This included camouflaging vehicles, setting up pup tents and generally getting the bivouac site ready for the rest of the company.

With the arrival of the rest of the troops, the actual field exercises began.

When the first serial moved into the tactical posture area they assumed a 360 degree perimeter security. The second and third serials moved in and set up their portion of the perimeter. Each platoon ended up with an equal section of perimeter.

The supply and food service sections arrived with the advanced party and set up in a centrally located position.

The first portions of the platoons set up their fox holes and fields of fire (perimeter defense). Next, each platoon submitted range cards to the main command post. These range cards tell what each platoon has done to their portion of the perimeter, and this explained where all the trip flares and foxholes were located. The main command post then sets up and constructs a perimeter defense plan.

To maintain a perimeter defense, guards are on duty for 24 hours. Two guards remain in the fox hole, one can sleep while the other remains awake.

During the changing of the guards, barbed wire, trip flares are located on cards so incoming guards will know where everything is.



Setting up a perimeter defense to prevent the aggressors from "capturing" their platoon was one problem encountered by members of the 402nd MP Co.

WHAT'S HAPPENING



Hamburger lovers!

Hamburger lovers will be the first to benefit from a new food program scheduled to begin in November in snackbars and cafeterias of the Army and Air Force Exchange Service (AAFES) around the world.

During November, AAFES customers everywhere will be able to enjoy a second hamburger at just onehalf the price of the first one. The second burger must be the same size and price as the first one and the customer must present a valid promotion coupon at the time of purchase. The coupons, obtainable in all AAFES retail stores, may be redeemed in any directoperated AAFES food activity where hamburgers are served, excluding vending machines.

According to Colonel Lloyd H. Manjeot, director of the Services Division at AAFES headquarters, additional half-price food items in the future will include carbonated drinks, french fries, hot dogs and pastry items. Each subsequent one-half price event will be publicized prior to its introduction.

The new food program, which replaces AAFES' earlier Food Money Saver and Breakfast Specials, is designed to save the cafeteria and snackbar patron 25 percent whenever two of a featured food item are purchased simultaneously.

Playhouse news

"The Wonderful Adventures of Pinocchio" will be presented Love - Onstage - for one performance only, on Saturday, November 5 at 11 a.m. at the Presidio Playhouse. It will be the premiere performance of the play by the Children's Theatre Association of San Francisco. The adult cast production will later be touring to schools throughout the Bay Area. Now is your chance to see it free, brought to you by the Music and Theatre Branch of Recreation Services. Seating will be on a first-come-first-seated basis, with doors opening at 10:45 a.m.

PRESIDIO THEATER Friday, October 28, Grand Theft Auto (PG), 6 p.m. Saturday, October 29, Bugsy Malone (G), 2 p.m. Saturday, October 29, Grand Theft Auto (PG), 6

Sunday, October 30, The Enforcer (R), 6 p.m. Monday, October 31, The Enforcer (R), 6 p.m. Monday, October 31, Murders in the Rue Morque (PG), 8 p.m.

Tuesday, November 1, Empire of the Ants (PG), 6

Wednesday, November 2, Exorcist II-The Heretic (R), 6

Thursday, November 3, Exorcist II-The Heretic (R), 6

SCHWARTZ/LETTERMAN Friday, October 28, Breaking Point (R), 7 p.m. Monday, October 31, Exorcist II-The Heretic (R), 7 p.m. Tuesday, November 1, The Bad News Bears in Breaking Training (PG), 7 p.m. Wednesday, November 2,

Island of Dr. Moreau (PG), 7

Thursday, November 3, Stunts (PG), 7 p.m.

Oakland Movie Schedule Monday, Oct. 31, Island of Dr. Moreau (PG), 6 p.m. Thursday, Nov 3, The Bingo Long Traveling All Stars & Motor King (PG), 6 Friday, Nov 4, One-On-One



Blood drive

In the Presidio Blood Drive of July 12, there were 141 prospective donors registered and 124 accepted. This is an increase of 17 over last year's July drive, with D Co., 864th Engrs. having the highest number of

The next blood drive will be held Nov. 1, at the Recreation Center from 8 a.m. to 2 p.m. No appointments are necessary.



Clean-up day

A litter clean-up day will be held on Mt. Tamalpais on Saturday, November 19. Youth groups, hiking clubs, environmental and service organizations, schools and family groups are invited to participate.

The project is sponsored by the Tamalpais Conservation Club and Central YMCA's E.C.O. Program, Mt. Tamalpais State Park and Marin Municipal Water District

Pins and certificates of appreciation will be given to volunteers.

Groups wishing to participate should contact Central YMCA, 220 Golden Gate Avenue, San Francisco, or for more information call the Y at 885-0460 or Mt. Tamalpais Ranger Station at 388-2070.

Pregnancy and alcohol

Dr. Ernest P. Noble, Director of National Institute on Alcohol Abuse and Alcoholism, US Dept of Health, Education and Welfare has launched a campaign seeking to achieve a national awareness of the threat that drinking during pregnancy may pose to the health of the unborn baby.

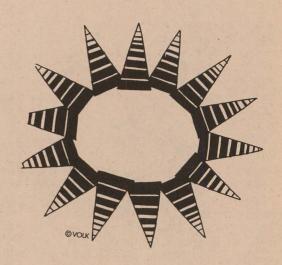
According to the "health caution" statement, recent research reports indicate that heavy use of alcohol by women during pregnancy may result in a pattern of abnormalities in the offspring, termed the fetal alcohol syndrome, which consists of specific congenital and behavioral abnormalities, ... Both the risk and the extend of abnormalities appear to be dose-related, increasing with higher alcohol intake during the pregnancy period.....Given the total evidence at this time, pregnant women should be particularly conscious of the extend of their drinking.

While safe levels of drinking are unknown, it appears that a risk is established with ingestion above 3 ounces of absolute alcohol. Between 1 ounce and 3 ounces there is still uncertainty byt "caution is ad-

Dr. Noble also says that a high consumption of alcohol during a critical time in embryonic development, rather than a high alcohol consumption throughout pregnancy, appears to be the most important factor in causing the "fetal alcohol syndrome."

Investigations so far point to the period between the third and 41/2 month stage in fetal development as such a critical period. During this period, there is rapid growth in brain cell development. According to Dr. Noble, pregnant women, or those likely to become pregnant, should discuss their alcohol consumption and th potential dangers with their physicians.

For more information about this, contact Eileen Henriques, ADAP, at ext. 3784/2663.



Camporee

Last weekend, Presidio's Rob Hill was alive with the laughter of youngsters who don't often have the opportunity to romp around in the outdoors. Cub Scouts and Boy Scouts from all around the Bay Area attended a Camporee for Physically and Mentally Handicapped Scouts.

These Special Scouts were afforded the opportunity to do things that other Scouts do and prove to others and to themselves that they can be useful, productive people, and can attain whatever goals they set for themselves. The events included Log Cutting Contests, Tug-O-Wars, Compass Courses, Log Tossing, and First Aid Events.

The days events were capped with a huge campfire, complete with songs, skits, cheers, and awards.

The Camporee was hosted by the Presidio Scouts, Troop 77, with assistance from Golden Gate Village, Order of the Arrow; Explorer Post 386; and Troop 39 from San Francisco.



Government quarters use

DoD civilians are now required to use Government quarters or lose part of their travel per diem.

The Department of Defense Appropriation Act for 1978 specifically prohibits the use of any funds, appropriated or available, to pay the expenses of lodging for any person traveling away from a duty station when adequate Government quarters are available but not occupied.

This new law, which became effective Oct. 1, 1977, permits the choice of commercial quarters but requires forfeiture of the quarters portion of the per diem.

Heretofore, the law permitted civilian employees to refuse to use Government quarters, except in rare instances when duty required quarters to be used.

Joint Travel Regulations will be issued in the near future to spell out details of the change. (AFPS)

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By MSGT. Julian R. Mills

The sun goes down, the shadows fade, and the darkness of night arrives. It is an unusual night. It is the night when ghosts, goblins, and witches come out to haunt and horrify us all. It is the night of Halloween.

Even though most of us don't really believe in the weird creatures associated with this occasion, we do find ourselves thinking about scary things—witches, bone-rattling skeletons, and evil, unnatural happenings.

In story, verse, and song, witches have always been portrayed as evil, wart-nosed hags who put cruel whammies on unsuspecting individuals only to be foiled at their own game by good and wise persons who thus become the heroes of the saga. But that is not always the case. A recent song about a witch in the bayou country of Louisiana says she made a man a millionaire because he promised to marry her. But after he got his million, he decided not to marry her, so she did away with him.

The belief in witches, however, predates recent history. The ancient Egyptians and Romans believed in witches. During the 16th and 17th centuries, thousands of women were tortured and killed after they had been charged with practicing witchcraft in England. There were many persecutions of suspected witches in the early American colonies of Massachusetts, Connecticut and Virginia. Through the influence of Cotton Mather, a New England witch hunter of that day, there were widely-publicized executions of so-called witches in Salem, Mass.

Although the belief in broomstick-riding, spell-casting witches is no longer common, witch hunts by other names still continue, often based on fears as unfounded as the superstitions of a less enlightened age. In another context but with related significance, President Franklin D. Roosevelt's message to congress in 1941 emphasized the importance of human freedoms, especially "freedom from fear."

Halloween will come and go—and the witches and goblins with it—but our confrontations with superstition still remain. The fight to free ourselves from superstition—unfounded feelings and beliefs, prejudices, etc.—continues. One English writer has said, "Fear is the main source of superstition, and one of the main sources of cruelty. To conquer fear is the beginning of wisdom."

On the night when the ghosts, goblins and witches come out, the hours of 'trick or treating' in the housing areas located on the Presidio and its sub-posts will be from 6:30 to 8:30 p.m. All children under the age of eight must be accompanied by a parent, guardian, or responsible member of the military community over 21 years of age.

It is highly recommended that no homemade items be given to children 'trick or treating' — only those items commercially purchased and wrapped. Parents should instruct their children to refrain from eating any of the items received until arrival at home so that they may first be inspected.

To preclude children from climbing up and down stairways in the Park-Presidio areas, arrangements should be made for a centralized reception area for the children on the ground floor of each building/stairwell.

GHOSTS, GOBLINS AND...



That little extra that counts

Getting the soldier what he or she wants upon reenlistment is sometimes a rather complicated job. "There are times when you have to go in the back door to get the option the person wants. I'm just not always willing to take no for an answer." says SFC James H. Bates, career counsellor at the Presidio of San Francisco.



Going in the back door means fighting "city hall" on occasion, but Bates seems to be piling up a rather impressive record of success in that area.

He recalls the case several weeks ago where a young female specialist wanted to reenlist for the Army Deep Sea Diving School. The request was turned down. Reason? No positions were designated for women.

Not satisfied with that answer, Bates contacted the Navy Office that provides the instructors for the school. He learned that they do have women attending the course from other services, but not the Army. When he went back to the Army again, he learned that there were no positions at the unit level authorized for a woman in that specialty.

"It took time, but after taking another look at all positions in that MOS, it was determined that some could be changed to authorize women" recalled Bates. "We were able to get approval of her request and reenlist her for the school".

It's that extra effort that characterizes the operation at the Presidio Reenlistment office. Another such instance of "going in the back door" involved another female soldier -- a petroleum specialist assigned to Hamilton Air Force Base with the Army Aviation Section.

"She wanted to reenlist for Korea" Bates indicated, "however, DA turned the request down because no female positions were authorized there for a petroleum specialist."

Again Bates took the round-about approach successfully. Contacting Korea, he found out that two positions could be changed to authorize female personnel. Once DA approved the change, the young soldier, a native of Korea who wanted to be stationed in her home country, was a happy reenlistee.

Not all of the offbeat cases involve female soldiers, however. A young specialist with a combat MOS had been returned from Korea for separation. According to Bates, once a person is assigned to the Transfer Point here (Oakland Army Base) for separation from active duty, he must be separated.

A number of hitches developed however. He had been returned to the United States too early, he did not want to leave the Army, and he would have to be reassigned at the Presidio for a couple of months until his discharge date arrived.

Many telephone calls later, Bates received an exception to policy permitting the reassignment. Now the soldier could reenlist. This was quickly accomplished



along with additional reassignment orders sending him to Fort Bliss, TX where a position vacancy existed in his MOS.

The extra effort does pay off, not only in successfully meeting reenlistment goals and retaining good people in the Army, but also in retaining men and women who are happy with what they are doing or where they are stationed.



How do you plan to spend your pay increase?

Miss Sybil Johnston, secretary to the PAO — "I intend to spend my pay increase by paying my increased property tax."





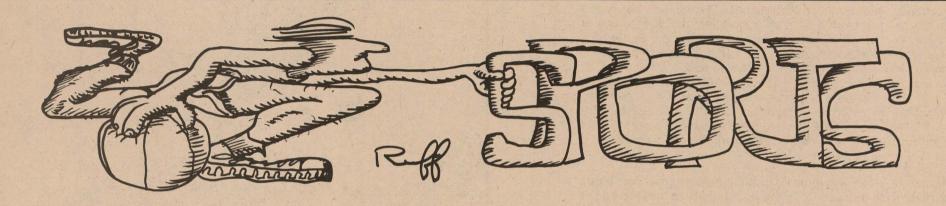
PV2 Roderick Hawkins, LAMC, — "I'm going to invest it in my assurance policy. In ten years my policy terminates and I get more money than what I put in. It's sort of like 'stock'."

Mrs. Gerry Friese, Employee Development Clerk
— "Well, minimal as it will be, it will probably go for my children's tuition for school."





Sgt. Angie Salsbury, USACC — "I've decided to increase my monthly allotment."



Standings from the kegboard

Ft.	Scott League	Won	Los
	SFFO CID	8	0
	USAG #2	7	1
	Spt. Elm. #2	7	1
	LAIR #2	5	3
	93rd MI Gp #2	4	4
	SIGSEC	4	4
	16th BPO	2	6
18:3	504th MP Bn	2	6
	LAMC#2	1	7
	87th Ord.	0	4
	170th MP Co	0	4

Tennis tip

1. The Serve: The most common error made by the beginner and intermediate player is an inconsistent ball release. Lift the ball to a comfortable height and release with the palm up and tossing arm straight and extended.

Contact ext. 5032, Post Gym, for more information.

Turkey Shoot Golf Tourney

The Annual Turkey Shoot Golf Tournament sponsored by Recreation Services Division will be held at the Presidio Golf Course on Wednesday, Nov. 16. Starting times will be 8 a.m. and thereafter. Competition will be by the Callaway Scoring System. Signups are taken at the Post Gym - Bldg 63, or by calling 4120/5032 during normal duty hours.

Basketball season

Post Basketball Team will open their 1977-78 season on Oct. 28 and 29 in the NCRC League against McClellan AFB. Game times are at 8 p.m. on the 28th and 1:30 p.m. on the 29th. The team has been working out the past two weeks under the leadership of Coach Jim Scott. At press time, the Coach had not selected his starting five for the home opener. Additionally, he wanted all personnel to know that if they are interested in trying out for the team, that they should stop by the gym during practice and talk to him.

The women's team is also playing in the same NCRC League, however, McClellan AFB is not fielding a team. The Athletic Dept. is hopeful of arranging practice games on both Oct. 28 and 29, at 6:30 p.m. and 12 p.m.

Coach Ray Thomas is still seeking all ladies interested in trying out for the women's team and they are urged to contact the Athletic Dept, telephone 4120.

Flag football

Presidio League LAMC USS FANNING USAG 864th ENGRS 666th RADAR SQDN 170th MP Co AFEES	Won 6 5 5 5 4 3 1	Lost 3 3 4 4 4 5 6
Ft. Scott League 402nd MP Co LAIR 16th B.P.O. USS FLINT USPHS USS HEPBURN HQ 6th ARMY WRRC	10 10 5 4 3 4 2	0 1 5 4 6 6 7 9

RESULTS:

Oct. 18 — LAIR 26, 16th BPO 12; 402nd MP Co 7, USS HEPBURN 0; USS FLINT 13, USPHS 6.

Oct. 19 — USAG 16, 666th RADAR SQDN 14; LAMC 14, 864th ENGR 0; 402nd MP Co 14, USS FLINT 0.

Oct. 21 — LAIR 18, USS FLINT 12; USS HEPBURN 14, US PHS 6.

"Run For Your Life"

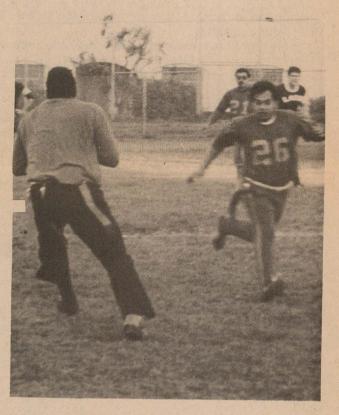
"Run For Your Life." What is it? It is a physical training program for men and women, military and civilian, based on the Aerobic Theory of strengthening the cardio-vascular system — the heart, the lungs, and the circulatory system.

For more information call the Gymnasium No. 1, Bldg. 63, at ext. 4120/5032.

Trout plants

If water, weather, and road conditions are favorable, the following waters will be stocked with catchable trout this week by the Department of Fish and Game:

Alameda County -- Lake Chabot
Contra Costa County -- Lafayette Reservoir
Lake County -- Upper Blue Lake
Napa County -- Hennessey Reservoir
Santa Cruz County -- Pinto Lake
San Francisco County -- Lake Merced
Sonoma County -- Lake Merced
Sonoma County -- Lake Ralphine



Roger Leighton (left) makes the second team interception of the night for the 16th BPO in last weeks game against LAIR. The Postman went on to score their second TD and take a 12-0 lead after the first quarter. LAIR slammed the door after that, however, coming back to chalk up a 26-12 victory. (Photo by Ron Renouf)

Army-Navy Tennis

A psyched-up Navy team scored a one-point victory over the Army to capture the Army's defending first place team title in the Interservice Tennis Championships in San Diego last month.

Although the Navy team won the title for the first time in 29 years, the Army's 10-member team walked away with four first and three second place titles in other categories.

John Heiss, a past team member and coach, captured first place in the Senior Division Singles Competition. He and Charles Lake teamed up to win first in the Senior Division's Doubles.

Mary Ballengee smashed her way to a first place victory in the Women's Singles Division while James Peterson copped first place in the Jr. Veterans Division Singles.

Second place finishes were chalked up by James Armstrong in the Open Division, Ballengee and Joyce Read in Women's Doubles and by Peterson and Gordon Brynildsen in the Jr. Division Doubles.

The Marine Corps placed third in the tourney; the Air Force did not enter. (AR News)

U.S. Government Printing Office 789/119/Print Order No. 13

Star Presidian

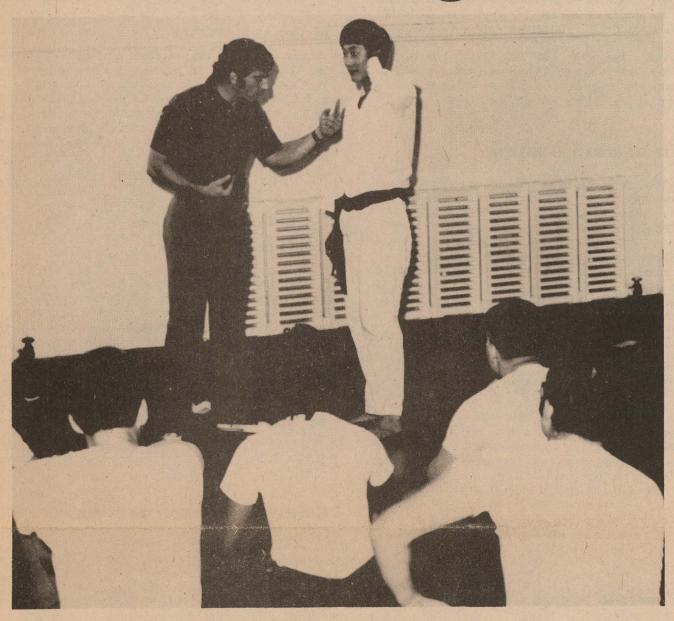
Volume No. 45

Presidio of San Francisco

Friday, November 4, 1977

Basic Police Training Course:

Civilian agencies instruct



FBI Special Agent Tisa gives an unarmed defense demonstration with assistance from PFC Jae Lee as part of the Basic Police Training Course. (photo by William Malkiel)

Members of the 402nd MP Co. are undergoing Basic Police Training from October 31 through November 11. Military police performing their duties on the Presidio maintain a close working relationship with civilian police agencies during their everyday duties. Because of this situation, each year within the 504th MP Bn., each MP Company is given a two-week block of instruction called the Basic Police Training Course (BPTC).

The largest part of the course, approximately two-thirds, is given by Civilian Police Agencies and their instructors. The agencies involved in the training are the FBI, the Drug Enforcement Administration, the Department of Motor Vehicles, the National Auto Theft Bureau, the California Highway Patrol, the Bureau of Alcohol, Tobacco and Firearms, the San Francisco Police Department and the Oakland Police Department. The instructors explain the history, mission and the new crime trends that each agency must combat. Not only do the Military Police learn the working mechanic's of each agency but the Police Instructors who are teaching their course's are afforded an opportunity to see first hand how the Military Police of the Volunteer Army function.

When reviewing the two-week training schedule the reader can't help being impressed by the large variety of subjects being taught. Classes start at 8 a.m. and continue to 5 p.m., with an hour break for lunch. Subjects are also taught by Military Police, CID, and EOD instructors. The subjects include Military Law, Traffic Enforcement, Bombs and Booby Traps, Vehicle Registration, Auto Theft, Report Writing, Child Abuse, Terrorism, Unarmed Defense, Interviewing, Police Community Relations, Crime Prevention and many, many more.

The complexities of modern life makes greater demands on the policeman who works the streets,

therefore training must be diversified to prepare the policeman for the many different situations he or she will have to handle. By having the varied civilian police agencies visit the 504th MP Bn. and explain their specialties, how they can support the Military Policeman in his or her mission here, not only gives each MP a feeling of self-confidence, but also creates a good inter-agency relationship.

"The theme used here is inter-agency liaison," explained SSgt. Bernard Cannon, S-3, 504th MP Bn. "Here in America police agencies are decentralized. Each agency respects each other for what it performs and maintains a working relationship in that if one agency goes to another and asks for assistance, there isn't any bickering or argument as to who has jurisdiction.

"Ninety percent of police activities involve public service—performing different services to the public, like traffic control and finding lost children, that sort of thing. Only about 10 percent of the policeman's time is actually spent in apprehending the crooks. The rest of the time is spent on public service functions.

"This training is comprehensive," SSgt. Cannon continued. "Although there is some rough tough stuff thrown in, it also involves a vast variety of subjects. A lot of it deals with the different social sciences. Basic things like child abuse — we're trying to develop an awareness in the minds of the MPs as to what constitutes child abuse. And, if any of these MPs go to the Military Police Investigators school or even CID school, a lot of the subjects they're learning now are covered at these other schools.

"It's been made clear to the MPs that the instruction they're getting from the civilian agencies will not mean they are going to start performing their duties the way the civilian agents do. It's strictly to familiarize them with the way these other agencies operate, what their mission and history is and how they can assist the MP in a given area.

"Normally, when people read about police training they think in the context of how to smash heads, how to break kneecaps and that sort of thing. Self-defense is being taught to MPs who are working the street. As always, the emphasis is on how the MPs can best protect themselves and if they should encounter a situation where force is necessary, only the amount of force needed to subdue a perpetrator and place him or her under apprehension is acceptable," SSgt. Cannon went on to explain.

Continued on page 4

Prince Charles visits PSF

H.R.H. Prince Charles, The Prince of Wales, visited Sixth U.S. Army Headquarters, Presidio of San Francisco, on Saturday, October 29. Lieutenant General Edward M. Flanagan, Jr., Sixth Army's Commanding General, presented Prince Charles with an overview of the U.S. Army today and Sixth Army's role in the Total Army.

Prince Charles' visit to Sixth Army, requested by the British Consul General, was his only visit to an Army installation during his recent tour of the United States.

Upon leaving Sixth Army Headquarters, Prince Charles stopped to speak with a number of spectators gathered to greet H.R.H. The Prince and his party then departed the Presidio by helicopter to continue his California visit.



ROYAL VISITOR ... H.R.H. Prince Charles, The Prince of Wales, and LTG Edward M. Flanagan, Jr., Commanding General, Sixth US Army, depart Sixth Army Headquarters during Prince Charles' visit to the Presidio of San Francisco on October 29, 1977.

WHAT'S HAPPENING

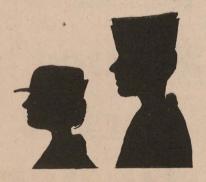


Civilian tricksters visit PSF

Parents living on Liggett Avenue on the Presidio noticed some apparent strangers among the children Trick or Treating on Halloween. Several Military parents spoke with the adults escorting these youngsters and learned that a number of folks from the civilian community brought their children to the Presidio dto Trick or Treat.

The adult escorts explained that they felt there was less danger to their children on post than in the civilian domain. They felt that kids were safe; on the streets, and that they were less likely to be given dangerous items by military families.

Isn't it nice to be needed and appreciated????



Veterans Administration

If you plan to separate or retire from the Army in the near future, don't forget to contact the Veterans Administration (VA). This is especially important if you are leaving active duty for disability reasons.

To insure that information about your periods of service and physical condition are on file at the VA, visit the Contact Officer at your nearest VA facility. The Contact Officer will assist you in filing the necessary papers; they are important and could be responsible for your getting future veteran's benefits.

Remember, contact the VA before you separate or retire to assure that you receive all the benefits you are entitled to. (FORSCOM)

Movies

PRESIDIO THEATER Friday, November 4, The Bad News Bears in Breaking Training (PG), 6 p.m. Saturday, November 5, Matinee Once upon a time (G), 2 p.m. Saturday, November 5, The Bad News Bears in

Breaking Training (PG), 6 p.m.

Sunday, November 6,

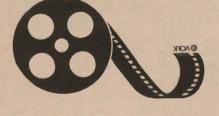
Island of Dr. Moreau (PG), 6 p.m. Monday, November 7, Island of Dr. Moreau (PG),

6 p.m.
Tuesday, November 8,
Stunts (PG) 6 p.m.
Wednesday, November
9, The Sentinel (R), 6 p.m.

Wednesday, November 9, The Sentinel (R), 6 p.m. Thursday, November 10, The Bingo Long Traveling All-Stars & Motor Kings (PG), 6 p.m. SCHWARTZ/LETTERMAN THEATER
Friday, November 4, The Sentinel (R), 7 p.m.
Monday, November 7, The Bingo Long Traveling All-Stars & Motor Kings (PG), 7 p.m.
Tuesday, November 8, One-On-One (PG), 7 p.m.
Wednesday, November 9, Sorcerer (PG), 7 p.m.
Thursday, November 10, Bruce Lee, Super Dragon

OAKLAND ARMY BASE Monday, November 7, Sorcerer (PG), 6:30 p.m. Thursday, November 10, The Pink Panther Strikes Again (PG), 6:30 p.m. Friday, November 10, Return to Boggy Creek (G), 6:30 p.m.

(R), 7 p.m.



Christmas mail orders

Don't wait until the last minute on your mail order — that's the reminder from the Army and Air Force Exchange Service (AAFES) for AAFES mail order customers who want their orders to be "on-time" for Christmas delivery.

"We urge our customers to order early, before November 1 for APO/FPO delivery and December 1 for Zip Code delivery, to avoid that 'Christmas disappointment.' Further, if customers definitely want the parcel mailed regardless of time they should check the 'Hold My Order' box on the order form so that AAFES will not refund their money after 30 days," explained Arthur L. Walker, chief of the AAFES Catalog Sales Center.

Financial Planning

The Army Education Center is sponsoring a one-time lecture and question/answer period on financial planning on Tuesday, November 8, 1977, from 7-9 p.m. at the Fort Scott Education Center, Bldg. 1216. Topics covered will include investment alternatives such as stocks, bonds, funds, annuities, and tax-deferred savings. The presentation is geared to those with an annual income of at least \$10,000. All interested personnel are welcome to attend.

Career Planning

A BROWN BAG "Career Planning" workshop will be sponsored by the Presidio Federal Women's Program Committee, with the assistance of the Presidiannes and Logisticals Toastmistress Clubs, on November 10 at Noon at the Audio-Visual Support Center Theatre (Bldg. 603). This workshop will deal with "Job Interviewing Techniques" to include use of video tapes and mock interviews. For further information, please contact Barbara Mondo ext. 3692 or Wanda Greer ext. 2022.

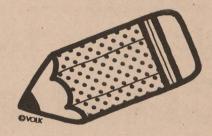
Presidio Music Center

The Presidio Music Center is opening a new beginner's class in guitar to begin November 16. The class is \$12.00 and meets for one hour once a week. Guitars are available for class use and continuing courses are offered for those students who wish to go beyond the first class. The registration is now open for the class beginning the 16th - last day to register is November 14. Call 561-3992 or 561-5897 for further information.



Each Sunday afternoon from 1 to 5 p.m. the Presidio Music Center holds open jam sessions. A variety of musical instruments and amplifying equipment is provided and all musicians and music lovers are invited to come join in the music making. Light refreshments are served and no admission charged.

The music center, located in Bldg. 135 (entrance on the east side) is a beautiful facility, equipped with seven sound modules for individual or group practice, several pianos, a variety of other musical instruments and sound equipment, a music library, and a musical staff ready to help you. The center is open Monday through Thursday nights from 6 to 10 p.m. and Sunday afternoons from 1 to 5 p.m. Piano and guitar instruction is also available; for information please call 561-3992



Make up artists

Make up artists will be demonstrating a major line Nov. 11 through 19, showing the new fall look in cosmetics. Come in and participate and, at the same time, enter your name for the free drawing. An all expense paid eight-day trip for two to Paris, France could be yours. No purchase is required. Drawing will be held at 2 p.m. Nov. 30. All exchange patrons are invited to visit the Main Store and enter the drawing for this fabulous prize.

Ladies night out

The Presidio Officers Wives Club would like to invite all the ladies of the Presidio and their guests to join them for an evening of coffee and conversation. To make it especially interesting, the POWC has invited Mrs. Dianne Feinstein, Supervisor for San Francisco District Two, to be their guest speaker. The event will be on November 7, from 7 to 9 p.m. at the home of Mr. and Mrs. Fred Kohlenberg, 2900 Vallejo St (on the corner of Baker and Vallejo). For more information, call 346-7663.

Cosmetics demonstration

The Presidio Enlisted Men's Wives' Club will hold their monthly business meeting and social hour on Monday, Nov. 7, at 7:30 p.m. at the Recreation Center.

The program this month will be a cosmetics demonstration. The exchange is carrying a new line of make-up and the demonstrators will show the techniques for its use.

Please come and bring a friend. All enlisted wives are welcome. For information, or if you need a ride, please call Jo Leach, 561-3550 or Dixie Ring 561-2411.

Casual theft

The problem of opportunistic or casual theft has reached alarming proportions here at the Presidio. Currently, thieves are taking small, easily carried items such as coats, jackets and lighters, among other items, from offices when the occupants are momentarily out. Your cooperation is vital to the effort to control this type of theft. Lock up your valuables and don't leave coats, purses, watches, radios, etc. lying around if the office is going to be unoccupied.

For your further protection, mark personal calculators and other personal property used in your offices with your driver's license number. Engravers are available from the Provost Marshal's Crime Prevention section. Just bring the item(s) you wish marked into the PM's Crime Prevention Office on the 2nd floor of building 36, or contact a team member at 561-5011 to arrange an appointment.

Star Presidian

The Star Presidian is an authorized unofficial offset Army newspaper, with a circulation of 5,000, published weekly under the provisions of AR360-81 by the Public Affairs Office, Presidio of San Francisco, CA 94129. Views and opinions expressed herein do not necessarily represent those of the Department of the Army. Editorial offices are located in Building 37. Newsroom telephone: (415) 561-3908 or 2005. Colonel John D. Hamilton, Sr., Commander Major Carole M. Campbell, Public Affairs Officer SP4 Rebecca S. Hall, Editor PFC Linda Spillane, reporter

Bathing my Rolls

by Phil Nesbitt

I am rich beyond my wildest dreams--as a Staff Sergeant--and didn't even know it. Congressmen tell me, respected media reporters tell me, some friends (?) tell me, so it must be true.

Then why do I have to struggle the last week of each month to put food on the table, fill the car with gas and buy bus tickets for a commuting wife?

I am told that I've never had it so good. Free medical, free dental, tax exemptions, housing allowance, food allowance, leave and a base pay not quite twice my mortgage. I wonder why more than 60,000 soldiers qualify for food stamps?

Yes, things have gotten better. Nostalgia aside, I remember my first pay voucher 10 years ago when I received the princely sum of \$79.10 a month. It may be a quirk of the imagination but I always remember having a few dollars in my pocket at the end of the month back then--I wish I could say that now.

Don't get me wrong, I'm not broke, I don't owe more than the next guy but I can't do a lot of the things that I would like to do on my Army pay and allowances. Yet many civilians feel that I am over-paid for the job I do. To that I can only reply: O.K. buster, you do my job for a month, at my pay, and tell me what you think.

U.S. News & World Report probably surprised 99 percent of the PFCs in the Army when it blithely announced that they get \$11,744 a year in pay and (major) benefits. Included in this figure are the "intangibles," i.e. medical-dental care at \$1,010, leaves and absences at \$810, retirement (I thought you got that after you retired) at \$1,338 and Social Security plus survivors' benefit insurance (ditto) at \$349.

My question is, what if that PFC has no need for medical or dental car during the year? Does he get the \$1,010 in cash?

That same PFC, a la U.S. News and World Report, gets \$1,541 a year in housing allowance or \$128.41 a month. Funny, the Army hasn't stationed me anywhere in 10 years where I could rent (much less buy) housing for \$128.41 a month.

This year soldiers are probably going to get a 7.05 percent pay raise. Compared to a 9.8 percent inflation rate, this equals three-quarters of a hot dog.



I am confused. After all I hear about how well off I am, I can't understand why I have to play the state lottery instead of being able to wager on my own ponies? Why, if I'm so well paid, do I have to nurse and bandage my elderly sub-sompact, instead of telling "Jeeves" to drop me off before he takes the Rolls for a bath

I don't need the ponies or the Rolls. In fact, I'll probably never be able to afford them.

I would like someone to straighten out the military pay and allowance mess...and stop hollering about money I don't get...or better yet, give it to me.

Ways to get an education

The United States Military Academy Preparatory School (USMAPS) and the United States Military Academy (USMA) at West Point are two ways to get an education to get ahead in a career and in life.

The Army has entered a challenging period and it is becoming increasingly difficult to recruit and retain fully qualified soldiers. The task of finding competent dedicated young officers is becoming harder. USMAPS located at Fort Monmouth, NJ,



offers an opportunity for qualified enlisted men and women soldiers of the active Army and reserve components to attend a two-semester academic course of instruction designed to enhance their opportunity to qualify for admission to the USMA, West Point, NY.

Annually, 170 USMA cadetships are set aside for the total Army-585 regular Army and a total of 85 for the Army National Guard (ARNG) and United States Army Reserve (USAR).

USMAPS is now accepting applications for the class of 1978-79. The basic eligibility requirements

A) An applicant must be a citizen of the United States prior to entering the Military Academy at West Point.

B) You must be at least 17 and not over 21 years of age on July 1 of the year you enter the prep school.

C) You must be unmarried and have no legal obligation to support a child or children.

D) You must have good health, no disqualifying physical defects, with vision corrected to 20/20.

E) An applicant must be a high school graduate, or the equivalent, with a solid academic background. It is preferred that applicants have had four years of English and three years of college prep mathematics. (An individual with obvious leadership potential and a weaker academic background should not be discouraged from applying since many other factors are considered.)

F) Applicants should be highly recommended by their commanders, counselors, and teachers.

The Prep School personnel closely examines each applicant's academic transcripts, medical examination results, academic and physical test scores, and Commanders recommendations that indicate aptitude achievements.

Soldiers who exhibit good leadership potential and who possess the attributes and qualifications to become a good officer should be informed about the USMAPS program.

Applications should be completed as soon as possible, since final selection will be made in early .lune

For more information call Lt. Robert Van Der Like, West Point Candidate Advisory Officer, at ext. 3089 or 298

Proficiency effects re-upbonus

Enlisted soldiers who voluntarily fail to complete service obligations or who are not technically qualified to remain in an MOS will forfeit a percentage of their enlistment bonuses, according to a new policy change governing enlistment and reenlistment bonuses.

Written agreements which specify service obligations for those who receive bonuses will also be required, beginning Oct. 27.

Misconduct or failure to maintain proficiency in an MOS is also grounds for soldiers to refund the percentage of a bonus for the time they do not serve or have no longer qualified in an MOS.

Disqualification in an MOS is determined when a soldier is no longer being classified in the MOS for which he received a bonus, refuses to perform MOS duties, receives disciplinary action which bars working in that MOS, or sustains injury or illness as a result of misconduct or loses a MOS-required security clearance because of the soldier's misconduct or fault.

Exemptions under the new policy are reassignment to other duties as a result of compassionate reassignment, reclassification, loss of security clearance when the soldier is not at fault, injury or illness not as a result of misconduct, pregnancy (whether the soldier remains on duty or elects to leave the Army), and failure to attain a higher MOS technical qualification.

These new policies will be spelled out in the written agreement which is also required by the change to Chapter 9, AR 600-200. (AR News)



17 million use GI Bill

With a total of 809,000 veterans and servicemen in training at the end of September, the total number to use the current GI Bill—which took effect in 1966—has exceeded seven million individuals, according to Veterans Administration officials

VA Administrator Max Cleland said that more than 17 million Americans have taken advantage of the GI Bill since the inception of the first program in 1944.

The current, or "Vietnam-Era" GI Bill, has provided educational benefits to more than 7 million individuals.

More than four million of these veterans were enrolled in college, the VA official said. This is approximately twice the number of men and women who took college level training under the World War II legislation.

The agency said September's enrollment of 809,000 is down by about 295,000 from about 1.1 million GI Bill students enrolled in September a year ago.

During all of Fiscal Year 1976, VA said, 2.8 million servicemen and veterans took advantage of the education benefits. In Fiscal Year 1977, the total enrollment has decreased to 1,938,000.

While the current GI Bill enrollment stands at less than one million, the agency said it estimated that approximately six million Americans are currently eligible for such training.

Eligibility extends for ten years after discharge from the armed services, but VA said approximately 500,000 individuals allowed their entitlement to expire in the last year alone.



Have you ever felt discriminated against because you're in the Army?

PV2 Michelle Greenberg, RREO-"No, but I've heard a lot of derogatory remarks from men in the military concerning my ability to perform the same jobs and duties that they do."





SP5 Lynette Pratton,
Post Adjutant's
Office-"No, I never have
been discriminated
against. But there will be
hell to pay if anyone tries."

SP5 Robert Cesena, 864th Engrs.-"When I tried to get a part-time job I was turned down because I was in the service. It was because of my obligations to the Army."



SP5 Tinneth Thompson, 864th Engrs.-"Yes, but mostly when I'm out in the streets. I feel I am discriminated against because of my short hair and military appearance. Also, civilians on post discriminate because you're in the military."

SP5 Andre Jackson, 864th Engrs.-"No, I don't feel that I've been discriminated against because I'm in the Army, from the civilian life. But, as a whole in the military itself, yes!





"If you were a civilian those eighteen shots would cost you at least 29 bucks! Can't you even say 'thank you'?"



Scuba Diving Club

The Conquistadores Del Mar continue their conquests of the Northern California coast. The Presidio's scuba diving club is actively experiencing the unique beauty and adventure of the underwater wonderland.

Come and share our experiences in an Underwater Film Festival on Thursday, November 10. This presentation is being held at the Recreation Center, building 135, from 7:30 to 10:30 p.m. There will be stills, slides and underwater motion pictures of not only our coast but from all over the world.

Some of the especially noteworthy presentations include a sound-slide production, which was recently favorable received at a San Francisco State University viewing and two films of the South Pacific waters, "The Sea of Eden" and "The Silent Warrior"

Refreshments will be served and divers will be available to answer your questions.

Flag football

Presidio League	Won	Lost
USS Fanning	8	3
LAMC	7	4
USAG	7	5
864th Engr	6	5
170th MP Co	4	6
666th Radar Sqdn	4	7
AFEES	2	8

Ft. Scott League (Final Standings)

	Woll	LUST
402d MP Co	14	0
LAIR	12	2
USS Flint	7	5
USS Hepburn	8	6
16th BPO	8	6
USPHS	4	9
HQ Sixth US Army	3	10
WRRC	0	14

Oct 25	170th MP Co	14	VS.	666th Radar Sqdn	12
	864th Engr	7	VS.	AFEES	0
	USS Fanning	22	VS.	USAG	20
Oct 26	402d MP Co	20	VS.	LAIR	6
	USS Hepburn	6	VS.	USS Flint	0
	16th BPO	14	VS.	USPHS	0
Oct 28	USS Hepburn	31	VS.	16th BPO	14
Oct 31	USAG	20	VS.	864th Engr	6
	USS Fanning	14	VS.	LAMC	12
	AFEES	16	VS.	666th Radar Sqdn	8
Nov 1	LAMC	21	VS.	170th MP Co	20
	USAG	14	VS.	AFEES	6
	USS Fanning	13	VS.	666th Radar Sqdn	12
	200	12 -			

Tennis Tips

The Backhand: For a more effective backhand, be sure to make the turn before you have set up to make the stroke. Allow yourself to bend from the knees, stroke through the ball and follow through high.

Basketball season opens

The Presidio Men's Basketball Team opened their 1977-78 NCRC League, play this past weekend with victories over McClellan AFB. Friday's win was 79-57. Harvey Boddy and Daniel Jackson led the way in the scoring column with 13 and 11 points, respectively. Rogers and Moore paced the losers with 16 points each. Saturday's victory was harder to come by, but with a hustling defense and balanced scoring, Presidio prevailed 62-60. Boddy again led the scoring with 14 points, followed by Paul Gagnon with 13, and Jackson with 12 points. The Presidio Men's and Women's Teams will travel to Mather AFB for league games on November 4 and 5.



Standings from the kegboard

Presidio League	Won	Lost
USACC LAMC #1 Reg. IX USASSG LAIR #1 USAG #1 93rd MI Bn Spt. Elm. #1 51st Engr Courier Sta. 163rd MP Co	14 7 7 7 9 9 6 8 6 2 5	2 5 5 7 7 5 8 10 14 11
Ft. Scott League	Won	Lost
		LUST

Civilian agencies instruct . . .

Continued from page 1

"People still tend to stereotype cops," explained SSgt. Cannon. "'Anybody can walk a beat.' But, it's not that simple any more. He may have to know what it is he's got in the palm of his hand and what agency to refer to to get assistance. When I think of all the jobs there are, the most humanistic should be the cop. You can't put people into a category of bad or good. We're all both. And we're all subject to blowing an emotional fuse. The better trained the MPs are, the better qualified they are to handle any situation," concluded SSgt. Cannon.

One member of the 402nd involved in the training is SP4 Richard Smith. "I've enjoyed the training so far. The speakers from the Dept. of Motor Vehicles were really good. I learned a lot about driver's liscenses and vehicle registration. The drug enforcement was really good, too."

At the end of the course the MPs that attended will receive a certificate of attendance, and will be better prepared to serve their community.



Vehicle identification is an important aspect of the Basic Police Training Course. SP4 Rich Hamburg looks this van over for identifying serial numbers. (photo by William Malkiel.)

Star Presidio of SAN FRANCISCO, CA 94129 Star Presidio OF SAN FRANCISCO, CA 94129

Volume 20, No. 46

Presidio of San Francisco

Friday, November 11, 1977

Weight control:

Physical fatness or fitness?

by PFC Linda Spillane

The problem of weight control seems to be always present. Whether people need to lose the weight so they will be able to fit into a more flattering, smaller size clothing fashion or an even smaller sub-compact sports car the problem of weight is very real.

The Army views weight through Army Regulation 600-9, "The Army Physical Fitness and Weight Control Program." This regulation calls for tougher guidelines and vigorous support of weight criteria. Also included in the regulation are guidelines which incorporate effective physical training programs for all personnel, regardless of age or duty assignment.

Additional requirements are that everyone under 40 years of age will take and pass a Physical Training (PT) test with at least a score of 300. This includes troops in schools lasting eight weeks or longer. Personnel over 40 don't get off much easier, either. They are expected to meet the weight requirements and engage in some form of physical fitness program.

Medical officers will be actively engaged in monitoring the weight of all personnal. The Department of the Army is making it quite clear that commanders at all levels will involve themselves in this weight control program. Troops who do not meet the regs' standards will be identified, reoriented and placed on a weight reduction program.

A soldier will be afforded every opportunity to bring his or her weight into line with accepted levels. If, however, an individual does not show progress towards weight reduction, severe action might be taken. The regulation does make provisions for placing bars to reenlistment or discharging an individual from the service.

Reducing caloric intake

There are two basic ways weight can be lost: 1) by reducing caloric intake to less than the caloric requirement; or 2) through exercise to burn up more calories. "A combination of the two works out best, an exercise program combined with a well balanced low calorie diet," stated Captain Dawn Carlson, Chief Clinical Dietetics Branch. "In the clinic we use a weight loss diet until the weight loss goal is reached. Then the person goes on a weight maintenance diet. More calories can be taken in through the weight maintenance diet, but it has the same principle of eliminating calories," continued Capt. Carlson.

"The goals are a combination of the weight the patient feels best at and Army standards. For dependents, the Metropolitan Life Insurance weight/height table is used, as a guide for the diet," said Capt. Carlson. "Physicians may indicate a weight that they would like to use for the goal, if there's a special physical condition where weight loss is indicated," added Capt. Carlson.

"Calorie count diets, limited carbohydrate diets, carbohydrate-free diets that, instead of emphasizing calories, emphasize reduction of carbohydrates — these diets are very dangerous and should only be used under a physician's direct supervision in a metabolic unit situation," warned Capt. Carlson. "More recently they've come out with powdered supplements or liquified supplements that contain basically only protein. Although they provide very little in the way of carbohydrates, they do provide vitamin and mineral supplements," she continued.

"A person who has a small amount of weight to lose is especially in danger if he tries to utilize this by himself. A person who has less than 30 pounds to lose should not use this regime," she added.

Re-education

"This regime has a disadvantage of doing nothing to re-educate a person's eating habits. The hardest part of weight loss is keeping it off," Capt. Carlson commented. "Anybody can lose weight on most any kind of diet. The trick is keeping it off afterwards. This can be done only be re-education of eating habits," Capt. Carlson continued.



Using the Post gym's exercise bike is Hortense Vincent

With a consult from a physician through the AIM clinic, a patient can come directly to the weight reduction clinic. He does not need to call anywhere and make an appointment. Classes on weight reduction are held every Friday at 9 a.m. in room 360 at LAMC. "The patients are able to come in for individual follow-ups to have their weight taken and to assess how well they're doing with weight loss," added Capt. Carlson.

Diet and exercise go together, so if you have a weight problem, consider developing an exercise program for yourself as well as watching what you eat. But as with a diet, exercise can do more harm than good if you try to go too far too fast.

Comfortable fatigue

Exercise shouldn't hurt. Push yourself only to the point of comfortable fatigue. The key is in consistent exercise over a long period. And don't skip the warm-up. Impatience will only lead to torn muscles, strained ligaments, or possibly even heart problems. Almost one adult in seven has some type of heart abnormality during exercise, and many don't know it. Anyone planning a program of vigorous physical activity should get a medical checkup first.

Don't believe the old wives' tale that says — work off a cold. Never exercise while suffering from an acute infection.

While attempting an especially strenuous exercise, there is a tendency to hold your breath. However, it should be avoided. The strain increases the pressure in your chest, interfering with the return of blood to the heart. A normal person could faint, while someone with unsuspected heart defects could have an attack.

One test of whether or not you're exercising too hard is how long it takes your breathing and pulse to return to normal. If it takes any longer than 10 minutes you're working too hard.

Avoid rapid muscle action, or ballistic movements before warm-up. When touching your toes, reach slowly just until you reach the point of pain; sometimes your momentum can carry you past the point of pain so that you're more likely to strain the muscle.

Your exercise program will depend on what part of the body needs emphasis. Calisthenics, bowling, golf, weight lifting, etc., will improve flexibility, coordination, and muscle tone. But to strengthen your heart and lungs, a more active sport such as swimming, jogging, bicycling, basketball, etc., is necessary. Naturally, a combination of exercises is best, to keep the whole body in shape.

Extra motivation

If you need extra motivation, try out for the Presidential Sports Award. This award is given for participation in any of 43 group and individual sports, including swimming, jogging, cycling, archery, back packing, basketball, canoe/kayaking, climbing, fencing, handball, and judo and karate. The basic qualification is 50 hours of participation, spread over 50 activity sessions, within a period of four months.

Whatever your exercise program, make it one you'll stick with consistently. Sporadic strenous exercise will only result in sore muscles and does nothing to strengthen your heart and lungs.

The Post Gym is equipped with tumble mats, racket ball and squash courts, an exercise weight room with weights, balance beams, parallel bars and an exercise bike. The gym also has a locker room, showers and a sauna for both men and women. There is no fee for use of these facilities and you can come and go as you please. For more information call the Post Gym, ext. 4120.

Weight tables for Army personnel (regardless of age)

To give you an idea of whether or not your extra flab could cost you your job, here is a table of where you should stand for your height and age. The Department of the Army (DA) developed this weight table, which leaves a fair amount of leeway between the minimum and maximum number of pounds allotted for each member of the Army.

MEN		WOMEN
Weight	Height =	Weight
166 - 250	- 6' 8"	
159 - 244	- 6' 7" -	
153 - 238	- 6' 6" - =	
151 - 232	- 6' 5" - =	
147 - 226	- 6' 4" - =	
143 - 220	- 6' 3" - =	
139 - 214	- 6' 2" -	
135 - 208	- 6' 1" -	
131 - 203	- 6' -	125 - 175
127 - 197	- 5' 11"-	122 - 170
123 - 192	- 5' 10"-	118 - 165
119 - 186	- 5' 9" -	115 - 160
115 - 181	- 5' 8" -	112 - 156
111 - 176	- 5' 7" -	109 - 151
107 - 170	- 5' 6" -	106 - 147
106 - 165	- 5' 5" - =	104 - 142
105 - 160	- 5' 4" - =	102 - 138
104 - 155	- 5' 3" -	100 - 134
103 - 150	- 5' 2" -	98 - 130
102 - 146	- 5' 1" - =	96 - 125
100 - 141	- 5' - =	94 - 121
	- 4' 11"-	92 - 117
	- 4' 10"- =	90 - 113
(with	out shoes or cloth	ing)

WHAT'S HAPPENING

Food Stamps

By Diane Newcomb, ACS Budget Counselor If your food dollar just doesn't stretch far enough, you may find some relief with the Food Stamp Prog-

ram. Whether you're married or single, live on or off Post, you could qualify if you have a place to cook

What are Food Stamps?

Simply, they are coupons that are used instead of money when you buy food items at the store or seeds that will grow food. You may have to purchase a portion of these stamps, but extra "bonus" stamps are given free when your adjusted income qualifies. These stamps cannot be used to buy liquor, beer, vitamins, cigarettes, paper products, soap products or pet food. They can be used for food items at grocery stores, health food stores and food at the commissary. They cannot be exchanged for cash.

How to Tell if You're Qualified:

Although Food Stamps are issued only at Food Stamp Offices and must be applied for in person in the County in which you live, you can save travel time by doing the preliminary screening at your Army Community Service Office, Bldg. 214. Have your Leave and Earning Statement ready as it contains most of the required information. The process takes about five minutes and can be done by phone. Call ext. 5057 Tuesday morning when a qualified volunteer will expedite the process.



Traditional Holiday Bazaar

The Presidio Officers' Wives Club is sponsoring a Traditional Holiday Bazaar, Saturday, Nov. 19, at the Presidio Recreation Center, Bldg. 135, off Lincoln Blvd. There will be a ribbon cutting at 10 a.m., with the doors opening for sales afterwards.

The Bazaar will feature traditional bazaar items, an old fashioned Country Store, the White Elephant Booth, the Kiddies Korner, a Sidewalk Cafe, the Magical Candy Cane Tree, and much more.

The Bazaar is open to the entire military community. and there is plenty of parking available. For more information contact Sandra Bradbury, 928-7608, or

.

Movies

Dee Kostelnik, 567-6204

PRESIDIO THEATER Friday, November 11, One-On-One (PG), 6 p.m. Saturday, November 12, Special Matinee: The Golden Voyage of Sinbad (G), 2

Saturday, November 12, One-On-One (PG), 6 p.m. Sunday, November 13, Sorcerer (PG), 6 p.m. Monday, November 14, Sorcerer (PG), 6 p.m. Tuesday, November 15, Bruce Lee, Super Dragon (R), 6 p.m.

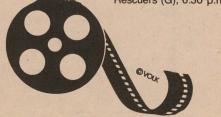
Wednesday, November 16, Grizzly (PG), 6 p.m. **Thursday,** November 16, Grizzly (PG), 6 p.m. SCHWARTZ/LETTERMAN Friday, November 11, Bruce Lee, Super Dragon (R), 7 p.m.

Monday, November 14, The Pink Panther Strikes Again (PG), 7 p.m. Tuesday, November 15,

The Swinging Cheerleaders (R), 7 p.m.

Wednesday, November 16, Orca (PG), 7 p.m. Thrusday, November 17, Demon Seed (R), 7 p.m.

OAKLAND ARMY BASE Monday, November 14, Orca (PG), 6:30 p.m. Thursday, November 17, Fun With Dick and Jane (PG), 6:30 p.m. Friday, November 18, The Rescuers (G), 6:30 p.m.





USO dances

Come to the USO's Friendship Dance, 8 p.m., Friday, Nov. 18, and Saturday, Nov. 19. To participate in the dance it is asked that you bring some canned goods for a needy family -- don't forget those less fortunate while having a good time. Your canned goods will be delivered to a needy family on Thanksgiving day. Bring one can, bring a dozen, every contribution will be appreciated. You will be happier for it and so will the recipient. The USO is counting on you.

You can also dance every Friday and every Saturday at 8 p.m. at the San Francisco USO, Airline Terminal, 375 O'Farrell Street. Junior Volunteers serve as hostesses. Open the USO Discotegue and dance to their records. They have them all: The Grateful Dead, Atlanta Rhythm Section, The Doobie Brothers, The Pointer Sisters, Ojays, Eagles, John Denver and Steve Miller, to name just a few. You call the tune!

Flu vaccinations

Mandatory flu vaccinations will be given to all active duty personnel assigned to the Presidio on November 16, from 10 a.m. to 4 p.m., at the Post Theater. Please bring with you your International Immunization Certificate, PHS 731.

British Remembrance Day

Services for British Remembrance Day will be conducted at the Presidio Post Chapel, Sunday, Nov. 13, at 5 p.m., with a march by the color guard, honor guard, and the Bagpipe Band from the Presidio Officer's Club to the Chapel at 4:45 p.m. British Remembrance Day, sponosred by the British Royal Legion, will have Chap. (Col.) Robert Plocki as the featured speaker. For more information contact the Post Chapel, ext. 4711.



Santa's mail room

The mailroom at the North Pole is already buzzing with activity as Santa's helpers dust off mailbags that will hold thousands of letters from Santa Claus to children around the world.

Santa's helpers are men and women of Detachment 2, 11th Weather Squadron at Eielson Air Force Base, Alaska. For the past 22 years, they have helped Santa with his Christmas mail, returning some 165,000 letters to youngsters through the "Santa's

The program involves taking letters sent to the Detachment by the children's parents and then remailing the letters — which parents have written as if by Santa himself — to the children. The letters are personalized with a drawing of Santa, and the envelopes bear the North Pole, Alaska, postmark.

Any parents, military or civilian, who would like their children to receive letters from Santa should:

• Write a letter to the child as though Santa were the Address a stamped envelope to the child;

 Mail both the above items in an envelope addressed to: Detachment 2, 11th Weather Squadron, Santa's Mailbag, Eielson Air Force Base, Alaska

Parents are encouraged to mail their Santa letters early to insure receipt of the letters by children before Christmas. (AFPS)

Toastmaster Laurels

Added laurels for the Presidio were won recently by Bowman Olds, President of The Presidio Toastmasters Club, in the Toastmasters International Humorous Speech Contest for San Francisco Areas 5A and 5B, conducted at the Bechtel Corporation Building.

Toastmaster Olds won first place from among a contestant group of eight entrants, who presented stiff competition. Bowman provoked the most laughter with his Hawaiian pidgin-English version of "Little Red Riding Hood." Olds will go on to compete in the Toastmasters International Humorous Speech Contest at the District level.

Bowman's fellow Presidio Toastmasters are supporting him enthusiastically in his next effort at the District Conference, confident his ability can win another award for the Presidio and its Toastmasters Club. Bowman, in duty circles, is otherwise known as Captain Olds, on duty with the University of San Francisco's ROTC staff. Bowman is also a dedicated distance runner, given to nine mile gruelling runs on frequent weekends.

Presidio Toastmasters has a limited number of membership openings for interested men and women, both military and civilian in the Presidio community. Contact Doris Harvey 2845 or Milo Bacon, 4226, for



Sixth Army Band concert

The Sixth Army Band will present a concert on Wednesday, November 16, at 7:30 p.m., at the Presidio Playhouse.

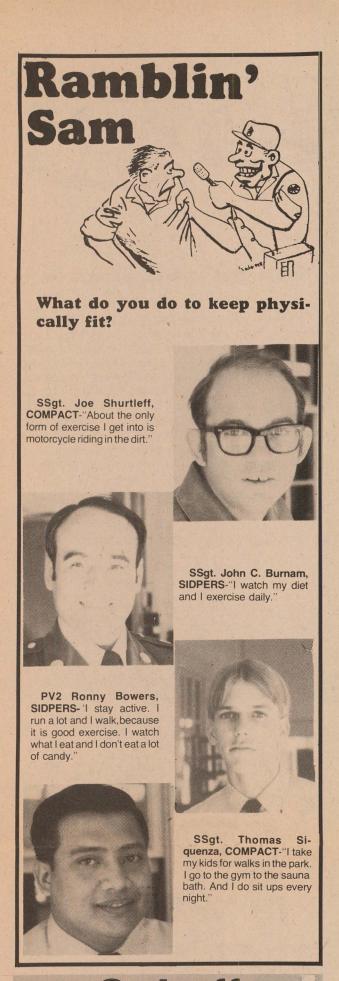
The program will include "Hungarian Rhapsody No.1" by Liszt, "American Salute" by Morton Gould, "Rolling Thunder March" by Henry Fillmore, "Liberty Bell March" by Sousa, and "Battle Hymn of the Repub-

The concert is free, and the public is invited to



Star Presidian

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Get off your butts!

Nov. 16 Union Square Rally

Wednesday Noon • It's for smokers & non-smokers. An exciting hour & half of music, entertainment & festivities sponsored by The American Cancer Society in support of The Great American SmokeOut.

mimes, jugglers & airplanes, along with The World's Largest Ashtray & The World's Tallest Cigarette! All at Union Sq. at Noon. We'll crown the Ashbowl King and Queen, (someone you're sure to recognize) and much, much more.

It'll be a great celebration. Be there & join in the festivities.

Nov. 17 SmokeOut Day

This is it! A full day of no smoking across the nation. Its purpose is to give smokers a chance to take a break from smoking; to know that its possible & to have everyone's support in doing it. Imagine! A full day off! No looking around stealthily for "NO SMOKING" signs. No going back after the last poignant goodbye because you forgot your cigarettes. No more broken fingernails from flicking your lighter. A day to get off your butts! The Great American SmokeOut.



Watch the birdie, now!

The 1977 fifteenth annual Military Photographer of the Year competition is being conducted by the University of Missouri School of Journalism and the National Press Photographers Association, in cooperation with the Department of Defense.



The competition is open to all active duty military photographers and photojournalists. National Guard and Reserve members who occupy a validated photo-

journalist position in an active unit or during an annual training period may also enter. However, they must certify that their primary civilian occupation is not that of photographer, photojournalist or the like.

Entries this year may be submitted in four military categories (news, sports, feature, picture story) and in four nonmilitary categories (portrait/personality, pictorial, feature, picture story).

Each entry package must be the work of one individual and should be mailed to: Military Picture of the Year, Photojournalism Division, Defense Information School, Ft. Benjamin Harrison, Ind. 46216.

All entry submissions must be received by Feb. 15, 1978, for judging in March and notification of winners in April. Awards will include first, second, and third place and honorable mention in all categories.

To qualify for the overall title of Military Photographer of the Year, a contestant must submit photos from the news, sports, pictorial and portrait/personality categories, as well as feature and picture story entries from either the military or nonmilitary category.

Additional information and contest entry forms may be requested by calling Autovon 699-3783 or 277-6161.

Education Opportunities

If your son or daughter is currently attending college or planning to pursue post secondary level study in September 1978 and your children require financial assistance to attend school, now is the time to obtain further information about scholarships and loans.

Army Emergency Relief has an educational assistance program for dependent children of Army members - active, retired, or deceased. Dependent sons and daughters of Army members, who will not have attained their 22nd birthday by August 1, 1978 and who need financial assistance to pursue undergraduate schooling, are eligible to apply for a loan and/or scholarship for the school year beginning September 1978.

The funds available for loans and scholarships are limited. The maximum amount of assistance is \$1,500 per school year or a total of \$6,000 for four years. Need is the primary criterion for a scholarship and is considered also for a loan; in all cases merit and ability are evaluated in the review of applications by Headquarters, Army Emergency Relief.

The AER loan program is conducted under the United States Higher Education Act and administered by

United Student Aid Funds Incorporated, a non-profit organization specializing in managing educational loans. The loans are actually made by banking institutions, which have agreed to participate with AER in the program.

Individuals currently enrolled in school who are now receiving AER educational assistance must apply again for continued assistance in the next school year. Because funds are limited, these applications will be evaluated competitively with new ones to assure that the most deserving and needy applicants are provided the available assistance for each academic year.

Applications for AER educational assistance must be complete and be received at Headquarters, AER, Washington, DC, not later than March 15, 1978 to be considered for the school year beginning September 1978

For further information and to obtain the required application form, you should contact your local AER Officer in Building 214, Presidio of San Francisco between 7:30 a.m. and 4 p.m.

On Guard, Thief

If you fail to take proper precautions in protecting your property, the US Government holds no liability to pay claims. In the case of government property which you are responsible for, you can be held liable and made to pay for the loss. Before you decide not to read further because you feel the article doesn't apply to you, look around. Are your children's toys secured, or are they scattered up and down the street? Is your grill out in the yard? Did you remember to bring in the lawn furniture? Is your car locked? Have you left a lawn mower or other garden tools outside? Do you close and lock your windows and doors every time you go out, even if it's only for a few minutes?

At the office, do you leave your purse unattended when you are elsewhere? Are your valuables out in the open, or locked in your desk when you go on break? Are the office windows and doors locked and the equipment accounted for and secured at night? Are the security lights operable and turned on? If you see crime prone situations, do you report or ignore them, hoping someone else will report them? The above are only some of the things you should be thinking about, as all are small but necessary steps in our total effort to reduce crime at the Presidio.

There are many factors evaluated in determining if a claim will be paid for stolen property. The initial and follow-up investigations are conducted by the Military Police, who respond to complaints by the victims of larcenies. If the Military Police investigation reveals negligence on the part of the owner/custodians of the property, the official Military Police records will reflect this

The Staff Judge Advocate claims section is provided a copy of the final police report to use as a reference should the victim submit a claim. This report, together with the claims section's own investigation form the basis for determining whether or not a

claim will be paid. The "rule of thumb" is, if proper safeguards were not taken, no payment is made.



It is vital that you take an active part in protecting yourself against casual theft. Use the situations referred to above as guidelines for taking precautions. Secure your property, and report crime prone situations. Remind your co-workers of the dangers of leaving valuables unattended and unsecured. Finally, if you have any questions or need advice on a crime prevention problem, call the Provost Marshal's Crime Prevention Section at 561-5011.



Kegboard standings

PRESIDIO LEAGUE	WON	LOST
USACC	16	4
LAMC #2	11	5
Reg. IX	10	6
93rd MI Bn	9	7
Spt. Elm. #1	11	9
USAG #1	11	9
USASSG	8	8
LAIR #1	10	10
163rd MP Co.	5	11
51st Engr.	6	14
Courier Sta.	3	17
FT. SCOTT LEAGUE	WON	LOST
FT. SCOTT LEAGUE SFFO CID	WON 19	LOST 1
SFFO CID	19	1
		1 3
SFFO CID Spt. Elm. #2	19 13	1 3 5
SFFO CID Spt. Elm. #2 USAG #2	19 13 15	1 3
SFFO CID Spt. Elm. #2 USAG #2 93rd MI Bn #2	19 13 15 12	1 3 5 8
SFFO CID Spt. Elm. #2 USAG #2 93rd MI Bn #2 LAMC #2	19 13 15 12 11	1 3 5 8 9
SFFO CID Spt. Elm. #2 USAG #2 93rd MI Bn #2 LAMC #2 LAIR #2 16th BPO SIGSEC	19 13 15 12 11 7	1 3 5 8 9
SFFO CID Spt. Elm. #2 USAG #2 93rd MI Bn #2 LAMC #2 LAIR #2 16th BPO	19 13 15 12 11 7 6 7	1 3 5 8 9 9
SFFO CID Spt. Elm. #2 USAG #2 93rd MI Bn #2 LAMC #2 LAIR #2 16th BPO SIGSEC	19 13 15 12 11 7 6 7	1 3 5 8 9 9 10 13



HQ Co, USAG

The Company finished its annual CBR Training this week

Ida Alston was promoted to the rank of PFC. SP5 Ruby Johnson reenlisted for 3 yrs. 504th MP BN

The Basic Police Training Course is currently being conducted throughout the Battalion.

170th MP Co Dell Argo - Scott Bee - David Underwood and

Barbara Warthen were all promoted to the rank of

Michael Withington - Trina Smith - Terry Schellinger and James Miller were promoted to the rank SP4.

402nd MP Co

Awards will be presented to unit members today for successfully completing the Basic Police Training Course.

D Co. 864th Engrs.

Nolan Woodward promoted to SGT. David Kelly promoted to SSG.

Ross Tetzlaff - Kenneth Waller promoted to SFC. New Arrivals - SGT. James Tuttle & Sgt. Ralph

PCSing - SP4 Michael Patrick, SP4 Donald

Korner, SP4 Scott Drake, SP5 Lewis Metz.



Racquetball tourney

An active duty women's racquetball tournament will be held at Travis AFB November 18-20. It is being co-sponsored by the Women's Interservice Recreation League and Travis AFB. Competition will be on a double elimination basis in both doubles and singles play. For more information, call ext. 4120/5032 or visit the Post Gym, bldg. 63.

Cross-country championship

The Post Cross-Country Championship will be held on the Presidio November 22. The race will start and finish at Post Gym #1 (Bldg. 63). Starting time is 12 p.m.. The distance will be 5000 meters (3.1 miles). The race is open to active duty, dependents and Department of the Army civilians who are assigned to the Presidio.

A running clinic (shoes, training, diet, etc.) will be given on Nov. 21 at Post Gym #1 at 12 p.m.

For more information and signups, call ext. 4120/5032 and ask for Bob Darling, or visit the office at Gym #1.

Basketball practice

The basketball courts are being kept warm day and night as the Armed Forces Basketball Team practices in earnest for the up-coming NATO Tournament, at SHAPE Headquarters in Belgium. The team is being coached by Hal Fischer, our own Sports Director.

This year's team has some veteran players returning, including Jyrona Ralston, Eddie Brown, Al Fornay, and Pierce Russell, of the Army.

This team has much potential and should perform very well in the upcoming Championship in December.

Flag football

The Flag Football season came to a head with last week's play-offs. The teams involved were LAMC, LAIR, 402d MP Co and the USS Fanning. Early action results are as follows:

Nov 3 LAIR	13	402d MP Co	14
LAMC	6	USS Fanning	0
Nov 4 402d MP Co	7	LAMC	14
LAIR	0	USS Fanning	0
Nov 7 LAMC	14		
LAIR	0		

The championship game will be between LAMC and the 402d MP Co. If the 402d MP Co. wins, they will be the champions. If LAMC wins this game, there will be an "if" game which LAMC will have to win for the championship. Next issue will have facts on the championship.

Tennis tip

The Volley: When practicing or warming up, remember to warm up the volleys also. This will prevent them from feeling foreign to you if you're forced to volley. Position yourself halfway between the service line and the net and remember to keep the racquet head above your waist.

Trout plants

If water, weather, and road conditions are favorable. the following waters will be stocked with catchable trout this week by the Department of Fish and Game:

Alameda County — Lake Chabot. Contra Costa County — Lafayette Reservoir Marin County — Rodeo Lagoon Napa County — Hennessey Reservoir San Francisco County — Lake Merced Santa Clara County — Cottonwood Lake, Sandy Wool Lake

Santa Cruz County - Pinto Lake Sonoma County — Lake Ralphine, Spring Lake

Youth basketball program

The Youth Basketball program will start in the near future. All boys and girls between the ages of 9-18 are eligible to participate. Registration is now under way at the Recreation Services Division, Bldg 122. A fee of \$2.00 will be charged each youth upon registration. Further information can be obtained by contacting the Youth Activities Director, ext 5141/3637. Participation by youths 17-18 years of age will depend upon the number who register. A dire need exists for coaches. Those persons, military or civilian, interested in volunteering their services are urged to call the Youth Activities Director or Mr. Chung, ext 4800.



Post basketball teams

The men's and women's Post Basketball teams traveled to Mather Air Force Base last weekend for NCRC League games. The women's team split their two games, while the men lost both of theirs. On Friday night, November 4, the women were defeated 41 - 36, with Jean Ross pacing the PSF scoring attack with 11 points. Mather AFB's Kay Allen contributed 14 points in their winning effort. Saturday afternoon's game was an entirely different story. The PSF women took complete charge of the game from opening tip-off and never looked back, winning by a score of 43 - 28. Coach Thomas' team played outstanding defensive basketball and denied the Mather women any easy baskets. Camille Barone, Jean Ross and Janet Brown paced the PSF balanced scoring attack with 11, 10 and eight points respectively. Kay Allen was again Mather's top scorer with eight points.

The mens' team lost on Friday, 79 - 68. The game was not decided until late in the action, when PSF had a breakdown in their defense and Mather scored on some easy lay-ups. Daniel Jackson, Barry McClure. and Paul Gagnon paced the PSF scoring with 16, 16 and 14 points. Jenkins was the leading scorer for

Mather with 22 points.

In Saturdays' game, PSF was leading at halftime 45 -41 and appeared to have Mather playing their game. In the second half, defense again seemed to be the key factor, as PSF lost some of their intensity and Mather was quick to capitalize. Final score was 99 to 84 in favor of Mather. Harvey Boddy led the PSF scoring attack with 26 points, followed by Carl Bryant with 15 points. Shoelin paced Mather with 22 points. The post teams are at home this weekend against Travis AFB. Game times on Friday are 6:30 p.m. and 8 p.m. and on Saturday at 12 p.m. and 1:30 p.m. See you at the games.

U.S. Government Printing Office 789-119/Print Order No. 15

APO Desert, CA

For most members of the 1st Infantry Division participating in Operation DEVIL STRIKE, at Fort Irwin, CA, desert training is a new experience. But, for those soldiers with the 16th Adjutant General Postal Detachment (16th BPO), from the Presidio, it's routine.

The desert training exercise, at the sprawling 640,000-acre fort in the Mojave Desert, started in late October; when it's over, according to Sergeant First Class James Wood, Postal detachment NCOIC, the unit will have spent five months away from their home

"We've done it enough times so that everything runs quite smoothly," SFC Wood said. "We provide complete postal service to units during the entire experience, and we're unique in that we're the only unit of our kind in existence.

There is a civilian post office at Fort Irwin but it's only open a few hours each day. With the 16th BPO providing services, DEVIL STRIKE personnel needn't worry about getting to the post office at certain times.

With the turnover of the Army postal system to civilians in recent months, members of the 16th BPO are gaining valuable experience.

"At the Presidio," says SFC Wood, "we assist civilians in getting the mail out, but while here we do all

"This is good for the postal clerks and those who are being trained for the MOS," he concluded.

Private First Class Sheila Johnson and Private First Class Sheryl Cummings, both postal finance clerks, agreed. "It's a good working experience for us," they said. "We're getting training in our jobs here that we can't get at the Presidio.

While DEVIL STRIKE soldiers adjust to the desert climate and begin field operations, the 16th Adjutant General Postal Detachment continues on with 'business as usual!'



During Operation DEVIL STRIKE, at Fort Irwin, CA, (from left) PFC Sheila Johnson, SP4 Carol Mullin and SP4 Arlette Brown sort the mail and review personal mail data. These mail clerks from the 16th AG Postal Detachment are providing full postal services to soldiers participating in DEVIL STRIKE during November and December. (U.S. Army Photo by Alain Rigaud)

Star Presidian

Volume 20, No. 47

Presidio of San Francisco

Hazardous duty: "Bomb Squad"

Little Sally and John Smith were playing along the shoreline, when Sally found a strange looking metallic object. "Hey, look what I found," exclaimed Sally. "Wow, that looks really weird," said John. "What do you think it is?" asked Sally. "I dunno," John replied, 'Why don't you just throw it in the water?" he asked. "Okay," Sally agreed as she threw it into the water and walked on.

That was the wrong thing to do because the metallic object that Sally and John found was a blasting cap. It could have gone off, causing injury or death to both children.

What is the right action to take when you find an explosive device like a blasting cap, bomb, grenade, or other suspicious object? Who handles that type of problem?

The 'Bomb Squad' is the answer to the problem. The 'Bomb Squad', the Presidio's 87th Ordnance De-

tachment (EOD), are the people who cope with explosives which threaten lives and property. The unit operates under a joint service (Army, Navy, etc) regulation which establishes the EOD program. According to the regulation, the first EOD unit to become aware of an explosive incident is responsible for taking immediate action to limit damage or injury. However, the EOD units of the different services must help each other when asked.

The Army has general EOD responsibility for: 1) explosive ordnance in the physical possession of the Army;

2) all land masses, except for these few areas assigned to another service;

3)working together with local governments and Civil Defense agencies to search for explosive devices; 4) assisting the U.S. Secret Service protect the President and other VIP's from bombs and other explo-

"Around this area, mainly civil war relics and small items, such as hand grenades, rifle ammunition, and cannon balls are found, since this was a firing range during World Wars I and II," says Sergeant First Class W.A. Small, 87th Ordnance Detachment Comman-

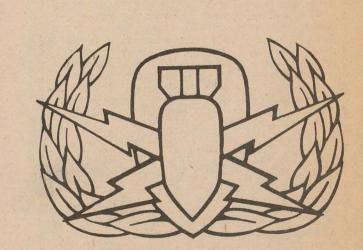
"The problem is not only with children but adults as well, activists and terrorists groups, what have you,' said SFC Small. "We have primary responsibility from the Oregon border all the way down to just south of San Francisco--and that is close to about half of California. Everything that's not on Air Force, Navy, or Marine Corps Bases, we are responsible for," SFC Small added.

"We take care of all the civilian population in those county areas all over the State. Anytime there is an accident involving any kind of hazardous cargo, such as explosives, we become involved," explained SFC

If you happen to find an explosive device or even an item that looks suspicious, SFC Small suggests you report it promptly to the MP's, or the EOD at ext. 2437, 4203 or 4312.







LET THE MEN WHO WEAR THESE BADGES HELP YOU STAY ALIVE

WHAT'S HAPPENING

Holiday specials

All Presidio Exchange facilities will be featuring specials for your holiday shopping pleasure, Nov. 30 through Dec. 3.

To make it a merrier Christmas, there will be a free drawing for a Norelco Microwave Oven.

Visit your exchange Nov. 30 through Dec. 3 and check the specials. At the same time, enter your name

Also, stop by the Cafeteria during this period, purchase any type hamburger and receive a 21/2 oz. portion of french fried potatoes "free".

Playhouse auditions

Auditions for "Where's Charley?" will be held on Saturday and Sunday, December 3 and 4 at the Presidio Playhouse from 9 a.m. - 5 p.m. The musical comedy is based on the famous farce, "Charley's Aunt," and will be presented by the Presidio Players in conjunction with the 1978 FORSCOM Tournament of Musical Plays. Tryouts for the large cast are open to anyone interested and appointments may be made by calling 561-3992 from 1-5 p.m. "Where's Charley?" will open at the Playhouse on February 10.

The second production of the Presidio Players' season, "A Thousand Clowns," will open on December 2 and continue intermittently through Jan. 15. Performances on January 8, 12, and 15 will be Dinner Theatre Shows, in conjunction with the Presidio Officer's Club. A buffet dinner will be served at the club beginning at 5:30 p.m., followed by the performance at the Playhouse at 7 p.m. All other performances begin at 8 p.m. The box office at the Playhouse will be open most afternoons starting November 28, except Sundays, and 30 minutes before performances. For further information call 561-3992 from 1-5 p.m.

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Movies

PRESIDIO THEATER Friday, Nov. 18, The Pink Panther Strikes Again (PG),

Saturday, November 19, Return to Boggy Creek (G), 2 and 6 p.m.

Sunday, Nov. 20, Orca (PG), 6 p.m. Monday, Nov. 21, Orca

(PG), 6 p.m. Tuesday, Nov. 22, Demon

Seed (R), 6 p.m. Wednesday, Nov. 23, Day of the Animals (PG), 6 p.m. Thursday, Nov. 24, Fun With Dick and Jane (PG), 6

ORCA (PG) Richard Harris

inadvertently kills a female

killer whale after being

warned that the 'Orcinus' is

endowed with a voracious appetite, an ability to kill and

an almost human drive for

revenge. The stage is set for

it's mate to start a vendetta

against Harris and his friends. Elements of viol-

ence may not be suitable for

DAY OF THE ANIMALS

SCHWARTZ/LETTERMAN Friday, Nov. 18, Day of the Animals (PG), 7 p.m. Monday, Nov. 21, Fun With

Dick and Jane (PG), 7 p.m. Tuesday, Nov. 22, The Rescuers (PG), 7 p.m. Wednesday, Nov. 23, Out-

law Blues (PG) 7 p.m. **Thursday**, Nov. 24, Cry For Me Billy (R), 7 p.m.

OAKLAND ARMY BASE

Monday, Nov. 21, Outlaw

Thursday, Nov. 24, People

That Time Forgot (PG), 6:30

Friday, Nov. 25, Car Wash

Blues (PG), 6:30 p.m.

(PG), 6:30 p.m.

OUTLAW BLUES (PG) While in Huntsville prison, Bobby Ogden (Peter Fonda) auditions with a countrywestern star and performs his composition 'Outlaw Blues'. Shortly before his release from prison he learns the star claims he wrote the song and has a smash hit. Ogden goes after the star. Some material may not be

suitable for children.

(PG) Christopher George is the leader of a group of hikers in the mountains to commune with nature be-fore hearing the news of the unusual behavior of animals exposed to the sun's direct rays. They are periodicallly attacked by the crazed animals. Elements of violence may not be suitable for chil-



Traditional holiday bazaar

Don't forget the Traditional Holiday Bazaar, sponsored by the Presidio Officers' Wives Club, Saturday, Nov. 19. The Bazaar will be held at the Presidio Recreation Center, Bldg. 135. There will be a ribbon cutting at 10 a.m., with the doors opening for sales afterwards.

The Bazaar is open to the entire military community, and there is plenty of parking available. For more information contact Sandra Bradbury, 928-7608, or Dee Kostelnik, 567-6204.



Triple header

A triple header, featuring the Australian National Champions against the US Armed Forces entry to the SHAPE Tournament in Belgium will give local basketball fans a full day of action Sunday, Nov. 27.

Net action will get underway at 11 a.m. when the University of California Medical School invades the Presidio Gym to take on the Armed Forces hoopsters.

The main attraction featuring the Australians and the US team will tip off at 1 p.m., followed by the Presidio Women's Team playing host to the Alameda WAVES at 2:45 p.m.

The Aussie's bring with them two members of the 1976 Olympic team that battled to an eighth place finish at Montreal: 7' center Peter Walsh and 6'1' guard, John Maddock.

The US Armed Forces Team, based here at the Presidio, and winners of the 1977 World Military Championship, will be led by Jyrona Ralston—MVP, US National Championship — and Pierre Russell, former member of the Kentucky Colonels.

The Australian National Team is scheduled for a number of appearances in the Bay Area in addition to their Nov. 27 date at the Presidio. November 19 will find them at San Jose State, Nov. 26 at St. Mary's College, and Dec. 6 at Santa Rosa Junior College. They will also be touring throughout California, Nevada, Colorado and Montana.



Due to the Thanksgiving holiday, there will be no issue of the STAR PRESIDIAN on Friday, Nov. 25. Look for the next issue Friday, Dec. 2. Happy Holi-

Back on the beat

by R.E. Leach

The cop is back on the beat at the Presidio -- a small number of Military Policemen are on foot patrol here in an effort to control the increasing problem with casual crime and household burglaries.

The MPs walk varied routes primarily in the family housing areas. They follow a random schedule, and carry two-way walkie-talkies. In addition to providing visibility to law enforcement, these MPs are able to assist visitors in locating facilities on post.

Because most of the housing is located in compact areas the MPs on foot can cover a large number of quarters easily by moving through yards and between

All quarters occupants are encouraged to cooperate with the walking patrol by reporting anything unusual. The MPs are there to protect and preserve government and private property, and to assist residents in any way necessary.

TROOP TALK

TROOP TALK articles are contributed to the STAR PRESIDIAN by unit news representatives.

Their names are bracketed next to their unit.

170th MP Co (Sgt. Tolley)

SSG Willie Rodiquez just arrived from Germany to become the unit's latest member.

A few MPs from the 170th MP Company will have something extra to be grateful for this Thanksgiving. Their officers and senior NCOs will take over patrol duties for an entire MP shift and give them the day off. The Company Commander, Captain Philip H. Lynch, and his staff will be doing this as their way of saying "thanks" to the "whitehats" of the 170th for a job well

D Co, 864th Engrs. ((SP5 Taylor)

PFC Juan Stewart is ETSing this week.

Congratulations are in order to D Company and it's outstanding Dining Facility for being chosen the Presidio's Best Dining Facility Award for four quarters this year and two quarters last year. This is a rare and unique distinction.

HQ Co, USAG, (SSG Kelly) 504th MP Bn. (Sgt Shuler) Training at Camp Parks. 163rd MP Co, (SFC Untalan) No news.

402nd MP Co, Lt Emard) Training at Camp Parks. HHD, 504th MP Co, Pfc Reyes)

Training at Camp Parks. 16th BPO, (Lt Moore) See front page article.

REMINDER: Unit representatives are urged to send their unit happenings in to the paper on time. Deadline for all material to be submitted is 1:30 p.m., Wednesday. To ensure your unit receives adequate publicity, your cooperation is needed.

Star Presidian

The Star Presidian is an authorized unofficial offset Army newspaper, with a circulation of 5,000, published weekly under the provisions of AR360-81 by the Public Affairs Office, Presidio of San Francisco, CA 94129. Views and opinions expressed herein do not necessarily represent those of the Department of the Army. Editorial offices are located in Building 37. Newsroom telephone: (415) 561-3908 or 2005. Colonel John D. Hamilton, Sr., Commander Major Carole M. Campbell, Public Affairs Officer SP4 Rebecca S. Hall, Editor PFC Linda Spillane, reporter

Thanksgiving highlights

Thanksgiving Day November 24, 1977 Lunch Menu Shrimp Cocktail

Roast Turkey Baked Ham
Bread Dressing Corn Bread Dressing
Cranberry Sauce
Giblet Gravy

Mashed Potatoes
Buttered Lima Beans
Golden Glow Salad
Salad Dressing

Glazed Sweet Potatoes Buttered Broccoli Lettuce Salad Celery Seed Dressing

Butterflake Rolls
Butter
Mincemeat Pie
Pumpkin Pie
Fruit Cake
Whipped Cream
Assorted Fresh Fruit
Assorted Candy Mixed Nuts
Tea Coffee Milk Soft Drinks

USO Thanksgiving

It has become a tradition for a lot of military personnel to spend Thanksgiving day at the USO. (Wives and dependants are also invited).

The festivities start at 5 p.m. There will be a buffet of turkey, stuffing, cranberries, salads, pies, cakes and refreshments and all is free of charge.

That's on Thanksgiving day, Thursday, November 24, at San Francisco USO, Airline Terminal, 375 O'Farrell St.

The holiday meal rates for meals in Presidio dining facilities for the Thanksgiving noon meal are:

Auth. Personnel Officer	Food Cost 1.70	Surcharge 1.00	Total 2.70
Enlisted on Separate Rations	1.70		1.70
All Dependents 12 Years of Age or Over	1.70	1.00	2.70
All Dependents Under 12 Years of Age	.85	.55	1.40

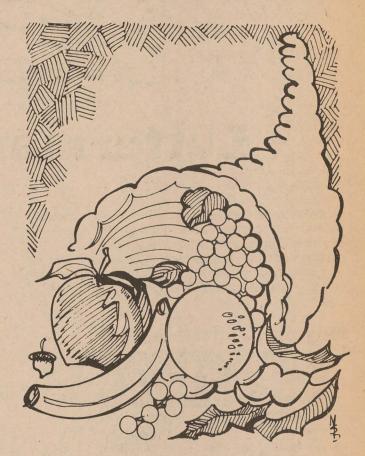
Personnel Receiving Per Diem: Surcharge will be \$2.60.

For additional information, contact the Post Food Service Supervisor, MSG Cheatum, Bldg. 901, phone 2259

Chapel services

The Presidio will have its annual Thanksgiving service at the Post Chapel on Wednesday, November 23, at 7 p.m. The service is Ecumenical (all faiths) and will be led by military and civilian clergy.

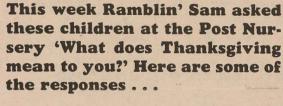
The theme for this year's service will be 'One People and One Nation Under God', with Chaplain (LTC) Walter K. Sauer, Deputy Post Chaplain, as the guest speaker. The Catholic services will be led by Chaplain



(COL) Robert J. Plocki and Father Richard Cutler, while Cantor Julius Blackman and Chaplain (MAJ) Harold Mills will lead the Jewish and Protestant services, respectively.



Eddie, six, son of SP5 Edward Palmer — "You can go to peoples' houses. You cook turkey. The hunters kill the turkey for people to eat. Sometimes you eat pumpkin bread and pumpkin pie, and that's all."





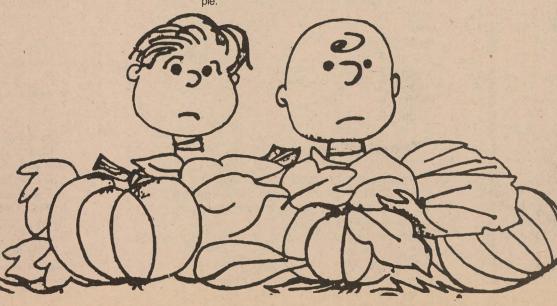
Larry, six years old, ("In eight more days I'm going to be seven."), son of EW-1 Greg Sheehan, USS Carpenter — "You get to eat turkey. You have a big feast around your table. Most of the time we have pumpkin pie."



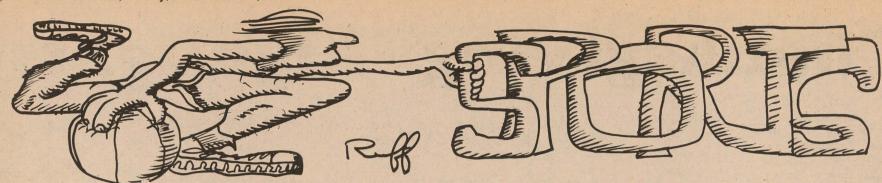
David, seven, son of SSgt. David Parham — "You have people come over to your house and sometimes you go visit your grandmama. You eat turkey and pumpkin pie and sometimes have a party."



Daphene, five, daughter of Doris Jackson, LAMC — "Eat turkey!! And eat a salami sandwich."



Beckie, four, daughter of SP5 Edward Palmer — "You eat turkey and apple pie, chicken, corn and a whole bunch of other stuff."



by Ron Renouf

Letterman rules the Gridiron

LAMC came back—back from the loser's bracket to rule the gridiron, and capture the 1977 Presidio Flag Football Championship last week.

The Medics got into trouble early in the tournament dropping their first game to LAIR, 13-6, before coming back in a second encounter to hand LAIR a 14-0

shutout. Their defense then put them in the finals against the 402d MP Company with another shutout, this time a 14-0 whitewashing of the USS Fanning squad.

The 402d cruised into the finals with a 7-0 win over LAIR and a 14-0 shutout over the Fanning team, set-

The 1977-78 Intramural Basketball season opened

In their opening night game, Garrison's Paul Gag-

this week and HQ. Co. USAG quickly established

themselves as a powerhouse with a 78-54 rout of

non ripped the cords for 22 points with Harvey Boddy

adding another 20 to account for more than half of

USAG's total. John Richman paced the losers with

four field goals and added four more from the charity

second half scoring edge to down LAIR, 68-58; AIEES hammered the Dental Clinic to the tune of 55-29; the

666th Radar Squad bombed 16th BPO 53-29; Sixth

Army ran away from the 525/93rd MP Battalion, 65 to

In other action this week, LAMC #1 opened up a

USAG off to hot start

line for 12 points.

ting the stage for the Medics-MP showdown.

The whitehats opened the first championship game with class. They scored on the opening play when quarterback Jim White faked a pitchout and rolled around left end to race 40 yards to paydirt and give the MPs a 6-0 lead only seconds into the game.

From then on, however, it was all LAMC. While their stingy defense was shutting down the MP's attack, their offense came back to tie the game later in the first quarter when quarterback Arthur Britton scampered 30 yards to score.

The Medics put the game away in the second quarter on a 25-yard aerial from Britton to Stephen Byron to give the medics a 12-6 victory, and force a second game in the double elimination tournament.

In the If-Necessary game a missed conversion attempt cost the 402d MP's the title in the third quarter.

LAMC got on the boards first on a 5-yard run by Eric Randolph in the second quarter. The successful PAT came on a Britton-to-Randolph pass that gave the Hospital an 8-0 lead that held up during the first half.

The MP's threatened to tie the game in the third quarter when White hit Jeff Ferese on a 35-yard scoring strike. White's PAT attempt ended in frustration however, when the LAMC defenders roared acrost the line to stop his attempted option rollout before it ever got out of the backfield.

From then on, it was all defense and when the final whistle blew, the Medics from LAMC had an 8-0 victory and the 1977 Presidio Flag Football Championship tucked away.



Bill Muth, 22, 16th BPO, goes up in an attempt to block a shot by LeRoy Love, 14, with the 666th Radar Sqd., during Tuesday night action. Love scored 10 points in the Triple 6 win, while Muth chalked up 19 of the 29 points on the board for the 16th BPO. (US Army Photo by Ron Renouf)

Boxers and wrestlers

Local boxers and wrestlers will be doing their thing starting next month in preparation for the FORSCOM Tournaments

The boxers will have the opportunity to qualify for the FORSCOM Tournament to be held at Fort Riley, KS, in February. The All-Army Team will be picked from this tournament and compete in the Inter-Service and National competition later in the year.

Local matmen will be working to qualify for next year's All-Army Training Camp, where participants will be selected for the Inter-Service and National Tournaments.

Interested persons should contact Charlie Tubbs at the Fort Scott Gym for either the boxing or wrestling programs.

Basketball clinics

Basketball Clinics for youngsters between the ages of 9-18 will be conducted Saturday, Nov. 19 from 10 a.m. until 12 noon; Tuesday, Nov. 22 from 4:30 - 6:15 p.m.; Friday, Nov. 25 from 10-11:30 a.m.; and Saturday, Nov. 26, from 10 - 12 noon.

Boys and girls interested in participating in this year's youth basketball program at the Presidio are urged to attend.

Coaches are still needed for this program.

Post teams win and lose

21; and the FBI outshot LAIR 50-37.

Post teams met with mixed success last week as the bowling team gained a 4-4 split, losing three points to Beale AFB but coming back to win three out of four from Mather AFB. Leading the scoring for the Presidio was Earl Hannan, with a 624 series and Roger Goodman, with a 617, both against Mather.

The women's team notched a pair of victories over Travis AFB, hammering out a 47-36 win in the first game and coming back the following day to gain a 44-37 victory.

The men dropped both of their contests, however, 87-81 and 64-60.

Kegboard standings

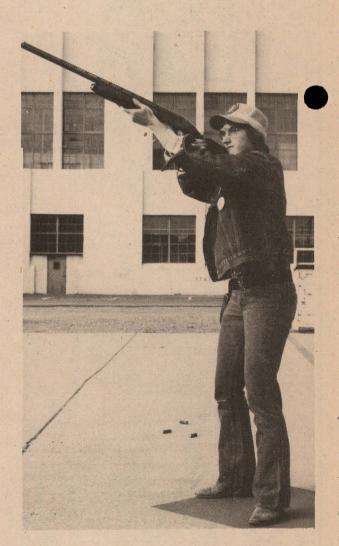
Presidio League	Won	Lost
USACC	16	4
LAMC #2	14	6
Reg IX	14	6
USAG #1	16	9
LAIR #1	14	10
Spt. Elm. #1	42	12
93rd MI Bn	9	11
163rd MP Co	8	12
USASSG	8	12
51st Engr.	6	18
Courier Sta.	4	20
Ft. Scott League	Won	Lost
SFFO CID	Won 23	1
SFFO CID USAG #2		1 5
SFFO CID USAG #2 93rd MP Bn #2	23 15 16	1 5 8
SFFO CID USAG #2 93rd MP Bn #2 Spt. Elm. #2	23 15 16 13	1 5 8 7
SFFO CID USAG #2 93rd MP Bn #2 Spt. Elm. #2 LAMC #2	23 15 16 13 11	1 5 8 7 11
SFFO CID USAG #2 93rd MP Bn #2 Spt. Elm. #2 LAMC #2 SIGSEC	23 15 16 13 11	1 5 8 7 11 14
SFFO CID USAG #2 93rd MP Bn #2 Spt. Elm. #2 LAMC #2 SIGSEC 504th MP Bn	23 15 16 13 11 10	1 5 8 7 11 14 14
SFFO CID USAG #2 93rd MP Bn #2 Spt. Elm. #2 LAMC #2 SIGSEC 504th MP Bn LAIR #2	23 15 16 13 11 10 10 8	1 5 8 7 11 14 14
SFFO CID USAG #2 93rd MP Bn #2 Spt. Elm. #2 LAMC #2 SIGSEC 504th MP Bn LAIR #2 16th BPO	23 15 16 13 11 10 10 8 8	1 5 8 7 11 14 14 12 12
SFFO CID USAG #2 93rd MP Bn #2 Spt. Elm. #2 LAMC #2 SIGSEC 504th MP Bn LAIR #2 16th BPO 87th Ord.	23 15 16 13 11 10 10 8 8	1 5 8 7 11 14 14 12 12
SFFO CID USAG #2 93rd MP Bn #2 Spt. Elm. #2 LAMC #2 SIGSEC 504th MP Bn LAIR #2 16th BPO	23 15 16 13 11 10 10 8 8	1 5 8 7 11 14 14 12 12

Trout plants

If water, weather, and road conditions were favorable, the following waters were scheduled to be stocked with catchable trout during the past week by the Department of Fish and Game:

Contra Costa County — Lafayette Reservoir, San Pablo Reservoir

Napa County — Hennessey Reservoir Santa Clara County — Pinto Lake Santa Cruz County — Pinto Lake Solano County — Lake Chabot



Specialist 4 Sheryl A. Hennesy gets in a final round of practice prior to the FORSCOM Tournament. Sheryl departed with her husband, Spec. 4 Stephen "Chuck" Hennesy, Letterman Army Medical Center, earlier this week for the FORSCOM Trap and Skeet Tournament at Fort Bragg, N.C. A driver with Headquarters Company Garrison, Sheryl has been shooting for only three months and at the time of the couples' departure this week, she was the only female entered in the tournament. See next edition of the STAR PRESIDIAN for story and more photos. (US Army Photo by Ron Renouf)

Star Presidian

Volume 20, No. 48

Presidio of San Francisco

Friday, December 2, 1977

Juvenile Advisory Board:

Problem kids face panel



One of the offenses reviewed: by Juvenile Advisory Board is PX shoplifting, punishable by revocation of PX priviledges.

by Rebecca S. Hall

Juvenile delinquency has become a growing concern to US military installations - but the Presidio is one installation that's really doing something about the problem.

Earlier this year, when four serious offenses by young people were brought to light, the Presidio's commander decided to face the problem squarely before it got worse. The outcome was the creation of the Presidio Juvenile Advisory Board, which convenes to review the evidence whenever a youngster is suspected of committing an offense.

The Juvenile Advisory Board, the first in the Army according to Col. John D. Hamilton, post commander, was initiated to deal with juvenile problems without taking them to federal court (federal magistrates have authority over all misdemeanors committed on government installations).

Juvenile authorities for the City and County of San Francisco, who normally handle these situations within the city limits, thought it was a Presidio problem due to the jurisdiction question, and were reluctant to take the responsibility.

"... the ultimate sanction... is the eviction of the family from government housing..."

The Board is made up of a lawyer from the Staff Judge Advocate (JAG) Office (the chief of criminal law), the post Command Sergeant Major, a psychiatrist (the chief of child psychiatry) from Letterman Army Medical Center, and an MP (the juvenile officer) from the Provost Marshal's Office.

"The idea is that when these kids commit an offense, or we suspect an offense has been committed, a letter is sent from Col. Lowell Ballard, the Deputy Post Commander, to the child's parents," explained Captain Robert V. Masenga, JAG representative. "Werequest that the military parent appear before the board on a specified date with the child. We present the evidence we have and ask if they'd like to present any evidence or tell their side of the story.

"At the hearing, we question both the parent and the child individually and together," Capt. Masenga continued, "to determine their attitudes about the case, what action the parents have already taken, and what the child thinks about the whole thing. This also makes the child aware that he is accountable for his actions and the seriousness of the offense. The parents are made aware of the fact that this could lead to larger and larger problems if they don't get the child under control."

Though the board can only recommend sanctions or punishments to the post commander, he, so far, has approved every recommendation. In some instances, parental cooperation is needed to make the board's recommendation work effectively. Some of these areas include use of curfews, revocation of driving privileges by the parent, and scheduling of psychiatric consultations. However, other sanctions can be taken by the commander alone; for example, if the child is involved in a Post Exchange offense, like shoplifting, his privileges can be revoked by the commander.

Perhaps the ultimate sanction within the power of the commander is the eviction of the family from government housing when a youth has been a repeat offender. The threat of this particular punishment can be a remarkably effective tool; due to the high cost of living in San Francisco, affordable housing is difficult to find even though the family is paid an off-post housing allowance.

"This program has, I believe, cut down the number of delinquency cases," stated Col. Hamilton. Word has spread and parents have begun taking a look at the actions of their dependents. They have accepted this responsibility. We don't resort to termination of quarters (eviction) on the first offense, but for repeat offenders, yes. This causes the parent to take proper action with a problem child. It also takes care of the situation without having the youngster appear before a federal court, which would remain on his record. We're doing the youngster a favor using this particular method."

Since the board's establishment, it has handled 14 cases. "I believe that of all the cases that have appeared before the board, only one youth has been in serious trouble again," explained Capt Masenga. "That's not proof positive that the board is a success, because I think some of the kids would have been disciplined by their parents anyway and wouldn't have gotten in trouble again. In other cases the board

may have influenced the parents to take action. Some of the kids were impressed by the board, too, and don't want to put themselves or their parents through it again. I think it's at least a partial solution to a problem where there was no solution before.

"The children who have appeared before the board had attitudes ranging from defiance to acute embarrassment," Capt Masenga continued," a feeling that they'd really let their parents down, which in a lot of cases, can be the most effective thing.

"The board brings the child before someone other than his parents and lets him know there is some type of outside authority aware of what's going on," Capt. Masenga explained. "It also gives the child exposure to a trained psychiatrist who is able to make an initial determination as to whether family or individual counseling is advised."

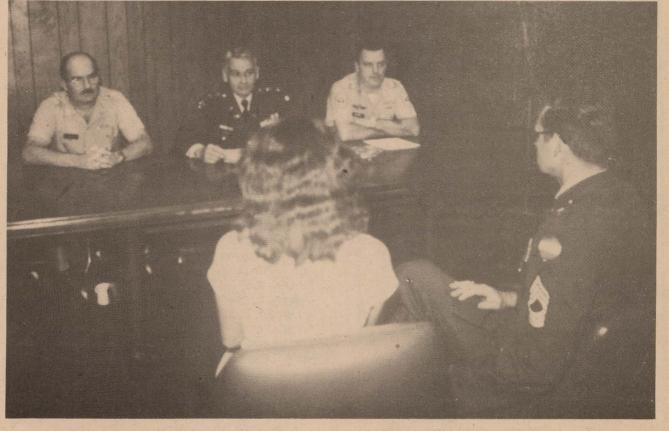
The boards are not open to the public. Letters marked 'confidential' are sent to the parent/sponsor or hand-delivered in order to insure that as few people as possible know about the problem. Strict confidentiality is stressed at all times.

"... we're dealing with serious problems and want to bring in the very best expertise..."

"I guess it comes back to the point that people realize that if they have a child with a problem, there is someone interested in the child and the parent," explained Col. Hamilton. "The Juvenile Advisory Council is really here to assist, not merely to discipline. We look at the problems with a very open mind. There is no cut and dried case; every case is looked at on it's own merits.

"I think the board is very fair, very just. It's made up of a group of people who are all professionals dedicated to their work," Col. Hamilton continued. "We very carefully selected the composition of this board because we're dealing with serious problems and want to bring in the very best expertise to focus on them.

"The major emphasis of the program is to save the youth and reinforce the proper responsibility of the parent. We're trying to make the community a better place to live. We all have to live together as neighbors."



Once an offense is committed by a juvenile, he or she must come before the board.



Now that women are pulling guard duty, what do you think about it?

PFC Eugene Parish, TMP - "The Army is (supposedly) an equal opportunity employer and I feel that if women can enlist in the military they should fulfill the same duties as male enlistees. As it stands, I don't like guard myself, but we're all in the same boat.'





PFC Richard A. Jackson, TMP - "As far as guard itself, most of the personnel don't wish to participate. I feel that the women on guard are getting their share of the company duties. I myself am satisfied with the

Pvt. Frederick Lewis, Parachute Shop - "I don't think women belong on guard. A women's job is to be feminine, not to be manly by pulling guard. I think it is unjust to them, but as for their company, I thoroughly enjoy having them with me.



Picture not available

SP6 Lance Dichter, Post Chapel - "I think it's terrific. Equal rights equals equal pay, equals equal responsibility. I think it's a giant step forward for equal rights. It's about time that equal rights were given to the men.

WHAT'S HAPPENING

If you're thinking about law school, the Army

Education Center will present material from the

Law School Admission Council to assist students

applying to law schools. The presentation will be

held Tuesday, Dec. 6, at 7 p.m. in Room 31 of the Ft.

Scott Education Center, Building 1216. Topics include application procedures, the Law School Admission Test, and the Law School Data Assembly Service. All

interested military personnel and civilians are invited

Law school presentation

Chess tournament

December 11 at 10 a.m. there will be a chess tournament open to all military personnel and their dependents. The tournament is a five round swiss. Prizes will be awarded to the four highest scores. Entry forms are available at the Recreation Center, Bldg. 135, daily after 2 p.m.

Presidio Christmas Party

The Presidio Christmas Party for officers and civilians (GS-7 and above) will be held Friday, Dec. 9 at 7 p.m. at the Officers' Club. This year's party features the three-piece band 'Nice and Easy', and the menu offers either lobster thermidor (at \$13.50) or prime rib (at \$11.50). No-host cocktails will begin at 7 p.m., with dinner at 8 p.m. and dancing at 9:30 p.m.. Formal dress is prescribed for the party, with dress blue or blue mess uniforms for officers and evening dress (men's tuxedo or dark suit, ladies' lonig formals) for civilians. See your unit or agency party representative for more information.

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SCHWARTZ/LETTERMAN

Friday, Dec. 2, Hughes and

Harlow: Angels In Hell (R),

Monday, 1Dec. 5, Jaws

(PG), 7 p.m.
Tuesday, Dec. 6, Herbie
Goes to Monte Carlo (G), 7

p.m. W**Wednesday**, Dec. 7, Bound For Glory (PG), 7

Thursday, Dec. 8, The

Great Scout and Cathouse

OAKLAND ARMY BASE

Friday, Dec. 2, Herbie

Goes to Monte Carlo (G), 6

Monday, Monday, Dec. 5,

Bound For Glory (PG), 6

Thursday, Dec. 8, Audrey

Rose (PG), 6 p.m. Friday, Dec. 9, Midway

King Kong (PG) in the new version of 'KING KONG' the

gigantic age is brought back

to civilization as a publicity

stunt. He breaks loose, and

with Dawn in hand, makes

his way to the top of New

York's World Trade Center.

Graphic violence may of-

(PG), 6 p.m.

fend some

Thursday (PG), 7 p.m.

Movies

PRESIDIO THEATER Friday, Dec. 2, People That Time Forgot (PG), 6 p.m. Saturday, Dec. 3, SPE-CIAL MATINEE: The Seventh Voyage of Sinbad (G), 2 p.m. Saturday, Dec. 3, Car

Wash (PG), 6 p.m. Sunday, Dec. 4, King Kong Monday, Dec. 5, King Kong

Tuesday, Dec. 6, Ruby (R),

Wednesday, Dec. 7, Hughes and Harlow: Angels in Hell (R), 6 p.m. Thursday, Dec. 8, Jaws (PG), 6 p.m.

Due to repair work being done on the boilers, the Post Theater is being heated nightly with butane gas. Free coffee is also being served during this inconvenience. The boilers are expected to be repaired no later than December 31.

The PX is conducting a movie/theater survey. Forms may be filled out at either the Post Theater or

Audrey Rose (PG) What would you do if a man claimed that your daughter was a reincarnstion of his dead daughter? And what if your daughter suffered from strange behavior, nightmares, and responded to this man? These are the questions to which Janice and Bill Templeton seek the answers. Some material may not be suitable for chil-

If you plan to attend San Francisco State as a new daytime undergraduate student beginning January 1978, you are urged to attend Advising Day on the campus, Wednesday, Dec 7. Help is available in selecting a major, selecting and registering for classes, obtaining credit for experiential learning, and financial aid. Further information is available from the Fort Scott Education Center, Bldg 1216, ext 2974 or

"The Christmas Star"

Advisory day

For newcomers in the area, the Recreation Center is sponsoring a tour to Morrison Planetarium in Golden Gate Park to view the annual showing of its program, 'The Christmas Star', on Thursday, December 8. Departure from the Recreation Center is 7 p.m. The admission fee is \$1.50 for adults and 50 cents for ages 5-17. Interested personnel are requested to call ext. 2000/5420 after 2 p.m. to sign up for the tour.



Feast of Lights

Hanukah, the Jewish Feast of Lights and Rededication, begins this year at sundown, Sunday, December 4, and will end on Monday, ,December 12.

On the first evening, one light is kindled, and the number of lights is increased on each consecutive evening. On the eighth evening, the entire Menorah is kindled. The extra candle kindled each night is used as the 'shamos,' or taper from which the other candles are kindled.

Basic to the celebration of this happy festival, according to Rabbi William Z. Dalin, LAMC and Presidio Chaplain, is the kindling of the Hanukah lights, commemorated as history's first struggle for religious freedom, preceded by the Hanukah blessings and followed by the singing of the "Rock of Ages."

A candle-lighting ceremony will take place Sunday, December 11 at 3 p.m., at the religious Activity Center, Building 682. Rabbi Dalin will conduct the service. Gifts and refreshments for all.



New haircut reg?

Scarcely a year goes by without a rumor of a new haircut regulation change. This year is no exception, but there has been no official announcement on the subject.

Earlier, Army officials announced that a change was planned. Although those changes are still planned, they may not reflect any major policy changes. What is likely is that several regulations dealing with hair policy, dress standards for women, and uniforms will be combined.

Other revisions in the regulation are being reviewed, the officials noted, but no changes have been

A publication date for the changes has not been announced.

(ARNEWS)

Letterman Women's Club

The Letterman Women's Club December luncheon will be held on Thursday, Dec 8, at the Presidio Officers' Club. A special Christmas program, featuring holiday music performed by the Sixth United States Army Band, and a display of hand-made Christmas decorations, should make this luncheon particularly enjoyable.

The sherry hour begins at 11 a.m. and lunch will be served at 11:45 a.m.

Hostesses for the luncheon are the OB/GYN, Pediatrics and Interns' wives. For reservations call Ginny Amos, 561-2595, in San Francisco, and Randy Smith, 472-2568, or Judy Burnam, 479-7190, in Marin, by noon Tuesday.

Star Presidian

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Postal Christmas packaging

The U.S. Postal Service offers the following tips on how to prepare Christmas parcels for mailing:

•A single item in a package should be cushioned with shredded paper, excelsior, compressed tissue paper, cloth, or expanded plastic foam.

•If two or more items are mailed in the same carton or box, cushioning material should protect all items from contact with each other, and each item should have its own individual inner carton.

•Fiberboard containers should have 'pound test' strength of at least 175. This is usually shown in the box maker's certificate on the bottom of the box.

•Fragile articles should be individually cushioned, and all four sides of the container should be padded with cushioning material. Such packages should be clearly marked 'fragile' on the outside.

 Tape used to close containers should cover and firmly secure all flaps.



•When paper must be used for the outer wrapping, it should be at least equal in quality and strength to the draft kraft stock used for grocery bags. However, it is preferable that paper wrappers be omitted if the box itself constitutes an adequate shipping container.

•Proper packaging is particularly important for books and records. Because of their weight, books should be cushioned so they cannot shift within the box. It is not desirable to ship more than 25 pounds of books in one package. The thin, long-playing records should be placed in a carton which is at least one-half of an inch thick

•Each package should contain the name and address of the person to whom it is being mailed inside the package as well as on the outside. An address contained inside provides added assurance that it will be received promptly even if the outside address should become lost or obliterated.

•Be sure to put your return address on the backage.

•Finally, address the package correctly and legibly, so that it can be read at two feet. Do not address on more than one side of the package. Be sure to include the ZIP Code. If you don't know your ZIP Code, call your local post office. Mail with the proper ZIP Code is processed more rapidly.

This Christmas, discover how much more fun the holidays can be when you get your shopping and mailing done early.

Just think of all the friendship and joy that comes with your Christmas greetings and gifts when they arrive in time for Christmas.

All you have to do is remember to **Mail Early**.

Toys are meant for fun...

By Diana Seiffert

Children's toys are meant for fun—but to parents, Christmas toy selection is a serious business because some toys can cause injuries.

Faced with ever-increasing varieties of dolls, trains, tricycles, wagons, kits and games, a conscientious parent must learn to look beyond the brand name and the price tag. No toy will be much fun if it breaks within minutes after it is opened—and such toys can even cause serious injury.

The first thing parents should consider is that a child's imagination may put a toy under stresses or into situations that have not been considered by the manufacturer. A pair of smart youngsters in Little Rock, Ark., recently decided that the fiberglass rod used to suspend a flag above the back of a bicycle would make a great spear. After a careless toss, one of the boys had to be taken to a hospital emergency room to have the 'spear' removed from his leg.

An unlikely situation? Perhaps, but children and unlikely situations seem to find each other with startling regularity. There are, however, ways that a cautious parent can limit the chances of injury from toys.

Don't buy a toy that exceeds your child's capabilities. Toys that must be manipulated are frustrating instead of enjoyable to toddlers whose coordination has not yet developed enough.

Science or chemistry sets designed for older children should not be given to younger ones who may be tempted to 'sample' the contents or ignore the safety rules that accompany the kit.

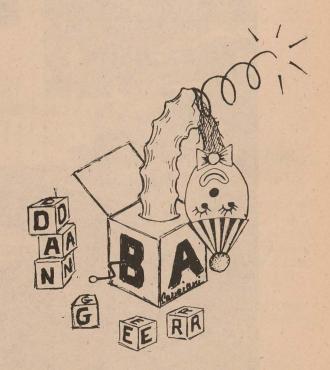
Brands of riding toys—tricycles, wagons and pedal cars—should be compared to find the most stable model. Usually, the wider the wheel base, the less likely the toy is to tip over and spill the youngster onto the pavement. These large moving toys, as well as all others, should also be checked for sharp edges, movable joints that may pinch, plus weak joints—particularly between handlebars and seats and the body of the toy.

Parents should also avoid toys that contain rigid wires, sharp points or small loose objects that could become exposed and cause cuts or puncture wounds. And reject any doll or stuffed animal with a noisemaking part or insecurely fastened eyes that could be removed by a child and swallowed.

Electrical toys can be especially hazardous unless the child is taught proper caution. Toy ovens that really bake also get really hot, despite the manufacturer's claims of safety.

See to it that your child learns the proper way to plug, operate and unplug it. Store it out of reach until you are available to supervise.

The younger the child, the more important it is to be sure a toy is safe. Toys for toddlers should be painted with lead-free, nontoxic paint and assembled securely, with no removable parts small enough to swallow. Cords for pull toys should be no more than 12 inches long, to avoid the possibility of tripping or choking.



Most toys and games now indicate the age groups for which they are intended. These can serve as guidelines for the Christmas-shopping parent.

The Consumer Product Safety Commission says that 5,000 new toys enter the marketplace each year. This Christmas will find more than 150,000 different kinds of toys for sale in an estimated one million retail outlets.

The commission's inspectors regularly conduct surveys to identify potentially dangerous toys, but it is impossible for them to examine every toy. Last year, 150,000 people, most of them children, were taken to hospital emergency rooms for treatment of injuries associated with toys. A little care as you select the toys for this year's Christmas can mean that your child won't be one of this year's statistics.

reprinted from the HSC Mercury.

Post Haste

Domestic Mail

To assure the timely arrival of domestic, international and overseas military mail for Christmas, all mail should be deposited at local post offices before the following dates:

Destination	Priority	Letters
CONUS (48 States)	Dec. 16	Dec. 14
Alaska*	Dec. 16	Dec. 14
Hawaii∗	Dec. 16	Dec. 14
*Alaska and Hawaii no	o longer have	APO privileges
	Inte	rnational Mail
Destination	Air Parcels	Airmail
		Letter/Cards
Africa	Nov. 28	Dec. 7
Australia	Nov. 28	Dec. 2
Caribbean/W. Indies	Dec. 12	Dec. 14
Central/South America	Nov. 30	Dec. 2
Europe	Dec. 9	Dec. 12
Far East	Dec. 9	Dec. 12
Mid East	Nov. 28	Dec. 5
South East Asia	Nov. 30	Dec. 2
Military Mai		
(From the United State	tee to Overse	as Locations)

ivillital y ivial				
(From the United States to Overseas Locations)				
Destination	Priority*	Letters		
Africa	Dec. 9	Dec. 7		
Australia	Dec. 2	Nov. 30		
Caribbean/W. Indies	Dec. 14	Dec. 12		
Central/South America	Dec. 2	Nov. 30		
Europe	Dec. 12	Dec. 9		
Far East	Dec. 12	Dec. 9		
Greenland	Dec. 9	Dec. 7		
Iceland	Dec. 14	Dec. 12		
Mid East	Dec. 5	Dec. 3		
South East Asia	Dec. 2	Nov. 30		

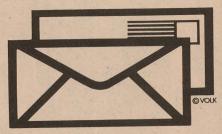
*Priority Mail

Priority mail is used when the fastest transportation and most expeditious handling is desired for any mailable matter weiging more than 13 oz. on which priority mail rates have been paid. The maximum size is 100 inches in length and girth combined.

When using Priority mail be sure to use special envelopes or stickers. Clearly mark the package or envelope "Priority Mail" in large latters on all sides to ensure it is handled properly.

ZIP Code

Zip-Coded mail moves faster and more efficiently. The five digits in a ZIP Code are in sequence, focusing on successively smaller areas. The first three digits code one of more than 500 key post offices, each of which serves 30 to 200 smaller post offices. The last two digits identify the post office or postal installation of destination.

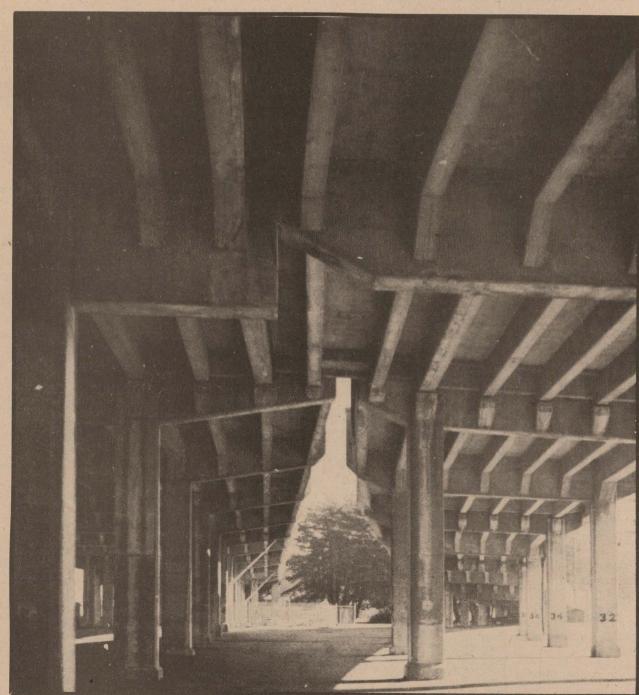


Any package sent now through PAL (Parcel Airlift Mail) or SAM (Space Available Mail) may arrive after Christmas. To insure that your packages arrive on time, check with your postmaster for the fastest most convenient way to ship.

Without leaving the post...



Fort Point and the Golden Gate Bridge



Doyle Drive Overpass



Natural bridge over Lover's Lane



Pelican looking for food



El Polin Spring



Presidio Army Museum

They say that beauty is in the eye of the beholder. They also say that the Presidio of San Francisco is one of the Army's prettiest posts.

So, as a 'beholder', the STAR PRESIDIAN presents some of the things here that might strike the eye. All photos were taken without leaving the post.

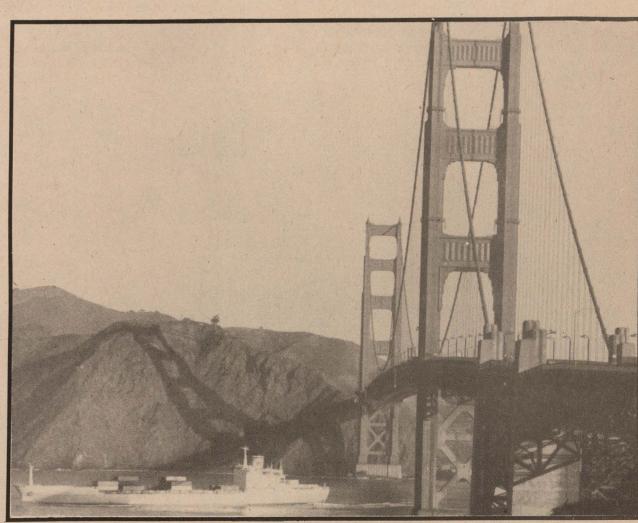
Good engineering design and construction can be considered art. Study for a moment the symmetry built into the span of the Golden Gate Bridge—she looks great from any angle. Repetitious support pillars and cross beams beneath Doyle Drive create an interesting pattern.

Nature, however, will not be outdone by man in the display of beauty. Near the upper end of Lover's Lane, close to the Presidio Boulevard Gate, a cluster of twisted and gnarled shrubs form a natural bridge over the path.

Just west of the the Commissary parking lot, a pelican was fishing off shore. This large bird looks quite normal while flying about in search of its next meal, but the pelican is anything but graceful when diving for the catch!!! The sight of this uncoordinated comic actually crashing into the water is well worth the time spent waiting and watching. Unfortunately, our pelican was too far away for good pictures each time it hit water.

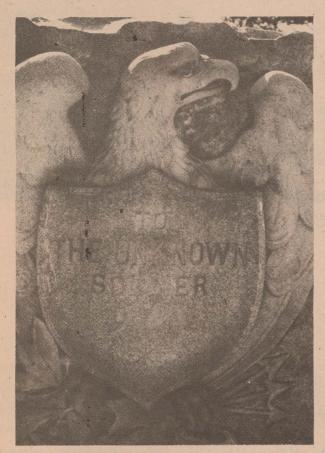
El Polin Spring, at the south end of MacArthur Avenue, combines tranquil beauty with history and legend. The spring was used nearly 200 years ago as a source of water by families of troops stationed here. Legend tells us that a maiden who drinks this water in the light of the full moon will be blessed with many children and eternal bliss.

For a more comprehensive study of history, the Presidio Army Museum contains a wealth of historical data and artifacts related to the use of the post by Spanish, Mexican and U.S. troops. The museum also displays an extensive collection of materials from the history of San Francisco and the West.



Golden Gate Bridge

PSF's Tombstone Territory



The remains of 517 unknown American dead, spanning some 75 years of our Nation's history, have found their final resting place beneath this monument located in the main driveway of the cemetery.

San Francisco National Cemetery is a part of the Presidio, one of the oldest military reservations in the United States.

The cemetery was established December 12, 1884, by a War Department General Order that designated 9.5 acres of land, including the previously established post cemetery, as the San Francisco National Cemetery. It is now the only cemetery within the city limits of San Francisco.

"It is'the first National Cemetery on the Pacific Coast..."

Subsequent additions of land from the Presidio increased its size to 28.34 acres. It is the first national cemetery on the Pacific Coast and was part of the growth and development of a system of national cemeteries extending beyond the area of conflict of the Civil War.

Initial interments included remains buried in the post cemetery, as well as those removed from cemeteries at several abandoned forts and camps along the Pacific Coast and in other parts of the far West. Civil War veterans on the west coast became eligible for burial here when burial privileges in national cemeteries were extended to soldiers, sailors and marines who served during that conflict.

"... buried here... (is) Major General Irwin McDowell, commander of the Union forces at the first Battle of Bull Run..."

Among the notables buried here are Major General Irwin McDowell, commander of the Union forces at the first Battle of Bull Run who was buried in Grave 1, Plot 6, on May 4, 1885, and Major General William Shafter, who also served in the Civil War and was awarded the Medal of Honor for his services at the Battle of Fair Oaks.

Major General Frederick Funston, formerly of the Presidio, famous in both the Spanish-American War, and the Philippine Insurrection, where he earned the Medal of Honor, is buried in Grave 3, Plot 68. It was General Funston who quickly moved troops into the city of San Francisco to help maintain order and fight fires during the "Great Earthquake" while commanding the Presidio.

"... She was able to obtain considerable military information concerning troop movements and fortification strength..."

A small white marble headstone at Grave 1, Plot 18, near the flagpole, bears the inscription: "Pauline C. Fryer, Union Spy." Here lie the remains of Pauline Cushman (Jerry Fryer, an Arizona Sheriff, was her third husband), an actress of the 1860's, and a sometime espionage agent for the Union Army during the Civil War.

Biographical accounts relate that while playing in "Seven Sisters", at Woods Theater in Louisville, KY., in March 1863, she was approached by two Confederate Officers, who offered her money to propose a toast to Jefferson Davis. Being a Union sympathizer she reported the conversation to the Provost Marshal in Louisville. He advised her to accept the offer as a possible opening for secret-service work.

Accordingly, the toast to Jefferson Davis and the Confederacy was given at the evening performance. As expected, Miss Cushman was dimissed from the

cast, and she became the confidante and favorite of many who supported the Confederate cause.

With such an entree and her beauty and ability as an actress, she was able to obtain considerable military information concerning troop movements and fortification strength, which she furnished to Union authorities. Although warned not to carry incriminating evidence on her person, she was finally caught by the Confederates with information of value to the Union concealed between the double soles of her shoes, and she was sentenced to be hanged as a spy.

Confined at Shelbyville, Tenn., she became ill--or feigned illness--and delayed the execution until Shelbyville was captured by Union forces, who released her, June 27, 1863. This ended her service as an espionage agent, for which she was awarded the brevet rank of Major. On her death, December 2, 1893, the Grand Army of the Republic arranged for her burial with full military honors in a private cemetery. The remains were reinterred in San Francisco National Cemetery in 1907.



This simple military headstone marks the grave of Pauline Cushman Fryer, part-time espionage agent for the Union Army and one of the more controversial figures to emerge from the Civil War.

Four special monuments stand in the cemetery. The Grand Army of the Republic Memorial, a tall granite shaft in memory of the Civil War dead, was erected by the George H. Thomas G.A.R. POST No. 2 and dedicated May 30, 1895. The Pacific Garrison Memorial, a granite pedestal surmounted by the figure of a soldier with battle flag, was dedicated to the Regular Army and the Union Navy by the Pacific Coast Garrison on May 30, 1897.

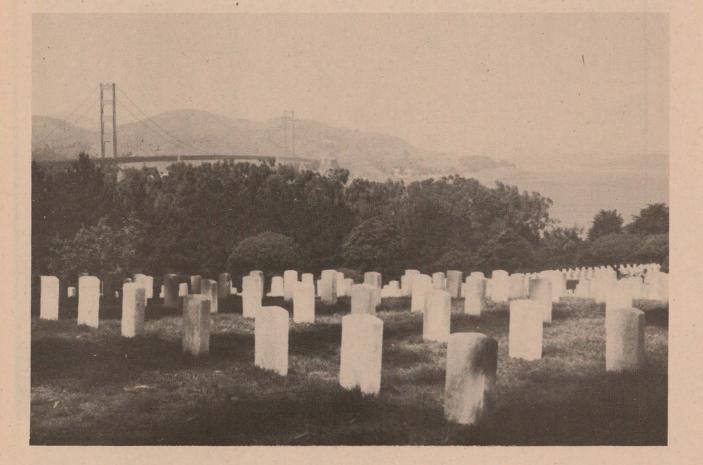
"... it remains as a living monument to those who have served their country throughout its history."

The unknown dead are commemorated by a roughhewn granite monument erected on a small plot in the main driveway of the cemetery. An American Eagle carved on the stone in bold relief bears upon its breast a shield inscribed with the words: "TO THE UNKNOWN DEAD." The remains of 517 unknown servicemen were reinterred in this location in 1934.

The American War Mothers Monument, erected by the San Francisco Chapter of War Mothers, stands in a small plot in the main driveway of Section B.

While the San Francisco National Cemetery has been closed for new burials, it remains as a living monument to those who have served their country throughout its history.

It serves as a quiet place, where we can come to reflect upon the sacrifices of those who have gone before us, and the service and sacrifice that they made in the defense of our country.



With the Golden Gate Bridge in the background, the San Francisco National Cemetery offers visitors a quiet spot to reflect on the service and sacrifices made by those buried here in the defense of their country.

TROOP TALK

HQ Co, USAG (SSgt. Kelly) - The Garrison Mess Facility hosted an overflow crowd on Thanksgiving Day. Some 30 to 40 guests, both military and civilian, had to be sent to the 504th MP Mess Facility. SP4 Lowell E. Beal was awarded the Army Commendation Medal. This man has won many awards lately--definitely an outstanding soldier! Pvt. Timothy L. Soklowski was promoted to PFC. MSG Lawrence A. Bauer, Jr. reenlisted for six years. SP4 Haenk M. Chong reenlisted for three years. Sixth US Army Band received a first place trophy for military bands in the San Leandro Veterans Day Parade.

163rd MP Co (SFC Untalan) - Sgt. Douglas Davis is a new arrival in the unit.

170th MP Co (Sgt. Tolley) - Sgt. Kristy Nelson became the Battalion's first female platoon sergeant (Hq Plt). Congratulations!

A hearty welcome to Pvt. Kevin Taylor, Pvt. Charles Meyer and SP4 Gwendolyn Smith.

SP4 Michael A. Brown and CPL Donald M. Stoop, Jr. were promoted to Sqt.

Sgt. Pierre A. Testart was promoted to SSgt.

The Traditional Holiday Bazaar, recently sponsored by the combined Presidio and Letterman Wives Clubs, was considered a tremendous success by all involved. The proceeds will be distributed to various military charities the club supports. Mrs. Marge Hills, Retired Wives Club representative, (shown here), helped make the day a success for the Country Store. US Army Photo

Page 7, STAR PRESIDIAN, Friday, December 2, 1977

402nd MP Co (Lt. Emard) - Sgts. Joseph P. Knoll and Ronald K. Shelton were promoted to SSgt. CPL William C. McWhorter and SP4 Philip O. Scales were promoted to Sgt.

HHD, 504th MP Bn (PFC Reyes) - SP4 Richard A. Allen was promoted to Sgt.

Good luck to Sgt. Elizabeth Ralson who is ETSing. The 504th's Color Guard received a second place trophy at the San Leandro Veteran's Day Parade.

D Co, 864th Engrs (SP5 Taylor) - SP4 John W. Johnson was promoted to SP5.

PFCs Robert J. Both and Marshall G. Worster were promoted to SP4.

Pvts Steven Garwood, Randy C. Grayson and James

C. McRoy were promoted to PFC. SSgt McKinley Womack, Jr. reenlisted for six years. SP4 Daniel A. Moreno, Jr. reenlisted for three years. Pvt. Howard T. Hill was welcomed as a new arrival. Farewell and good luck to SP4 Eddy Quitangua, who

is PCSing to Germany and to SP4 Robert J. Wheeler and PFC Nicholas Kafura, who are ETSing.

51st Engr Det (SSgt. DeLos Santos) - PFC Preston T. Cummings was promoted to SP4. Pvt. William E. Muth was promoted to PFC. SP4 John Monroe is a new arrival from Germany. Pvt. Jeffery Calhoun ETSed.

16th AG (Postal) Det (Lt. Moore) Capt. Arthur W. Lamb, formerly the 504th MP Bn's S-2, has assumed the leadership of the newly designated detachment. Congratulations and good luck, Capt Lamb. SP4 Victoria Price is newly assigned from HQ Co, USAG.

SP4 Philip J. Byington reenlisted for three years.

PSF's First Hall of Famer

CW4 Darrell L. Barber, Chief, Parachute Maintenance Branch here at the Presidio was inducted into the Army's Rigger Warrant Officer Hall of Fame on November 18, 1977, at Fort Lee, Virginia.

Since the Parachute Rigger's Hall of Fame was established last year at the Airborne Department, U.S. Army Quartermaster School, it has inducted nine individuals. This year, only three were inducted. Chief Barber is the Presidio's first Warrant Officer to be so highly honored. Mr. Barber, we too salute you!

recoil on the 12 gauge, Chuck loads a lighter round

for me--it's really closer to a 20 gauge load." How-

ever, the lighter load reduces muzzle velocity and

thus lengthens the distance she must lead her target

410, 20 and 28 gauge guns to their arsenal. "This will

enable us to compete in all events with the opportun-

ity to shoot for All-Around honors." For a shooter to

compete in this category, he or she must fire the

Chuck's ambition is to gain an opportunity to rep-

resent his country in the 1980 Moscow Olympics as a

member of the skeet team. "I'm not that good," says

Sheryl. "I just want to be able to beat Chuck as often

According to Sheryl, the couple plans to add the

as compared to the standard 12 gauge load.

complete course with all four guns.

as he beats me."

Hennesy's shoot up Ft. Bragg

When Army Specialists Sheryl and Chuck Hennesy flew to Fort Bragg, N.C., last week, they went with full intentions of shooting the place up--and succeeded amazingly well.

Chuck took first place in the Class E Skeet shooting competition while Sheryl, the only woman entered in the FORSCOM Tournament, received a special trophy for good sportsmanship.

The pair became the first husband and wife team to compete in the FORSCOM shootout, now two years old, and Sheryl is the only woman to ever fire in FORSCOM competition.

Chuck won his class with a 178 out of a possible 200, while Sheryl fired a 146, 'The best I've ever shot,' she admitted.

A driver with the command section at Presidio Post Headquarters, Sheryl had been at the game of 'killing' clay pigeons for only three months prior to the FORSCOM Tournament. However, sports competition is nothing new to her. While in high school, she played on the flag football team, ran the 220 and 880 and threw the discus in track and field. Since entering the Army, she has played flag football.

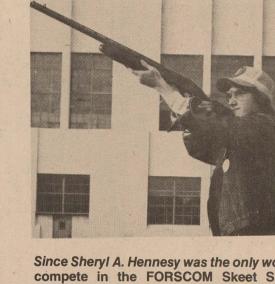
The El Paso, ILL native wasn't overly excited about the fine art of skeet shooting the first time she tried it. "I didn't like it at all," she recalls. "There was too much kick from the 12 gauge I was using."

"I needed something to do one day when Chuck was TDY," Sheryl recalls. "Colonel Ballard (Lowell L. Ballard, Presidio Deputy Commander) - said come on, let's go. I used his smaller 28 gauge. It didn't kick as bad and I really found myself enjoying it.Now I can handle a 12 gauge with no problem at all," she says.

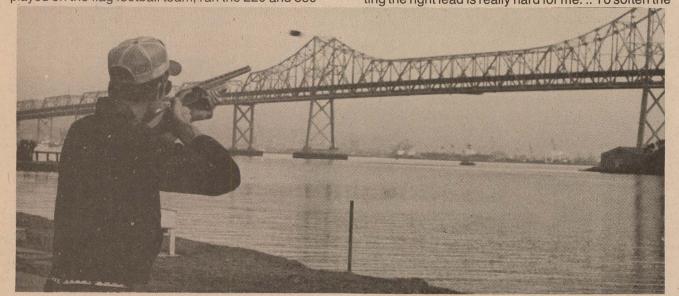
Chuck, assigned to the Letterman Army Medical Center Veterinarian Service, has been shooting since he was five years old. As a youngster in Guthrie, OK, he got his first shotgun at age 12.

Skeet shooting isn't the only thing the Hennesy's enjoy competing against each other in. Racquetball takes up a couple of evenings a week and they both run the 100 in 9.4 seconds.

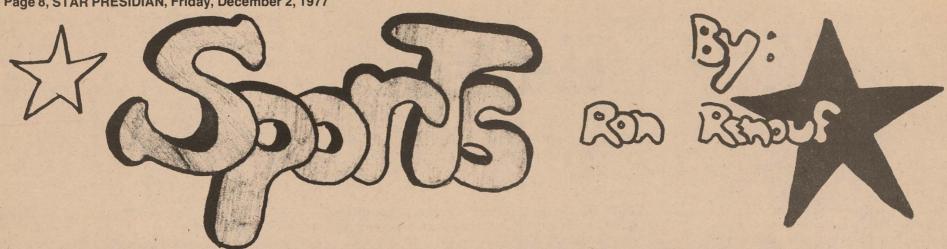
Sheryl admits to her problems in shooting: "Getting the right lead is really hard for me... To soften the



Since Sheryl A. Hennesy was the only woman to compete in the FORSCOM Skeet Shooting Tournament last week, she ended up shooting against the men in Class E Competition. She received a special trophy at the match for her excellent show of sportsmanship (or is it sportswomanship or perhaps even sportspersonship?) (US Army Photo by Ron Renouf)



Chuck Hennesy displays the form that won him the first place trophy in Class E competition at the FORSCOM Skeet Tourney as he sights in on his target. (US Army Photo by Ron Renouf)





A total of 46 runners turned out for the Third Annual Cross Country Post Championship run, double last years participation. Ragnar Thanning of LAIR was the first military runner across the finish line to pick up a championship trophy and points for his unit in the Commander's Cup Program. The

5000-meter course was laid out to take the runners uphill during the first half and downhill for the final 2500 meters of the race. A hard rain for two days preceeding the event caused slippery footing throughout much of the course. (US Army Photo by Ron Renouf)

USAG continues to roll

As Gagnon and Boddy go, so goes USAG and, in all likelihood, the Presidio Intramural Basketball program

The pair, **Paul Gagnon** and **Harvey Boddy**, combined for a total of 92 points in Garrison's last two games, leading USAG to a 83-71 win over the 170th MP Company and a 70-60 win over the FBI, to keep the Garrison team undefeated with a 3-0 record as of Tuesday night.

In handing the 170th MPs their first loss of the season, Gagnon hammered out 25 points with Boddy adding 23 more. **Jim Scott** contributed 14 to the win.

Had it not been for Gagnon two nights later, the FBI might have upset USAG's applecart. The G-Men

Swim classes

Teeny Tiny Tots and Tiny Tots swim classes are underway. For information or to register, call Alice Hipsley at 472-7038.

Bowling standings

Presidio League	Won	Lost
LAMC #2	22	6
USACC	22	_ 6
Reg IX	21	7
USAG #1	16	12
LAIR #1	18	14
Spt. Elm. #1	15	13
163rd MP Co.	10	18
93rd MI Bn	10	18
51st Engr.	10	22
USASSG	8	20
Courier Sta.	8	24
Ft. Scott League	Won	Lost
Ft. Scott League SFFO CID	Won 23	Lost 5
		5
SFFO CID	23	5 6
SFFO CID USAG #2	23 18 20	5 6 8
SFFO CID USAG #2 93rd MP Bn #2	23 18 20 16	5 6 8 8
SFFO CID USAG #2 93rd MP Bn #2 Spt. Elm. #2 LAMC # 2	23 18 20 16 13	5 6 8 8 11
SFFO CID USAG #2 93rd MP Bn #2 Spt. Elm. #2 LAMC # 2 504th MP Bn	23 18 20 16 13	5 6 8 8 11 14
SFFO CID USAG #2 93rd MP Bn #2 Spt. Elm. #2 LAMC # 2 504th MP Bn SIGSEC	23 18 20 16 13 10	5 6 8 8 11 14
SFFO CID USAG #2 93rd MP Bn #2 Spt. Elm. #2 LAMC # 2 504th MP Bn SIGSEC LAIR #2	23 18 20 16 13 10 10	5 6 8 11 14 14
SFFO CID USAG #2 93rd MP Bn #2 Spt. Elm. #2 LAMC # 2 504th MP Bn SIGSEC LAIR #2 16th BPO	23 18 20 16 13 10 10 9	5 6 8 11 14 14 15
SFFO CID USAG #2 93rd MP Bn #2 Spt. Elm. #2 LAMC # 2 504th MP Bn SIGSEC LAIR #2	23 18 20 16 13 10 10	5 6 8 11 14 14

trailed by only five points at half-time, 38-33, but Gagnon's 28 point production for the night proved too much to handle as Garrison swept on to a 70-60 victory to maintain their perfect record.

Other net action during the past two weeks saw the 170th downing the 864th Engineers 88-63; Dental Det 48 over 16th AG Postal 26; 6th Army walked over AFEES, 59-38; FBI beat out the 864th Engineers 64-47; USACC over 525th MI, 47-25; 6th Army 47, Dental Det. 36.

And LAMC #1, 63, 402nd MPs 49; 17th MPs 69, LAMC#2 58; 402d MPs 61, 864th Engineers 54; LAIR 69, 864th Engineers 56; 6th Army 56, USACC 41; and LAMC #1, 60, 170th MPs 58.

The 525th and LAMC #2 picked up easy 2-0 forfeits Tuesday night. The 525th MI picked up theirs when the 16th AG Postal failed to show, and LAMC #2 received an early Christmas present when the FBI Santa Claused them by being unable to field five men for the start of the game.

Presidio strikers kicking high

The Presidio's newest sports team is kicking up a storm these days. It's the Presidio Strikers soccer team for boys under eight years old.

Coached by **Bruce Wicks**, the fussballers (as they are referred to in Germany) have won their first two matches and will be looking for number three tomorrow afternoon at 1:30 p.m.

In their opening match of the season in the San Francisco Flame League, the Strikers jumped on the Viking Sharks and kicked them into defeat to the tune of 8-0.

Last week, they found the competition a bit stiffer, but pulled out a 3-2 win against the Westlake Rowdies after a scoreless first half.

Rocky Wicks has proved to be the man'to stop on offense for the Strikers with a total of six out of their first 11 points. Wicks hammered in four points in the first game and added two more in last weeks' 3-2 victory

Turkey shoot

The annual 18-hole Turkey Shoot was held just before the Turkey Day break with the following results: Open Division (Callaway Scoring): Sam Spain and Henry Smith, 71; Open Division (Medal Play) Richard Ross 81, David Heath 84; Senior Division (Callaway Scoring) Don Naylor and Ernest Cotton, 72; Senior Division (Medal Play) Jim Stinebaugh 77, Leonard Burdick 81.

Other Strikers contributing to the point total after two matches have been **Jody Cason** with a pair of goals, while **Steven McKechnie**, **Greg Keller** and **John Stankewicz** have each added one.

Defensive standouts for the Presidio Strikers have been Andy Leon, Kirk Waibel, Tim Cason, Randy Kim, Marcus Haynes, Michael Stojic and John Hagemeister.

The Strikers 1:30 game tomorrow afternoon will be played at Paul Goode Field here.

Close ones' don't count

Almost, but not quite. That was the story of the Presidio Five as they met Moffett Field Naval Air Station last week.

Still looking for the winning combination, the Post Basketball Team lost a 71-70 heartbreaker after coming back from an eight point, 38-30 half-time deficit to outscore Moffett Field in the second half by the tune of 40-33.

Dan Jackson led the Presidio team in the scoring department with 20 points.

The Post woman's team met with more success however, as **Jean Barone** hit for 12 points to lead her team to a 42-27 victory over the U.C. Medical Center Team

Both teams will see action this weekend when they travel to Castle Air Force Base.

Tonight will see the women's game starting at 6:30 and the men tip off at 8:00 p.m. Tomorrow, the women take the court at 12 noon, followed by the men at 1:30 p.m.

Star Presidian

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Friday, December 9, 1977

Gays and the military:

Coming out of the closet?

by Roland M. Taylor

Two major social changes that swept the United States in the past thirty years had a direct impact on the military, and a third change may be on its way. The first two changes were the civil rights movement, which brought rights to blacks and other racial minorities, and the women's movement, still in progress today. The Armed Forces played a progressive role in both; it was among the first of American institutions to achieve racial integration, and in recent years it has substantially expanded opportunities for women.



Today, a third social movement has become increasingly more active and is sparking controversy nationwide: the homosexual or "gay" movement.

"San Francisco has one of the largest homosexual populations in the U.S."

The gay liberation movement, if successful, could have a number of implications for the Army and the other services. Its main impact would be in the area of employment — the Army might be made to accept admitted homosexuals in the ranks.

More so than at any other Army post, personnel at the Presidio, in the heart of San Francisco, are aware of the homosexual question. San Francisco, which recently chose supervisor-elect Harvey Milk as its first 'upfront' gay elected official, has one of the largest identified homosexual populations in the U.S. The gay population here, estimated by community leaders to number from 50 to 100,000, is well organized. That may account for the city police department's 1979 homosexual affirmative action plan, and the mayor's promise to publicly finance a gay community center, according to the San Francisco Examiner. With items like these constantly in the news, Presidio personnel are obviously aware of this social controversy brewing around them.

But what are the issues and arguments in the controversy? Those who oppose homosexual rights, including many, like Anita Bryant, who do so on a religious basis, believe that homosexuality is an unnatural, learned behavior. Though most churches have traditionally taught that the practice of homosexuality is sinful, many religious groups are now split on the issue of civil rights for homosexuals.

"The controversy continues, and the American people will be the ultimate judge."

Various scientists and psychologists have advanced many theories over the years on homosexuality. Some have attributed it to a hormonal imbalance during pregnancy: others believe in strong mother/weak father Freudian theories; still others feel it is caused by emotional disturbance. Scientists do not yet agree as to whether homosexuality is a learned behavior or one caused by mental or physical illness,

or heredity. The American Psychiatric Association, perhaps the most knowledgeable source in the field, has discontinued its practice of labeling homosexuality a disease. The APA, since 1973, has repeatedly affirmed that homosexuality, in itself, implies no impairment in judgement, stability, reliability or general vocational capabilities. This position has been appliated by the gay community.

Those who advocate gay rights feel that homosexuals are entitled to the same civil rights and liberties as other Americans; in their view, discrimination against homosexuals is as baseless as discrimination against blacks or any other minority group. They maintain that just as race has no effect on an individual's competency to perform a job, neither does sexual preference; why then should homosexuality be a bar to employment in some jobs?

Many employers seem to agree. Major corporations, including AT&T, the Bank of America, IBM and NBC, have declared themselves equal-opportunity employers with regard to homosexuals. Local government agencies, including school boards in Washington D.C. and San Francisco, have barred discrimination with regard to sexual preference in hiring, and even the Federal Civil Service Commission has reversed its ruling that gays are unfit for public service. Many employers, however, line up on the other side, including the police departments of most cities, and federal agencies like the FBI, CIA and the Federal Reserve Board.

The controversy continues, and the American people will be the ultimate judge. A clue to public opinion is offered by a recent Gallup Poll which questioned Americans over the age of eighteen on the subject of homosexuality. The poll asked whether or not homosexuals should be hired in various occupations. While the majority of those responding opposed gay teachers (65 percent), and clergy (54 percent), however, 51 percent did not object to homosexuals in the military.

"...sometime in the future admitted homosexuals may be allowed to serve in the Army."

The results of that poll suggest that sometime in the future admitted homosexuals may be allowed to serve in the Army. It's proper, then, to ask what current Army policy is on homosexuality, and what Army people feel about the controversy.

Opinion in the service is, of course, somewhat divided; the military is made up of citizens who come from all walks of life, so its people reflect the view of the society from which they come. Wearing the uniform does not erase their differing opinions on social issues like race or sex.

Some thoughtful commentators in today's Army feel that the nation's defense forces should not be forced to cope with another major social problem at this time; they would prefer that the larger society settle the issue first while the military remains in the background without taking any affirmative action at this time. To them, maintaining a strong defense throughout the free world is a full time job in itself; they believe that the Army cannot afford to become involved in additional social turmoil.

This viewpoint is supportive of current Army policy. Without taking a stance on the moral, religious, or social implications of the issue, homosexuality is viewed as not contributing to the unity of our defense posture. According to policy, when discovered, homosexuals "will be eliminated (from the service) immediately under Chapter 13, Army Regulation 635-200." This is an administrative regulation, not a punitive one, so the individuals involved receive general or honorable discharges.

The Army has not, in fact, taken on the role of inquisitor or engaged in any 'witch-hunt' for homosexuals. Military law enforcement agencies take action only when an act contrary to law (sodomy) is reported.

Some within the service take action only when an act contrary to law (sodomy) is reported.

"The Army is no place for homosexuals — we need real men here..."

Some within the service take an even stronger view, like one experienced field grade officer who felt that "The Army is no place for homosexuals — we need real men here. We should make it clear that homosexuals are unwelcome." Others take a more liberal view, and feel that so long as homosexuals do not interfere with the rights of others, their rights should not be infringed upon.

Those at the Post Chaplain's Office offer another interesting view in a recent statement they made on the problem: "It is not the chaplain's position to pass judgment on individual psychological make-up or anti-social acts. It is the chaplain's profession to be a facilitator and healing agent for people who find themselves struggling with life problems, whatever their cause. Homosexuality is no exception. The chaplain can help individuals work through these problems. This is an area where the chaplain can aid individuals in dealing with this new-found discovery within themselves. Often individuals with homosexual inclinations must face the additional crisis of dealing with isolation and rejection from family and peer groups."

The military way of life does not isolate people from the problems, hopes, fears, dreams and needs of civilian society. In all things, soldiers, as individuals, largely mirror their civilian counterparts. The military, then, is likely to hear more about this issue, because it won't go away without affecting the Armed forces in some way.

One thing about the issue is certain: the nickname of the old 3rd Artillery Regiment, which was stationed here at the Presidio in the 1870s, would no longer be considered uncontroversial today. The regiment was then called "the Gay and Gallant Third."

The views and opinions expressed in this article do not necessarily represent those of the Department of the Army, unless otherwise specified.

See "Ramblin' Sam" inside this issue for other viewpoints on this question by Presidio soldiers.

WHAT'S HAPPENING

Christmas concert

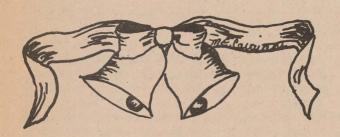
The Sixth Army Band will present its annual Christmas concert on Wednesday, Dec. 14, at 7:30 p.m., at the LAIR auditorium, Bldg 1110, adjacent to Letterman Army Medical Center.

The program will include "Russian Christmas Music" by Alfred Reed, "Sleigh Ride" and "Christmas Festival" by Leroy Anderson, and "Variance on a Medieval Tune" by Norman Dello Joio.

The concert is free and the public is invited to attend.

Christmas Fiesta

A Christmas Fiesta will be held Saturday, Dec. 10, 1-5 p.m., at Fort Point. This will be the third annual fiesta commemorating San Francisco's first Christmas celebrated by Hispanic founders in 1776. Admission is free.



Free gift wrapping

The Presidio Recreation Center has opened its 'Do-it-yourself' free Christmas gift wrapping service. The service is open to all military personnel and their dependents daily between 2 and 10 p.m. Christmas gift paper, ribbon, and tags are available as well as boxes for mailing, brown wrapping paper, string and mailing stickers.

Movies

PRESIDIO THEATER Friday, Dec. 9, Herbie Goes to Monte Carlo (G), 6 p.m. Saturday, Dec. 10, Herbie Goes to Monte Carlo (G), 2 and 6 p.m. Sunday, Dec. 11, Bound For Glory (PG), 6 p.m. Monday, Dec. 12, Bound For Glory (PG), 6 p.m. Tuesday, Dec. 13, The Great Scout and Cathouse Thursday (PG), 6 p.m. Wednesday, Dec. 14, Exit The Dragon, Enter The Tiger (R), 6 p.m. Thursday, Dec. 15, Audrey Rose (PG), 6 p.m.

Exit the Dragon Enter the Tiger (R) David Lee (Bruce Li), shocked at the death of his friend, Bruce Lee, goes to Hong Kong to try and unravel some of the rumors surrounding his death. In someone's way, he uses everything his dead master taught him as he matches strength, wit and endurance with cing of the Hong Kong underground.

Herbie Goes To Monte Carlo (G) Dean Jones takes the wheel of the lovable little Volkswagen with a mind of it's own in a continental car race from Paris to Monte Carlo. Herbie becomes involved in a diamond theft quite by accident and must outsmart the thieves trying to retrieve the gem. He falls hood-overwheels with his female counterpart, a beautiful Lancia, who really gets his motor racing.

SCHWARTZ/LETTERMAN Friday, Dec. 9, Exit The

Monday, Dec. 12, Audrey Rose (PG), 7 p.m. Tuesday, Dec. 13, Midway (PG), 7 p.m.

Dragon, Enter The Tiger (R),

Wednesday, Dec. 14, The White Buffalo (PG), 7 p.m. Thursday, Dec. 15, Kid Vengeance (R), 7 p.m.

OAKLAND ARMY BASE Monday, Dec. 12, The White Buffalo (PG), 6 p.m. Thursday, Dec. 15, March or Die (PG), 6 p.m. Friday, Dec. 16, Silver Streak (PG), 6 p.m.

Bound For Glory (PG)
David Carradine plays
Woody Guthrie, one of
America's great folk poets,
composer, singer and author. There are exciting and
amusing adventures and
romance in his struggle to
escape poverty and his initial success as a folk singer
and composer. Some material may not be suitable for
children.



"The Nutcracker"

Tickets are now on sale at the Information, Tour, and Travel (ITT) Office for performances of the San Francisco Ballet's "The Nutcracker". Performance dates are Saturday, Dec. 10 and Monday, Dec. 12 at 8 p.m. For further information and tickets contact the ITT Office at the Recreation Center, Bldg 135, Ext 5480/2000.

Community Service Award

The Community Service Award was recently presented to Chief Warrant Officer Edmond L. Franklin, US Army, Retired.

Since 1957, Mr. Franklin has been an active volunteer of the Presidio Junior Rifle Club. His dedication to the participants, and competent instruction, earned him the trust and respect of parents, other volunteers, and officials of the National Rifle Association. He consistently emphasized safety, and during his 20 years of club association, there have been no mishaps or accidents. His willingness to help other clubs has created a valuable rapport between the Presidio and our civilian community.

Mr. Franklin's dedicated efforts on behalf of Presidio dependent youth enabled many youngsters to become competent riflemen and to participate in this hobby with interest, respect, and the necessary guidance.

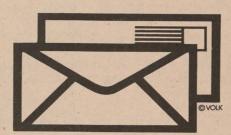
Rec Center Happenings

A Chess Tournament is scheduled on Sunday, Dec. 11, beginning at 9:30 a.m. It will be a five-round Swiss and trophy prizes will be awarded for the four highest scores. Entry forms are available at the Recreation Center or you may enter on Sunday prior to the tournament. The tournament is open to all military members and dependents.

Even if the holidays are here, Chess and Belly Dancing classes continue on Monday at 7:30; Webb's DISCO remains a Wednesday night favorite from 9 to 12; and Hank Nole continues to instruct in the fine art of pool playing every Thursday at 7:30 p.m. During the official holiday season, the Recreation Center will open at 2 p.m. daily.

A special Thank You

The STAR PRESIDIAN staff would like to express a thank you to **MSG Robert Leach** for his contribution to our Dec. 2 issue. MSG Leach contributed the photo feature "Without Leaving The Post . . ." Again, our thanks.



Letters, letters, letters...

The SP invites letters from readers on topics of interest to the military community. The following rules are to be observed:

1. Letters must be signed; however, names will be withheld from publication upon request.

2. Include your address or unit designation with your letter and your telephone number. This information will not be published, but will be used for verification of letters selected for publication.

3. Keep letters short (about 150 words). The SP reserves the right to condense letters or to use only excerpts from letters, so that more can be printed.

4. Typewritten letters, double-spaced, are prefered.

5. Longer articles by recognized authorities on particular points of view, or treating specific topics of import to the post, are also welcome. These will be used under the 'editorial' heading and will be separate from the letters to the editor column.

6. Mail or bring letters to Editor, Star Presidian, Bldg. 37, Presidio of San Francisco, CA 94129.

National Prayer Day

President Carter has designated Thursday, Dec. 15, as a National Day of Prayer. In observance of this special day, the Presidio Chapels will be open for private meditation. Special prayers will be given during the 11:35 a.m. mass at the Chapel of Our Lady, and a noon prayer service will be held in the Post Chapel.

TROOP TALK

HQ Co, USAG (SSgt KELLY) — PFC's Susan L. Fulmer and Harry Hodge were promoted to SP4. SSgts Roger P. Eller and John V. Taylor were awarded the Good Conduct Medal Clasp (3rd Award).

504th MP BN, HHD (PFC REYES) — SP5 Patricia Ryant received a lateral conversion to SGT. PVT. Clyde Chapman was promoted to PFC.

The Color Guard of the 504th Military Police Battalion wish to express their appreciation of the support given them during the year and to extend seasons greetings to all Presidio personnel and their families.

The Color Guard also received the Second Place Trophy at the Woodland Invitational Christmas Parade.

163rd MP Co (SFC UNTALAN) — Lt. Wayne F. Emard assumed command of the 163rd last week from Lt. E. Dean Kemp. Lt. Kemp is the new S-4 Officer for the 504th Battalion.

Sgt. Rolando Manansala was awarded the Good Conduct Medal (first Award) and SP5 Avis M. Standley was awarded the Good Conduct Medal (second award). The unit also welcomed SFC John Gabrielaitis.

170th MP Co (Sgt. TOLLEY) — PFC's Larry Backus and Steven H. Newsom were promoted to SP4. Pvts. Michael L. Dahlenburg and Keith L. McGorkle were promoted to PFC.

402nd MP Co (Lt. Esplin) — There are a lot of happy faces in the unit this week. SP4 Pablo G. Mendoza was promoted to Sgt; PFC's Ronnie S. Cooper, Richard Klepach, Jae C. Lee, Jae H. Lee, Jerome E. Martell and Sandra M. Wilson were promoted to SP4. Pvts. Robin J. Baldwin and Clyde E. Charman were promoted to PFC.

Logistics Control Activity (MSG NEAL) — A unique ceremony was held in this small unit this week, involving its only three NCO's. SFC Freddie L. Neal was promoted to MSG. SFC Travis M. Herd was awarded the Army Commendation Medal, first Oak Leaf Cluster. SFC David Satterwhite reenlisted for three years.

In appreciation

After driving the Hamilton Air Force Base-Presidio shuttle bus for 26 months, SP5 Bill Germaine is PCSing to Germany. As a token of appreciation, the regular riders honored Bill with a card and a gift. Bill would like to express a special thank you to his 'faithful regulars' for their support and trust. Bill will be missed by many and will miss all those who have been close and dear during his Presidio tour.

SP4 Beth Levine would also like to express her appreciation to the Presidio shuttle bus riders for their card and kind wishes during her recent move from TMP to protocol.

Star Presidian

The Star Presidian is an authorized unofficial offset Army newspaper, with a circulation of 5,000, published weekly under the provisions of AR360-81 by the Public Affairs Office, Presidio of San Francisco, CA 94129. Views and opinions expressed herein do not necessarily represent those of the Department of the Army. Editorial offices are located in Building 37. Newsroom telephone: (415) 561-3908 or 2005. Colonel John D. Hamilton, Sr., Commander Major Carole M. Campbell, Public Affairs Officer SP4 Rebecca S. Hall, Editor PFC Linda Spillane, reporter

Ramblin' Sam

What do you think about Gay's in the military?

PFC James McRoy, 864th Engrs. — "I don't think that they should be allowed in the Army. I don't think they would be able to function properly, because the way the Army has men and women living in close quarters and working under the same conditions





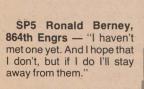
PFC Steven Garwood, 864th Engrs. — "I think they're just like any other human being in the Army They should have the same rights as everybody else. There should be no prejudice against them.'

Sgt. Dave Taylor, 864th Engrs. — "I couldn't work around one. Just knowing he was gay would make me very upset. I think they should be kicked out of the





SP4 Rosario Corpuz, 16th AG - "I don't think they should be in the Army, not at all! They are a dis-





OE: For leaders only

by Linda Spillane

"Where are those files I asked you to put on my desk?" asked SSgt. Joe Tully.

'Gee, I don't really know," replied SP4 Alice Doe. "I thought I put them on your desk.'

"Well, you didn't, and that's the fourth time this week you've pulled something like this," said SSgt. Tully.

Recently, there was a class given here which could have helped SSgt. Tully deal with SP4 Doe's problems. The program called Organizational Effectiveness (OE), is derived from Organizational Development programs in civilian businesses. The Army has been developing its program for four years.

A recent course taught here as part of the OE program was the Management Development Course (MDC), which combines current ideas in management and leadership with experimental learning theory. The program strives for an increase in the effectiveness of Army leaders.

The MDC is designed so that participants will experience a broad variety of situations like those faced by leaders throughout the Army. Students learn a system for choosing the types of leadership/management behaviors fitted to meet specific situations in order to have the highest probability of meeting short and long term organizational requirements.

Participants of MDC are expected to understand and demonstrate the use of certain skills and concepts to accomplish group tasks. These are: interpersonal communications, active listening, feedback, communication modes, work group development, decision-making in groups, management of conflict, problem identification/problem solving, non-directive personal counseling, and performance counseling.

"You can apply all of the OE information that you receive, much of it on a daily basis," says Sergeant Major James Booker, COMPACT, a participant in the OE class that was held here. "Everything that they taught can actually be used in management and very effectively. I feel that the whole idea behind OE is maximum participation for everyone from the highest to the lowest grade.



According to SGM Booker, OE is described as "A matter of awareness, awareness that people exist and that your organization is build around the effectiveness of the people. In other words, the organization will function only as well as the personnel. I feel that a chain is as strong as it's weakest link," added SGM

During my Army career I have taken some 20-odd courses in management. However, they were geared toward specific subjects. The OE program ties it all together," he concluded.

Practice makes perfect

by Rebecca Hall

Members of HHD, 504th MP Bn., and the 402nd MP Co. journeyed to Camp Parks for three days recently for a practive ARTEP (Army Training and Evaluation

There are three levels to an ARTEP with level three being the basic skill level. Each is progressively more difficult than the last and these levels are to be used together as the soldier becomes more proficient. At level three, the platoon and company mission must be realistically achievable for a Reserve component and the unit must be able to perform the essential mission satisfactorily. At level two, the platoon and company must be able to achieve the minimum acceptable performance for a company which is not yet combat effective. They must be able to perform skills at levels two

Guarding a nuclear shipment was the theme for the third scenario - physical security. The troops were dispatched to Sharpe Army Depot by CH-47 aircraft, provided by the California Army National Guard located at Stockton, CA. Once at Sharpe, they were to set up a perimeter around the shipment, while aggressors tried to penetrate it.

The troops were spread from Camp Parks to Stockton, CA, with three separate exercises being conducted," explained Capt. Johnnie Spearman, Battalion Executive Officer. "This was a very realistic training exercise, which I believe is the most significant aspect of this training.'

rights, as he would normally be required to do. This operation included traffic citations, shoplifting, rape, approximately 20 areas in all.



During the practice ARTEP, members of the 504th MP Bn. work on riot control.

and three satisfactorily. Level one missions must reach the minimum acceptable performance for a combat effective company and be able to perform skills from all three levels satisfactorily.

Three scenarios were developed by the battalion covering the skill levels of an ARTEP. Military Police operations was one scenario, riot control/civil disturbances and prisoner of war processing was the second, while the third scenario covered physical security

Military Police operations dealt with establishing an MP station similar to the one on the Presidio. Agressors (members of HHD and the 402nd) would stage a fight or a mock traffic accident. The MP would report on the scene conducting himself as he would in a real incident, and was required to process paperwork, write up an MP report and advise the individual of his

"The soldiers were evaluated on all the steps they took as they took them," added Capt Barbara Curtis, commander of HHD. "I think this was the key to our success. If something was not properly done, the graders would stop the play and have the soldiers redo it until they did it right. This reenforced the training. In a real ARTEP, they do it, are graded, then the next week they're told what the problem areas were. In the practice ARTEP if they didn't do it right, the graders would tell them what was done wrong. It was good training for the troops, too, because they don't usually get to do some of these things.

'I think it was a really valuable learning experience," Capt Curtis continued. "The troops didn't complain, they were really into the parts they were playing. I also believe the outstanding aggressor support was another key element to the success of the practice ARTEP. I think the troops will do real well on the actual

USAG dominates Triple

The scopers from the 666th Radar Squadron handed 6th Army their first loss in the Fort Scott Basketball League last week with a decisive 61-38 rout to remain undefeated and in sole possession of the number one spot in that league.

Leroy Love hit for 20 points, ten in each half, to lead Triple Six to their second win of the week. Earlier, behind the 20-point output of Richard Hester, they slipped by AFEES, 45-39.

USAG continued to dominate the Presidio League with wins four and five last week, squeezing out a five-point win over the 402nd, 78-73, before piling up

an eighteen point, 81-63, victory over LAIR. In their win over the MP's, Paul Gagnon led Garrison with 26 points followed by Harvey Boddy with 19. Top point man for the 402nd and the game was Charles Hopkins with 27.

In their second game last week, LAIR managed to hold Gagnon and Boddy down, but Jacob Wilson broke loose for 24 points to provide the margin of victory. LAIR's offense was led by Gary Hildreth with 19 and Jim Olson with 16 points in a losing cause.

In other action last week, the Engineers from the 864th, led by Charles Hamilton's 22 point barrage chalked up their first victory of the season in a 64-62 triumph over LAMC #1. The Medics, led by Larry Herring with 16 points for the night, placed three men in double scoring figures to no avail.

USACC behind the 32-point rampage of Bill Williams stopped the Dental Detachment, 57-41. High man for the teeth pullers was Richard Ross with 13.

A pair of law enforcement units provided plenty of excitement, when the 170th MP's met the FBI. The white hats came away with a one-point 61-60 decision after trailing by nine, 36-27 at half-time. High point men were Freddie Gipson for the 170th with 20



Paul Gagnon (8) from USAG goes up for two against LAIR's Dana Long (24) in Tuesday night's game. LAIR held the high scoring Gagnon to only 16 points, a season low, but Garrison still won easily behind the shooting of Jacob Wilson who led the Garrison team with 24 points in the game. (US Army Photo by Ron Renouf)

and Dick Miller and Bill Fallin, both with 18 for the G-Men.

Another one-pointer found the 402nd MP's coming away with a 47-46 win over LAMC #2. Wardell Miller hit for 21 points in the win for the MP's while high point producer for the Medics was John Richman, with 13.

The Dental Detachment got back on the winning

track as Ross's 14 points led them to a 36-34 win over the 525th MI quintet. Dan Flanagan's 15 points was tops for the sleuths.

Wrapping up the week's action, the G-Men hammered out a 68-59 victory over LAMC #1. Eddie Gurensky paced the winners with 20 points for the night while Larry Herring hit for 18 for LAMC #1.



men win, women

Presidio Post Basketball teams experienced a turnaround last weekend, with the men winning a pair while the women dropped both of their games

In Friday night's game at Castle Air Force Base, the men, paced by Paul Gagnon with 25 points and Charles Hamilton with 22 outgunned the airmen to the tune of 109-94.

Basketball standings

Presidio League	WON	LOST
USAG	5	0
170th MP's	3	2
LAMC #1	3	3
FBI	3	3
402nd MP's	2	2
LAMC #2	1	2
LAIR	1	3
864th Engrs	1	4
Ft. Scott League		
666th Radar Squadron	4	0
6th Army	4	1
USACC	3	1
DENTAL	3	3
AFEES	2	2
525th MI	2	3
USPHS	0	4
16th AG	0	4

Bowling standings

Presidio League	WON	LOST
LAMC #2	26	6
Reg. IX	24	8
USACC	23	9
Spt Elm #11	19	13
LAIR #1	18	14
USAG #1	16	16
163rd MP Co	13	19
93rd MI Bn	10	22
51st Engr	11	25
Courier Sta	11	25
USASSG	9	23
Fort Scott League		
SFFO CID	23	
USAG #2	21	7
Spt. Elm #2	19	(
93rd MI Bn #2	21	11
LAMC #2	18	15
SIGSEC	13	15
504th MP Bn	13	19
16th AG	10	18
LAIR #2	9	19
87th Ord	8	20
170th MP Co	5	23

In Saturday's battle, Harvey Boddy ripped the cords for 24 points followed by Paul Gagnon's 22, to provide the 1-2 punch needed to carry the Presidio to a 105-92 victory.

The women dropped a two-point 49-47 decision Friday night and a three-pointer Saturday, 47-44 as the Castle women remained undefeated.

Current league standings in the Northern California Recreation Conference (NCRC) find the Presidio men in fourth place with a 4-5 record, and the women in second place in their league with a 3-4 mark.

The Castle teams are in last and first place respectively, with the men still looking for their first wir against six defeats while the Castle women lead their league with six straight wins.

The Presidio will travel to Fort Ord this weekend for non-league action and will return home next weekend when they take on Mather Air Force Base in their next league outing.

The Mather men are leading their division with a 7-1 mark while the women's team has posted a 2-4 wonlost record to hold a tie with Travis for fourth place.

Strikers win

The Presidio Strikers will be going for their fourth straight victory this Saturday when they travel to South Sunset Field in San Francisco to take on the Vikings Lions in a 2 p.m. match.

The Strikers notched their third victory at home last Saturday when they bombed the Sunset B's in a 5-1 show of power.

Rocky Wicks and Greg Keller provided a pair of goals each to the Strikers attack with Steve McKechnie adding one more.

Doing a fine job of shutting down the opponents offense were Randy Kim, John Hagemeister, Andy Leon, Kirk Waibel and Tim Sexton on defense.

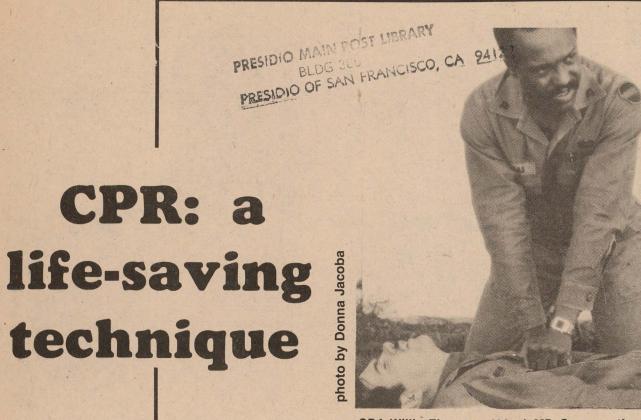
Trout plants

If water, weather, and road conditions were favorable, the following waters were scheduled to be stocked with catchable trout during the past week by the Department of Fish and Game:

- Alameda County Arroyo Del Valle Reservoir, Lake Chabot
 - Contra Costa County Lafayette Reservoir

 - Marin County Lagunitas ReservoirNapa County Hennessey Reservoir
- Santa Clara County Cottonwood Lake, Sandy
- Santa Cruz County Pinto Lake
- Sonoma County Lake Ralphine, Spring Lake

U.S. Government Printing Office 789-119/Print Order No. 19



SP4 Willie Thomas, 402nd MP Co., practices CPR with SP4 Paul Brunson, also of the 402nd

In an attempt to better qualify its personnel for emergency situations on duty, the 402nd MP Company conducted a Cardio-Pulmonary Resuscitation course. The twelve hours of instruction were given to eight unit personnel by Capt. Obie of the PSF Fire Department, certified by the Heart Association of Marin County. Cardio-Pulmonary Resuscitation (CPR) is a combination of artificial respiration and artificial circulation. CPR should be started immediately as an emergency procedure when cardiac arrest occurs by those properly trained to do so. It is particularly important that Military Policemen have training in this procedure, since they are generally the first to respond to emergency situations. The company plans on further training these eight people to be instructors so they can teach the remainder of the company these lifesaving techniques.

Star Presidian

Volume 20, No.-50

Presidio of San Francisco

Friday, December 16, 1977

Dr. Shortage:

by Linda Spillane

Since joining the Army, I have learned many things. One of them being that there is a shortage of doctors. Yes sir! Pentagon officials say the situation won't be cleared up before the early 1980's. It brings some grim thoughts to mind. Just think how tough things are going to be during those lean years. It's enough **not** to make anyone sick. But I seem to pick up any sickness that's homeless.

Although I've never been hospitalized for an illness, I've had my share of the clinics, examinations, and the horrendous lines at the pharmacy. But once you are past the important little things that people do to try and make you well, it turns out that they are doing a tremendous job with understrength manpower.

I quickly learned that when I was at the reception station at Ft. Jackson, S.C. Not being familiar with the Army way of life, (I was an Air Force brat and a first day Army troop) I naturally assumed that if you were sick, all you did was go to the hospital. Well, needless to say, how far I was from being right!

On the night of my arrival at reception station, I was on the way to a swell case of the flu (in my opinion). I was certain the Army would see to it that I would have all the loving care I needed. Of course, I got it, but not the way I expected.

When I got to the Moncrief Army Medical Center's emergency room, I was informed that I wasn't classified as an emergency, and I was instructed to take my sick little body to a troop clinic.

Ah, the troop clinic, a haven for the sick and injured. Constantly occupied by 50 girls with assorted maladies and a malicious sense of knowing exactly what to do. Being a rookie (still in civvies) I looked around the room fascinated by all the techniques of the pro-sickies. Although there were signs that said "No Sleeping or Talking", they didn't seem to stop them. I noticed one girl in particular for the two hours I was waiting and it finally occurred to me she hadn't moved since I sat down. Later I found out she could put herself into a semi-sleep without closing her eyes. Sometimes I think I would like to have a skill like that.

When I was finally called, I went to the little cubicle with the expectation of seeing a doctor. Well, those expectations were immediately dashed as a very efficient medical specialist started firing questions at me. "What are your symptoms? How long have you been feeling like this? Are you taking any kind of medication?" Soon, I was out of there with the diagnosis of a common cold.

a new resident at Letterman?



Sent trudging across the street to the troop clinic pharmacy, I encountered the same conditions as at the troop clinic I had just left, the only exception was that this waiting room was half the size of the other and with more than twice the people. These girls seemed more miserable than the ones in the other clinic. Then my turn came. I was again impressed by the efficiency and competancy of the pharmacy specialist. As I was given my little bag full of cold capsules and cough syrup I realized what a job these people did. Day after tiring day, dealing with sick and hurting people.

The situation was hectic at Ft. Jackson, and it's not too different here.

"In certain areas there is a doctor shortage here," stated Dr. (Col.) Milton K. McDowell, Chief of Professional Services at Letterman Army Medical Center (LAMC). "But, we haven't been as adversely affected as some of the hospitals because we have a training program and we have some specific requirements placed on us by those who allow us to train."

Since we've not ever really been over strength, we haven't noticed that great a change.

"Nuerosurgery is one area we are short in. You have to have two nuerosurgeons to perform any of the surgery," Col. McDowell added. "One of them can't perform by himself. It's another specialty where you have to have someone available, often immediately, so that means someone has to be on call. When you only have one person, you're not going to be able to achieve that. Another area that's going to be short is Ears, Nose and Throat. We've not had the number of people we need in the general internal medicine clinic, which is where most people come initially.

"The Army does not have any medical schools. The majority of individuals who come into the military come in through some sort of scholarship program. The Uniform Services for Health Sciences will turn out a few Army physicians a year, but their first graduating class doesn't graduate for two more years. It will turn out a total of 32 people who will be spread throughout the four uniformed services. The impact of that will not be seen until 1981. And it's at the point that the doctor shortage will become somewhat relieved," Dr. McDowell concluded.



Have you ever been harrassed at the Airport by charities? If so, what was your reaction?



PV2 Randy Flowers, LAMC — "Yes, I have been

harrassed at the Airport. And

I told them I was an atheist

and to get the h--l out of my

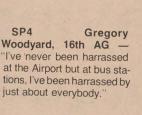
life. I don't appreciate people

pawning off their religion on

PFC Oscar Ballard, LAMC — "Yes, I have been harrassed by the Krishna's every time I go out there. I gave them a quarter and they gave me a flower and that was it."



SSgt Kendrick A. Dennis, 16th BPO — "Yes I have. I just ignore them and keep right on going."





WHAT'S HAPPENING

Martin Luther King Memorial

In honor of Martin Luther King, a memorial breakfast will be held Friday, Jan. 13, at each of the three dining facilities and the Officer's Club from 6 to 8 a.m. Civilian and military participation is encouraged.

Throughout the morning the post chapels will be open for individual meditation. The main chapel service will take place at 11 a.m. at the Post Chapel.

Films, a choir presentation, refreshments and other activities are scheduled for the afternoon at the Recreation Center. Everyone is invited to bring lunch. Additional information will be announced next week.

Children's Christmas party

On Thursday, Dec. 22, Recreation Services will host the Annual Children's Christmas Party. In addition to one hour cartoons, Santa Claus, numerous gifts and refreshments, a Marionette Performance will also provide entertainment. All children of active duty and retired Military Personnel, ages 4-12 are invited and will be seated in the Post Theater by 9:55 a.m. Immediately following the cartoons, all children will walk to the Recreation Center, Bldg. 135, where the party will really begin.

TROOP TALK

Mail & Distribution Center (SFC HARRIS) - SP5 Myrna Osuna was given a double treat by her supervisor and co-workers this week, a Christmas Party and a Farewell Party. Myrna is PCSing for Europe.

504th MP Bn, HHD (PFC REYES) - SP4 & Mrs. James K. Barry were blessed with a new addition to their family, by the name of Melissa, weighing seven pounds. The Commander and First Sergeant wish to extend Seasons Greetings and a very Happy New Year to all.

170th MP Co, (Sgt. TOLLEY) - SP4 Brent L. Johnson was awarded the Good Conduct Medal.

Members of the unit are feeling a little water logged but happy this week. They successfully completed the water survival course.

504th MP Bn, (Capt. ISOM) - Thursday morning the 402nd MP Co held a Change-of-Command Ceremony. Lt. Terry S. Moreau departed and Capt. Howard J. Carey assumed command of the company.

16th AG (POSTAL), Capt. LAMB) - The members who took part in DESERT STRIKE are happy to be back home. WELCOME!!

Lt. Arthur H. Moore, former company commander, is ETSing and heading back to Milledgeville, GA. Farewell and good luck, sir.

SP4 Phil Byington reenlisted for and is now PCSing to Korea.

51st Engr. Det, (SSgt. DeLOS SANTOS) - The unit conducted an FTX from Dec. 6 through 9 at Camp Parks in a unique manner. The PFCs and SP4s assumed the role of squad leaders. Their performances earned the unit a SUPERIOR rating!!

SP4s Matt Cozzi and Dean Kohler are ETSing. PFC Edward Kemp is a new arrival — from Garrison.

Chapel activities

Special chapel activities are always a part of the crowded December calendar. This year is no exception. The celebration of bringing in the Advent Season and Hannukah has already taken place.

Saturday, Dec. 17: Catholic P.R.E.P. Christmas Celebration, 9 a.m. at Religious Activities Center, Bldg. 682.

Ecumenical Caroling Party, 6 p.m., at the Post Chapel.

Sunday, Dec. 18: Last Sunday In Advent Regular Services.

9 a.m. at the Post Chapel, Blessing of the Christmas Tree.

11 a.m. at the Post Chapel, Sunday School Program.

7:30 p.m. at the Post Chapel, Annual Chapel Choir Christmas. Concert with reception to follow at the Recreation Services Center.

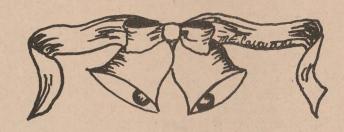
Saturday, Dec. 24: Catholic Masses, 5 and 11:30 p.m. at Chapel of Our Lady; 5 p.m. at Ft. Baker Chapel. Protestant Christmas Eve Candle Light Service, 7 p.m. at Post Chapel.

Sunday, Dec. 25: Catholic Masses, 9 and 11 a.m. at Chapel of Our Lady; 12:30 p.m. at Ft. Scott Chapel. Combined Protestant Service, 10 a.m. at Post Chapel.

Sunday, Jan. 1: New Year's Day Catholic Masses, 9 and 11 a.m. at Chapel of Our Lady; 12:30 p.m. at Ft. Scott Chapel.

Protestant New Year's Day Communion Services, 9 and 11 a.m. at the Post Chapel; 9:30 a.m. at Ft. Scott Chapel.

All of these services and events have been planned to make the Christmas Season more meaningful.



Gift wrapping

Half the battle of preparing for the Christmas season is getting gifts and presents wrapped for the holidays.

This year the Wives' Clubs on the Presidio and Army Community Services volunteers have again set up a wrapping station in the lobby of the Presidio Main Post Exchange. There is a small fee for the service, but generally less than it would cost to buy paper and ribbons to do it yourself.

The service is available all operating hours of the PX until Christmas. Proceeds from the project are earmarked for a variety of charities and scholarships.

Movies

PRESIDIO THEATER
Friday, Dec. 16, Audrey
Rose (PG), 6 p.m.
Saturday, Dec. 17, Special
Matinee: Race For Your
Life, Charlie Brown (G), 2
p.m.

Saturday, Dec. 17, Midway (PG), 6 p.m.
Sunday, Dec. 18, The White Buffalo (PG), 6 p.m.
Monday, Dec. 19, The White Buffalo (PG), 6 p.m.
Tuesday, Dec. 20, The House by the Lake (R), 6

Wednesday, Dec. 21, The House by the Lake (R), 6 p.m.

p.m. Thursday, Dec. 22, March or Die (PG), 6 p.m. SCHWARTZ/LETTERMAN Friday, Dec. 16, Three in the Cellar (R), 7 p.m. Monday, Dec. 19, March or Die (PG), 7 p.m. Tuesday, Dec. 20, Silver Streak (PG), 7 p.m. Wednesday, Dec. 21, New York, New York (PG), 7 p.m. Thursday, Dec. 22, Citizens Band (PG), 7 p.m.

OAKLAND ARMY BASE Monday, Dec. 19, New York, New York (PG), 6 p.m. Thursday, Dec. 22, Mister Scarface (R), 6 p.m. Friday, Dec. 23, Airport '77 (PG), 6 p.m.

The theater survey for the time of performance at the Presidio Theater has been totaled and a new time for the theater performance will be 7 p.m., effective January 1, 1978.

NEW YORK, NEW YORK (PG) A romantic musical about the struggling careers of a young danceband vocalist and a saxaphone player who falls in love with her. She skyrockets to the top in an era when big bands were at their peak while he waits for public taste to catch up to his new style. Some material may not be suitable for children.

THE WHITE BUFFALO (PG) Wild Bill Hickok (Charles Bronson) and Chief Crazy Horse (Will Sampson) hunt a fierce albino bison. Which of the two great wild west heroes will conquer and win the rare white pelt? Some material may not be suitable for children.

MARCH OR DIE (PG) In 1918 Gene Hackman's mission as a Major in the French Foreign Legion is to protect an archaeological expedition in the Sahara. They are attacked by ten thousand Arab warriors who refuse to bow to French rule. Some material may not be suitable for children.



Star Presidian

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Soldiers harrassed at airport

Privates Joe Smith and John Jones, straight out of Basic Training and enroute to AIT, were walking around the airport lobby, taking in the sights.

Being in uniform, the soldiers stood out and presented an easy target for religious groups, panhandlers, and others soliciting donations.

Pvt. Smith noticed a very attractive woman coming towards them. Pvt. Smith nudged Pvt. Jones and siad "Look at that fox!" while Pvt. Jones gaped silently. As the woman approached them, she greeted them with a big smile and said, "Hi, I'm Sue", as she began pinning blossoms on the lapels of the two soldiers. "As a token of the love that our Church of the Divine Extraterrestial feels toward you, we want you to have these," she said. "And our church would appreciate a small donation, perhaps \$5," she said engagingly. "Uh, no thanks," Pvt. Smith said. "I barely have enough money for myself," he added. "Hey, I'll bet she does this to all the GI's." Pvt. Jones said pulling off the flower. "Let's get out of here, now!" he added.

As the soldiers left, a male solicitor approached them with various types of books and pamphlets, and began explaining the "meaning of life." He asked for a sizable donation, gradually decreasing the dollar-figure as the soldiers tried to walk away.

Although this is a fictional account, similar incidents do happen in airports and other public meeting places throughout the country.

According to Mr. Warren Hanson, Public Relations Director for the San Francisco International Airport, "Religious groups, in an exercise of their First Amendment rights, are distributing flowers, literature and soliciting donations in the main lobby of the central terminal building.



"These solicitations and other activities are in no way connected with the airport and are not endorsed by the airport," continued Mr. Hanson.

If you are approached by one of these groups, you are not obligated to buy or donate anything. If solicitors continue to ask for donations, it is your legal right to notify airport security.

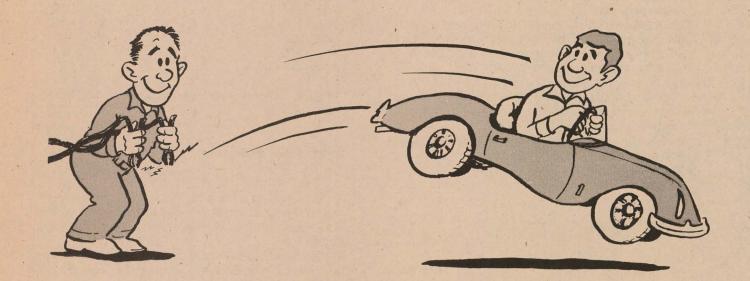
Regulations aimed at further restricting moneysolicitation and similar activities at San Francisco International Airport by groups like the Hare Krishna sect were adopted by the Airports Commission recently, according to the San Francisco Chronicle.

The new rules will require persons involved in "proselytizing" travelers there to wear badges listing their name and the name of their organization.

Each group will also have to obtain a permit from the airport and the number of groups involved in such activity would be limited to six.

Any actual solicitation of money will have to be done from a booth.

Battery jumps the safe way



Two FORSCOM soldiers recently sustained serious eye injuries as a result of battery explosions. One suffered a permanent handicap (complete loss of vision in one eye, and 90 percent vision in the other eye). The battery exploded when the men attempted to check the water levels. They used a match for light and this ignited the hydrogen gas which was escaping from the battery cells.

Let's face it, a dead battery will stop most of us some time or another. Learn the right way to jump-start your car and that stop will only be temporary. There's really only one way to jump-start, and here it is:

•Make sure that both the "live" and the "dead" batteries have the same rated voltage. A 12-volt battery may burn out a 6-volt battery, and a six volter just doesn't have enough poop to crank over a 12-volt system.

•Make certain that both vehicles have negative ground electrical systems. Check this by looking at the

battery terminals . . . the terminal marked "—" or negative should have a wire running to the car's frame or engine block.

•Insure the "dead" battery isn't frozen. Electrical current from a live battery could cause the dead one to explode, either from too much pressure or from a hydrogen gas detonation. If you're not sure whether the dead battery is frozen or not, our advice is don't try the jump start.

•Bring both vehicles close together but not touching; you may cause sparks if they touch during the jump start.

•Keep the "booster" car's engine running, turn off all accessory switches in the "dead" car, set both parking brakes, and don't stand between the two cars.

Now that you've made your preparations, here's a step-by-step approach to jump-starting your car:

Remove the well caps from both batteries. This is necessary because the vents in these caps, even if open, often don't provide adequate ventilation of hydrogen gas generated by the battery.

If you're sure the dead battery isn't iced up, cover the wells of each battery with 2 layers of cloth. This provides better dissipation of the hydrogen gas and minimizes danger from sparks.

Find the "positive" terminal of both batteries. This will be marked on the terminal post with either a "P" or a "+" mark. Connect one cable clip to the positive terminal of the live battery and the other clip on the same cable to the positive terminal of the dead battery.

Here comes the switch from what you may have done before — connect one clip to the live battery's negative terminal, and the other end of the cable to the frame of the "dead" car. Place this clip as far from the battery as cable stretch will allow. This will help prevent any sparks from igniting the hydrogen gas.

Start the "dead" car's engine. Now disconnect the two cables in reverse order. Detach clip from "dead" car's frame, and remove clip from live car's negative terminal. Take the clip off the dead car's positive terminal and then from the positive terminal of the live car

Remove cloths from well holes and dispose of them where the battery acid on them won't injure anyone. Replace vent caps. Wrap up the jumper cables and store them in your car (aluminum cables get very hot during a jump start, so allow time for them to cool before putting them in the trunk). Now, with the previously "dead" car running, take it to your base hobby shop or local garage and find out what caused the dead battery. You might have a bad cell in the battery, or a ground in your electrical system. Reprinted from Driver Magazine.



Triple 6 stunned by dentists

The Teeth-Pullers caught Triple Six without the services of **Leroy Love** and **Richard Hester** last week and stunned the radarpeople as Triple Six was handed its first loss of the season in a bitterly contested 40-38 contest.

At the end of the first half, the teams had battled to a 20-20 tie. The Dental Detachment managed a 20-18 shooting edge in the second half to inch out their win. **Richard Ross** hit for 16 points in the winning effort.

The loss forced a tie in the Fort Scott League between 666th Radar Squadron and 6th Army, both with 5-1 records.

In other action during the past week, USAG remained undefeated but just barely. The 864th Five threw a scare into the high-flying garrison team playing without the services of **Jacob Wilson** who broke a leg while playing with the post team.

The Engineers held a slim 37-35 half-time edge before Garrison rallied to outscore their opponents during the second half, 31-27, and come away with a 66-64 win. **Dan Jackson** hit for 18-points to lead Garrison in the scoring department, 14 coming in the first half. The Engineers **Charles Hamilton's** 24 point production was high for the game.

In a White-Hat clash, the 170th held onto a five point half time lead and added one more to it in the second half to down the 402nd, 59-53. **Freddie Gipson** paced the 170th scoring attack with nine field goals and three points from the charity line for a total of 21 for the night. **Charles Hopkins** 15 was tops for the 402nd.



Eight-year-old Cara Johnson receives her "A" trophy from Mrs. Pat Osteen, wife of Maj. Gen. John L. Osteen, Jr., during the annual awards presentation of the Presidio Aquarius Swim Club last weekend. A total of eight youngsters received their "A" Trophy and two earned their "AA" Trophy. Awards in the swimming program are based on levels of achievement with the "AA" award ranking the highest. National statistics compiled by the AAU indicate that 30 percent of swimmers in organized programs earn their "A" Trophy while only five percent qualify for the "AA" Trophy. Earning their "A" Trophy's were Adam Lynch, David Beal, Michael Wright, Bryan Meegan, Christa Johnson, Cara Johnson, Debbie Havis and Holly Johnson. Lori Naylor and David Beal both received their "AA" Trophy's. (US Army Photo by Karen Martin)

Leroy Love was on hand when the 666th took on USACC and the result was predictable. Love's 37 point rampage provided more than the margin of victory as the Triple Six hammered out a 72-56 win. Bill Williams ripped the cords for 32 points in a losing

LAMC. #2 picked up another win, this one over LAIR, 57-52. **Jim Olson** and **Gary Hildreth** both hit for 18-points for LAIR to no avail. **John Richman** led the wins point production for the night with 14.

Garrison's second game last week was another tight one and again required a come-from-behind effort in the second half before USAG could notch its seventh in a row.

LAMC #1's **Ray Thomas** hit for 12 of his 18 points during the game in the first half to provide the medic's with a two-point 39-37 intermission lead before **Gagnon** came alive in the second half to pick up 11 of his 13 game points and give Garrison a 68-64 win — number seven. Jackson again led the scoring effort for Garrison with a 20-point night.

Boxers needed

Only five persons showed up Tuesday night for the boxing clinic held at the Fort Scott Gym.

According to Boxing Coach, Wayne Emard, many more are needed if the Presidio is to participate in any type of an organized program. "We would like to set up a post type tourney and we are also working on arranging a match with Treasure Island," says Emard, "but of course we need more boxers."

If the Presidio can field a viable team, and come up with top notch talent in the ring, those individuals stand a good chance of competing in the FORSCOM West Boxing Tournament to be held at Fort Riley early next year.

Fighters from FORSCOM West and East will make up the Army Boxing Team to compete in the Inter-Service Tournament.

Individuals interested in the boxing program should contact Wayne Emard at 6213 or the Fort Scott Gym at 5328.

Tennis tip

To develop the timing and rhythm required for a good serve, try a rocking motion by transferring your weight from front to rear and back to front again. Of equal importance, is time spent practicing the ball release.

Basketball standings

Presidio League	Won	Lost
USAG	7	0
170th MP's	5	2
FBI	4	3
LAMC #1	4	4
LAMC #2	3	3
402d MP's	2	4
LAIR	1	5
864th Engr	1	6
OOTHI LIIGI		
Ft. Scott League	Won	Lost
Ft. Scott League 666th Radar Sqdn	Won 5	Lost 1
666th Radar Sqdn	5	Lost 1
666th Radar Sqdn 6th Army		1
666th Radar Sqdn 6th Army USACC	5 5 4	1 1 2
666th Radar Sqdn 6th Army USACC AFEES	5 5 4 3	1 1 2 2
666th Radar Sqdn 6th Army USACC AFEES Dental	5 5 4 3 4	1 1 2 2 3
666th Radar Sqdn 6th Army USACC AFEES Dental 93rd MI Gp	5 5 4 3 4 2	1 1 2 2 3 4
666th Radar Sqdn 6th Army USACC AFEES Dental	5 5 4 3 4	1 1 2 2 3

Bivenibrisos most noitonitais ans villerin to atrogmi

The 402nd took it on the chin again, this time from the FBI as the super-sleuths notched a 58-50 triumph behind the 27 points of **Ed Gurinsky**. High scorer for the white hats was **Charles Hopkins** with 16.

Stan Perry picked up nearly half of AFEES 59 points, hitting for 12 field goals and four points from the foul line for 28 to lead his team to a 59-47 win over the 525th. **Dan Flanagan's** 14 points was high for the MI Group.

Richman's 12 points, all coming in the first half, proved to be enough as LAMC #2 slipped by the 864th 65-62. Again, it was Hamilton who kept the Engineers in the ball game with 22 points.

LAIR put up a good first half battle, forcing the 170th MP's to settle for a 28-all tie at half time. **Gipson**, unable to find the range in the first half, hitting for only one field goal came roaring back in the second stanza for 18 points to provide the MP's with a 75-62 verdict.

In the final game played through Tuesday night, LAMC #1's 19 points from the free-throw line give them a three-point 67-64 victory over LAMC #2.

Bowling standings

Won	Lost
26	6
25	7
23	9
24	12
19	17
14	18
13	19
13	19
10	22
8	24
5	27
	26 25 23 24 19 14 13 13 10 8

Presidio League Standings not provided by Recreation Services.

Off the field

by Ron Renouf

If we were to run a trout plant report this week, we would have told you that a total of nine areas were to have been planted. But we're not going to. We know better.

The reason is the same one why the various lakes and reservoirs that we told you were being stocked in the last three editions weren't.

OK. We're getting our act together. Last Thursday and Friday, I spent umpteen hours (well — a lot of minutes) on the Alexander Graham talking to Jack White, information officer at the Department of Fish and Game.

Say's he, "Your suspicions are absolutely correct. Certain areas have not been stocked recently despite what we've said in our weekly stock report." According to White, one problem has been that both of their fish trucks were in the garage for repairs. We'll have to admit that it's rather difficult to transport the fish without transport.

Anyway, White promises that his department will try to do better in the future. So will we. At least we'll make an effort to confirm that plantings have been or are being conducted before we tell you to grab your gear and make it to your favorite trout lake.

PRESIDIO OF SAN FRANCISCO, CA 94129



Star Presidian

Volume 20, No. 51

Presidio of San Francisco

Friday, December 23, 1977

WHAT'S HAPPENING

'College Mixer'

All college age dependents are invited to attend a 'College Mixer' at the Presidio Officers' Club, Friday, Dec. 23, from 8 p.m. to midnight. Dress is casual, refreshments will be served and the disco music is provided by John Martin.

Fabric-Care

The Fabric-Care Facility, commonly referred to as the Quarter master laundry, is open from 7 a.m. to 5:15 p.m., Monday through Friday. The facility offers oneday service — in by 9 a.m., out by 3 p.m. They also offer the Payroll Deduction Bundle for military personnel. For \$8.00 a month a 25-piece bundle of laundry is cleaned and pressed weekly.

For more information about the Fabric-Care Facility, located in Bldg. 1047 near LAMC, call 561-2019.



YMCA real estate class

Professional realtor and engineer Ben Herman offers another session of his popular "How to Buy Your Own Home" class at the Central YMCA starting Tuesday, Jan. 3. The four-week class will meet on Tuesdays from 7 to 9 p.m. and a housing tour and individual counseling are also available.

For registration or information contact the Central YMCA, 220 Golden Gate Avenue or phone 885-0460.

"Run for your Life"

The Recreation Services Division has announced that individual awards for "Run For Your Life" participants are now available at the Sports Branch.

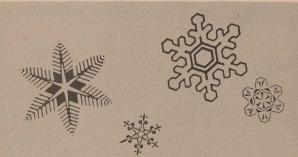
Patches are being given to individuals who successfully complete 100 and 300 mile levels.

Awards will also be given for 500, 750, 1000, and 1500 mile levels. If you think you may be eligible for an award, or want additional information on the program. contact the Post Gym.

Briefhand class

A five-week PS-Briefhand Class will be offered by Central YMCA on Monday and Thursday evenings starting Monday, Jan. 9. Students in this all-alphabet shorthand technique may reach 80 to 100 words per minute by course end. The teacher, Cay Keller, is state credentialed.

To register or for more information contact Central YMCA, 220 Golden Gate Avenue, S.F. Phone



"Our thanks

This is the last edition of the Star Presidian for 1977. Publication will resume on Wednesday, Jan. 11, and will continue on Fridays thereafter as usual.

We take this opportunity to say "thank you" to the many individuals, both military and civilian, who have taken the time to get involved with their publication in

Merry Christmas and a Happy New Year to you and yours from the staff of the Star Presidian.



USO caroling

Come one, come all, a Christmas caroling with San Francisco USO through hospital and orphanage halls on Friday, Dec. 23 in the early evening. There's a sign up sheet for all who are interested in bringing cheer to others and having fun singing Christmas songs at the

All military and their dependents are most cordially invited to attend an old fashioned traditional Christmas dinner at 5 p.m. on Christmas Day, December 25, at San Francisco USO, 375 O'Farrell St.

Other activities during December include regular disco dances at 8 p.m. every Friday and Saturday night, free chess instructions at 2 p.m. every Saturday by Chess Master Sienkievich. The lounge is open seven days a week.

Yoga class

To prepare for the day ahead of you, Central YMCA is offering a Yoga class from 7:30 to 8:30 a.m. on Tuesdays and Thursdays starting January 10. The co-ed class focuses on the use of breath to cleanse, relax and exercise the total body. Professionally trained in Hatha Yoga, teacher Patricia Campe Aguilar has several years experience teaching all age groups.

and supported mi

To register or for more information contact Central YMCA, 220 Golden Gate Avenue, S.F., phone



City College schedules here

City College of San Francisco schedules are now available at the Education Center, Bldg 1216. All new students who are interested in taking classes on campus next semester must have a registration form on file at City College by 4 p.m., Wednesday, Dec. 28.

Tuition is free to California residents and to military and dependents who have been stationed in the state less than one year. All others pay \$38.75 per unit. For further information call the Fort Scott Education Center, ext 2974/4445.

Astrology class

An eight-week class, "Introduction to Astrology", will start at the Central YMCA on Wednesday, Jan. 11.

This course for the serious astrology student is person-centered rather than sensational eventoriented. Teacher George Hammack is a certified member of Professional Astrologers, the Astrology Faculty, Inc. and a member of the National Council for Geocosmic Research. He has a B.A. in Psychology and five years teaching experience.

To register or for more information contact the Central YMCA, 220 Golden Gate Avenue, S.F. Phone 885-0460.

Movies

............. PRESIDIO THEATER Friday, Dec. 23, Silver

Streak (PG), 6 p.m. Saturday, Dec. 24, Special Matinee: The Return of the Pink Panther (G), 2 p.m. Saturday, Dec. 24, Silver Streak (PG), 6 p.m.

Streak (PG), 6 p.m.

Sunday, Dec. 25, New
York, New York (PG), 6 p.m.
Monday, Dec. 26, New
York, New York (PG), 6 p.m.
Tuesday, Dec. 27, Citizens
Band (PG), 6 p.m.
Wednesday, Dec. 28, Citizens Band (PG), 6 p.m.
Thursday, Dec. 29, Mister
Scarface (R), 6 p.m.
Friday, Dec. 30, Airport '77
(PG), 6 p.m.

(PG), 6 p.m.

Saturday, Dec. 31, Special Matinee: Mara of the Wilderness (G), 2 p.m.
Saturday, Dec. 31, Airport '77 (PG), 6 p.m.

Sunday, Jan. 1, You Light Up My Life (PG) 7 p.m. Monday, Jan. 2, You Light Up My Life (PG), 7 p.m. Tuesday, Jan. 3, Suspiria

Wednesday, Jan. 4, Suspiria (R), 7 p.m. **Thursday**, Jan. 5, The Eagle Has Landed (PG), 7

p.m. Friday, Jan. 6, The Eagle Has Landed (PG), 7 p.m. Saturday, Jan. 7, Special Matinee: That's Entertainment, Part 2, 2 p.m. Saturday, Jan. 7, Mr. Billion (PG), 7 p.m. Sunday, Jan. 8, A Piece of

the Action (PG), 7 p.m. Monday, Jan. 9, A Piece of the Action (PG), 7 p.m. Tuesday, Jan. 10, Slap Shot (R), 7 p.m.

SCHWARTZ/LETTERMAN Friday, Dec. 23, Taxi Driver Monday, Dec. 26, Mister Scarface (R), 7 p.m.

Tuesday, Dec. 27, Airport 77 (PG) 7 p.m.

Wednesday, Dec. 28, You Light Up My Life (PG), 7 p.m. Thursday, Dec. 29, Suspiria (R), 7 p.m. Friday, Dec. 30, Woodstock (R), 7 p.m.

Monday, Jan. 2, The Eagle Has Landed (PG), 7 p.m. Tuesday, Jan. 3, Mr. Billion

(PG), 7 p.m. **Wednesday**, Jan. 4, A Piece of the Action (PG), 7

Thursday, Jan. 5, Slap Shot (R), 7 p.m. Friday, Jan. 6, Moving Violation (PG), 7 p.m.

Monday, Jan. 9, Valentino Tuesday, Jan. 10, Disney's

The Boatniks (G), 7 p.m.

OAKLAND ARMY BASE Monday, Dec. 26, You Light Up My Life (PG), 6 p.m. Thursday, Dec. 29, The Eagle Has Landed (PG), 6 Friday, Dec. 30, Mr. Billion

(PG) 6 p.m. Monday, Jan. 2, A Piece of the Action (PG), 6 p.m. Thursday, Jan. 5, Valentino (R), 6 p.m. Friday, Jan. 6, The Boatniks (G), 6 p.m.

Monday, Jan. 9, MacArthur (PG), 6 p.m.

The theater survey for the time of performance at the Presidio Theater has been totaled and a new time for the theater performance will be 7 p.m., effective January 1, 1978.

You Light Up My Life (PG)
— Laurie (Didi Conn) has achieved television stardom while still in her 20's. In her free time she writes and sings songs. When she meets Chris Nolan (Michael Zaslow) she believes she has found a 'real' relationship. When she learns the truth about him, life is no longer simple. Some material may not be suitable for

Valentino (R) — The women in Valentino's life remember him as the film traces the idol's career from a "taxi-dancer" to his first major role in the "Four Horsemen of Apocalypse", and finally to his death in 1926.

Suspiria (R) - Dancer Jessica Harper goes to Germany to further her ballet studies. She learns the school was founded as a witches coven, and her life is endangered. Ninety-two minutes of terror!

The Eagle Has Landed (PG) — Just when World War II takes a turn for the worse for Nazi Germany, Adolph Hitler decides that kidnapping Winston Churchill would be a great marely chill would be a great morale booster and a major factor in turning the tide of the war. Michael Caine is the flamboyant Colonel who is recruited to lead his pararatroopers into the British countryside for the feat. Moderate violence and profanity may be offensive to some.



Star Presidian

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'Tis the season overseas

by Linda Spillane

If you've been in the Army for any length of time, you've probably spent Christmas in another country. In most other countries, Christmas is celebrated differently than in the United States.

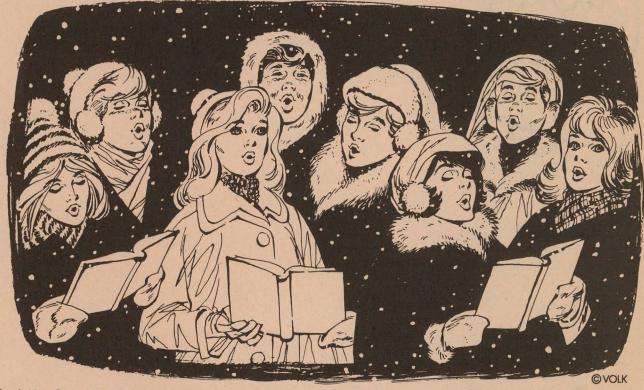
Someday, you might spend Christmas in Great Britain, where children hang their stockings by the fireplace, hoping that Father Christmas (the English version of Santa Claus) will fill them with Christmas treats.

There, you might eat such things as plum pudding, a traditional Christmas dish, which originated in England. It contains currants or raisins, dried citrus fruits, beef suet, sugar, and spices. In Scotland, bakers use griddles to bake oatmeal cookies called Bannock Cakes. These cookies are served at Christmas, as well as on other occasions.



Drinking from the Wassail Bowl is an old English Christmas custom. The name comes from the Saxon drinker's greeting "Was Haile", which means "Your health". The bowl contains a mixture of ale, roasted apples, eggs, sugar, nutmeg, cloves and ginger and it is drunk hot. At one time people walked through the streets singing Christmas songs in return for drinks from the Wassail Bowl. Our modern custom of singing Christmas carols from house to house comes from those singers.

If by chance you should spend Christmas in France, you would look forward to children putting their shoes in front of the fireplace on Christmas Eve so **Le Petit**



Noel (the Christ Child) or Pere Noel (Father Christmas) can fill them with gifts. Adults, however, exchange gifts on New Year's Day.

Many Roman Catholic families there return from midnight Mass and then enjoy a late meal. The courses vary according to the region. Oysters are popular in Paris, while goose is served in Alsace. A popular dessert throughout France is the **Buche de Noel**, a rolled chocolate cake in the shape of a Yule Log.

If you are in Germany for Christmas, you can enjoy watching the people decorate their tree with Christmas ornaments, lights, and tinsel. The Germans also add cookies shaped like human beings, animals, hearts, and stars. The advent wreath is a popular household decoration, with its four candles, lit one-by-one on the four Sundays before Christmas.

German children believe their gifts are brought by the Christ Child (called the **Christkindl)**, and they open their gifts on Christmas Eve. The German version of Santa Claus is Saint Nicholas, whose feast day is December 6. On that day, he leaves candy and other sweets for the children. Many children leave him notes telling him what they want for Christmas. Saint Nicholas acts as the messenger to the Christkindl.

If your Christmas was spent in Switzerland, you would see young people visit nine fountains on their way to midnight church services on Christmas Eve, taking three sips of water from each fountain. A legend says that if they do this, they will find their future husband or wife waiting at the door of the church. As in other European countries, there is a belief that at

midnight, cattle are able to speak in honor of their presence at Christ's birth.

In Italy, the people fast the day before Christmas. In the evening, the family holds a ceremony around the **Presepio.** This is a miniature scene of Bethlehem with tiny figures of the Holy Family, shepherds, and Wise Men. The family prays while the mother places a figure of the infant Jesus in the manger. Then Christmas gifts are brought in and distributed from a large crock called the **Urn of Fate.**

The Italians reserve Christmas Day primarily for religious ceremonies. Most gifts are given on the eve of Epiphany, January 6. At that time, according to legend, a kind old witch comes down the chimney with gifts. In one hand, she carries a bell, which she rings to announce her arrival. In her other hand, she holds a switch or a piece of coal which she uses to hit naughty children.

People in Spain enjoy dancing at Christmas. After midnight Mass on Christmas Eve, the streets quickly fill with dancers and onlookers. The words and music for the Christmas dance, known as the **Jota**, have been handed down for hundreds of years. The Spaniards call their miniature Nativity scene the **Nacimiento**.

Whether Christmas stories from other countries bring back the nostalgia of Christmas past, or the excitement of a future Christmas, we might keep in mind the reason all these countries are taking part in this 'Celebration of Life.' Merry Christmas and a Happy Near Year to you all.



Ancient Egyptians beat each other over the head to observe the New Year. Indebted Japanese once committed suicide at the beginning of the New Year. Modern Americans watch football.

From the pyramids to the Rose Bowl, people have greeted the Near Year with revelry, ritual, and often a touch of violence, the National Geographic Society says.

The custom of making noise on New Year's Eve dates back to the ancient custom of driving out evil spirits. In Scotland, young men and boys still parade in the village streets on December 31, shouting loudly to drive out supposed demons and witches. In Denmark, young people smash the New Year in by banging on people's doors. Dancers in Japan go to friends' homes

and make weird noises as they rattle bamboo sticks.

Father Time survives as a descendant of the Greek festivities featuring the god Cronus, lord of the universe. Cronus bore the lines of inestimable years on his face, and he carried a scythe. Later, Cronus's name was confused with the word chronos, meaning "time." So the hourglass has been placed permanently in the hand of the white-haired gentleman with the scythe who hobbles out with the old year.

The widespread observance of January 1 as the start of a new year stems from Roman times. Julius Caesar arbitrarily chose that date as the first day of the year when he initiated the Julian calendar. Moreover,

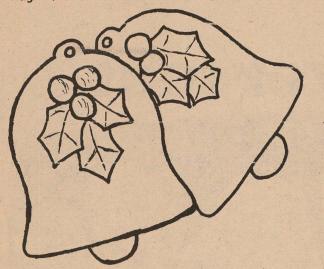
January, the first month, is also Roman, named after Janus, a god of doors and gates in Roman mythology. His two faces symbolize the passage from something old to something new.

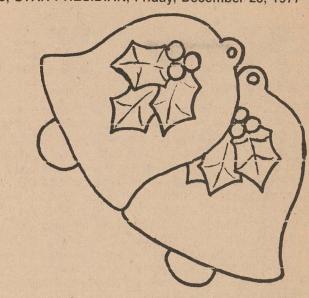
Several New Year's Day traditions in the United States have become better known through the medium of television. Few Americans who settle down in their chairs on New Year's Day afternoon to watch the traditional Pasadena Rose Bowl game are aware that for a decade before the games began in 1916 the main New Year's Day attraction in Pasadena was chariot races.

Many U.S. and Canadian cities now feature New Year's Day parades. The granddaddy of them all is the Philadelphia Mummers' Parade, first held 101 years ago. For many years before the parade, the Mummers — a Philadelphia fraternal group — roamed the countryside, making merry and playing music from Christmas until New Year's. Then in 1876, Mummer bands were assembled into a parade, the forerunner of today's New Year parade festivities.

As to resolutions, probably as old as New Year observances, consider what Nathaniel Hawthorne wrote, "There is no such thing in man's nature as a settled and full resolve for good or evil except at the very moment of execution."

Be that as it may — Happy New Year! (AFPS)





easons



'San Francisco' Christmas

Photos by Lynn M. Ligon

Sidewalk Merchant at Geary and Grant

'Living' Greeting at the Conservatory in Golden Gate Park

Dicken's Fair — Cow Palace

By DEBORAH Miller

Admiring the window at Gump's on Post St.

Sidewalk Florist at Geary and Stockton

Salvation Army bell ringer on Post St.

Podesta Baldocchi Florist Shop on Grant

New Year's 'on the rocks'

by Lester Hazen

During the holidays, military as well as civilian police are acutely aware of increased public drinking and driving. In an effort to crack down on offenders, Military Police will be particularly observant for any erratic or unusual behavior on the part of motorists driving on the Presidio. Once detected, these drivers will be stopped, and, if appropriate, processed as drunk drivers.

It is unrealistic to try to change the drinking habits of an estimated 70 percent of adult Americans. A much more attainable goal is that of learning how to enjoy alcohol without endangering lives on the roadway. The following suggestions are offered to make your holiday season a safe one:

- •The best rule is simple: Don't drink and drive.
- •If you do drink, learn how to drink in moderation by pacing yourself so as not to build up a high blood alcohol level. If a person who can oxidize the alcohol from one drink each hour spaces four drinks over the span of a four-hour party, he will not reach an excessively high blood alcohol level.
- •If you are the host or hostess of a party, you assume a certain responsibility for the amount of alcohol your guests consume. You must ask yourself how you would feel if someone was involved in a fatal accident on the way home from your party.
- •There should be non-alcoholic drinks available for those who prefer them, and the person who prefers them should not be pressured or ridiculed.

- •During the last hour of a party, coffee should be served. Although coffee does not counteract alcohol, the caffeine may help overcome drowsiness which can cause accidents as easily as intoxication.
- •Anyone who is obviously in no condition to drive should not be allowed to do so. If you are really a friend, you will take the car keys away from the drinker. Some alternatives are to walk, take a taxi, share a ride, stay overnight anything other than drive.
- •Although the Military Police are not a taxi service, it is recognized that many drinkers will simply be stuck without a way home unless they drive themselves. For this reason, Military Police courtesy rides will be provided for those individuals requesting them, when no other means are available.
- •If, while driving, you observe what you believe to be an intoxicated driver, note the type and color of the vehicle and the license number, and contact the Military Police as soon as possible.

While the above suggestions will not completely solve the drinking driver problem, your help together with the efforts of the Military Police will make the roads on the Presidio a safer place to be this holiday season. On behalf of the Provost Marshal's Office, have a happy and safe Christmas and New Year's.



Giving the 'Breath-alizer' to a suspected drunk driver is Sgt. Gary Moulton, left, and Sgt. Gary Schafle. The 'Breath-alizer', or breath test, is one method of determining a person's blood alcohol count. (US Army Photo)

TROOP TALK

HQ Co, USAG (SSgt. KELLY) — Pvt. Thomas Tonevich was promoted to PFC.

170th MP Co, (Sgt. TOLLEY) — Where there is smoke, there is fire. Right? Wrong! That is, it doesn't always hold true. If you happened to have been in the Ft. Scott area last week, the billowing smoke and loud explosive noises in the vicinity of the MP barracks may have caused you some concern. No sweat! It was all safely under control. First Sergeant Leo Wafford was presenting a class in the use of pyrotechnics, which included smoke grenades, handgrenade simulators, artillery simulators, trip flares and booby traps.

The unit is preparing for the Army Training Evaluation Program (ARTEP) and the purpose of the class was to teach unit personnel to respect pyrotechnics. According to Sergeant Wafford, "Mission accomplished!"

SSgt. Harold "Fearless" Swartz assisted in conducting the 'live' demonstrations. The unit extends "thanks" to the Fire Department and EOD personnel for their assistance. And a Merry Christmas and Happy New Year to all!

D Co 864th Engrs (SP5 TAYLOR) — Pvt. John P. Hackett, SP4 Ronald D. Johnson and SSgt. Fredrick Glennister are new arrivals to the unit.

ETSing from the unit are Pvt William E. Garth and SSgt. David P. Choate.

by SFC Roland Taylor

16th AG (Postal), (Capt. LAMB) — The detachment welcomed SP4 Kathy A. Robbins from Germany

many.
Acting as Santa's helpers, men and women of the unit are assisting the US Postal Service in making door-to-door deliveries of packages. They also extend Season's Greetings to all.

Season's Greetings to all.

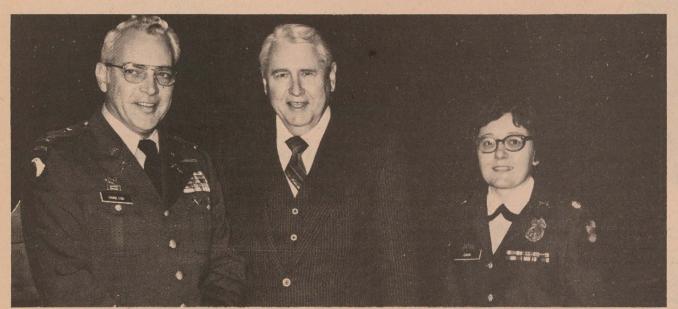
51st Engrs Det., (SSgt. DeLOS SANTOS) — The unit would like to extend to all a Merry Christmas and a Happy New Year.

HHD, 504th MP Bn, (PFC REYES)—SP4 Richard Allen was promoted to SGT. PV2's Cheryl Parker and Otis King were promoted to PFC. The unit extends Season's Greetings to all and reminds all of us to practice safe driving over the holidays.

402nd MP Co. — One hundred motorists and one injured motorcyclist would like to extend a big thank you to **SSgt. Robert Goo** and several other 402nd MP's who were going home after the afternoon shift on Tuesday. They stopped to direct traffic and assist the injured at an accident scene behind the bank on Lincoln Avenue. Traffic was beginning to back up to LAMC when the off-duty MPs saved the day. Also on the scene lending a hand from the beginning was **Sgt. Garry Moulton** from the 163rd MP Co.



SFC Gary F. Sallee, Senior Legal Clerk in the Presidio Headquarter's Legal Office, received an extra Christmas bonus this month. He was recently recognized in an office ceremony for having successfully completed 525 credit hours of off-duty academic studies and presented the Basic Officers' Judge Advocate Course Diploma.



Los Angeles Police Chief Ed Davis, center, was hosted by Lt. Col. Carolyn Cåin, Presidio Provost Marshal, and Presidio Commanding Officer John D. Hamilton when he spoke to a luncheon gathering at the Officer's Club here Tuesday. The well-known Chief Davis addressed almost 200 members of the Bay Area Law Enforcement and Security Liaison Group, also known as the Eightball Association. Several military police at the Presidio who are members of the group attended the luncheon. (US Army Photo by SP4 James Canfield)



Last Thursday Capt. Howard J. Carey assumed command of the 402nd Military Police Company from Lt. Terry S. Moreau.

Capt. Carey is no stranger to the unit, since he was formerly the S-4 Officer of the 504th Bn. Neither is he a stranger to three of the military services. He calls himself an Air Force 'brat', is a former Marine Corps sergeant and finally became an Army officer in 1971. The young officer has been in police work since receiving his commission.

He holds the Navy Commendation Medal w/V Device, Army Commendation Medal and the Marine Corps Action Ribbon. He and his wife, Carollyn, have a son and two daughters.

For relaxation, the Captain enjoys racket ball, tennis, jogging and bicycling.

The Christmas Meal

Christmas Day, December 25, 1977 Lunch Menu Shrimp Cocktail

Roast Turkey Baked Ham
Savory Bread Dressing Corn Bread Dressing
Cranberry Sauce
Giblet Gravy

Mashed Potatoes
Buttered Peas
Parsley Buttered Cauliflower
Tossed Green Salad
Chiffonade Dressing
Parkerhouse Rolls
Mincemeat Pie
Candied Sweet Potatoes
Parsley Buttered Cauliflower
Cole Slaw with
Creamy Dressing
Butter
Fruit Cake

Pumpkin Pie
Whipped Cream
Assorted Fresh Fruit
Assorted Candy Mixed Nuts
Tea Coffee Milk Soft Drinks

The holiday meal rates for meals in Presidio dining facilities for the Christmas noon meal are:

	4		
Auth. Personnel Officer	Food Cost 1.70	Surcharge 1.00	Total 2.70
Enlisted on Separate Rations	1.70		1.70
All Dependents 12 Years of Age or Over	1.70	1.00	2.70
All Dependents Under 12 Years of Age	.85	.55	1.40

Personnel Receiving Per Diem: Surcharge will be \$2.60.

For additional information, contact the Post Food Service Supervisor, MSG Cheatum, Bldg. 901, phone 2259.

Christmas is a favorite time for children. Keeping this in mind, we asked children at the Post Nursery what their favorite Christmas recipe was . . .



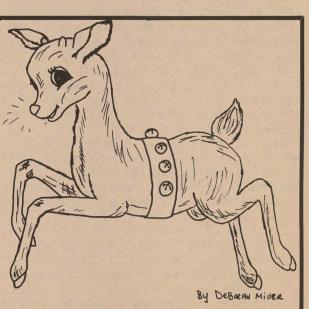
Erica Hyatt, four and a half, daughter of Maj. R.S. Hyatt — "Christmas cookies. My sister and my dad make them. I think they use cookie dough with butter."



Bobby Curran, seven, "Turkey, you take it out of the package and then put tin foil in the pan and then you put it in the oven to cook. But I forget the rest."



Katrina Hatten, five, daughter of GS4 Dean Hatten — "Vanilla ice cream with brownies. You have to melt the ice cream and you put it on top of the brownies while they're cooking. And you put strawberries, cherries and nuts in it."





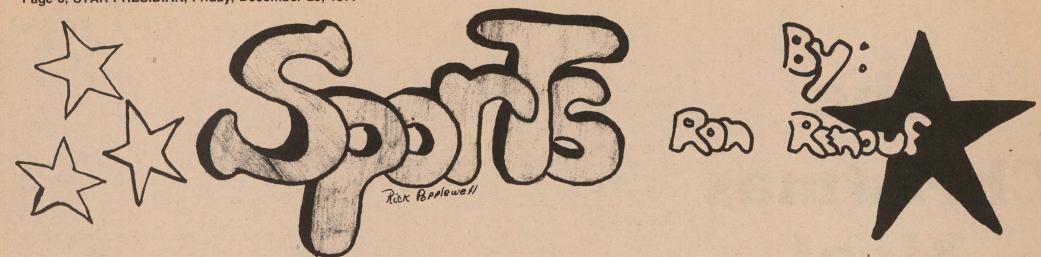
Bobby Root, three, son of Capt. Root — "Birthday cake . . . Mine!"



Jimmy Taylor, four years old, son of SSgt. James Taylor — "Ham!! You make it in the oven. My mom puts it in the oven and leaves it there for three minutes."



Lara Moore, five and a half, daughter of Maj. C.H. Moore — "Chocolate Santa!! You take the chocolate and you bake it in the oven, however you want it. And then you put some eyes on it and then you put his reindeer, sleigh, and his pack all together. Then he flies right in your mouth and you eat him!"



New habitat for salmon/steelhead

California's salmon and steelhead resources have lost sizeable amounts of spawning and nursery habitat to dams and other signs of human progress. These days, however, they are regaining a bit of the loss in several north coast streams.

Help is coming from young men and women of the California Conservation Corps (CCC), who are moving dead tree trunks, limbs, boulders and debris which blocks fish from reaching stream environments needed for production of offspring.

Two 14-person crews — one in Del Norte County and one in Humboldt County — are assigned to work for the Department of Fish and Game (DFG) on several stream clearance and rehabilitation projects. The work lasted most of the summer and may be extended through next summer.

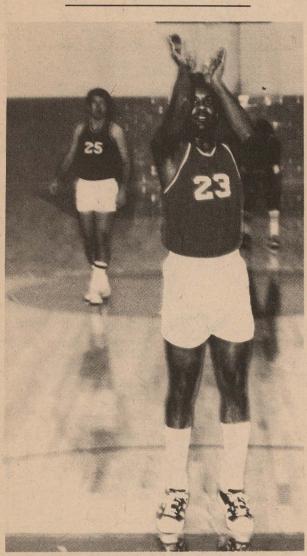
The two CCC crews are among ten crews in the two counties performing conservation and fire protection duties under the supervision of the California Department of Forestry. Crew members, who must be at least 18 years old, gain work experience while carrying out projects aimed at protecting and enhancing the state's natural resources.

Spawning bed construction, waterway realignment and debris clearance already have been completed on six streams feeding Humboldt Bay, the Van Duzan River, Grizzly Creek and the South Fork Eel River. Five more in Humboldt County and at least one in Del Norte County are also on the schedule for rehabilitation work.

Mixed bowling league

The Monday Mixed Bowling League is looking for ten to twelve couples to increase their slate from six to ten teams for the second half of the winter bowling season.

Interested couples or teams wishing to enter the league for the second half should contact the Presidio Bowling Center.



Richard Hester of the 666th Radar Squadron sinks this freethrow, but his team loses the game to LAMC #1 by a score of 71-60 anyway. (US Army Photo by SP4 Dan Jackson)

A bulldozer leased from Forestry by Fish and Game accompanied the crews on the projects.

Fall-run king salmon were the first visitors to the newly open spawning habitat.

"We hope for a significant improvement in the production of young salmon and steelhead that had been denied the use of this habitat for years," a DFG fishery biologist said.

CCC crews also have been engaged in stream clearance work on the San Lorenzo River in Santa Cruz County and have assisted in a number of fish rescue operations in the same area.

Bowling standings

Presidio League	Won	Lost
Reg IX	31	9
LAMC #2	30	10
USACC	26	14
LAIR #1	26	14
Spt. Elm. #1	23	17
USAG #1	18	22
93rd MI Bn	17	23
51st Engrs	13	27
163rd MP Co	13	27
USASSG	12	28
Courier Sta.	11 ,	29

Christmas basketball tourney

The eight best intramural teams on post are participating in a Christmas Basketball Tournament during the holiday season. The top five teams from the Presidio League and the top three from the Ft. Scott League were eligible for the tourney, which offers a preview of next month's playoffs.

In early action, two strong contenders for the tournament title have emerged, USAG and 6th Army, each taking two wins with no losses. Still in contention are a strong FBI team, which lost a close one to the USAG team, 77-70, and teams from the 170th and 402nd MP Companies, and LAMC #1. Each of these teams is one and one. Teams which have already been eliminated are AFEES and the 666th Radar Squadron, both of which lost two games.

High scorers for the tournament so far are **Ed Gurinsky** of the FBI, who managed 41 and 35 points in two games, and **Harvey Boddy** of USAG, who had 41 and 26 points. Sixth Army has won both of its games through a team effort, including a 64-62 squeaker over the 170th. Two of their top players are **James Earls** and **Charles Brent**.

	and Charles Brent.	
	the tournament so far: 402nd MP Co AFEES	63 59
Game #2	6th Army 170th MP Co	64 62
Game #3	USAG LAMC #1	87 70
Game #4	FBI 666th Sqdn	84 61
Game #5 (forfeit)	170th MP Co AFEES	2 0
Game #6	LAMC #1 666th Sqdn	71 60
Game #7	6th Army 402nd MP Co	72 66
Game #8	USAG FBI	77 70

At the Big Sandy Wildlife Area in San Luis Obispo County, CCC workers installed a wildlife guzzler, a number of brush shelters and a sign at the entrance of the area.

In Mendocino County, a small CCC crew cruised forest areas and tacked notices to selected trees which have special value to wildlife. These are trees which contain osprey, great blue heron or eagle nests, or hollow dead trees which may shelter birds and small mammals.

Forest owners are cooperating in the project and have agreed to try to spare these trees from timber harvest.

New fishing reg

The California Fish and Game Commission adopted the new Sport Fishing Regulations last week in Sacramento.

The regulations include provisions to impose a twelve inch minimum length on black bass in 13 lakes and reservoirs.

They would also extend night fishing opportunities, change trout limits on a few waters, and extend additional protection of sturgeon, white seabass and dungeness crabs.

The commission says that in most cases, the new rules for the estimated 2.4 million sport fishermen in California will go into effect March 1, 1978.

The trout limit would be reduced from ten to five fish daily in some areas, and from ten to two in some other areas.

Snagging and firearms would both be outlawed when taking sturgeon in the ocean.

Basketball highlights

PSF Post Women's Basketball Team romped over the Mather Air Force Base Lady Flyers in Northern California Recreational Conference (NCRC) league action this past Friday and Saturday with scores of 34-22 and 45-20. The scoring on Friday was paced by Camille Barone and Janet Brown with 11 and 10 points respectively. On Saturday Barone again was PSF's leading scorer with 10 points.

The men split their action with Mather, winning on Friday by the score of 94-81 and losing a thriller on Saturday, 79-78. In Friday's game **Paul Gagnon** paced the attack with 28 points, followed by **Harvey Boddy** with 20 points. In Saturday's action PSF had the ball with 19 seconds remaining on the clock and trailing 79-78, but failed to score on the final shot of the game. Boddy led PSF in scoring with 26 points followed by Gagnon with 19.

Basketball standings

USAG 7 170th MP Co 5 FBI 4 LAMC #1 4	0 2 3 3
402nd MP Co 3 864th Engrs 1	4 4 6 6
Ft. Scott League 6th Army 6 666th Radar Sqdn 5 AFEES USACC DENTAL 93rd MI Gp 16th AG 6	ost 1 1 2 3 3 4 7